





























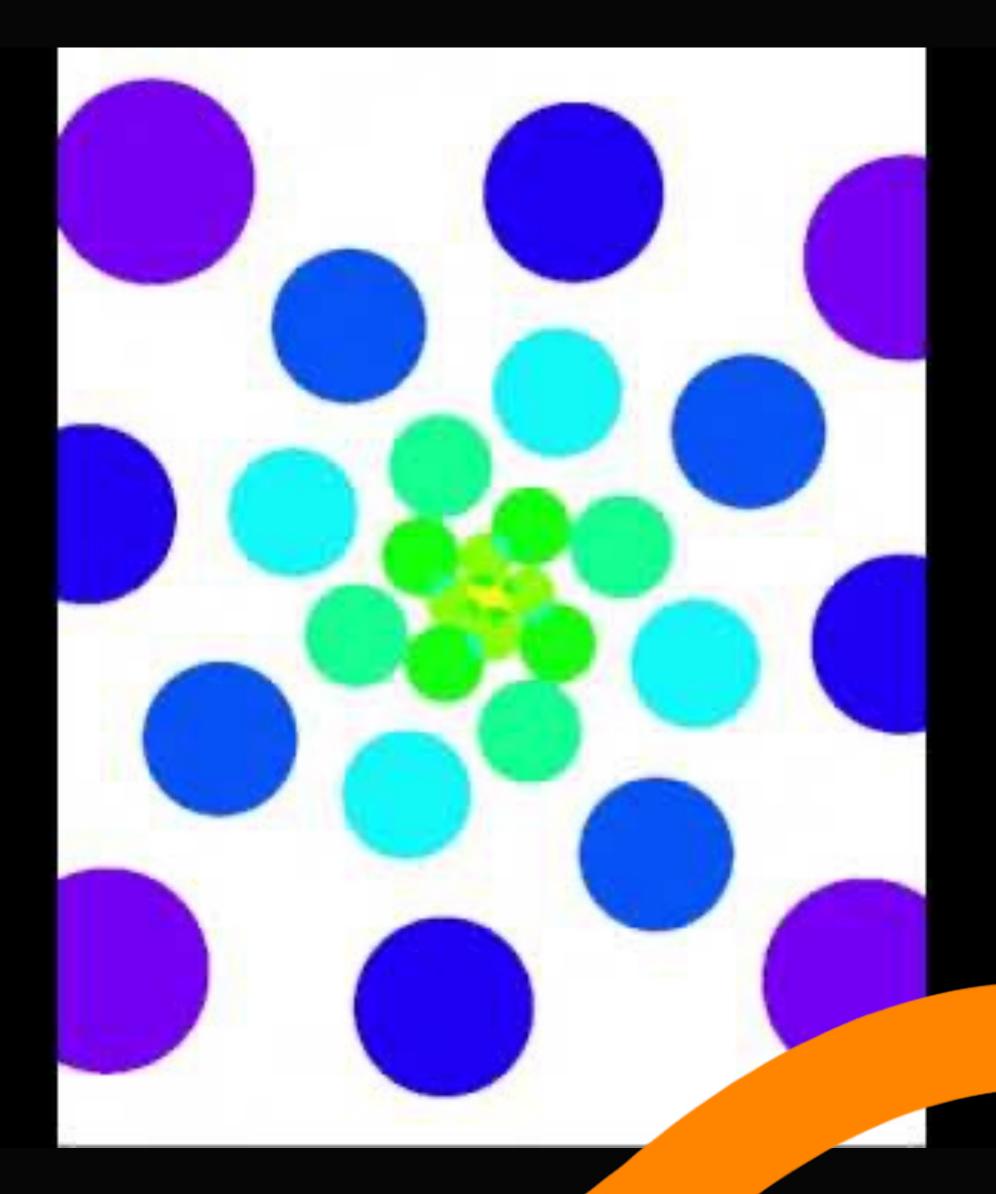








## In Samuel Samuel



what happenes if we close our eyes for a second and let our mind do its thing? usually, a tumult of thoughts takes up the empty space with a speed faster than light. we cannot face them all in the same time, sometimes not even one by one. this can lead to us feeling worried or overwhelmed.

once we open our eyes though, we get distracted by something else and we forget for a moment. it was just in our mind, it never actually happened, did it?

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