Table 1: My caption

Group	Feature	Type	Values	Role
SHI	SHI	Categorical	A level variable. $0 < SH* \leq 4$.	Predictive Features (Provide information for SHI scale). A 0 value is the best for sleep hygiene and 4 is the worst
	SH2			
	SH3			
	SH4			
	SH5			
	SH6			
	SH7			
	SH8			
	SH9			
	SH10			
	SH11			
	SH12			
	SH13			
	SH14			
	SH15			
	SH16			
	SH17			
	SH18			
	SH19			
	SH20			
	SH21			