



The background of the entire page is a light blue gradient, overlaid with numerous translucent, irregular blue shapes that resemble salt crystals or mineral grains. These shapes are scattered across the page, with a higher density in the top and bottom corners, creating a textured, crystalline effect.

HISTORY OF SALT ROOMS

Speleotherapy is a respiratory therapy that consists of a long stay in the microclimate of karsts and salt mines. Speleotherapy, or salt therapy, is also known as halotherapy. Halotherapy comes from the Greek word, “halos” which means “salt” and “therapy,” which means “treatment”.

The most famous speleotherapy clinic was built in 1968 in the village of Solotvino, in the Transcarpathian region of Ukraine. The underground admissions office was located at the existing Solotvinsky salt mine, at a depth of 300 meters. The treatment block of the clinic was designed to hold 250 beds. Patients were treated according to the technique developed at the Uzhgorod branch of the Odessa Research Institute of Balneology.



A decorative background featuring numerous blue, irregularly shaped salt crystals scattered across a white surface. The crystals are concentrated more towards the top and bottom edges, leaving a clear white space in the center where the text is located.

A SALT ROOM CAN HELP WITH:

- disease prevention;
- immunity strengthening;
- Treatment of bronchitis (without obstruction and without asthmatic component), tonsillitis, rhinitis, sinusitis, tracheitis (except chronic forms), obstructive bronchitis, bronchitis with an asthmatic component, chronic bronchitis, a chronic form of tonsillitis, asthma (allergic, bronchial), atopic dermatitis, allergies, sinusitis, and adenoiditis.

WHAT MAKES US DIFFERENT FROM OTHER SALT ROOMS?

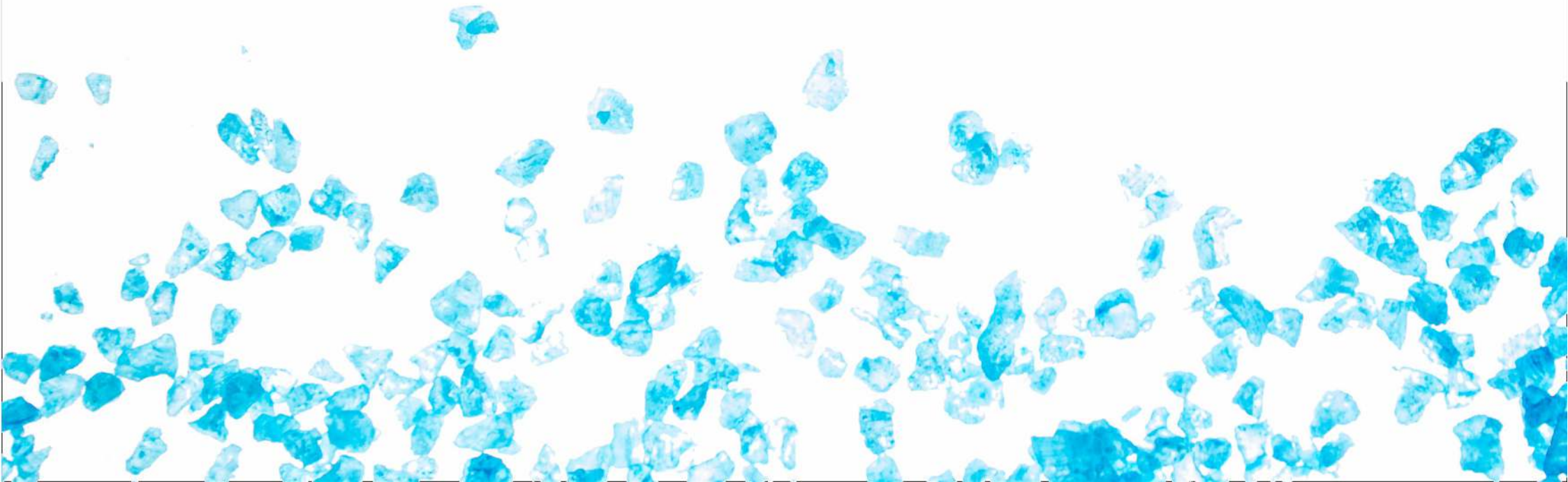
We do not use active halogenerators, as we do not need an additional aerosol of sodium chloride because our rooms possess a similar climate to salt caves. The use of halite during the active treatment of bronchopulmonary diseases comes with distinct disadvantages. Salt enters into the esophagus, complicating the work of a person's internal organs.

We use coarse-grained salt in our rooms, and so we have the opportunity to regularly conduct wet cleaning (mopping the walls and floors). This is very valuable, since NaCl naturally attracts everything in the atmosphere. Our chambers have no time limit on their efficacy, and once installed can remain in use for hundreds of years. They can also be dismantled and moved to other locations.

We only use of the most homogeneous crystals that have the highest percentage of NaCl. Our halochambers contain only halite, the therapeutic and disease prevention agent (we don't use sylvinite as a facing material, due to its heterogeneity.)

Laboratory tests conducted by the European Respiratory Society showed an improvement of all participants' health after speleotherapy sessions. The test confirmed a decrease of respiratory symptoms, and revealed an improvement of immunological and endocrinological characteristics.

Children and pregnant women can also visit our salt rooms, thanks to the absence of large particles of sodium chloride (released by active halogen generators).





COMPARATIVE CHARACTERISTICS OF THE SALT CAVE AND OUR SALT ROOM

Characteristic	Soltovino Underground Salt Cave	The Real Salt Cave Salt Room
Air temperature	22-24	22-24
Relative humidity	35-50%	40-50%
Sodium chloride concentration	2-5 mg/m ³	3-8 mg/m ³
Air ionization (light, medium negative and positive particles per 1 cm ³ of air)	9-10 thousand	At the beginning of the generator operation - 6 thousand, after 30 minutes of operation - 9 thousand
Air speed	No more than 0.2 m/s	≈ 0.1 m/s
Allergens and pathogens	No	No

COMPOSITION OF SALT

HALITE



97-98% NaCl in the crystal (Sodium Chloride)
2-3% impurities

Potassium-40 free

ionized dry NaCl aerosol is the main active element in halotherapy

Our company uses only halite

OUR SALT IS 300 MILLION YEARS OLD

SYLVINITE (pink salt)



20-85% NaCl in the crystal
80-15% impurities

May contain potassium-40



Potassium-40 - a natural radioactive isotope of a potassium chemical element



The Real Salt Cave is the official representative of Solicom in the United Kingdom, which has built more than 500 salt rooms during 20 years of operation. A unique salt room that brings amazing therapeutic results was designed in collaboration with leading doctors such as Yaroslav Chonka of the Solotvensky Allergological Hospital and specialists from Kiev medical institutions. The design of our halochambers is based on a salt massifs.

SALT ROOM CONSTRUCTION TECHNOLOGY

WALLS

faced with untreated blocks of natural salt



FLOOR

combined with bulk salt or laid out with salt tiles



CEILING

sprayed with salt



HALOGENERATOR

Each halochamber is equipped with "IONNA" passive halogenerator.



Using a similar construct, we achieved the performance of Solotvinsky salt mine



SALT ROOM FOR CHILDREN

Due to the high efficiency of the method and the absence of side effects, halotherapy is widely used in pediatrics in some regions of Europe.

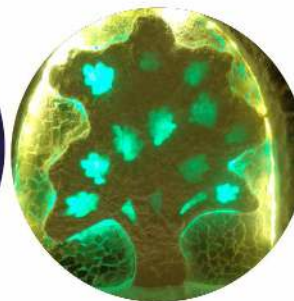
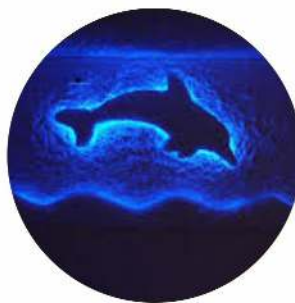
STAY OF CHILDREN IN THE SALT CAVE:

- relieves the symptoms of chronic diseases;
- reduces the incidence of influenza and respiratory infections;
- strengthens the immune system without using medications;
- reduces the incidence of respiratory infections in children's groups.

THEMATIC ROOM DECOR:



FAIRY CASTLES
with salt sandbox



FLORA AND FAUNA
statues or wall decor



BRIGHT LEDS
for room decoration

SALT ROOM FOR OFFICES

Nowadays people face quite an aggressive environment in offices:

- blocked aircon filters;
- photocopier ink particles;
- fumes from cleaning products;
- ill colleagues.

ADVANTAGES OF HAVING THE SALT ROOM IN THE OFFICE

- air quality improvement
- increase immunity and productivity of employees
- unique design



MEETING ROOM
separate room / partial decor



RECEPTION
desk decoration



SALT LAMP
for the office rooms
or workplaces

Salt decor helps to take care of your employees' health.



SALT ROOM FOR SMOKERS

Nicotine addiction. As practice has shown, few hours in a salt cave help to stop exhausting coughing episodes and significantly improve smoker's overall health. Oxygen with microparticles of salt effectively cleanses the lungs of nicotine resins and relieves inflammation.



CIGARETTES



VAPING



GADGETS
FOR SMOKING



HOOKAH

Relaxing sessions in salt caves helps to endure the period of adaptation after smoking cessation.

SALT LAMPS

Using of our salt lamps is the most affordable way to recreate the microclimate of salt mines.

During the heating of a salt block, the room air is saturated with sodium chloride ions. Salt aerosol clears the air, inhibits the growth of microorganisms and prevents the development of inflammatory processes.

Salt lamp is recommended for the prevention and treatment of different diseases including allergic and non-allergic diseases of the bronchopulmonary system.

The salt lamp is a harmonious combination of ancient wisdom and the latest scientific knowledge, the embodiment of harmony, beauty and utility.



OFFICE



TRAINING HALL



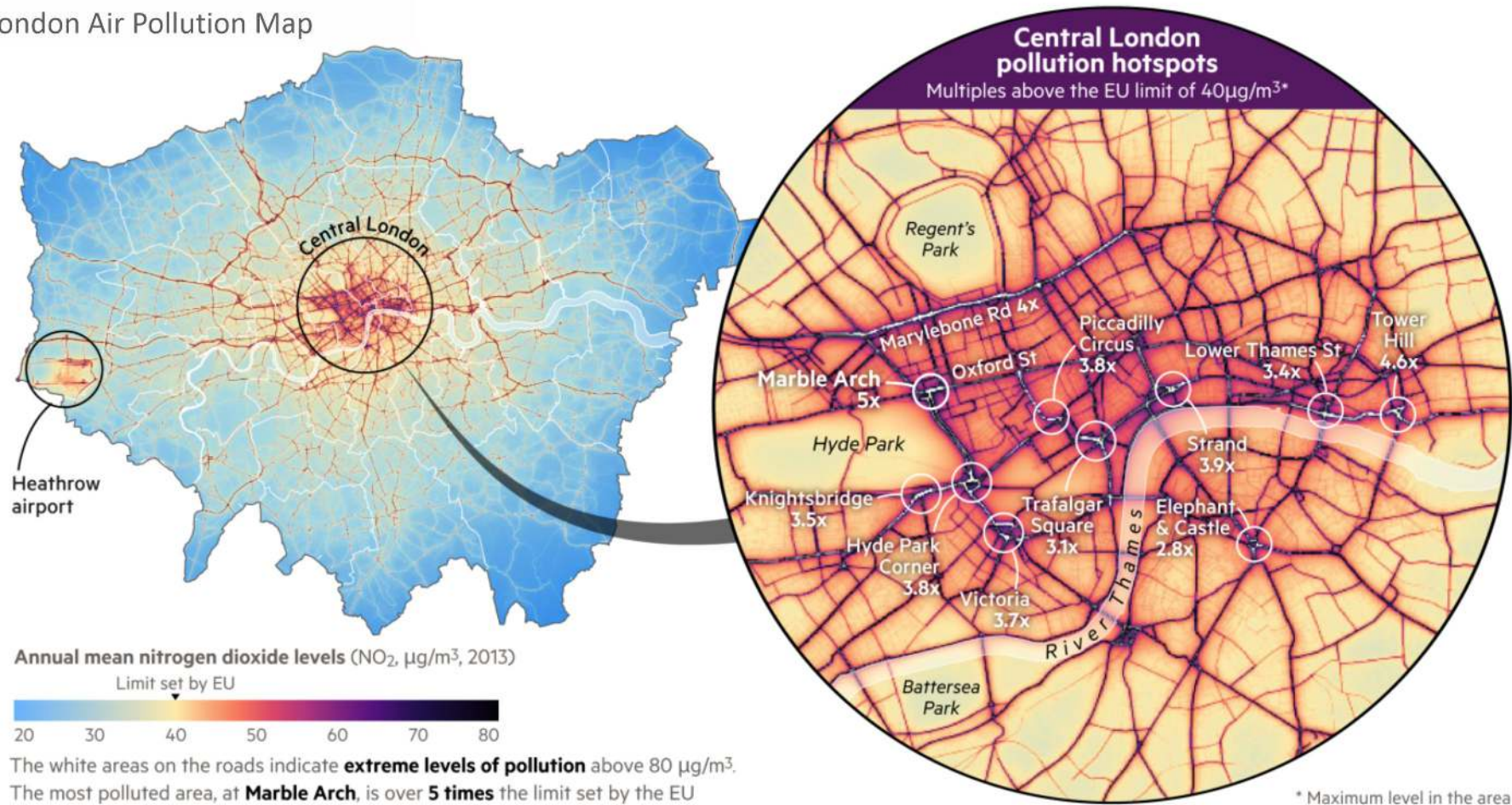
HOUSE /
APARTMENT

The salt in the Bible is a symbol of friendship, solidarity, life and wisdom

It's a well-known fact that air pollution in London is above a legal limit. Poisonous particles, including black carbon and nitrogen oxides, float in the air, inhaled with every breath you take. According to data published in April of 2019 by Mayor Sadiq Khan. Two million Londoners - including more than 400,000 children – currently live in areas that exceed legal limits for air pollution.

IS YOUR HEALTH SUFFERING?

London Air Pollution Map





information support



warranty service



unique rooms



favorable prices



staff training



innovative technology



scientific and
methodological
recommendations



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ADVANTAGES OF WORKING WITH US



WE OFFER CONSTRUCTION OF SALT ROOMS IN



offices



hotels



health centres



schools



kindergartens



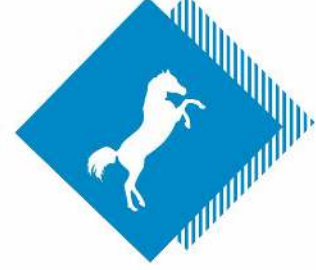
private homes



spa salons



fitness clubs



horse stables



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