

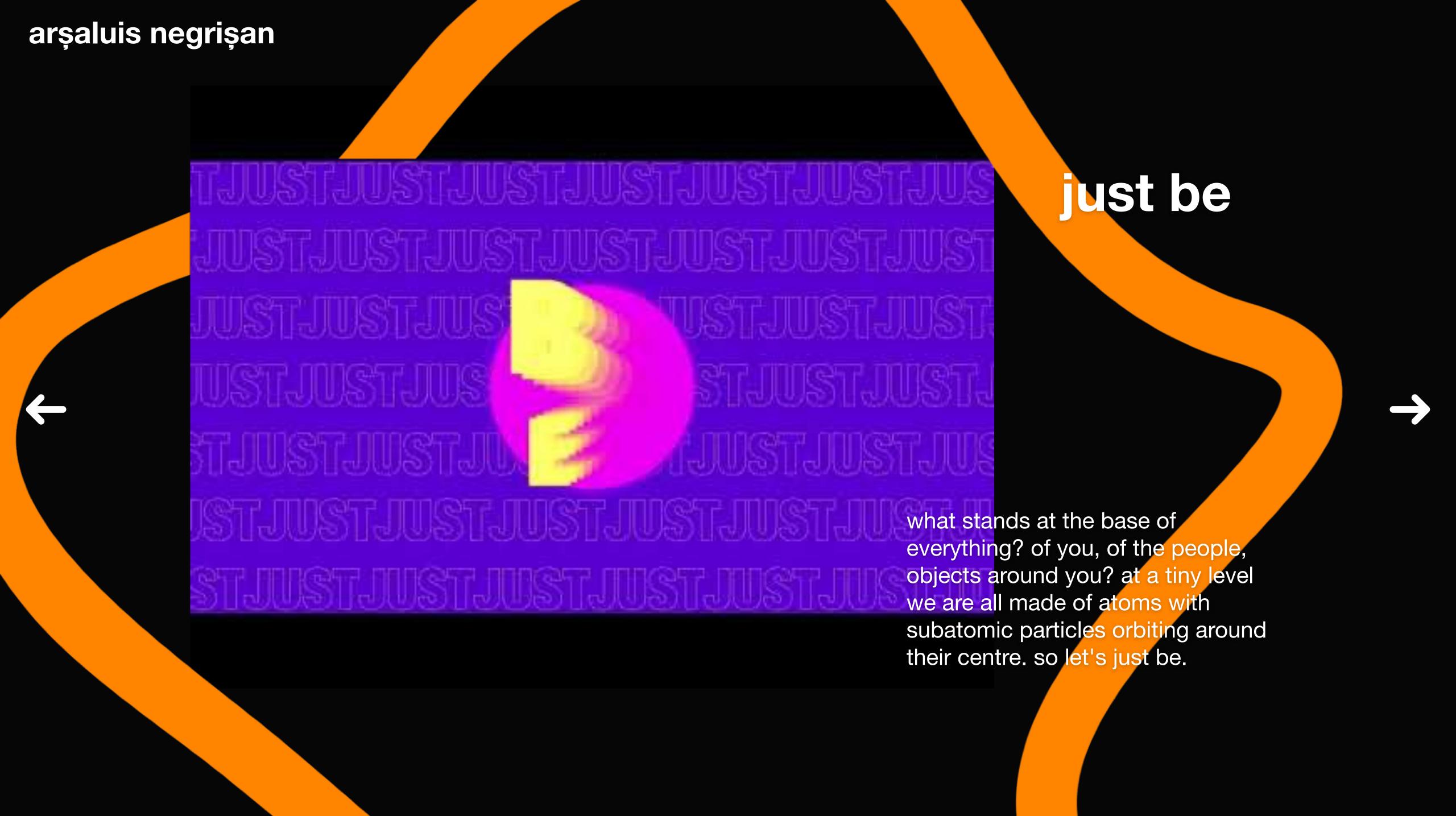




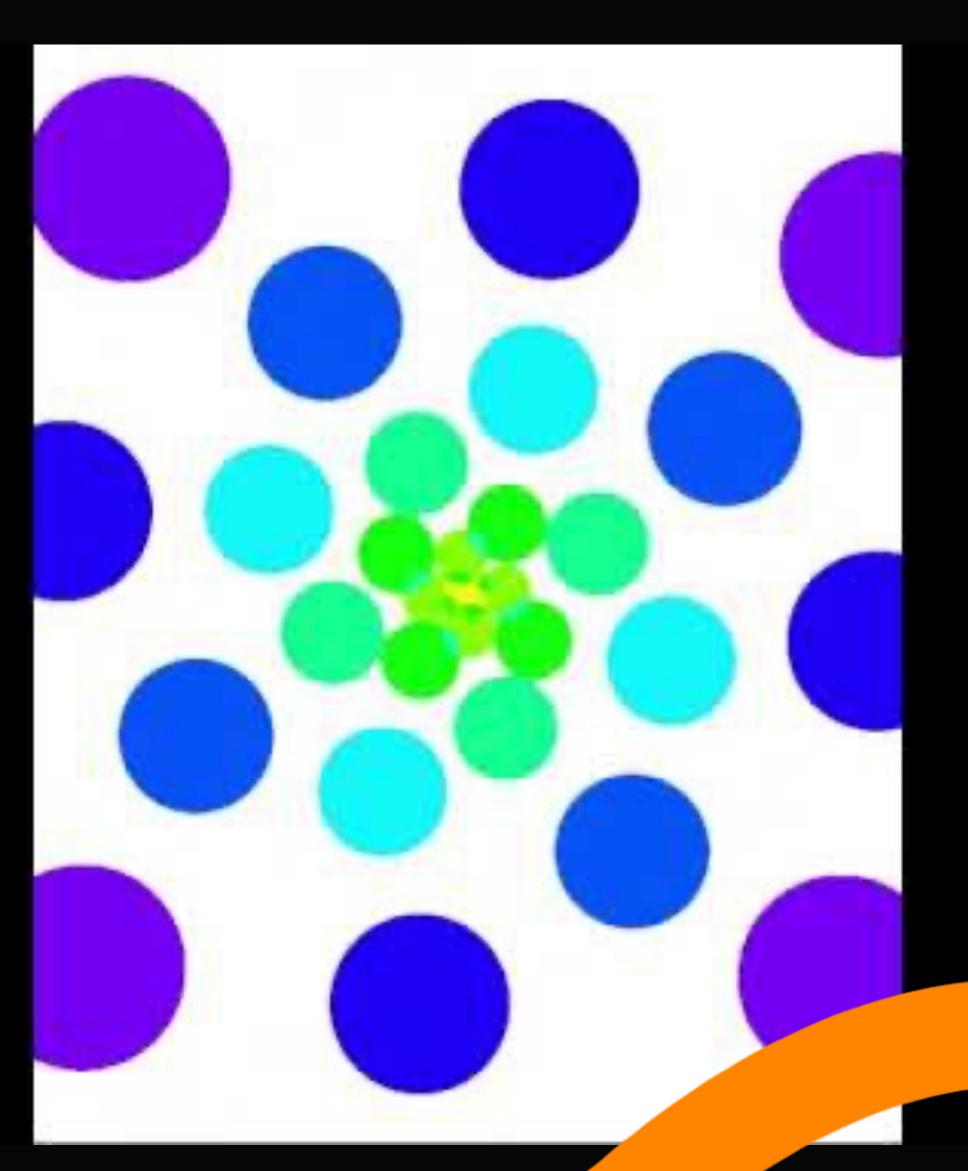
everything? of you, of the people, objects around you? at a tiny level their centre, so let's just be.







## TISSINGS Nappened



what happenes if we close our eyes for a second and let our mind do its thing? usually, a tumult of thoughts takes up the empty space with a speed faster than light. we cannot face them all in the same time, sometimes not even one by one. this can lead to us feeling worried or overwhelmed.

