

HOW TO FOSTER HEALTHY RELATIONSHIPS WITH PARENTS AND PEERS

TALK WITH THEM

Communication is the key to any healthy relationship. Being more open to your parents and also to your peers would help create a closer connection with them.



INITIATE AND GIVE EFFORT

Approaching your parents and friends first and spending effort in your relationships is a way to let them know you value them and your relationship itself.



KEEP NO SECRETS

Children are often instructed to keep anything a friend or sibling did private, but educate them that if they feel the action was hazardous, damaging, or really nefarious, they should not be scared to inform you. Assure them that if they divulge their secrets, you will do your best not to pass judgment.



LET THEM LEARN WHEN & HOW SHOULD DIAL 000

It is critical for youngsters to understand not just how to report an event to 000, but also when it is proper to do so. Discuss various scenarios and how to handle them, and role play typical mishaps in and around the house to get them comfortable to making a call.



DON'T RUN NEAR A BUSY STREET.

If you are walking on a road with no sidewalk, always face the traffic (better yet, avoid these roads altogether)

