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# BOOST Original - Chocolate

237 ml

BOOST Original - Chocolate ▼

BOOST® Original Chocolate Meal Replacement Drink (6 x 237 ml) is a convenient and delicious way to help you get your nutrition when you're on-the-go, or not getting enough in your daily diet. It offers complete balanced nutrition that fits perfectly with your active lifestyle. Plus, our recipe has no artificial flavour and



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Features and Benefits



Nutrition Information



## BOOST Original - Chocolate Nutrition Information

Per 237 ml

	AMOUNT	% DV
Calories	230	
Carbohydrate	34 g	
Sugars	14 g	
Cholesterol	6.8 mg	
Monounsaturates	3.3 g	
Saturated Fat	0.7 g	
Saturates	0.7 g	
Total Fat	6 g	

Protein	10 g	
Sodium	265 mg	
	AMOUNT	% DV
Biotin	30 µg	
Calcium		24 %
Choline	55 mg	
Folate		26 %
Iron		19 %
Linoleic Acid	1.2 g	
Linolenic Acid	0.24 g	
Magnesium		21 %
Niacin		43 %
Pantothenate		28 %
Polyunsaturates	1.6 g	
Potassium	410 mg	
Riboflavin		33 %
Thiamine		27 %
Vitamin A		33 %
Vitamin B12		11 %
Vitamin B6		24 %
Vitamin C		17 %
Vitamin D		8 %
Vitamin E		17 %
Zinc		37 %

Ingredients

+

RECIPES

Classic Filipino Silvana Cookies

Silvanas, originated from the Philippines. This absolute classic Filipino sweet treat is a frozen sandwich cookies that includes a cashew meringue, rich buttercream and cookie crumb coating.