# Arpita Ghosh

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## Education

Post Graduate Diploma in Advanced Studies and Research (Psychology)  Ashoka University. Sonipat, India.  Advisor: Prof. Bittu Kaveri Rajaram; Working on a thesis exploring the Metabolic Advantages of Depressive Behaviour in Zebrafish (Danio rerio).	2023-2024 GPA -/4.00
Bachelors of Science (Honours) in Psychology Ashoka University. Sonipat, India. Advisor: Prof. Bittu Kaveri Rajaraman and Prof. Madhavilatha Maganti. (Summa Cum Laude)	2022-2023 GPA 3.92/4.00
High School Diploma  Akshar School, Kolkata, India  Head Girl and valedictorian.	2019 92.25%
JuniorHigh School Diploma  Akshar School, Kolkata, India  House Captain and valedictorian.	2017 94%

# Research and Work Experience

#### Undergraduate Researcher

Neuroethology Laboratory, Ashoka University.

## Capstone Thesis Project (Advisor: Dr. Bittu K. Rajaraman)

Investigating the clinical correlates of depressive symptoms in Zebrafish focusing on its ecological advantage. Depression was induced using social and pharmacological interventions. A standardised protocol was designed for measuring various variables - metabolic rate, reproductive rate, and movement rate - pre and post intervention. Presented the work at national and international conferences.

## Summer Research Project:

Examined the numerical cognition in Zebrafish (Danio rerio) over the summers. Involved in the process of data collection and statistical data analysis as a part of a team.

## $\underline{Publication}$

Co-authored a paper on the Symbolic quantitative cognition in wild zebrafish (Danio rerio) | (Under Review) Corresponding Author: Dr. Bittu K Rajaraman

Journal: Animal Behavior Journal — DOI: 10.1101/2022.03.17.484678

## Research Assistant

Banyan Academy of Leadership in Mental Health

Conducted systematic literature review and data extraction for a project investigating the relation between parental mental health and its impacts on children. Helped build educational modules for diploma course focused and capacity-building programs on vulnerable children. Conceptualised session plans and activities for conducting group sessions for children of parents with mental illness.

#### Research Assistant

Infant and Child Development Psychology Laboratory, Ashoka University

Working with Dr. Madhavilatha Maganti-Kari on a research project studying play behaviour of children with autism spectrum disorder (ASD). Involved in developing the feature sets from the Four-fold Framework to identify and code for specific patterns in the play behavior of children with ASD. Participated in data collection and data analysis.

#### Research Volunteer

Clinical Psychology: Ghosh Research Group

Working with Dr. Simantini Ghosh on a research project investigating self-efficacy and locus of control in women who have faced intimate partner violence through a mixed-methods approach. Involved in study strategizing, study design, questionnaire formulation and literature review for the same.

## Teaching Experience

FC-0503: Mind Behaviour by Prof. Bittu K Rajaraman

Department of Psychology, Ashoka University

PSY-2041: Clinical Psychology by Prof. Simantini Ghosh

Department of Psychology, Ashoka University

May 2022 - Present Sonipat, India

May 2023-Present Chennai, India

March 2022- Present Sonipat, India

April 2022-Present Sonipat, India

Aug 2023 - Present Sonipat, India Aug 2022 - Dec 2022

Sonipat, India

#### PSY-2011: Introduction to Neuroscience by Prof. Bittu K Rajaraman

Department of Psychology, Ashoka University

**Psychology Tutor** 

Psychology Society, Ashoka University

Jan 2022 - June 2022 Sonipat, India Jan 2022 - Present

Sonipat, India

## Conference Presentations

- (Talk) 37th Conference of the International Council of Ethologists: Behaviour 2023. Universität Bielefeld, Germany. August 2023
- (Poster) Understanding Behaviour 2023., Indian Institute of Science Education and Research (IISER), Kolkata. June 2023
- (*Talk*) No Garland Neuroscience 2023. Indian Institute of Science Education and Research (IISER), Pune. February 2023
- (Poster) 9th Annual Research Conference of Cognitive Science. Indian Institute of Technology (IIT), Delhi. December 2022

# Awards and Accomplishments

Student Travel Grant, 2023 | Ashoka University Centre for Supporting Students

Received a travel and conference grant to participate and attend the the 37th Conference of the International Council of Ethologists: Behaviour 2023 in Bielefeld, Germany

Academic Excellence Award, 2023 | Ashoka University

Graduated Summa Cum Laude from Ashoka University- BSc. Psychology Honours.

Dean's List, 2020-2023 | Ashoka University

Recognized in the Dean's list in every semester for maintaining a high CGPA.

Prabhat Samman Award, 2019 | Akshar School

Received the Prabhat Samman Award for distinguished performance in school for 12th grade board examinations and excellence in leadership and co-curricular activities.

All Round Achievement and Academic Excellence Award, 2012-2019 | Akshar School

Awarded the position of a valedictorian for every consecutive year.

Duke of Edinburgh's Award, 2017 | International Award for Young People (IAYP)

Received the Bronze award for the IAYP program after excelling in the assigned tasks.

Rajpal Khullar Memorial Award, 2017 | Akshar School

Received the Rajpal Khullar memorial award for topping the school in 10th Grade board examination.

#### Courses and Certifications

- Positive Psychiatry and Mental Health (Non-Credit certified course), 2020 | *University of Sydney* Completed the course to gain understanding about positive psychiatry and its importance in mental health.
- Psychological First Aid (Non-Credit certified course), 2020 | Johns Hopkins University

  Mastered the fundamentals of psychological first aid and learnt the practicality of the branch in real life

# Volunteer Experience

- National Conclave: The Future of Disability Inclusion in Higher Education, 2023

  Part of the organizing team, involved with logistics, event management and guest engagement at the conclave.
- International Olympics Day, 2023

Assisted the event management team for the sports events held. Provided physical and emotional support to differently abled children, and their parents.

• Peer Mentor: Office of Learning Support, Ashoka University, 2021

Mentored students by providing one-to-one guidance to deal with the challenges they faced throughout their semester.

• School on Wheels, 2019

Taught and interacted with disadvantaged children living on the streets of Calcutta in a classroom with a bus.

• Little Sisters of the Poor, 2017

Helped the workers there serve food to everyone present and assisted in cleaning the housing facilities for the aged.

## Key Skills

Research Skills: systematic literature review, peer review, quantitative and quantitative (thematic analysis) research techniques, animal handling, conducting, and designing surveys and interviews, formulating clinical case-histories.

Data Analysis: Python, BORIS, DeepLabCut, JMOVI, JASP