

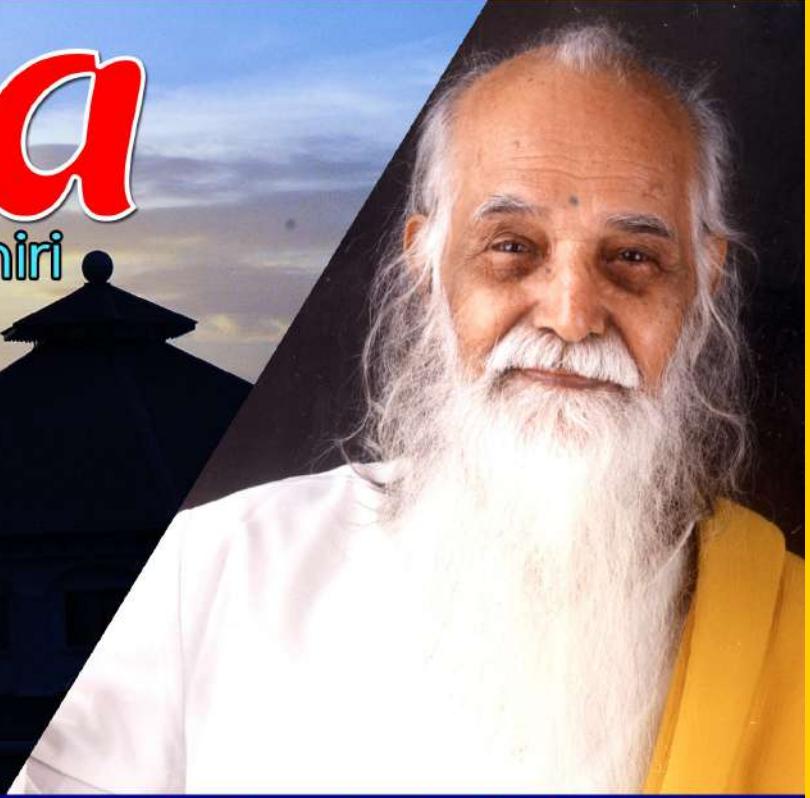
from World Community Service Centre - OSFC

VeWa

Waves of Vethathiri

November
2019

wave: 16
30 Pages



THE AWAKENING BEGINS



Swamiji's Vision

Join to Bless
WCSC to be a
part of United
Nations

VILLAGE SERVICE PROJECT



- Center for Yoga and Spiritual Education -



Inside the Publish...

Waves Splashes

VeWa Note

Note from the Editor - Message for Messengers
P: 3

VeWa - Cosmic Cube

Swamiji's Month of Silence - A Divine Communion
P: 4-7

VeWa Science & SKY

SKY Research - Depression, Anxiety, Women Related problems
P: 8-10

VeWa VSP

Synergy - Transformation at Grassroots
P: 11-13

VeWa Village

Visual Treats from VSP Village
P: 14-16

VeWa Sprouts

Upcoming Events
P: 17

VeWa Ambassadors

SKY Professors visiting abroad from India
P: 18

VeWa Visuals

Vethathiri Digital Footprints - Treasure of the Day
P: 19

VeWa Announcement

Updates from around the World
P: 20

VeWa Blossom

Worldwide Events
P: 21-29



VEWA NOTE

"Find the teacher, serve him as a CHILD, open your heart to his influence, see in him GOD manifested"."



- SWAMI VIVEKANANDA

Man, weaves into his life webs of delusions of materialism, facades of ego, greed and worldly attributes. The messiah to protect and show the pathway in the turbulence of life is GURU. He empowers us to rise above the cacophony of life, to lift the veils

Many Teachers

Sanskrit word for 'teacher' based on their unique abilities

Adhyapak – The teacher who gives you information

Upadhyaya - The one who imparts knowledge combined with information.

Acharya - The one who imparts skills

Pandit - The one who is able to give a deep insight into a subject.

Dhrishta - The one who has a visionary view on a subject and teaches you to think in that manner.

Guru - The one who is able to awaken wisdom in you, leading you from darkness to light.

of character, to elevate one's consciousness, to touch the pinnacles of spiritualism and ultimately to realise the Divine

manifestation within one.

Vethathiri Maharishi

is a towering saint among saints. He is one of those who was born with a **Divine Mission** of guiding mankind from the fogs of delusion into the clear light of Divine understanding. He is leading us from the darkness of mind into the wisdom filled light.



Those who were blessed to serve Him at close quarters recollect the compassion that they saw in His eyes, they were miffed by His sense of humour, His magnanimity expressed through His simplicity and His yearning to help everyone who came to Him with a desire to be lifted beyond the realms of earthly bonds.

He made it possible for the seekers and learners to merge with the Divine, unravelling the secret functioning of the Universe and to float in the bliss of infinite absoluteness. He gifted humanity the knowledge and means to achieve this in a simplified path.

As disciples of Vethathiri Maharishi, each one of us is **duty bound to spread Vethathirium** to every corner of the World and to brighten the life of every individual with the Guru's luminous radiance.



VEWA NOTE

World Peace is Swamiji's ambitious dream and HE has given an elaborate Fourteen Point plan to achieve this after more than fifty years of contemplation. Let us all strive to make this dream come true.

United Nations Organisation (UNO) has a critical role to play in the Global Space and it is the emissary for maintaining WORLD PEACE. World Community Service Centre **has applied** to become a **member of UNO**. Let us all join our meditative forces, combine it with Guru's Grace and Divine energy and bless UNO to approve the application that WCSC has submitted. **Start by including this as a part of the Blessings that we conclude our meditation.**

VeWa November has two new sections dedicated to Synergy. VeWa has collaborated with **Village Service Project** to exhibit globally the transformation that is happening in our grassroot villages.

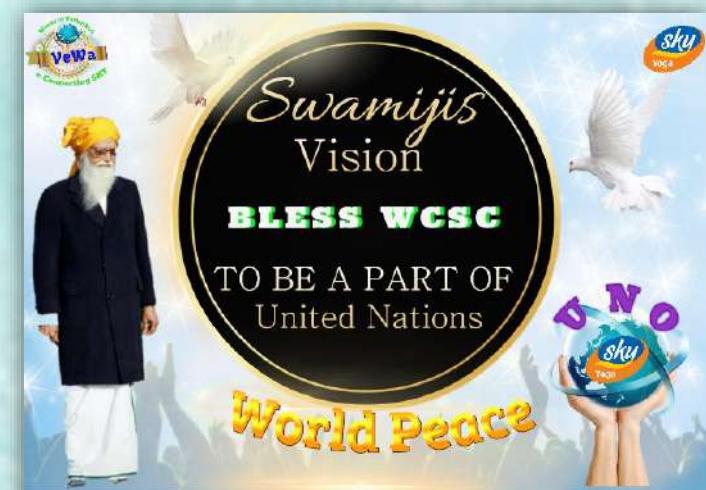
Our world today is factual and scientific. VeWa has partnered with **VISION-Research** to illuminate everyone with the Science behind Maharishi's Simplified Kundalini Yoga. Excerpts of the in-depth research/journals done by SKY Researchers, Scholars and Doctors will be published every month. Links and contacts to access the detailed information is also made available.

Finally, this auspicious month of December-January has utmost spiritual significance in the vedas, among the spiritual saints and the astronomical genre. Read VeWa Cosmic

Cube to know about it and how you can benefit from it.

Enrich self by reading VeWa, bask in the Guru's glorious teachings, be proud of the accomplishments of the various centres, be informed about the happenings and announcements of SKY Centres worldwide. You are a part of the Global SKY Community, embrace it with pride and share it with your family, friends, members in your centres and others.

Write to us if you wish to be a part of this mission; **Vethathiri Global Transformation** @ wcsc.vewa@vethathiri.ac.in or WhatsApp us @ +91 94870 61370. Be Blessed by the Divine.



Let us join and bless United Nations Orgnisation, Committee members and all officials concerned to grant consultative status to WCSC.

May each of them get connected to the Divine energy field of Vethathiri Maharishi during application review so that WCSC is recognised as a Global Organisation and get UNO consultative Status.

Blessings
Application will be reviewed by UNO in Jan 2020



VeWa Cosmic Cube



Swamiji's Silence in Margazhi/December-January
mAragashIrshaha - Month of Divine Communion

A pleasant chill embraced the Cultural City. It was only 5.00am and in any other place in the world folks would be enjoying the warmth of their blanket, the cold temperature and their blissful sleep.

This was, Chennai the Metro city of South India, the place where culture and tradition blend in divine synchrony and comes alive in the month of Margazhi or December.

What is this month of Margazhi?

The month of mAragashIrshaha, margazhi, margashiram, agrahayan is known to be the most prominent months for Spiritual Growth. Be it the daily chanting or for observances, meditation, this month is holy for all types of spiritual practices.



Several rituals were created since ancient times and are still being performed to celebrate the cosmic change that occurs this month, by visiting temples and holy places to draw and utilise the Divine Energy.

The word mAragashIrshaha, is a unification of mAragha - Path and Shirshaha - Head. In this month one heads towards achieving one's goal. It can also be interpreted as, a path where we turn inwards in self discovery and internal journey.

Kumbh Mela,
the largest
congregation of
Spiritual Hindus



The slight breeze carried the aromas of Jasmine, Magnolia, Roses, Tulasi and assortment of the heavenly flowers and leaves. Groups of devotees walked around the streets praising the Lord, singing hymns, bhajans and chanting, decked up in their traditional attire. The atmosphere was electric, charged, despite the cold and depicted a convention of Spiritual sorts. Musical concerts, spiritual discourses, song and dance by people of all ages vibrated in the auditoriums, academies and even in the smallest gathering places.



is convened during this month. Though there is the gruelling cold of the Northern part of India, the frozen Ganges that flows from the Himalayas, chilling the earth's bed and all that it touches, the Kumbh gathering is held due to the Spiritual austerity and Universal auspiciousness of this month.

Why Is This Month Significant?

One of the main reasons is the seasonal changes that occur during this time, when the cold sets in.



This month is the coldest, days are shorter and nights longer. These have significant effect the body doesn't feel tiredness or fatigue easily, digestion and assimilation of

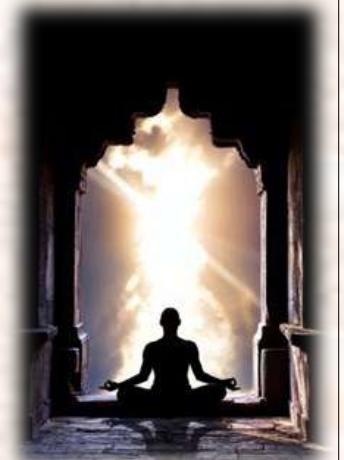
food is also quicker. In this month the fire element in the body recedes inwards, the heat of the body is reduced and hence the body can withstand the rigorous practices.

The **life force particles** in the body which usually tries to travel upwards, shifts its direction and travels inwards this month. **Chinese Acupressure** experts apply more pressure, as the healing can be faster due to the direction of the life force.

Swamiji During December!

Swamiji followed the practice of Silence during this time for short periods and at times he followed it up to 45 days. Swamiji emphasised that silence is the empowering tool to guide our consciousness in reaching the Divine State.

The mental frequencies are low due to the seasonal and bodily changes. **Meditation, connecting to the Universal Force and Introspection practices** done during this time have a powerful impact and it is easier to achieve higher levels of spiritual growth. The biomagnetism in the body can be effortlessly increased by maintaining a constant and perpetual link with the Cosmic Forces.



Swamiji believed that the chillness and the longer nights, the enveloping darkness enables one to do long hours of meditation, without internal or external disturbances. It



is believed that heat raises the Kundalini energy faster. However, during this month the heat generated internally in the body due to spiritual practices and the external cold weather provides a seamless balance to the body, creating a spiritual ambience, a vessel for attaining Universal Consciousness.

The celestial forces are in abundance during the early hours between 3.30 am to 5.00am. Meditation, Mirror Gazing, and other SKY practices done during this time will enable us to draw more energy easily from the Universal Cosmic energy.

The entire Universe undergoes changes—there are planetary changes and the luminous cosmic forces are closer to the earth. Saadhaks**, with minimum effort can establish the Divine connection and follow their spiritual SKY practices.

Swamiji in his talks has mentioned that prayers, like *World Peace prayer* and *other blessings* done during this month, gather power and carry with them the energy to manifest faster. During sleep the mental frequency pitches down to a low level, however in this month the normal frequency of the mind is itself



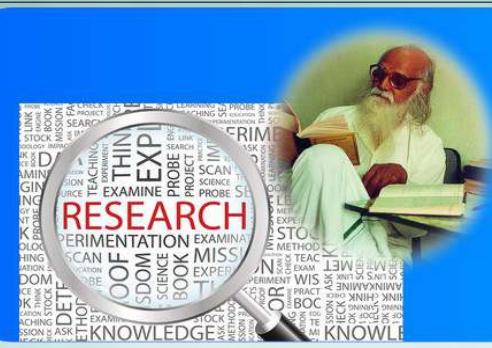
low and subtle. Meditation and intense Introspection can help to harness the power of the mind.

Swamiji explained that the magnetic field and the energy of the Universe is intensified during this time and available for those who are able to draw from it.

This month is earmarked for strengthening ones focus in spiritual practices. Indulging in deep Meditation, calming the mind and intense Self-analysis, Introspection practices are of immense significance that will help in balancing the spiritual energy and elevating our consciousness, in establishing a Divine connection with the Universe and Nature.

****those who follow the spiritual path through disciplined practices**





VeWa Synergy Science SKY

VeWa SKY Synergy Research

Depression, Anxiety, Women Related Problems – Simplified Kundalini Yoga” by World Community Service Centre (WCSC) provides contemporary solution for Holistic Health.

Solution to **Holistic Health** is **Simplified Kundalini Yoga (SKY)** by WCSC.

The article below gives excerpts from papers published by Scholars or Ph.D. holders in collaboration with Department of WCSC-VISION Research, headed by the Director, Dr. K. Perumal.

Research Papers and Ph.D. study By Dr. C. Vijayalakshmi - Part 1.

World Health Organisation (WHO) puts the depression and anxiety disorders at the top of the list of diseases and estimates that **350 million** people around the world are affected by depression and anxiety disorders. The depression and anxiety disorders interfere with the productivity at work and impacts the relationship with close friends and relatives and interferes with sleep, diet, and overall enjoyment of life.

Mr. Mukesh aged 54, was under the clutches of depression and anxiety disorders due to sudden disappointment that erupted within weeks time of his marital life. Unexpected issues arose, and this left him

feel persistently sad, anxious with no interest in life. He could not sleep properly and felt decreased energy, reckless behaviour and had problems in concentration on his work. He started getting irritated often and expressed his anguish against his parents, relatives, and friends. This resulted in the loss of appetite and weight.

His parents were worried and took him to a psychiatrist for consultation. The Doctor after examination found that he was suffering from depression and anxiety disorders and prescribed heavy doses of antidepressants.

Mukesh consumed the antidepressants, prescribed by the Doctor. But these medications did not make any difference in his troubled and depressed mental status. He was desperate for a permanent remedy.

His friend suggested that he should join the Manavalakalai centre (SKY Centre), running at Rasipuram, Tamil Nadu, India under the affiliation of World Community Service Centre, Aliyar, Coimbatore. This suggestion proved to be the turning point in his life.

The SKY Teacher and Program Coordinator taught him SKY Yoga - Physical exercises including 14-point acupressure exercise, Meditation, Kayakalpa and Introspection technique.



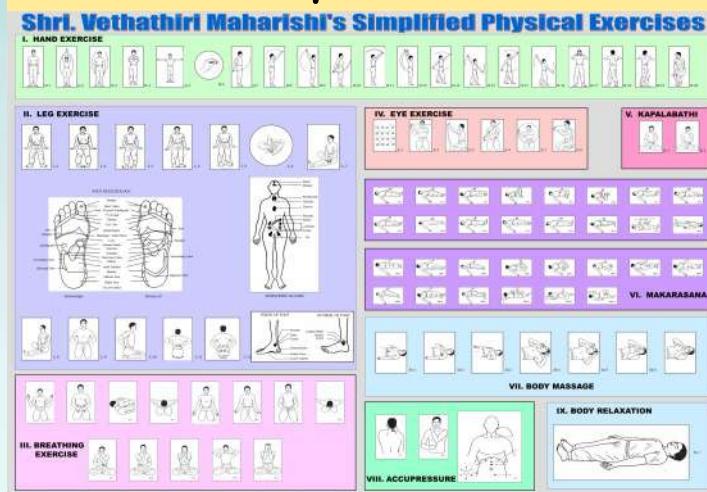
He also suggested to continue the allopathic anti-depressants prescribed by the psychiatrist doctor while practicing these exercises. While practicing the 14-point acupressure exercise, he was instructed to practice this exercise four times a day and to apply pressure for one minute at every point. Mukesh followed the instructions systematically with discipline and determination, with a fervent hope of getting gradual relief from depression and anxiety disorders.

After a year of rigorous practice of SKY exercises, he went for a review to the Psychiatrist. The Doctor examined Mukesh and was impressed with the remarkable recovery shown by Mukesh from depression and anxiety disorders and asked him to continue what he's doing as it helped him. In the next review the Doctor advised him to stop the antidepressants. Now, Mukesh is leading a normal life, and is cured of his ailing dis-eases and is grateful for the transformation that occurred in his life due

DATE	MEDICINE NAME	MORNING	LUNCH	NIGHT
30.06.2014	DAXID 50 MG	0	0	1
	STALOPAM 5 MG	1	0	1
	MIRSOL 7.5 G	0	0	1
08.07.2014	DAXID 100 MG	0	0	1
15.07.2014	DAXID 100 MG	0	0	1.5
29.07.2014	DAXID 100 MG	0	0	1.5
	DOHTIP 25MG	1	0	1
11.09.2014	DAXID 100 MG	0	0	1.5
	DOHTIP 25MG	0	0	1
12.12.2014	DAXID 100 MG	0	0	1.5
06.03.2015	DAXID 100 MG	0	0	1
24.06.2015	DAXID 100 MG	0	0	1
14.11.2015	DAXID 100 MG	0	0	1
01.02.2016	DAXID 25 MG STOPPED	0	0	1
20.02.2016				

Column indicates an excellent improvement by reducing the medicine

The pictorial representation of Simplified Exercise



to SKY Practices.

Acupressure the Regulator and Transformer of Human Electricity

Acupressure has been practiced as a healing art for at least 5000 years that use the fingers or any blunted objects to press key points called ACU POINTS (Energy points) on the skin to stimulate the body's natural self-curative abilities. When these points are pressed, they release not only muscular tension and promote the circulation of blood but also enhances body's bio-magnetic energy to aid healing.

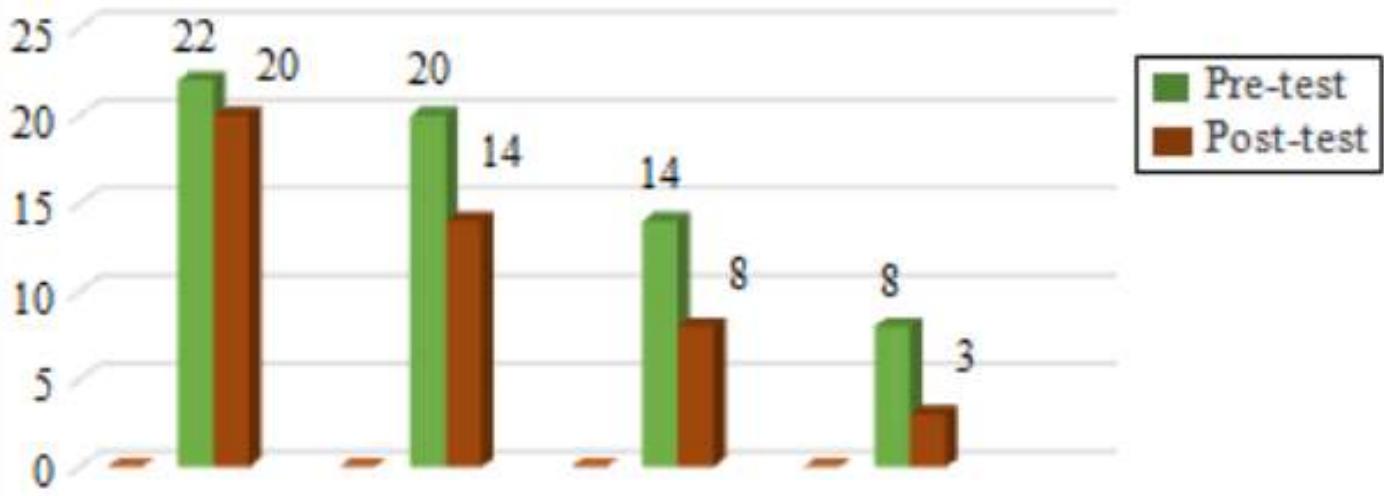
There are 14 main meridian lines each of which corresponds to an individual organ of the body. When stimulated, the bio-magnetic energy can flow freely without any short - circuit through the meridians in a balanced and even way, the result is good health. If one experience pain or illness it is an indication that there is a block in the flow of bio-magnetic energy within the body.

In this research article, a maiden



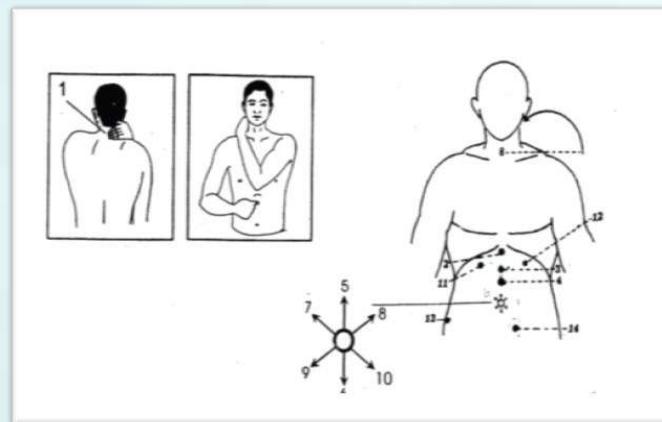
Bar diagram for phq-9 questionnaire method for pre and post-test

PHQ-9 QUESTIONNAIRE METHOD



attempt was made to find an alternative non - pharmacological path -way to alleviate depression and anxiety disorders faced by a 54 year old male patient through a regular and continuous practice of the

Thus Acupressure 14 points exercise coupled with SKY exercises play a significant role in treating various physical and mental illness which arise due to hurly-burly and hustle and bustle life of the present-day modern world.



The pictorial representation of acupressure 14 points exercise

physical exercises including acupressure 14 points exercise combined with Simplified Kundalini Yogic (SKY) exercises for one year designed by Swamiji Vethathiri Maharishi to enhance the free flow of body's Bio-magnetic energy for a significant recovery from depression and anxiety disorders.

[Please click here for the entire research paper](#)

Please share this valuable information in your Centres and classes, share the leaps that Research team has made to prove Scientifically the immense benefits of SKY exercises.

Part two of Dr. Vijayalakshmi's research on Benefits to Women will be published in next edition of VeWa Synergy – Science and SKY



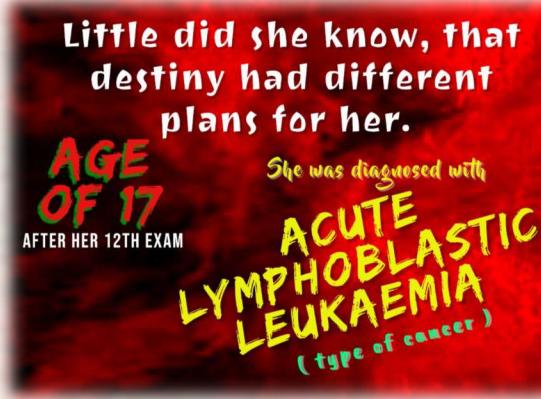


Vaishali, a young and energetic athlete of 17 years, is from Trichy, Tamil Nadu. She was a happy go lucky girl, enjoying her teenage and looking forward to all the adventures that life has to offer her. She was a topper in her class, school pupil leader and a National Hockey player.

Little did she know, that destiny had different plans for her. She was diagnosed with acute lymphoblastic leukaemia a type of cancer at the age of 17 after her 12th class exam. She was admitted in the hospital with the high risk of 96% blast. Her painful treatment took almost a year to complete, and finally after 3 chemotherapy with a bone marrow transplant from her sister, she was on the recovery path.

However, the physical and emotional scars of the treatment were deep rooted in her. Her parents were SKY practitioners for 13 years and on their insistence Vaishali also joined SKY and attended Foundation and Introspection classes in Aliyar Ashram.

This was an onset of transformational phase in her life journey. The side effects of Chemo



and her treatment reduced drastically mainly through the regular practice of Kayakalpa. She adopted the relaxation practice during her blast therapy, and this helped her recover faster than expected.

The bone marrow transfer was successful and Simplified physical exercises and Kayakalpa empowered her to recover fast. She had given up on her plans for education and on life post her diagnosis. But SKY practices infused Divine energy and life into her. She regained her strength of mind and body, worked hard to regain the accolade of topping her class. Every day was a step forward. Soon she obtained licence for two-wheeler and a car.

She believes Swamiji is within her and she is confident that she will reach her pinnacle in her life.

Vaishali is 21 now and is living her life with renewed zest and gratitude.

VSP program of WCSC guided her in the path laid down by Shri. Vethathiri Maharishi and held her hand while she got back on her feet. **It gave a young girl of 17 an opportunity to blossom to a woman and experience the celebrations in life.**



VSP Facts and Information

The How and Who

\$12 per day is all you need to make a difference to hundreds of life

Adopt villages anywhere in India

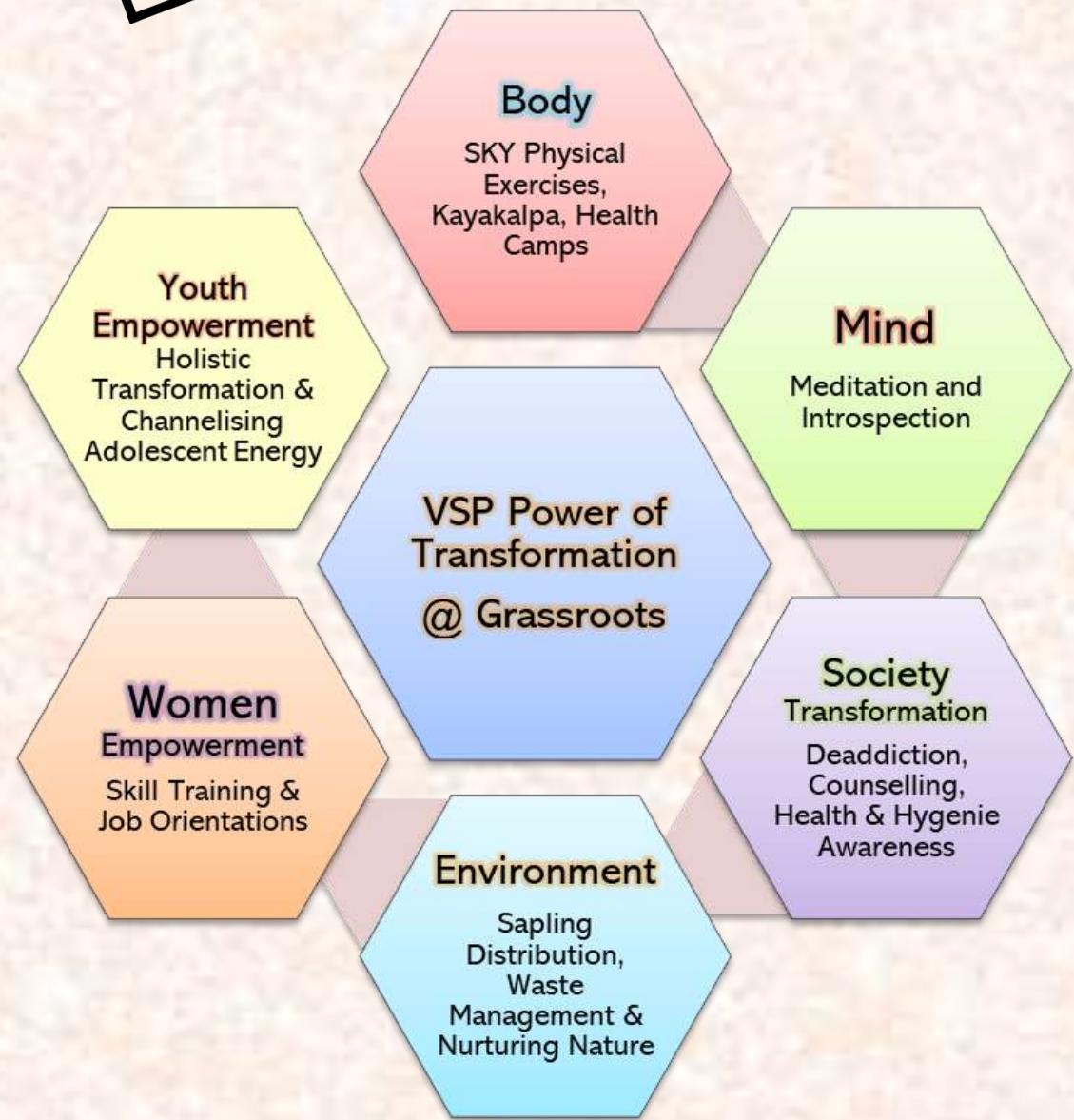
VSP COVERAGE (UPTO Nov 2019)

Description	Number
TOTAL NUMBER OF VILLAGES ADOPTED	175
NUMBER OF VILLAGES COMPLETED	158
NUMBER OF VILLAGES ONGOING / IN-PROGRESS	017
TOTAL NUMBER OF BENEFICIARIES	65836
NUMBER OF TEMPLE OF CONSCIOUSNESS FORMED	018
NUMBER OF TRUSTS FORMED	005
NUMBER OF SUB-CENTRES FORMED	120

Rs. 3 Lacs is required for a Single village adoption
**** Approx \$4200**

For more details visit:
www.vethathirigramam.org

VSP Vision- Multi Thematic Focus

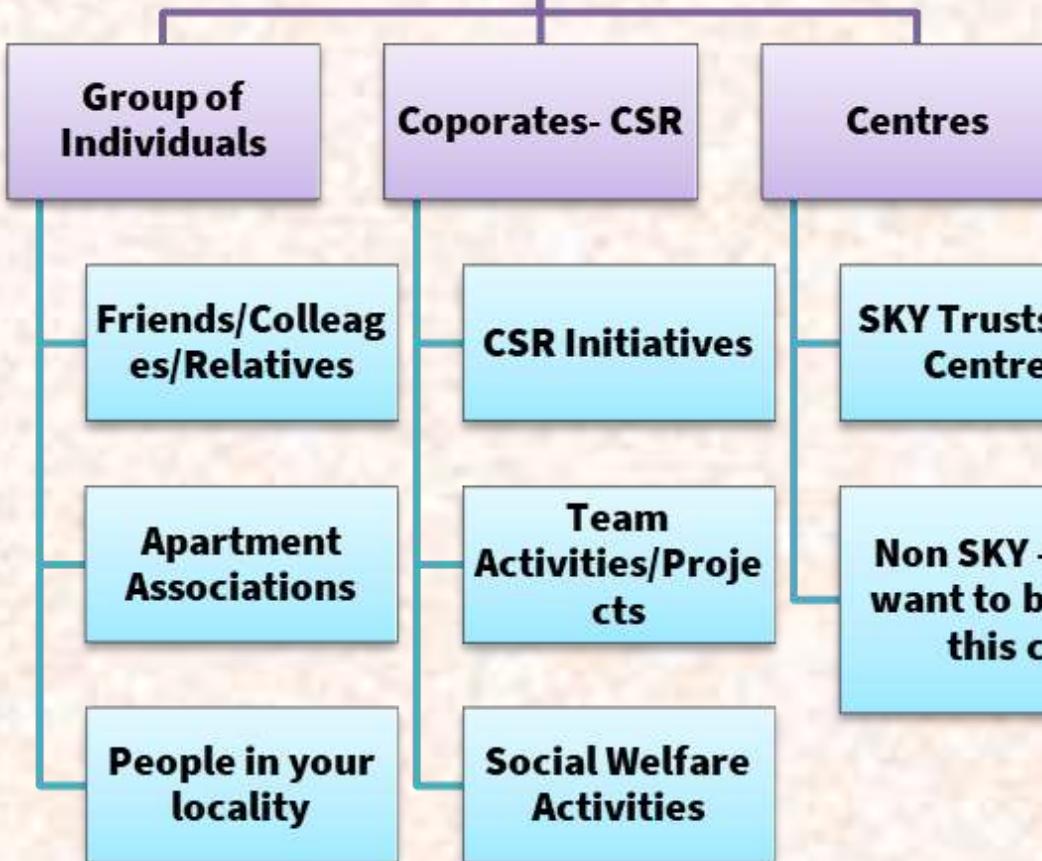




Adopt a Village- Who can Contribute



*Be a part of this Transformation
be the Agents of Change*



Vaishali's Journey, her testimony in her writing and words

My name is Ms. VAISHALI . I am 21 years old . I am doing final year B.Com in Trichy.

I was diagnosed as ALL (Acute Lymphoblastic Leukemia) a type of blood cancer at the age of 14 after my 12th exam . I was admitted in the hospital with high risk of 96% blast cells . It took 1 year for me to complete the treatment . I was given 3 chemotherapy and underwent Bone Marrow Transplant with 6/6 match of my sister stem cells .

My parents are in Maravalakalai for the past 15 years and I attended foundation and introspection classes at Aliyar .

I was able to overcome the side affects and heavy poison of chemo only through KAYA KALPA which gave me strength . The RELAXATION practice which I followed during BST made me to recover soon . I got blessings from Aliyar and all Maravalakalai Trust & Thavasiyam .

The Bone Marrow Transplant was successful . continuous practice of KAYA KALPA , EXERCISE supported me to recover soon .

Before treatment, in my schooling I was the school topper (XII) , School Pupil Leader and National Hockey Player .

Now after treatment also I am college topper and I recently got the license for two wheeler WITH GEAR and CAR . This is so, because of the regular practice of KAYA KALPA and EXERCISE and meditation .

I believe Swami ji is inside me and I am sure that I will achieve high position in my life .

VAZHA VAIYAGAM
VAZHA VALAMUDAN

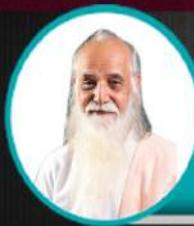


**VSP**

Sparkle

Visual Treats of VSP



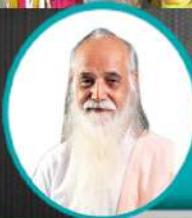


VSP

Sparkle

Visual Treats of VSP





VSP

Sparkle

Visual Treats of VSP





Vella Sprouts

(Upcoming Events)

Dubai

- 15 to 19 Dec – Foundation Course (English)
- 20 Dec – Introspection (Tamil & English)
- 20 Dec - KayaKalpa Yoga (Tamil / English)
- 20 & 27 Dec – Introspection - 3 (Tamil & English)
- 01 Jan – KayaKalpa Yoga (Tamil)
- 01 Jan – Trustees Day, World Peace Adoration

Fridays – Exercises, Meditation and Food for Thought

Bahrain

Regular Session

- 1st Friday of the month - Silence
- Fridays - Meditation & Exercise session in Tamil & English
- Saturdays - Meditation session
- Mondays - Thuriyattheetham meditation followed by thought provoking discussion
- Wednesdays - Special session exclusively for SKY masters

- 20 Dec – Brahmaghanam Course
- 27 Dec – Brahmaghanam Course

Delhi

- 14 & 15 Dec – Foundation Course (English)
- 21 & 22 Dec – Introspection - 3 (English)
- 28 & 29 Dec – Introspection – 1 (Tamil)

USA - Charlotte SKY

Kayakalpa Yoga

706 604 8623 / 704 453 1228
skyyoga.charlotte@gmail.com
22 Dec 2019, 10am to 1pm



Please contact local SKY Centre or
Country WCSC coordinator

wcsc.osfc@vethathiri.ac.in

for information on courses / programs



VeWa Ambassadors



SKY Professors visiting abroad from India

Ambassadors

Visiting Sr. Prof/ Prof.	Trust/Zone	Visiting Country	Date From	Date To
S. Kalavathi	Marrnargudi	Singapore	02-Nov-2019	27-Nov-2019
M. Venkata Chalapathy	Thiruvattiyur	Malasiya	12-Nov-2019	10-Dec-2019
K. Vijayarani	Chennai	Singapore	28-Nov-2019	12-Dec-2019
A. Subramanian	Tirunelveli	Sri Lanka	01-Nov-2019	31-Dec-2019
P.K Rangaswamy	Coimbatore	USA	01-Nov-2019	10-Jan-2020
K. Aruna babu	Andhra Pradesh	Australia	11-Dec-2019	11-Jan-2020
M. Semporul Alagan	Tirunelveli	USA	14-Sep-2019	24-Jan-2020
G. Purushothaman	Chennai	USA	08-Sep-2019	07-Feb-2020
K. Perumal	Aliyar	Dubai, Bahrain	07-Feb-2020	14-Mar-2020
S. Kalavathi	Chennai	Dubai, Kuwait	05-Mar-2020	15-Mar-2020
S. Sekhar	Chennai	Dubai, Kuwait	05-Mar-2020	15-Mar-2020
G. Balachandran	Aliyar	Singapore, Malaysia	17-Dec-2019	25-Dec-2019
Uzavan Thangavelu	Namakkal	Singapore, Malaysia	10-Dec-2020	25-Dec-2019
Serma Selvaraj	Chennai	Singapore, Malaysia	10-Dec-2019	25-Dec-2019

Mail us details of your visits and share activity photos

wcsc.osfc@vethathiri.ac.in

Give us an opportunity to showcase your services abroad through VeWa Ambassador Album

Request to visiting Professors





Vethathiri's Digital Footprints



With advancement in technology, world is now at fingertips and has shrunk to screen size. Swamiji's wisdom words are now easily accessible to entire World community in the languages of their choice.

Multiple languages, multiple forums - Waves of Vethathiri is creating transformational energy fields across the Globe to form a World filled with Peace.

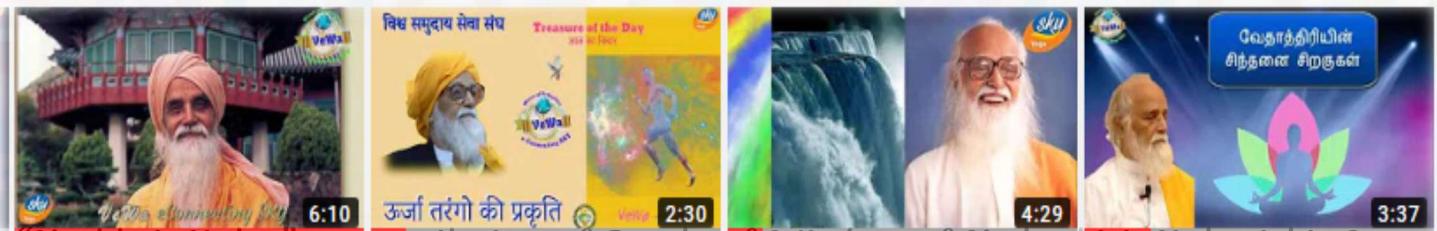
Urge and **Encourage** each to **share** this in multiple websites, with friends, colleagues, groups and in your Centres.

Your **Quote** **Pinterest**
Medium

f **twitter** **Instagram**



Treasure of the Day



"Vazhkai Malar" a compilation of Pearls of Wisdom of Vethathiri Maharishi. Every day is a celebration and these knowledge thoughts will surely kinder your spirit and you will bask in the knowledge that the Guru imparted to all.

We embarked upon the mission of spreading Vethathirium in Hindi, through Audio and Messages from 27th October 2019 with the aim to have this valuable treasure in multiple language.

With the support from each member of the vast SKY family these messages can create ripples of Daily Spiritual Revolution.

Subscribe to hear it everyday. **Share** if you care for creating a Transformational Vethathirian Society.





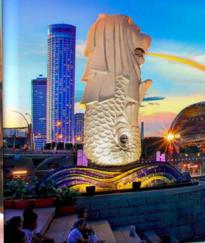
**Vethathiran Roots
Spreading WORLDWIDE
Connecting the World**



Grand Opening of Temples of Consciousness



21 Dec 2019



22 Dec 2019



**Maharishi Sending His
special Blessing through VeWa**

**Sowing seeds of
Vethathirum in schools**

**SKY USA
&
Malaysia**

USA Centres are focusing on changing the landscape and spreading the knowledge and wisdom of Vethathiri Maharishi by reaching out to youngsters in schools.

**2nd Temple of
Consciousness
Construction Underway**



SRI LANKA

SKY Centre in Cambodia – Cambodia is nature blessed and has smiling and happy people. A dedicated Assistant Professor ventured into starting a centre here.



Malaleuca-Clarinda Melbourne SKY Centre, Australia



Perth Mediation Centre, Australia



Centre in Bhuvaneshwar, Orrisa, India



With support of Kolkata SKY Centre. Classes are conducted in Oriya and Bengali with material in native languages.

**SKY Sprouts
Opening of New Centres**



VeWa Blossom

INDIA - DELHI & HARYANA

YHAI - International Youth Convention—2019



Foundation Courses (Eng & Hindi)



KBR Technology - Introduction SKY Yoga



International Youth Convention-2019



INDIA - ANDHRA PRADESH



Distribution of plants to VSP AG
Palle Villagers



VSP @ AG Palle Village

INDIA - KOLKATTA



Brahmagnanam and Master's Course



VeWa Blossom

KERALA



Foundation Course for Police officers
at Palakkad



Course at Southern Railway Divisional Office
Olavakkode, Palakkad



Foundation Course at Thenari Village, Palakkad



CHERTHALA SKY TRUST @ Lions Club

INDIA - ORISSA - BHUBENSHWAR

Bhubaneshwar SKY Centre Opening



Kayakalpa Session





VeWa Blossom

INDIA - MUMBAI



Chembur SKY Trust—Kayakalpa Session



Sri Lanka



**Jaffna SKY trust at
Kayts Village**

**Colombo Temple of Consciousness
7-Story Building @ 12,500 Sqft**



VeWa Blossom

SINGAPORE

Sengkang RC, Singapore - Yoga session



Foundation Course by Supreme SKY Trust at Ever Safe Academy

MALAYSIA



**Tanjong Rambutan SKY Centre
Thuriyam Session**



**Serembon SKY Centre
Diploma Class**

UNITED KINGDOM

BAPIO conference with Medical Doctors



Exercise Session for Medical Doctors



VeWa Blossom



Kayakalpa Yoga - Mereddin Village, North of Perth

Weekend class at Mary Davis Library, Baldivis, Perth



Kayakalpa Yoga @ MAWA - Malayalam Association



Perth SKY Centre - Regular Weekly Meditation



Kayakalpa Yoga @ MAWA - Malayalam Association



Melaleuca - Clarinda Melbourne SKY Centre



**2nd Annual Day
Vethathiri Maharishi College of Yoga**



VeWa Blossom

USA



North Carolina - **Kayakalpa Yoga**



Atlanta - **Weekly Session**



Farmington, CT SKY Centre



Foundation Course,
Fairfax, Virginia



Freemont - Exercise Session at a School



NJ - **Introspection Level 3**



**Eminent
Social
Reformers
of
Montreal
in their
endeavor to
create
World
Peace.**

Plans to create a Magnificent Temple of Consciousness





Foundation Course at Abu Dhabi Siemens



Mussafa - Abu Dhabi New center

BAHRAIN



Wife Appreciation Day Celebration



KUWAIT

Abbasiya SKY Center



Mangaf SKY Center

Fahaheel SKY Center



Salmiya SKY Center



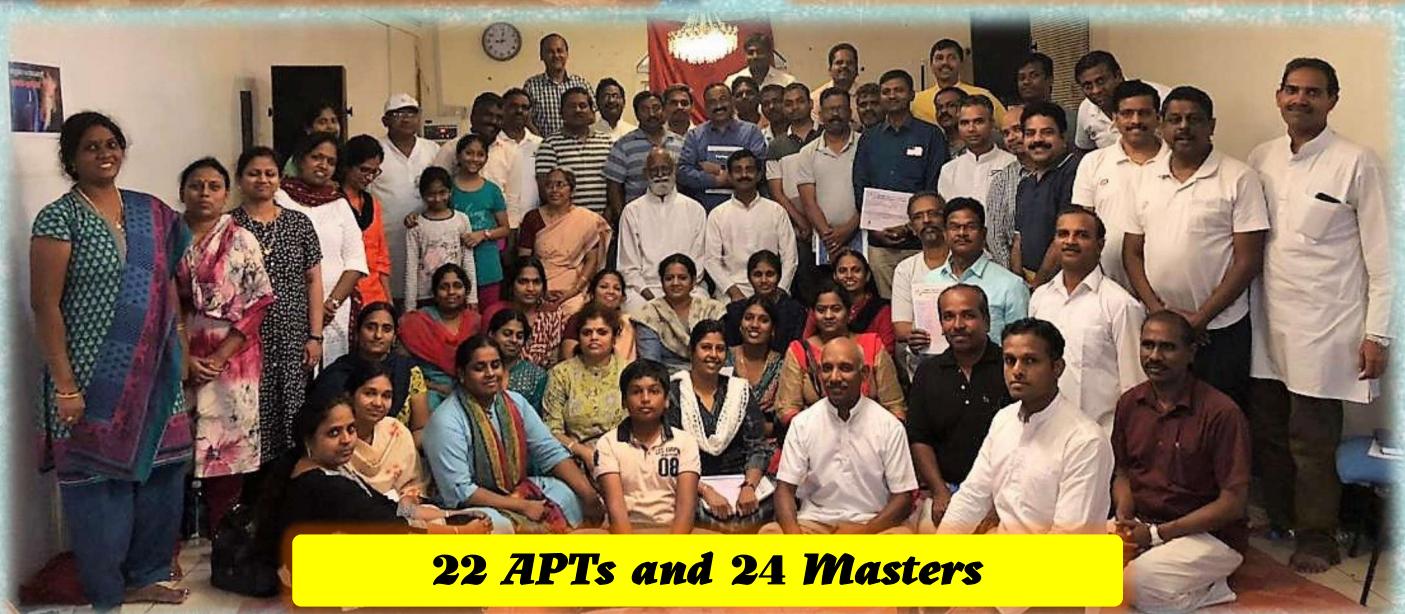


QATAR



Young Vethathirians

Al-Khor Kayakalpa Yoga



22 APTs and 24 Masters



Al-Khor SKY Center - Special Session on Kayakalpa Yoga.

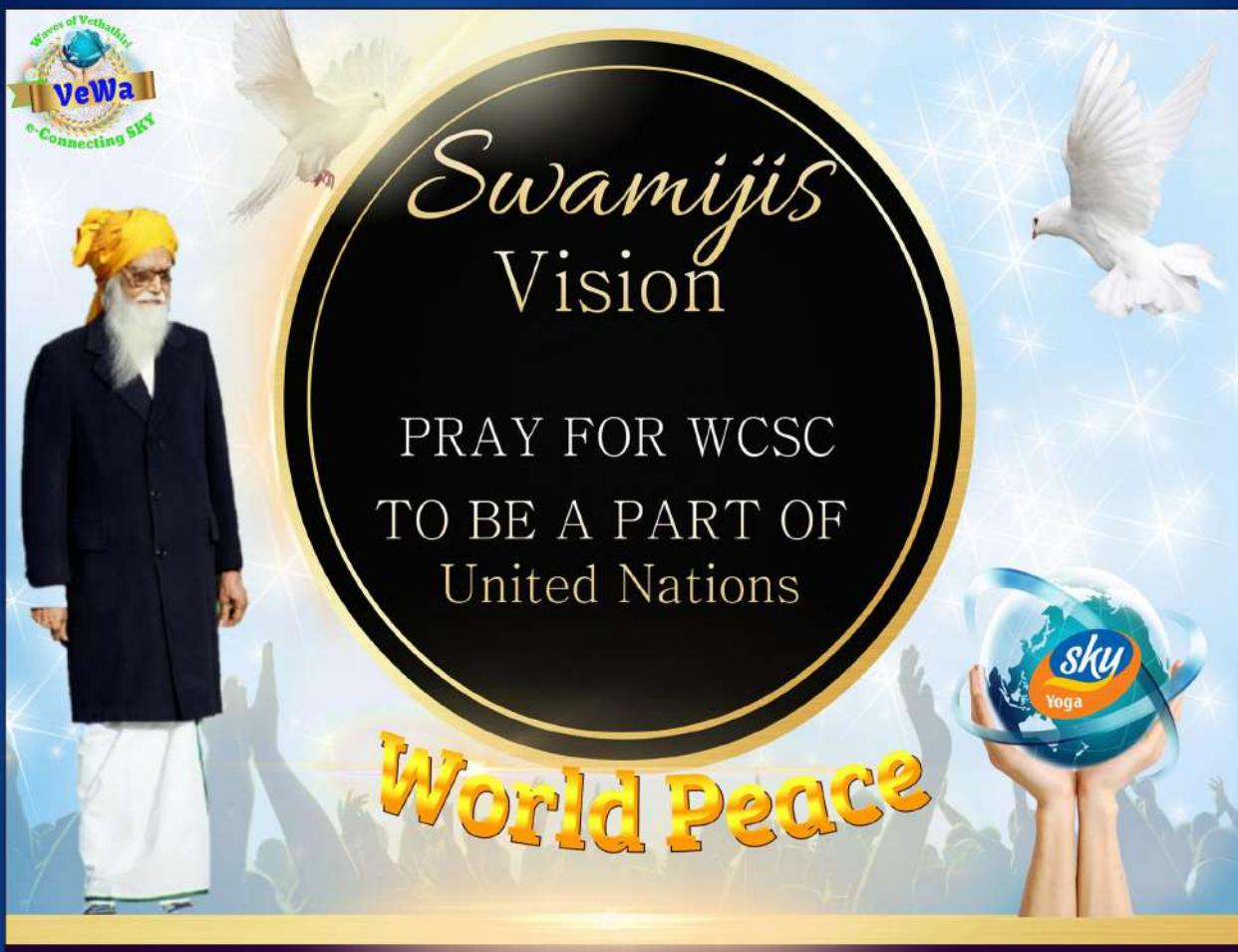


**VISION
Diploma
Class**





VeWa - The Newsletter officially bridging global WCSC through the binding force of Shri Vethathiri Maharishi



We bless the UNO, its members and officials who are reviewing WCSC application to be in the energy field of Guru. The members should connect to divine field of Vethathiri Maharishi and approve the application of WCSC. WCSC should be recognised as a Global Organisation and get UNO membership.

Blessings

Application will be reviewed by UNO in Jan 2020

WCSC - Other States & Foreign Countries

Ashram

Temple of Consciousness, Aliyar,
Combatore, South India.

+91 4253 288 733

wcsc.osfc@vethathiri.ac.in

www.vethathiri.edu.in



**VeWa
Vethathiri**

