OMEGA DAY

Omega3 Fatty acids, COQTEN Complex, Natural Astaxanthin, Vitamin D3

Natural Astaxanthin

- → Helps in Neurovascular protection
- → Helps to provide skin defence by preventing

UV Induced and wrinkle formation and skin sagging

- → Helps to Provide liver health and decreases inflammation
- → Helps to act as an immune system booster
- → Helps to provide cardiovascular health
- → Helps to prevent eye fatigue
- → Helps to improve fertility

Vitamin D3

Vitamin D3/Cholecalciferol

present in omega day helps

- → Your body to absorb calcium and phosphorus
 - → In the building and keeping of strong bones
 - → In the prevention of bone loss (Osteoporosis)
 - → In the prevention of Diabetes Mellitis 2

 as it has an effect on insulin

Omega3 Fatty Acids

- → Helps to Provide Cardiovascular health
- → Helps to Lower Total Cholesterol, LDL Cholesterol and Triglycerides
- → Helps to Reduce Inflammation through out the body
- → Helps to Prevent Skin Disorders and Premature Ageing
- → Helps to Protect the skin from damaging effects of
 - → UV Rays
 - → Sun light
 - → Pollution
 - → Stress
 - → Smoke

COQTEN Complex

(Co enzyme Q10 formulation with enhanced absorption & Bio availability.)

It helps to

- → Prevent the Risk of Heart disease
- → Fight Gingivitis and bleeding gums
- → Decrease the risk of infection
- → Improve Brain performance and memory



A unique proprietary formula of COQTEN COMPLEX

Poorly Absorbed Crystalline Ubiquinone (CoQ10) Powder

Q10) Powder



COQTEN COMPLEX*

Mechanically texture modified liquid solubilisate biometric patent pending proprietary formulation



36 hours single dose absorption and 21 day steady state bioavailability comparision study has shown "COQTEN COMPLEX"

9 fold better bioavailable

10 fold greater absorption

Supplement Facts		
Serving Size : 1 Softgel	Serving per pack : 60	
Each film coated tablet contains (approx.)	% ICMR RDA*	
OMEGA 3 Fatty acids (Fish Oil) (DHA-162 mg, EPA-108 mg)	900 mg	**
Ubiquinone (COQTEN Complex)	10,000 mcg	**
Natural Astaxanthin (Heamatococcus Pluvialis)	200 mcg	**
Vitamin D3 (as Cholecalciferol)	400 IU	100
* Indian Council of Medical Research Recommended Daily Allowances **Not Established.		

Instruction: If you are taking any prescribed medication or have any medical conditions or under the age group of 17 years consult doctor or healthcare practitioner before taking vitamins or supplements.

Recommended usage: Adults: One soft gel per day or as directed by the healthcare practitioner.

"Do not exceed the recommended daily dose"

"Food supplements must not be used as a substitute for a varied balanced diet and a healthy lifestyle"

Storage: Store in a cool, dry & dark place. Keep out of reach of children. Keep the lid tightly closed.