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Table 1: Distribution of Distractions among Drivers

| Distraction | Percentage |
|---|------------|
| Generally distracted or “lost in thought” | 62% |
| Cell phone use | 12% |
| Outside person, object, or event | 7% |
| Other occupants | 5% |
| Using or reaching for a device brought into the car (e.g., phone) | 2% |
| Eating or drinking | 2% |
| Adjusting audio or climate controls | 2% |
| Using devices to operate the vehicle (e.g., adjusting mirrors or seatbelts) | 1% |
| Moving objects (e.g., insects or pets) | 1% |
| Smoking related | 1% |