Table 1: My caption

Group	Feature	Type	Value	Role
PSQI Scale	SQDUR SQDIS SQLAT SQDD SQSE SQSQ	Categorical	A level variable. $0 < SQ* \le 3$.	Results of SQ duration. A 0 value is the best for sleep quality and 3 is the worst. Results of SQ disturbances. A 0 value is the best for sleep quality and 3 is the worst. Results of SQ latency. A 0 value is the best for sleep quality and 3 is the worst. Results of SQ day dysfunction. A 0 value is the best for sleep quality and 3 is the worst. Results of SQ sleep efficiency. A 0 value is the best for sleep quality and 3 is the worst. Results of SQ sleep quality general perception of the respondent. A 0 value is the best for sleep quality and 3 is the worst. Results of SQ, needs meds. A 0 value is the best for sleep quality and 3 is the worst.
	SQTT	Continuous	An integer value. $0 < SQTT \le 21$.	Total of PSQI
	SQCL	Categorical	A level value.	Good/ Poor