

# Understanding Human being and its expansion

## Unit: II



**Understanding the human being comprehensively-  
Human Aspirations and its fulfillment  
(KOE-069)**

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# COURSE OUTCOME

**At the end of the course, the student shall be able to**

<b>CO 1</b>	Student would be able to develop the clarity about human aspirations, goal, activities and purpose of life.
<b>CO 2</b>	The clarity about Right Understanding could be possible for students.
<b>CO 3</b>	Students would become competent to understand the harmony in nature/existence .
<b>CO 4</b>	To help students in participating in the nature/existence.
<b>CO 5</b>	To help the students to develop the understanding of human tradition and its various components.



# CO-PO AND PSO MAPPING

## CO – PO Mapping

Course Outcome	PO 1	PO 2	PO 3	PO 4	PO 5	PO 6	PO 7	PO 8	PO 9	PO 10	PO 11	PO 12
CO 1	1	-	1	-	1	2	2	3	3	2	1	3
CO 2	-	-	1	-	1	2	1	3	3	3	2	3
CO 3	1	-	1	-	1	2	2	3	3	3	2	3
CO 4	1	-	1	-	1	2	2	3	3	3	2	3
CO 5	1	-	1	-	1	2	2	3	3	3	2	3

## CO – PSO Mapping

CO	PSO 1	PSO 2	PSO 3	PSO 4
CO 1	1	1	1	1
CO 2	1	1	1	1
CO 3	1	2	1	1
CO 4	1	2	1	1
CO 5	1	1	1	1



## TOPICS

1. The domain of right understanding- understanding the human being (the knower, the experiencer and the doer)
2. Understanding nature/existence – its interconnectedness and co-existence;
3. Understanding the role of human being in existence (human conduct).



## **Objective of the unit:**

### **Understanding Human being and its expansion.**

The domain of right understanding starts from understanding the human being (the knower, the experiencer and the doer); and extends up to understanding nature/existence – its interconnectedness and co-existence; and finally understanding the role of human being in existence (human conduct).

### **Pre-requisite:**

Student should be familiar to concepts right understanding, harmony and role of education-sanskar in holistic development of a human being.



# Prerequisite for Topic -1

## Prerequisite for Topic -1

Student should be familiar to concepts right understanding, harmony and role of education-sanskar in holistic development of a human being.



# Introduction to Topic 1

Name of Topic	Objective of Topic	Mapping with CO
Right Understanding	Students will be able to understand Innateness of the four orders, Natural characteristics of the four orders, Co-existence.	CO1 &CO2



# Human Desire & its Fulfillment (CO1)

1. Human Desire = Continuous Happiness

2. Continuous Happiness = Right Understanding  
Right Feeling & Right Thought  
CLARITY OF (Resolution)

} Need of the  
Self(I)

} Activity of the  
Self(I)

3. Resolution 3.1. Right Understanding

3.2. Wisdom (Identification of Human Goal)

3.3. Science (How to fulfill Human Goal)

3.4. Behaviour

3.5. Work

3.6. Participation in Larger Order

3.7. Undivided Human Society

3.8. Universal Human Order

3.9. Human Tradition (in which Human Goal is fulfilled)

Congruence?  
Is Human Goal Fulfilled?



# Human Target (CO1)

1. Human Desire = Continuous Happiness

2. Continuous Happiness = Right Understanding  
Right Feeling & Right Thought

CLARITY OF (Resolution)

3. Resolution

3.1. Right Understanding

3.2. Wisdom (Identification of Human Goal)

3.3. Science (How to fulfill Human Goal)

3.4. Behaviour

3.5. Work

3.6. Participation in Larger Order

3.7. Undivided Human Society

3.8. Universal Human Order

3.9. Human Tradition

Need of the Self(I)

Activity of the Self(I)

In the Self (I)

As a Human Being  
Self(I) & Body

Outside

Congruence?  
Is Human Goal Fulfilled?



## 3.1. Right Understanding(CO1)

To see the reality as it is, in it's completeness (Knowing)

Variety, Changing

For a unit (activity) to be able to see its:

- Form (shape, size, colour...)
- Property (effect on other unit)
- Natural Characteristic (participation in larger order)
- Innateness (self organisation)
- Co-existence (submergence)

Definiteness, Continuity, Universality



## 3.1. Right Understanding(CO1)

To see the reality as it is, in it's completeness (Knowing)

Variety, Changing

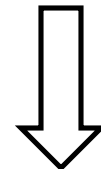
For a unit (activity) to be able to see its:

- Form (shape, size, colour...)
- Property (effect on other unit)
- Natural Characteristic (participation in larger order)
- Innateness (self organisation)
- Co-existence (submergence)

Contemplation  
Understanding  
Realisation



Right  
Understanding



Definiteness, Continuity, Universality

Assurance in oneself



# Priority set According to right understanding (CO1)





# Right Understanding(CO1)

Right understanding is essentially seeing the essence of the reality as it is, i.e. seeing the part that is

- Definite
- Universal
- Continuous



# To see the Reality (CO2)

Form ( $u^1$ ) = shape, size, density of unit<sup>1</sup>

Property ( $u^1, u^2$ ) = effect of unit<sup>1</sup> on unit<sup>2</sup>  
= recognition-fulfillment by unit<sup>1</sup> with unit<sup>2</sup>

- Seeing through sensation

Form (shape, size, colour...)

Some part of property (effect on other unit)

tasting...

Body + Self (I)

Eyes, ears...

then
- Seeing what is rational

Some part of property (effect on other unit)

Tasting, Analysing

Self (I)



# To see the Reality (CO2)

- Seeing what is existential (essence) Self (I)
  - Natural Characteristic (participation in larger order)
  - Contemplation
  - Innateness (self organisation)
  - Understanding
  - Co-existence (submergence) Realisation



# Innateness & Natural Characteristic of 4 Orders (CO2)

ORDERS 4 अवस्था	UNITS इकाई	SUBMERGE NCE संपृक्तता (Eneraised)	INNATENESS धारणा धर्म स्वयं में व्यवस्था (Self-organisation)	NATURAL CHARACTERISTIC स्वभाव बड़ी व्यवस्था में भागीदारी (Participation in larger order)	ACTIVITY क्रिया	INHERITANCE अनुषंगीयता
Physical पदार्थ	Soil, Metal मिट्टी धातु	क्रियाशीलता Interaction	Existence अस्तित्व	Formation- Deformation संगठन-विघटन	Composition- Decomposition रचना-विरचना	Constitution based परिणाम अनुषंगी
Pranic प्राण	Plants, Trees पेड़, पौधे	" + स्पन्दनशीलता " + Pulsation	" + Growth पुष्टि	" + Nurture-Worsen सारक-मारक	" - " + Respiration श्वसन-प्रश्वसन	Seed based बीज अनुषंगी
Animal जीव	Animals , Birds पशु, पक्षी	" शरीर में " in Body संवेदनशीलता में में Sensitivity in I	", " in Body शरीर में Will to live in I में में जीने की आशा	", " in body शरीर में Cruelty, Non-cruelty in I में में क्रूरता, अक्रूरता	" - " , " in Body शरीर में Selecting/Tasting in I चयन/आस्वादन में में	Breed based वंश अनुषंगी
Human ज्ञान	Human Beings मनुष्य	" शरीर में " in Body संवेदनशीलता में में Sensitivity in I	", " in Body शरीर में Will to live with continuous happiness in I में में निरंतर सुखपूर्वक जीने की आशा	", " in body शरीर में Next Generation	" - " , " in Body शरीर में Imaging, Analysing, Selecting/Tasting in चित्रण विश्लेषण चयन/आस्वादन में में	Education- Sanskar based शिक्षा-संस्कार अनुषंगी ↓ Human Education- sanskar ↓
		संज्ञानशीलता, संज्ञानीयता में में Knowability, Knowledge in I	Right Feeling & Thought समान Right Understanding ज्ञान	Perseverance, Bravity, Generosity... in I में में धीरता, वीरता, उदात्तता	Potential for understanding समझने की क्षमता में में	

**Natural Characteristic:** Participation in larger order

**Inheritance:** Basis of definite conduct across generations



# Participation of Human Being in Entire Nature (CO2)

To understand the inherent harmony in nature and to live accordingly, i.e.

- To facilitate a conducive environment for the **activity** (at least not violate it) of all orders.
- To facilitate the **innateness** (or at least not violate it) of all orders
- To ensure the **inheritance** (or at least not violate it) of all orders



# Participation of Human Being in Entire Nature (CO2)

Order	Human Participation for Mutual Fulfillment
Physical Order	Facilitate its <b>existence</b> by ensuring conducive environment and maintaining / ensuring its <b>constitution</b> (eg. constitution of earth)
Bio Order	Facilitate its <b>growth</b> by ensuring conducive environment and maintaining / ensuring its <b>seed</b> (e.g. seed of rice)
Animal Order	Facilitate care of the body by ensuring physical facility, environment for existence & growth of body. To ensure its <b>will to live</b> . Maintaining / ensuring its <b>breed</b> (eg. breed of cow)
Human Order	Facilitate care of the body by ensuring physical facility, environment for existence & growth of body. Facilitate its <b>will to live with continuous happiness</b> by ensuring <b>human education-sanskar</b> , participating in developing / maintaining undivided society & universal human order.



# Participation of Human Being with Rest of Nature(CO2)

- Preservation (enrichment, protection and right utilization) of rest of nature.
- Prosperity, fulfilment of human needs (in a manner that preserves nature)

i.e. by:

- Protecting its **innateness**
- Protecting and enriching its **inheritance**
- Making right utilization of nature, in line with its **activity**

(or at least not violating their innateness, inheritance or activity)



# Participation of Human Being in Entire Nature (CO<sub>2</sub>)

## 1. Physical order: Soil, water, air...

Protect its **innateness** (**existence**)  
(eg. Protect **constitution** of Earth)

## 2. Bio order: Plants, trees...

Protect and nurture its **innateness** (**existence and growth**)  
(eg. Putting manure for facilitating the growth of plants)  
Ensure its **inheritance** (**seed**)  
(eg. Maintain seed of rice)



# Participation of Human Being in Entire Nature

## 3. Animal order: Animals and birds

Protect its **innateness** (**will to live**)

(eg. Adequate forest, food, shelter)

Ensure its **inheritance** (**breed**) (eg. Maintain breed of cow)

## 4. Human order: Human being

Protect its **innateness** (**will to live with continuous happiness**)

(eg. Provide societal systems for facilitating and living with right understanding)

Ensure its **inheritance** (**education-sanskar**)

(eg. Ensure human education-sanskar)



# Self-reflection (Home Work)

1. Take any unit (say, a fruit) and articulate its form, property (vis-à-vis another unit, say your body), natural characteristic, innateness and co-existence
2. Ultimately there are only few (9) things to understand:
  - Innateness of the four orders (4)
  - Natural characteristics of the four orders (4)
  - Co-existence (1)

Explain this



# Daily Quiz

1. Right understanding helps the human being to transform from \_\_\_\_\_ to \_\_\_\_\_.
2. There can only be a \_\_\_\_\_ change in conscious units.
3. Self exploration uses two mechanisms— \_\_\_\_\_ and \_\_\_\_\_.
4. Process of value education has to be that of \_\_\_\_\_ and \_\_\_\_\_.
5. Human conduct is definite. **(True/False)**



# Recap of Topic 1

- Human Target includes:
  1. Human Desire = Continuous Happiness
  2. Continuous Happiness = Right Understanding  
Right Feeling & Right Thought
  3. Resolution -CLARITY OF Right Understanding
- Right understanding is -To see the reality as it is, in it's completeness (Knowing).
- To facilitate the **innateness** (or at least not violate it) of all 4 orders.
- To ensure the **inheritance** (or at least not violate it) of all 4 orders
- Preservation (enrichment, protection and right utilization) of rest of nature.
- Prosperity, fulfilment of human needs (in a manner that preserves nature



# Prerequisite for Topic -2

## Prerequisite for Topic -2

- Course will be accessible to students who understand right understanding & natural acceptance.
- The student should have to know self exploration and its process.
- The student should have the knowledge of activities of self.



# Introduction to Topic 2

Name of Topic	Objective of Topic	Mapping with CO
Knower, Known and The Process of Knowing	Students will be able to understand Knowing is a specific need and activity of the Self. Understand everything to be known definite and universal	CO1, CO2



# Right Understanding(CO2)

To see the reality as it is

Knower – [Self (I)]

To be Known – [Existence]

3.1.1. Knowledge of Human Being

3.1.2. Knowledge of Existence

3.1.3. Knowledge of Human Conduct

Process –

Awakening to activity of Contemplation, Understanding & Realisation

Natural  
Characteristic

Innateness

Co-existence



# To be Known [Existence]

There are many formulations of what is to be known.

Basically, it is having the right understanding or having the knowledge of:

1. Human Being
2. Existence
3. Human Conduct



# Awakening Activity of Contemplation, Understanding & Realisation (CO2)

## Realisation: of Co-existence

- Existence is Co-existence, which is in the form of units submerged in space.
- Every unit in Nature is:
  1. Energised in space
  2. Self-organised in space, exists in a definite order
  3. Recognises its relationship with every other unit and fulfills the relationship in space



# Awakening Activity of Contemplation, Understanding & Realisation (CO2)

## Realisation: of Co-existence

- I am a unit of consciousness in space
- I am energised in space. Activities of desire, thought, expectation...are continuous in me.
- I am self-organised in space; I exist in a definite order.
- I have to rightly recognise my relationship with other units and fulfill it.

When I do, I feel happy, when I do not, I feel unhappy...

With this realisation, I live with authenticity, in continuity



# Awakening Activity of Contemplation, Understanding & Realisation (CO2)

## **Understanding: of Harmony (Self-organisation) in Nature**

- All units in Nature can be classified into 4 orders.
- These units are connected to each other.
- There is a relationship of Mutual Fulfillment amongst them (Self-organisation or Innateness of 4 orders).
- There is complementarity in Nature, no opposition
- This definiteness leads to a feeling of bliss

When I understand this, I am determined to live in a mutually fulfilling manner with every unit in existence.



# Awakening Activity of Contemplation, Understanding & Realisation

## Contemplation: of My Participation in Larger Order

- What is my role in existence.
- What do I have to do as a Human Being, What is valuable for me as a human being.
- What is my participation in larger order... self, family, society, nature/existence.
- What is my value in existence (Human Value)



# Awakening Activity of Contemplation, Understanding & Realisation

## Contemplation: of My Participation in Larger Order

- Relationship of Mutual Fulfillment with Human Being → Mutual Happiness → Undivided Society
- Relationship of Mutual Enrichment with Rest of Nature → Mutual Prosperity
- Participation or Natural Characteristic in nature 4 orders → Participation in Larger Order → Fulfillment of Human Goal, Universal Human Order, Human Tradition

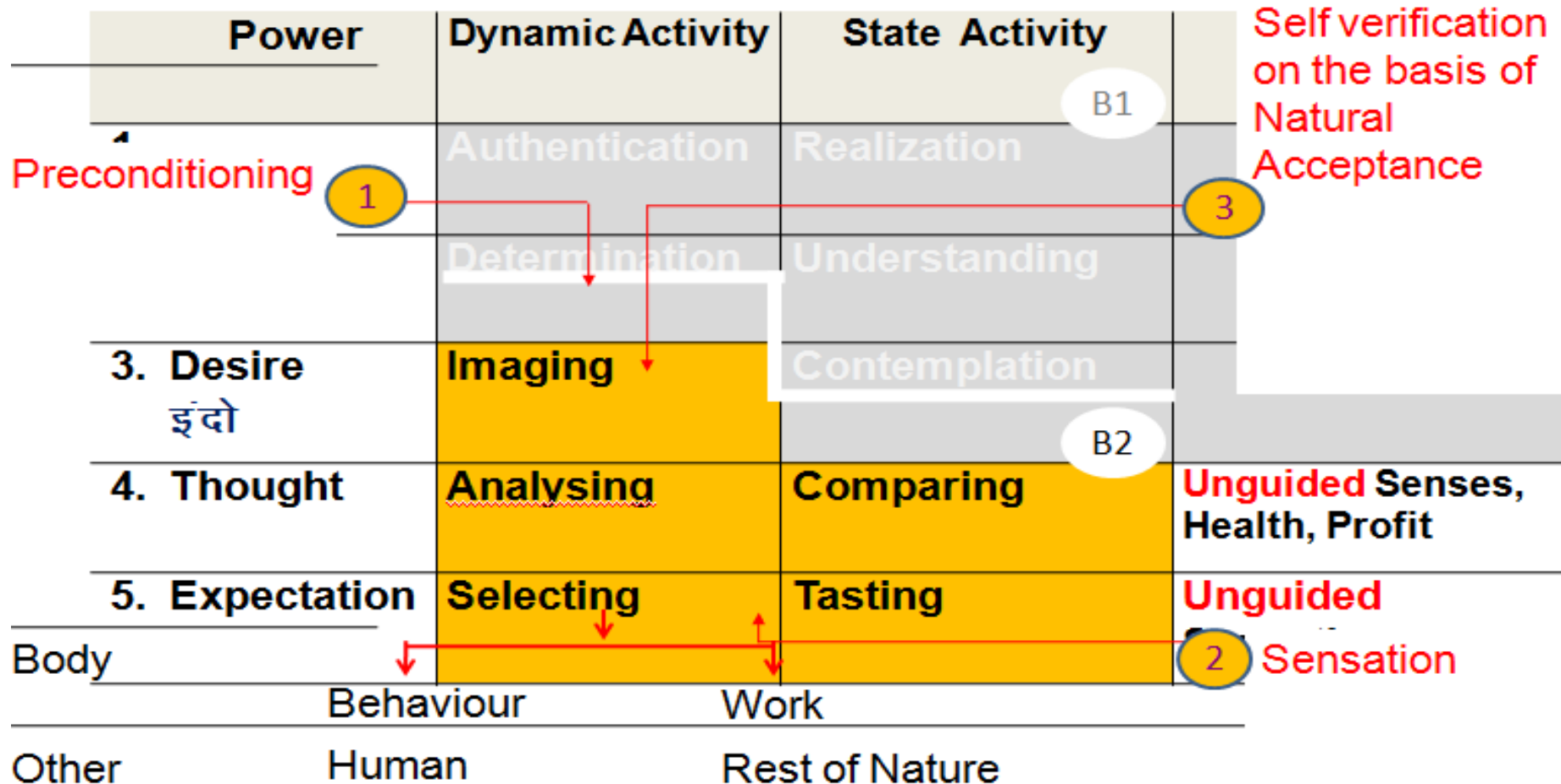


# Awakening Activity of Contemplation, Understanding & Realisation

- On the basis of understanding my participation in existence, I can see that I have a definite role to play as a human being.
- Then my desire is to fulfill that definite role – on this basis my desires become definite.
- When I understand that Mutual fulfillment is inherent in Nature, I am assured that there is provision for fulfillment of these definite desires.
- This leads to a feeling of satisfaction/contentment



# Self: Imagination on the basis of Sensation & Preconditioning (CO2)





# Self: Imagination on the basis of Realisation, Understanding & Contemplation (CO2)

Space

	Power	Dynamic Activity	State Activity	
Self (I)	1.	Authentication	Realization	B1 Co-existence
	2.	Determination	Understanding	Harmony in Nature
	3. Desire	Imaging	Contemplation	Participation in Larger Order, Relationship
	4. Thought	Analysing	Comparing	B2 Co-existence, Harmony, Justice <span style="color: red;">Guided</span> Senses, Health, Profit
	5. Expectation	Selecting	Tasting	Goal, Value <span style="color: red;">Guided</span> Sensation
Body		↓ Behaviour	↓ Work	↓ Participation
Other		Human	Rest of Nature	in larger Order



# Self-reflection (Home Work)

1. Knowing is a specific need and activity of the Self. Elaborate on what exactly is to be known and which specific activities of the Self are involved?
2. Is everything to be known definite and universal or are there some things that are indefinite?



# Daily Quiz

1. ‘ \_\_\_\_\_ is only a means to achieve what is considered valuable for a human being in an effective and efficient manner.
2. Program and \_\_\_\_\_ are the content of self exploration.
3. Without truth, caring, concern or love and justice, \_\_\_\_\_ arise and peace is endangered.
4. Happiness, pleasure or joy is the \_\_\_\_\_ state of being happy.



# Recap of Topic 2

- Awakening Activity of Contemplation, Understanding & Realisation of self
- 1. **Realisation:** of Co-existence
- 2. **Understanding:** of Harmony (Self-organisation) in Nature **When I understand this, I am determined to live in a mutually fulfilling manner with every unit in existence.**
- 3. **Contemplation:** of My Participation in Larger Order
  - When I understand that Mutual fulfillment is inherent in Nature, I am assured that there is provision for fulfillment of these definite desires. This leads to a feeling of satisfaction/contentment.



# Prerequisite for Topic -3

## Prerequisite for Topic -3

- Student Should have to understand & live with activation of all activities of self.
- Student Should have to know Realisation, Understanding & Contemplation activities of self.
- Student Should have to clear about that unit is submerged in space.



# Introduction to Topic 3

Name of Topic	Objective of Topic	Mapping with CO
Impact of Right Understanding on Human Being	Students will be able to Understand Human being is an integral part of nature/existence with a specific role to play.	CO1, CO2



# Imagination on the basis of Realisation, Understanding & Contemplation (CO2)

Space

	Power	Dynamic Activity	State Activity	
Self (I)	1.	Authentication	Realization <span>B1</span>	Co-existence
	2.	Determination	Understanding	Harmony in Nature
	3. Desire	Imaging	Contemplation	Participation in Larger Order, Relationship
	4. Thought	Analysing	Comparing <span>B2</span>	Co-existence, Harmony, Justice <span>Guided</span> Senses, Health, Profit
	5. Expectation	Selecting	Tasting	Goal, Value <span>Guided</span> Sensation
Body		Behaviour	Work	Participation
Other		Human	Rest of Nature	in larger Order



# Full Expression of Human Being (CO2)

Space शून्य

	Power शक्ति	Dynamic Activity गति क्रिया	State Activity स्थिति क्रिया	
Self (I) ॐ	1.	<b>Authentication</b> प्रमाण	<b>Realization</b> B1 अनुभव	<b>Co-existence</b> सह-अस्तित्व
	2.	<b>Determination</b> संकल्प	<b>Understanding</b> बोध	<b>Harmony in Nature</b> व्यवस्था
	3. <b>Desire</b> इच्छा	<b>Imaging</b> चित्रण	<b>Contemplation</b> चिंतन	<b>Participation in Larger Order, Relationship</b> व्यवस्था में भागीदारी
	4. <b>Thought</b> विचार	<b>Analysing</b> विश्लेषण	<b>Comparing</b> B2 तुलन	सत्य, धर्म, न्याय से नियंत्रित प्रिय, हित, लाभ
	5. <b>Expectation</b> आशा	<b>Selecting</b> चयन	<b>Tasting</b> आस्वादन	लक्ष्य, मूल्य से नियंत्रित रुचिमूलक आस्वादन

Body शरीर

Behaviour व्यवहार

Work कार्य

Participation भागीदारी

Other दूसरा

Human मानव

Rest of Nature  
मनुष्येतर प्रकृति

in larger Order व्यवस्था में

Mutual Happiness

Mutual Prosperity

Fulfillment of Human Goal

Undivided Human Society

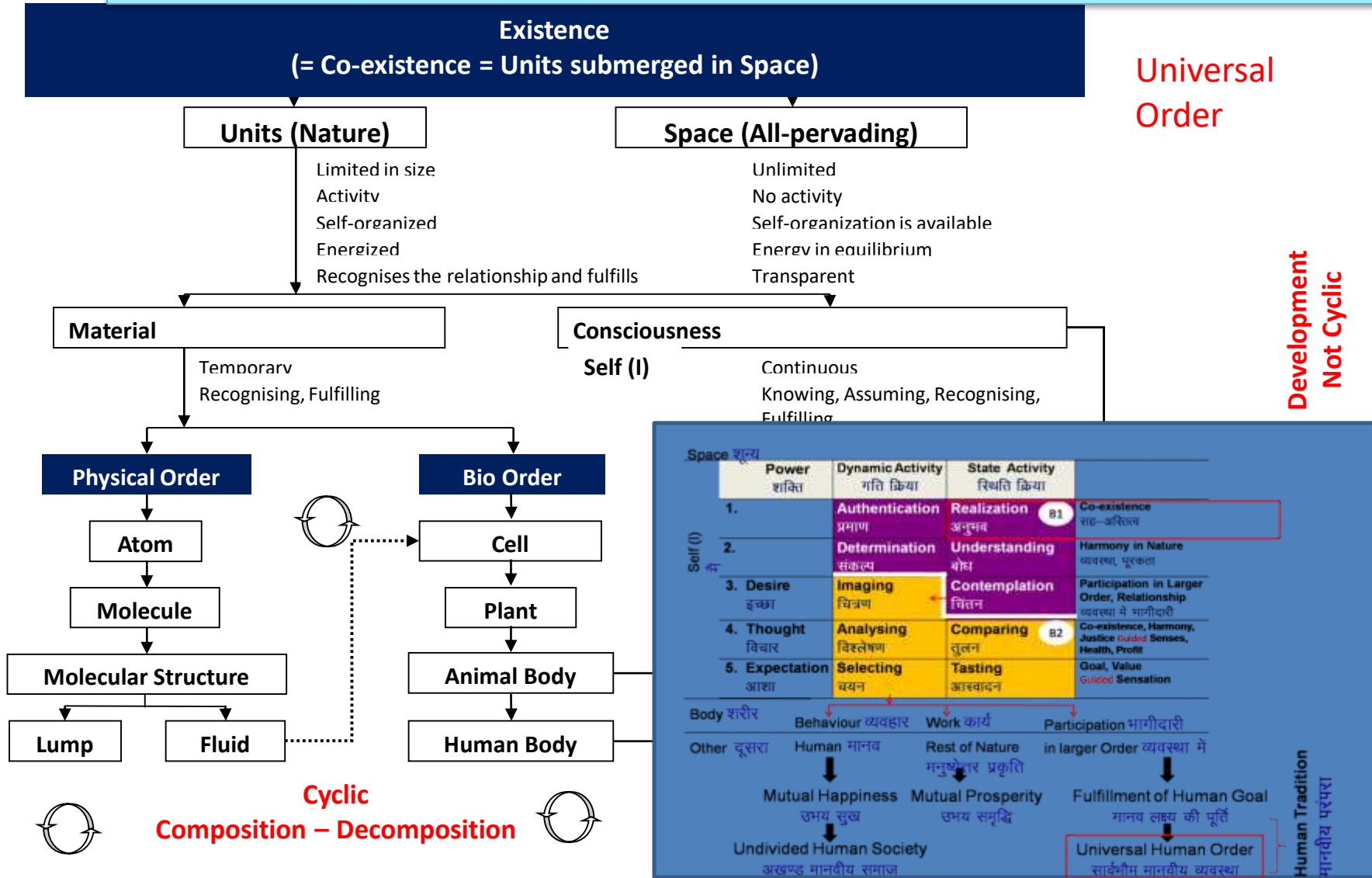
**Expression  
- outside**

Universal Human Order

Human Tradition

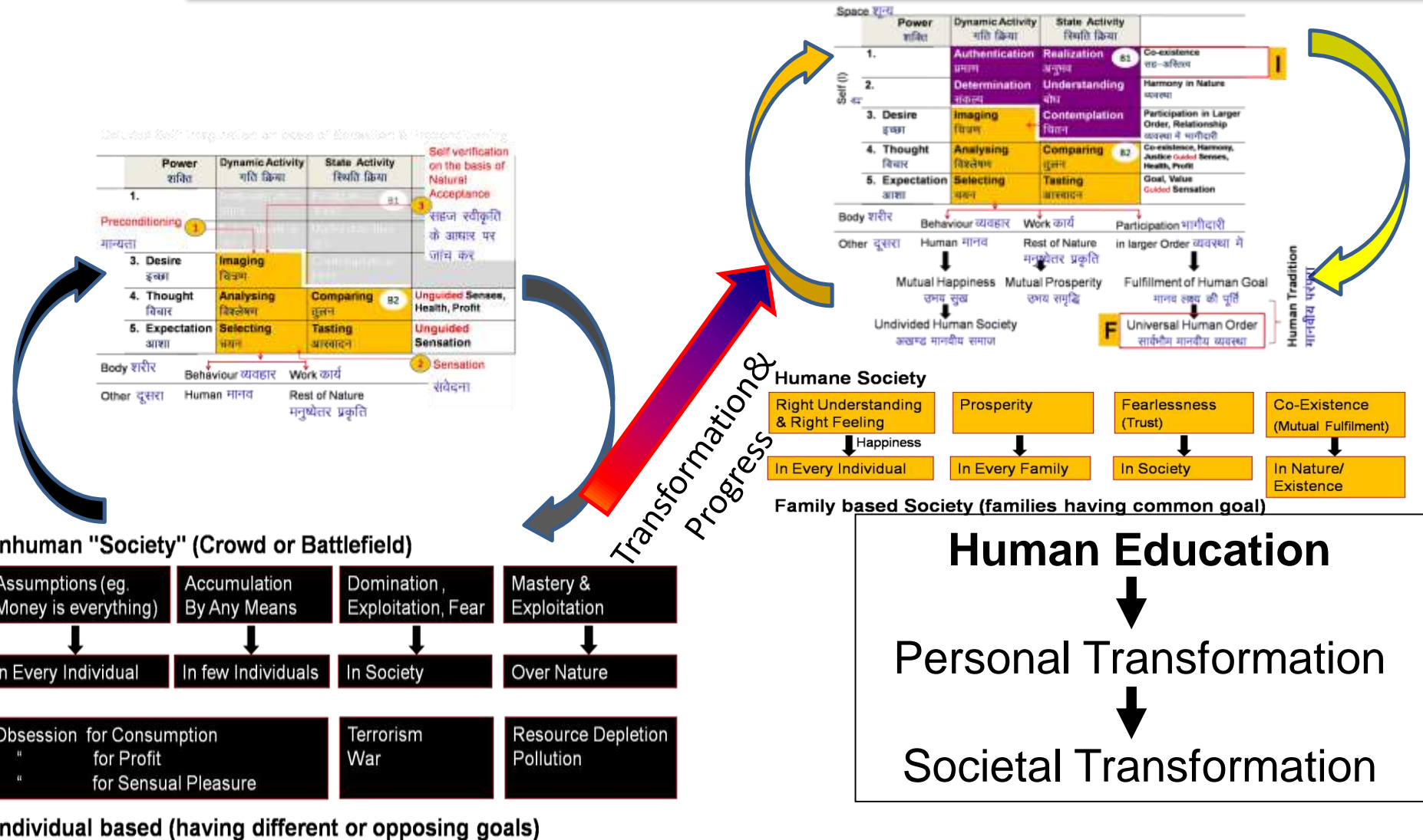


# Units submerged in Space (CO2)





# Transformation: Animal Consciousness to 2Human Consciousness (CO1)





# Humane Society Common goal

## Humane Society

Right Understanding  
& Right Feeling



In Every Individual

Prosperity



In Every Family

Fearlessness  
(Trust)



In Society

Co-Existence  
(Mutual Fulfilment)



In Nature/  
Existence

## Family based Society (families having common goal)

### Inhuman "Society" (Crowd or Battlefield)

Assumptions (eg.  
Money is everything)



In Every Individual

Accumulation  
By Any Means



In few Individuals

Domination ,  
Exploitation, Fear



In Society

Mastery &  
Exploitation



Over Nature

Obsession for Consumption  
" for Profit  
" for Sensual Pleasure

Terrorism  
War

Resource Depletion  
Pollution

## Individual based (having different or opposing goals)



# Self-reflection (Home Work)

1. Human being is an integral part of nature/existence with a specific role to play.
2. Units of the other orders (physical, bio and animal) have a pre-defined participation and they are in harmony performing that participation.
3. Only in the case of the human being, it has to understand and play its existential role to be able to be in harmony (and therefore in a state of happiness).
4. Explain the impact of right understanding on human being.



# Daily Quiz

1. \_\_\_\_\_ deals with what is universally valuable to us, what is conducive to our individual and collective happiness and prosperity in a sustainable way.
2. Working only for physical facilities is living with \_\_\_\_\_.
3. The basic requirements for fulfilling the aspirations of every human being are \_\_\_\_\_, \_\_\_\_\_ & \_\_\_\_\_.
4. Working for right understanding as the first priority followed by relationship and physical facilities implies living with \_\_\_\_\_.
5. Physical facilities are necessary as well as complete for a human being-  
True /False



# Recap of Topic 3

- Right understanding is -To see the reality as it is, in it's completeness (Knowing).
- Imagination on the basis of Realisation, Understanding& Contemplation & activation of all activities of self.
- Understanding of units & space.
- To achieve human goal & definite human conduct need a transformation from animal to human consciousness.
- Family based society (family have common goal).



# Youtube & NPTEL Video Links and Online Courses Details

## Youtube/other Video Links

- <https://www.youtube.com/watch?v=DO1HQuoUfBQ>
- <https://www.youtube.com/watch?v=nFAa4t1d0TA>
- <https://www.youtube.com/watch?v=-1VzEaPZWIs>
- [https://www.youtube.com/watch?v=WNxF\\_hwxeB8&list=PLWDeKF97v9SP\\_Kt6jqzA3pZ3yA7g\\_OAQz&index=17](https://www.youtube.com/watch?v=WNxF_hwxeB8&list=PLWDeKF97v9SP_Kt6jqzA3pZ3yA7g_OAQz&index=17)
- [https://www.youtube.com/watch?v=Cnw1nK3K5qk&list=PLWDeKF97v9SP\\_Kt6jqzA3pZ3yA7g\\_OAQz&index=15](https://www.youtube.com/watch?v=Cnw1nK3K5qk&list=PLWDeKF97v9SP_Kt6jqzA3pZ3yA7g_OAQz&index=15)
- [https://www.youtube.com/watch?v=nFAa4t1d0TA&list=PLWDeKF97v9SP\\_Kt6jqzA3pZ3yA7g\\_OAQz&index=16](https://www.youtube.com/watch?v=nFAa4t1d0TA&list=PLWDeKF97v9SP_Kt6jqzA3pZ3yA7g_OAQz&index=16)
- [https://www.youtube.com/watch?v=tULgi8tNg9k&list=PLWDeKF97v9SP\\_Kt6jqzA3pZ3yA7g\\_OAQz&index=18](https://www.youtube.com/watch?v=tULgi8tNg9k&list=PLWDeKF97v9SP_Kt6jqzA3pZ3yA7g_OAQz&index=18)



# Weekly Assignment

Q1: What do you mean by natural acceptance? Is it innate, invariant and universal? Explain. **CO1**

Q2: What is sanyam? How is it necessary in ensuring swasthya? **CO1**

Q3: What does respect mean? How can you ensure that respect becomes a valued part of any society? Differentiate between respect and differentiation. **CO1**

Q4: What is meant by exchange and storage? How has the present society failed for these systems. **CO1**

Q5: What do the abbreviations given as SVDD, SSDD and SSSS signify. **CO1**



# Weekly Assignment

1. What do you mean by animal and human consciousness? Explain with help of diagram.
2. What are the requirements to fulfil basic human aspirations?
3. What is experiential validation? What is the state today and what is the way out?
4. Define self-exploration. Explain the process of self-exploration with the help of diagram.
5. What is the shift in our assumption through UHV1?



# Weekly Assignment 3

- Q1: With the help of a diagram, show the state of the Self without right understanding. What is the meaning of 'seer' as described in the course? Explain with help of an example.
- Q2: What is the meaning of 'doer' as described in the course? Explain with help of an example.
- Q3: What is the meaning of 'enjoyer' as described in the course? Explain with help of an example.
- Q4: State the meaning of 'Resolution' as described in the course. Explain all its components with help of a sketch.



1. Acceptance of excellence in others is called \_\_\_\_\_.  
(a) Gratitude (b) Reverence  
(c) Glory (d) None of above
2. Employing the body physically for production and maintenance of physical facilities is called \_\_\_\_\_.  
(a) Labour (b) Work  
(c) Skill (d) None of above
3. The problems in our relationship with various entities are due to our \_\_\_\_\_.  
(a) Assumptions (b) Misunderstanding  
(c) Differentiation (d) None of above
4. Human conduct is definite. **(True/False)**



5. Comprehensive human goal is right understanding, prosperity, fearlessness and \_\_\_\_\_.  
(a) Mutual fulfilment (b) Natural Acceptance  
(c) Mutual prosperity (d) Co-existence
6. The course inputs for human values need not to be verifiable. (True/False)
7. Sanyam leads to swasthya and swasthya leads to sukh. (True/False)
8. The 'I' is the doer, sear and enjoyer. (True/False)
9. There is an inherent inter connectedness, self regulation and harmony at all levels of existence and this needs to be discovered by each individual. The whole existence is coexistence. Humans are only a constituent part. (True/False)



# Old Question Papers

- <https://abesit.in/library/download/B.Tech./Sem.7/2019-20/UNDERSTANDING-THE-HUMAN-BEING-COMPREHENSIVELY-ROE-074.pdf>
- <https://abesit.in/library/download/B.Tech./Sem.3/2018-19/UNIVERSAL-HUMAN-VALUES-AND-PROFESSIONAL-ETHICS-RVE-301.pdf>
- <https://abesit.in/library/download/B.Tech./Sem.3/2017-18/UNIVERSAL-HUMAN-VALUES-PROFESSIONAL-ETHICS-RVE-301.pdf>



# Expected Questions for University Exam

1. List the four dimensions of human being. **2 marks**
2. How is 'expectation to live with continuous happiness' different from 'desire to live with continuous happiness? **4 marks**
3. How will you distinguish a material unit from a conscious unit through your observation? Explain with the help of an example. **5 marks**
4. How is the feeling of prosperity a part of the continuity of happiness? **3 marks**
5. What is the meaning of 'seer' as described in the course? Explain with help of an example. **3 marks**
6. The transaction between the Self and the Body is only of information'- explain this statement with the help of any two examples. **5 marks**



# Summary

- Self is the knower, the experienter and the doer.
- Four orders :
  1. Physical order – soil, metals etc.
  2. Pranic order – trees, plants etc.
  3. Animal order – animals, birds etc.
  4. Human order – human beings
- There is a relationship of mutual fulfilment amongst these 4 orders. So far, the first 3 orders are mutually fulfilling for each other as well as for human beings
- It is naturally acceptable to human beings to be fulfilling for all the orders. Human beings need to understand this mutual fulfilment; only with this understanding will human beings be able to live with mutual fulfilment



# Summary

- The role of Human Being is to realize this mutual fulfillment – For this, all that human beings need to do is:
  1. To understand that mutual fulfilment is inherent in nature – we do not have to create it
  2. To live accordingly – then the mutual fulfilment amongst the 4 orders will be realised (and there is provision in nature for living in a mutually fulfilling manner)

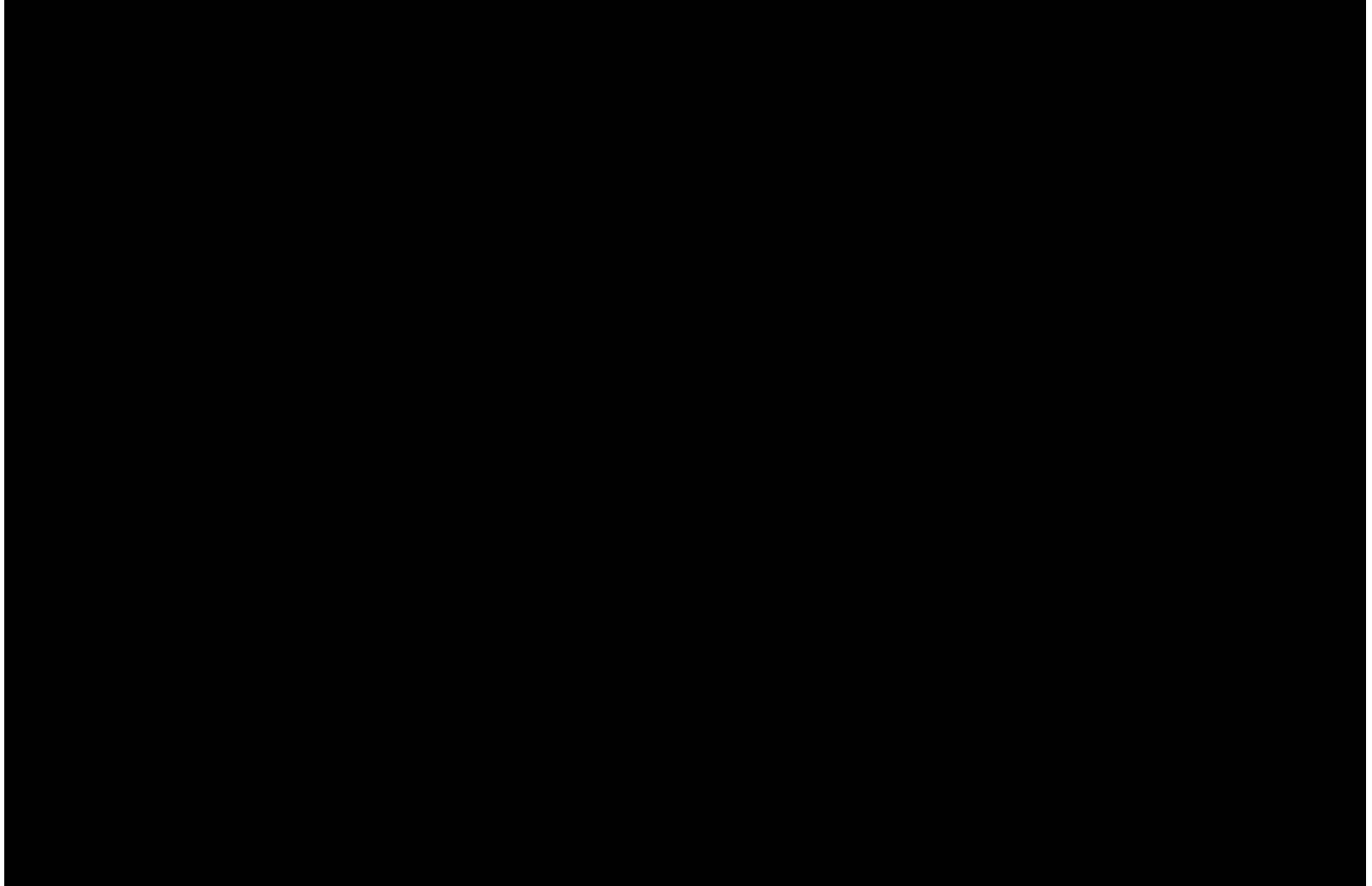


# References

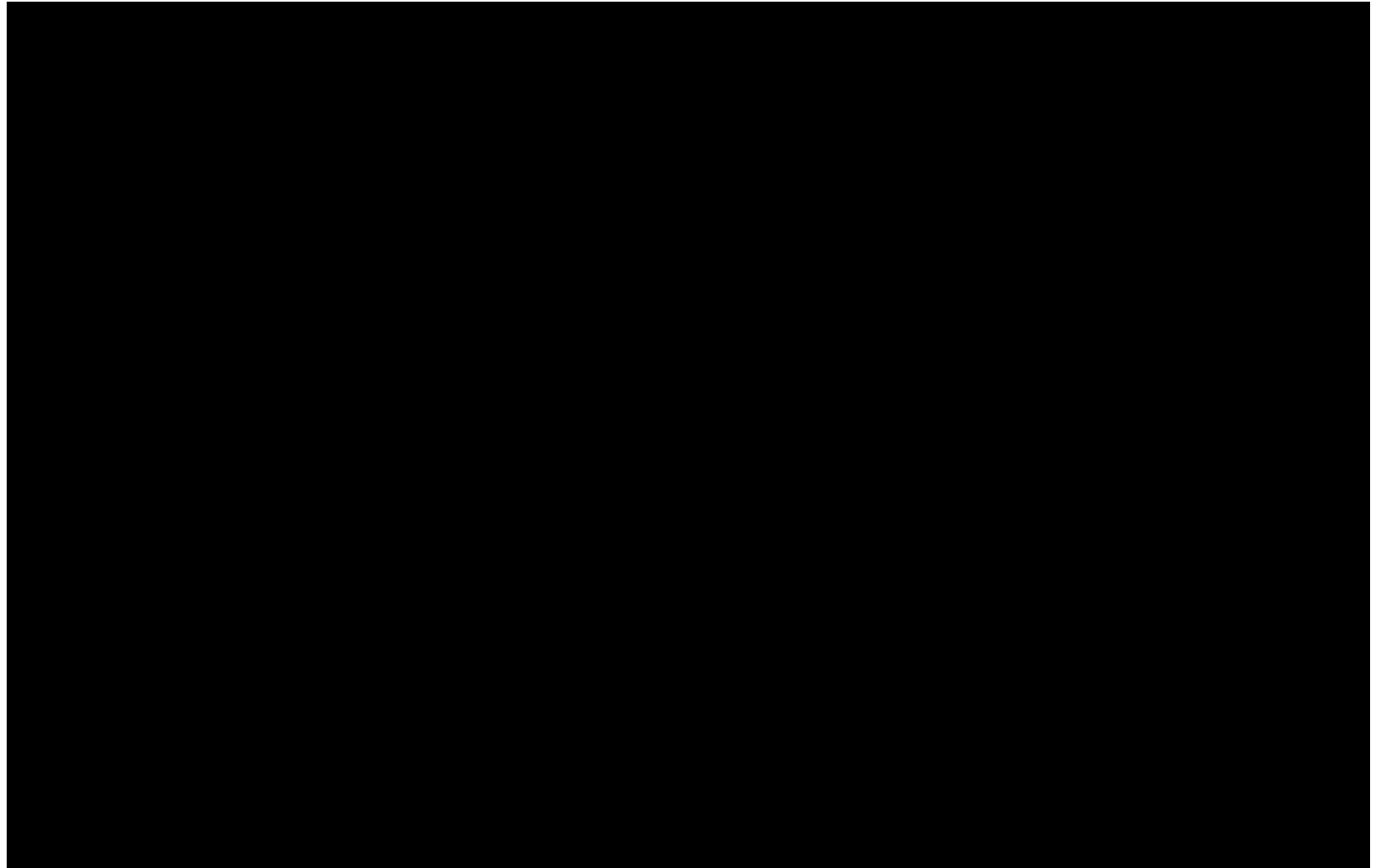
1. A Foundation Course in Human Values and Profession Ethics (Text Book and Teachers' Manual), R. R. Gaur, R. Sangal, G. P. Bagaria (2010), Excel Books, New Delhi [ISBN 978-8-174-46781-2]
2. Avartansheel Arthshastra, A. Nagraj, Divya Path Sansthan, Amarkantak, India
3. Economy of Permanence – (a quest for social order based on non-violence), J.
4. C. Kumarappa (2010), Sarva-Seva-Sangh-Prakashan, Varansi, India
5. Slow is Beautiful, Cecile Andrews  
<http://www.newsociety.com/Books/S/Slowis-Beautiful>



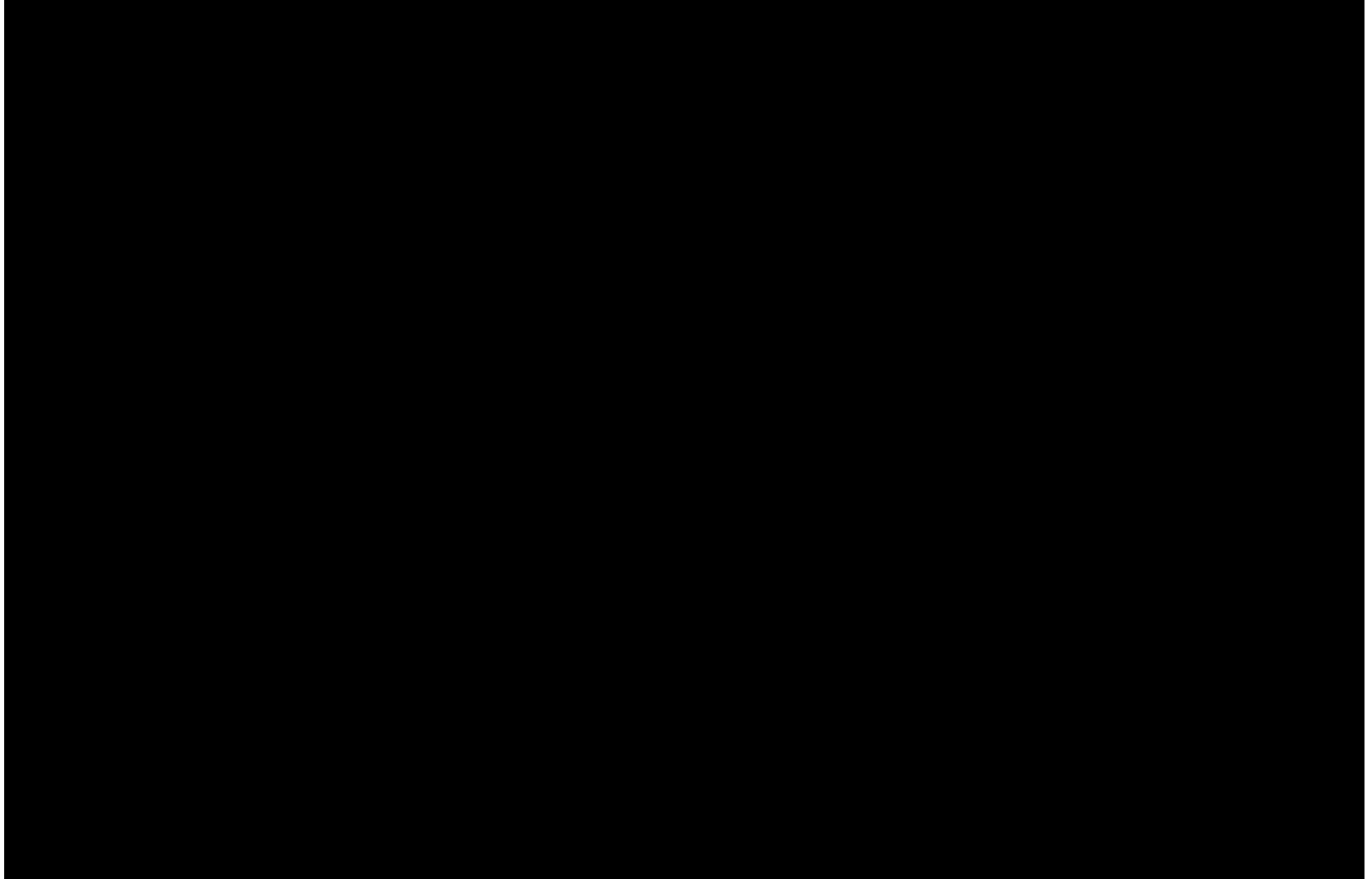
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# Thank You