



**855519, Fredrick Antony**

47 Y old Male, DOB: 03/13/1970

Account Number: SIP20331

PCP: Dr. Seshadri Sandhya  
Appointment Facility: LCHC B15

06/06/2017

**Health Check: Anupama Menon, MBBS, M.Med (Fam Med)**

#### **Reason for Appointment**

1. Annual Physical Exam

#### **Assessments**

1. Annual physicals - o (Primary)
2. Obesity - E66.9
3. Diabetes non-insulin dependent - E11.0xx
4. Pre hypertension - O.01
5. Fatty Liver - O.02

Boderline cholesterol.

#### **Treatment**

1. Diabetes non-insulin dependent

Notes: T Metformin 500 mg 1-0-1

Repeat HbA1c and review iwth reports after 3 months.

#### **2. Others**

Referral To:Nutrition

Reason:Wt redn|DM 2, Pre HTN

#### **Preventive Medicine**

Low Fat , Low Carb, Low Salt and high Fibre Diet

Advised to start regular exercises.

Dr. Anupama Menon R  
Consultant Physician  
MBBS, M.Med (FAMILY MEDICINE)  
MCI Reg No : MCI- IMR/11/531

Electronically signed by Dr. Anupama Menon on 06/06/2017 at 01:17 PM IST

Sign off status: Pending

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Patient: 855519, Fredrick Antony DOB: 03/13/1970 Progress Note: Anupama Menon, MBBS, M.Med (Fam Med) 06/06/2017

Note generated by eClinicalWorks EMR/PM Software ([www.eClinicalWorks.com](http://www.eClinicalWorks.com))

<http://10.1.10.226:8080/mobiledoc/jsp/catalog/xml/printChartOptions.jsp?encounterID=2...> 06/06/2017

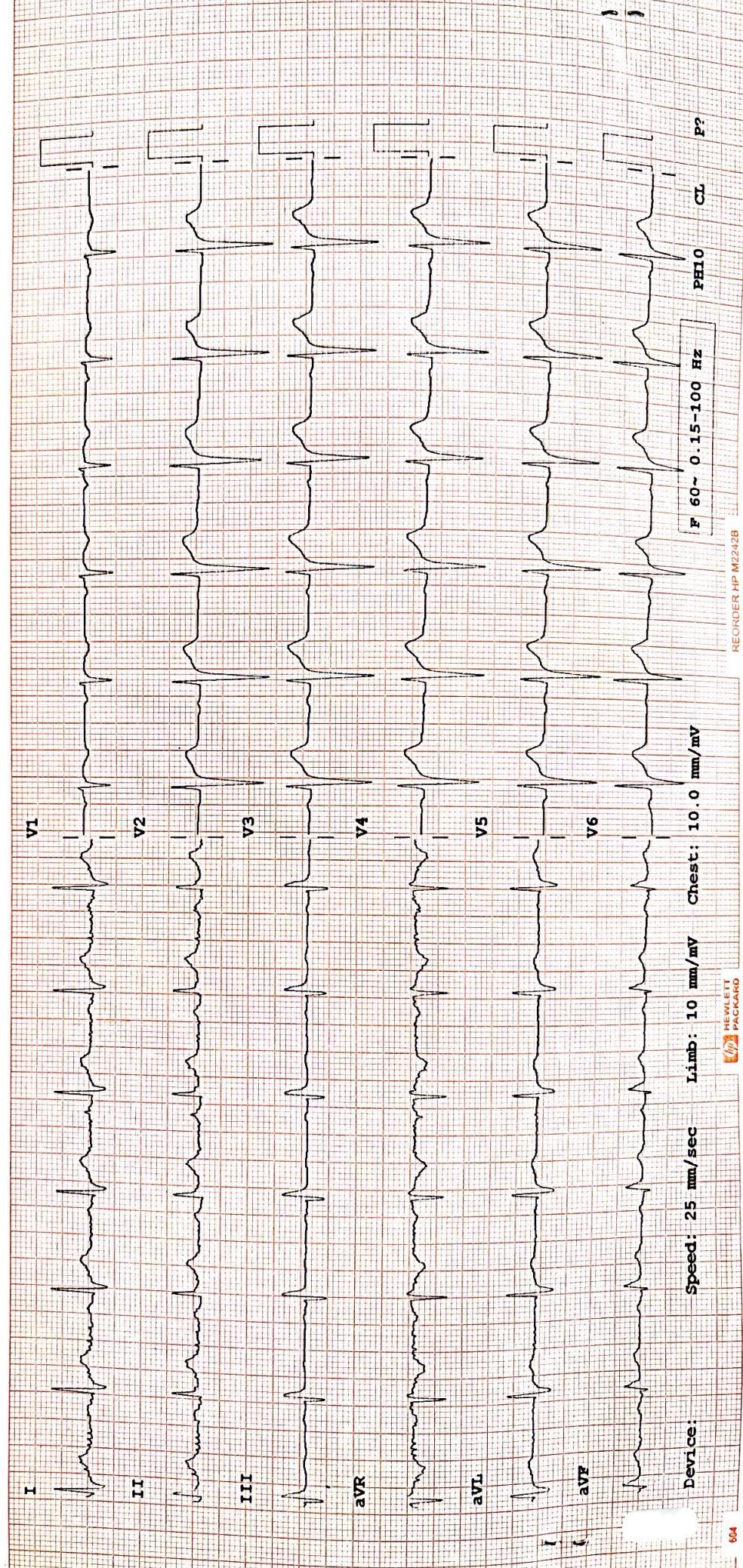
855519  
Born 13-Mar-70 47 years

FREDRICK ANTONY  
Male

02-Jun-17 10:58:15 AM  
172 cm 127 kg BP:120/90 LCHC CISCO- INTL SOS, BANGALORE

Rate 77  
RR 779  
PR 170  
QRS 108  
QT 366  
QTcB 415  
QTcF 398  
-AXIS--  
P 45  
QRS 62  
T 34

12 Lead; Standard Placement



Mumbai Pune Bangalore Ahmedabad

**Registration Id :** 1670660003  
**Patient Name :** Mr. Fredrick Antony 855519  
**Referred By :** Cisco

**Registration Date/Time :** 05/06/2017 / 08:13AM  
**Collection Date / Time :** 05/06/2017 /  
**Reporting Date / Time :** 05/06/2017 / 12:31PM  
**Age /Sex :** 47 Years /Male

Investigation	Observed Values			Reference Range
	Low	Normal	High	
<b>Sample Type: SERUM</b>				
<b>Blood Sugar Fasting</b> (Method : Hexokinase/G-6-PDH)			*132	70 - 110 mg/dl
<b>Blood Sugar (PP)</b> (Method : Hexokinase/G-6-PDH)			*182	70 - 140 mg/dl
<b>GGTP</b> (Method : L-Gamma-glutamyl-3-carboxy-4-nitranilide as substrate with glycylglycine)		22.0		11 - 50 U/L
<b>Bilirubin (Total)</b> (Method : Diazo with Sulphanilic Acid in presence of DMSO)		1.05		0.0 - 1.2 mg/dl
<b>Bilirubin (Direct)</b> (Method : Diazo Reaction)		0.22		0.0 - 0.30 mg/dl
<b>Bilirubin (Indirect)</b> (Method : Calculated)		0.83		0.0 - 1.0 mg/dl
<b>SGOT/AST</b> (Method : NADH (without P-5-P))		14.0		8 - 33 U/L
<b>SGPT/ALT</b> (Method : NADH (without P-5-P))		26.0		4 - 36 U/L
<b>Alkaline Phosphatase</b> (Method : Enzymatic p-NPP)		102.0		20 - 130 U/L
<b>Total Proteins</b> (Method : Biuret)		7.4		6.3 - 8.4 gm/dl
<b>*Rechecked</b>				
<b>MAHESH B</b> Verified By	Page 1 of 4			 Dr. Sangeeta Sharma M.D. Pathologist

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**Collection Date / Time :** 05/06/2017 /  
**Reporting Date / Time :** 05/06/2017 / 11:19AM  
**Age /Sex :** 47 Years / Male

Investigation	Observed Values			Reference Range	
Albumin ( Method : Bromocresol Green)	Low	4.0	Normal	High	3.8 - 5.0 gm/dl
Globulin ( Method : Calculated)		3.40			2.3 - 3.5 gm/dl
A/G Ratio ( Method : Calculated)		1.18			1.10 - 2.20
Creatinine ( Method : Alkaline Picrate (Kinetic Jaffe-s Reaction))		0.82			0.50 - 1.50 mg/dl
Blood Urea ( Method : Urease, Kinetic)		25.7			19.0 - 44.0 mg/dl
Blood Urea Nitrogen		12.0			8 - 23 mg/dl
Uric Acid ( Method : Enzyme Uricase)			*7.5		3.4 - 7.0 mg/dl
Sodium ( Method : Ion Selective Electrode diluted(Indirect))		141.00			136.0 - 145.0 mEq/L
Potassium ( Method : Ion Selective Electrode diluted(Indirect))		3.90			3.5 - 5.0 mEq/L
Chlorides ( Method : Ion Selective Electrode diluted(Indirect))		100.00			98 - 108 mEq/L

\*Rechecked

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Pathologist

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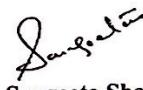
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Referred By : Cisco

Registration Date/Time : 05/06/2017 / 08:13AM  
Collection Date / Time : 05/06/2017 /  
Reporting Date / Time : 05/06/2017 / 12:39PM  
Age / Sex : 47 Years / Male

Investigation	Observed Values			Reference Range
	Low	Normal	High	
<b>Sample Type: SERUM</b>				
<b>LIPID PROFILE</b>				
S. Triglycerides ( Method : Glycerol Phosphate Oxidase)		104.0		Upto 150 mg/dl
Total Cholesterol ( Method : Enzymatic)		181.0		0 - 200 mg/dl
HDL Cholesterol <i>Good</i> ( Method : Accelerator Selective Detergent)	*34.4			40 - 60 mg/dl
LDL Cholesterol <i>Bad</i> ( Method : Liquid Selective Detergent)			*119.90	Upto 100 mg/dl
VLDL Cholesterol ( Method : Calculated)		20.8		7 - 35 mg/dl
LDL/HDL Ratio ( Method : Calculated)		3.49		2.5 - 3.5
TC/HDL Ratio ( Method : Calculated)			*5.26	3.0 - 5.0
<b>*Rechecked</b>				
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Reporting Date / Time : 05/06/2017 / 12:39PM  
Age / Sex : 47 Years / Male

Investigation	Observed Values		Reference Range
<p>For Lipids, Reference Range is as per NCEP Guidelines</p> <p><b>TOTAL CHOLESTEROL:</b></p> <p>Desirable : &lt; 200 Borderline High : 200 - 239 High : &gt;= 240</p> <p><b>TRIGLYCERIDES :</b></p> <p>Normal : &lt;150 Borderline High: 150 - 199 High : 200 - 499 Very High : &gt;= 500</p> <p><b>LDL-CHOLESTEROL :</b></p> <p>Optimal : &lt; 100 Near/Above Optimal:100-129 Borderline High : 130 - 159 High : 160 - 189 Very High : &gt;=190</p> <p><b>HDL-CHOLESTEROL :</b></p> <p>Low : &lt; 40 High : &gt;= 60</p>	Normal	High	

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Patient Name : Mr. Fredrick Antony 855519		Collection Date / Time : 05/06/2017 / 12:00AM		
Referred By : Cisco		Reporting Date / Time : 05/06/2017 / 12:20PM		
		Age / Sex : 47 Years / Male		

### Thyroid Function Test

Sample Type: SERUM

TEST	OBSERVED VALUE	UNITS	Reference Range
Total T3 (Tri-iodothyronine) Method : CMIA)	: 75.5	ng/dl	58 - 159
Total T4 (Thyroxine) Method : CMIA)	: 5.76	ug/dl	4.51 - 11.66
Ultrasensitive TSH	: 1.3947	uIU/ml	Euthyroid : 0.5 to 5.0

- ...  
- In cases of primary hypothyroidism, T3 and T4 levels are low and TSH is significantly elevated. In the case of pituitary dysfunction, either due to intrinsic hypothalamic or pituitary disease i.e central hypothyroidism, normal or marginally elevated basal TSH levels are often seen despite significant reduction in T4 and T3 levels.  
- Primary hyperthyroidism (eg: Grave's disease, nodular goiter) is associated with high levels of thyroid hormones and depressed or undetectable levels of TSH.

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Collection Date / Time : 05/06/2017 / 12:00AM  
Reporting Date / Time : 05/06/2017 / 12:20PM  
Age / Sex : 47 Years / Male

### Hepatitis B Surface Antigen

Sample Type: SERUM

TEST

Qualitative detection of Hepatitis B : Surface Antigen [HbsAg] from the patients serum.

OBSERVED VALUE      UNITS

Non Reactive (0.30)      S/CO

Reference Range

Non-Reactive: - < 1.0  
Reactive : - > 1.0

Note : All Reactive results must be confirmed by neutralizing confirmatory test or by HBV DNA detection assay.

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Referred By : Cisco			Collection Date / Time : 05/06/2017 / 12:00AM	
			Reporting Date / Time : 05/06/2017 / 10:36AM	
			Age / Sex : 47 Years / Male	

### COMPLETE BLOOD COUNT

Sample Type: EDTA Whole Blood

<u>TEST</u>	<u>OBSERVED VALUE</u>	<u>UNITS</u>	<u>Reference Range</u>
Leucocytes Count Method : Flowcytometry using a Semi-Conductor Laser)	—: 10000	/c.mm	4000 - 10000
Erythrocytes Method : Hydro Dynamic Focusing)	—: 5.49	mill/c.mm	4.4 - 5.6
Haemoglobin Method : Colorimetric Technique - Cyanide Free)	: 14.6 —	gm %	13.0 - 17.0
Packed Cell Volume Method : Calculated Parameters)	: 43.9	%	40.0 - 50.0
MCV Method : Calculated Parameters)	: 84.0	fL	82 - 101
MCH Method : Calculated Parameters)	: 26.5	Pg	27 - 32
MCHC Method : Calculated Parameters)	: 33.2	g/dL	31.5 - 35.5
RDW Method : Calculated Parameters)	: 14.5	%	11.6 - 14.0
Platelet Count Method : Hydro Dynamic Focusing)	—: 266	10 ^ 3/c.mm	150 - 400
MPV Method : Calculated Parameters)	: 8.7	fL	9.0 - 13.0
Neutrophils	: 63.0	%	40 - 80
Lymphocytes	: 26.0	%	20 - 40
Monocytes	: 9.0	%	02 - 10
Eosinophils	: 2.0	%	01 - 06
Basophils	: 0.0	%	00 - 01

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			Reporting Date / Time : 05/06/2017 / 01:53PM	Age / Sex : 47 Years / Male

### Erythrocyte Sedimentation Rate (ESR)

Sample Type: EDTA Whole Blood

TEST	OBSERVED VALUE	UNITS	Reference Range
ERYTHROCYTE SEDIMENTATION RATE ESR	:* 20	mm / 1hr.	0 - 10

Method : Westergren

Done on Fully Automated Vesmatic 80 ESR Analyzer (Disses)

- Although the ESR is a non-specific phenomenon, its measurement is clinically useful in disorders associated with an increased production of acute-phase proteins.
- In rheumatoid arthritis or tuberculosis, it provides an index of progress of the disease, and it is of value in diagnosis of temporal arteritis and polymyalgia rheumatica. It is also useful as a screening test in the routine examination of patients.
- The ESR is higher in women than in men, and correlates with sex differences in fibrinogen levels.
- The ESR is influenced by age, stage of the menstrual cycle and drugs (eg:corticosteroids, contraceptive pills, etc), it is especially low (0-1 mm) in polycythaemia, hypofibrinogenaemia and in congestive cardiac failure, and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis or sickle cells.

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			Reporting Date / Time : 05/06/2017 / 11:37AM	Age / Sex : 47 Years / Male

### Urine Routine

Sample Type: Urine

#### Reference Range

#### PHYSICAL EXAMINATION

Quantity	:	30 ml	---
Colour	:	PALE YELLOW	---
Appearance	:	CLEAR	---
Deposit	:	ABSENT	---

#### CHEMICAL EXAMINATION

pH	:	5.0	4.6 - 8.0
Specific Gravity	:	1.025	1.003 - 1.035
Albumin	:	NEGATIVE	NEGATIVE
Sugar	:	NEGATIVE	NEGATIVE
Ketone Bodies	:	NEGATIVE	NEGATIVE
Nitrite	:	NEGATIVE	NEGATIVE
Bile Pigments	:	NEGATIVE	NEGATIVE
Bile Salts	:	NEGATIVE	NEGATIVE
Urobilinogen	:	NORMAL	NORMAL

#### MICROSCOPIC EXAMINATION

Epithelial Cells	:	1-2/hpf	---
Pus Cells	:	2-3/hpf	0 - 5 cells/hpf
Red Blood Cells	:	ABSENT	0 - 2 cells/hpf
Casts	:	ABSENT	
Crystals	:	ABSENT	
Amorphous Materials	:	ABSENT	
Bacteria	:	ABSENT	
Yeast Cells	:	ABSENT	
Mucus	:	Negative	

METHOD: Chemical Examination is done by Strip Method

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Patient Name : Mr. Fredrick Antony 855519  
Referred By : CISCO

Registration Date/Time : 05/06/2017 / 10:02AM  
Collection Date / Time : 05/06/2017 / 12:00AM  
Reporting Date / Time : 05/06/2017 / 12:42PM  
Age / Sex : 47 Years / Male

### Glycosylated Haemoglobin (HbA1c)

Sample Type: EDTA Whole Blood

TEST

HbA1c

OBSERVED VALUE

: \* 7.3

Reference Range

>8% : Action suggested  
<7% : Goal  
<6% : Non-Diabetic Level

- 1.HbA1c is used for monitoring diabetic control. It reflects the mean plasma glucose over three months.
- 2.HbA1c is falsely low in diabetics with hemolytic disease.In these individuals a plasma fructosamine level may be used which evaluates diabetes over 15 days.
- 3.Trends in HbA1c are a better indicator of diabetic control than a soliditory test.
- 4.HbA1c should not be used to diagnose diabetes mellitus.

NOTE:HbA1c PARAMETER IS NGSP LEVEL 1 CERTIFIED.

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Patient Name : MR. FREDRICK ANTONY 855519

Referred By : Cisco

Registration Date/Time : 05/06/2017 8:13:13AM

Collection Date / Time : 05/06/2017 / 12:00AM

Reporting Date / Time :

Age /Sex : 47 Years / Male

### ABDOMINO-PELVIC ULTRASONOGRAPHY

**LIVER** : Normal in size with diffuse increase in echogeneity suggestive of fatty changes.  
No evidence of focal lesion or intrahepatic biliary ductal dilatation.  
Hepatic and portal vein radicals are normal.

**GALL BLADDER** : shows normal shape and has clear contents.  
Gall bladder wall is of normal thickness.  
CBD is of normal calibre.

**PANCREAS** : has normal shape, size and uniform echopattern.  
No evidence of ductal dilatation or calcification.

**SPLEEN** : shows normal shape, size and echopattern.  
No demonstrable Para -aortic lymphadenopathy.

**KIDNEYS** : move well with respiration and have normal shape, size and echopattern.  
Cortico- medullary differentiations are well madeout.  
No evidence of calculus or hydronephrosis.

Right Kidney measures 13.1 x 5.4 x 2.1 cms.  
Left Kidney measures 13.1 x 5.4 x 1.9 cms.

**URINARY BLADDER** shows normal shape and wall thickness.  
It has clear contents. No evidence of diverticula.

**PROSTATE** shows normal shape, size and echopattern.  
It measures 3.2 x 3.2 x 3.4 cm and weighs 19.0 gm.

No evidence of ascites.

**IMPRESSION:** Grade II fatty liver.  
Rest all are normal.

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**Consultant Radiologist**  
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## 2D-ECHO / COLOUR DOPPLER

REF. NO. : 1670660003 DATE : 05/06/2017  
NAME : MR..FREDRICK ANTONY 855519 AGE : 47 Years  
REF.DOCTOR : Cisco SEX : M

1. Normal chamber dimensions.
2. Normal LV systolic function with LVEF = 69 %.
3. No regional wall motion abnormality.
4. Normal Diastolic function.
5. Trivial MR.
6. No PAH.
7. No clot / vegetation / pericardial effusion.

Done By  
Dr. Shwetha Nagesh  
Consultant Cardiologist

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