





PRODUCTS

RECIPES

DISCOVERY FIELD TRIP CONTEST

for our children.

It's easy to share the joy of SMARTIES with family and friends, or bake them into creative, homemade treats - the possibilities are endless! The only question is, DO YOU EAT THE RED ONES LAST?

Buy in Store

Buy Online

Features and Benefits

Nutrition Information —

SMARTIES candy coated milk chocolate 45 g Nutrition Information

Per 1 box (45 g)

	AMOUNT	% DV
Calories	210	
Carbohydrate	35 g	
Fibre	1 g	4 %
Sugars	33 g	33 %
Fat	7 g	9 %
Cholesterol	5 mg	
Saturated	4 g	20 %

Trans	0 g	
Protein	2 g	
Sodium	20 mg	1 %
	AMOUNT	% DV
Calcium	40 mg	3 %
Iron	0.75 mg	4 %
Potassium	100 mg	2 %

5% or less is a little, 15% or more is a lot.

Ingredients +

RECIPES

Canadian SMARTIES Cookies

Did you know that SMARTIES are a Canadian-centered confectionery product? Try these yummy, chocolatey Canadian Cookies! A treat kids of all ages will love.

SEE RECIPE

VIEW ALL RECIPES

You Might Be Interested In

