

# Please Fill In Requisition As Completely As Possible



**Oakville Trafalgar Memorial Hospital**  
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## SLEEP LABORATORY REQUISITION

URGENCY: ☐ Elective ☐ Urgent

Reason for Urgency

Reason for Referral

Patient Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone (Home): \_\_\_\_\_

(Business): \_\_\_\_\_

Date of Birth: \_\_\_\_\_ ☐ M ☐ F

Health Card # : \_\_\_\_\_

Unit#: \_\_\_\_\_

### TEST REQUESTED: ☐ Request for Consultation

☐ Initial Diagnostic Sleep Study (1/lifetime) ☐ Repeat Diagnostic Sleep Study

☐ Therapeutic Study:

☐ CPAP Titration ☐ BiPap Titration ☐ Other: \_\_\_\_\_

☐ Split Study

Appointment Date

Time

Day Study Requested: ☐ Yes ☐ No

Has the patient EVER had a Sleep Study? ☐ No ☐ Yes – DD/MM/YY \_\_\_\_\_

**NOTE:** Prior written approval is necessary for some tests due to limits set by OHIP/Ministry of Health

Requested: ☐ Yes ☐ No

Attached: ☐ Yes ☐ No

### PATIENT SYMPTOMS

- |  |   |   |                                       |
|--|---|---|---------------------------------------|
| <input type="checkbox"/> Snoring                   | <input type="checkbox"/> Daytime Restless Legs            | <input type="checkbox"/> Frequent Awakenings              | <input type="checkbox"/> Other: _____ |
| <input type="checkbox"/> Snoring with Apnea        | <input type="checkbox"/> Repetitive Movement During Sleep | <input type="checkbox"/> Daytime Sleepiness               | _____                                 |
| <input type="checkbox"/> Unrefreshing Sleep        | <input type="checkbox"/> Abnormal Behaviour During Sleep  | <input type="checkbox"/> Irresistible Urge to Fall Asleep | _____                                 |
| <input type="checkbox"/> Difficulty Falling Asleep | <input type="checkbox"/> Difficulty Staying Asleep        | <input type="checkbox"/> Fatigue                          | _____                                 |

### MEDICAL HISTORY

- |  |   |
|--|---|
| <input type="checkbox"/> Yes <input type="checkbox"/> No Hypertension                      | <input type="checkbox"/> Yes <input type="checkbox"/> No Depression |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Heart Disease                     | CNS: _____  |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Asthma or Chronic Bronchitis/COPD | Metabolic: _____  |
| <input type="checkbox"/> Yes <input type="checkbox"/> No Airway Surgery                    | Other Health Problems: _____  |

COMMENTS: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### CURRENT MEDICATIONS – Dose / x / Day

_____	_____	_____
_____	_____	_____
_____	_____	_____

Drug Allergies: \_\_\_\_\_

### CURRENTLY ON

Oxygen \_\_\_\_\_ L/min CPAP \_\_\_\_\_ cm H<sub>2</sub>O ☐ Bipap IPAP \_\_\_\_\_ cm H<sub>2</sub>O EPAP \_\_\_\_\_ cm H<sub>2</sub>O ☐ Auto Unit

**SPECIAL CARE NEEDS (e.g. Patient requires extra assistance or support worker during study)**

Weight

Height

\_\_\_\_\_ Kg / lbs

Physician Signature: \_\_\_\_\_

Date: \_\_\_\_\_

cc: \_\_\_\_\_

Physician Name (Print): \_\_\_\_\_

cc: \_\_\_\_\_

