



# Understanding Harmony in the Society

# Basic Human Aspiration

Continuous Happiness and Prosperity

Happiness is to be in Harmony

Program for Fulfilment of Human Aspiration

Understanding Harmony and Living in Harmony at all Levels

Harmony in the Human Being



Harmony in the Family



**Harmony in the Society**

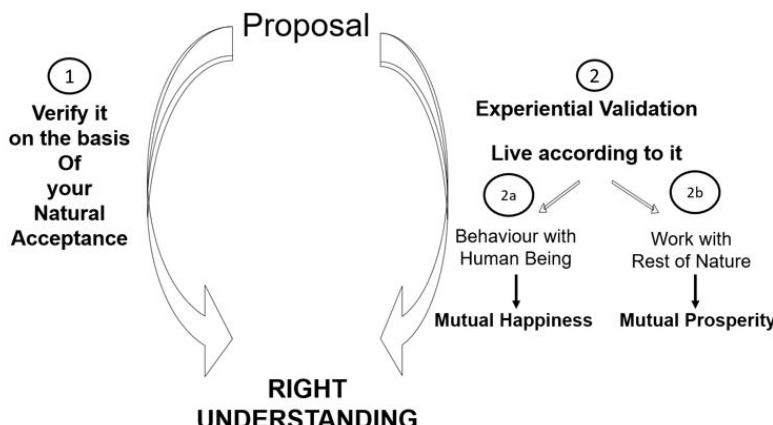
Harmony in Nature/Existence

Process of Understanding

**Self Exploration**

Whatever is stated is a **Proposal** (Do not assume it to be true/ false)

Verify it on your own right



What is my role (value) in the society?



# What is Desirable and Where are we today?

Families living together, in a relationship of mutual fulfillment  
(common goal)

## Society

People living together, but not in relationship of mutual fulfillment  
(differing goals)

## Crowd

People living separately, in opposition / struggle  
(conflicting goals)

## Battlefield



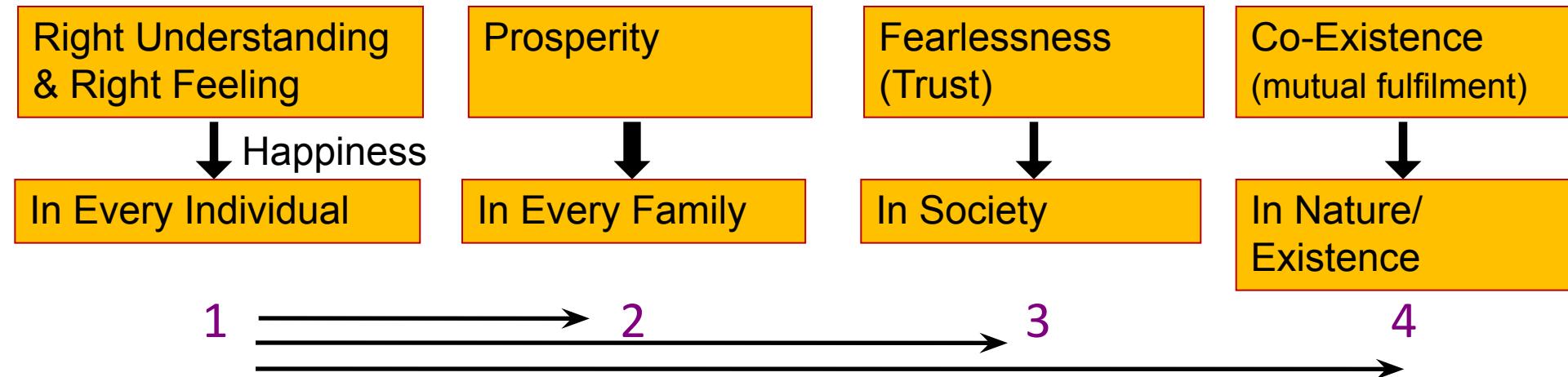
# Society

We will explore:

1. Goal of human being living in society (human goal)
2. Appraisal of Current State
3. The dimensions or systems required to achieve the human goal

# Harmony in the Society (lekt esa O;oLFkk)

## Human Goal (ekuo y{;)



Are all 4 required, desirable or we can leave something out?

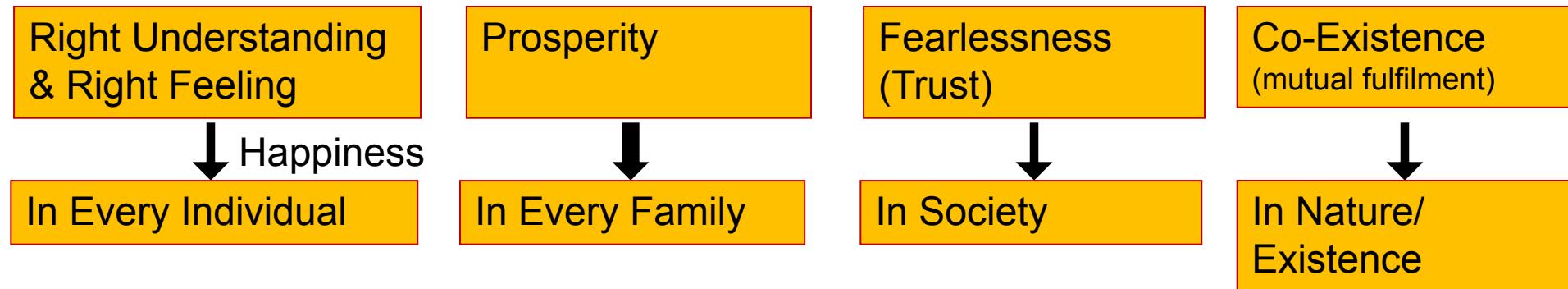
If all 4 are achieved, would anything else be required?

Are we working for all 4? In the family? In the society?

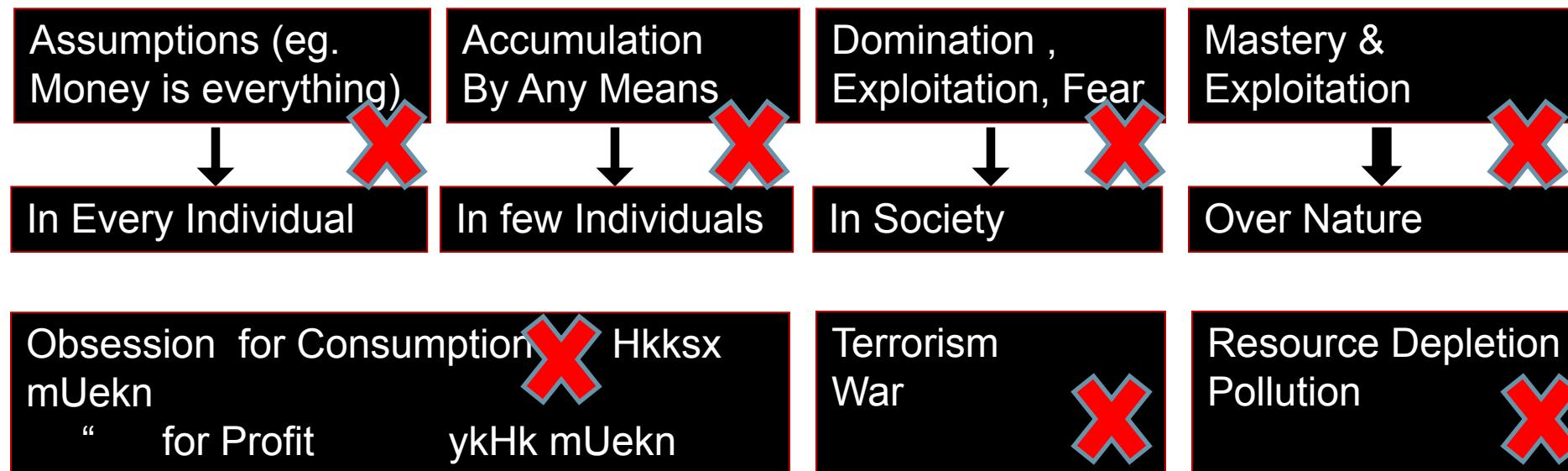
What would be the sequence and priority of effort on these goals?

# Current State – Have we understood our Goal?

## Human Goal (ekuo y{;)



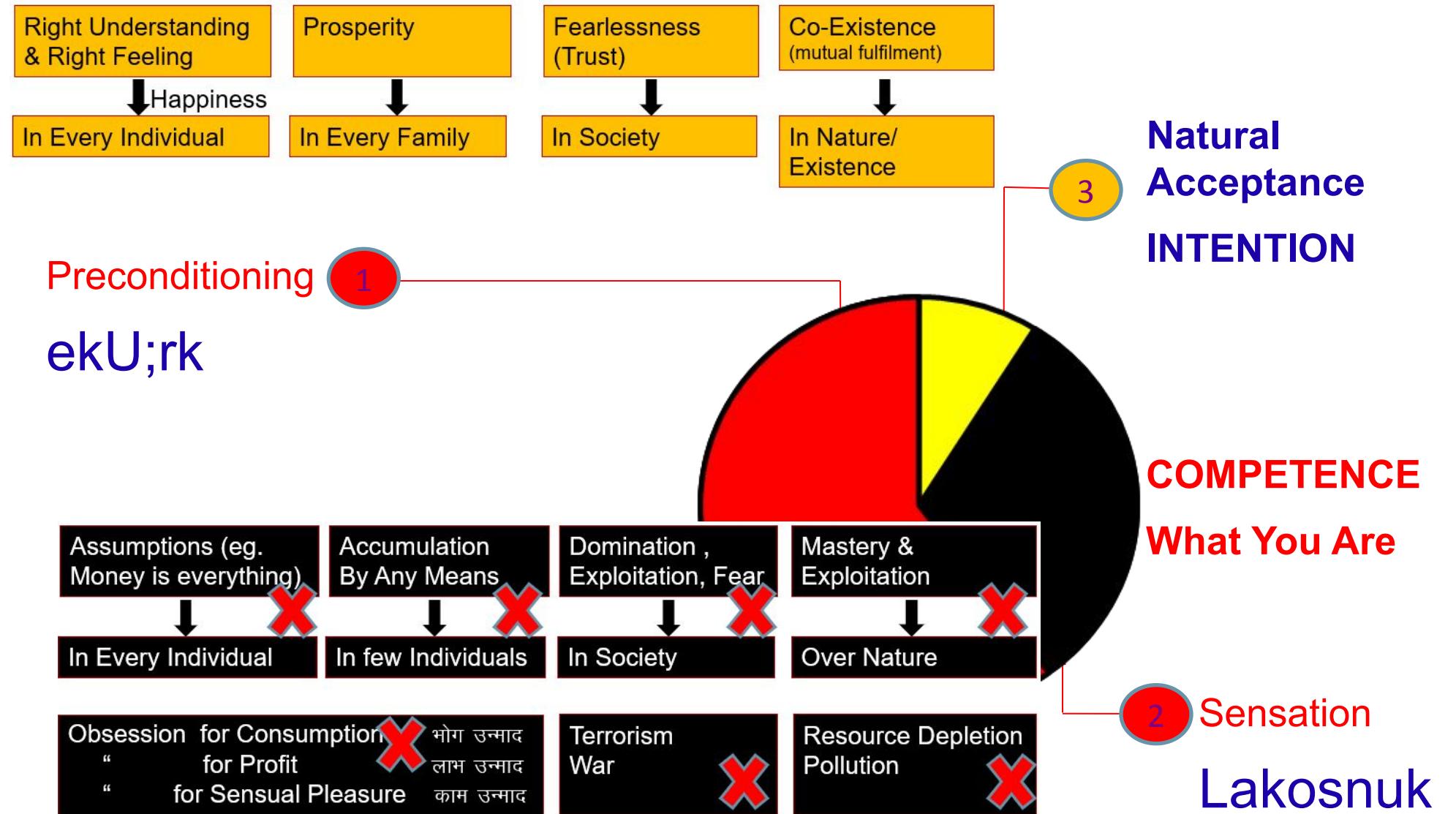
## Gross Misunderstanding (vk/kkjHkwr Hkze)



# Self Reflection

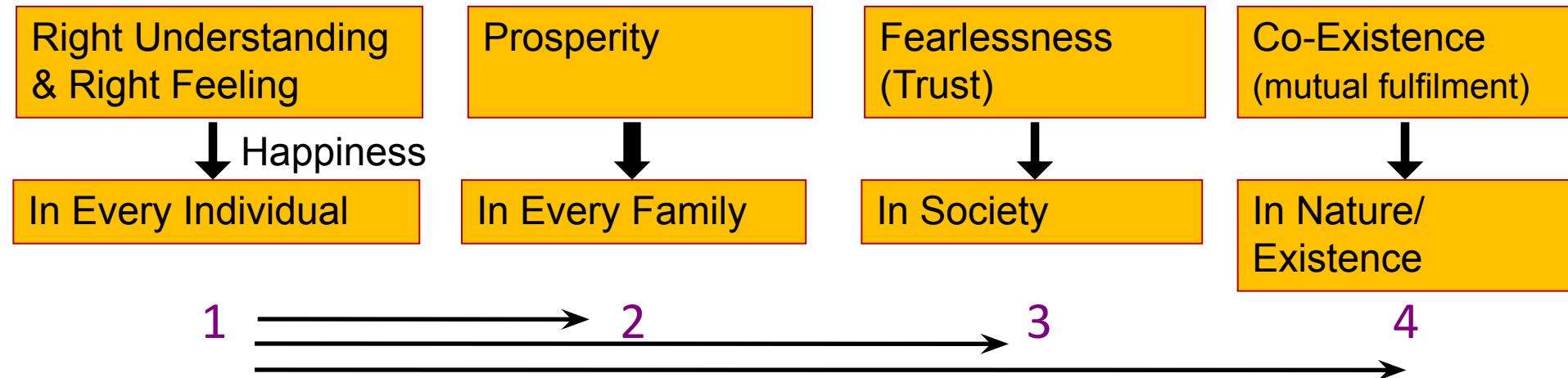
How much of your imagination is about these naturally acceptable human goals, how to achieve them; and slowly transition from present society to a human society?

And how much of your imagination is about the problems in the present society and how to manage in it?



# Harmony in the Society (lekt esa O;oLFkk)

## Human Goal (ekuo y{;)



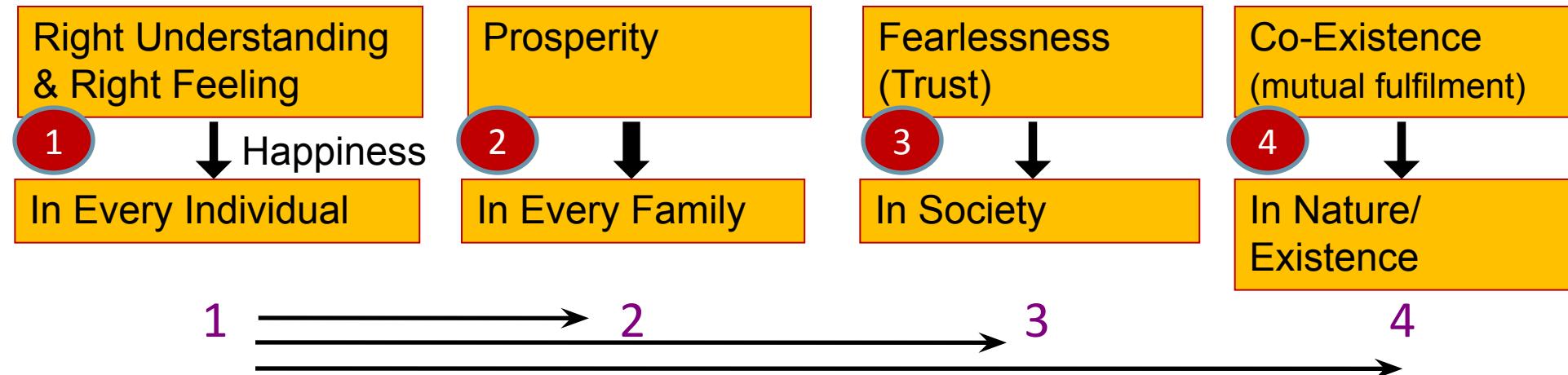
## Human Order ¼ekuoh; O;oLFkk½

### Systems / Dimensions ¼vk;ke½

1. Education – Sanskar - f"kk laLdkj
2. Health – Self-regulation - LokLF; la;e
3. Production – Work - mRiknu dk;Z
4. Justice – Preservation - U;k; lqj{kk
5. Exchange – Storage - fofue; dks'k

# Harmony in the Society (lekt esa O;oLFkk)

## Human Goal (ekuo y{;)



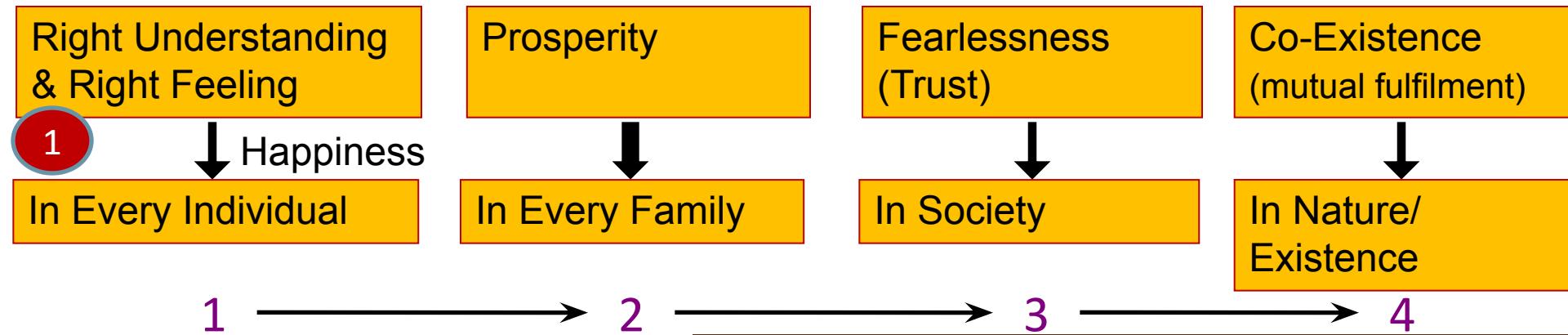
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## Human Goal



## Human Order ¼ekuoh; O;oLFkk½

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1a. Education – To develop the right understanding of the harmony at all levels of our being – from self to the entire existence (individual, family, society, nature/existence)

1b. Sanskar – The commitment, preparation and practice of living in harmony. Preparation includes learning the skills and technology for living in harmony at all levels – from self to the entire existence (individual, family, society, nature/existence)

# **Education-Sanskar**

*Education = Developing Right Understanding*

*Sanskars = Commitment/ Preparation/ Practice for Right Living*

*Preparation includes Learning Right Skills & Technology*

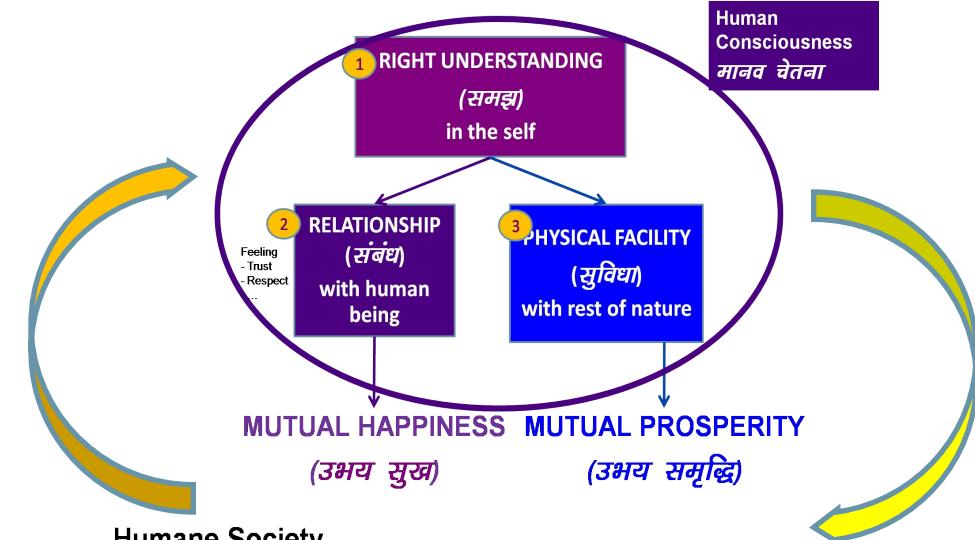
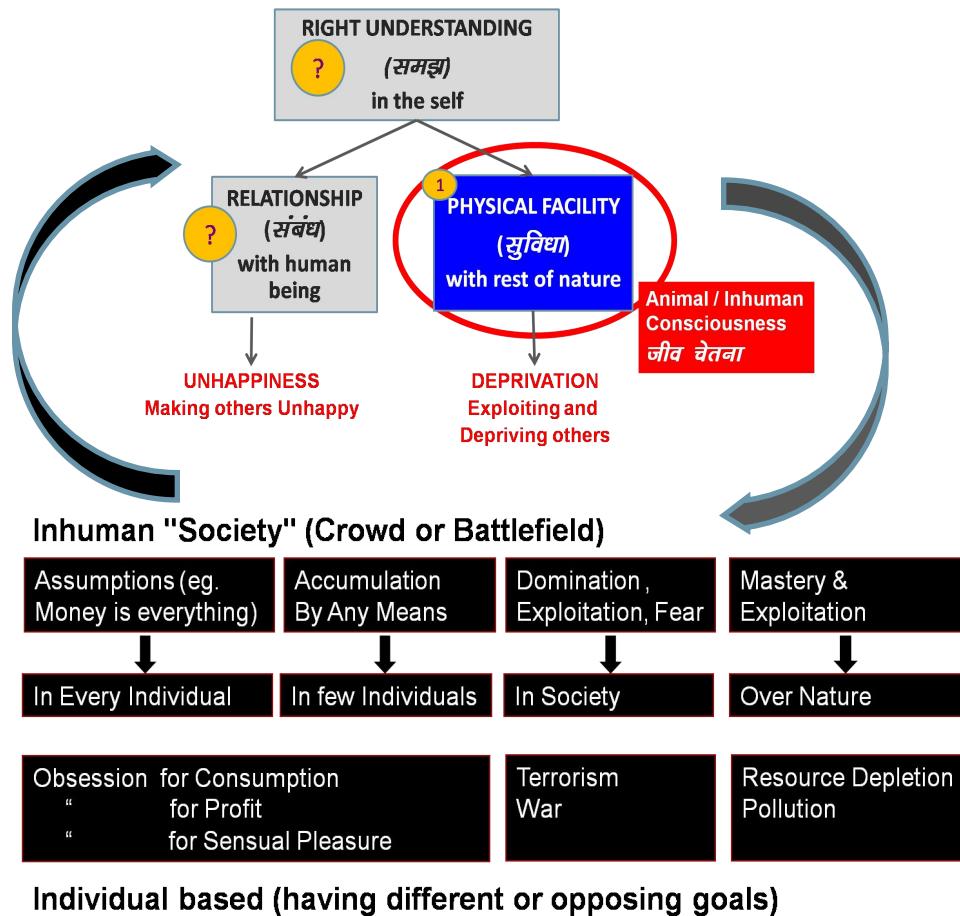
Development of the competence to live with Definite Human Conduct

Discipline to Self Discipline

1. Right **understanding**, i.e. wisdom or clarity about what to do as a human being – in oneself, family, society, nature...
2. Right **feeling** – the capacity to live in relationship with the other human beings – in family, society...
3. Right **skills** for prosperity, i.e.
  - The capacity to identify the need of physical facility
  - The skills & practice for sustainable production of more than what is required (by way of labour using cyclic, mutually enriching process)
  - The feeling of prosperity

# Human Education

Next generation has improved  
 - Understanding  
 - Feeling



Transformation & Progress  
laøe.k&fodkl

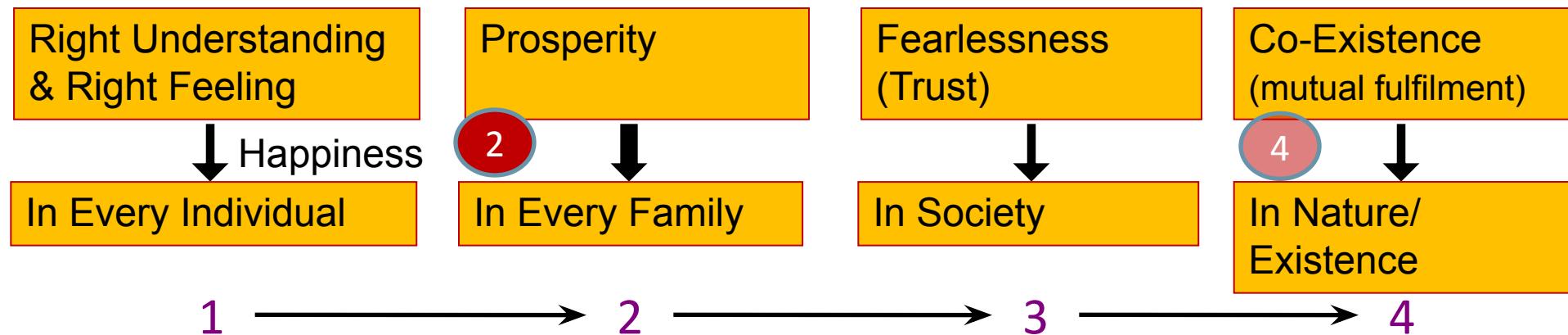
**Human Education**

Personal Transformation

Societal Transformation

# Harmony in the Society (lekt esa O;oLFkk)

## Human Goal



## Human Order ¼ekuoh; O;oLFkk½ Systems / Dimensions ¼vk;ke½

1. Education – Sanskar
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|  
2      4

- 2b. Self-regulation – Feeling of responsibility for Nurturing, Protection and Right Utilization of the Body
- 2a. Health (Swasthya) –  
Body acts according to Self (I)  
Parts of the body are in harmony (in order)
- Recognising What is Needed as Physical Facility

# Program for Health-Self Regulation

## (A) For Staying Healthy

1

1 Intake and Routine (Lifestyle)

1a

2 Labour and Exercise

1b

3 Postures for regulating internal & external body organs and Regulated Breathing

2

(B) For bringing body back to harmony from temporary disharmony

3

(C) Dependence on drug / machine to perform a body function

4 Medicine

and

treatment

1a. Intake includes air, water, sunlight, food (food is nutritious, digestible & tasty and waste is excretable), all intake through our senses (sound, sight, smell etc)

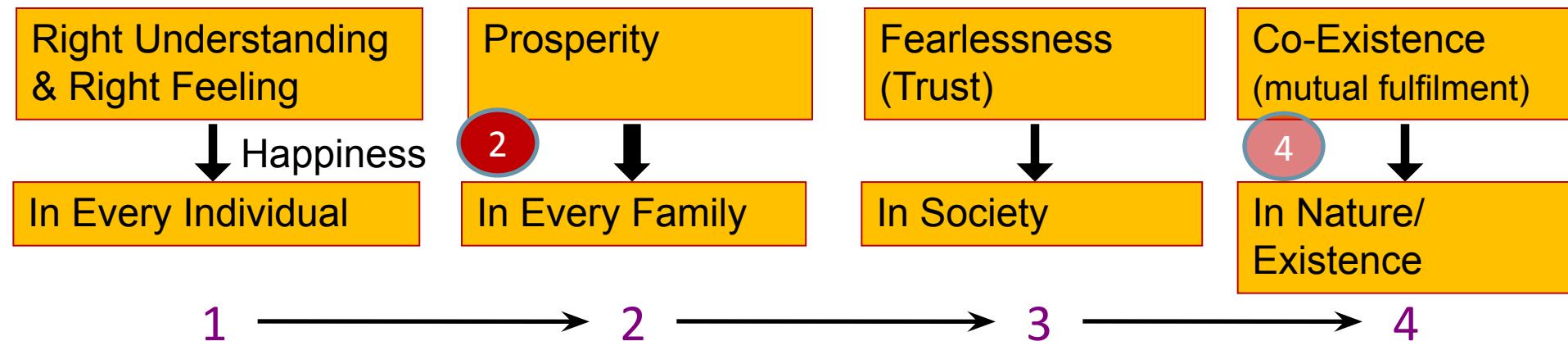
1b. Rising time, sleeping time, eating time...

2a. Outcome of labour is production of physical facility

2b. No physical facility is produced by exercise

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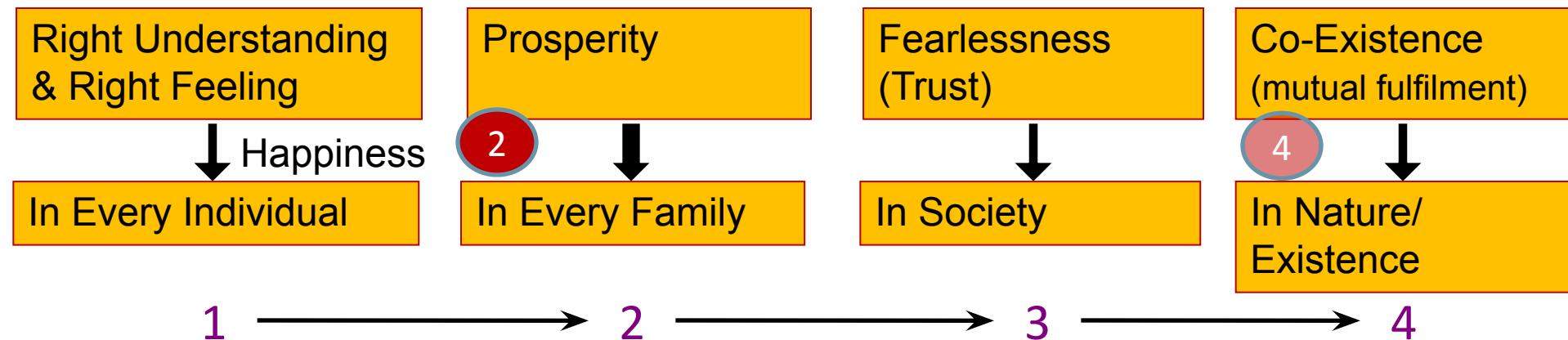
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2      4

- 3b. Work: The labour a human being does on the rest of nature
- 3a. Production: The physical facility obtained out of work

# Harmony in the Society (lekt esa O;oLFkk)

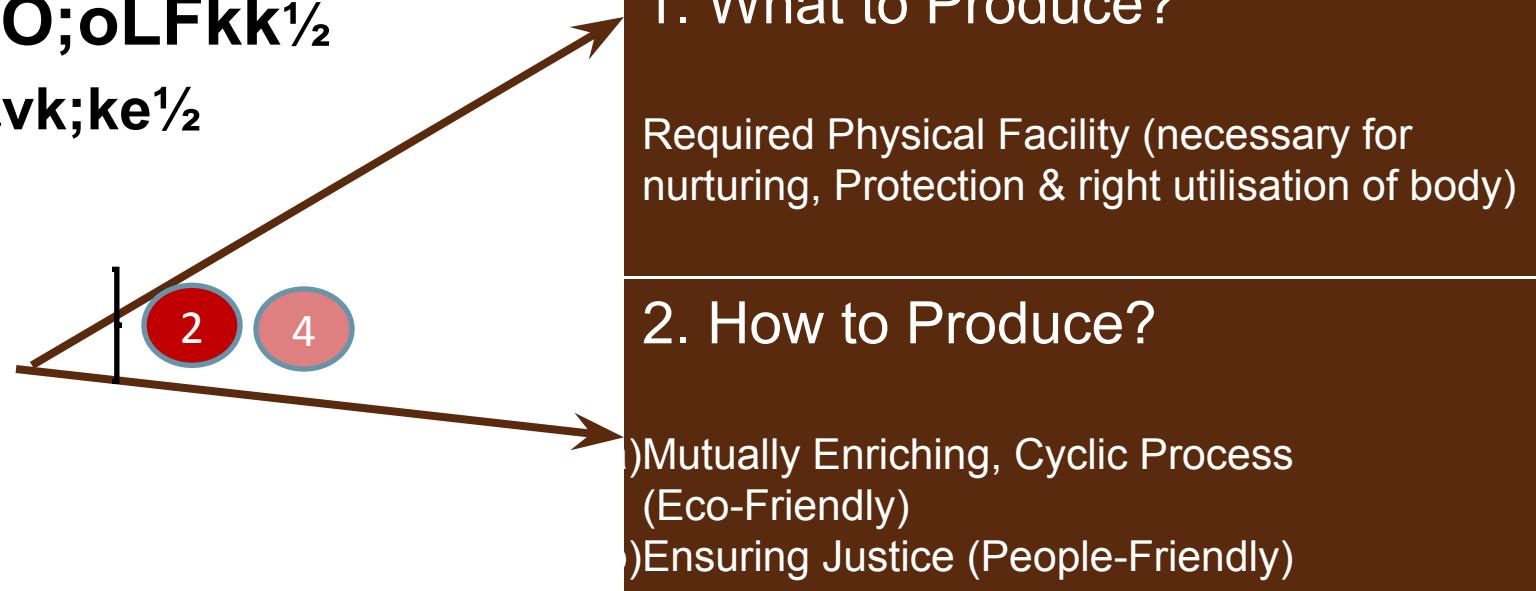
## Human Goal



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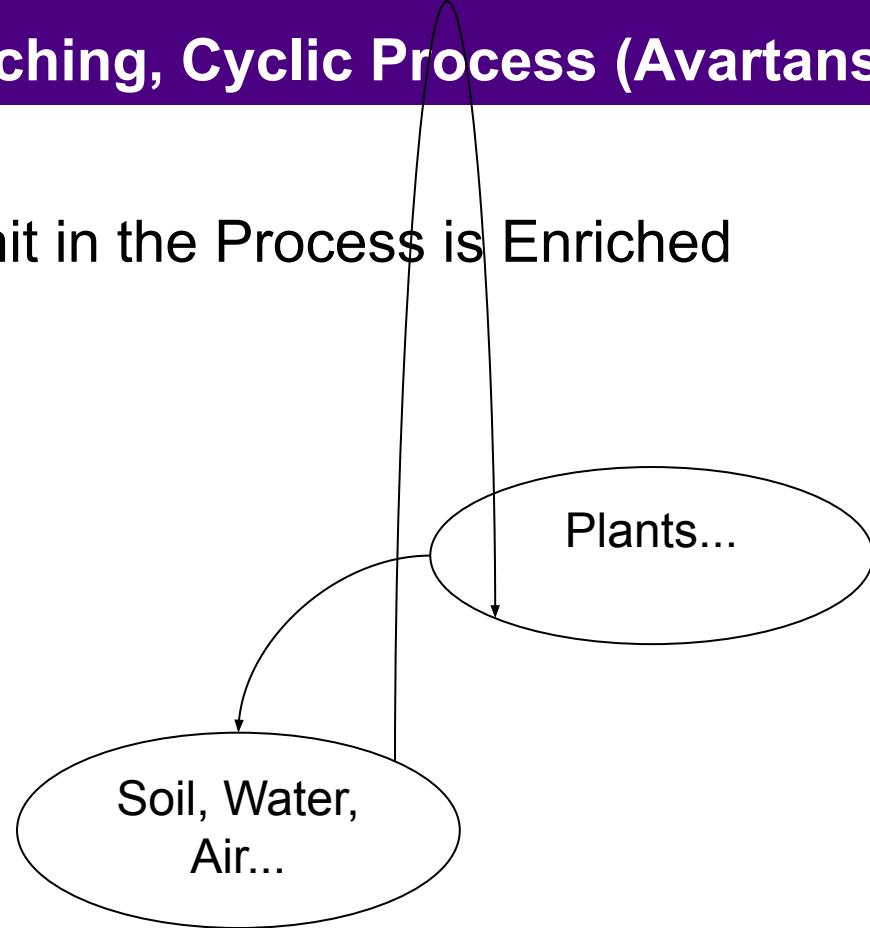
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## Mutually Enriching, Cyclic Process (Avartansheel Process)

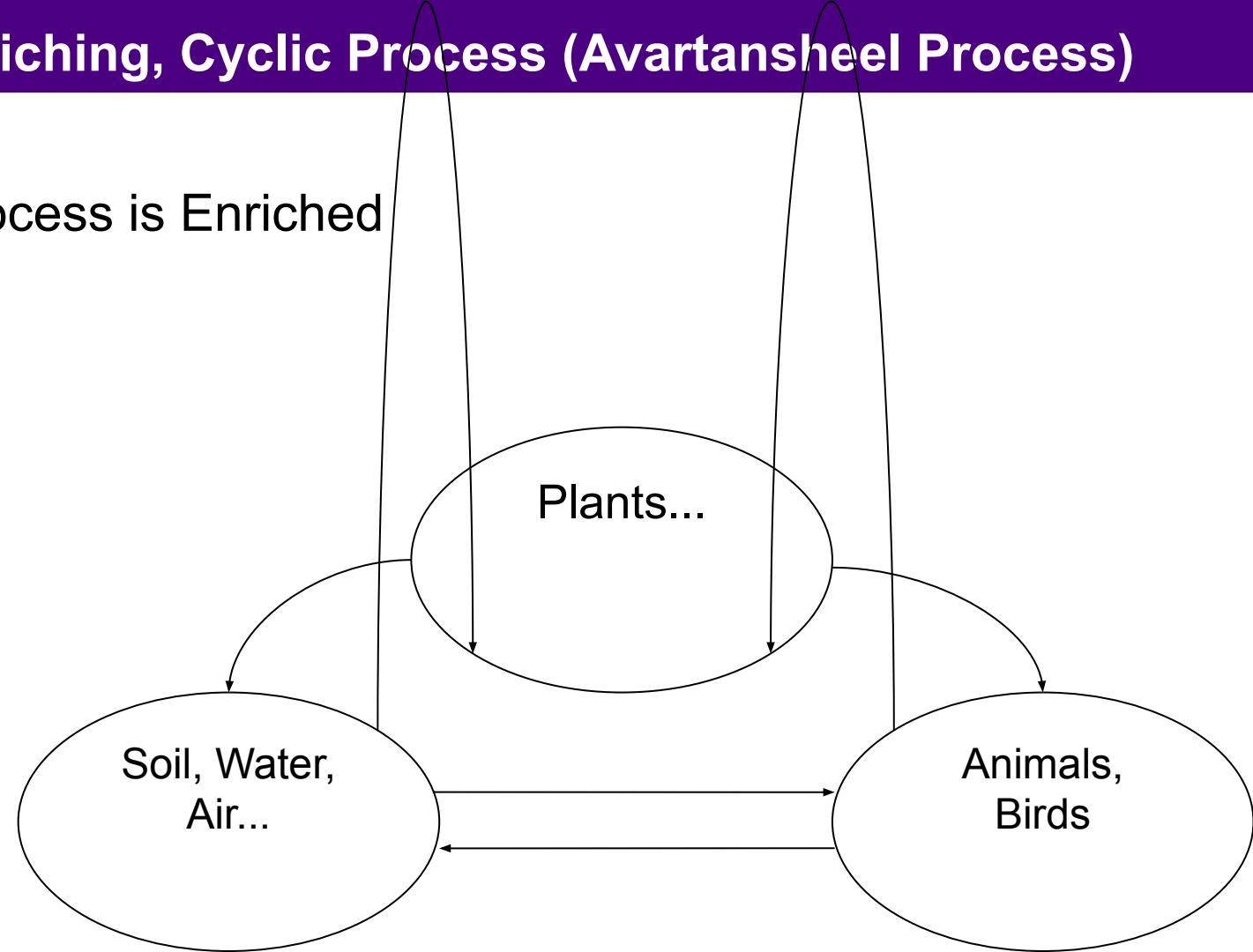
1. Cyclic
2. Every Unit in the Process is Enriched



This mutually enriching, cyclic process is already going on in Nature. We do not have to create it

## Mutually Enriching, Cyclic Process (Avartansheel Process)

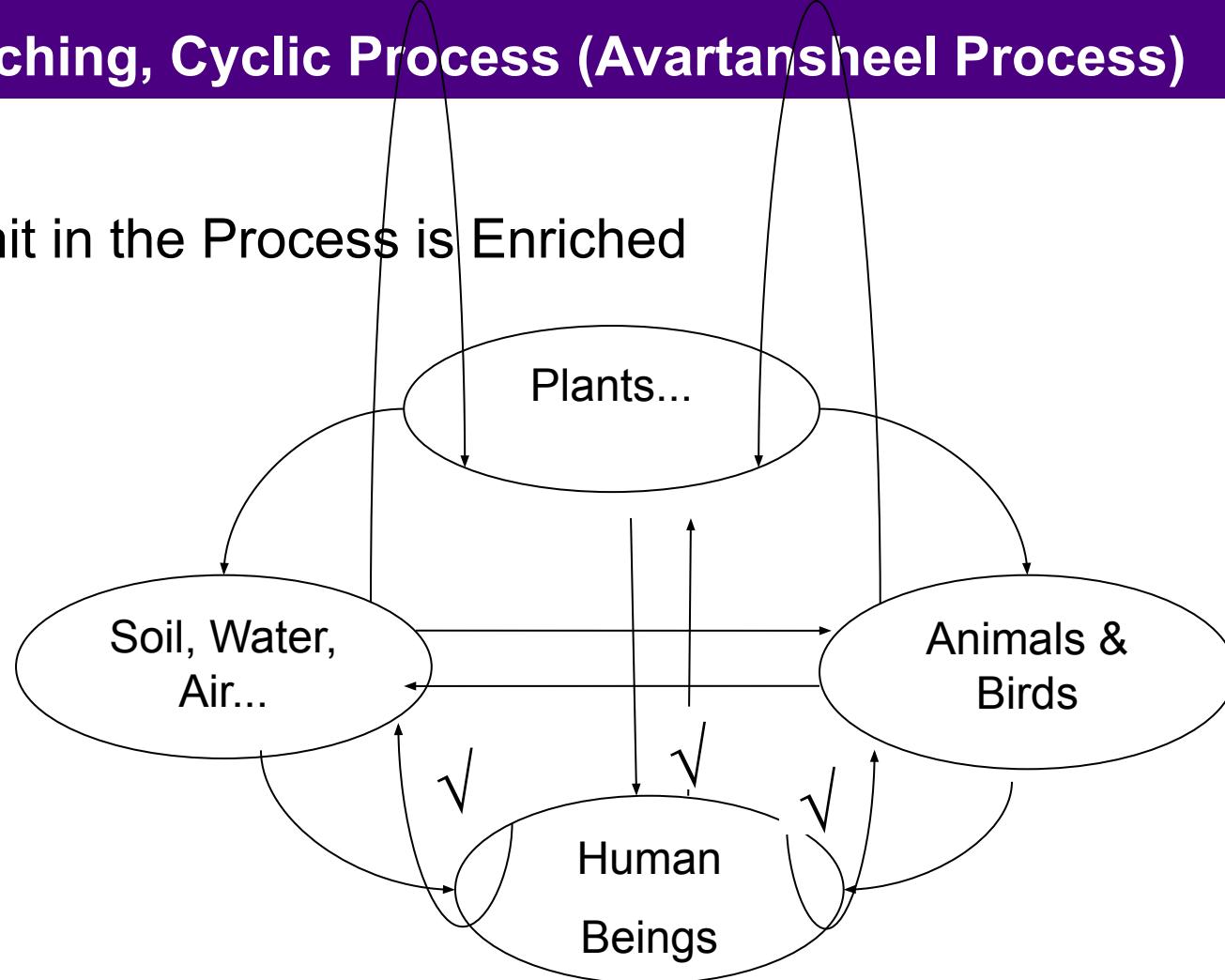
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## **Mutually Enriching, Cyclic Process (Avartansheel Process)**

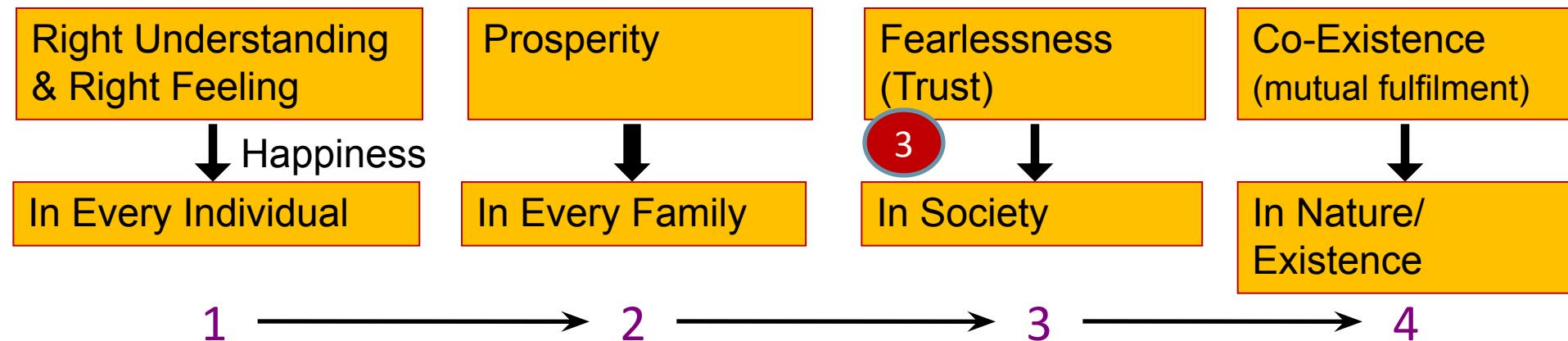
1. Cyclic
  2. Every Unit in the Process is Enriched



We, human beings, have to understand the mutual fulfilment in nature & to live accordingly i.e. To update the man-made processes to be cyclic and mutually enriching

# Harmony in the Society (lekt esa O;oLFkk)

## Human Goal



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1. Education – Sanskar
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4a. Justice – Recognition of Human-Human Relationship, its Fulfillment & Evaluation leading to Mutual Happiness

# Harmony in Family – Justice, From Family to World Family (Undivided Society)

1. Relationship is – between one self ( $I_1$ ) and other self ( $I_2$ )
2. There are feelings in relationship – in one self ( $I_1$ ) for other self ( $I_2$ )
3. These feelings can be recognized – they are definite (9 Feelings)
4. Their fulfilment, evaluation leads to mutual happiness

Feelings in relationship:

- |                                  |                             |
|----------------------------------|-----------------------------|
| 1- Trust fo"okl FOUNDATION VALUE | 6- Reverence J)k            |
| 2- Respect IEeku                 | 7- Glory xkSjo              |
| 3- Affection Lusg                | 8- Gratitude —rKrk          |
| 4- Care eerk                     | 9- Love izse COMPLETE VALUE |
| 5- Guidance okRIY;               |                             |

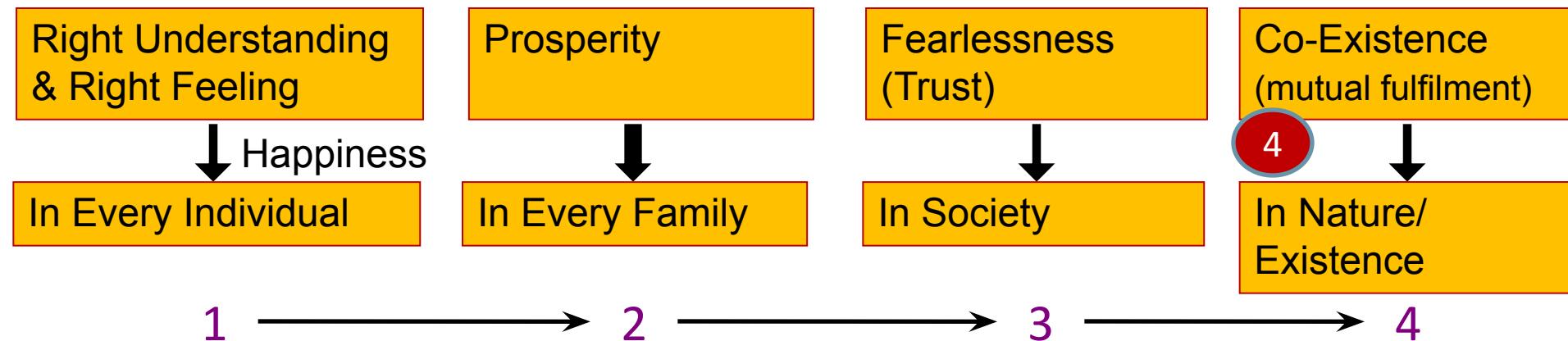
Justice = Recognition, Fulfillment & Evaluation of  
Human-Human Relationship, leading to Mutual Happiness

Justice  from Family to World Family  
 Undivided Society  $\frac{1}{4}v[k.M lekt\frac{1}{2}$



# Harmony in the Society (lekt esa O;oLFkk)

## Human Goal



## Human Order ¼ekuoh; O;oLFkk½

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4

4b. Preservation – Recognition of Human-Rest of Nature Relationship, its Fulfillment & Evaluation leading to Mutual Prosperity or Mutual Enrichment  
.Prosperity of Human Being  
.Enrichment, Protection & Right Utilisation of rest of Nature

## Preservation of rest of Nature

What is fundamental?

Enrichment, Protection or Right Utilisation of Nature

- Right Utilisation of Nature

Wood of 4 full grown trees is enough for one person's needs from birth to death, including the pyre wood

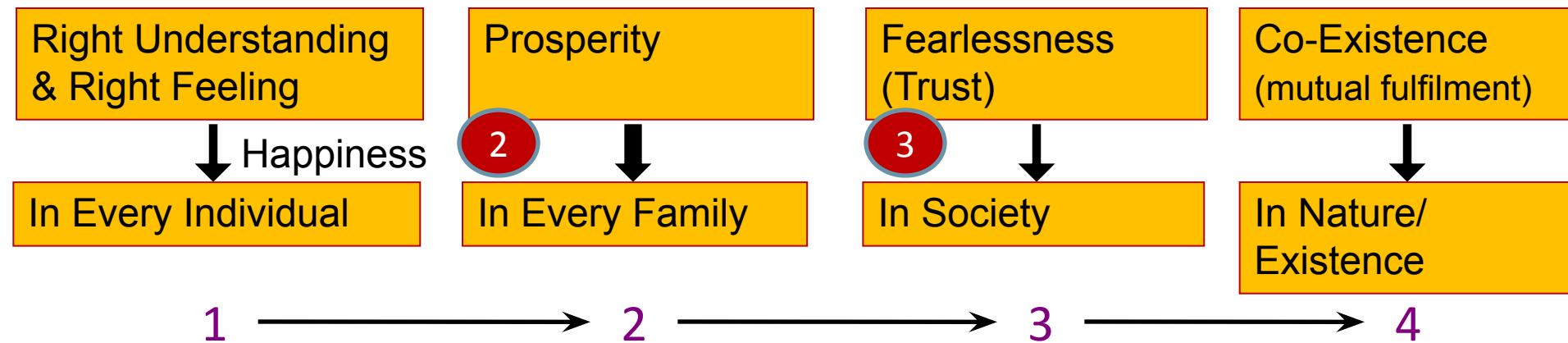
How many trees can you plant in your lifetime?

- At least 10 trees?
- Or even one tree on every birthday, so 60-70 trees?

Eg. Prof. Parmeshwara Rao of Emanchally village has planted 5000 trees in each of the 100 villages near Emanchally

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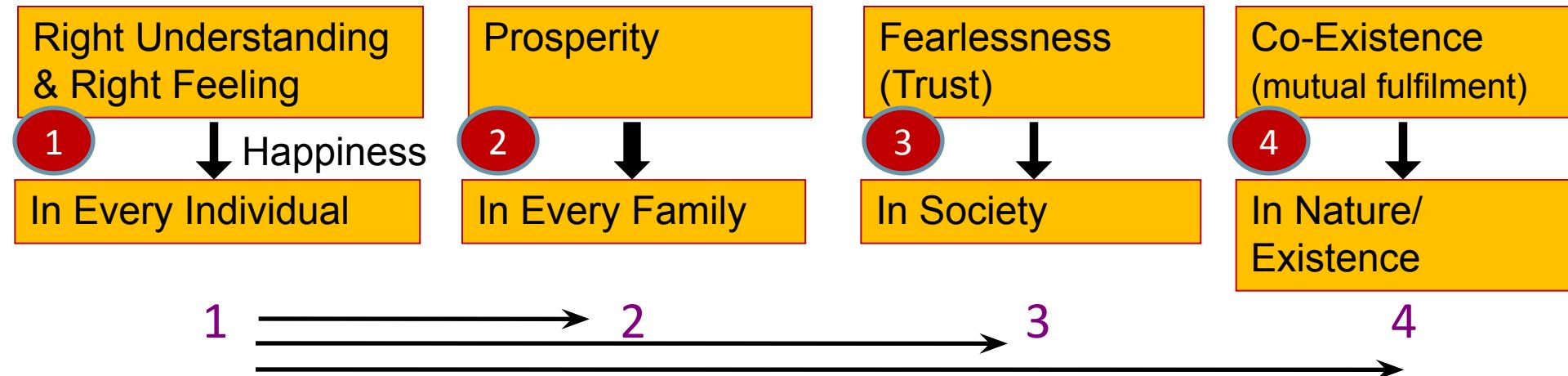
2      3

5a. Exchange – of physical facility with a view of mutual fulfillment  
(not with obsession for profit / of exploitation)

5b. Storage – of physical facility with a view of mutual fulfillment  
(not with obsession for profit / of accumulation)

# Harmony in the Society (lekt esa O;oLFkk)

## Human Goal (ekuo y{;)



## Human Order ¼ekuoh; O;oLFkk½

### Systems / Dimensions ¼vk;ke½

1. Education – Sanskar      1
2. Health – Self-regulation
3. Production – Work      2      4
4. Justice      3 – Preservation      4
5. Exchange – Storage      2      3

## My Participation (Value) in the Society

- Ensuring happiness in the family by way of helping in the development of right understanding and right feeling in the Self of every member of the family, particularly the next generation.
- Ensuring health in the family by way of a system of nurturing, protection and right utilisation of the Body for every member of the family.
- Ensuring prosperity in the family by way of helping the family recognise the need for physical facility, its production, its protection and its right utilisation.
- Facilitating one or more members of the family to participate in the larger society, in one or more dimensions of human order.

In the larger society, my participation (value) is:

To play a role in one or more dimensions of the human order (education-sanskar, health-self-regulation, production-work, justice-preservation and exchange-storage)

## Sum Up

A society is composed of families living together, in a relationship of mutual fulfillment. They have a common goal, which is:

1. Right understanding & right feeling (happiness) in every individual
2. Prosperity in every family
3. Fearlessness (trust) in society
4. Co-existence (mutual fulfilment) in nature/existence

The family is the basic unit in society, i.e. society is composed of family, group of families, village family, group of village families, town family... and so on, where every individual is responsible or self-disciplined and self motivated by common values, participating in the larger order toward a common human goal

Through the participation of every family in the society, in the 5 dimensions or social systems, the common human goal is fulfilled for all

- from family order to world family order
- generation after generation

1. Education – Sanskar
2. Health – Self-regulation
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[the current civilization is largely based on the assumption that human being = body, happiness is derived primarily from sensual pleasure & feeling from other; and hence accumulation of physical facility, domination and exploitation is at the core of the socio-economic systems]