

**INSTRUCTIONS**



```
graph TD; A[INSTRUCTIONS] --> B[break]
```

The diagram consists of a light gray rectangular background. At the top, there is a white rectangular box with a thick black border containing the word 'INSTRUCTIONS' in blue, bold, uppercase letters. A thick black arrow points vertically downwards from the bottom center of this box to the top center of a second, smaller white rectangular box with a thick black border. This second box contains the word 'break' in blue, bold, lowercase letters.

**break**