

1. Title



## **ISEA2017**

## 23rd INTERNATIONAL SYMPOSIUM ON ELECTRONIC ART XVI INTERNATIONAL IMAGE FESTIVAL LEARNING CALL

DeCode
2. Duration (only workshops and tutorials)
Half day Full day
3. Organizers and presenters' names and affiliations
Arushi Malhotras
4. Abstract (ready for diffusion). 200 words maximum.
Mental health is a huge unspoken issue on college campuses. Students go through a
number of pressures through the course, which could lead to suicidal tendencies, drug abuse, etc. Decode aims to help students around UC Davis campus to get in touch with
various resources on campus and get the help when they need it the most.
5. Rationale, instructional methods, and description
Decode is helps students connect to various resources available revolving around mental
health on campus. It helps students connect instantly to an advisor, and have a conversation with the advisors without having to schedule an appointment. It will also
provide tips, and exercises that students can perform in during common situations.
Another aspect of the project is to create a support group amongst fellow students, to keep
each other motivated, and on track without being over bearing!
Design, Art, Science, and Technology
My topic revolves around mental health and technology. It covers various disciplines
which involve design, science and technology, and hence would work best under this category.

**6.** Plan to solicit participation (only workshops and tutorials)

I am senior design major at UC Davis. Most of my work is driven by empathy for users or

viewers, and this had driven my passion towards UI/UX. One of my long-term life goals is to have a design firm that creates technology for the disabled or mentally ill. This is also my motivation for this project. I strongly believe that we create so much repetitive technology every year, and we can divert some of these resources to help people who actually need it!

7. URL of website (only workshops and tutorials)

https://arumalhotra.github.io/des157/project/index.html

- **8.** Technical Rider. Please provide the requirements (technological equipment, materials and characteristics of space) (only workshops and tutorials)
- **9.** Biographies of the Author(s).

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## Author:

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Title: Decode

**Abstract:** Decode aims to help students around UC Davis campus to get in touch with various resources on campus and get the help when they need it the most.

Keywords: Decode, Mental Health, Art and Design

**Sub-themes:** Please select one or more sub-themes

Design, Art, Science, and Technology