INNER DEVELOPMENT GOALS

Transformational Skills for Sustainable Development

In 2015, the UN Sustainable Development Goals provided us with a comprehensive plan for a sustainable world by 2030.

However, **progress is not happening fast enough**.
Right now, it doesn’t look like we will reach the goals in time.

There is an **urgent need to increase our collective abilities** to face and effectively work with complex challenges.

This is why we are co-creating the **Inner Development Goals**.

Together with 4000+ scientists, experts and practitioners we developed a framework of the capabilities, qualities and skills that are needed to achieve the 17 Sustainable Development Goals.

We bring the power of inner development to all global challenges faced by humanity.

INNER DEVELOPMENT GOALS

About Us

The Inner Development Goals is a non-profit, open-source organization for inner development.

We research, collect, and communicate science-based skills and qualities that help us to live purposeful, sustainable, and productive lives.

Initiating Partners

THE NEW DIVISION
Agents of Sustainability

29k

EKSKĀRET

Academic Partners

Stockholm University

Stockholm School of Economics

Lund University

LUCSUS
CENTRE FOR SUSTAINABILITY STUDIES

Human Flourishing Program at Harvard University

RSM Erasmus University

Learning Planet Institute

DTU

Senior Scientific Advisors

Global Thought Leaders on Inner Development

- Amy C. Edmondson, PhD, Harvard Business School
- Jennifer Garvey Berger, PhD, Harvard University
- Robert Kegan, PhD, Harvard University
- Renée Lertzman, PhD, Cardiff University
- Otto Scharmer, Senior Lecturer, MIT Sloan
- Peter Senge, Senior Lecturer, MIT Sloan
- Daniel J. Siegel, MD, UCLA

INNER DEVELOPMENT GOALS

Transformational Skills for Sustainable Development

1 Being
Relationship to Self

- Inner Compass
- Integrity and Authenticity
- Openness and Learning Mindset
- Self-awareness
- Presence

2 Thinking
Cognitive Skills

- Critical Thinking
- Complexity Awareness
- Perspective Skills
- Sense-making
- Long-term Orientation and Visioning

3 Relating
Caring for Others and the World

- Appreciation
- Connectedness
- Humility
- Empathy and Compassion

4 Collaborating
Social Skills

- Communication Skills
- Co-creation Skills
- Inclusive Mindset and Intercultural Competence
- Trust
- Mobilisation Skills

5 Acting
Enabling Change

- Courage
- Creativity
- Optimism
- Perseverance

INNER DEVELOPMENT GOALS

Our focus is on supporting organizations:
companies, NGOs and governments.

They have a great potential to accelerate human growth and collective learning and achieve systemic change.

We are building an ecosystem that brings the world’s leading practitioners and academics on adult learning into a constructive dialogue with pioneering organizations on scaling collective inner development.

Institutional Partners

BMW Foundation Herbert Quandt
KAMEL LAZAAR FOUNDATION
PRESENCING INSTITUTE
TEMPLETON WORLD CHARITY FOUNDATION
mideplan
ASHOKA
the inner foundation
IDRC · CRDI
Region Stockholm
CONSCIOUS FOOD SYSTEMS ALLIANCE
cadra
Co-funded by the Erasmus+ Programme of the European Union

Collaborating Partners

IKEA
ERICSSON
Google
Stena
NOVARTIS
Husqvarna Group
Fotografiska
LINDÉNGRUPPEN
{callstack}
OX2
EgonZehnder
granitor
Worklife Group
HAUFE AKADEMIE
hogeschool Windesheim
Jung
Svenska Retursystem
Spotify
ICEBUG
HOUDINI
growloop
BERGHS SOC
Howspace
DOINGS
BURREN COLLEGE OF ART
Baker McKenzie.
INSTITUT FÜR PRAKTISCHE EMERGENZ
terra institute
MOTIVATION.SE
explain
CLOSE
Mannaz
Society Beyond
DIE COACHING GESELLSCHAFT

Partner With Us

INNER DEVELOPMENT GOALS

Why Partner?

Shift the narrative on sustainability and human development towards more hope and action.

Position your company as a global leader in driving sustainability also through human development.

Exchange best practices on building skills at scale and integrating sustainability with pioneering organizations, governments and thought leaders.

Corporate Offers

Accelerate the work towards the Sustainable Development Goals and create engagement for your company's ambitions on inner development.

- Access the **Corporate Learning Circle** to learn from peers about implementing the IDGs and inner development practice at scale.

- Exclusive invitations to **partner meetings**, and **high-level thought leader meetings**.

- Learn from some of the most prominent global thought leaders, scientists and artists at the **IDG Summit 2023**, **IDG Gatherings**, or our **IDG Masterclasses**.

Partner Levels

	Small	Medium	Large	Premium	Global
Visibility on Website, Reports, Events, etc.	Name on Website	Small logo	Medium logo	Medium logo	Big logo
Partner Meetings	included	included	included	included	included
Corporate Learning Circle		included	included	included	included
IDG Summit 2023 - Physical Tickets	23% discount	23% discount	23% discount	+ 5 tickets	+ 10 tickets
IDG Summit 2023 - Digital Tickets	10 included	20 included	100 included	500 included	unlimited
IDG Gatherings - Digital Tickets	5 included	10 included	20 included	50 included	unlimited
IDG Talks or Workshops	23% discount	23% discount	23% discount	+ 1 talk	+ 2 talks
IDG Masterclasses	23% discount	23% discount	23% discount	+ 1 ticket/year	+ 2 tickets/year
Investment	€5K	€15K	€30K	€60K	€100K

Your Social Impact

Your contribution supports the IDG Team in carrying out these and more activities:

IDG Research Phase 3

Validating and adjusting the **IDG Framework** that describes the inner skills needed with global perspectives, and exploring how these skills impact the efforts on sustainability.

Policy Development

The **Global Leadership for Sustainable Development Program** supports leaders in policy making, and promotes the establishment of public-sector focused **IDG Country Centers**.

Ecosystem Building

Generating an ecosystem around inner development for sustainability transformation. This includes e.g. the **IDG Toolkit**, and more than 100 global **Hubs and Networks**.

Leadership Team

Daniel Hires

Partnerships & Communications

Daniel is a social entrepreneur, innovation catalyst, and ecosystem builder. He co-founded the movement for social innovation MakeSense, and helped the UN incubate green startups to drive systems transformation.

Åsa Jarskog

Global Programs

Åsa has spent 30 years as a consultant, trainer and coach within Sustainable Business Development, Strategy and Leadership in 55 countries in Asia, Europe, Asia and Latin America.

Michael Wernstedt

Associate Director

Michael is a social entrepreneur. He co-founded the Initiative party and established the Raoul Wallenberg Academy for Young Leaders.

Katharina Moser

IDG Summit & Events

Katharina is a designer of meaningful connections. She has created and moderated around 300 events, focusing on the human element. She founded MOSAIK and worked for the European Forum Alpbach.

Jan Artem Henriksson

Executive Director

Jan Artem is a thought leader in leadership development. He is a faculty member at Stockholm School of Economics Executive Education and has co-founded Relate and SelfLeaders.

Thank you
for your support!

Contact: daniel@innerdevelopmentgoals.org

INNER DEVELOPMENT GOALS

Appendix A:

Corporate Offers

INNER DEVELOPMENT GOALS

Corporate Learning Circle

The Corporate Learning Circle meets 4-6 times per year to learn from and with peers on tackling the challenges that come with bringing inner development work to an organizational scale.

Join to exchange and share best practices, and hear from global practitioners at forward-thinking organizations on the practical application of IDG framework.

View a learning circle with IKEA
(passcode: &?8pLdr*).

Partner Meetings

We organize 4 exclusive partner events per year, either digitally or as a physical dinner before the IDG Summit with the speakers

Our next Partner Meeting is on March 28 at Worklife Group in Stockholm.

High-Level Meetings

In our work with institutional partners and governments, we organize high-level gatherings with thought leaders and our corporate partners, e.g. with our partner on Ekskäret Island.

IDG Summit 2023

11-13 Oct 2023

Bringing together decision makers from organizations, government and the IDG Community to learn from world-class speakers & experience the IDGs.

- 1.500 pax on-site
- 10.000 pax digital

See the video from 2022

Further details on the Registration Page

Theme: “Connecting the Dots”

Oct 11th

Main day with talks, art, experiences, and an evening mingling at *Cirkus*.

Digital watch parties at 100+ global IDG Hubs.

Oct 12th

Parallel tracks of workshops & deep dives with top speakers at *Fotografiska*, *Berghs* and more. Closing dinner & party at the iconic *Berns*.

3 digital tracks with online workshops and deep dives.

Oct 13th

Decompression Morning at *Epicenter*.

IDG Hubs meetup locally (where possible) and digitally.

IDG Gatherings

If the annual Summit is the main celebration, the IDG Gatherings are the monthly heartbeat to meet and hear from experts on different IDG areas.

Watch a recent [Gathering feat. Otto Scharmer, MIT]

IDG Masterclasses

The IDG Masterclasses are opportunities for deeper dives into the dimensions of the IDGs with some of the leading academics and practitioners.

See here the [next Masterclass] with Peter Senge from March 29-31.

Appendix B:

Social Impact Activities

INNER DEVELOPMENT GOALS

IDG Research Phase 3

Global Study to Adjust the IDG Framework

We aim to globally validate and adjust the IDG framework and toolkit, with input from 100,000+ people in 100+ countries.

Examine how the IDGs can help accelerate the work towards the SDGs.

How to use and integrate IDGs in the most useful ways in organizations, both companies and public institutions.

Global Leadership for Sustainable Development

The GLSD programme seeks to inspire, develop and connect senior leaders in government, private sector, academia and civil society. It serves to prototype a Capacity Development Program, and understand how an increased focus on IDGs can support sustainable development.

IDG Country Centers

The IDG country centers aim to serve as multi-stakeholder resources for organisations wishing to integrate the IDG framework into their policies, strategies and operations.

Ecosystem Building

As a movement with an open-source philosophy, we support the wider ecosystem through free resources and engage in collaborations, e.g. with the Mindfulness Institute, 29k, or the Inner Green Deal.

Our global community comprises of 120+ Hubs who are bringing the IDGs into local ecosystems.

IDG Toolkit

An online inner development library of evidence-based, open & free tools and methods that can be used to develop the IDG skills. Visit idg.tools to explore.

Appendix C:

IDG Framework

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INNER DEVELOPMENT GOALS

Being

Relationship to Self

Cultivating our inner life and developing and deepening our relationship to our thoughts, feelings and body help us be present, intentional and non-reactive when we face complexity.

Inner Compass
Having a deeply felt sense of responsibility and commitment to values and purposes relating to the good of the whole.

Integrity and Authenticity
A commitment and ability to act with sincerity, honesty and integrity.

Openness and Learning Mindset
Having a basic mindset of curiosity and a willingness to be vulnerable and embrace change and grow.

Self-awareness
Ability to be in reflective contact with own thoughts, feelings and desires; having a realistic self-image and ability to regulate oneself.

Presence
Ability to be in the here and now, without judgement and in a state of open-ended presence.

INNER DEVELOPMENT GOALS

Thinking

Cognitive Skills

Developing our cognitive skills by taking different perspectives, evaluating information and making sense of the world as an interconnected whole is essential for wise decision-making.

Critical Thinking
Skills in critically reviewing the validity of views, evidence and plans.

Complexity Awareness
Understanding of and skills in working with complex and systemic conditions and causalities.

Perspective Skills
Skills in seeking, understanding and actively making use of insights from contrasting perspectives.

Sense-making
Skills in seeing patterns, structuring the unknown and being able to consciously create stories.

Long-term Orientation and Visioning
Long-term orientation and ability to formulate and sustain commitment to visions relating to the larger context.

INNER DEVELOPMENT GOALS

Relating

Caring for Others and The World

Appreciating, caring for and feeling connected to others, such as neighbors, future generations or the biosphere, helps us create more just and sustainable systems and societies for everyone.

Appreciation
Relating to others and to the world with a basic sense of appreciation, gratitude and joy.

Connectedness
Having a keen sense of being connected with and/or being a part of a larger whole, such as a community, humanity or global ecosystem

Humility
Being able to act in accordance with the needs of the situation without concern for one's own importance.

Empathy and Compassion
Ability to relate to others, oneself and nature with kindness, empathy and compassion and address related suffering.

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Collaborating

Social Skills

To make progress on shared concerns, we need to develop our abilities to include, hold space and communicate with stakeholders with different values, skills and competencies.

Communication skills
Ability to really listen to others, to foster genuine dialogue, to advocate own views skillfully, to manage conflicts constructively and to adapt communication to diverse groups.

Co-creation skills
Skills and motivation to build, develop and facilitate collaborative relationships with diverse stakeholders, characterized by psychological safety and genuine co-creation.

Inclusive mindset and intercultural competence
Willingness and competence to embrace diversity and include people and collectives with different views and backgrounds.

Trust
Ability to show trust and to create and maintain trusting relationships.

Mobilization skills
Ability to show trust and to create and maintain trusting relationships.

INNER DEVELOPMENT GOALS

Acting

Enabling Change

Qualities such as courage and optimism help us acquire true agency, break old patterns, generate original ideas and act with persistence in uncertain times.

Courage
Ability to generate and develop original ideas, innovate and being willing to disrupt conventional patterns.

Creativity
Willingness and competence to embrace diversity and include people and collectives with different views and backgrounds.

Optimism
Ability to sustain and communicate a sense of hope, positive attitude and confidence in the possibility of meaningful change.

Perseverance
Ability to sustain engagement and remain determined and patient even when efforts take a long time to bear fruit.

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