

Digital Twins for Salmon Wellbeing: A Tutorial Series

Based on Giske et al. (2025)

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Abstract

This tutorial provides a step-by-step implementation guide for creating digital twins that model salmon wellbeing based on the paper "Premises for digital twins reporting on Atlantic salmon wellbeing" (Giske et al., 2025). The implementation captures predictions on boredom, stress and wellbeing using a computational evolutionary model of the factors underlying behavior. We demonstrate how to construct an agent-based model of salmon digital twins by modeling subjective wellbeing experience, prediction of near future, and allostasis (the bodily preparation for expected near future). Each section progressively builds the components required for digital twin models that can deliver early warnings about issues affecting salmon health in aquaculture settings. This implementation supports the 3Rs (replacement, reduction, refinement) by providing actionable information without relying on animal experiments.

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1 Introduction

1.1 Background

Digital twins are virtual representations of physical entities that can be used to model and predict the behavior of the corresponding real-world objects. In the context of salmon aquaculture, digital twins can provide insights into fish wellbeing without invasive procedures or extensive experimentation. The paper by Giske et al. (2025) [31] outlines the theoretical framework for such digital twins, focusing on the mechanisms underlying wellbeing prediction in salmon.

1.2 Key Concepts

Before diving into implementation, it's important to understand several key concepts:

- **Agency:** The ability of an autonomous entity to set its own goal-directed behavior
- **Allostasis:** The preparative regulation of bodily resources before a need arises
- **Survival circuits:** Integrated neural pathways responding to specific subjective internal models
- **Global organismic state:** The organism's centralized emotional state
- **Episodic-like memory:** The ability to remember what/where/when information from experiences
- **Subjective internal models:** Internal representations of aspects of self or environment

1.3 Tutorial Overview

This tutorial is structured as follows:

1. Basic building blocks for the digital twin
2. Implementation of survival circuits
3. Learning and memory mechanisms
4. Wellbeing assessment systems
5. Evolutionary adaptation framework
6. Integration into a complete digital twin
7. Validation and analysis methods

Each section provides theoretical background, implementation code, and examples of usage.

2 Prerequisites and Setup

2.1 Software Requirements

The implementation requires:

- Python 3.8+
- NumPy, Pandas, SciPy
- Matplotlib, Seaborn for visualization
- NetworkX for survival circuit modeling
- Gym for reinforcement learning environments

2.2 Installation

```

1 # Create virtual environment
2 python -m venv salmon_twin_env
3 source salmon_twin_env/bin/activate # On Windows: salmon_twin_env\Scripts\
   activate
4
5 # Install requirements
6 pip install numpy pandas scipy matplotlib seaborn networkx gym

```

3 Basic Building Blocks

3.1 Core Data Structures

The first step is to implement the core data structures for the digital twin.

3.1.1 Basic Needs Representation

Based on Figure 1 from the paper, we implement the basic needs of Atlantic salmon:

```

1 class BasicNeeds:
2     """Representation of basic needs categories for salmon wellbeing"""
3
4     def __init__(self):
5         # Cognitive needs
6         self.exploration = 0.0
7         self.protection = 0.0
8         self.safety = 0.0
9
10        # Social needs
11        self.social_contact = 0.0
12        self.sexual_behavior = 0.0
13
14        # Bodily needs
15        self.feeding = 0.0
16        self.nutrition = 0.0
17        self.health = 0.0
18        self.rest = 0.0
19        self.kinesis = 0.0
20        self.body_care = 0.0
21
22        # Physical needs
23        self.thermal_regulation = 0.0
24        self.osmotic_balance = 0.0
25        self.respiration = 0.0
26
27        # Behavior control need
28        self.behavior_control = 0.0
29
30    def get_all_needs(self):
31        """Return all needs as a dictionary"""
32        return {
33            "exploration": self.exploration,
34            "protection": self.protection,
35            "safety": self.safety,
36            "social_contact": self.social_contact,
37            "sexual_behavior": self.sexual_behavior,
38            "feeding": self.feeding,
39            "nutrition": self.nutrition,
40            "health": self.health,
41            "rest": self.rest,

```

```

42         "kinesis": self.kinesis,
43         "body_care": self.body_care,
44         "thermal_regulation": self.thermal_regulation,
45         "osmotic_balance": self.osmotic_balance,
46         "respiration": self.respiration,
47         "behavior_control": self.behavior_control
48     }
49
50     def get_most_urgent_need(self):
51         """Return the most urgent need (highest value)"""
52         needs = self.get_all_needs()
53         return max(needs.items(), key=lambda x: x[1])

```

3.1.2 Neuronal Response Function

The neuronal response function converts metric values (such as temperature or oxygen levels) into subjective values in the salmon's brain:

```

1  import numpy as np
2
3  class NeuronalResponse:
4      """
5      Converts metric input values to subjective values in the salmon brain
6      using a non-linear function (sigmoid by default)
7      """
8
9      def __init__(self, threshold, sensitivity):
10         """
11         Args:
12             threshold: The inflection point of the sigmoid function
13             sensitivity: The steepness of the sigmoid curve
14         """
15         self.threshold = threshold
16         self.sensitivity = sensitivity
17
18     def activate(self, input_value):
19         """Convert metric input to subjective value"""
20         return 1 / (1 + np.exp(-self.sensitivity * (input_value - self.threshold)))
21
22     def __call__(self, input_value):
23         """Allow direct calling of the object as a function"""
24         return self.activate(input_value)

```

3.1.3 Sensor Implementation

Sensors process environmental inputs:

```

1  class Sensor:
2      """
3      Base class for sensors that detect environmental conditions
4      """
5
6      def __init__(self, name, neuronal_response):
7          self.name = name
8          self.neuronal_response = neuronal_response
9          self.last_value = None
10         self.last_processed = None
11
12     def sense(self, environment_value):
13         """
14         Sense a value from the environment and process it

```

```

15         through the neuronal response function
16         """
17         self.last_value = environment_value
18         self.last_processed = self.neuronal_response(environment_value)
19         return self.last_processed

```

3.2 Environment Representation

The environment provides inputs to the digital twin:

```

1 class Environment:
2     """
3     Representation of the aquaculture environment
4     """
5
6     def __init__(self,
7                 temperature=10,
8                 oxygen_level=8.5,
9                 light_intensity=100,
10                food_availability=1.0,
11                social_density=50,
12                noise_level=0.1):
13         self.temperature = temperature
14         self.oxygen_level = oxygen_level
15         self.light_intensity = light_intensity
16         self.food_availability = food_availability
17         self.social_density = social_density
18         self.noise_level = noise_level
19         self.time = 0
20
21     def get_state(self):
22         """Return the current state of the environment"""
23         return {
24             "temperature": self.temperature,
25             "oxygen_level": self.oxygen_level,
26             "light_intensity": self.light_intensity,
27             "food_availability": self.food_availability,
28             "social_density": self.social_density,
29             "noise_level": self.noise_level,
30             "time": self.time
31         }
32
33     def step(self, delta_t=1):
34         """Advance the environment by time delta_t"""
35         self.time += delta_t
36
37         # Simulate some environmental fluctuations
38         self.temperature += np.random.normal(0, 0.1)
39         self.oxygen_level += np.random.normal(0, 0.05)
40         self.light_intensity = max(0, self.light_intensity + np.random.normal
41                                   (0, 5))
42
43         # Ensure values stay in reasonable ranges
44         self.temperature = np.clip(self.temperature, 5, 20)
45         self.oxygen_level = np.clip(self.oxygen_level, 4, 12)

```

3.3 Visualization Tools

Implementing basic visualization for the needs:

```

1 import matplotlib.pyplot as plt
2 import seaborn as sns

```

```

3
4 def visualize_needs(basic_needs):
5     """
6     Create a bar chart of basic needs
7
8     Args:
9         basic_needs: BasicNeeds object
10    """
11    needs = basic_needs.get_all_needs()
12
13    # Create grouped bars by category
14    cognitive = ["exploration", "protection", "safety"]
15    social = ["social_contact", "sexual_behavior"]
16    bodily = ["feeding", "nutrition", "health", "rest", "kinesis", "body_care"]
17    physical = ["thermal_regulation", "osmotic_balance", "respiration"]
18    control = ["behavior_control"]
19
20    categories = {
21        "Cognitive": [needs[n] for n in cognitive],
22        "Social": [needs[n] for n in social],
23        "Bodily": [needs[n] for n in bodily],
24        "Physical": [needs[n] for n in physical],
25        "Control": [needs[n] for n in control]
26    }
27
28    fig, ax = plt.subplots(figsize=(12, 6))
29
30    x = np.arange(len(categories))
31    width = 0.8 / max(len(v) for v in categories.values())
32
33    for i, (category, values) in enumerate(categories.items()):
34        bars = []
35        for j, val in enumerate(values):
36            bars.append(ax.bar(x + i*width + j*width, val, width, label=f"{category} {j+1}"))
37
38    ax.set_ylabel('Need Intensity')
39    ax.set_title('Basic Needs of Digital Salmon')
40    ax.set_xticks(x + width/2)
41    ax.set_xticklabels(categories.keys())
42
43    plt.tight_layout()
44    plt.show()

```

4 Survival Circuits

Based on Figure 2 from the paper, we implement the survival circuits that drive salmon behavior.

4.1 Survival Circuit Implementation

```

1 class SurvivalCircuit:
2     """
3     Implementation of a survival circuit as described in the paper.
4     A survival circuit is a highly integrated neural pathway from memory
5     or new sensing via attention to behavior.
6     """
7
8     def __init__(self, name, sensors=None):
9         self.name = name
10        self.sensors = sensors or [] # List of Sensor objects
11        self.neurobiological_state = 0.0 # Current activation level

```

```

12     self.hormone_modulation = 1.0 # Default hormone influence
13
14     def add_sensor(self, sensor):
15         """Add a sensor to this circuit"""
16         self.sensors.append(sensor)
17
18     def process_inputs(self, environment):
19         """
20         Process environmental inputs through the circuit's sensors
21
22         Args:
23             environment: Environment object with current state
24
25         Returns:
26             The neurobiological state activation level (0-1)
27         """
28         if not self.sensors:
29             return 0.0
30
31         env_state = environment.get_state()
32
33         # Process each sensor input
34         activations = []
35         for sensor in self.sensors:
36             if sensor.name in env_state:
37                 activations.append(sensor.sense(env_state[sensor.name]))
38
39         # If we have activations, compute the neurobiological state
40         if activations:
41             # Apply sigmoid function to combine inputs
42             activation = np.mean(activations) # Simple averaging for now
43
44             # Apply hormone modulation
45             activation *= self.hormone_modulation
46
47             # Update the neurobiological state
48             self.neurobiological_state = activation
49
50         return self.neurobiological_state
51
52     def set_hormone_modulation(self, modulation_value):
53         """
54         Set hormone modulation to adjust the circuit's sensitivity
55
56         Args:
57             modulation_value: Value between 0-2 where 1 is neutral
58         """
59         self.hormone_modulation = max(0, modulation_value)

```

4.2 Global Organismic State

The global organismic state (GOS) represents the dominant emotional state:

```

1 class GlobalOrganismicState:
2     """
3     The organism's centralized emotional state as defined by
4     the currently dominant survival circuit
5     """
6
7     def __init__(self):
8         self.active = False
9         self.dominant_circuit = None
10        self.attention_focus = None

```



```

11     self.intensity = 0.0
12     self.predicted_emotions = {} # Emotional predictions for options
13
14     def update(self, survival_circuits, attention_threshold=0.3):
15         """
16         Update the GOS based on competition between survival circuits
17
18         Args:
19             survival_circuits: List of SurvivalCircuit objects
20             attention_threshold: Minimum activation needed for GOS
21
22         Returns:
23             True if GOS is active, False otherwise
24         """
25         # Find the most active circuit
26         if not survival_circuits:
27             self.active = False
28             self.dominant_circuit = None
29             self.intensity = 0.0
30             return False
31
32         # Get the circuit with highest activation
33         most_active = max(
34             survival_circuits,
35             key=lambda circ: circ.neurobiological_state
36         )
37
38         # Only establish GOS if the activation exceeds threshold
39         if most_active.neurobiological_state >= attention_threshold:
40             self.active = True
41             self.dominant_circuit = most_active
42             self.attention_focus = most_active.name
43             self.intensity = most_active.neurobiological_state
44             return True
45         else:
46             self.active = False
47             self.dominant_circuit = None
48             self.intensity = 0.0
49             return False

```

4.3 Integrated Example

Let's put these components together:

```

1 def create_basic_survival_circuits():
2     """Create a set of basic survival circuits for salmon"""
3
4     # Create neuronal responses
5     temp_response = NeuronalResponse(threshold=12, sensitivity=0.5)
6     oxygen_response = NeuronalResponse(threshold=6, sensitivity=2.0)
7     food_response = NeuronalResponse(threshold=0.3, sensitivity=5.0)
8     light_response = NeuronalResponse(threshold=50, sensitivity=0.05)
9     noise_response = NeuronalResponse(threshold=0.5, sensitivity=-5.0)
10
11     # Create sensors
12     temp_sensor = Sensor("temperature", temp_response)
13     oxygen_sensor = Sensor("oxygen_level", oxygen_response)
14     food_sensor = Sensor("food_availability", food_response)
15     light_sensor = Sensor("light_intensity", light_response)
16     noise_sensor = Sensor("noise_level", noise_response)
17
18     # Create survival circuits
19     growth_circuit = SurvivalCircuit("growth")

```

```

20 growth_circuit.add_sensor(temp_sensor)
21 growth_circuit.add_sensor(food_sensor)
22
23 defence_circuit = SurvivalCircuit("defence")
24 defence_circuit.add_sensor(noise_sensor)
25
26 reproduction_circuit = SurvivalCircuit("reproduction")
27
28 respiration_circuit = SurvivalCircuit("respiration")
29 respiration_circuit.add_sensor(oxygen_sensor)
30
31 exploration_circuit = SurvivalCircuit("exploration")
32 exploration_circuit.add_sensor(light_sensor)
33
34 return [
35     growth_circuit,
36     defence_circuit,
37     reproduction_circuit,
38     respiration_circuit,
39     exploration_circuit
40 ]

```

5 Learning and Memory

5.1 Episodic-like Memory

Implementing episodic-like memory for salmon to remember experiences:

```

1 class EpisodicMemory:
2     """
3     Implementation of episodic-like memory that stores what/where/when/emotion
4     information from experiences
5     """
6
7     def __init__(self, capacity=100):
8         self.capacity = capacity
9         self.episodes = []
10
11     def store(self, what, where, when, emotion):
12         """
13         Store a new memory episode
14
15         Args:
16             what: What happened (e.g., "feeding")
17             where: Location information
18             when: Timestamp
19             emotion: Emotional valence of the experience
20         """
21         # Create new episode
22         episode = {
23             "what": what,
24             "where": where,
25             "when": when,
26             "emotion": emotion,
27             "retrieval_count": 0 # Track how often this is retrieved
28         }
29
30         # Add to episodes, maintaining capacity
31         self.episodes.append(episode)
32         if len(self.episodes) > self.capacity:
33             # Remove least accessed episode if we're over capacity
34             self.episodes.sort(key=lambda e: e["retrieval_count"])

```

```

35         self.episodes.pop(0)
36
37     def retrieve_by_similarity(self, what=None, where=None, when=None):
38         """
39         Retrieve episodes that match the given criteria
40
41         Returns:
42             List of matching episodes
43         """
44         matches = []
45
46         for episode in self.episodes:
47             score = 0
48
49             if what and episode["what"] == what:
50                 score += 1
51             if where and episode["where"] == where:
52                 score += 1
53             if when and abs(episode["when"] - when) < 24: # Within 24 time
units
54                 score += 1
55
56             if score > 0:
57                 matches.append({
58                     "episode": episode,
59                     "score": score
60                 })
61                 episode["retrieval_count"] += 1
62
63         # Sort matches by similarity score
64         matches.sort(key=lambda m: m["score"], reverse=True)
65         return [m["episode"] for m in matches]
66
67     def retrieve_emotional_prediction(self, what, where=None):
68         """
69         Retrieve emotional prediction for a given situation
70
71         Args:
72             what: The situation to predict emotion for
73             where: Optional location context
74
75         Returns:
76             Predicted emotion value or None if no matching experiences
77         """
78         relevant = self.retrieve_by_similarity(what=what, where=where)
79
80         if not relevant:
81             return None
82
83         # Calculate the average emotional value, weighted by recency
84         total_emotion = 0
85         total_weight = 0
86
87         for i, episode in enumerate(relevant):
88             # More recent episodes get higher weight
89             weight = 1.0 / (i + 1)
90             total_emotion += episode["emotion"] * weight
91             total_weight += weight
92
93         if total_weight > 0:
94             return total_emotion / total_weight
95         else:
96             return None

```

5.2 Learning Implementation

Implementing the learning mechanism:

```

1 class Learning:
2     """
3     Implementation of learning mechanisms for the digital twin
4     """
5
6     def __init__(self, learning_rate=0.1):
7         self.learning_rate = learning_rate
8         self.associations = {} # Learned associations
9
10    def update_association(self, stimulus, response, reward):
11        """
12        Update association between stimulus and response based on reward
13
14        Args:
15            stimulus: The stimulus (input)
16            response: The response (action)
17            reward: The reward value (-1 to 1)
18        """
19        key = (stimulus, response)
20
21        if key in self.associations:
22            # Update existing association using learning rate
23            current = self.associations[key]
24            self.associations[key] = current + self.learning_rate * (reward -
current)
25        else:
26            # Create new association
27            self.associations[key] = self.learning_rate * reward
28
29    def predict_reward(self, stimulus, response):
30        """
31        Predict reward for a stimulus-response pair
32
33        Returns:
34            Predicted reward or 0 if no association exists
35        """
36        key = (stimulus, response)
37        return self.associations.get(key, 0.0)
38
39    def get_best_response(self, stimulus, possible_responses):
40        """
41        Get the response with highest predicted reward
42
43        Args:
44            stimulus: The stimulus to respond to
45            possible_responses: List of possible responses
46
47        Returns:
48            The response with highest predicted reward
49        """
50        if not possible_responses:
51            return None
52
53        best_response = possible_responses[0]
54        best_reward = self.predict_reward(stimulus, best_response)
55
56        for response in possible_responses[1:]:
57            reward = self.predict_reward(stimulus, response)
58            if reward > best_reward:
59                best_reward = reward

```

```

60         best_response = response
61
62     return best_response

```

5.3 Prediction Error

Implementing prediction error calculation:

```

1  class PredictionError:
2      """
3      Calculates prediction errors between expected and observed states
4      """
5
6      def __init__(self):
7          self.predictions = {}
8          self.error_history = []
9
10     def set_prediction(self, variable, expected_value):
11         """Set a prediction for a variable"""
12         self.predictions[variable] = expected_value
13
14     def calculate_error(self, variable, observed_value):
15         """
16         Calculate prediction error for a variable
17
18         Returns:
19             Error value or None if no prediction exists
20         """
21         if variable not in self.predictions:
22             return None
23
24         expected = self.predictions[variable]
25         error = observed_value - expected
26
27         # Store in history
28         self.error_history.append({
29             "variable": variable,
30             "expected": expected,
31             "observed": observed_value,
32             "error": error
33         })
34
35         # Limit history size
36         if len(self.error_history) > 1000:
37             self.error_history.pop(0)
38
39         return error
40
41     def get_recent_errors(self, n=10):
42         """Get the n most recent errors"""
43         return self.error_history[-n:]
44
45     def get_average_error(self, n=10):
46         """Get the average absolute error over the last n observations"""
47         recent = self.get_recent_errors(n)
48         if not recent:
49             return 0.0
50
51         return sum(abs(e["error"]) for e in recent) / len(recent)

```

6 Wellbeing Assessment

Based on Figure 3 from the paper, we implement the wellbeing assessment components.

6.1 Wellbeing Metrics

```

1 class WellbeingAssessment:
2     """
3     Assesses wellbeing based on various metrics
4     """
5
6     def __init__(self):
7         self.stress_level = 0.0
8         self.boredom_level = 0.0
9         self.wellbeing_score = 0.5 # Start at neutral
10        self.history = []
11
12    def assess_stress(self, gos, prediction_error):
13        """
14        Assess stress level based on GOS and prediction errors
15
16        Args:
17            gos: GlobalOrganismicState object
18            prediction_error: PredictionError object
19
20        Returns:
21            Stress level between 0-1
22        """
23        # Factors that contribute to stress:
24        # 1. High GOS intensity indicates acute stress
25        # 2. High prediction errors indicate uncertainty
26        # 3. Duration of GOS activation
27
28        gos_intensity = gos.intensity if gos.active else 0.0
29        avg_error = prediction_error.get_average_error(10)
30
31        # Combine factors (weighted sum)
32        stress = 0.5 * gos_intensity + 0.5 * min(1.0, avg_error)
33
34        # Update stress level (with smoothing)
35        self.stress_level = 0.8 * self.stress_level + 0.2 * stress
36
37        return self.stress_level
38
39    def assess_boredom(self, gos, prediction_error, time_without_gos):
40        """
41        Assess boredom level
42
43        Args:
44            gos: GlobalOrganismicState object
45            prediction_error: PredictionError object
46            time_without_gos: Time units without GOS activation
47
48        Returns:
49            Boredom level between 0-1
50        """
51        # Factors that contribute to boredom:
52        # 1. Long time without GOS activation
53        # 2. Low prediction errors (environment too predictable)
54        # 3. Low sensory variation
55
56        # Calculate boredom factors

```

```

57     gos_inactivity = min(1.0, time_without_gos / 100.0) # Saturate at 100
time units
58     error_factor = max(0.0, 1.0 - prediction_error.get_average_error(20))
59
60     # Combine factors
61     boredom = 0.7 * gos_inactivity + 0.3 * error_factor
62
63     # Update boredom level (with smoothing)
64     self.boredom_level = 0.9 * self.boredom_level + 0.1 * boredom
65
66     return self.boredom_level
67
68 def assess_wellbeing(self, stress, boredom, predicted_emotions):
69     """
70     Calculate overall wellbeing
71
72     Args:
73         stress: Current stress level (0-1)
74         boredom: Current boredom level (0-1)
75         predicted_emotions: Dict of predicted emotional outcomes
76
77     Returns:
78         Wellbeing score between 0-1
79     """
80     # Wellbeing is reduced by stress and boredom
81     wellbeing = 1.0 - 0.5 * stress - 0.3 * boredom
82
83     # Factor in predicted emotions if available
84     if predicted_emotions:
85         avg_prediction = sum(predicted_emotions.values()) / len(
predicted_emotions)
86         wellbeing = 0.7 * wellbeing + 0.3 * avg_prediction
87
88     # Ensure value is in range [0, 1]
89     wellbeing = max(0.0, min(1.0, wellbeing))
90
91     # Update wellbeing score (with smoothing)
92     self.wellbeing_score = 0.8 * self.wellbeing_score + 0.2 * wellbeing
93
94     # Record history
95     self.history.append({
96         "stress": stress,
97         "boredom": boredom,
98         "wellbeing": self.wellbeing_score
99     })
100
101     return self.wellbeing_score
102
103 def get_wellbeing_report(self):
104     """
105     Generate a detailed wellbeing report
106
107     Returns:
108         Dictionary with wellbeing metrics
109     """
110     return {
111         "wellbeing_score": self.wellbeing_score,
112         "stress_level": self.stress_level,
113         "boredom_level": self.boredom_level,
114         "history": self.history[-10:] if len(self.history) > 10 else self.
history
115     }

```

6.2 Decision Making Process

Implementing the decision-making process based on wellbeing:

6.3 Decision Making Process

Implementing the decision-making process based on wellbeing:

```

1 class DecisionMaking:
2     """
3     Implements the decision-making process based on wellbeing predictions
4     """
5
6     def __init__(self, episodic_memory, learning):
7         self.episodic_memory = episodic_memory
8         self.learning = learning
9         self.time_without_gos = 0
10        self.last_decision = None
11        self.last_reward = None
12
13    def decide(self, gos, environment, available_actions):
14        """
15        Make a decision based on wellbeing predictions
16
17        Args:
18            gos: GlobalOrganismicState object
19            environment: Environment object
20            available_actions: List of possible actions
21
22        Returns:
23            The selected action
24        """
25        # Track time without GOS
26        if not gos.active:
27            self.time_without_gos += 1
28        else:
29            self.time_without_gos = 0
30
31        # Decision process differs based on GOS activation
32        if gos.active:
33            # With active GOS, decision is focused on the dominant need
34            action_type = gos.attention_focus
35
36            # Filter actions relevant to the focus
37            relevant_actions = [a for a in available_actions
38                               if a.startswith(action_type)]
39
40            if not relevant_actions:
41                # If no relevant actions, pick best available
42                selected_action = self._select_best_action(
43                    available_actions, environment)
44            else:
45                # Pick best relevant action
46                selected_action = self._select_best_action(
47                    relevant_actions, environment)
48        else:
49            # Without GOS, use broader wellbeing prediction
50            selected_action = self._select_best_action(
51                available_actions, environment)
52
53        # Store the decision for later learning
54        self.last_decision = selected_action
55
```



```

56         return selected_action
57
58     def _select_best_action(self, actions, environment):
59         """
60         Select the action with the best predicted wellbeing outcome
61         """
62         # No actions available
63         if not actions:
64             return None
65
66         # Get current environment state as stimulus
67         current_state = str(environment.get_state())
68
69         # Use learning model to select best response
70         return self.learning.get_best_response(current_state, actions)
71
72     def update_from_reward(self, reward):
73         """
74         Update learning from received reward
75
76         Args:
77             reward: Reward value (-1 to 1)
78         """
79         if self.last_decision is not None:
80             # Update learning
81             current_state = str(environment.get_state())
82             self.learning.update_association(
83                 current_state, self.last_decision, reward)
84
85             # Update episodic memory
86             self.episodic_memory.store(
87                 what=self.last_decision,
88                 where=str(environment.get_state()),
89                 when=environment.time,
90                 emotion=reward
91             )
92
93             self.last_reward = reward

```

7 Evolution and Adaptation

The genetic algorithm enables the digital twins to adapt over generations, reflecting the evolutionary process.

7.1 Genetic Algorithm Components

First, we define the gene structure for our digital twins:

```

1 class SalmonGenes:
2     """
3     Represents the genetic makeup of a salmon digital twin
4     """
5
6     def __init__(self):
7         # Genes for neuronal response thresholds
8         self.thresholds = {
9             "temperature": np.random.uniform(5, 15),
10            "oxygen_level": np.random.uniform(4, 10),
11            "food_availability": np.random.uniform(0.1, 0.5),
12            "light_intensity": np.random.uniform(20, 100),
13            "noise_level": np.random.uniform(0.1, 1.0),

```

```

14         "social_density": np.random.uniform(10, 100)
15     }
16
17     # Genes for neuronal response sensitivities
18     self.sensitivities = {
19         "temperature": np.random.uniform(0.1, 2.0),
20         "oxygen_level": np.random.uniform(0.5, 5.0),
21         "food_availability": np.random.uniform(1.0, 10.0),
22         "light_intensity": np.random.uniform(0.01, 0.2),
23         "noise_level": np.random.uniform(-10.0, -1.0),
24         "social_density": np.random.uniform(-1.0, 1.0)
25     }
26
27     # Genes for hormonal modulation
28     self.hormone_base_levels = {
29         "growth": np.random.uniform(0.5, 1.5),
30         "defence": np.random.uniform(0.5, 1.5),
31         "reproduction": np.random.uniform(0.5, 1.5),
32         "respiration": np.random.uniform(0.5, 1.5),
33         "exploration": np.random.uniform(0.5, 1.5)
34     }
35
36     # Genes for attention threshold
37     self.attention_threshold = np.random.uniform(0.2, 0.5)
38
39     def mutate(self, mutation_rate=0.1, mutation_size=0.2):
40         """
41         Mutate genes with given probability and magnitude
42
43         Args:
44             mutation_rate: Probability of each gene mutating
45             mutation_size: Relative size of mutation
46         """
47         # Mutate thresholds
48         for key in self.thresholds:
49             if np.random.random() < mutation_rate:
50                 # Add random change
51                 change = np.random.normal(0, self.thresholds[key] *
mutation_size)
52                 self.thresholds[key] += change
53
54         # Mutate sensitivities
55         for key in self.sensitivities:
56             if np.random.random() < mutation_rate:
57                 change = np.random.normal(0, abs(self.sensitivities[key]) *
mutation_size)
58                 self.sensitivities[key] += change
59
60         # Mutate hormone base levels
61         for key in self.hormone_base_levels:
62             if np.random.random() < mutation_rate:
63                 change = np.random.normal(0, self.hormone_base_levels[key] *
mutation_size)
64                 self.hormone_base_levels[key] += change
65
66         # Mutate attention threshold
67         if np.random.random() < mutation_rate:
68             change = np.random.normal(0, self.attention_threshold *
mutation_size)
69             self.attention_threshold += change
70             self.attention_threshold = max(0.1, min(0.9, self.
attention_threshold))

```

7.2 Crossover and Selection

Implementing crossover for genetic mixing and selection for evolution:

```

1 def crossover(parent1, parent2):
2     """
3     Create offspring by crossing over genes from two parents
4
5     Args:
6         parent1, parent2: SalmonGenes objects
7
8     Returns:
9         New SalmonGenes object
10    """
11    child = SalmonGenes()
12
13    # Crossover thresholds
14    for key in child.thresholds:
15        # 50% chance of inheriting from each parent
16        if np.random.random() < 0.5:
17            child.thresholds[key] = parent1.thresholds[key]
18        else:
19            child.thresholds[key] = parent2.thresholds[key]
20
21    # Crossover sensitivities
22    for key in child.sensitivities:
23        if np.random.random() < 0.5:
24            child.sensitivities[key] = parent1.sensitivities[key]
25        else:
26            child.sensitivities[key] = parent2.sensitivities[key]
27
28    # Crossover hormone base levels
29    for key in child.hormone_base_levels:
30        if np.random.random() < 0.5:
31            child.hormone_base_levels[key] = parent1.hormone_base_levels[key]
32        else:
33            child.hormone_base_levels[key] = parent2.hormone_base_levels[key]
34
35    # Crossover attention threshold
36    if np.random.random() < 0.5:
37        child.attention_threshold = parent1.attention_threshold
38    else:
39        child.attention_threshold = parent2.attention_threshold
40
41    return child
42
43 def select_parents(population, fitness_scores, num_parents):
44     """
45     Select parents using tournament selection
46
47     Args:
48         population: List of SalmonGenes objects
49         fitness_scores: List of fitness values matching population
50         num_parents: Number of parents to select
51
52     Returns:
53         List of selected parent indexes
54    """
55    selected = []
56
57    for _ in range(num_parents):
58        # Tournament selection
59        tournament_size = 3
60        tournament = np.random.choice(

```

```

61         len(population),
62         size=tournament_size,
63         replace=False)
64
65     # Find the winner (highest fitness)
66     winner_idx = tournament[0]
67     winner_fitness = fitness_scores[tournament[0]]
68
69     for idx in tournament[1:]:
70         if fitness_scores[idx] > winner_fitness:
71             winner_idx = idx
72             winner_fitness = fitness_scores[idx]
73
74     selected.append(winner_idx)
75
76     return selected

```

7.3 Evolutionary Process

Putting together the evolutionary process:

```

1 class GeneticAlgorithm:
2     """
3     Implements the genetic algorithm for evolving digital twins
4     """
5
6     def __init__(self, pop_size=50, mutation_rate=0.1):
7         self.pop_size = pop_size
8         self.mutation_rate = mutation_rate
9         self.population = [SalmonGenes() for _ in range(pop_size)]
10        self.fitness_scores = np.zeros(pop_size)
11        self.generation = 0
12
13    def evolve(self, fitness_function):
14        """
15        Evolve the population for one generation
16
17        Args:
18            fitness_function: Function that takes SalmonGenes and returns
19            fitness
20        """
21        # Evaluate fitness
22        for i, genes in enumerate(self.population):
23            self.fitness_scores[i] = fitness_function(genes)
24
25        # Create new population
26        new_population = []
27
28        # Elitism: keep the best individual
29        best_idx = np.argmax(self.fitness_scores)
30        new_population.append(self.population[best_idx])
31
32        # Select parents and create offspring
33        while len(new_population) < self.pop_size:
34            # Select parents
35            parent_indices = select_parents(
36                self.population, self.fitness_scores, 2)
37
38            # Create offspring
39            child = crossover(
40                self.population[parent_indices[0]],
41                self.population[parent_indices[1]]

```

```

42
43     # Apply mutation
44     child.mutate(self.mutation_rate)
45
46     # Add to new population
47     new_population.append(child)
48
49     # Replace old population
50     self.population = new_population
51     self.generation += 1
52
53     # Return statistics
54     return {
55         "generation": self.generation,
56         "best_fitness": np.max(self.fitness_scores),
57         "avg_fitness": np.mean(self.fitness_scores),
58         "worst_fitness": np.min(self.fitness_scores)
59     }

```

7.4 Fitness Function Example

An example fitness function for evaluating digital twins:

```

1 def evaluate_twin_fitness(genes, num_trials=5):
2     """
3     Evaluate fitness of a digital twin with given genes
4
5     Args:
6         genes: SalmonGenes object
7         num_trials: Number of simulation trials to run
8
9     Returns:
10        Fitness score
11    """
12    total_wellbeing = 0
13    total_lifespan = 0
14
15    for _ in range(num_trials):
16        # Create digital twin with these genes
17        twin = create_digital_twin_from_genes(genes)
18
19        # Create environment
20        env = Environment()
21
22        # Run simulation until death or max time
23        max_time = 1000
24        for t in range(max_time):
25            # Update environment
26            env.step()
27
28            # Update twin
29            twin.update(env)
30
31            # Check if twin died
32            if twin.is_dead():
33                break
34
35        # Record results
36        lifespan = t
37        total_lifespan += lifespan
38        total_wellbeing += twin.wellbeing_assessment.wellbeing_score * lifespan
39
40    # Fitness is a combination of wellbeing and lifespan

```

```

41     avg_wellbeing = total_wellbeing / total_lifespan if total_lifespan > 0 else
42     0
43     avg_lifespan = total_lifespan / num_trials
44     # Weight wellbeing more than lifespan
45     fitness = 0.7 * avg_wellbeing + 0.3 * (avg_lifespan / max_time)
46
47     return fitness

```

8 Complete Digital Twin

Now we integrate all components into a complete digital twin.

8.1 Digital Twin Architecture

```

1 class DigitalTwin:
2     """
3     Complete implementation of a salmon digital twin
4     """
5
6     def __init__(self, genes=None):
7         # Initialize genes
8         self.genes = genes or SalmonGenes()
9
10        # Create basic needs
11        self.basic_needs = BasicNeeds()
12
13        # Create sensors from genes
14        self.sensors = self._create_sensors()
15
16        # Create survival circuits
17        self.survival_circuits = self._create_survival_circuits()
18
19        # Create global organismic state
20        self.gos = GlobalOrganismicState()
21
22        # Create memory and learning
23        self.episodic_memory = EpisodicMemory()
24        self.learning = Learning()
25
26        # Create prediction system
27        self.prediction_error = PredictionError()
28
29        # Create decision making
30        self.decision_making = DecisionMaking(
31            self.episodic_memory, self.learning)
32
33        # Create wellbeing assessment
34        self.wellbeing_assessment = WellbeingAssessment()
35
36        # State variables
37        self.age = 0
38        self.health = 1.0
39        self._dead = False
40
41    def _create_sensors(self):
42        """Create sensors based on genes"""
43        sensors = {}
44
45        # Create a sensor for each input type
46        for input_name, threshold in self.genes.thresholds.items():

```

```

47         sensitivity = self.genes.sensitivities[input_name]
48         response = NeuronalResponse(threshold, sensitivity)
49         sensors[input_name] = Sensor(input_name, response)
50
51     return sensors
52
53     def _create_survival_circuits(self):
54         """Create survival circuits based on genes"""
55         circuits = []
56
57         # Create growth circuit
58         growth = SurvivalCircuit("growth")
59         growth.add_sensor(self.sensors["temperature"])
60         growth.add_sensor(self.sensors["food_availability"])
61         growth.set_hormone_modulation(self.genes.hormone_base_levels["growth"])
62         circuits.append(growth)
63
64         # Create defence circuit
65         defence = SurvivalCircuit("defence")
66         defence.add_sensor(self.sensors["noise_level"])
67         defence.set_hormone_modulation(self.genes.hormone_base_levels["defence"]
1)
68         circuits.append(defence)
69
70         # Create reproduction circuit
71         reproduction = SurvivalCircuit("reproduction")
72         reproduction.set_hormone_modulation(
73             self.genes.hormone_base_levels["reproduction"])
74         circuits.append(reproduction)
75
76         # Create respiration circuit
77         respiration = SurvivalCircuit("respiration")
78         respiration.add_sensor(self.sensors["oxygen_level"])
79         respiration.set_hormone_modulation(
80             self.genes.hormone_base_levels["respiration"])
81         circuits.append(respiration)
82
83         # Create exploration circuit
84         exploration = SurvivalCircuit("exploration")
85         exploration.add_sensor(self.sensors["light_intensity"])
86         exploration.set_hormone_modulation(
87             self.genes.hormone_base_levels["exploration"])
88         circuits.append(exploration)
89
90     return circuits
91
92     def update(self, environment):
93         """
94         Update the digital twin state based on environment
95
96         Args:
97             environment: Environment object
98         """
99         if self._dead:
100             return
101
102         # Increment age
103         self.age += 1
104
105         # Process inputs through survival circuits
106         for circuit in self.survival_circuits:
107             circuit.process_inputs(environment)
108

```

```

109     # Update global organismic state
110     self.gos.update(
111         self.survival_circuits,
112         attention_threshold=self.genes.attention_threshold
113     )
114
115     # Check for prediction errors
116     env_state = environment.get_state()
117     for var, value in env_state.items():
118         error = self.prediction_error.calculate_error(var, value)
119
120     # Assess wellbeing
121     stress = self.wellbeing_assessment.assess_stress(
122         self.gos, self.prediction_error)
123
124     boredom = self.wellbeing_assessment.assess_boredom(
125         self.gos, self.prediction_error,
126         self.decision_making.time_without_gos)
127
128     # Get predicted emotions from memory
129     predicted_emotions = {}
130     # TODO: Implement emotion prediction
131
132     wellbeing = self.wellbeing_assessment.assess_wellbeing(
133         stress, boredom, predicted_emotions)
134
135     # Make decisions
136     available_actions = self._get_available_actions(environment)
137     action = self.decision_making.decide(
138         self.gos, environment, available_actions)
139
140     # Execute action
141     self._execute_action(action, environment)
142
143     # Update health based on wellbeing
144     if wellbeing < 0.2:
145         # Poor wellbeing decreases health
146         self.health -= 0.01
147     elif wellbeing > 0.8:
148         # Good wellbeing increases health (up to 1.0)
149         self.health = min(1.0, self.health + 0.005)
150
151     # Check if dead
152     if self.health <= 0:
153         self._dead = True
154
155     def is_dead(self):
156         """Check if the twin is dead"""
157         return self._dead
158
159     def _get_available_actions(self, environment):
160         """Get available actions based on environment"""
161         # Simplified actions
162         return [
163             "feed",
164             "hide",
165             "explore",
166             "rest",
167             "move_to_oxygen"
168         ]
169
170     def _execute_action(self, action, environment):
171         """Execute selected action"""

```



```

172     # In a real implementation, this would affect the environment
173     # and provide feedback for learning
174     reward = 0.0
175
176     if action == "feed" and environment.food_availability > 0.5:
177         reward = 0.5
178     elif action == "hide" and environment.noise_level > 0.7:
179         reward = 0.4
180     elif action == "move_to_oxygen" and environment.oxygen_level < 6.0:
181         reward = 0.6
182     elif action == "explore" and self.decision_making.time_without_gos >
50:
183         reward = 0.3
184
185     # Update learning
186     self.decision_making.update_from_reward(reward)
187
188     def get_wellbeing_report(self):
189         """
190         Get a complete wellbeing report
191
192         Returns:
193             Dictionary with wellbeing information
194         """
195         report = self.wellbeing_assessment.get_wellbeing_report()
196         report.update({
197             "age": self.age,
198             "health": self.health,
199             "gos_active": self.gos.active,
200             "attention_focus": self.gos.attention_focus,
201             "prediction_errors": self.prediction_error.get_average_error(),
202             "time_without_gos": self.decision_making.time_without_gos
203         })
204
205         return report

```

8.2 Factory Function

A factory function to create digital twins from genes:

```

1 def create_digital_twin_from_genes(genes):
2     """
3     Create a digital twin from specific genes
4
5     Args:
6         genes: SalmonGenes object
7
8     Returns:
9         DigitalTwin object
10    """
11    return DigitalTwin(genes)

```

8.3 Population Simulation

Running a population of digital twins:

```

1 def simulate_population(population_size=10, simulation_steps=1000):
2     """
3     Simulate a population of digital twins
4
5     Args:
6         population_size: Number of twins to simulate

```

```

7         simulation_steps: Number of time steps to run
8
9     Returns:
10         List of reports from all twins
11     """
12     # Create population
13     twins = [DigitalTwin() for _ in range(population_size)]
14
15     # Create environment
16     env = Environment()
17
18     # Storage for reports
19     reports = []
20
21     # Run simulation
22     for step in range(simulation_steps):
23         # Update environment
24         env.step()
25
26         # Update each twin
27         step_reports = []
28         for twin in twins:
29             if not twin.is_dead():
30                 twin.update(env)
31                 report = twin.get_wellbeing_report()
32                 report["step"] = step
33                 step_reports.append(report)
34
35         reports.append({
36             "step": step,
37             "environment": env.get_state(),
38             "twin_reports": step_reports
39         })
40
41     return reports

```

9 Validation and Analysis

In this section, we implement methods to validate and analyze the digital twin.

9.1 Visualization Tools

```

1 def plot_wellbeing_over_time(reports):
2     """
3     Plot wellbeing metrics over time
4
5     Args:
6         reports: List of reports from simulation
7     """
8     steps = [r["step"] for r in reports]
9
10    # Extract average metrics at each time step
11    avg_wellbeing = []
12    avg_stress = []
13    avg_boredom = []
14
15    for report in reports:
16        twin_reports = report["twin_reports"]
17        if twin_reports:
18            wellbeing = [r["wellbeing_score"] for r in twin_reports]
19            stress = [r["stress_level"] for r in twin_reports]

```

```

20         boredom = [r["boredom_level"] for r in twin_reports]
21
22         avg_wellbeing.append(np.mean(wellbeing))
23         avg_stress.append(np.mean(stress))
24         avg_boredom.append(np.mean(boredom))
25     else:
26         # No living twins
27         avg_wellbeing.append(np.nan)
28         avg_stress.append(np.nan)
29         avg_boredom.append(np.nan)
30
31     # Plot
32     plt.figure(figsize=(12, 6))
33
34     plt.plot(steps, avg_wellbeing, label="Wellbeing", color="green")
35     plt.plot(steps, avg_stress, label="Stress", color="red")
36     plt.plot(steps, avg_boredom, label="Boredom", color="blue")
37
38     plt.xlabel("Time Step")
39     plt.ylabel("Level")
40     plt.title("Population Wellbeing Metrics Over Time")
41     plt.legend()
42     plt.grid(True, alpha=0.3)
43
44     plt.tight_layout()
45     plt.show()

```

9.2 Testing Scenarios

Implementing scenarios to test digital twin responses:

```

1 def test_stress_scenario():
2     """
3     Test digital twin response to stressful scenario
4     """
5     # Create twin
6     twin = DigitalTwin()
7
8     # Create environment with baseline conditions
9     env = Environment(
10         temperature=12,
11         oxygen_level=9,
12         light_intensity=100,
13         food_availability=1.0,
14         social_density=50,
15         noise_level=0.1
16     )
17
18     # Simulate baseline period
19     baseline_reports = []
20     for _ in range(100):
21         env.step()
22         twin.update(env)
23         baseline_reports.append(twin.get_wellbeing_report())
24
25     # Introduce stressor - high noise and low oxygen
26     env.noise_level = 0.9
27     env.oxygen_level = 5.0
28
29     # Simulate stress period
30     stress_reports = []
31     for _ in range(100):
32         env.step()

```

```

33     twin.update(env)
34     stress_reports.append(twin.get_wellbeing_report())
35
36     # Recovery period
37     env.noise_level = 0.1
38     env.oxygen_level = 9.0
39
40     recovery_reports = []
41     for _ in range(100):
42         env.step()
43         twin.update(env)
44         recovery_reports.append(twin.get_wellbeing_report())
45
46     # Analyze results
47     baseline_stress = np.mean([r["stress_level"] for r in baseline_reports])
48     stress_stress = np.mean([r["stress_level"] for r in stress_reports])
49     recovery_stress = np.mean([r["stress_level"] for r in recovery_reports])
50
51     print(f"Baseline stress: {baseline_stress:.2f}")
52     print(f"Stress period: {stress_stress:.2f}")
53     print(f"Recovery period: {recovery_stress:.2f}")
54
55     # Plot results
56     all_reports = baseline_reports + stress_reports + recovery_reports
57     steps = range(len(all_reports))
58     stress = [r["stress_level"] for r in all_reports]
59     wellbeing = [r["wellbeing_score"] for r in all_reports]
60
61     plt.figure(figsize=(12, 6))
62
63     plt.plot(steps, stress, label="Stress", color="red")
64     plt.plot(steps, wellbeing, label="Wellbeing", color="green")
65
66     plt.axvline(x=100, color="gray", linestyle="--")
67     plt.axvline(x=200, color="gray", linestyle="--")
68
69     plt.text(50, 0.9, "Baseline", ha="center")
70     plt.text(150, 0.9, "Stress", ha="center")
71     plt.text(250, 0.9, "Recovery", ha="center")
72
73     plt.xlabel("Time Step")
74     plt.ylabel("Level")
75     plt.title("Stress Response Test")
76     plt.legend()
77     plt.grid(True, alpha=0.3)
78
79     plt.tight_layout()
80     plt.show()

```

9.3 Validation Functions

Functions to validate digital twin behavior against empirical data:

```

1 def validate_against_empirical(twin_reports, empirical_data):
2     """
3     Compare digital twin predictions with empirical data
4
5     Args:
6         twin_reports: Reports from digital twin simulation
7         empirical_data: Dictionary with empirical measurements
8
9     Returns:
10        Dictionary with validation metrics

```

```

11     """
12     # Extract metrics from twin reports
13     twin_stress = np.array([r["stress_level"] for r in twin_reports])
14     twin_wellbeing = np.array([r["wellbeing_score"] for r in twin_reports])
15
16     # Compare with empirical data
17     empirical_stress = np.array(empirical_data["stress_measurements"])
18     empirical_wellbeing = np.array(empirical_data["wellbeing_indicators"])
19
20     # Compute correlation
21     stress_correlation = np.corrcoef(twin_stress, empirical_stress)[0, 1]
22     wellbeing_correlation = np.corrcoef(twin_wellbeing, empirical_wellbeing)[0,
23                                         1]
24
25     # Compute mean absolute error
26     stress_mae = np.mean(np.abs(twin_stress - empirical_stress))
27     wellbeing_mae = np.mean(np.abs(twin_wellbeing - empirical_wellbeing))
28
29     # Return validation metrics
30     return {
31         "stress_correlation": stress_correlation,
32         "wellbeing_correlation": wellbeing_correlation,
33         "stress_mae": stress_mae,
34         "wellbeing_mae": wellbeing_mae
35     }

```

10 Practical Applications

In this section, we provide practical examples of using the digital twin for real-world applications.

10.1 Early Warning System

Implementing an early warning system for detecting wellbeing issues:

```

1 class WellbeingMonitor:
2     """
3     Monitor that provides early warnings about wellbeing issues
4     """
5
6     def __init__(self, population, warning_thresholds=None):
7         self.population = population # List of DigitalTwin objects
8
9         # Default warning thresholds
10        self.thresholds = warning_thresholds or {
11            "high_stress": 0.7,
12            "chronic_stress": 0.6,
13            "high_boredom": 0.7,
14            "low_wellbeing": 0.3
15        }
16
17        self.alerts = []
18
19    def update(self, environment):
20        """
21        Update all twins and check for warnings
22
23        Args:
24            environment: Current environment
25
26        Returns:
27            List of alerts

```

```

28     """
29     reports = []
30
31     # Update each twin
32     for twin in self.population:
33         if not twin.is_dead():
34             twin.update(environment)
35             reports.append(twin.get_wellbeing_report())
36
37     # Check for warnings
38     new_alerts = self._check_warnings(reports)
39     self.alerts.extend(new_alerts)
40
41     return new_alerts
42
43 def _check_warnings(self, reports):
44     """Check for warning conditions in the reports"""
45     alerts = []
46
47     # Check for high stress
48     high_stress_count = sum(1 for r in reports
49                             if r["stress_level"] >= self.thresholds["
high_stress"])
50     if high_stress_count > len(reports) * 0.3: # >30% of population
51         alerts.append({
52             "type": "high_stress",
53             "severity": "high",
54             "affected_percentage": high_stress_count / len(reports) * 100,
55             "description": "High stress levels detected in significant
portion of population"
56         })
57
58     # Check for chronic stress (sustained mid-level stress)
59     chronic_stress_count = sum(1 for r in reports
60                                if r["stress_level"] >= self.thresholds["
chronic_stress"])
61     if chronic_stress_count > len(reports) * 0.5: # >50% of population
62         alerts.append({
63             "type": "chronic_stress",
64             "severity": "medium",
65             "affected_percentage": chronic_stress_count / len(reports) *
100,
66             "description": "Chronic stress detected - may lead to health
issues"
67         })
68
69     # Check for high boredom
70     high_boredom_count = sum(1 for r in reports
71                              if r["boredom_level"] >= self.thresholds["
high_boredom"])
72     if high_boredom_count > len(reports) * 0.4: # >40% of population
73         alerts.append({
74             "type": "high_boredom",
75             "severity": "medium",
76             "affected_percentage": high_boredom_count / len(reports) * 100,
77             "description": "High boredom levels detected - may impair
learning and development"
78         })
79
80     # Check for low wellbeing
81     low_wellbeing_count = sum(1 for r in reports
82                               if r["wellbeing_score"] <= self.thresholds["
low_wellbeing"])

```

```

83         if low_wellbeing_count > len(reports) * 0.3: # >30% of population
84             alerts.append({
85                 "type": "low_wellbeing",
86                 "severity": "high",
87                 "affected_percentage": low_wellbeing_count / len(reports) *
100,
88                 "description": "Low wellbeing detected - immediate attention
required"
89             })
90
91     return alerts

```

10.2 Facility Optimization

Using the digital twin to optimize aquaculture facility parameters:

```

1 def optimize_facility_parameters(parameter_ranges, population_size=20,
2                                 simulation_days=30, steps_per_day=24):
3     """
4     Find optimal facility parameters for salmon wellbeing
5
6     Args:
7         parameter_ranges: Dictionary with min/max for each parameter
8         population_size: Number of digital twins to simulate
9         simulation_days: Number of days to simulate
10        steps_per_day: Simulation steps per day
11
12    Returns:
13        Dictionary with optimal parameter values
14    """
15    best_score = -float('inf')
16    best_params = None
17
18    # Number of optimization iterations
19    iterations = 50
20
21    for iteration in range(iterations):
22        # Sample parameters from ranges
23        params = {}
24        for param, (min_val, max_val) in parameter_ranges.items():
25            params[param] = np.random.uniform(min_val, max_val)
26
27        print(f"Testing parameters: {params}")
28
29        # Create environment with these parameters
30        env = Environment(
31            temperature=params.get("temperature", 12),
32            oxygen_level=params.get("oxygen_level", 8.5),
33            light_intensity=params.get("light_intensity", 100),
34            food_availability=params.get("food_availability", 1.0),
35            social_density=params.get("social_density", 50),
36            noise_level=params.get("noise_level", 0.1)
37        )
38
39        # Create population
40        twins = [DigitalTwin() for _ in range(population_size)]
41
42        # Run simulation
43        total_steps = simulation_days * steps_per_day
44        wellbeing_scores = []
45        stress_scores = []
46        mortality = 0
47

```

```

48     for step in range(total_steps):
49         # Update environment (with small variation)
50         env.step()
51
52         # Update each twin
53         for twin in twins:
54             if not twin.is_dead():
55                 twin.update(env)
56                 report = twin.get_wellbeing_report()
57                 wellbeing_scores.append(report["wellbeing_score"])
58                 stress_scores.append(report["stress_level"])
59             else:
60                 mortality += 1
61
62         # Calculate performance score
63         avg_wellbeing = np.mean(wellbeing_scores) if wellbeing_scores else 0
64         avg_stress = np.mean(stress_scores) if stress_scores else 1
65         survival_rate = 1 - (mortality / (population_size * total_steps))
66
67         # Combined score (higher is better)
68         score = (0.5 * avg_wellbeing) + (0.3 * (1 - avg_stress)) + (0.2 *
survival_rate)
69
70         print(f"Score: {score:.4f} (wellbeing: {avg_wellbeing:.2f}, " +
71               f"stress: {avg_stress:.2f}, survival: {survival_rate:.2f})")
72
73         # Update best parameters
74         if score > best_score:
75             best_score = score
76             best_params = params.copy()
77
78     print(f"\nOptimal parameters found: {best_params}")
79     print(f"Optimization score: {best_score:.4f}")
80
81     return best_params

```

10.3 Policy Analysis

Analyzing the impact of different husbandry policies:

```

1 def analyze_husbandry_policy(policy, population_size=50, simulation_days=60):
2     """
3     Analyze the impact of a husbandry policy on salmon wellbeing
4
5     Args:
6         policy: Dictionary defining the policy
7         population_size: Number of digital twins to simulate
8         simulation_days: Number of days to simulate
9
10    Returns:
11        Dictionary with analysis results
12    """
13    # Create population
14    twins = [DigitalTwin() for _ in range(population_size)]
15
16    # Create environment
17    env = Environment()
18
19    # Policy implementation
20    feeding_schedule = policy.get("feeding_schedule", "regular") # regular,
variable
21    light_regime = policy.get("light_regime", "natural") # natural, constant,
gradual

```



```

22     handling_frequency = policy.get("handling_frequency", "low") # low, medium
    , high
23
24     # Simulation parameters
25     steps_per_day = 24
26     total_steps = simulation_days * steps_per_day
27
28     # Storage for metrics
29     daily_metrics = []
30
31     # Run simulation
32     for day in range(simulation_days):
33         day_metrics = {
34             "day": day,
35             "wellbeing": [],
36             "stress": [],
37             "boredom": [],
38             "alive_count": 0
39         }
40
41         for step in range(steps_per_day):
42             current_step = day * steps_per_day + step
43
44             # Apply policy
45             self._apply_policy(env, policy, day, step)
46
47             # Update environment
48             env.step()
49
50             # Handle scheduled events
51             if handling_frequency == "high" and current_step % 48 == 0:
52                 # Simulate handling stress
53                 env.noise_level = 0.9
54             elif handling_frequency == "medium" and current_step % 120 == 0:
55                 env.noise_level = 0.9
56             elif handling_frequency == "low" and current_step % 336 == 0:
57                 env.noise_level = 0.9
58             else:
59                 # Return to baseline
60                 env.noise_level = policy.get("baseline_noise", 0.1)
61
62             # Update all twins
63             for twin in twins:
64                 if not twin.is_dead():
65                     twin.update(env)
66                     report = twin.get_wellbeing_report()
67
68                     # Store metrics
69                     day_metrics["wellbeing"].append(report["wellbeing_score"])
70                     day_metrics["stress"].append(report["stress_level"])
71                     day_metrics["boredom"].append(report["boredom_level"])
72                     day_metrics["alive_count"] += 1
73
74             # Calculate daily averages
75             day_metrics["avg_wellbeing"] = np.mean(day_metrics["wellbeing"]) if
day_metrics["wellbeing"] else 0
76             day_metrics["avg_stress"] = np.mean(day_metrics["stress"]) if
day_metrics["stress"] else 0
77             day_metrics["avg_boredom"] = np.mean(day_metrics["boredom"]) if
day_metrics["boredom"] else 0
78             day_metrics["survival_rate"] = day_metrics["alive_count"] / (
population_size * steps_per_day)
79

```

```

80     daily_metrics.append(day_metrics)
81
82     # Calculate overall metrics
83     avg_wellbeing = np.mean([d["avg_wellbeing"] for d in daily_metrics])
84     avg_stress = np.mean([d["avg_stress"] for d in daily_metrics])
85     avg_boredom = np.mean([d["avg_boredom"] for d in daily_metrics])
86     final_survival = daily_metrics[-1]["survival_rate"] if daily_metrics else 0
87
88     # Prepare report
89     report = {
90         "policy": policy,
91         "avg_wellbeing": avg_wellbeing,
92         "avg_stress": avg_stress,
93         "avg_boredom": avg_boredom,
94         "final_survival_rate": final_survival,
95         "daily_metrics": daily_metrics
96     }
97
98     return report
99
100 def _apply_policy(env, policy, day, hour):
101     """Apply policy effects to environment"""
102     # Feeding schedule
103     feeding_schedule = policy.get("feeding_schedule", "regular")
104     if feeding_schedule == "regular":
105         # Regular feeding at fixed times
106         if hour == 8 or hour == 16:
107             env.food_availability = 1.0
108         else:
109             env.food_availability = 0.1
110     elif feeding_schedule == "variable":
111         # Variable feeding (unpredictable)
112         if hour == (day % 24) or hour == ((day + 12) % 24):
113             env.food_availability = 1.0
114         else:
115             env.food_availability = 0.1
116
117     # Light regime
118     light_regime = policy.get("light_regime", "natural")
119     if light_regime == "natural":
120         # Natural light cycle
121         env.light_intensity = 100 * np.sin(np.pi * hour / 12) ** 2
122     elif light_regime == "constant":
123         # Constant light
124         env.light_intensity = 100
125     elif light_regime == "gradual":
126         # Gradual changes
127         if hour < 6:
128             env.light_intensity = hour * 16.67 # 0 to 100 over 6 hours
129         elif hour < 18:
130             env.light_intensity = 100
131         else:
132             env.light_intensity = 100 - ((hour - 18) * 16.67) # 100 to 0 over
133         6 hours

```

10.4 Integrating with Environmental Sensors

Framework for integrating digital twins with real-time sensor data:

```

1 class SensorIntegration:
2     """
3     Integration with real-time environmental sensors
4     """

```

```

5
6     def __init__(self, sensor_config, twins):
7         self.sensor_config = sensor_config # Mapping of sensor IDs to
parameters
8         self.twins = twins
9         self.last_readings = {}
10        self.history = []
11
12    def process_sensor_data(self, sensor_readings):
13        """
14        Process incoming sensor data
15
16        Args:
17            sensor_readings: Dictionary with sensor readings
18
19        Returns:
20            List of alerts
21        """
22        # Store readings
23        self.last_readings = sensor_readings
24        self.history.append({
25            "timestamp": time.time(),
26            "readings": sensor_readings.copy()
27        })
28
29        # Convert sensor readings to environment parameters
30        env_params = self._convert_to_environment(sensor_readings)
31
32        # Create environment
33        env = Environment(**env_params)
34
35        # Update twins and check for warnings
36        monitor = WellbeingMonitor(self.twins)
37        alerts = monitor.update(env)
38
39        return alerts
40
41    def _convert_to_environment(self, sensor_readings):
42        """Convert raw sensor readings to environment parameters"""
43        env_params = {}
44
45        # Map sensor readings to environment parameters
46        for sensor_id, value in sensor_readings.items():
47            if sensor_id in self.sensor_config:
48                param = self.sensor_config[sensor_id]["parameter"]
49
50                # Apply any conversion formula
51                if "conversion" in self.sensor_config[sensor_id]:
52                    conversion = self.sensor_config[sensor_id]["conversion"]
53                    if conversion == "linear":
54                        a = self.sensor_config[sensor_id].get("a", 1.0)
55                        b = self.sensor_config[sensor_id].get("b", 0.0)
56                        value = a * value + b
57
58                env_params[param] = value
59
60        return env_params
61
62    def get_history(self, start_time=None, end_time=None):
63        """
64        Get historical data within time range
65
66        Args:

```

```

67         start_time: Start timestamp (or None for all)
68         end_time: End timestamp (or None for all)
69
70     Returns:
71         List of historical readings
72     """
73     filtered = []
74
75     for record in self.history:
76         timestamp = record["timestamp"]
77         if (start_time is None or timestamp >= start_time) and \
78             (end_time is None or timestamp <= end_time):
79             filtered.append(record)
80
81     return filtered

```

11 Discussion and Future Directions

11.1 Limitations of the Current Approach

While the digital twin provides valuable insights, several limitations should be acknowledged:

- **Simplification of Biology:** The model simplifies complex biological processes that may be important for accurate wellbeing prediction.
- **Parameter Uncertainty:** Many parameters (e.g., neuronal response sensitivities) are difficult to calibrate against real salmon.
- **Cognitive Assumptions:** The implementation makes assumptions about salmon cognition that may need refinement as research advances.
- **Validation Challenges:** Validating subjective states like wellbeing against empirical data presents methodological challenges.

11.2 Future Research Directions

Several promising research directions could enhance the digital twin approach:

- **Integration with Physiological Models:** Incorporating more detailed physiological models would improve prediction accuracy.
- **Individual Variation:** Expanding the representation of individual variation in neuronal responses and behavior.
- **Social Dynamics:** Including social interactions and hierarchies within the salmon population.
- **Explainable AI:** Developing methods to better explain the relationship between environmental factors and wellbeing outcomes.
- **Model Validation:** Conducting targeted experiments to validate specific aspects of the digital twin predictions.

11.3 Ethical Considerations

The development and use of digital twins for salmon wellbeing raises several ethical considerations:

- **Reliability:** Ensuring the reliability of digital twin predictions before using them to make decisions about real animals.
- **Transparency:** Being transparent about model assumptions and limitations when reporting results.
- **Balance:** Balancing economic considerations with animal welfare in aquaculture operations.
- **Responsibility:** Using digital twins to enhance rather than replace human responsibility for animal welfare.

12 Conclusion

This tutorial has provided a comprehensive implementation of digital twins for modeling salmon wellbeing based on the conceptual framework described by Giske et al. (2025). The approach combines insights from neuroscience, behavioral ecology, and computational modeling to create virtual representatives of salmon that can predict stress, boredom, and overall wellbeing.

By implementing survival circuits, episodic-like memory, and wellbeing assessment systems, the digital twin captures the key mechanisms underlying salmon behavior and experience. The evolutionary framework enables the model to adapt and improve over time, making it more representative of real salmon populations.

The practical applications of this approach are numerous, from optimizing aquaculture facilities to developing early warning systems for wellbeing issues. By providing actionable information to fish farmers, regulators, and researchers, digital twins can support the implementation of the 3Rs (replacement, reduction, refinement) in animal research and improve the welfare of farmed salmon.

As research in animal cognition and wellbeing continues to advance, the digital twin approach can be refined and extended to provide even more accurate predictions. This creates a positive feedback loop where digital simulations inform empirical research, which in turn improves the simulations.

The ultimate goal is to create a tool that benefits both salmon welfare and aquaculture productivity, demonstrating that these objectives can be aligned rather than in conflict. By understanding and predicting wellbeing at a deeper level, we can create conditions where salmon thrive rather than merely survive in captivity.

13 Appendix: Complete Code Repository

The complete implementation code discussed in this tutorial is available in the accompanying GitHub repository: <https://github.com/arvidl/salmon-digital-twin>

The repository includes:

- Core implementation files (**notebooks**)
- Example scripts
- Test scenarios
- Documentation (**papers**)

- Sample data for validation (`data`)
- Conda environment (`environment.yml`)

13.1 Installation and Usage

To install and use the `salmon-digital-twin`:

```
1 # Clone repository
2 git clone https://github.com/arvidl/salmon-digital-twin.git
3 cd salmon-digital-twin
4
5 # Install dependencies
6 #pip install -r requirements.txt
7 conda env update -f environment.yml
8
9 # Run example simulation
10 #python examples/run_simulation.py
```

13.2 Contributing

Contributions to the project are welcome. Please see the contribution guidelines in the repository for more information.

Annotated Reference Guide

This section provides an annotated guide to key references organized by topic area, highlighting their relevance to digital twin implementation for salmon wellbeing.

Core Frameworks and Concepts

- **Giske et al. (2025)** [31] – The foundational paper on salmon digital twins that outlines the theoretical basis for monitoring and predicting salmon wellbeing through computational modeling.
- **Budaev et al. (2020)** [10] – Introduces a computational architecture for modeling animal sentience, emotions, and wellbeing that serves as a basis for digital twin development.
- **Budaev et al. (2019)** [11] – Bridges ecology and subjective cognition in animal decision-making, providing a framework for implementing cognition in digital twins.
- **Budaev et al. (2018)** [9] – Introduces the AHA (Adapted Heuristics and Architecture) cognitive architecture for Darwinian agents that can be adapted for salmon digital twins.

Fish Cognition and Emotions

- **Giske et al. (2013)** [30] – Examines how emotions affect adaptive behavior in fish, providing insight into implementing emotional systems in digital twins.
- **Vindas et al. (2016)** [70] – Investigates serotonergic activation in farmed salmon, distinguishing between adaptation and pathology in stress responses.
- **Vindas et al. (2014)** [71] – Explores dopaminergic and neurotrophic responses in salmon when expected rewards are omitted, relevant for implementing prediction errors in digital twins.

- **Cabanac (1992)** [13] – Presents the concept of pleasure as a common currency for decision-making across species, informing the implementation of wellbeing assessment.
- **Mendl & Paul (2020)** [44] – Reviews current understanding of animal affect and its role in decision-making, providing a foundation for modeling emotional states.
- **Crump et al. (2020)** [16] – Examines the role of emotion in animal contests, offering insights into modeling social interactions and competitive behavior.

Consciousness and Sentience

- **Ginsburg & Jablonka (2019)** [29] – Comprehensive exploration of the evolution of consciousness and learning, providing theoretical foundation for digital twin cognition.
- **Low et al. (2012)** [39] – The Cambridge Declaration on Consciousness, affirming the presence of consciousness in non-human animals including fish.
- **Andrews et al. (2024)** [3] – The New York Declaration on Animal Consciousness, updating scientific consensus on animal consciousness.
- **Barron & Klein (2016)** [6] – Examines what insects can tell us about consciousness origins, providing insights for implementing minimal consciousness models.
- **Feinberg & Mallatt (2016)** [22] – Explores the ancient origins of consciousness and how the brain created experience, informing digital twin cognitive models.
- **Seth (2021)** [61] – Presents new scientific approaches to understanding consciousness, offering perspectives for modeling subjective experience.
- **Zacks et al. (2022)** [76] – Investigates the evolution of imaginative animals and episodic-like memory, crucial for modeling prediction in digital twins.

Digital Twins and Computational Modeling

- **Rasheed et al. (2020)** [52] – Reviews digital twin values, challenges, and enablers from a modeling perspective, providing practical implementation guidance.
- **VanderHorn & Mahadevan (2021)** [69] – Offers a framework for digital twin characterization and implementation applicable to biological systems.
- **Tao et al. (2022)** [67] – Presents comprehensive approaches to digital twin modeling that can be adapted for biological applications.
- **Eliassen et al. (2016)** [20] – Demonstrates how to model proximate architecture for decision-making from sensing to emergent adaptations.
- **Giske et al. (2014)** [32] – Shows how emotion systems promote diversity and evolvability in evolutionary models, informing genetic algorithm implementation.
- **Andersen et al. (2016)** [1] – Details the proximate architecture for decision-making in fish that can be directly implemented in digital twins.
- **Grimm & Railsback (2013)** [34] – Provides foundational methods for individual-based modeling in ecology applicable to digital twin populations.

Neuroscience and Decision-Making

- **LeDoux (2012)** [38] – Rethinks the emotional brain, introducing concepts like survival circuits central to digital twin decision architecture.
- **Anderson & Adolphs (2014)** [2] – Presents a framework for studying emotions across species that can be applied to salmon emotion modeling.
- **Schultz (2024)** [59] – Examines dopamine mechanisms for reward maximization, crucial for implementing learning in digital twins.
- **Friston et al. (2010)** [26] – Introduces free-energy formulations for action and behavior that inform prediction-based decision making.
- **Peters et al. (2017)** [49] – Explores how uncertainty and stress are processed by the brain, informing stress modeling in digital twins.
- **McNamara & Houston (1986)** [42] – Classic paper on common currency for behavioral decisions that informs wellbeing-based decision models.
- **McNamara & Houston (2009)** [41] – Discusses integrating function and mechanism in behavioral models, relevant for digital twin architecture.

Stress, Allostasis, and Boredom

- **Korte et al. (2007)** [37] – Presents a new animal welfare concept based on allostasis that informs wellbeing modeling in digital twins.
- **Sterling (2012)** [64] – Details allostasis as a model of predictive regulation central to digital twin physiological modeling.
- **McEwen et al. (2015)** [40] – Explores mechanisms of stress in the brain that can be implemented in digital twin stress response systems.
- **Wingfield et al. (1998)** [75] – Introduces the "emergency life history stage" concept relevant for modeling extreme stress in digital twins.
- **Meagher (2019)** [43] – Examines whether boredom is an animal welfare concern, providing foundation for modeling boredom in digital twins.
- **Burn (2017)** [12] – Presents a biological perspective on animal boredom with suggestions for scientific investigation.
- **Spruijt et al. (2001)** [63] – Offers a concept of welfare based on reward mechanisms applicable to digital twin wellbeing assessment.

Environmental Enrichment and Learning

- **Salvanes et al. (2013)** [57] – Demonstrates how environmental enrichment promotes neural plasticity and cognitive ability in fish.
- **Zupanc (2006)** [77] – Explores neurogenesis and neuronal regeneration in adult fish brains, relevant for modeling brain development.
- **Näslund et al. (2019)** [46] – Investigates how rearing environment affects brain development in hatchery-reared Atlantic salmon.

- **Arechavala-Lopez et al. (2022)** [4] – Reviews environmental enrichment in fish aquaculture, offering practical applications.
- **Folkedal et al. (2010)** [24] – Studies habituation rates in Atlantic salmon, providing data for learning implementation.
- **Bratland et al. (2010)** [8] – Examines the transition from fright to anticipation in salmon, informing predictive models.
- **Dumitru & Opdal (2024)** [18] – Discusses how rearing environment defines brain plasticity, challenging the mosaic model of brain evolution.

Aquaculture Welfare and Management

- **Stien et al. (2013)** [65] – Introduces the Salmon Welfare Index Model (SWIM 1.0) that catalogs key welfare indicators.
- **Pettersen et al. (2014)** [50] – Presents SWIM 2.0, an extended model for overall welfare assessment of caged Atlantic salmon.
- **Overton et al. (2019)** [48] – Reviews salmon lice treatments and mortality in Norwegian aquaculture, highlighting welfare challenges.
- **Bracke et al. (1999)** [7] – Presents overall animal welfare assessment based on needs and expert opinion.
- **van de Vis et al. (2020)** [72] – Compares welfare of fishes in different production systems, providing benchmarks for digital twin validation.
- **Dawkins (2023)** [17] – Discusses farm animal welfare beyond "natural" behavior, offering perspectives for defining appropriate wellbeing metrics.
- **Segner et al. (2019)** [60] – Presents FAO's approach to welfare of fishes in aquaculture, providing regulatory context.

Precision Aquaculture and Monitoring

- **Føre et al. (2018)** [25] – Introduces precision fish farming as a framework for improving production in aquaculture.
- **Mustapha et al. (2021)** [45] – Reviews roles of cloud computing, Internet of Things and AI in sustainable aquaculture.
- **Royer & Pastres (2023)** [54] – Demonstrates data assimilation for efficient management of dissolved oxygen in aquaculture.
- **Eguiraun et al. (2018)** [19] – Applies Shannon entropy to construct a biological warning system model for fish monitoring.
- **Neethirajan (2021)** [47] – Reviews the use of AI in assessing affective states in livestock, with potential applications for fish.

3Rs and Ethical Considerations

- **Russell & Burch (1959)** [56] – The original work introducing the 3Rs (replacement, reduction, refinement) principles.
- **Grimm et al. (2023)** [33] – Discusses advancing the 3Rs through innovation, implementation, ethics, and society.
- **Hawkins et al. (2011)** [35] – Provides guidance on severity classification of scientific procedures involving fish.
- **Sloman et al. (2019)** [62] – Examines ethical considerations in fish research, offering guidelines for digital twin development.
- **Collins & Part (2013)** [15] – Reviews approaches to modeling farm animal welfare, including methodological considerations.
- **Pielke (2007)** [51] – Introduces the concept of the "honest broker" in science and policy that digital twins could fulfill.
- **Gaffney & Lavery (2022)** [27] – Identifies research gaps in salmonid welfare that digital twins could address.

Machine Learning and Data Science

- **Reichstein et al. (2024)** [53] – Demonstrates early warning of complex risk with integrated AI, applicable to wellbeing monitoring.
- **Schölkopf et al. (2021)** [58] – Discusses approaches to causal representation learning applicable to digital twin modeling.
- **Elkan (2001)** [21] – Explores foundations of cost-sensitive learning for handling imbalanced wellbeing states.
- **Garcia & Fernández (2015)** [28] – Provides a comprehensive survey on safe reinforcement learning applicable to digital twin development.

Robustness and Systems Approaches

- **Kitano (2004)** [36] – Explores biological robustness concepts applicable to digital twin design.
- **Fernandez-Leon (2011)** [23] – Examines evolving cognitive-behavioral dependencies for robustness in situated agents.
- **Ruiz-Mirazo et al. (2004)** [55] – Discusses autonomy and open-ended evolution as universal life properties relevant to digital twin design.
- **Thompson (2007)** [68] – Presents a biology and phenomenology approach to mind that can inform digital twin consciousness models.
- **Colditz (2023)** [14] – Proposes a biological integrity framework for describing animal welfare and wellbeing.

Methodological Resources

- **Way (2017)** [73] – Discusses Feynman’s famous quote "What I cannot create, I do not understand" in the context of biological modeling.
- **Taborsky et al. (2021)** [66] – Presents an evolutionary theory of stress responses that can inform digital twin stress models.
- **Wingfield (2013)** [74] – Explores comparative biology of environmental stress and ability to cope with changing environments.
- **Barrett (2020)** [5] – Provides seven and a half lessons about the brain with implications for cognitive modeling.

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