Header

Header for session 1	Date
Header for session 2	Date
Header for session 3	Date

[View session] [View statistics] [Add session]

Add session

Add new session

Name of session

Date: dd:mm:yyyy

Duration

[hh] [mm]

- ○ **Endurance**
- ○ **Strength**
- ○ **Other**

Comment:

[Create session]

View Session

Header

Header for session 1   [Edit]

Comment:

Date: dd:mm:yyyy

Duration: hh:mm

Endurance/ Strength/Other

Statistics

Statistics