

Speakers:

1. Jacob Pacheco - Entrepreneur, Public Speaker
 - a. **Speech Title:** Figure it Out
 - b. **Speech Summary:** Overcoming disabilities and how to feel when navigating through obstacles that others may not suffer through in their regular lives.
2. Michelle Mehta - CSUF Alum, Best selling author
 - a. **Speech Title:** The Adversity Quotient: How to Overcome Evil Thoughts
 - b. **Speech Summary:** How to frame your mindset to be more comfortable in your own skin and become more confident with your personal identity.
3. Francisco Avalos - IT Consultant, MBA
 - a. **Speech Title:** Balancing your Nabra
 - b. **Speech Summary:** How to begin relinquishing control in order to live a happier life, the story of a father, and how he used the hectic birth of his daughter to learn a mindset that applies to all aspects of his life.
4. Jenifer Montgomery - CSUF Student
 - a. **Speech Title:** Learning to Move Forward by Finally Looking Back
 - b. **Speech Summary:** How to deal with the grief of losing a parent as well as insight into the statistics of single fathers. The emotional impact of losing a mother on a child/spouse from the perspective of someone who has gone through it.
5. Shaundra Toy - Consultative Sales Engineer
 - a. **Speech Title:** Catching the Wave of Organizational Change
 - b. **Speech Summary:** How to engage a company and its employees to align themselves with change. Navigating through technology changes and developments as well as COVID-19. Corporate leadership reform.
6. Sandra Ferreira - Licensed Clinician (30+ years)
 - a. **Speech Title:** Immigration is an Asset
 - b. **Speech Summary:** How the public perception of immigration has changed and the psychological impact that has had on immigrants. Also research on how immigration has contributed to biodiversity and human evolution.
7. Ryutaro Ichihara - CSUF Student
 - a. **Speech Title:** Language Design
 - b. **Speech Summary:** How linguistics mold the culture of a region. Language and the way it is used impacting the behavior, psychology, and perspectives of different groups of people.
8. Harrison Wos - CSUF Student
 - a. **Speech Title:** The College Man
 - b. **Speech Summary:** Masculinity and how fraternity culture impacts self-identification for males between the ages of 18-30. Overcoming depression and using peer gathered research to support claims of the desiderium many men this age face.
9. Gwendolyn Alexis - CSUF Faculty, AFAM

- a. **Speech Title:** How I Learned to Teach
 - b. **Speech Summary:** A professor and her unique style of teaching in the classroom. How she used some of the ambitious aspects of her personality and her career to mold a classroom environment that has been a safe haven for students through the pandemic.
- 10. Edward Robinson - CSUF Faculty, AFAM
 - a. **Speech Title:** When Black America Speaks of Dignity in Early Black Literature
 - b. **Speech Summary:** This talk speaks to a broad audience of people looking to understand the origins of the Black Lives Matter movement. Black Lives Matter is a continuation of a long tradition in which Black Americans have spoken out and for equal rights in the United States. It is important to enlighten future generations to the importance early Black American writers had in crafting the literary, social, and political arguments in Black social movements.
- 11. Alexander Santana - CSUF Student, War Veteran
 - a. **Speech Title:** In the Threshold
 - b. **Speech Summary:** The story of a veteran returning to school and his words of advice to other veterans struggling to reacclimate to society and his words to the community at large and how they can help support.
- 12. Tanaka Tava - Baylor University Student, CIO Videloo Inc
 - a. **Speech Title:** The Highlight Effect
 - b. **Speech Summary:** Discussing the Highlight Effect and how being your authentic self creates opportunities to achieve impact and share the vital stories of others around the world at any level regardless of your identity and age.
- 13. Rena Mamoun - CSUF Student
 - a. **Speech Title:** The Rise of E-Cigarettes
 - b. **Speech Summary:** E-Cigarettes and how their history of becoming popular in the modern world can be compared to cigarettes. From the perspective of a public health student using peer-reviewed research.