



Project Open Information Systems

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Abstract

We are building an application which allows the user to keep track of the amount of calories that he/she eats a day. The application provides a way to track the desired amount of food the user should eat in order to stay on the same weight. Based on the amount of calories the user needs, some recipes are proposed. The user could provide a desired weight, which will lead to an adaptation of the needed calories intake.

1 Introduction

In this report, we look back at the previous assignments and criticise our work. We look back at our database, the ontology made with the entire group and how we map the ontology to our database. We also made a non-trivial demonstrator.

2 Conceptual schema

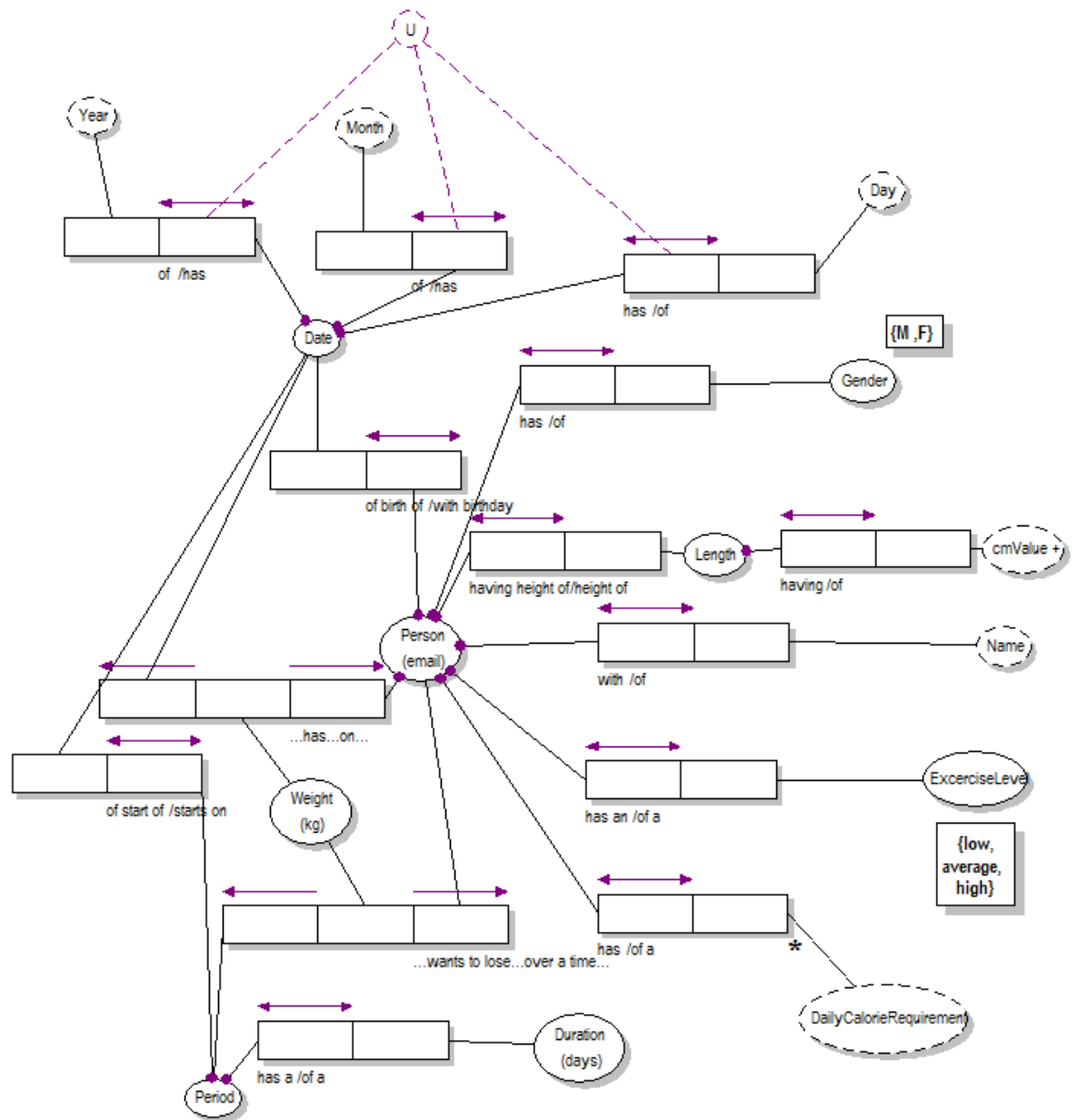


Figure 1: ORM of a person

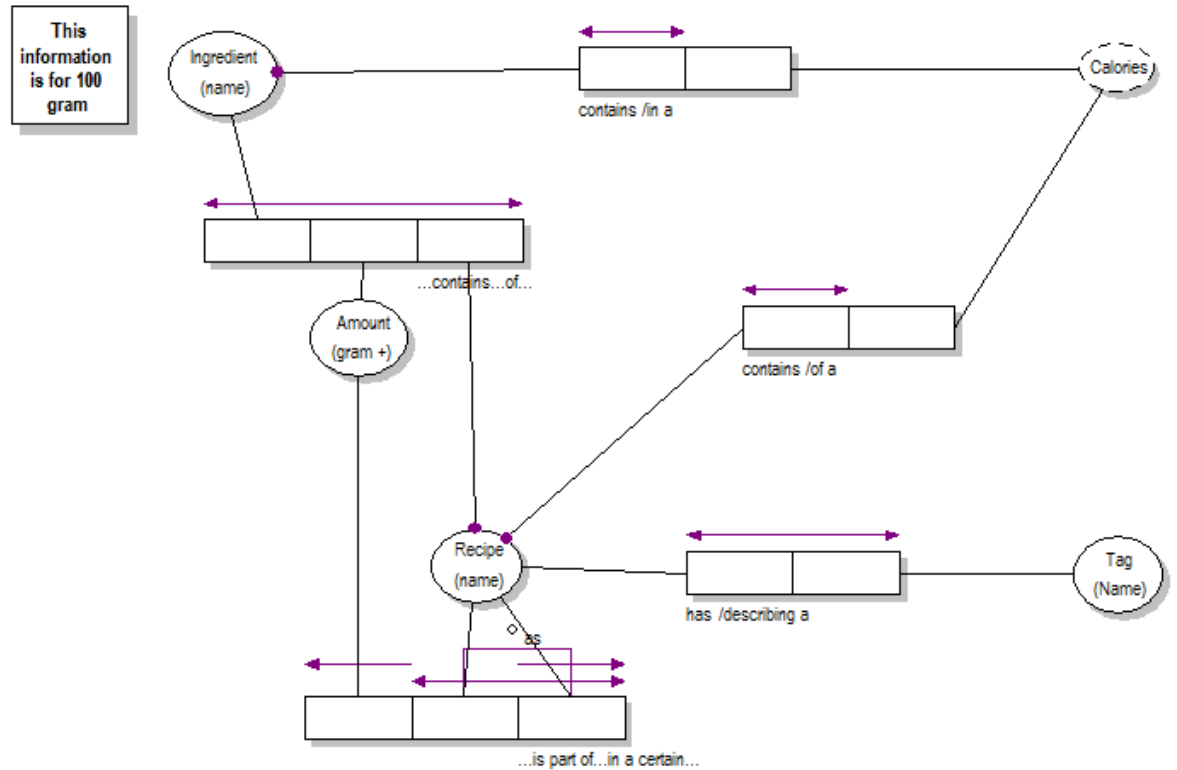


Figure 2: ORM of a Recipe

2.1 Person

We base our application on a person which has as unique identifier an e-mail address. We provide basic information about the user like its name, height in centimeters, gender, birth date. The gender of a user can be either female or male. A user has an exercise level, this can be high, low or average. This exercise level is important since the amount of calories a user needs in a day is dependent on the amount of exercise the person does. An active person will need a higher amount of calories in a day. Since the application needs to be able to show the fluctuation of the weight of a person, we keep track of how much a person weighs on a specific date. In order to calculate the daily amount of calories the user needs in order to stay on the same weight, we use the following formula:

Basal Metabolic Rate (BMR) of a man = $10 * \text{weight}(\text{kg}) + 6.25 * \text{height}(\text{cm}) - 5 * \text{age}(\text{y}) + 5$

Basal Metabolic Rate of a woman = $10 * \text{weight}(\text{kg}) + 6.25 * \text{height}(\text{cm}) - 5 * \text{age}(\text{y}) - 161$

In order to calculate the amount of calories a person needs we need to

multiply this BMR with 1.3 if the exercise level of the person is light, multiply it with 1.6 if the exercise level is average and multiply it with 2.1 if the exercise level is high. The user's latest weight is used as the weight. This daily calorie amount is derived and not stored. A user also has the possibility to give a weight loss/gain amount, starting at a specific date for a period of days. Then the weight in the formula to calculate the needed calorie amount is adapted on the desired weight.

2.2 Ingredient

The application has a list of ingredients, identified by their name. It also keep track of the amount of calories for 100 gram of the ingredient. An ingredient can be part of a recipe. In that case we also keep track of how much of the ingredient is needed.

2.3 Recipe

A recipe has an amount of calories, which is the sum of all ingredients with their calories. Recipes can be easily found with a tag. This tag can be general and includes for instance breakfast but also more specific, for example; Chinese or Italian. A recipe can be part of another recipe for example the recipe for spaghetti sauce is part of the recipe for lasagna. In that case we also keep track of the amount of the recipe that is needed.

3 Database

Based on this conceptual schema, a relational database schema was created. For this we used a MySQL relational database. As seen in the SQL statement, we used id's to create primary keys for the different concepts (person, recipe, ingredient and tag). This because it is more efficient and clearer to reference different concepts in the relation tables. These are then used as primary keys within the different relations among the concepts. In the persons table a few encodings are used. For one gender is marked by a single character m or f for either male or female. The level of exercise is encoded as an integer from low to high between 1 and 3.

A dump with test data is also included in the deliverables. MOET DIT ER NOGMAALS STAAN??

4 Ontology

4.1 Organization

In order to be able to communicate easily between the different groups we decided, after some initial contact on Facebook, to create a slack channel. This channel was created by Sander Lenearts and at least one person from each group was contacted so all the groups and all their members could join. This slack channel has as an advantage that it was possible to start an initial discussion during the vacation period without having to have everybody physically present at the same place. It was also possible to

discuss between the food and exercise groups, while providing the option to pin certain decisions and files.

We also used Google Doc files that allows for collaboration on a single document. This was used to type out the glossaries, definitions and conceptual schema's.

4.2 Meetings

In the first meeting that took place on slack. We wanted to create a global ontology. The only thing that both the food groups and the exercises groups had in common was energy. We decided on a definition that both had a relationship to food and to exercises without getting too technical. Another point of discussion was the unit. Some people wanted to have the SI unit (Joule) but since the unit calories is more widely used, it was decided to use calories as unit. Since there **where** no more commonalities, we decided to work with the food group separately. This was done in a different slack channel **where** each group was identified using a separate avatar.

The second slack meeting, for the food team, there was at least one member of every group besides group 8. We started with a definition for an Ingredient. A huge point of discussion was whether an ingredient had a brand. Group 5 really wanted this incorporated while this was the only group that needed this aspect. It was proposed that the brand could be part of a more specialized ontology but group 5 didn't agree with this so it was decided that brands would be part of it but, clearly stating that they **where** an optional property. Since slack has as drawback that it doesn't keep the complete channel history (in the free version) and since discussions on slack can be rather uncoordinated we decided to have the next meeting face to face.

Every group had to prepare a glossary and search for entities in their database. During this meeting, that took place Monday 11 April in the morning, all groups but one, group 8, **where** represented by at least one member. Group 8 did not reply in the slack-channel, the Facebook chat or on the forum on PointCarré. We discussed other ways of contacting them, and decided we would personally contact them during another class. During this meeting we discussed the first food ontology. There was a discussion about whether only to incorporate calories or if other nutritious values **where** necessary as well. In the end we decided to go with the definition that group 7 proposed since every group was able to map on this definition and since this was the design that was general enough so that the ontology could be easier to reuse. The incorporation of recipe, food and ingredient, and their relation was one of the easiest to decide on. Furthermore we discussed that everybody had some kind of concept to describe either ingredients or recipes, tags in our case. But since the definition of this was so different for each group we settled on not including them at this point in our ontology and we noted that we can always come back to it. During this meeting the focus however did seem to be a lot

on how our databases **where** designed and sometimes group 5 did seem to focus too much on their specific implementation. After agreeing on most definitions and almost finishing the basic ontology, someone noticed that calories is not a nutritional value. We had a discussion whether we should change it and put calorie in the ingredient entity or leave it that way. Where group 5 proposed to put calories in ingredients and have an extra data property that would enable us to use the energetic value of an ingredient in joule or in kcal. Because calories did fit our personal definition of nutritional values, we left it the way we first agreed to it because every group could map onto this ontology. The collaboration went good and we had one person typing our glossary in a Google doc while somebody else drew the different entities on the blackboard.

During the evening meeting of Monday 11 April, every group was present but group 8. During this meeting we had the intend to put the ontology in WebProtégé. We encountered some difficulties with the platform and decided to ask for more information and get together another day.

We tried having another meeting on Wednesday 13 April where group 2 and group 1 tried putting the ontology in WebProtégé. Since we still encountered problems we decided to send another mail for more information and ask extra information during the next class of Open Information Systems.

During the meeting of Monday 18 April, after having asked questions during the classes that day, all groups **where** present. We put the ontology in the local version of Protégé. Furthermore we had an extra discussion since we didn't want to have calories in the nutritional value since we didn't like the fact that calories **where**n't in fact nutritional values. Group 5 also brought up that they didn't like the relationship with amount/nutritional value since it was too complex. They proposed (again) to have an extra data property *energy* on the ingredient class. After hearing the arguments it was decided to change the name, since calories aren't nutrients. But to keep the relationship with amount(changed name to quantity since this is more informative)/nutritional value since this one is more general. We like to note that while groups 8 and 4 where present they didn't have any input.

We also faced the issue of adding an extra class between ingredient and nutritional value. This is not strictly necessary but because we also had a *linking* class between recipe and ingredient we decided to add this as well. This because otherwise ingredient class would have a data property amount, which is not very generic as other applications might be interested in only the ingredient class. During this meeting some name changes where made because they where clearer.

4.3 Team Organization

Since Arno De Witte was on vacation during spring break, both Jolien Declerck and Silke Verhaeghe attended the first two slack meetings and the first real life meeting. In case we **where**n't sure of certain aspects we

could always reach Arno and a global overview of the decisions was given after each meeting. For the rest of the meetings everyone of our group was present. Arno was the one to apply the remarks of the teacher to our current database/Conceptual schema. Writing the report was a group effort.

4.4 Other discussions

We discussed what other groups had in common with our proposal. Because there were no things that were worthwhile exchanging we did not add an extra ontology.

We had the discussion with all of the groups whether or not we should exchange information about our users or the accounts. We did not see any benefits and for privacy reasons for the user we decided not to exchange user information and therefore not include this in the ontology.

4.5 Ontology explained

The ontology is centred around the ingredient class. An ingredient was the thing we all had in common to start with. Ingredients have nutritional values like sugar, salt and calories, specified in the list of nutritive values. We have decided to make an extra class nutritive value to specify this. Because we need to be able to have multiple nutritive values for one ingredient, we have added the nutritive value quantity. This was necessary for some of the groups in order to be able to map to the ontology. Here you can specify the quantity specified for a nutritive value for 100 gram.

Ingredients can also be combined into a recipe. We have also added an ingredient quantity class for the same reason we added the nutritive value quantity. A recipe can have multiple ingredients combined. The ingredient quantity class specifies the quantity needed for the ingredient in a specific recipe. We have also provided the unit of quantity. Combining some ingredients result into a recipe. The result of a recipe is something that we can eat so we have classified this as food. There is also a possibility to provide steps in order to complete a recipe. Steps consists of an ordering number and the description of the step.

Because we have made this decision, all groups can map onto it. In our case, not every ingredient is combined into a recipe but it is still food. Therefore we can say for example, one apple is the ingredient for eating an apple, it does not specify any steps. Via this way we can say that an apple is a food.

We did not add a link between food and ingredient. This is because in the Open World Assumption a food can also be an ingredient. Initially it was provided to add a link but some groups protested because they did not see the benefit of it so we left it out.

5 Glossary

Recipe

A collection of ingredients and/or the steps necessary to combine the ingredients into some food. It contains a list of ingredients with their quantity, a list of steps to complete the recipe and a link to food.

Food

Any substance that can be eaten or drunk. When consumed, it provides a nutrition. Food can be an ingredient or the result of a recipe. It only has a name.

Ingredient

An ingredient is a substance containing nutrients; an ingredient can be a food. It contains an optional brand, a name and a list of nutritive values with their quantity.

Ingredient Quantity

The link between a recipe and an ingredient. It depicts the amount of some ingredient necessary to complete a recipe. It contains a reference to the ingredient, a quantity and the unit for which the quantity is specified. This can be liter, a table spoon or something similar.

Nutritive value

A substance that provides nourishment essential for the maintenance of life and for growth. For example fat, sugar, carbohydrate, protein, sodium. This contains only a name.

Nutritive Value Quantity

The link between a nutrition and an ingredient. It depicts the amount of some nutrient per 100 gram of some ingredient. This contains an ID of nutritive value, a quantity and the unit for which the quantity is specified.

Recipe Step

A step in the preparation process of a recipe. A step has a ordering number starting from 1. A step has a number for ordering and a string as a human readable description. This contains an order number which specifies the order of the steps and a description.

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