

## Final Time Breaking News Time

We will use this Time zones names

US EST

Canada EST,

UK GMT,

Ireland GMT,

Australia (AEST),

New Zealand (NZST)

South Africa (SAST) at this time

Time	USA Global (EST)	USA Local EST	UK Local  GMT	Ireland Local  GMT	Canada Local EST	Australia loca AESTI	New Zealand Local  NZST	South Africa  SAST
Morning	7:25am	7:20am	7:25am	7:30am	7:30am	7:30AM	7:40am	7:45am
Afternoon	11:25am	11:20a m	11:25am	11:30am	11:30am	11:30AM	11:40am	11:45am
Mid Afternoon	2:25pm	2:20pm	2:25pm	2:30pm	2:35pm	3:30PM	3:40pm	3:00pm
Evening	5:25pm	5:15pm	5:25pm	5:30pm	5:30pm	5:35PM	5:40pm	5:45pm
Late Evening	7:25PM	7:20PM	7:30 PM	7:20 PM	7:30pm	7:25PM	7:40pm	7:45pm

## Global Breaking

### Rough Data

<b>USA (EST)</b>	<b>UK (GMT)</b>	<b>Ireland (GMT)</b>	<b>SA (SAST)</b>	<b>Aus (AEST)</b>	<b>Canada (EST)</b>	<b>New Zealand (NZST)</b>	<b>News</b>
<b>7:25am</b>	<b>12:25pm</b>	<b>12:25pm</b>	<b>2:25PM</b>	<b>11:25 PM (next day)</b>	<b>7:25am</b>	<b>1:25 AM (next day)</b>	<b>Global News B</b>
<b>11:25am</b>	<b>4:25 PM</b>	<b>4:25 PM</b>	<b>6:25 PM</b>	<b>3:25 AM (next day)</b>	<b>11:25 AM</b>	<b>5:25 AM (next day)</b>	
<b>2:25pm</b>	<b>7:25pm</b>	<b>7:25pm</b>	<b>9:25 PM</b>	<b>6:25 AM (next day)</b>	<b>2:25 PM</b>	<b>8:25 AM (next day)</b>	
<b>5:25pm</b>	<b>10:25 pm ND</b>	<b>10:25 pm ND</b>	<b>12:25 AM (next day)</b>	<b>9:20 AM (next day)</b>	<b>5:25 PM</b>	<b>11:20 AM (next day)</b>	
<b>7:25PM</b>	<b>12:25 AM</b>	<b>12:25 AM</b>	<b>2:25 AM</b>	<b>11:25 AM</b>	<b>7:25 PM</b>	<b>1:25 PM (next</b>	

	(next day)	(next day)	(next day)	(next day)		day)	
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### Local Breaking

USA	UK	Ireland	SA	Aus	Canada	New Zealand	News
7:20am	12:20 PM	12:20 PM	2:20 PM	11:20 PM (next day)	7:20am	1:25AM ND	USA Breaking Local
11:20am	4:20 PM	4:20 PM	6:20 PM	3:20 AM ND	11:20 AM	5:20 AM ND	
2:20pm	7:20pm	7:20pm	9:20pm	6:20 AM ND	2:20 PM	8:20 AM ND	
5:15pm	10:15 pm	10:15 pm	12:15 AM (next day)	9:15AM ND	5:15 PM	11:15am ND	
7:20PM	12:20 AM (next day)	12:20 AM (next day)	2:20 AM (next day)	11:20 AM ND	7:20 PM	1:20 PM ND	

<b>UK</b>	<b>Ireland</b>	<b>USA</b>	<b>Canada</b>	<b>SA</b>	<b>AUS</b>	<b>New Zealand</b>	<b>News</b>
<b>7:25am</b>	<b>7:25am</b>	<b>2:25am</b>	<b>2:25am</b>	<b>9:25 AM</b>	<b>5:25 PM (same day)</b>	<b>7:25 PM (same day)</b>	<b>UK Breaking Local</b>
<b>11:25am</b>	<b>11:25am</b>	<b>6:25 AM</b>	<b>6:25 AM</b>	<b>1:25 PM</b>	<b>9:25 PM (same day)</b>	<b>11:25 PM (same day)</b>	
<b>2:25pm</b>	<b>2:25pm</b>	<b>9:25 AM</b>	<b>9:25 AM</b>	<b>4:25 PM</b>	<b>12:25 AM (next day)</b>	<b>2:25 AM (next day)</b>	
<b>5:25pm</b>	<b>5:25pm</b>	<b>12:25 PM</b>	<b>12:25 PM</b>	<b>7:25 PM</b>	<b>3:25 AM (next day)</b>	<b>5:25 AM (next day)</b>	
<b>7:30 PM</b>	<b>7:30 PM</b>	<b>2:30 PM (</b>	<b>2:30 PM</b>	<b>9:30 PM</b>	<b>5:30 AM (next day)</b>	<b>7:30 AM (next day)</b>	

<b>Ireland</b>	<b>UK</b>	<b>USA</b>	<b>Canada</b>	<b>SA</b>	<b>AUS</b>	<b>New Zealand</b>	<b>News</b>
<b>7:30am</b>	<b>7:30am</b>	<b>2:30 AM</b>	<b>2:30 AM</b>	<b>9:30 AM</b>	<b>5:30 PM</b>	<b>7:30 PM</b>	<b>Ireland Breaking Local</b>
<b>11:30am</b>	<b>11:30am</b>	<b>6:30 AM</b>	<b>6:30 AM</b>	<b>1:30 PM</b>	<b>9:30 PM</b>	<b>11:30 PM</b>	<b>7:35 PM GMT (Ireland)</b> <ul style="list-style-type: none"> <li>• <b>US EST: 2:35 PM</b></li> <li>• <b>UK GMT: 7:35 PM</b></li> <li>• <b>Canada EST: 2:35 PM</b></li> <li>• <b>Australia (AEST): 5:35 AM (next day)</b></li> <li>• <b>New Zealand (NZST): 7:35 AM (next day)</b></li> <li>• <b>South Africa (SAST): 9:35 PM</b></li> <li>• </li> </ul>
<b>2:30pm</b>	<b>2:30pm</b>	<b>9:30 AM</b>	<b>9:30 AM</b>	<b>4:30 PM</b>	<b>12:30 AM (next day)</b>	<b>2:30 AM (next day)</b>	
<b>5:30pm</b>	<b>5:30pm</b>	<b>12:30pm</b>	<b>12:30pm</b>	<b>7:30 PM</b>	<b>3:30 AM (next day)</b>	<b>5:30 AM (next day)</b>	
<b>7:20 PM</b>	<b>7:20 PM</b>	<b>2:20 AM</b>	<b>2:20 AM</b>	<b>9:20 PM</b>	<b>5:20 AM (next day)</b>	<b>7:20 AM (next day)</b>	

<b>Canada</b>	<b>USA</b>	<b>UK</b>	<b>Ireland</b>	<b>SA</b>	<b>AUS</b>	<b>New Zealand</b>	<b>News</b>
<b>7:30am</b>	<b>7:30am</b>	<b>12:30 PM</b>	<b>12:30 PM</b>	<b>2:30 PM</b>	<b>10:30pm</b>	<b>12:30 AM (next day)</b>	<b>Canada Breaking Local</b>
<b>11:30am</b>	<b>11:30am</b>	<b>4:30 PM</b>	<b>4:30 PM</b>	<b>6:30 PM</b>	<b>2:30 AM (next day)</b>	<b>4:30 AM (next day)</b>	
<b>2:35pm</b>	<b>2:35pm</b>	<b>7:35 PM</b>	<b>7:35 PM</b>	<b>9:35 AM (next day)</b>	<b>5:35 AM (next day)</b>	<b>7:35 AM (next day)</b>	
<b>5:30pm</b>	<b>5:30pm</b>	<b>10:30pm</b>	<b>10:30pm</b>	<b>12:30 AM (next day)</b>	<b>8:30 AM (next day)</b>	<b>10:30am( next day)</b>	
<b>7:30pm</b>	<b>7:30pm</b>	<b>12:30 AM (next day)</b>	<b>12:30 AM (next day)</b>	<b>2:30 AM (next day)</b>	<b>10:30am (next day)</b>	<b>12:30 PM (next day)</b>	

<b>Australia</b>	<b>USA</b>	<b>Canada</b>	<b>Ireland</b>	<b>UK</b>	<b>SA</b>	<b>New Zealand</b>	<b>News</b>
<b>7:30AM</b>	<b>3:30 PM (previous day)</b>	<b>3:30 PM (previous day)</b>	<b>10:30 PM (previous day)</b>	<b>10:30 PM (previous day)</b>	<b>11:30 PM (Previous day)</b>	<b>9:30 AM (same day)</b>	<b>Australia Breaking Local</b>
<b>11:30AM</b>	<b>7:30 PM (previous day)</b>	<b>7:30 PM (previous day)</b>	<b>4:30 AM (same day)</b>	<b>4:30 AM (same day)</b>	<b>1:30 AM (same day)</b>	<b>10:30 AM (same day)</b>	
<b>3:30PM</b>	<b>11:30 PM (previous day)</b>	<b>11:30 PM (previous day)</b>	<b>8:30 AM (same day)</b>	<b>8:30 AM (same day)</b>	<b>4:30 AM (same day)</b>	<b>2:30 PM (same day)</b>	
<b>5:35PM</b>	<b>1:35AM (same day)</b>	<b>1:35AM (same day)</b>	<b>8:35 AM (same day)</b>	<b>8:35 AM (same day)</b>	<b>6:35 AM (same day)</b>	<b>4:35 PM (same day)</b>	
<b>7:25PM</b>	<b>3:25 AM (same day)</b>	<b>3:25 AM (same day)</b>	<b>10:25 AM (same day)</b>	<b>10:25 AM (same day)</b>	<b>8:25am (same day)</b>	<b>6:25 PM (same day)</b>	

<b>New Zealand</b>	<b>USA</b>	<b>Canada</b>	<b>UK</b>	<b>Ireland</b>	<b>SA</b>	<b>Australia</b>	<b>News</b>
<b>7:40am</b>	<b>1:40 PM (previous day)</b>	<b>1:40 PM (previous day)</b>	<b>6:40 PM (previous day)</b>	<b>6:40 PM (previous day)</b>	<b>8:40 PM (previous day)</b>	<b>5:40 AM (same day)</b>	<b>New Zealand Breaking Local</b>
<b>11:40am</b>	<b>5:40 PM (previous day)</b>	<b>5:40 PM (previous day)</b>	<b>10:40 PM (previous day)</b>	<b>10:40 PM (previous day)</b>	<b>12:40 AM (same day)</b>	<b>9:40 AM (same day)</b>	
<b>3:40pm</b>	<b>9:40 PM (previous day)</b>	<b>9:40 PM (previous day)</b>	<b>2:40 AM (same day)</b>	<b>2:40 AM (same day)</b>	<b>4:40 AM (same day)</b>	<b>1:40 PM (same day)</b>	
<b>5:40pm</b>	<b>11:40 PM (previous day)</b>	<b>11:40 PM (previous day)</b>	<b>4:40 AM (same day)</b>	<b>4:40 AM (same day)</b>	<b>6:40 AM (same day)</b>	<b>3:40 PM (same day)</b>	
<b>7:40pm</b>	<b>1:40 AM (same day)</b>	<b>1:40 AM (same day)</b>	<b>6:40 AM (same day)</b>	<b>6:40 AM (same day)</b>	<b>8:40 AM (same day)</b>	<b>5:40 PM (same day)</b>	



<b>South Africa</b>	<b>USA</b>	<b>Canada</b>	<b>UK</b>	<b>Ireland</b>	<b>New Zealand</b>	<b>Australia</b>	<b>News</b>
<b>7:45am</b>	<b>1:45 AM</b>	<b>1:45 AM</b>	<b>6:45 AM</b>	<b>6:45 AM</b>	<b>3:45 PM (same day)</b>	<b>1:45 PM (same day)</b>	<b>South Africa Breaking Local</b>
<b>11:45am</b>	<b>5:45 AM</b>	<b>5:45 AM</b>	<b>10:45 AM</b>	<b>10:45 AM</b>	<b>8:45 PM Same day</b>	<b>6:45 PM Same day</b>	<b>7:45 PM SAST (South Africa)</b> <ul style="list-style-type: none"> <li>• <b>US EST: 1:45 PM</b></li> <li>• <b>Canada EST: 1:45 PM</b></li> <li>• <b>UK GMT: 6:45 PM</b></li> <li>• <b>Ireland GMT: 6:45 PM</b></li> <li>• <b>Australia AEST: 3:45 AM (next day)</b></li> <li>• <b>New Zealand NZST: 5:45 AM (next day)</b></li> </ul>
<b>3:00pm</b>	<b>9:00 AM</b>	<b>9:00 AM</b>	<b>2:00 PM</b>	<b>2:00 PM</b>	<b>1:00 AM next day</b>	<b>11:00 PM (same day)</b>	
<b>5:45pm</b>	<b>11:45 AM</b>	<b>11:45 AM</b>	<b>4:45 PM</b>	<b>4:45 PM</b>	<b>2:45 AM (next day)</b>	<b>12:45 AM (next day)</b>	
<b>7:45pm</b>	<b>1:45 PM</b>	<b>1:45 PM</b>	<b>6:45 PM</b>	<b>6:45 PM</b>	<b>5:45 AM (next day)</b>	<b>3:45 AM (next day)</b>	