



Beyond the White Coat !

-Arshitha MS



Beyond the White Coat !

In a country where women are worshipped as goddesses, how is it possible that they are treated like mere objects? Is this really what we do to the women we revere as Lakshmi and other divine figures? Before you teach your daughters about good touch and bad touch, why don't you teach your sons about respect and consent? Why is that so shameful? Isn't it more shameful to discover your son has turned into a rapist—a man who has violated a daughter of a mother, a wife of a husband, a sister of a brother, a mother of a son, or someone's beloved partner?

And let me tell you, not even our doctors are safe in this pathetic society. What will it take for us to wake up? Posting Instagram stories and feeling sorry for victims is NOT enough! It's time to take action! As citizens of this democratic country, **is it not our duty to ensure that every woman can walk the streets without fear of harassment or violence?**

Blaming the government isn't the answer! Yes, we lack strict laws to hold rapists accountable, but are we really going to sit back and wait for the government to fix this? Why should we be passive bystanders? It is OUR responsibility! We MUST ensure that every girl in this country can live her life freely and confidently without the constant dread of being targeted.

In this shameful society, when a rape occurs, people talk about it briefly, post a few stories, join protests for a moment, and then forget the incident within weeks! How can we forget? How can we move on so easily while the wounds remain fresh for the victims and their families? Be the person who is relentless in demanding change. Why should we fear speaking out when criminals are allowed to roam free, unpunished and without a shred of guilt?

What about the 8-year-old girl from Jammu and Kashmir? What was she wearing? Did that innocent child ever ask for this? When will we learn that the change we desperately need will only happen when we start blaming the crime instead of the victims? I know many of you think, “This hasn’t happened to anyone in my family. Why should I care?” But listen to this: for every hour, 51 women are raped in our country! The next victim could be your wife, your mother, your sister, or someone you love dearly.

I’ll say it again: The change starts with us! Each of those 51 women is not just a statistic; they are our beloved sisters. They could be a child excited for her first day of school, a woman nurturing life within her, a girl dreaming of a future with her partner, or someone working tirelessly to support her family.

These words are mine, but the change is YOURS! It’s time to stand up, speak out, and ensure that we create a society that truly values and protects its women. Let’s not just be spectators; let’s become warriors for change!
