Solution for Problem J369

After removing square roots from both sides of the original equation we obtain

$$x^{6} + 4x^{5} + 4x^{4} - 2x^{3} - 4x^{2} + 1 = 0.$$
 (1)
$$\Rightarrow (x+1)^{2}(x^{4} + 2x^{3} - x^{2} - 2x + 1) = 0$$

Thus ?? has a double root = -1, but -1 is not the root of original equation hence they must be discarded.

Dividing ?? by $(x+1)^2$ we obtain

$$x^4 + 2x^3 - x^2 - 2x + 1 = 0 (2)$$

$$\Rightarrow (x-1)(x)(x+1)(x+2) = -1 \Rightarrow (x^2 + x - 1)^2 = 0 \Rightarrow x = \frac{-1 \pm \sqrt{5}}{2}.$$

Plugging these roots to original equation , we get that $x = \frac{\sqrt{5}-1}{2}$ is the only solution of the given equation.