

We know that  $r_a = \frac{\Delta}{(s-a)}$  ,  $r_b = \frac{\Delta}{(s-b)}$  and  $r_c = \frac{\Delta}{(s-c)}$  where  $s$  is semi perimeter.

$$\begin{aligned}\therefore \frac{1}{r_a} &= \frac{(s-a)}{\Delta} \Rightarrow \frac{1}{r_a h_a} = \frac{(s-a)}{\Delta h_a} \\ \therefore \sum \frac{1}{r_a h_a} &= \sum \frac{(s-a)}{\Delta h_a} = \frac{1}{\Delta} \left( \sum \frac{(s-a)}{h_a} \right)\end{aligned}$$

Now

$$\begin{aligned}\frac{(s-a)}{h_a} &= \frac{\left(\frac{b+c-a}{2}\right)}{\frac{2\Delta}{a}} = \frac{a(b+c-a)}{4\Delta} \\ \sum \frac{1}{r_a h_a} &= \frac{1}{4\Delta^2} \sum [a(b+c-a)] \\ &= \frac{1}{4\Delta^2} [2(ab+bc+ca) - (a^2+b^2+c^2)] \\ &= \frac{1}{4\Delta^2} [a^2+b^2+c^2 - (a-b)^2 - (b-c)^2 - (c-a)^2]\end{aligned}$$

Now, by Hadwiger Finsler inequality , we know that

$$a^2 + b^2 + c^2 - (a-b)^2 - (b-c)^2 - (c-a)^2 \geq 4\sqrt{3}\Delta$$

$$\therefore \sum \frac{1}{r_a h_a} \geq \frac{4\sqrt{3}\Delta}{4\Delta^2} = \frac{\sqrt{3}}{\Delta}. \text{(Proved)}$$

Now

$$\frac{1}{3r^2} = \frac{1}{3\left(\frac{\Delta}{s}\right)^2} = \frac{1}{3} \left(\frac{s}{\Delta}\right)^2$$

We have to prove that

$$\begin{aligned}\frac{1}{3r^2} &\geq \sum \frac{1}{r_a h_a} \\ \iff \frac{s^2}{3} &\geq \frac{1}{4} \sum [a(b+c-a)] \\ \iff 4s^2 &\geq 3 \sum [a(b+c-a)] \\ \iff (a+b+c)^2 &\geq 3[2(ab+bc+ca) - (a^2+b^2+c^2)]\end{aligned}$$

After algebraic manipulation we get

$$(a^2 + b^2 + c^2) \geq (ab + bc + ca)$$

But it is obviously true. Equalities occur, in both inequalities iff

$$a = b = c$$

that is iff  $\triangle ABC$  is equilateral.