



# **MEMBERSHIP 201: GROWING IN GOD!**

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***Colossians 4:12 (NTV): “Epaphras, a member of your own fellowship and a servant of Christ Jesus, sends you his greetings. He always prays earnestly for you, asking God to make you strong and perfect, fully confident that you are following the whole will of God.”***

## What is Spiritual Growth?

Spiritual Growth means: \_\_\_\_\_.

***Ephesians 4:13 (JBP): “...We arrive at real maturity—the measure of development which is meant by the fullness of Christ.”***

**1. SPIRITUAL GROWTH IS NOT \_\_\_\_\_.**

▶ ***1 Timothy 4:7 (NTV): “Train yourself to be Godly...”***

**2. SPIRITUAL GROWTH IS A \_\_\_\_\_.**

▶ ***2 Peter 3:18 (NLT): “You must grow in the grace and knowledge of our Lord and Savior Jesus Christ.”***

**3. SPIRITUAL GROWTH REQUIRES \_\_\_\_\_.**

▶ ***Colossians 3:10 (NLT): “Put on your new nature... and become like Him.”***



**The Goal of this Class is Simple:**  
**To help you commit to the habits that will help you Grow Spiritually.**

## 1. THE HABIT OF \_\_\_\_\_

***2 Timothy 3:16–17 (NLT): “All Scripture is inspired by God... It corrects us... teaches us to do what is right... and equips us to do every good work.”***

The Bible helps us grow. It shows us the truth, corrects our mistakes, and teaches us how to live this new Christian life.

**Now let’s get practical. To become a true student of the Bible, you need a strong grip on it.**



**Grab a pen and outline your hand on a sheet of paper. Each finger will represent a simple way to hold on to God’s Word and build the habit that will transform your life.**

**A. PINKY:** \_\_\_\_\_.



- ▶ ***Romans 10:17 (NLT): “Faith comes from hearing the message, and the message is heard through the word of Christ.”***

**B. RING FINGER:** \_\_\_\_\_.



- ▶ *Revelation 1:3 (NLT): "Blessed is the one who reads aloud the words..."*

**C. MIDDLE FINGER:** \_\_\_\_\_.



- ▶ *Acts 17:11 (NLT): "They examined the Scriptures every day..."*

**D. INDEX FINGER:** \_\_\_\_\_.



- ▶ *Psalms 119:11 (NLT): "I have hidden your word in my heart..."*

**E. THUMB:** \_\_\_\_\_.



- ▶ *Psalms 1:2 (NLT): "Blessed is the one who meditates on his law..."*

**F. PALM:** \_\_\_\_\_.



- ▶ *James 1:22 (NLT): "Do not merely listen to the word... Do what it says."*

## How to Have a Quiet Time with God

Spending time with God daily helps you grow closer to Him.  
Here's a simple way to get started:

**1.** \_\_\_\_\_.

▶ Jesus prayed early in the morning (Mark 1:35).

**2.** \_\_\_\_\_.

▶ Jesus often went to quiet places to pray (Luke 22:39).

**3.** \_\_\_\_\_.

▶ God's Word guides us (Psalm 119:105).

**4.** \_\_\_\_\_.

▶ Ask God to help you see His truth (Psalm 119:18).

**5. USE THE** \_\_\_\_\_:

**S –** \_\_\_\_\_ : Write down a verse that stands out.

**O –** \_\_\_\_\_ : What does it mean?

**A –** \_\_\_\_\_ : How can you live this out today?

**P –** \_\_\_\_\_ : Talk to God about what you learned.

## 2. THE HABIT OF \_\_\_\_\_

Prayer is more than words, it's how we connect with God and invite His power into every part of our lives. It strengthens our relationship with Him and helps us grow spiritually.

**Let's talk about 5 Key Reasons Why Prayer Matters:**

A. \_\_\_\_\_.

B. \_\_\_\_\_.

C. \_\_\_\_\_.

D. \_\_\_\_\_.

E. \_\_\_\_\_.

### How to Pray

Prayer is how we connect with God. It's simple, but powerful. Jesus gave us a model to follow in the Lord's Prayer. Here are three clear steps to build a strong prayer life:

1. \_\_\_\_\_.

- ▶ **Matthew 6:9 (NLT): "Our Father in heaven, hallowed be Your name."**

2. \_\_\_\_\_.

- ▶ **Matthew 6:10 (NLT): “May Your will be done on earth, as it is in heaven.”**

3. \_\_\_\_\_.

- ▶ **Matthew 6:11 (NLT): “Give us today the food we need.”**

### 3. THE HABIT OF \_\_\_\_\_

**Proverbs 3:9 (NTV): “Honor the Lord with your wealth and with the best part of everything you produce.”**

Tithing is giving the first 10% of your income to God, it's how we put Him first in our finances. It's not about money, it's about trust. Like prayer and reading the Bible, tithing is a habit that grows our faith.

## What Is Tithing?

Tithing means giving the first 10% of your income to God. **The word “tithe” literally means “first-tenth,”** and it represents the first and best portion, not just any amount.

**Proverbs 3:9 (NLT): “Honor the Lord with your wealth and the best part of everything you produce.”**

## Where Should I Give my Tithe?

According to Scripture, your tithe (the first 10%) belongs in your local church. **Malachi 3:10 (NLT)** says: ***“Bring all the tithes into the storehouse,”*** which, in our context, means the church where you worship and grow spiritually.

## When Should I Tithe?

Tithing is about putting God first. **1 Corinthians 16:2 (NLT)** says, ***“On the first day of every week, set aside some of what you have earned and give it as an offering...”*** This shows us the principle: give first, not last.

## Why Should I Tithe?

**FIRST,** \_\_\_\_\_.

- ▶ In Leviticus 27:3, calling the tithe holy and set apart for Him.

**SECOND,** \_\_\_\_\_.

- ▶ In Matthew 23:23, Jesus said we should tithe while not neglecting other spiritual matters.

**THIRD,** \_\_\_\_\_.

- ▶ Deuteronomy 14:23 teaches us to keep God first in every part of life.

**FORTH, TITHING REMINDS ME THAT** \_\_\_\_\_  
\_\_\_\_\_.



- ▶ Deuteronomy 8:18 reminds us that it's God who gives us the ability to create wealth.

**FIFTH,** \_\_\_\_\_.

- ▶ Psalm 116:12 speaks about a heart that is grateful to God. Tithing is a small way we can say thank you to God for all of his blessings in our lives.

**SIXTH,** \_\_\_\_\_.

- ▶ In Malachi 3:10, God promises to provide more than enough when we trust Him with our finances and learn to tithe.
- ▶ ***Malachi 3:10 (NLT): "Bring all the tithes into the storehouse so there will be enough food in my Temple. If you do," says the LORD of Heaven's Armies, "I will open the windows of heaven for you. I will pour out a blessing so great you won't have enough room to take it in! Try it! Put me to the test!"***

## Tithing Challenge at Metanoya Church

- ▶ Tithe 10% of your income faithfully for 6 months.
- ▶ If God isn't blessing you abundantly, we'll refund every dollar you gave.

**This is only for people who give through the Metanoya App or website. You must track your giving through our secure platform.**

***Malachi 3:10 (NLT): “Test me in this,” says the Lord Almighty. “See if I will not open the floodgates of heaven and pour out a blessing so great you won’t have enough room to take it in.”***

**Take the step. Trust God. Watch what He does.**

## **4. THE HABIT OF \_\_\_\_\_**

***Hebrews 10:25 (NLT): “Let us not give up meeting together, but encourage one another.”***

Fellowship is the habit of regularly gathering with other believers to support, encourage, and grow in your walk with God. Christianity was never meant to be lived alone, it includes other believers.

## **Why Fellowship Matters:**

### **1. YOU BELONG TO \_\_\_\_\_.**

- ▶ ***Ephesians 2:19*** says, ***“we are part of God’s household.”***

### **2. WE \_\_\_\_\_.**

- ▶ Ecclesiastes 4:9–10 says that we lift each other up when someone falls.
- ▶ Galatians 6:1 tells us to restore one another with grace and love.

### 3. FELLOWSHIP SHOWS THE WORLD \_\_\_\_\_.

- ▶ *John 13:35 (NTV): “Your love for one another will prove to the world that you are My disciples.”*
- ▶ Every act of love within the church is a testimony to the world.

### 4. FELLOWSHIP HELPS US \_\_\_\_\_.

- ▶ 1 Peter 4:10 explains that God gave you gifts to strengthen others.

## How Can A Large Church Maintain Close Friendships?

THE ANSWER IS \_\_\_\_\_.

**At Metanoya, we believe every member needs a small group. While Sunday services are powerful for worship and preaching, small groups are where real relationships are built. That’s where you share life, pray together, and grow deeper in your faith.**

***Acts 5:42 (NLT): “They met day after day in the Temple courts and from house to house.”***

They gathered in two ways:

- ▶ In Large Groups for Worship (The Temple Courts).
- ▶ In Small Groups for Fellowship (House to House).

## What is The Purpose of Small Groups?

1. \_\_\_\_\_:  
Learn God's Word together and grow spiritually.
2. \_\_\_\_\_:  
Build unity and encourage one another.
3. \_\_\_\_\_:  
Remember Jesus' sacrifice by taking communion together.
4. \_\_\_\_\_:  
Pray with and for each other.
5. \_\_\_\_\_:  
Help each other through life's challenges.
6. \_\_\_\_\_:  
Share meals, laughs, and real friendship.
7. \_\_\_\_\_:  
Worship together and celebrate what God is doing.
8. \_\_\_\_\_:  
Invite others and share the love of Jesus.

Small groups are how you get to know the family, grow in faith, and live out God's love. Don't do life alone, get connected!



**Our Small Groups launch Winter 2025!**  
**Stay tuned on the Metanoya App and sign up**  
**when registration opens!**



## **METANOYA CHURCH** **MEMBERSHIP 201 COMMITMENT**

***Philippians 2:13 (NTV): “For God is working in you, giving you the desire and the power to do what pleases him.”***

This class is designed to help you build strong spiritual habits. These habits will help you grow in your relationship with God and become more like Jesus.

### **My Commitment**

I commit to:

- ☐ Daily time with God: through Bible reading and prayer.
- ☐ Faithfully Tithing: giving the first 10% of my income to God.
- ☐ Fellowship with believers: by joining and participating in a small group.

***1 Timothy 4:7-8 (NTV): “Train yourself to be godly. Physical training is good, but training for godliness is much better, promising benefits in this life and in the life to come.”***

**Print Name:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_