

Banana ice cream



- 2 bananas
- a few spoons of yoghurt
- chocolate chips

1. slice the bananas
2. place the sliced bananas in a freezer bag
3. put the bag in the freezer
4. after 3 hours, take them out of the freezer
5. put the frozen banana sliced in a blender
6. add the yoghurt
7. add the chocolate chips
8. blitz it!