

## Curriculum Vitae

Munday, Adam  
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**Present Mailing Address**

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**Permanent Mailing Address**

2877 Schoolhouse Circle  
Silver Spring, MD 20902  
206-683-4593

**Medical Education**

George Washington University School of Medicine and Health Sciences, United States of America  
08/2018 - 05/2022  
**M.D.**, 05/2022

**Education**

**Graduate** - Georgetown University, Washington, DC  
Physiology and Biophysics  
08/2017 - 06/2018  
M.S.; 06/2018

**Undergraduate** - University of Maryland College Park, College Park, Maryland  
Kinesiology  
08/2013 - 12/2016  
B.S.; 12/2016

**Undergraduate** - Montgomery College, Rockville, Maryland  
General Studies  
01/2012 - 06/2013

**Membership and Honorary/Professional Societies**

Gold Humanism Honor Society (Member of GHHS)

- American Medical Association
- American College of Emergency Physicians - District of Columbia Chapter
- Emergency Medicine Residents' Association

**Medical School Awards**

- GWU School of Medicine and Health Sciences - 2019 Asthma Summit Top Three Team - "Tele-Social Work: Technology to Conquer the Capital's Asthma Epidemic".
- GWU School of Medicine and Health Sciences - First Place MS1 Student Choice Award for Most Thought-Provoking Poster at Research Day 2019 – "Poster #202: Medical Student Perceptions on the Effectiveness of an On-Line, Interactive Quizzing Tool for Learning Histology and Pathology".

## Curriculum Vitae

**Certification/Licensure**

ACLS Certified, 09/22/2023

BLS Certified, 02/28/2023

**Volunteer Experience**

09/2020 - Present

**Average Hours/Week: 2**

Emergency Medicine Journal Club Podcast, Washington, DC, United States of America

Participant and Host ,

- Live participant and occasional host of an educational podcast that teaches via case-based scenarios.

03/2020 - 06/2020

**Average Hours/Week: 20**

DC COVID Sitters, Washington, DC, United States of America

Director of Web Development and IT,

- Help start an organization to match Washington D.C. medical student volunteers with healthcare providers in need of child care services.
- Designed and deployed the organization's webpage. Integrated a matching software into the organization's website to streamline and automate the sitter assignment process.

01/2020 - Present

**Average Hours/Week: 1**

GWU School of Medicine and Health Sciences, Washington, DC, United States of America

Student Ombudsperson, Dr. Charles Samenow

- Serve as a point of contact for medical students regarding concerns about mistreatment and safety within the medical school and GW medical system.
- Partook in the development and deployment of a webpage that provides information about mistreatment and how to report it.

03/2019 - 03/2019

**Average Hours/Week: 10**

SAEM North Atlantic, Washington, DC, United States of America

Student Ambassador,

- Assisted with the 2019 SAEM North Atlantic Meeting.
- Oversaw registration, assisted with presentation preparation and fielded participant's questions and concerns.

02/2019 - Present

**Average Hours/Week: 1**

DC Medical Reserve Corps, Washington, DC, United States of America

Medical Student Volunteer,

- Train for and volunteer at multiple public service, mass gathering, political, and sporting events around the District of Columbia.

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**Volunteer Experience**

01/2019 - Present

**Average Hours/Week: 3**

Medical Center Student Council, Washington, DC, United States of America  
Co-President,

- Serve in administrative and leadership roles during events for multiple university health science programs.
- Primary videographer and coordinator for Follies, the GWU School of Medicine and Health Science's annual talent show.

12/2018 - 12/2019

**Average Hours/Week: 3**

GWU Emergency Medicine Interest Group, Washington, DC, United States of America  
Co-Vice President, Dr. Steven Davis

- Designed, developed, and maintained the interest group's webpage and podcast.
- Help connect students to shadowing and volunteer opportunities within the GW medical system.

08/2017 - 05/2018

**Average Hours/Week: 3**

Georgetown University, Washington, DC, United States of America  
Community Service Committee Member,

- Helped organize and recruit students for university-sponsored community service activities in the Washington D.C. area.

08/2017 - 05/2018

**Average Hours/Week: 4**

Georgetown University Hospital, Washington, DC, United States of America  
Rapid HIV Testing Volunteer,

- Educated Georgetown University Hospital Emergency Department patients about HIV and provided supplementary education.
- Performed rapid HIV testing on patients and connected them to the Infectious Disease team if a positive result was found.

04/2016 - 08/2018

**Average Hours/Week: 6**

University of Maryland Prince George's Hospital, Cheverly, MD, United States of America  
ER Volunteer, Wanda Howard

- Assisted with the transport of patients in the ED, answered patient requests and questions about the facility, and restocked and cleaned patient rooms.

05/2015 - Present

**Average Hours/Week: 8**

US Figure Skating, Washington, DC, United States of America  
Technical Ice Dance Specialist - Judging Official,

- Act as an ice dance technical specialist (judging official) for non-qualifying competitions across the United States during the competitive season.

02/2015 - 05/2017

**Average Hours/Week: 10**

University of Maryland Figure Skating Team, College Park, MD, United States of America

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**Volunteer Experience**

Head Coach,

- Coached the university's collegiate and open collegiate synchronized skating teams.
- Helped skaters win the 2018 United States Figures Skating Open Collegiate Sectional Championship.

**Work Experience**

03/2019 - Present

**Average Hours/Week: 3**

GW Department of EM Training Center, Washington, DC, United States of America

BLS Instructor, Jason McKay

- Teach CPR, First Aid, and AED usage to university students, healthcare providers, and the general public.

09/2018 - 05/2020

**Average Hours/Week: 18**

George Washington University, Washington, DC, United States of America

Audiovisual Technician, Robin Tse

- Assisted with the daily setup, recording, and troubleshooting of all in-person lectures for medical students.

08/2018 - Present

**Average Hours/Week: 2**

GWU Disaster Medicine Scholarly Concentration, Washington, DC, United States of America

Student, Dr. James Phillips

- Completed and participated in disaster medicine related coursework including lectures, table top exercises, and FEMA courses.
- Partook in several disaster related scholarly projects and wrote several papers regarding my experiences.

05/2012 - Present

**Average Hours/Week: 5**

Self, Kensington, MD, United States of America

Figure Skating Coach,

- Group and private lesson instructor for students of all skill levels, including internationally and nationally competitive skaters.

**Current/Prior Training**

None

**Research Experience**

09/2019 - Present

**Average Hours/Week: 6**

Disaster Consult, Washington, DC, United States of America

Disaster Consult Co-Creator, Dr. Jordan Selzer

## Curriculum Vitae

- Helped create a "just in time" web-based resource for clinicians to use during the onset of a disaster.
- Facilitate brainstorming and idea development between medical professionals and computer science students.
- Worked alongside leadership to secure a web development grant from Amazon.

05/2019 - Present

**Average Hours/Week: 5**

Children's National Hospital, Washington, DC, United States of America

Summer and Assistant Researcher, Kenny McKinley

- Collected over a thousand hours of data in the form of "time to complete tasks" by various members of the Children's Emergency Department (ED) staff.
- Used data to create and develop a simulation model of the ED to test the effect of patient surges.

03/2015 - 08/2018

**Average Hours/Week: 5**

National Institutes of Health (NIAMS), Bethesda, MD, United States of America

Associate Investigator, Dr. Sarfaraz Hasni

- Recruited patients for experiments and conducted all preliminary data collection on patients.
- Drafted experiment protocols, IRB applications, and research manuscripts.

**Publications****Poster Presentation**

Chapman, M., Gupta, S., Chu, J., Naqi, M., Manna, Z., Mazhar, A., Munday, A.R., Stockman, M., Drinkard, B., Chin, L., Kaplan, M., Keyser, R., Chan, L., & Hasni, S.. (2019, November 11). *Role of Aerobic Exercise in Modulating Fatigue in Women with Systemic Lupus Erythematosus* [Poster presented]. 2019 ACR/ACP Annual Meeting/Atlanta, GA, USA.

Chapman, M., Gupta, S., Chu, J., Naqi, M., Manna, Z., Mazhar, A., Munday, A.R., Stockman, M., Drinkard, B., Chin, L., Kaplan, M., Keyser, R., Chan, L., & Hasni, S.. (2020, November 09). *Aerobic Exercise Improves Fatigue and Quality of Life in Women with Systemic Lupus Erythematosus (Preliminary Analysis)* [Poster presented]. 2020 ACR Convergence/Virtual, UA, USA.

Hasni et al. Among Authors: Munday, A.R.. (2021, November 08). *A 12-week Aerobic Exercise Training Program in Women with Systemic Lupus Erythematosus (SLE) Improves Fatigue, Mitochondrial Dysfunction and Associated Interferon Gene Signature* [Poster presented]. 2021 ACR Convergence/Virtual, UA, USA.

Jurjus, R.A., Munday, A.R., & Latham, P.S., . (2020, April 07). *Perceived Efficacy Of An Interactive Quizzing Tool For Learning Histology And Pathology Of George Washington University School By Medicine And Health Sciences (GWU-SMHS) Medical Students* [Poster presented]. Experimental Biology 2020/San Diego, CA, USA.

Mazhar, A., Munday, A.R., Chu, J., Betancourt, B., Kaplan, M., Gupta, S., Chan, L., Williams, Z., Stockman, M., Drinkard, B., Keyser, R., Chin, L., & Hasni, S.. (2018, May 03). *Pilot Study Characterizing Aerobic Exercise in Women with Systemic Lupus Erythematosus* [Poster presented]. 2018 NIAMS Retreat/Bethesda, MD, USA.

Munday, A.R., Latham, P.S., & Jurjus, R.A.. (2019, April 10). *Medical Student Perceptions on the Effectiveness of an On-Line, Interactive Quizzing Tool for Learning Histology and Pathology* [Poster presented]. GWU Research Day/Washington, DC, USA.

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Munday, A.R., Latham, P.S., & Jurjus, R.A.. (2019, December 09). *Perceived Efficacy Of An Interactive Quizzing Tool For Learning Cell Biology, Histology And Pathology Of George Washington University School Of Medicine And Health Sciences (GWU-SMHS) Medical Students*. [Poster presented]. 2019 ASCB|EMBO Meeting/Washington, DC, USA.

Munday, A.R., Manna, Z., Keyser, R., Wooten, L., Biehl, A., & Hasni, S.. (2016, November 14). *Fatigue in Patients with Systemic Lupus Erythematosus Is Independent of Their Disease Activity but Dependent on Their Damage Accrual and Body Mass Index* [Poster presented]. 2016 ACR/ARHP Annual Meeting/Washington, DC, USA.

Trivedi, C., Munday, A.R., Selzer, J., & Phillips, J.. (2021, April 16). *DisasterConsult.org: Filling the Gaps in Emergency Disaster Preparedness* [Poster presented]. GWU Research Day/Washington, DC, USA.

### Other Articles

Chapman, M., Gupta, S., Chu, J., Naqi, M., Manna, Z., Mazhar, A., Munday, A.R., Stockman, M., Drinkard, B., Chin, L., Kaplan, M., Keyser, R., Chan, L., & Hasni, S.. (2020, May 07). Pilot Study Characterizing Aerobic Exercise in Women with Systemic Lupus Erythematosus (Preliminary Analysis). *2020 NIAMS Virtual Retreat*.  
Pub Status: *Published*.

Gerhard, E., Kapani, N., Lum, N., Munday, A.R., & Vemulapalli, K.. (2019, April 01). Tele-Social Work: Technology to Conquer the Capital's Asthma Epidemic. *D.C. American Academy of Pediatrics Newsletter*.  
Pub Status: *Published*.

Munday, A.R.. (2019, November 05). Living on Both Sides of Medicine: Figure Skater Turned Medical Student. *AANS Neurosurgeon*.  
Pub Status: *Published*.

Munday, A.R., Chamberlain, J., Simpson, J., & McKinley, K.. (2020, May 05). Predicting the Impact of a Mass Casualty Event Using a Discrete Event Simulation Model. *2020 Medical Student Research Day*.  
Pub Status: *Published*.

Pascual, K., Kotil, M., Munday, A.R., & Palosaari, A.. (2020, February 21). Medical Students for Global Health Equity - Design-Thinking. *2020 AMA Insurance Global Health Challenge*.  
Pub Status: *Published*.

### Hobbies & Interests

- Figure skating - both coaching and participating recreationally
- Web development and code development
- Hiking, camping, and all things wilderness

### Language Fluency

Language	Language Proficiency	Proficiency Description
English	Native/functionally native	<i>I converse easily and accurately in all types of situations. Native speakers, including the highly educated, may think that I am a native speaker, too.</i>

### Other Awards/Accomplishments

- \$1500 COVID-19 Disaster Response Grant by Amazon Web Services for Disaster Consult
- 2020 AMA Insurance Global Health Challenge Top Ten Finalist - Medical Students for Global Health Equity