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Classic Filipino Silvana Cookies

Silvanas, originated from the Philippines. This absolute classic Filipino sweet treat is a frozen sandwich cookies that includes a cashew meringue, rich buttercream and cookie crumb coating.

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Prep time: 0 mins.

Cook time: 40 mins.

Total time: 75 mins.

Servings: 5

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What you need

INGREDIENTS

1/2 cup Egg, white, raw, fresh

1 teaspoon Leavening agents, cream of tartar

3/4 cup Sugars, granulated

1/4 cup Nuts, cashew nuts, dry roasted, without salt added

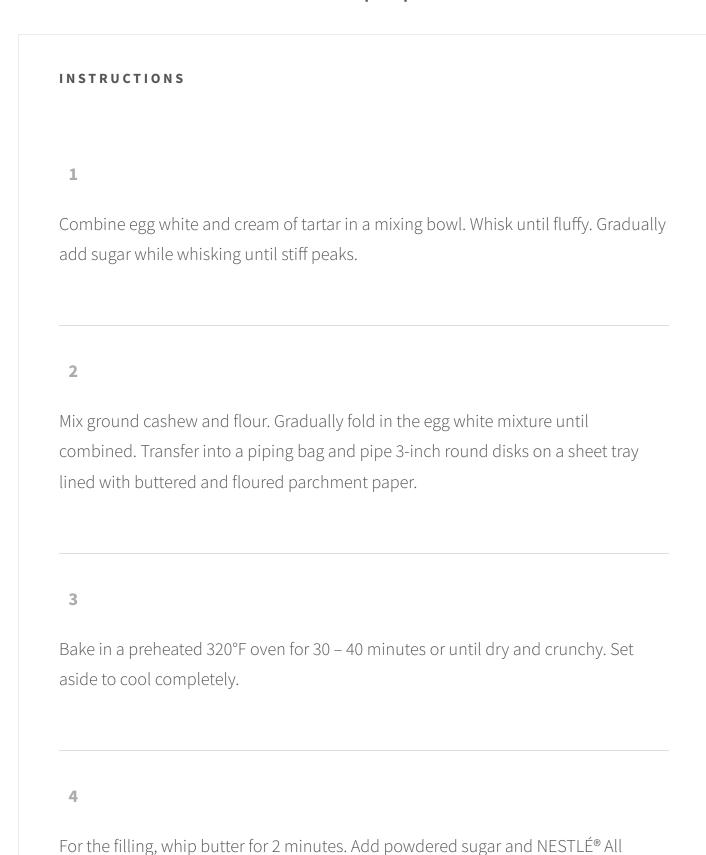
1/4 cup Wheat flour, white, all-purpose, unenriched

0.50 gram Butter, without salt

2 cups Sugars, powdered

1 cup Nuts, cashew nuts, dry roasted, without salt added

How to prepare



Purpose Cream and whip until light. Set aside.

Mix ground cashew and graham cracker to make coating.

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Spread filling in between 2 meringue cookies. Cover the outside with the same filling and coat with cashew and graham cracker mixture. Freeze until serving.

world of flavours

Dessert

Pork-Free

Low salt

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