



$$v_{0,m} = v_{0,M} = 0$$

$$M = 2 \text{ kg}$$

$$k = 10 \text{ N/m}$$

$$\Delta x = 0.2 \text{ m}$$

$$m = 0.2 \text{ kg}$$

$$l = 1 \text{ m}$$

v_m, v_M al distacco delle molle ; $t(l) = ?$

$$\begin{cases} m v_m + M v_M = 0 \\ v_m = v'_m + v_M \\ \frac{1}{2} k \Delta x^2 = \frac{1}{2} m v'^2 \end{cases}$$

~~$$\begin{cases} m v_m + M v_M = 0 \\ v_m = v'_m + v_M \\ v'_m = 2 \left(\frac{k \Delta x}{m} \right) \Delta x \end{cases}$$~~

$$* \begin{cases} m v_m + M v_M = 0 \\ \frac{1}{2} m v_m^2 + \frac{1}{2} M v_M^2 = \frac{1}{2} k \Delta x^2 \end{cases}$$

~~$$\begin{cases} m v_m + M v_M = 0 \\ v_m^2 = 2 \left(\frac{k \Delta x}{m} \right) \Delta x \end{cases}$$~~

$$v_m = - \frac{M}{m} v_M$$

$$\cancel{m} \frac{M^2}{m^2} v_M^2 + M v_M^2 = k \Delta x^2 \Rightarrow v_M = - \Delta x \sqrt{\frac{m k}{M(m+M)}} = - 0.135 \text{ m/s}$$

$$\Rightarrow v_m = \Delta x \sqrt{\frac{M k}{m(m+M)}} = 1.35 \text{ m/s}$$

$$\cancel{l = v_m t}$$

$$l = v'_m t \quad *$$

$$\begin{cases} m v_m + M v_M = 0 & \Rightarrow v_M = -\frac{m}{M} v_m \\ v_m = v'_m + v_M & \Rightarrow \end{cases}$$

$$\Rightarrow v_m = v'_m - \frac{m}{M} v_m \Rightarrow v'_m = \frac{m+M}{M} v_m = 1.48 \text{ m/s}$$

$$t = \frac{l}{v'_m} = 0.67 \text{ s}$$

$$v_{M,1} = ? \quad \Delta x_1 = 0.1 \text{ m}$$

$$\begin{cases} m v_{m,1} + M v_{M,1} = 0 \\ \frac{1}{2} k \Delta x^2 = \frac{1}{2} m v_{m,1}^2 + \frac{1}{2} M v_{M,1}^2 + \frac{1}{2} k \Delta x_1^2 \end{cases}$$

$$\Rightarrow v_{M,1} = \sqrt{\frac{m k (\Delta x^2 - \Delta x_1^2)}{M (m+M)}} = 0.117 \text{ m/s}$$

$$\Delta x_{2, \text{max}} = ? \quad : \quad v_{m2} = v_{M2} = 0 \Rightarrow \frac{1}{2} k \Delta x^2 = \frac{1}{2} k \Delta x_2^2$$

\downarrow
 $= \Delta x$

$$\begin{cases} m v_m + M v_M = 0 \\ v_m = v'_m + v_M \\ \boxed{\Delta E'_k = W_{TOT}} \\ \frac{1}{2} m v'^2_m \end{cases}$$

$$W_{TOT}' = W_{rel} + W_{opp}$$

$$a_m = a'_m + a_M \Rightarrow a'_m = a_m - a_M$$

$$F' = \begin{cases} m a_m - m a_M \\ \downarrow \\ F = -kx \end{cases}$$

$$\Rightarrow W_{el} = -\Delta E_{rel} = -\left(0 - \frac{1}{2} k \Delta x^2\right) = \frac{1}{2} k \Delta x^2$$

$$W_{opp} = \int_0^{\Delta x} +m a_M dx \quad *$$

$$m a_m + M a_M = 0 \Rightarrow a_M = -\frac{m}{M} a_m = \frac{k}{M} x$$

$$* \Rightarrow W_{opp} = \int_0^{\Delta x} m \frac{k}{M} x dx = \frac{1}{2} \frac{m}{M} k \Delta x^2$$

$$\Delta E'_k = W_{TOT}' \Rightarrow \frac{1}{2} m v'^2_m = \frac{1}{2} k \Delta x^2 + \frac{1}{2} k \frac{m}{M} \Delta x^2$$

$$m v'^2_m = \left(1 + \frac{m}{M}\right) k \Delta x^2 \Rightarrow v'_m = \Delta x \sqrt{\frac{m+M}{mM} k}$$