



*Physics BSc. Undergraduate Thesis*

*June 2021*

---

**Title**

Subtitle

---

Arnau Mas Dorca

*Supervised by*

Dr Jordi Gaset

---

# Contents

<b>Preface</b>	<b>ii</b>
<b>1 Background and motivation</b>	<b>1</b>
1.1 Modified theories of gravity . . . . .	1
1.2 Action-dependent Lagrangians and contact geometry . . . . .	2
1.3 The contribution of this thesis . . . . .	2
<b>2 The Herglotz variational problem</b>	<b>3</b>
2.1 The implicit formulation of the Herglotz problem . . . . .	3
2.1.1 Example: the damped harmonic oscillator . . . . .	4
2.2 The Herglotz problem as constrained optimisation . . . . .	5
2.2.1 Lagrangian multipliers . . . . .	6
2.2.2 Deriving the Herglotz equations . . . . .	7
2.3 Action-dependent field theory . . . . .	8
2.3.1 Classical field theory and Lagrangian densities . . . . .	8
2.3.2 The action flux . . . . .	10
2.3.3 Constrained optimisation in field theory . . . . .	11
2.3.4 The Herglotz equations for field theory . . . . .	12
<b>3 Action-dependent Einstein gravity</b>	<b>13</b>
3.1 The Einstein-Hilbert Lagrangian . . . . .	13
3.2 An action dependent Einstein-Hilbert Lagrangian . . . . .	14
3.3 Derivation of the field equations . . . . .	16
3.3.1 Variation of the action flux . . . . .	16
3.3.2 Variation of the metric . . . . .	16
<b>4 Significance of the equations</b>	<b>21</b>
<b>5 Conclusions</b>	<b>24</b>
5.1 Further research . . . . .	24

## **Preface**

Preface

**Acknowledgements** Acknowledgements

# Background and motivation

In this chapter we provide a brief overview of the state of the art of various modified theories of gravity geared towards solving problems in cosmology. Specifically, we look at a proposed *action-dependent* theory of Einstein gravity. On the other hand, we present the current status of the research into the mathematical formulation of action-dependent field theories, and how gravitation fits into them. Finally we describe how we bring these two ideas together in the present thesis.

## 1.1 Modified theories of gravity

Einstein's theory of general relativity provides a description of gravity as a geometrical effect that results from the interplay between the curvature of spacetime and the matter that inhabits this spacetime. Its predictions have been tested to a very high degree of accuracy. And yet, there are a number of puzzles in the field of cosmology that don't have a satisfactory answer. As new technological developments enable more precise observations, evidence seems to point in the direction of a modified version of Einstein's theory. There are numerous possible avenues for generalisation, [ORW20] lists many of the ones under current investigation and study. Among them, we will focus on the theory of gravity that comes from taking what is known as an *action-dependent* version of the Einstein-Hilbert Lagrangian, which is the Lagrangian from which one derives the field equations of general relativity. This generalisation operates at the level of the variational principle, so it is not just the addition of ad-hoc terms to the field equations. What's more, the framework of action-dependent Lagrangians is not specific to general relativity, but actually comes from a more general mathematical theory.

## 1.2 Action-dependent Lagrangians and contact geometry

Lagrangian (and Hamiltonian) mechanics can be formulated in the language of symplectic geometry. The study of physical systems from this more abstract point of view allows one to gain insight into how they operate at a geometric level, and provides a very elegant way of formulating physical theories. On the other hand, all systems that can be described by symplectic geometry are inherently conservative: the theory centers on symmetries and conserved quantities. And yet, not all physical systems are conservative, not by any means. It turns out that symplectic geometry has a sister theory, called contact geometry, and that it can be used to describe non-conservative (or dissipative systems) from a geometric point of view. This has been applied to a great number of areas of physics, perhaps one of the more successful one being thermodynamics, see [Gas+20a; LL21; Gas+20b] for recent publications in the field. Of interest to us is the ongoing effort of adapting the theory to second-order field theory, i.e. fields described by Lagrangians that include first and second derivatives of the field. General relativity is a second-order field theory, so writing down the equations of a dissipative version of it would be one of the first times this is done for a second-order theory.

## 1.3 The contribution of this thesis

The main contribution of this work is the derivation of the field equations of Einstein gravity with an added linear action dependence. This is of interest from the point of view of cosmology, since these equations are a starting point from which to make predictions, and also from the point of view of theoretical physics, since these equations are the equations of a second-order theory. In Chapter 2 we will introduce the formalism of action-dependent Lagrangians and introduce a new version of the formalism based on constrained optimisation which circumvents a number of problems one encounters when dealing with field theory. Then, in Chapter 3 we apply this idea to a modified Einstein-Hilbert Lagrangian and derive its field equations by direct variation of the action. This Lagrangian has actually already been studied in a recent publication, [Laz+17], but in Chapter 4 we argue why the equations obtained there are not the correct ones, and why the right version are those obtained in the present work.

# The Herglotz variational problem

In this chapter we develop the theory of *action-dependent Lagrangians*. The main appeal of this formalism is that it allows the description of non-conservative systems in terms of a variational principle, which is in general not possible with standard Lagrangian mechanics. The problem of finding the stationary paths of the action given by a Lagrangian of this sort is known as the Herglotz problem. The main difficulty of this variational problem is that, as opposed to the standard variational problem of Lagrangian mechanics, is a constrained optimisation problem. One way to approach this problem is the use of Lagrange multipliers. We show how this leads to the equations of motions for this kind of systems, the Herglotz equations, and how it can also be applied to field theory to derive the field theoretical Herglotz equations.

## 2.1 The implicit formulation of the Herglotz problem

Let's briefly describe what we will refer to as the *implicit formulation of the Herglotz problem*, as presented in [Laz+18]. Let us first clarify what we mean by an action-dependent Lagrangian. The idea is to consider the action as a dynamical quantity that changes along the path, and then allow the Lagrangian to depend on it. Naively, we would write the following. Starting with some path  $q^\mu: [a, b] \rightarrow M$  in some configuration space  $M$ <sup>1</sup> we would write something like

$$S[q^\mu] = \int_a^b L(q^\mu(t), \dot{q}^\mu(t), S(t)) dt$$

where  $S(t)$  is the action of the path until time  $t$ . Of course this makes no sense since we are defining  $S$  on the left-hand side, and it appears on the right-hand side! We can turn

---

<sup>1</sup> $M$  could be space in the context of classical mechanics or spacetime in the context of relativity

this expression into something sensible if we add the time dependence of the action on the left-hand side, so that we write

$$S[q^\mu](t) = \int_a^t L(q^\mu(s), \dot{q}^\mu(s), S[q^\mu](s)) \, ds \quad (2.1)$$

and if we differentiate with respect to time we actually get an ODE for  $S[q^\mu]$ ! Indeed

$$\dot{S}[q^\mu](t) = L(q^\mu(t), \dot{q}^\mu(t), S[q^\mu](t)). \quad (2.2)$$

Notice that Equation (2.1) actually forces the initial condition  $S[q^\mu](a) = 0$ . We can even drop this requirement, since all we are interested in is the difference of values of  $S$ :

$$S[q^\mu](b) - S[q^\mu](a) = \int_a^b L(q^\mu(t), \dot{q}^\mu(t), S[q^\mu](t)) \, dt. \quad (2.3)$$

What we have here is a functional which, for every path, is defined by an ODE. To find the stationary paths of this functional we would, in principle, have to solve Equation (2.2) for any possible path and among all of them find which ones yield extrema. This is the *Herglotz variational problem*. This approach is in general not feasible. However, just like the variational problem of classical Lagrangian mechanics can be turned into a set of ODEs, the Euler-Lagrange equations, so can the Herglotz problem be turned into a set of ODEs. These are known as the Herglotz equations, which can be written down as

$$\frac{\partial L}{\partial q^\mu} - \frac{d}{dt} \frac{\partial L}{\partial \dot{q}^\mu} + \frac{\partial L}{\partial \dot{q}^\mu} \frac{\partial L}{\partial z} = 0 \quad (2.4)$$

where the Lagrangian is  $L(q^\mu, \dot{q}^\mu, z)$ ,  $z$  being the action dependence. These equations differ from the Euler-Lagrange equations only by one term. And in fact, if  $L$  is action-independent, thus  $\frac{\partial L}{\partial z} = 0$ , we recover exactly the Euler-Lagrange equations.

See [Laz+18] or §3.2 of [LL21] for a detailed derivation of the Herglotz equations following the implicit approach.

### 2.1.1 Example: the damped harmonic oscillator

Before we move forward, let's see what kind of equations of motion we get from the Herglotz equations. The simplest action-dependence we can introduce —other than no action-dependence at all, of course— is a term linear in  $z$ . We will call this linear dissipation for reasons that will become clear in a moment. Let's see what happens when we

add this term to the simple harmonic oscillator. Explicitly, consider the Lagrangian

$$L(q, \dot{q}, z) = \frac{1}{2}m\dot{q}^2 - \frac{1}{2}m\omega^2 q^2 - \gamma z.$$

A straightforward computation shows that for this Lagrangian, Equation (2.4) becomes

$$-m\omega^2 q - m\ddot{q} - \gamma m\dot{q} = 0$$

which after some rearranging can be turned into

$$\ddot{q} + \gamma\dot{q} + \omega^2 q = 0, \tag{2.5}$$

which one recognises as the equation of motion of the damped harmonic oscillator. The Herglotz principle delivers on its promise: we have just derived the equations of motion of a fundamentally non-conservative system from a variational problem! This also clarifies why we called the action dependence a dissipation term: the coefficient  $\gamma$  is related to the damping of the system and governs the rate at which energy is lost after every cycle.

## 2.2 The Herglotz problem as constrained optimisation

We have derived the Herglotz equations, so it would seem we have already solved the theory of action-dependent Lagrangians. However, general relativity is a field theory, so if we wish to understand an action-dependent variant of it we have to know the form the Herglotz equations take for field theory. If we try to apply the implicit method to field theory we run into a number of problems. For one, it is just not very elegant. The action functional is defined implicitly through an ordinary differential equation, one for every path. What's more, this equation is no longer an ODE in field theory, but rather it becomes a PDE. PDEs are notoriously much more difficult to solve than ODEs, so we would like a way to circumvent this issue.

The idea we describe in what follows is being developed by Manuel Lainz, a PhD student at ICMAT. This is currently in a preprint stage, to which I have been graciously given access. It is part of broader ongoing research on the mathematics underpinning the theory of action-dependent field theory. This approach is a more elegant way of deriving the Herglotz equations, but as we will see, it also allows one to perform a direct variation of the action even for second-order theories such as general relativity.

The fundamental insight comes from framing the Herglotz problem as a constrained optimisation problem. We describe what this looks like for mechanics. First, instead of



considering paths in spacetime,  $q^\mu: [a, b] \rightarrow M$ , we enlarge the configuration space with one extra quantity, which we will call  $z$ . At this point  $z$  simply tracks a quantity that changes along the path, but we will later require that  $z$  actually match the action of the path at each time. This will be the constraint.

So, we have paths of the form  $(q^\mu, z): [a, b] \rightarrow M \times \mathbb{R}$ . We define a functional on these paths as

$$S[q^\mu, z] = z(a) - z(b) = \int_a^b \dot{z}(t) dt, \quad (2.6)$$

so  $S$  is just the change in  $z$  along the trajectory. This functional as it stands has no stationary paths, since we can find trajectories with arbitrarily large changes in  $z$ , both positive and negative. So we constrain the possible paths. Namely, we require that  $z$  actually represent the action. So we try to find the paths that extremise  $S$  only among those that satisfy the constraint

$$\dot{z}(t) = L(q^\mu(t), \dot{q}^\mu(t), z(t)), \quad (2.7)$$

where  $L$  is the action-dependent Lagrangian that describes the system. Notice that this is very similar to Equation (2.2).

Say  $(q^\mu, z)$  is a trajectory that satisfies Equation (2.7). Then

$$S[q^\mu, z] = z(a) - z(b) = \int_a^b \dot{z}(t) dt = \int_a^b L(q^\mu(t), \dot{q}^\mu(t), z(t)) dt.$$

So, for paths that satisfy the constraint, the functional  $S$  is indeed the action functional, understood as the integral of the Lagrangian along the path.

### 2.2.1 Lagrangian multipliers

This is all well and good, but how does one actually go about solving a constrained optimisation problem? It turns out, we can use an infinite dimensional analog of Lagrange multipliers to turn this into a regular optimisation problem to which we can apply the tools of the calculus of variations.

Recall, given some function  $f: \mathbb{R}^n \rightarrow \mathbb{R}$ ,  $x \in \mathbb{R}^n$  is an extremum of  $f$  subject to  $m$  constraints  $G_k: \mathbb{R}^n \rightarrow \mathbb{R}$  —i.e.  $g_k(x) = 0$ — if and only if there exist numbers  $\lambda_k \in \mathbb{R}$  such that  $x$  is an extremum of the function

$$F = f - \sum_{k=1}^m \lambda_k g_k \quad (2.8)$$

*without any constraints.* The numbers  $\lambda_k$  are called the Lagrange multipliers. It can

be shown that this result generalises to infinite dimensional spaces and infinitely many constraints. In our case, the function we are trying to find the extrema of is the functional  $S$ . Our constraints are parameterised by  $t \in [a, b]$ :

$$G_t[q^\mu, z] = \dot{z}(t) - L(q^\mu(t), \dot{q}^\mu(t), z(t)).$$

Thus, replacing sums with integrals in Equation (2.8), the extrema of Equation (2.6) subject to Equation (2.7) will be those that extremise the following functional:

$$\begin{aligned} \tilde{S}[q^\mu, z, \lambda] &= S[q^\mu, z] - \int_a^b \lambda_t g_t[q^\mu, z] dt \\ &= \int_a^b \dot{z}(t) dt - \int_a^b \lambda_t [\dot{z}(t) - L(q^\mu(t), \dot{q}^\mu(t), z(t))] dt \\ &= \int_a^b (1 - \lambda_t) \dot{z}(t) + \lambda_t (L(q^\mu(t), \dot{q}^\mu(t), z(t))) dt. \end{aligned} \quad (2.9)$$

A couple of observations. First, we are thinking of the Lagrange multipliers as real numbers parameterised by  $t$ , but we could equivalently think of them as a function of  $t$  and write  $\lambda(t)$  instead of  $\lambda_t$ . We will do this. Additionally, we introduced  $\lambda$  as a dynamical variable of the action functional. When we take the variation of the action with respect to  $\lambda$  we will actually recover the constraint.

### 2.2.2 Deriving the Herglotz equations

If we write the integrand of Equation (2.9) as

$$\tilde{L}(q^\mu(t), \dot{q}^\mu(t), z(t), \dot{z}(t)) = (1 - \lambda(t)) \dot{z}(t) + \lambda(t) (L(q^\mu(t), \dot{q}^\mu(t), z(t)))$$

one should be able to recognise  $\tilde{S}$  as something that looks just like a regular old action functional defined by the integral of a regular old Lagrangian, except it is now defined on expanded trajectories  $(q^\mu, z)$ . So we should be able to use the Euler-Lagrange equations to write down the equations of motion of its extremal paths! The equation for  $z$  reads

$$0 = \frac{\partial \tilde{L}}{\partial z} - \frac{d}{dt} \frac{\partial \tilde{L}}{\partial \dot{z}} = \lambda \frac{\partial L}{\partial z} + \dot{\lambda}$$

or equivalently

$$\dot{\lambda} = -\lambda \frac{\partial L}{\partial z}. \quad (2.10)$$

The Euler-Lagrange equations for the positions then are

$$0 = \frac{\partial \tilde{L}}{\partial q^\mu} - \frac{d}{dt} \frac{\partial \tilde{L}}{\partial \dot{q}^\mu} = \lambda \frac{\partial L}{\partial q^\mu} - \dot{\lambda} \frac{\partial L}{\partial \dot{q}^\mu} - \lambda \frac{d}{dt} \frac{\partial L}{\partial \dot{q}^\mu}$$

and after substituting in Equation (2.10) and dividing through by  $\lambda$  we find

$$0 = \frac{\partial L}{\partial q^\mu} - \frac{d}{dt} \frac{\partial L}{\partial \dot{q}^\mu} + \frac{\partial L}{\partial z} \frac{\partial L}{\partial \dot{q}^\mu} \quad (2.11)$$

which are exactly the Herglotz equations.

Let us for completeness write down the equation that results from taking the variation with respect to  $\lambda$ , which is

$$-\dot{z}(t) + L(q^\mu(t), \dot{q}^\mu(t), z(t)) = 0$$

which is exactly the constraint.

## 2.3 Action-dependent field theory

We have seen how to derive the Herglotz equations in a more elegant way using Lagrange multipliers. More importantly, we have written down a modified Lagrangian which gives rise to them through standard calculus of variations techniques. This will be very useful as, in some cases (general relativity being one of them), it is easier to derive the equations of motion of a system by direct variation of the action, rather than writing down the Euler-Lagrange equations. We will be able to do exactly this once we have the field theoretic version of Equation (2.9) in our hands.

### 2.3.1 Classical field theory and Lagrangian densities

First off, we need to set the stage for Lagrangian field theory. The parameter space is no longer just time, but rather all of spacetime,  $M$ . Fields are the assignment of some value to each point in spacetime, so we could have scalar fields, vector fields, or, as is the case in general relativity, tensor fields. Let us first fix some notation. We will denote by  $\phi$  some field configuration. If  $\phi$  is a scalar field then it carries no indices. If  $\phi$  is a vector field then it carries one upper index, if it is a tensor field then it carries multiple indices. The metric carries two lower indices since it is a  $(0, 2)$  tensor field. In almost all that follows we will assume  $\phi$  is a vector field, but the results we find transfer to tensors of other rank. Of course  $\phi$  depends on spacetime, which we will sometimes write explicitly as  $\phi^a(x^\mu)$ .

As a convention, we will use latin indices for the indices of the field, and reserve greek indices for spacetime coordinates. The Einstein summation convention is assumed to be in place unless otherwise stated.

The Lagrangian of a field theory is a function of the field and of its derivatives. If it only contains first derivatives the theory is called a *first order theory*. General relativity is actually a second order theory, as we will discuss later. However, most of the following discussion still applies to general relativity.

The Lagrangian in field theory does not take value in the real numbers. To define the action we must integrate the Lagrangian, but as opposed to in mechanics where one integrates over time, in field theory this integration is performed over a patch of spacetime. Because spacetime is in general a curved manifold we will need to use the language of differential forms, which are the objects that can be integrated over manifolds. In general, a differential  $k$ -form<sup>2</sup> can be integrated over a manifold of dimension  $k$ . So if spacetime has dimension  $n$ , the Lagrangian has to be a differential  $n$ -form, also known as a top form.

With some care, however, we can still think of the Lagrangian as a function with real values. It turns out that any two top forms differ only by an overall factor, i.e., given two top forms  $\omega_1$  and  $\omega_2$ , there exists a unique scalar function  $f: M \rightarrow \mathbb{R}$  spacetime  $M$  such that  $\omega_1 = f\omega_2$ . So what this means is that, for a given Lagrangian  $\mathcal{L}$ , once we pick a distinguished top form there is a unique scalar function  $L$  such that  $\mathcal{L} = L\omega$ . This distinguished top form will in most cases be the top form induced by the coordinates we are working in, which we will write as  $d^n x$ . Sometimes we will use Lagrangian density to refer to  $\mathcal{L}$  and Lagrangian to refer to  $L$ .

The setup in classical field theory is as follows. Given some Lagrangian, which encodes the system we are studying, we define the action functional on all the possible field configurations as

$$S[\phi^a] = \int_D \mathcal{L}(\phi^a(x^\mu), \partial_\mu \phi^a(x^\mu)) = \int_D L(\phi^a(x^\mu), \partial_\mu \phi^a(x^\mu)) d^n x,$$

where  $D$  is some region of spacetime where this integral makes sense.

Using the calculus of variations one can show that the stationary configurations of this action functional satisfy the Euler-Lagrange equations of field theory

$$\frac{\partial L}{\partial \phi^a} - \partial_\mu \frac{\partial L}{\partial (\partial_\mu \phi^a)} = 0.$$

---

<sup>2</sup>A differential  $k$ -form is a  $k$ -multilinear alternating form that acts on tangent vectors

### 2.3.2 The action flux

How do we generalise this to an action dependent Lagrangian? The most naive approach would be to try to replicate the Herglotz equations from mechanics wholesale and write down

$$\frac{\partial L}{\partial \phi^a} - \partial_\mu \frac{\partial L}{\partial (\partial_\mu \phi^a)} + \frac{\partial L}{\partial (\partial_\mu \phi^a)} \frac{\partial L}{\partial z} = 0.$$

However this will not work because the last term has a pesky free  $\mu$  index. This seems to suggest that we need to modify the nature of  $z$ . We had claimed before that  $z$  represented the action along the path, but if we look at Equation (2.6) we see this is not quite right. In mechanics the analog of  $D$  is  $[a, b]$ . The difference  $z(a) - z(b)$  can also be written as  $\int_{\partial[a,b]} z$ , since the boundary of  $[a, b]$  is just  $a$  and  $b$ . This seems to indicate that the correct analog of Equation (2.6) for field theory should be

$$S[\phi^a, z] = \int_{\partial D} z.$$

What kind of object should  $z$  be then?  $\partial D$  has dimension  $n - 1$ , so  $z$  has to be something we can integrate over an  $(n - 1)$ -dimensional manifold, i.e. a differential  $(n - 1)$ -form. Strictly speaking, then,  $z$  is an object with  $n - 1$  lower indices. In the case of 4-dimensional spacetime,  $z$  would have 3 antisymmetrised indices:

$$z = z_{[\mu\nu\eta]} dx^\mu \wedge dx^\nu \wedge dx^\eta.$$

As it turns out,  $(n - 1)$ -forms can be identified with vector fields. The idea is that instead of labeling the components of  $z$  by three indices, we label them by the missing index. Some signs appear because of the antisymmetry, which are encoded by the Levi-Civita symbol:

$$z^\mu = \epsilon^{\mu\nu\eta\alpha} z_{[\nu\eta\alpha]}.$$

So we have the identity

$$z = z^\mu dx_\mu = z_{[\mu\nu\eta]} dx^\mu \wedge dx^\nu \wedge dx^\eta.$$

where

$$dx^\mu = \epsilon_{\mu\nu\eta\alpha} dx^\nu \wedge dx^\eta \wedge dx^\alpha.$$

But  $z$  is *not* a vector, since its components do not transform as the components of a vector, but rather as the components of a 3-form. This is very similar to the distinction between vectors and pseudo-vectors in 3-space.

Let's have a closer look at what  $z$  represents. We know that  $\int_{\partial D} z$  has dimensions of action. The volume element of  $\partial D$  in natural units has dimensions of length<sup>3</sup>, so the components of  $z$  have dimensions of action/length<sup>3</sup>. This means that  $z$  is the *action flux*. From Stokes' theorem,

$$S[\phi^a, z^\mu] = \int_{\partial D} z = \int_D \partial_D z,$$

so  $dz$  has to be the action density, i.e. the Lagrangian. The constraint we want to impose is therefore

$$dz(x^\mu) = \mathcal{L}(\phi^a(x^\mu), \partial_\mu \phi^a(x^\mu), z^\mu(x^\mu)) \quad (2.12)$$

analogous to Equation (2.7).

$dz$  is the exterior derivative of  $z$ , which is a top form, so this equality makes sense. In coordinates it is easy to show that  $dz = \partial_\nu z^\nu d^n x$ , so that Equation (2.12) reads in coordinates as

$$\partial_\nu z^\nu(x^\mu) = L(\phi^a(x^\mu), \partial_\mu \phi^a(x^\mu)). \quad (2.13)$$

For field configurations that satisfy this constraint then one has, applying Stokes' theorem

$$S[\phi^a, z^\mu] = \int_{\partial D} z = \int_D dz = \int_D \mathcal{L}(\phi^a, \partial_\mu \phi^a, z^\mu).$$

So we have arrived at the right formulation of the Herglotz variational problem for field theory.

### 2.3.3 Constrained optimisation in field theory

So just like before, we will turn this constrained optimisation problem into an unconstrained one using Lagrange multipliers. The expanded action, in analogy with Equation (2.9) will be

$$\tilde{S}[\phi^a, z^\mu] = \int_D (1 - \lambda) dz + \lambda \mathcal{L}(\phi^a, \partial_\mu \phi^a, z^\mu) = \int_D d^n x [(1 - \lambda) \partial_\mu z^\mu + \lambda L(\phi^a, \partial_\mu \phi^a, z^\mu)] \quad (2.14)$$

Note that the Lagrange multiplier  $\lambda$  is a function of spacetime. Like in mechanics, the Lagrange multiplier is technically also a dynamical quantity, but variation with respect to it just gives back the constraint. Let us write down the integrand of Equation (2.14) as an expanded Lagrangian:

$$\tilde{\mathcal{L}}(\phi^a, \partial_\mu \phi^a, z^\nu, \partial_\mu z^\nu) = \tilde{L}(\phi^a, \partial_\mu \phi^a, z^\nu, \partial_\mu z^\nu) d^n x = [(1 - \lambda) \partial_\mu z^\mu + \lambda L(\phi^a, \partial_\mu \phi^a, z^\mu)] d^n x. \quad (2.15)$$

The Euler-Lagrange equations for this Lagrangian are the Herglotz equations for the theory. We write them down in the next section. Note that they are actually the Herglotz equations for a first-order field theory. If the theory is second order then the correct equations are the second-order Euler-Lagrange equations, which include additional terms. Alternatively, we could still perform a direct variation of the action to get the field equations, without worrying about the order of the theory. This is the procedure we will follow in the next chapter.

### 2.3.4 The Herglotz equations for field theory

Finally, we can derive the Herglotz equations for field theory from the expanded Lagrangian we have just obtained in Equation (2.15). The equations for the action flux are

$$0 = \frac{\partial \tilde{L}}{\partial z^\nu} - \partial_\mu \frac{\partial \tilde{L}}{\partial (\partial_\mu z^\nu)} = \lambda \frac{\partial L}{\partial z^\nu} + \partial_\mu (\lambda \delta_\nu^\mu) = \lambda \frac{\partial L}{\partial z^\nu} + \partial_\nu \lambda.$$

So, rearranging,

$$\partial_\nu \lambda = -\lambda \frac{\partial L}{\partial z^\nu}. \quad (2.16)$$

And for the values of the field

$$0 = \frac{\partial \tilde{L}}{\partial \phi^a} - \partial_\mu \frac{\partial \tilde{L}}{\partial (\partial_\mu \phi^a)} = \lambda \frac{\partial L}{\partial \phi^a} - (\partial_\mu \lambda) \frac{\partial L}{\partial (\partial_\mu \phi^a)} - \lambda \partial_\mu \frac{\partial L}{\partial (\partial_\mu \phi^a)}$$

and, when plugging in Equation (2.16) and dividing through by  $\lambda$  we arrive at the field theoretical Herglotz equations

$$\frac{\partial L}{\partial \phi^a} - \partial_\mu \frac{\partial L}{\partial (\partial_\mu \phi^a)} + \frac{\partial L}{\partial z^\mu} \frac{\partial L}{\partial (\partial_\mu \phi^a)} = 0. \quad (2.17)$$

## Action-dependent Einstein gravity

In this chapter we apply the language and tools developed in the previous chapter to the specific case of Einstein gravity. We first describe the Lagrangian from which the Einstein field equations come from and then introduce an action-dependent of this Lagrangian and derive its field equations.

### 3.1 The Einstein-Hilbert Lagrangian

As is well-known, the Einstein field equations can be derived by means of a variational principle. The Lagrangian that gives rise to these equations is the Einstein-Hilbert Lagrangian. Let's write it down in the language of Section 2.3.1. The Einstein-Hilbert action acts on metrics. Given a metric  $g$ , one can construct a top form, which we will write  $\omega_g$ . Choosing coordinates one has  $\omega_g = \sqrt{g} d^4x$ , where  $\sqrt{g}$  is the square root of the determinant of the expression of  $g$  in the coordinates that induce  $d^4x$ . This is not yet the Einstein-Hilbert Lagrangian. The other element is the scalar curvature  $R = g^{ab}R_{ab}$ , which is a Lorentz invariant scalar that encodes the curvature associated to  $g$ . In coordinates, the Ricci tensor  $R_{ab}$  takes the form

$$R_{ab} = \partial_m \Gamma^m_{ab} - \partial_a \Gamma^m_{mb} + \Gamma^m_{mn} \Gamma^n_{ab} - \Gamma^m_{an} \Gamma^n_{mb} \quad (3.1)$$

and since the Christoffel symbols contain first derivatives of the metric,  $R_{ab}$  and hence  $R$  contain second derivatives of the metric.

The Einstein-Hilbert Lagrangian is

$$\mathcal{L}_{\text{E-H}}(g_{ab}, \partial_\mu g_{ab}, \partial_\mu \partial_\nu g_{ab}) = R\omega_g = R\sqrt{g} d^4x. \quad (3.2)$$

This is a second order Lagrangian. From now on we will write  $g_{ab,\mu}$  and  $g_{ab,\mu\nu}$  instead of



$\partial_\mu g_{ab}$  and  $\partial_\mu \partial_\nu g_{ab}$ .

The Einstein-Hilbert action is therefore

$$S_{\text{E-H}}[g_{ab}] = \int_D \mathcal{L}_{\text{E-H}}(g_{ab}, g_{ab,\mu}, g_{ab,\mu\nu}) = \int_D R\sqrt{g} \, d^4x. \quad (3.3)$$

A variation of this action leads one to the Einstein field equations, which in natural units are

$$R_{ab} - \frac{1}{2}g_{ab}R = 0. \quad (3.4)$$

More precisely, these are the Einstein field equations in a vacuum, since one can add various matter terms to the Einstein-Hilbert Lagrangian which leads to the Einstein equations in the presence of matter,

$$R_{ab} - \frac{1}{2}g_{ab}R = T_{ab}. \quad (3.5)$$

The object  $T_{ab}$  is the energy-momentum tensor and collects all of the terms coming from the presence of matter. See §4 of [Car97] for a derivation of the Einstein field equations.

## 3.2 An action dependent Einstein-Hilbert Lagrangian

What kind of action dependence can we incorporate into the Einstein-Hilbert Lagrangian? The simplest one is a linear dissipation term:

$$\mathcal{L}_{\text{E-H}}(g_{ab}, g_{ab,\mu}, g_{ab,\mu\nu}, z^\mu) = R\omega_g - \theta \wedge z. \quad (3.6)$$

Recall,  $z$  is the action flux which is a 3-form. Then if  $\theta$  is a 1-form over spacetime, also known as a covector, the wedge  $\theta \wedge z$  is a 4-form, so that Equation (3.6) makes sense. We call this a linear dissipation term because it is linear in  $z$ . It is also linear in  $\theta$  which we will call the dissipation form. If we write  $\theta$  out in some coordinate system then  $\theta = \theta_\mu dx^\mu$ , and its components transform covariantly. In natural units,  $\theta$  must have dimensions of length, since then  $\theta \wedge z$  has dimensions of  $\text{action}/(\text{length})^4$ , i.e. dimensions of action density.

In coordinates

$$\theta \wedge z = (\theta_\mu dx^\mu) \wedge (z^\nu dx_\nu) = \theta_\mu z^\nu dx^\mu \wedge dx_\nu = \theta_\mu z^\nu \delta_\nu^\mu d^4x = \theta_\mu z^\mu d^4x$$

so Equation (3.6) becomes

$$\mathcal{L}_{\text{E-H}}(g_{ab}, g_{ab,\mu}, g_{ab,\mu\nu}, z^\mu) = (R\sqrt{g} - \theta_\mu z^\mu) d^4x. \quad (3.7)$$

This Lagrangian does not quite match the one proposed in eq. (9) of [Laz+17]. It can be shown that in fact the Lagrangian we propose and the one they propose are actually the same, just expressed in different coordinates.

Consider a modified basis for the 3-forms,  $\omega_{g,\mu} = \sqrt{g} dx_\mu$ . If  $\zeta^\mu$  are the components of the action flux with respect to this new basis, then

$$z = \zeta^\mu \omega_{g,\mu} = \zeta^\mu \sqrt{g} dx_\mu$$

which implies  $z^\mu = \sqrt{g} \zeta^\mu$ . So, writing the components of the action flux in the basis  $\omega_{g,\mu}$ , Equation (3.7) looks like

$$\mathcal{L}_{\text{E-H}}(g_{ab}, g_{ab,\mu}, g_{ab,\mu\nu}, \zeta^\mu) = (R\sqrt{g} - \theta_\mu \zeta^\mu \sqrt{g}) d^4x = (R - \theta_\mu \zeta^\mu) \omega_g. \quad (3.8)$$

This is the Lagrangian proposed in equation (9) of [Laz+17].

We now write down the constraint in Equation (2.12) for this Lagrangian. In the original coordinates for the action flux we have

$$dz = \partial_\mu z^\mu d^4x$$

so, in coordinates

$$\partial_\mu z^\mu = R\sqrt{g} - \theta_\mu z^\mu. \quad (3.9)$$

If instead we choose the other coordinates for the action flux, we see

$$dz = \partial_\mu (\sqrt{g} \zeta^\mu) d^4x = \nabla_\mu \zeta^\mu \sqrt{g} d^4x = \nabla_\mu \zeta^\mu \omega_g$$

where  $\nabla$  is the covariant derivative induced by  $g$ . We have made use of a useful identity about the divergence:

$$\nabla_\mu X^\mu = \frac{1}{\sqrt{g}} \partial_\mu (\sqrt{g} X^\mu). \quad (3.10)$$

In the new coordinates the constraint looks like

$$\nabla_\mu \zeta^\mu = R - \theta_\mu \zeta^\mu \quad (3.11)$$

which is the same form that appears in equation (8) of [Laz+17].

### 3.3 Derivation of the field equations

So we have seen what the Herglotz problem looks like for an Einstein-Hilbert Lagrangian with a linear action dependence. We will apply the method of Lagrange multipliers, as described in previous chapter, to derive a modified version of Einstein's equations. The expanded Lagrangian is

$$\tilde{\mathcal{L}}_{\text{E-H}}(g_{ab}, g_{ab,\mu}, g_{ab,\mu\nu}, z^\nu, \partial_\mu z^\nu) = \left[ (1 - \lambda) \partial_\mu z^\mu + \lambda (R\sqrt{g} - \theta_\mu z^\mu) \right] d^4x.$$

#### 3.3.1 Variation of the action flux

Let's compute the variation of the action given by this Lagrangian

$$\begin{aligned} \delta \tilde{S}[g_{ab}, z^\nu] &= \int_D \left[ (1 - \lambda) \delta \partial_\mu z^\mu + \lambda (\delta(R\sqrt{g}) - \theta_\mu \delta z^\mu) \right] d^4x \\ &= \int_D (1 - \lambda) \partial_\mu \delta z^\mu - \lambda \theta_\mu \delta z^\mu d^4x + \int_D \lambda \delta(R\sqrt{g}) d^4x \\ &= \int_D \partial_\mu \left( (1 - \lambda) \delta z^\mu \right) d^4x + \int_D (\partial_\mu \lambda - \lambda \theta_\mu) \delta z^\mu d^4x + \int_D \lambda \delta(R\sqrt{g}) d^4x. \end{aligned} \quad (3.12)$$

The first integral is a boundary term coming from an integration by parts. It vanishes because we assume the variations vanish at the boundary of  $D$ . From the second integral we can read off, using the fundamental theorem of the calculus of variations, that

$$\partial_\mu \lambda = \lambda \theta_\mu. \quad (3.13)$$

Coordinate free this can also be written as  $d\lambda = \lambda\theta$ . This has an interesting implication for  $\theta$  since

$$d(\lambda\theta) = d\lambda \wedge \theta + \lambda d\theta = \lambda\theta \wedge \theta + \lambda d\theta = \lambda d\theta$$

and

$$\lambda d\theta = d(\lambda\theta) = d^2\lambda = 0$$

so we conclude  $d\theta = 0$ , i.e.  $\theta$  cannot be any 1-form, it must be a *closed form*. This means that in coordinates  $\partial_\mu \theta_\nu = \partial_\nu \theta_\mu$ .

#### 3.3.2 Variation of the metric

We retake the calculation from Equation (3.12). Since the integrals involving  $z$  and  $g$  decouple, we can just consider the last term. We will follow the derivation in [Car97] for as long as we can. Since  $R\sqrt{g} = g^{ab}R_{ab}\sqrt{g}$ , from the product rule its variation results in

three terms:

$$\int_D \lambda \delta(R\sqrt{g}) d^4x = \int_D \lambda \delta g^{ab} R_{ab} \sqrt{g} d^4x + \int_D \lambda g^{ab} \delta R_{ab} \sqrt{g} d^4x + \int_D \lambda R \delta \sqrt{g} d^4x \quad (3.14)$$

The first term is already in the form required to apply the fundamental theorem of the calculus of variations. For the third one uses the standard result

$$\delta \sqrt{g} = -\frac{1}{2} \sqrt{g} g_{ab} \delta g^{ab}.$$

The first and third terms of Equation (3.14) can be combined into

$$\int_D \lambda (R_{ab} - \frac{1}{2} R g_{ab}) \delta g^{ab} \sqrt{g} d^4x. \quad (3.15)$$

In the standard derivation of Einstein's equations, one shows that the middle integral of Equation (3.14) actually vanishes, so that if Equation (3.15) is to vanish for any variation  $\delta g_{ab}$ , or equivalently for any variation of the inverse metric  $\delta g^{ab}$  the integrand itself must vanish. This gives Einstein's equations. In the presence of  $\lambda$ , however, the middle integral doesn't vanish and actually contributes additional terms to the equations.

Let's work out the variation of the middle integral of Equation (3.14). We will do this step by step. The variation of the Ricci curvature can be shown to be

$$g^{ab} \delta R_{ab} = g^{ab} (\nabla_m \delta \Gamma^m_{ab} - \nabla_a \delta \Gamma^m_{mb}) = \nabla_n (g^{ab} \delta \Gamma^n_{ab} - g^{nb} \delta \Gamma^m_{mb}) \quad (3.16)$$

so

$$\int_D \lambda g^{ab} \delta R_{ab} \sqrt{g} d^4x = \int_D \lambda \nabla_n (g^{ab} \delta \Gamma^n_{ab} - g^{nb} \delta \Gamma^m_{mb}) \sqrt{g} d^4x$$

and if  $\lambda$  weren't there this integral would vanish because of the divergence theorem and the fact that the variations vanish on the boundary of  $D$ . In the presence of  $\lambda$  the standard trick is to perform integration by parts:

$$\begin{aligned} \int_D \lambda g^{ab} \delta R_{ab} \sqrt{g} d^4x &= \\ &= \int_D \lambda \nabla_n (g^{ab} \delta \Gamma^n_{ab} - g^{nb} \delta \Gamma^m_{mb}) \sqrt{g} d^4x \\ &= \int_D \nabla_n (\lambda (g^{ab} \delta \Gamma^n_{ab} - g^{nb} \delta \Gamma^m_{mb})) \sqrt{g} d^4x - \int_D (\nabla_n \lambda) (g^{ab} \delta \Gamma^n_{ab} - g^{nb} \delta \Gamma^m_{mb}) \sqrt{g} d^4x. \end{aligned}$$

The first integral vanishes because it is the integral of a divergence and the variations vanish on the boundary of  $D$ . The second integral is where the additional terms will come from. We split it into two terms.

The variation of the Christoffel symbols can be shown to be

$$\delta\Gamma^a_{bc} = \frac{1}{2}g^{am}(\nabla_c\delta g_{bm} + \nabla_b\delta g_{mc} - \nabla_m\delta g_{bc}). \quad (3.17)$$

Using this and Equation (3.13) (since  $\nabla_n\lambda = \partial_n\lambda$ ) we compute for the first integral

$$-\int_D (\nabla_n\lambda)g^{ab}\delta\Gamma^n_{ab}\sqrt{g}\,d^4x = -\frac{1}{2}\int_D \lambda\theta_n g^{ab}g^{nk}(\nabla_b\delta g_{ak} + \nabla_a\delta g_{kb} - \nabla_k\delta g_{ab})\sqrt{g}\,d^4x. \quad (3.18)$$

The presence of  $g^{ab}$  means the indices  $a$  and  $b$  are symmetrised, so

$$g^{ab}\nabla_b\delta g_{ak} = g^{ab}\nabla_a\delta g_{kb}.$$

This means Equation (3.18) simplifies to

$$\begin{aligned} & -\int_D (\nabla_n\lambda)g^{ab}\delta\Gamma^n_{ab}\sqrt{g}\,d^4x = \\ & = -\int_D \lambda\theta_n g^{ab}g^{nk}\nabla_b\delta g_{ak}\sqrt{g}\,d^4x + \frac{1}{2}\int_D \lambda\theta_n g^{ab}g^{nk}\nabla_k\delta g_{ab}\sqrt{g}\,d^4x \\ & = -\int_D \lambda\theta_n \nabla_b(g^{ab}g^{nk}\delta g_{ak})\sqrt{g}\,d^4x + \frac{1}{2}\int_D \lambda\theta_n \nabla_k(g^{ab}g^{nk}\delta g_{ab})\sqrt{g}\,d^4x. \end{aligned} \quad (3.19)$$

Let's perform an integration by parts for the first integral. We have to be a bit careful. Introducing the shorthand  $X^{bn} = g^{ab}g^{nk}\delta g_{ak}$ , we compute

$$\nabla_c(\lambda\theta_n X^{bn}) = \nabla_c(\lambda\theta_n)X^{bn} + \lambda\theta_n \nabla_c X^{bn}$$

so

$$\begin{aligned} -\int_D \lambda\theta_n \nabla_b(g^{ab}g^{nk}\delta g_{ak})\sqrt{g}\,d^4x &= -\int_D \lambda\theta_n \nabla_b X^{bn}\sqrt{g}\,d^4x \\ &= -\int_D \nabla_b(\lambda\theta_n X^{bn})\sqrt{g}\,d^4x + \int_D \nabla_b(\lambda\theta_n)X^{bn}\sqrt{g}\,d^4x. \end{aligned}$$

The first integral is the integral of a divergence, so it vanishes. We are left with the second which we can expand into

$$\begin{aligned} \int_D \nabla_b(\lambda\theta_n)X^{bn}\sqrt{g}\,d^4x &= \int_D (\theta_n\partial_b\lambda + \lambda\nabla_b\theta_n)(g^{ab}g^{nk}\delta g_{ak})\sqrt{g}\,d^4x \\ &= \int_D \lambda(\theta_b\theta_n + \nabla_b\theta_n)(g^{ab}g^{nk}\delta g_{ak})\sqrt{g}\,d^4x \end{aligned}$$

As a last step, we use the identity

$$\delta g^{ab} = -g^{am}g^{bn}\delta g_{mn}$$

to write our integral as a variation with respect to the inverse metric.

$$\int_D \lambda(\theta_b \theta_n + \nabla_b \theta_n)(g^{ab} g^{nk} \delta g_{ak}) \sqrt{g} d^4x = - \int_D \lambda(\theta_b \theta_n + \nabla_b \theta_n) \delta g^{bn} \sqrt{g} d^4x.$$

Without going through the details again, the other integral in Equation (3.19) can be brought to the form

$$\begin{aligned} \frac{1}{2} \int_D \lambda \theta_n \nabla_k (g^{ab} g^{nk} \delta g_{ab}) \sqrt{g} d^4x &= -\frac{1}{2} \int_D \nabla_k (\lambda \theta_n) g^{ab} g^{nk} \delta g_{ab} \sqrt{g} d^4x \\ &= \frac{1}{2} \int_D \lambda (\theta_k \theta_n + \nabla_k \theta_n) g^{ab} g^{nk} g_{ma} g_{lb} \delta g^{ml} \sqrt{g} d^4x \\ &= \frac{1}{2} \int_D \lambda g^{nk} (\theta_k \theta_n + \nabla_k \theta_n) g_{ml} \delta g^{ml} \sqrt{g} d^4x \end{aligned}$$

There is still another integral we need to evaluate, namely

$$\int_D (\partial_n \lambda) g^{nb} \delta \Gamma^m_{mb} \sqrt{g} d^4x = \frac{1}{2} \int_D \lambda \theta_n g^{nb} g^{mk} (\nabla_b \delta g_{mk} + \nabla_m \delta g_{kb} - \nabla_k \delta g_{mb}) \sqrt{g} d^4x. \quad (3.20)$$

Because  $m$  and  $k$  are symmetrised, the second and third terms cancel, leaving us with

$$\frac{1}{2} \int_D \lambda \theta_n g^{nb} g^{mk} \nabla_b \delta g_{mk} \sqrt{g} d^4x = -\frac{1}{2} \int_D \nabla_b (\lambda \theta_n) g^{nb} g^{mk} \delta g_{mk} \sqrt{g} d^4x \quad (3.21)$$

$$= \frac{1}{2} \int_D \lambda (\theta_b \theta_n + \nabla_b \theta_n) g^{nb} g^{mk} g_{am} g_{lk} \delta g^{al} \sqrt{g} d^4x \quad (3.22)$$

$$= \frac{1}{2} \int_D \lambda g^{nb} (\theta_b \theta_n + \nabla_b \theta_n) g_{al} \delta g^{al} \sqrt{g} d^4x. \quad (3.23)$$

We have calculated all the integrals we need. Before we put them all together, let us make the following observation:

$$\nabla_a \theta_b = \partial_a \theta_b - \Gamma^m_{ab} \theta_m = \partial_b \theta_a - \Gamma^m_{ba} \theta_m = \nabla_b \theta_a$$

which uses the fact that  $\theta$  must be closed. Therefore we can define the following symmetric (0,2) tensor

$$K_{ab} = \theta_a \theta_b + \nabla_{(a} \theta_{b)}. \quad (3.24)$$

So, after liberal relabeling of indices, we find that Equation (3.12) becomes

$$\delta \tilde{S}[g_{ab}, z^\mu] = \int_D (\partial_\mu \lambda - \lambda \theta_\mu) \delta z^\mu d^4x + \int_D \lambda (R_{ab} - \frac{1}{2} R g_{ab} - K_{ab} + K g_{ab}) \delta g^{ab} \sqrt{g} d^4x \quad (3.25)$$

with  $K_{ab}$  defined as in Equation (3.24) and  $K = g^{mn} K_{mn}$  its trace.

Applying the fundamental theorem of the calculus of variations, the action will be stationary if and only if the integrands of both terms vanish. From the first integral we

get Equation (3.13), which we have already used. And from the second one we get the modified Einstein field equations

$$R_{ab} - \frac{1}{2}Rg_{ab} - K_{ab} + Kg_{ab} = 0. \quad (3.26)$$

## Significance of the equations

Let us recap what we did in the previous chapter. We have shown, by computing the variation of the corresponding action, that the field Equations of an Einstein-Hilbert Lagrangian with linear dissipation, namely

$$L(g_{ab}, g_{ab,\mu}, g_{ab,\mu\nu}, z^\mu) = R(g_{ab}, g_{ab,\mu}, g_{ab,\mu\nu})\sqrt{g} - \theta_\mu z^\mu \quad (4.1)$$

are

$$R_{ab} - \frac{1}{2}Rg_{ab} - K_{ab} + Kg_{ab} = 0 \quad (4.2)$$

where  $K_{ab}$  is the  $(0, 2)$  symmetric tensor defined as

$$K_{ab} = \nabla_{(a}\theta_{b)} + \theta_a\theta_b. \quad (4.3)$$

These equations are not the ones obtained in [Laz+17]. For the same Lagrangian, the equations derived are

$$R_{ab} + \tilde{K}_{ab} - \frac{1}{2}g_{ab}(R + \tilde{K}) = 0 \quad (4.4)$$

where

$$\tilde{K}_{ab} = \theta_m \Gamma^m_{ab} - \frac{1}{2}(\theta_a \Gamma^m_{mb} + \theta_b \Gamma^m_{am}). \quad (4.5)$$

We will make to case as to why these equations are not the correct ones. The first issue is that  $\tilde{K}_{ab}$  is not a tensor. To see this, we will compute  $\tilde{K}_{ab}$  in two different coordinate systems and show that it does not transform as a  $(0, 2)$ -tensor would.

The Christoffel symbols of the flat Minkowski vanish if we take cartesian coordinates. Therefore, for any dissipation form we might consider,  $K_{ab}$  would vanish. Now, if  $K_{ab}$  actually were a tensor then it would vanish in any other coordinate system. But we can show this is not the case. If instead of cartesian coordinates we choose spherical



coordinates then the Christoffel symbols don't vanish. Specifically, the non-vanishing ones are

$$\begin{aligned}\Gamma^r_{\theta\theta} &= -r & \Gamma^\theta_{r\theta} &= \frac{1}{r} & \Gamma^\phi_{r\phi} &= \frac{1}{r} \\ \Gamma^r_{\phi\phi} &= -r \sin^2 \theta & \Gamma^\theta_{\phi\phi} &= -\sin \theta \cos \theta & \Gamma^\phi_{\theta\phi} &= \frac{1}{\tan \theta}.\end{aligned}$$

This means that, for example,

$$\tilde{K}_{tr} = 0 - \frac{1}{2}(\theta_t \Gamma^m_{mr} + 0) = -\frac{\theta_t}{2r}$$

which is certainly non-zero if  $\theta_t$  does not vanish. This shows that  $\tilde{K}_{ab}$  is not a tensor, or rather  $\tilde{K}_{ab}$  do not represent the components of a tensor, since if it were then if it vanishes in some coordinate system it must do so in any other coordinate system, and we have just exhibited a coordinate system in which it vanishes and another one in which at least one of its components does not. In other words, the object derived in [Laz+17] is not coordinate independent so it cannot possibly represent meaningful physics.

On the contrary, the object  $K_{ab}$  that we found in Equation (3.24) is indeed a tensor. We could compute explicitly its transformation law and see that it is the one of a  $(0, 2)$  tensor. But a simpler way is writing it out in a coordinate-free manner. Specifically,  $K_{ab}$  are the components of the object  $K = \theta \otimes \theta + \nabla \theta$ . Indeed, given two vector fields  $X$  and  $Y$

$$\begin{aligned}K(X, Y) &= (\theta \otimes \theta)(X, Y) + (\nabla_X \theta)Y \\ &= \theta_a \theta_b X^a Y^b + X^a \nabla_a \theta_b Y^b \\ &= (\theta_a \theta_b + \nabla_a \theta_b) X^a Y^b\end{aligned}$$

where in the last step we used that  $\nabla_a \theta_b = \nabla_{(a} \theta_{b)}$  because  $\theta$  is closed. This shows  $K_{ab}$  are the components of a tensor since  $\theta \otimes \theta$  and  $\nabla \theta$  are both  $(0, 2)$  tensors (they are bilinear).

There is another reason that indicates that the equations in [Laz+17] are not the correct ones. When we wrote down the Herglotz equations for the harmonic oscillator with linear dissipation we obtained equations linear in the dissipation coefficient (see Equation (2.5)). However, the Lagrangian for this system is first order, whereas, as we had already discussed, the Einstein-Hilbert Lagrangian is actually second order. The equations of motion for a second order Lagrangian with linear dissipation, called the damped Pais-Uhlenbeck oscillator, are derived in [Leó+21], and they are in fact not linear in the dissipation coefficient, but rather quadratic. In our case, the dissipation form plays

the role of the dissipation coefficient so by analogy we would expect the equations to be quadratic in  $\theta$ , not linear. And this is indeed the case for the equations we derived, whereas the equations in [Laz+17] are linear in  $\theta$ .

So these are reasons for why the equations derived in [Laz+17] are not the right ones, but we can actually point at why they derived them in the first place. One of the simplifying assumptions they made was to take a simplified version of the Ricci curvature. Specifically, the Ricci curvature consists of four terms. Two of them are contractions of the Christoffel symbols with themselves, the other two are derivatives of the Christoffel symbols. It can be shown that if one drops these last two when writing down the Einstein-Hilbert action, the resulting equations remain unchanged. The justification is that the terms with derivatives are a divergence, so they leave the action unchanged. However, this justification fails for action dependent Lagrangians, which is ultimately what dooms the whole computation.

## Conclusions

Let us now summarise the most relevant points of this thesis.

### 5.1 Further research

In this thesis we have only explored the derivation of the field equations. Of course, if we want this theory to produce relevant results we must be able to make testable predictions. As we have discussed before, the main motivation at the moment to explore and test modified theories of gravitation is their application to cosmology. Therefore, the natural next step is to understand the cosmology that follows from them. One of the driving assumptions of cosmology for the past decades has been the hypothesis of homogeneity and isotropy of space, at least over large scales. There is now mounting evidence to the contrary, however. The presence of the dissipation form in the equations we have derived provides a way of breaking the homogeneity and isotropy in the models one studies. What's more, these equations are not just the addition of some ad hoc terms to the Einstein field Equations, but instead they come from a variational principle, which is always preferable in physics.

---

## Bibliography

- [Car97] Sean M. Carroll. “Lecture Notes on General Relativity”. In: *arXiv:gr-qc/9712019* (Dec. 1997). arXiv: gr-qc/9712019. URL: <http://arxiv.org/abs/gr-qc/9712019> (visited on 05/31/2021).
- [Gas+20a] Jordi Gaset et al. “A  $k$ -contact Lagrangian formulation for nonconservative field theories”. In: *arXiv:2002.10458 [hep-th, physics:math-ph]* (Feb. 2020). arXiv: 2002.10458. URL: <http://arxiv.org/abs/2002.10458> (visited on 03/08/2021).
- [Gas+20b] Jordi Gaset et al. “A contact geometry framework for field theories with dissipation”. In: *Annals of Physics* 414 (Mar. 2020). arXiv: 1905.07354 version: 3, p. 168092. ISSN: 00034916. DOI: [10.1016/j.aop.2020.168092](https://doi.org/10.1016/j.aop.2020.168092). URL: <http://arxiv.org/abs/1905.07354> (visited on 03/09/2021).
- [Laz+17] Matheus J. Lazo et al. “Action principle for action-dependent Lagrangians toward nonconservative gravity: Accelerating universe without dark energy”. In: *Physical Review D* 95.10 (May 2017), p. 101501. DOI: [10.1103/PhysRevD.95.101501](https://doi.org/10.1103/PhysRevD.95.101501). URL: <https://link.aps.org/doi/10.1103/PhysRevD.95.101501> (visited on 03/30/2021).
- [Laz+18] Matheus J. Lazo et al. “An action principle for action-dependent Lagrangians: Toward an action principle to non-conservative systems”. In: *Journal of Mathematical Physics* 59.3 (Mar. 2018), p. 032902. ISSN: 0022-2488. DOI: [10.1063/1.5019936](https://doi.org/10.1063/1.5019936). URL: <https://aip.scitation.org/doi/10.1063/1.5019936> (visited on 03/30/2021).
- [Leó+21] Manuel de León et al. “Higher-order contact mechanics”. In: *Annals of Physics* 425 (Feb. 2021). arXiv: 2009.12160, p. 168396. ISSN: 00034916. DOI: [10.1016/j.aop.2021.168396](https://doi.org/10.1016/j.aop.2021.168396). URL: <http://arxiv.org/abs/2009.12160> (visited on 06/13/2021).

- [LL21] Manuel de León and Manuel Lainz. “A review on contact Hamiltonian and Lagrangian systems”. In: *arXiv:2011.05579 [math-ph]* (Feb. 2021). arXiv: 2011.05579. URL: <http://arxiv.org/abs/2011.05579> (visited on 03/08/2021).
- [ORW20] Gonzalo J. Olmo, Diego Rubiera-Garcia, and Aneta Wojnar. “Stellar structure models in modified theories of gravity: lessons and challenges”. In: *Physics Reports* 876 (Sept. 2020). arXiv: 1912.05202 version: 2, pp. 1–75. ISSN: 03701573. DOI: [10.1016/j.physrep.2020.07.001](https://doi.org/10.1016/j.physrep.2020.07.001). URL: <http://arxiv.org/abs/1912.05202> (visited on 05/31/2021).