This document is just to make my life easy. Whatever expressed here is just my opinion. I may be embarrassingly wrong with some of these writeups here in the future. Do not take anything personally.

"Long-term success for a relationship isn't based on those first-date butterflies. Compatibility is determined by bigger aspects of a person like values, morals, goals, and desires." - Not by me:P

A glimpse about me can be found at <a href="https://www.arunbaby.com/about/">https://www.arunbaby.com/about/</a>

# My current views on different areas of life:

## Health and fitness:

This is a necessity. If you cannot keep your body in the best possible way, you cannot function efficiently. This is an injustice you are doing to you and society.

I do weights training once a week. Play some sports almost daily.

I try to eat clean.

### Intellect/mind:

Intellect is mostly a dissecting instrument, try to keep it as sharp as possible. This is too big a topic to write down here.

**Reading**: I read/ consume useful content regularly to keep my mind active; Mostly non-fiction.

#### **Emotions:**

Be in very good control. Keep this in check often. I try to be that way. These are to serve you, not the other way.

### **Spirituality:**

I am more spiritual than religious. For me, all the stories that are being told in all religions must be used as a tool to understand/improve us/humans in general.

Religious activities are necessary for now as it's the best way to foster a community. That doesn't mean that you should be a slave to them.

"Truth is a pathless land".

## Family and friends:

You should not be just depending upon one person for everything. Should actively try to maintain relationships. Keep your circles small but strong. See this for details: <u>Dunbar's number</u>.

#### Love relationship:

Put more time/effort into this.

## Fun and experiences:

This is all about being present. How to do it is highly subjective.

For me, entertainment is mostly something that makes you move.

**Movies**: I seldom watch movies/TV shows/TV.

Travel: I prefer vagabonding to luxury travel. And unpopular places.



### **Environment:**

Even if you can build a rock-solid internal framework, overriding the external influences is difficult. So I prefer to avoid those. Try to build an environment where you can grow maximum as a human.

**Shopping**: One activity I try to avoid the most. I outsource/ put automatic systems for this to be on autopilot.

If something can be automated, it should be automated.

#### Career:

Building things is always my passion. I would prefer my partner to also have a great career in whatever field she chooses.

Location Independence: trying to become location independent. I am not yet, but will try to become.

#### Contribution:

We are here to help each other(vasudeva kudumbam). My preferences are mostly the ones that involve early life support. Child education/ empowerment....

# Other points:

I would like to give maximum support to anyone in being themselves. I do not prefer to control anyone for anything. Be free and give freedom. (But, many people mistake their compulsions for freedom. Think thoroughly.)

Marriage is more of giving than taking. Be willing to be flexible.

## **Some Preferences:**

Would want you to have a great career as much as possible.

Would like us to stay together as much as possible. Long-distance relationships are hard I think.

I might think of a PhD if possible, mostly in Europe. But, this is not a well-established plan. And highly flexible.

I would prefer a simple wedding with few people.

### Assets:

I do not want anyone to give me anything for marriage.

Also, I don't want to restrict parents from giving anything to their daughter(only).

To parents: If you are giving something, give wisdom first, then money/assets. Try to make sure that anything that you are giving is put for good use.

Before doing anything, think about the very long term(maybe 20 years) consequences of the action. This is a good vetting strategy in my experience.

**Some quirks:**(This is highly subjective. I realised these from many friend's comments.)

- 1. Even though I play multiple sports, I do not watch any.
- 2. I randomly shave my head.
- 3. I don't like driving. But I drive whenever necessary.
- 4. I don't like porota. 😅
- 5. The last movie I watched in cinemas is Interstellar(2014).
- 6. I cannot name most of the actors/actresses/politicians/social media stars.
- 7. I have very little social media presence. (for now)

# References(if you are interested to read):

- 1. <a href="https://medium.com/the-ascent/7-early-signs-of-an-incompatible-relationship-517c64c2a3ac">https://medium.com/the-ascent/7-early-signs-of-an-incompatible-relationship-517c64c2a3ac</a>
- 2. <a href="https://medium.com/on-the-couch/9-healthy-signs-in-a-partner-fbfb7b34f1f1">https://medium.com/on-the-couch/9-healthy-signs-in-a-partner-fbfb7b34f1f1</a>
- 3. <a href="https://medium.com/on-the-couch/9-signs-you-can-99-trust-your-partner-75e1d5bbc2ae">https://medium.com/on-the-couch/9-signs-you-can-99-trust-your-partner-75e1d5bbc2ae</a>
- 4. <a href="https://medium.com/on-the-couch/a-checklist-for-the-almost-perfect-partner-8">https://medium.com/on-the-couch/a-checklist-for-the-almost-perfect-partner-8</a>
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