Mess Menu w.e.f (2 SEP 2015)

	Breakfast	Menu w.e.f (2 SEP 2	Snacks	Dinner
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Monday	1. Uttapam,sambar,Naryal chutni	1.Bhature / Roti	Bhel Puri(L),	1.Manchurian
	/bread	2.Chole	Imli chutney,	2.Lobia dal
	butter/bread Jam},	3.Onion rice	Lemon water,	3.Fried rice
	2 .Sprouts,tea/coffee/milk(corn	4.Bundi Raita	Tea	4.plain and Butter Roti
	flakes/bournvita)}	5.Salad		5.Fruit Custard(L)
		6.Fried Mirchi		6.Salad
Tuesday	1. CholeKulche/Upma	1. cabbage masala with peas	Vada Pav(L),	1.Dal makhani
	/ Omlette(L),Toasted Bread	2.Moong + Masoor dal	Sauce,	2.Mix veg
	Butter / Jam} , 2 . Sprouts	3.Jeera rice	Thandai,	3.Matar rice
	,tea/coffee/milk(cornflakes/b	4.Plain Curd	Tea	4.plain and Butter Roti
	ournvita)	5.Plain and Butter roti		5.Coconut Barfi(L)
		6. Salad		6.salad
				7.Papad
Wednesday	1.{Poha + MithiChatni}/{boiled	1.Rajma	Papdi chat,	1.Veg Kofta /Palak Kofta
	egg(L)/Toasted bread with	2.Louki	Imli chatni,	2.Dal Tadka
	Butter / Jam} , 2 .Sprouts	3.Plain Rice	Jal Jeera,	3.Pulav
	,tea/coffee/milk(cornflakes/b-	4.Bundi Raita	Tea	4. Plain and butter roti
	-ournvita)	5.Papad(L)		5.Kheer(L)
		6.plain and Butter Roti		6.Salad
		7.salad		
Thursday	1.{(Sambarvada/idli)(,coconut	1.Aaloo Pyaaz with gravy	Mix Pakoda,	1.Kadai Paneer
	chutney}/{Omlette(L),Bread	2.Kadi	Sauce,	2.Mix dal
	with butter / Jam} ,	3.Plain rice	Rasna,	3.Plain rice
	2 .Sprouts,tea/coffee/milk(corn	4.Papad(L)	Tea	4. Plain and Butter Roti
	flakes/bournvita)	5.Plain and Butter Roti	Teu	5.Besan ladoo(L)
	Hakesy bournvitay	6.salad		6.Salad
		U.Salau		7.Papad(L)
Friday	1.{PavBhaji}/ {boiled		Idli fry(L),	1.Navratan Korma
	egg(L),bread butter/bread	1.Bhindi	Roohafza,	2.Urad dal
	Jam / Butter},	2.Arhr Dal	Nariyal Chutney,	3.Pulav
	2 .Sprouts,tea/coffee/milk(corn	3.Onion rice	Tea	4.Plain and Butter roti 5.Suzi Halwa(L)
	flakes/bournvita)	4.Veg Raita 5.Plain and Butter Roti		6.Salad
		6.Salad		0.3alau
Saturday	1.{Cutlet with sauce}/{Boiled	0.50100	Poha,	1.Pudi
January	egg(L),Toasted bread butter/	1.Mix Veg	Imli Chutney,	2.Aaloo Matar
		2.Arhr Dal	Lemon Water,	
	Jam}, 2 .Sprouts,tea/coffee/milk	3.Plain rice		3.Chane ki Dal (Coconut)
	(cornflakes/bournvita)	4.Veg Raita	Tea	4.Plain rice
		5.Plain and Butter roti		5.Ice cream(L)
		6.Papad(L) and Salad		6.Salad
		1 Asloo parantha /		1 Apple Cound/Tinde Mass!-\
Sunday	1.{Samosa,Jalebi,Meethi	1.Aaloo parantha /	Veg Sandwitch(L),	1.Apple Gourd(Tinda Masala) 2.Plain rice
	chatni}/{Omlette(L), Bread with	Sukhaparantha (on order)	Sauce,	3. Imarti(L)
	Butter},	2.Lasoon chatni	Roohafza,	3. Imarti(L) 4.Plain and Butter roti
	2 .Sprouts,tea/coffee/milk(corn	3. Plain curd	Tea	5.Chana masala
	flakes/bournvita)	4. Masala matar with gravy		6.Salad
	nakes/ boarnivita/	5.Salad		U.Salau
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