Planning a Home Super Bowl Party

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Overview

The National Football League's Super Bowl championship game is a popular reason to hold a party. Even if your team is not playing, it can still be a fun occasion to gather with friends and family. This guide will help you plan a Super Bowl party at a home.

You may wish to divide responsibility for tasks and items (e.g., one person brings soft drinks, another brings napkins, another agrees to clean up, etc.). To keep track of the tasks and items, you may use a simple list, a spreadsheet program such as Google Sheets or Microsoft Excel, or a virtual sign-up sheet such as <u>SignUpGenius</u>.

Ensure that you plan ahead for the best possible experience for you and your guests. Grocery stores, restaurants, and other stores may be busy the day of the game, so ensure that you purchase items in advance and give restaurants plenty of time to prepare your order.

Needed Items

You will need the following items:

- A venue to hold the party
- A television, projector, or other way to watch the game
- An antenna, streaming service, or cable service that receives or includes the channel that is airing the game
- Food and beverage supplies, such as:
 - Silverware
 - Plates
 - o Bowls
 - Tongs
 - Cups

Note: You may wish to buy disposable food and beverage supplies to make clean-up easier.

- Food
- Beverages
- Ice
- Clean up supplies, such as:
 - Trash bags
 - Paper towels

The following items are optional:

- Supplies for games
- Decor (e.g., banners or centerpieces)
- Extra chairs (e.g., folding chairs or camping chairs) or other seating
- A cooler for beverages
- Extra trash cans

Planning the Party

Venue and Guest List Considerations

Venue

Consider the number of guests you are inviting when choosing your venue. If your home or apartment is too small for your desired number of guests, consider asking a friend or family member to host. Also, consider choosing a location that is convenient for all of your desired guests. Since the Super Bowl is in February, consider your location's climate when planning any outdoor activities.

Also, consider your food and beverage choices when choosing your venue. Your venue should have ample space for food and utensils. You may consider the appliances (e.g., stove, refrigerator, etc.) and number of outlets available at your venue.

Lastly, ensure that the venue has a clean restroom for you and your guests to use.

Guest List

Send invitations approximately 2-4 weeks before the Super Bowl through text message or email. As noted above, consider asking guests to help with items or tasks.

Television

Ensure that you have a television, projector, or other device to watch the game on. Also, ensure that your antenna, streaming service, or cable service receives or includes the channel that is airing the game.

Seating

Ensure that everyone has a place to sit. Consider asking guests to bring folding chairs or camping chairs, if needed.

Decor and Attire

Although it is optional, decor can be a great way to add ambience to your venue. You may wish to visit popular party supply retailers such as <u>Walmart</u>, <u>Target</u>, or <u>Party City</u>.

Encourage guests to wear jerseys or their favorite team colors.

Games

In addition to watching the Super Bowl, you may wish to have fun activities. Some game ideas include the following:

- Guessing how long the National Anthem will last
- Voting for which company had the best commercial
- Guessing what the score will be at the end of each guarter
- A cupcake decorating contest using the Super Bowl teams' colors
- Activities for those not interested in the game (e.g., coloring pages, small craft projects, card games, board games, etc.)

Food and Beverages

Food

When planning the food for your party, take into account your and your guests' preferences as well as any dietary restrictions (e.g., vegetarian, vegan, gluten-free, etc.). You can also draw inspiration from the teams' locations (e.g., New York pizza for the Jets or Giants, Carolina-style barbecue for the Panthers, etc.).

If you are ordering food from a restaurant, give them extra time to complete your order.

You may wish to focus on easy snacks and appetizers such as:

- Popcorn
- Buffalo wings or Buffalo cauliflower "wings"
- Pizza
- Egg rolls
- · Chips and dip
- A charcuterie board
- BBQ meatballs
- Desserts (e.g., cupcakes, cookies, etc.)

Practice good food safety by following these steps:

- Use tongs for serving to avoid touching items
- Use a separate cup for getting ice
- Ensure that hot foods are thoroughly hot and that cold items are kept cool
- Follow United States Department of Agriculture food safety recommendations

Beverages

When planning the beverages for your party, take into account your and your guests' preferences. You may wish to include the following beverages:

- Water
- Sparkling water (e.g., La Croix, Topo Chico, etc.)
- Soda, lemonade, or other soft drinks
- Beer and wine

To avoid filling up the refrigerator, consider placing beverages in a cooler with ice or serving them room temperature and pouring them into cups with ice.

If you serve alcoholic beverages, then consider purchasing them several days before the game, as many states restrict alcohol sales on Sundays. Ensure that anyone who drinks alcoholic beverages does so responsibly and ensure that they get home safely.

Cleanup

Consider setting out extra trash cans to encourage guests to clean up after themselves. Clean up any food or beverage spills immediately.

After the game has ended, begin cleaning up the venue. Use the clean-up supplies, as needed. Discard disposable items and wash non-disposable items.

Resources

Checklist

Yes	Not Applicable	
		Venue
		Television/projector/device
		Antenna / streaming service / cable service
		Silverware
		Plates
		Bowls
		Tongs
		Cups
		Food
		Beverages
		Ice
		Trash bags
		Paper towels
		Supplies for games (optional)
_		Decor (optional)
		Extra seating (optional)
		Cooler (optional)
		Extra trash cans (optional)

Other Resources

See the following websites for other party planning tips and resources:

- 7 steps for an epic big game watch party
- 7 Steps to Hosting an Awesome Super Bowl Party
- How to Throw a Crazy-Fun Super Bowl Party
- Super Bowl Party Game Plan Tailgater Magazine