

# Fabric-Elasticity Property Relationships of the Human Cortical Femur

Mathieu Simon, Gabriela Gerber, Simone Poncioni, Yvan Gugler, Kurt Lippuner and  
Philippe Zysset

ARTORG Centre for Biomedical Engineering Research, University of Bern, Bern, Switzerland

## ARTICLE INFO

### Keywords:

Bone  
Fabric  
Elasticity

## ABSTRACT

Lorem ipsum dolor sit amet, consectetur adipiscing elit. Utpurus elit, vestibulum ut, placerat ac, adipiscing vitae, felis. Curabitur dictum gravida mauris. Nam arcu libero, nonummy eget, consectetur id, vulputate a, magna. Donec vehicula augue eu neque. Pellentesque habitant morbi tristique senectus et netus et malesuada fames ac turpis egestas. Mauris ut leo. Cras viverra metus rhoncus sem.

Nulla et ectus vestibulum urna fringilla ultrices. Phasellus eu tellus sit amet tortor gravida placerat. Integer sapien est, iaculis in, pretium quis, viverra ac, nunc. Praesent eget sem vel leo ultrices bibendum. Aenean faucibus. Morbi dolor nulla, malesuada eu, pulvinar at, mollis ac, nulla. Curabitur auctor semper nulla. Donec varius orci eget risus. Duis nibh mi, congue eu, accumsan eleifend, sagittis quis, diam. Duis eget orci sit amet orci dignissim rutrum.

Nam dui ligula, fringilla a, euismod sodales, sollicitudin vel, wisi. Morbi auctor lorem non justo. Nam lacus libero, pretium at, lobortis vitae, ultricies et, tellus. Donec aliquet, tortor sed accumsan bibendum, erat ligula aliquet magna, vitae ornare odio metus a mi. Morbi ac orci et nisl hendrerit mollis. Suspendisse ut massa. Cras nec ante. Pellentesque a nulla. Cum sociis natoque penatibus et magnis dis parturient montes, nascetur ridiculus mus. Aliquam tincidunt urna. Nulla ullamcorper vestibulum turpis. Pellentesque cursus luctus mauris.

## 1. Introduction

Bone is a hierarchical material...

### 1.1. Bone structure

- Bone composition
- Mineralised collagen fibrils
- Lamellar bone
- Osteon
- Cortical bone

### 1.2. Mechanical testing

- Nanoindentation
- Resonant ultrasound spectroscopy

### 1.3. Imaging

- Micro-computed tomography

### 1.4. Bone Properties Estimation

- Micro finite element analysis
- Density and fabric
- Homogenised finite element analysis

The aim of the present study is to investigate the influence of the bone matrix properties and microstructure on the mechanical properties of human bone. The relationships between density, fabric and mechanics are presented from the bone matrix (bone of full density) down to the low density of trabecular bone with a strong focus on the cortical bone. Additionally to relationships description, the objective is to provide material constants for bone properties estimation.

*Abbreviations:* ROI, region of interest;  $\mu$ CT, micro-computed tomography;

*Email addresses:* mathieu.simon@artorg.unibe.ch (M. Simon);  
philippe.zysset@artorg.unibe.ch (P. Zysset)

## 2. Material and Methods

### 2.1. Bone Experimental Properties

Lamellar bone

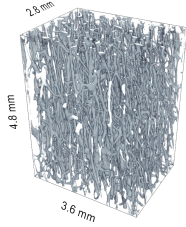
- Nanoindentation data
- Virtual fabric

Cortical bone

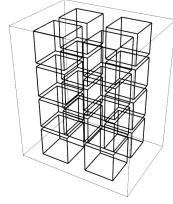
- Samples
- Micro-CT
- RUS data

In the present study:

- Downsampling factor 2
- 16x 1mm<sup>3</sup> Relationships
- Isotropic vs transverse isotropic material
- Average  $\mathbb{S}$  per sample



(a) Typical sample with its porosities



(b) ROIs analysed

### 2.2. Theoretical Model

- Density-elasticity relationships
- Fabric-elasticity relationships

Standard Model

$$\begin{aligned} \mathbb{S} = & \sum_{i=1}^3 \lambda_{ii} \mathbf{M}_i \otimes \mathbf{M}_i \\ & + \sum_{\substack{i,j=1 \\ i \neq j}}^3 \lambda_{ij} \mathbf{M}_i \otimes \mathbf{M}_j \\ & + \sum_{\substack{i,j=1 \\ i \neq j}}^3 \mu_{ij} \mathbf{M}_i \bar{\otimes} \mathbf{M}_j \end{aligned} \quad (1)$$

with

$$\mathbf{M}_i = \sum_{l=1}^3 m_i^l \mathbf{m}_i \otimes \mathbf{m}_i \quad (2)$$

$$\lambda_{ii} = (\lambda_0 + 2\mu_0) \rho^k \quad (3)$$

$$\lambda_{ij} = \lambda'_0 \rho^k \quad (4)$$

$$\mu_{ij} = \mu_0 \rho^k \quad (5)$$

Proposed Model

$$\begin{aligned} \mathbb{S} = & \sum_{i=1}^3 \lambda_{ii} \mathbf{M}_i \otimes \mathbf{M}_i \\ & + \sum_{\substack{i,j=1 \\ i \neq j}}^3 \lambda_{ij} \mathbf{M}_i \otimes \mathbf{M}_j \\ & + \sum_{\substack{i,j=1 \\ i \neq j}}^3 \mu_{ij} \mathbf{M}_i \bar{\otimes} \mathbf{M}_j \end{aligned} \quad (6)$$

with

$$\mathbf{M}_i = \sum_{l=1}^3 m_i^l \mathbf{m}_i \otimes \mathbf{m}_i \quad (7)$$

$$\lambda_{ii} = (\lambda_0 + 2\mu_0) \rho^{k_i} \quad (8)$$

$$\lambda_{ij} = \lambda'_0 \rho^{\frac{k_i+k_j}{2}} \quad (9)$$

$$\mu_{ij} = \mu_0 \rho^{\frac{k_i+k_j}{2}} \quad (10)$$

**Table 1**

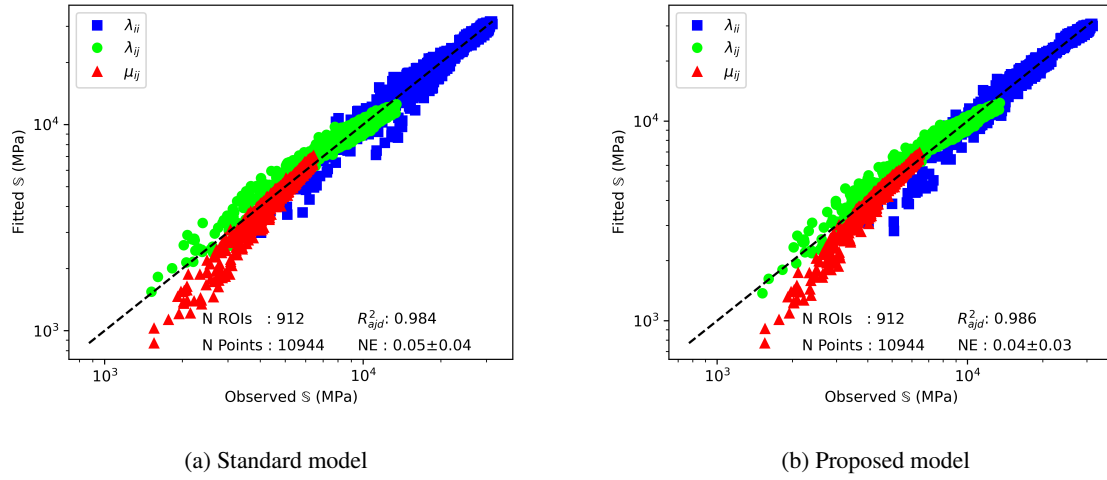
Nanoindentation - cortical bone matrix properties

Study	E1	E2	E3	Nu12	Nu13	Nu23	Mu12	M13	Mu23
Dall'Ara Fanzoso Present	14796.9	14796.9	21175.8	0.34	0.284214	0.284214	5521.23	6604.96	6604.96

### 3. Results

#### 3.1. Nanoindentation

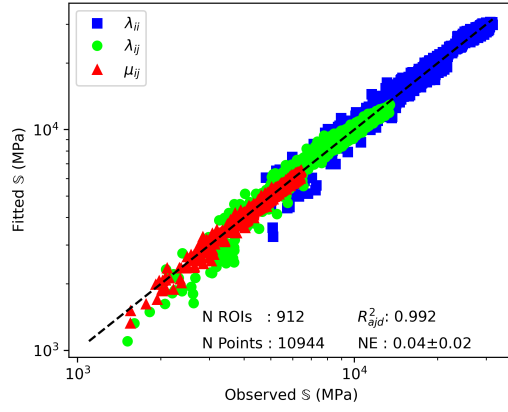
#### 3.2. Cortical Bone Fabric

**Figure 2:** Fit to model

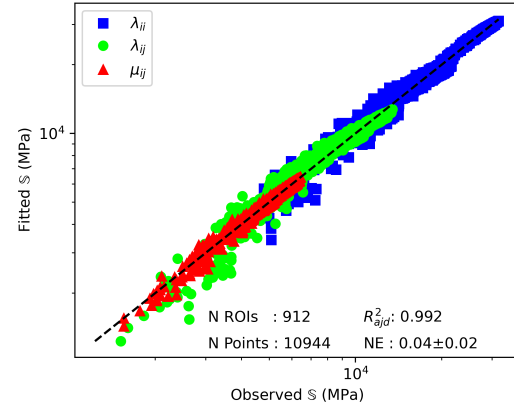
Model	M	$\lambda_0$	$\lambda_0'$	$\mu_0$	$k_1$	$k_2$	$k_3$	$l$	$R^2_{adj}$	NE
Standard	Variable	12514	12351	6944	2.30	2.30	2.30	0.57	0.984	0.05
Proposed	Variable	12480	12318	6925	2.36	2.69	1.88	0.48	0.986	0.04
Standard	Average	12569	12405	6974	2.34	2.34	2.34	0.57	0.983	0.05
Proposed	Average	12511	12349	6942	2.49	2.77	1.77	0.45	0.986	0.04

### 3.3. Fit to model

Model	M	$\lambda_0$	$\lambda_0'$	$\mu_0$	$k_{\lambda_1}$	$k_{\lambda_2}$	$k_{\lambda_3}$	$k_{\lambda_{12}}$	$k_{\lambda_{13}}$	$k_{\lambda_{23}}$	$k_{\mu_{12}}$	$k_{\mu_{13}}$	$k_{\mu_{23}}$	$l$	$R_{adj}^2$	NE
Alternative	Variable	12989	13079	6335	2.06	2.44	1.78	2.86	2.61	2.86	1.67	1.45	1.66	0.52	0.992	0.04
Alternative	Average	13033	13123	6356	2.17	2.51	1.70	2.91	2.62	2.91	1.76	1.47	1.63	0.51	0.992	0.04



(a) Standard model



(b) Proposed model

Figure 3: Fit to model

### 3.4. Other Proposition

Proposed Model

$$\begin{aligned}
 \mathbb{S} = & \sum_{i=1}^3 \lambda_{ii} \mathbf{M}_i \otimes \mathbf{M}_i \\
 & + \sum_{\substack{i,j=1 \\ i \neq j}}^3 \lambda_{ij} \mathbf{M}_i \otimes \mathbf{M}_j \\
 & + \sum_{\substack{i,j=1 \\ i \neq j}}^3 \mu_{ij} \mathbf{M}_i \otimes \mathbf{M}_j
 \end{aligned} \tag{11}$$

with

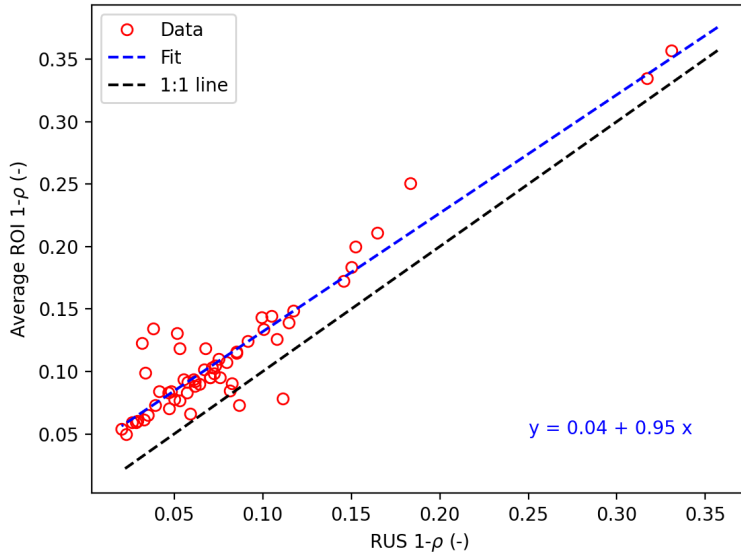
$$\mathbf{M}_i = \sum_{l=1}^3 m_i^l \mathbf{m}_i \otimes \mathbf{m}_i \tag{12}$$

$$\lambda_{ii} = (\lambda_0 + 2\mu_0) \rho^{k_{\lambda_i}} \tag{13}$$

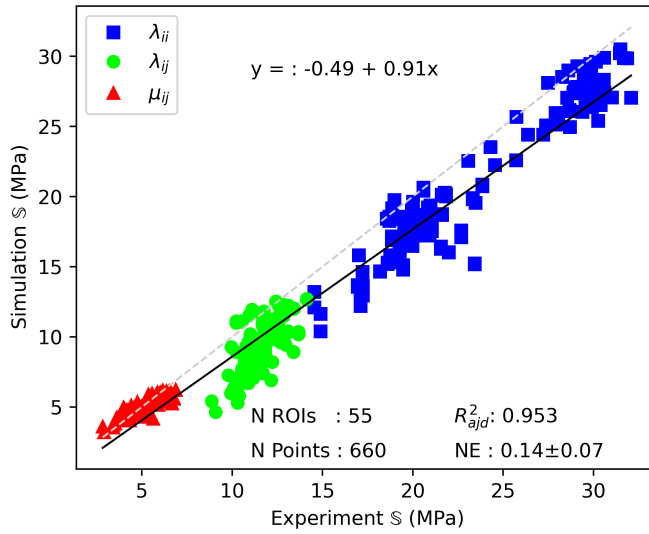
$$\lambda_{ij} = \lambda_0' \rho^{k_{\lambda_{ij}}} \tag{14}$$

$$\mu_{ij} = \mu_0 \rho^{k_{\mu_{ij}}} \tag{15}$$

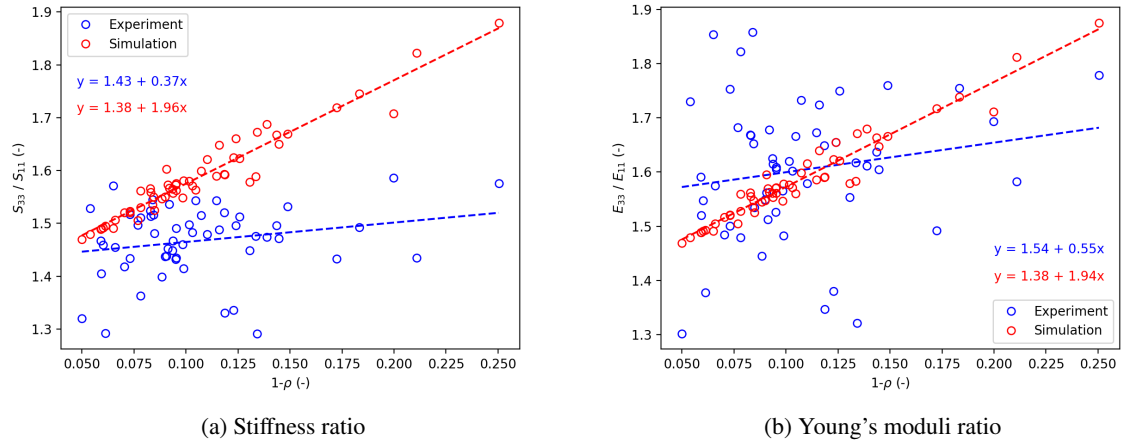
### 3.5. Comparison to RUS



**Figure 4:** Average ROI porosity vs porosity from Cai et al.



**Figure 5:** Simulation vs experimental stiffness tensor components



**Figure 6:** Degree of anisotropy

## 4. Discussion and Conclusion

### Declaration of competing interest

We wish to confirm that there are no known conflicts of interest associated with this publication and there has been no significant financial support for this work that could have influenced its outcome.

### Funding

This work was funded by the Swiss National Science Foundation (SNSF), grant number 200365.

### Data availability statement

The data that support the findings of this study are available on request. The data are not publicly available due to privacy/ethical restrictions. The scripts used for the analyses performed in the present study are available on Github: <https://github.com/artorg-unibe-ch/FABTIB>

### Research ethics

We further confirm that any aspect of the work covered in this manuscript that has involved human patients has been conducted with the ethical approval of all relevant bodies and that such approvals are acknowledged within the manuscript.

### CRedit author statement

**Mathieu Simon:** Data Curation, Formal analysis, Investigation, Methodology, Software, Visualization, Writing - original draft. **Philippe Zysset:** Conceptualization, Funding acquisition, Methodology, Project administration, Resources, Supervision, Validation, Writing - review and editing.

## References

- [1] Simon, M., Indermaur, M., Schenk, D., Hosseinitabatabaei, S., Willie, B.M., Zysset, P., 2022. Fabric-elasticity relationships of tibial trabecular bone are similar in osteogenesis imperfecta and healthy individuals. *Bone* 155, 116282. URL: <https://www.sciencedirect.com/science/article/pii/S8756328221004488>, doi:<https://doi.org/10.1016/j.bone.2021.116282>.