

Wave: 9  
April 2019  
17 PAGES

from World Community Service Centre - OSFC

# VeWa

Waves of Vethathiri

T H E   A W A K E N I N G   B E G I N S

*Breaking Physical limits of mortality,  
Extending to limitless immortality,  
Living through each one of us for eternity  
Let us become worthy receivers of HIS Grace.*



VeWa Awakening YouTube link



**VeWa Cosmic Cube**  
Science of Self to Cosmos

**VeWa Compassion**  
Re-Source to Our Guru's Vision

**VeWa Sharing**  
Spiritual empowerment

- Centre for Yoga and Spiritual Education -

# Inside the Issue...

## Waves : Splashes

- VeWa Note :** Note from the Editor  
P: 3
- VeWa Cosmic Cube :** Purification of Genetic Centre  
P: 4
- VeWa Base :** Events of Ashram  
P: 5
- VeWa Compassion :** Re-Source to Our Guru's Vision  
P: 6
- VeWa Ambassdors :** SKY Professors visiting abroad from India  
P: 7
- VeWa Feedback/Sharing :** To actively serve the needs of our readers  
P: 8
- VeWa Memorial :** Memorial  
P: 9
- VeWa Media :** Media Updates  
P: 10
- VeWa Sprouts :** Upcoming Events  
P: 10-11
- VeWa Blossom :** Events and Updates happening across the World  
P: 12-14
- VeWa Announcement :** Announcement  
P: 15
- VeWa Visuals :** All around the world join together to share through VeWa  
P: 16
- VeWa Village :** Village Service Project  
P: 16



# VeWa Note

APRIL 2019

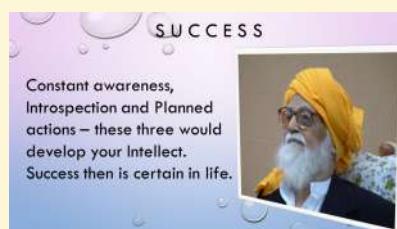
WAVE - 9

## Youth Empowerment for Global Transformation

### YOUTH - BUDDING OF A KARMA YOGI

The **formative phase** of an individual's life which imparts life skills, personality development, character building, assimilation of ideas and the essence of nature is a **critically important** one. Individual attains happiness and harmony only through knowledge which brings out the strength of character, spirit of charity and courage.

Swamiji illustrates that the cultural level of the society is determined by the set of values that each individual respects and retains as the standard of goodness. The environmental conditions of the society and its failure to prepare the individual to become respectable citizen is the cause for the individual's crimes and sins.



The current scenario of our society forces **unhealthy competition** for making a living but **fails to teach us how to live joyously**. It ignores

the fact that our greatest natural resource is the **fertile minds of our children**. Spiritual transformation is simply the soul of the society as its divine legacy passes from one generation to another.

Swamiji emphasizes the value of **Morality, Duty and Charity**. These values have been and still are respected throughout all ages as eternal values. To the extent we follow these values, our lives become **celebratory and successful**. An understanding of such values represents the level of our wisdom and our ability to follow them is the measure of our spiritual maturity.

Youth who have enriched their level of understanding and respect for such values will have sincere concern for human welfare. Their dynamism in ideas, provides creativity and richness in character will equip them to efficiently deal with the pressing problems of the society and those which may arise in future. Swamiji emphasises, creativity is like a double edged sword, channelizing the creative energy through the pipelines of virtues of Nature is possible through simple practices of meditation. Meditation not only channelizes the mind, it helps the youth to unearth the **Laws of Nature** and connect to the Cosmic Grace.

Swamiji asserts that, young persons whose thoughts are rationalized and who have a civilized mode of appreciation for life will be **mentally and physically healthy, tolerant and liberal in outlook**. Only such citizens will be able to care and work for the prosperity of all.

Youth are on the verge of adulthood, soon to be part of the mainstream, and this knowledge is essential for their future lives as citizens,



as professionals, as parents. At the brink of adulthood, the hard truth of **CAUSE of EFFECT** has to be understood with clarity, in addition to this, the impact it has on our **IMPRINTS at the Genetic Centre**. Swamiji reveals the secret behind the **ultimate purpose of life**, which is purifying the Genetic Centre.

This automatically paves the way for a peaceful society filled with **vibrant and holistic youthful vibes**.

Any education which helps youth in refinement of behaviour, research into the pattern in which the society operates, and leads to realisation of the **Ultimate Truth** is bound to generate a generation with a sense of Oneness.

Swamiji explains that the realisation of the individual commitment to the society is called **Duty consciousness**. Youth with the sense of duty consciousness will shine with **humility, mercy, magnanimity, gratitude, generosity, kindness, discipline, diligence, obedience, commitment, creativity, charity, compassion, patience, sacrifice and selflessness**.

Swamiji affirms that youngsters who are exposed to the right kind of education at the right age will have constant awareness



and will base all their actions on Karma Yoga. Treading the path of **Karma yoga** with meditation will gradually transform their personality to understand that the purpose of birth for all fellow humans are noble in the **perfection of consciousness**. These budding Karma Yogis are the key for Global Transformation.

Swamiji's desire was to have these Karma Yogis in every family. Are we ready to mould our Youth to be the next generation of Karma Yogis?

*Be blessed by the divine...*

WCSC-R&D

**STUDENTS CAMP FOR ADOLESCENTS**

AGE LIMIT: 14-19 YEARS

<b>BOYS</b> 20 <sup>th</sup> APRIL - 09 <sup>th</sup> MAY <b>Dr. C. SYLENDRA BABU I.P.S., DGP, Railways (GRP)</b>	<b>GIRLS</b> 11 <sup>th</sup> MAY - 30 <sup>th</sup> MAY <b>MAY 08 &amp; 11 2019</b>
-------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------

**INTERACTIVE SESSION**

+919442130679 | +918825625439

TEMPLE OF CONSCIOUSNESS, ALIYAR

MAY 08 & 11 2019





# VeWa Cosmic Cube

Science of Self to Cosmos

## PURIFICATION OF GENETIC CENTRE

**A**s humans we use our mind to cognise the external world and with the same mind we experience the result of our cognition, be it pain or pleasure. Swamiji urges us to use the most potent power of our mind which is the Sixth sense. Currently we are ignorant of the power that usage of sixth sense can bestow upon us. We continue to exhibit animalistic characters, due to our habits and behaviour we tend to ignore its potency.

Swamiji illustrates that human being is a harmonious and complex phenomenon comprising the three different bodies namely – the physical body, the astral body and the causal body. Human structure is the ultimate perfection of the process of evolution with the ability to understand Self and Divinity.

The functions and principles of the three bodies are interlinked in the Genetic Centre which is the seat of all mental, physical and spiritual activities in the human being. All actions performed by an individual are recorded and merged inseparably in the genetic centre as it is a genetic spectrum. The more one understands its value, sincerely maintains and respectfully uses its benefits that much is the happiness and success in one's life. Thus, it is extremely important to understand the nature, potential and purification of the Genetic centre.

Swamiji lists down the waves of thoughts and actions which most disturb the genetic centre are produced by the following:

- ❖ Mental accumulation of unfulfilled desires and imaginary expectations.
- ❖ Causing pain or misery to self and others.
- ❖ Ignoring the natural and moral limits and methods regarding food, work, rest, sex and thought force. By such transgression, the cells, limbs, senses and parts of the body are weakened.
- ❖ Snatching away the freedom of others to live.
- ❖ Taking away others' belongings.
- ❖ Telling lies, feelings of jealousy, anger and vengeance.

Under the influence of senses when an individual acts against the law of nature in the illusion of pleasure, varied blemishes accumulate in the genetic centre. The force of the nature makes birth as a chain in an attempt to give man a chance to eradicate the blemishes in any one of the lives.

Swamiji enlists the following ways to purify the genetic centre:-

1. Respecting parents, guru, leaders and divinity.
2. Following a virtuous life blended with morality, duty consciousness and charity.

3. Sincerely practicing meditation and introspection.
4. Doing exercise by which the circulations of blood, heat, air, life-force and bio-magnetism are unhindered, and the physical body is healthy and protected.
5. Protecting and supporting parents, life-partner and children with the sense of responsibility and care.
6. Realising divinity and habitually practicing to merge with the divine state.
7. Living a life without destroying and damaging the commodities produced by human labour, the resources of nature and the belongings of others.
8. Living a life by supporting, helping and seeing every human being as the architectural marvel of the mighty force of nature, and realising the divine shining as consciousness.
9. Shunning enmity and vengeance and having the quality of forgiveness, mercy towards everyone and being compassionate.
10. Avoiding differentiating humans based on nation, religion, caste, race, creed, language, and seeing all fellow humans as children of nature.

Swamiji emphasizes the fact that the Genetic Centre is the divine treasure of mankind. It is the court of justice of the Unified Force, a storehouse of feelings of one's present life and the repository of imprints for the progeny.

All the spiritual practices we undertake and the disciplined routines we follow are directly connected with the purification of the genetic centre. Alignment to cosmic grace will effortlessly happen when the blemishes in our genetic centre are cleared with our sincere unwavering practices.

Let us hold the philosophy outlined by our Guru and march towards purifying ourselves. Accept the Karmic law of nature destined for each one of us, embrace and adopt to the challenges/ joys life throws at you with surrenderance to Divinity.



Swamiji explains on Genetic Center





## VeWa Base (Events of Ashram)



The onset of summer in nature, our blessed Ashram saw a fluttering of activity with the Board meeting, which was conducted from March 22<sup>nd</sup> to 24<sup>th</sup>, 2019.

Honorable WCSC President and other members of the board along with the trustees were present for this august occasion. In addition, Vethathirian members from all around Tamilnadu and other states of India came to present about the activities of their respective centers.

Various subjects, discussions, accomplishments and future plans were discussed in the meeting.

### **Some of the highlights of the meeting:-**

1. Each directorate presented their respective activities.
2. The Board is encouraging quality teachers across all centers serving either full time or part time.
3. It also fortified all its members to spread the Philosophy of Vethathirium and inspire students to join the various courses being conducted.
4. Online system of education was one of the key topics

that was discussed in a separate meeting. WCSC President Shri SKM. Maeilanadhan, motivated the entire team and assured his complete support in taking this project forward with high quality standards and updated technology.

5. Concern was expressed on the centers that were not progressing well. Discussions were held by the Board and trustee on these ailing centers. Trustees expressed their keenness in supporting some of the centers and to help them recover and improve.
6. The entire Management team along with other members are encouraging the youth to join, come forward and take up teaching and other related responsibilities.

As a conclusion, the meetings held in our Ashram gave clarity and guidelines to further improve our service to the society. It gave a vivid picture on the weak areas where we must give our attention and also spotted our strengths to further enhance our spiritual activities.





# VeWa Compassion (Funds)

## RE-SOURCE TO OUR GURU'S VISION

**V**ethathiri Maharishi's dream was to build a society in which the youth-majority will serve to be pillars for the upliftment of the standard of living. Standard of Living is set on the virtuosity with which an individual leads his or her life. Life is lived with contentment when we respect the lives of fellow humans and support them through intellectual efforts.

Swamiji's vision was to culturally empower the youth through value education. Our Yoga college in Thiruvanmiyur, Chennai, India, serves to sculpt the lives of young individuals who can bring spiritual transformation in society.

Our Yoga college offers UG, PG degree courses as well as Diploma, Certificate courses and the admissions are fast ascending. Spiritually-groomed individuals leaving our college will be the World Peace Ambassadors spreading the message of Maharishi all around the globe.

வாழ்வகையம்  
Vazhga Vaiyagam

வாழ்வகையம்  
Vazhga Valemudan

வேதாத்திரி மகாரிவி யோகா கல்லூரி  
VETHATHIRI MAHARISHI COLLEGE OF YOGA  
(AFFILIATED TO TAMILNADU PHYSICAL EDUCATION AND SPORTS UNIVERSITY)  
A UNIT OF  
THE WORLD COMMUNITY SERVICE CENTRE  
(ORGANIZATION FOR YOGA AND SPIRITUAL EDUCATION)  
No.26, Second Seaward Road, Valmiki Nagar, Thiruvanmiyur, Chennai - 600 041. Ph: 044 - 24571530, 1153,1264

We aspire to give our students the best studying environment and infrastructure with sophisticated equipment, library, laboratory, research facilities at par with international standards. To achieve all this funds are required.

This will enable our college to be the leading educational institution for imparting spiritual education and produce World Peace Messengers. Maharishi's strong belief has been that, Cultural Transformation is possible only through value education and our college will serve to be a forerunner for this great cause.

Let us be a hidden force behind our self-disciplined youngsters who emerge from our institution with a sincere fraternal concern and compassion for humanity.

Let's be a small source for turning our Guru's dream into a global reality and join the noble act of raising a Model Institution to kindle the flame of spirituality through education.

Requesting our members and SKY families to contribute generously for this honourable cause.

Kindly email us (email id) with subject "Yoga College Contribution" and we will guide through the process to proceed with the contributions.

Mail id- [wcsc.vewa@vethathiri.ac.in](mailto:wcsc.vewa@vethathiri.ac.in)

**VeWa Compassion from Qatar Center**  
Qatar Center has donated Rs. Two lakh to WCSC Chennai.  
Thanks Qatar Center for lending your support . Let us all join together for supporting the noble cause and projects of WCSC .

**VeWa Compassion from members of New Jersey and Abu Dhabi**  
Funded Kodikulam Village, Madurai, Tamilnadu, India





# VeWa Ambassadors



## SKY Professors visiting abroad from India



### USA

Visiting Sr. Prof/ Prof.	Trust/Zone	Visiting Country	Date From	Date To
J. Thamarai Selvi	Hosur	USA	26-Dec-2018	01-May-2019
M. Chockalingam	Chennai	USA	08-Jan-2019	01-Jul-2019
A. Vetrivelu	Chennai	USA	12-Feb-2019	07-Aug-2019
Mythili Deenadhayalan	Chennai	USA	13-Mar-2019	07-Sep-2019
K. Ellappan	Chennai	USA	01-Feb-2019	31-May-2019

### Middle East & Other Countries

Visiting Sr. Prof/ Prof.	Trust/Zone	Visiting Country	Date From	Date To
R. Serma Selvaraj	Chennai	Malaysia & Singapore	29-Mar-2019	15-Apr-2019
K. Perumal	Aliyar	Malasiya & Singapore	26-Apr-2019	20-May-2019
G. Balachandran	Aliyar	Malasiya	02-May-2019	27-May-2019
Jayanthi Balachandran	Aliyar	Malasiya	02-May-2019	27-May-2019
Ulavan Thangavelu	Namakkal	Malasiya	02-May-2019	20-May-2019

\*Please contact local SKY centre or country WCSC coordinator or email at [wcsc.fc@vethathiri.edu.in](mailto:wcsc.fc@vethathiri.edu.in) for information on courses / programs



## VeWa Feedback

Feedback is a channel which refines the quality of our work to actively serve the needs of our readers by spreading the philosophy of Maharishi. In this regard, we have got valuable feedbacks from eminent people in our system for our monthly newsletter and we are publishing the same to our readers.

**D.R. Kaarthikeyan ji, I.P.S., former CBI Director**, an ardent devotee of our beloved Maharishi, was pleased with the efforts of our newsletter being a global platform to dynamically establish the **World Peace Vision of Swamiji**. He expressed that the initiative specially taken in **VeWa sections of Blossom, Sprouts, and Ambassadors** attempts to gather events happening across our centers in **India and Abroad**, making VeWa a common base through which all the upcoming session and travel activities of Professors are brought to the notice of all our members. However, he also advised that the **quality of the photos selected for publishing should be improved**, and the pages of the newsletter has to be limited and kept brief. He motivated us that there is vast scope of progressive improvement and assured that our efforts are heading in the right direction.

**Another member from Kerala trust communicated** that they regularly look forward to our newsletter and was impressed with the quality and standard of our articles.

We look forward to more suggestions and feedback for our newsletter as it will helps us tailor the needs and spiritual requirement of our readers.

*Every feedback is valuable, as it helps us to serve the society in the best way. Maharishi says that an individual will have great satisfaction when his or her efforts are utilized for the welfare of the society at large. We are fortunate and blessed to connect with all our centers and your reviews are boosters for our progress.*

## VeWa Sharing

**Dr. S.V. Balasubramaniam, President of Temple of Consciousness, Aliyar, India and D.R. Kaarthikeyan (Ex CBI Director)** had an enlightening and information sharing session with SKY Sr. Professor Balachandran.

It was a discussion on Swamiji's concepts and a nostalgic recollection of the golden period of Swamiji.

Both Shri SVB and Shri DRK strongly emphasized that the **Philosophy given by Swamiji** is far reaching and has a global embracing quality to elevate humanity from the pangs of illusion. When the great minds in the world were trying to figure out what **God and God particle** is, Swamiji was practically giving vivid clarity about Divinity to the masses.

They expressed that, **Maharishi's concepts are profound**, deep with touch of truth, yet explained in the modest way so that it could **reach all the sections of the society**. Swamiji's vision was universal and His explanation was comprehensive and expressed the joy of bearing a divine message, the joy of bringing light into the darkened world, and the joy of helping men find their own soul.

They spoke in depth of the **philosophy of magnetism** which takes a special place in Swamiji's teachings, gladly opens to all eager seekers the mysteries and treasures of his own inner experience. Such was the power of awareness given by Swamiji, like a catalyst in chemistry; itself invisible but it inspires others to visible righteous deeds.

The eminent personalities assured their support to take the teachings of the Great Master across all corners of the world and was certain to extend their concern to help Vethathirium to touch and transform the lives of humanity.

The discussion paved way to understand that Swamiji's concepts which are **scientific, logical and simple**, acts as a **lighthouse to many aspiring souls** who are striving to know the deeper spheres of nature.



# VeWa Memorial

28th March 2006, 12.20 PM - Our beloved Guru, Vethathiri Maharishi decided to leave His mortal form to expand his Grace to the entire world through His subtle form. Our Guru selflessly dedicated his entire life serving for Humanity's Spiritual transformation.



28th March 2019, 13th year memorial day was held in Aliyar. The benevolent service continues under the stalwart leadership of WCSC President, Padma Shri SKM. Maeilanandhan. The grace of Maharishi continues to shower on all those who tread in the path shown by him, and the power of clarity His philosophy gives is bound to make us live our lives with divine awareness.





# VeWa Media - OSFC Online / Live

**Thailand Update :** Online lectures were given by Professor from Aliyar to Thailand SKY Members.

**Chicago Centers :** Regular online sessions are being conducted in Chicago .

## OSFC Directorate Update

Denmark Center Refresher course on Kayakalpa was conducted by Sr. Prof Balanchandran. From Aliyar to Denmark the session helped the participants to refresh the practices.

**Muscat Live :** Sr.Prof. Balanchandran conducted a general interaction session with the SKY members in Muscat.



## VeWa Sprouts

(Upcoming Events)

### BAHRAIN SKY CENTRE - SCHEDULE FOR MAY 2019

10 May 2019 - Thuriyam Initiation

17 May 2019 - Kayakalpa Course (Tamil)

31 May 2019 - Introspection -II (Tamil) - First session

### REGULAR SESSIONS

Saturdays : Meditation session

Mondays : Thuriyattheetham meditation followed by Thought provoking discussion

Wednesdays : Special sessions exclusive for SKY Masters

## UAE Center - Yearly Schedule

SCHEDULE FOR NEWCOMERS			
Courses	Description		
Simplified Physical Exercises	Every Week at SKY centres in ENGLISH / TAMIL		
Agnai / Santhi / Thuriya Meditation	Every Week at SKY centres in ENGLISH / TAMIL after learning Exercises		
Kayakalpa Yoga	Once in every month as per the above schedule in ENGLISH / TAMIL		
Introspection - 3 stages	Each Stage once in every month as per the above schedule in TAMIL / ENGLISH (Only after learning Exercises,Thuriya Meditation & Kayakalpa)		
Location	Introspection-1(Yoga)	Introspection-2	Introspection-3
DUBAI - MUHAISNAH [ TAMIL & ENGLISH ]	05 & 12-Apr-19 08 & 15-Nov-19	03 & 10-May-19 13 & 20-Dec-19	07 & 14-Jun-19 03 & 10-Jan-20
DUBAI - DISCOVERY GARDENS	19 & 26-Apr-19	07 & 14-Jun-19	13 & 20-Sep-19
DUBAI - DIP	08 & 15-Nov-19	13 & 20-Dec-19	10 & 17-Jan-20
DUBAI - KARAMA	03 & 10-May-19	05 & 12-Jul-19	06 & 13-Sep-19
DUBAI - AL NAHDA	13 & 20-Sep-19	08 & 15-Nov-19	13 & 20-Dec-19
SHARJAH - ABUSHAGARA	17 & 24-May-19 15 & 22-Nov-19	14 & 21-Jun-19 20 & 27-Dec-19	20 & 27-Sep-19 17 & 24-Jan-20
Brahmagnanam	Twice in a year - October & March		
Master Course	Twice in a Year - October & March		





# VeWa Sprouts

(Upcoming Events)

## Kuwait - Fahaheel SKY Meditation Center

1st Friday : Initiations

3rd Friday : Silence

2nd Friday : MRC (Masters Refresher Course)

4th Friday : SKY Development Committee Meeting

## Delhi

Apr. 20, 21 Introspection 2 (Eng)

Apr. 27, 28 Introspection 1 (Eng)

## USA Online Meditation

### List of online meditation centers @ Pacific Standard Timings : ( Monday-Thursday)

- ✿@ 5 AM. Weekly PHYSICAL EXERCISE Session (Audio Only).  
@ 6 AM; Meditation along with Food for Thought  
☎641-715-0863 /139715
- ✿6amPST... ☎ 7127757031/840410454 for Focus group-1 (New aspirants Conference call) in English.
- ✿5.30 am PST...☎ 5156049568/154894# (Conference call) in Tamil.
- ✿5am PST ...☎712 770 4160/ 427645 for Introspection 2&3 (Focus group 2) Kayakalpa, Mirror gazing and meditation (Conference call) in English
- ✿6.30amPST -SKY Bay Area Vethathiri ☎ (Skype) in English
- ✿9.30amPST...☎515 604-9568/154894# (Conference call) in Tamil
- ✿5.30pmPST. \*Houston Sky Center \*☎(Skype) in English
- ✿8.30pmPST.. ☎ 7127704160/ 427645(Conference call) in English
- ✿8.30pmPST..☎ 5156049568/154894# (Conference call) in Tamil.
- ✿7am PST... ☎7127704160/ 427645 Sunday Deep state meditation for karma yoga level 3. (Conference call) in English
- ✿5.30pmPST .... Detroit SKY Center (Saturday and Sunday too) ☎(Skype)
- ✿3.30amPST ..New Jersey group ☎☎712-770-4160 / 656378 (6.30am EST) Nonstop- conference call meditation
- ✿ 6pm PST ..NJ group meditation ☎☎ 712-770-4160 / 656378 (9pm EST)
- ✿3 am PST ....Daily Meditation Time, Chicago Sky Center. ☎(Skype)





# VeWa Blossom

## BAHRAIN



Kayakalpa Yoga Class



Sr. Professors visit to Bahrain



Vethathiri Maharishi Velvi Day

## KUWAIT - FAHAHEEL SKY CENTER



Fahaheel center is invited by Govt Authorities to introduce SKY yoga to Students.



Sixth year inauguration



Fahaheel Center - Exercise Session for School Children

## KUWAIT - ABBASYIA CENTER



Maharishi Samadhi Day



Special program - Sr Prof. Kasirajan from India



Maharishi Velvi Day

## QATAR

Maharishi Samadhi Day  
Trustees Committee Meeting  
Felicitation of New APTs

Sr Prof. Sathiyamurthy Childrens Program



Dr. K. Perumal Dubai Center APT / BG / MC Sessions

## SINGAPORE





# VeWa Blossom

## MALAYSIA



Serembon Center Activities



Rincing Center at Semenyih School Every Friday

Tanjong Rambuton - Samadhi Day



Munieswar Kambong Mugiba Sungai Sippit - Exercise Session

SKY Living Center Kuala Lumpur - Kayakalpa Session

SKY Living Center Kuala Lumpur - Kayakalpa Session

## NORWAY - STAVANGER



Regular Group Meditation

## UNITED STATES OF AMERICA



USA St Louis Center -Kayakalpa Course



Bay Area SKY APTs with Sr Professors



New Jersey - Introspection Level 1





# VeWa Blossom

## UNITED STATES OF AMERICA



North Carolina Center - Silence



Tanjong Rambuton - Samadhi Day



Philadelphia - Kayakalpa Course



St Louis-BramaGanam Course



St Louis-Foundation Course

## INDIA



Delhi - Vethathiryam Velvi Day  
- Debate on Individual Peace vs Family Peace



Delhi NCR SKY Trust Registration - 19.03.2019



Delhi - Personal Contact Program



Kerala



Mumbai



# Announcements

**STUDENTS CAMP FOR ADOLESCENTS**

**Dr. PONRAJ VELLAICHAMY,**  
Director of Abdul Kalam Vision India Movement  
**INDIVIDUALITY IS YOUR GREATNESS**

MAY 03 & 24  
2019

Ponraj Vellaichamy is an ADA Scientist and Technical Advisor to Late His Excellency The 11th President of India A. P. J. Abdul Kalam.  
He has also taken the responsibility of completing the Tamil book 'Poyal Thandalai Thendral' which targets the vision for the development of Tamil Nadu State that Dr. Kalam and Ponraj has been co-authoring while the former was alive.  
Ponraj has also anchored the editorial team of the Billion Beats e-paper.

Arumugam R. Kuttalam +91 9442130679 TEMPLE OF CONSCIOUSNESS ARUTHERARKOIL ALIYAR - MADURAI vethathiri@vethathiri.ac.in

**WESE-R&D PRESENTS**

## STUDENTS CAMP FOR ADOLESCENTS

**BOYS** 20<sup>th</sup> APRIL - 09<sup>th</sup> MAY  
**GIRLS** 11<sup>th</sup> MAY - 30<sup>th</sup> MAY  
**AGE LIMIT: 14-19 YEARS**

- Yoga for Youth Empowerment
- Media Addiction & Impact
- Personality Development
- Enjoy Education
- Leadership & Value Education
- Career Guidance
- Awareness of Gender Sensitization
- Group Dynamics
- Conflict solutions & Counseling

**REGISTER NOW** +91 9442130679 [www.vethathiri.edu.in](http://www.vethathiri.edu.in)

**Do you need Student Empowerment in 180 hours? - A Short Video**

**STUDENTS CAMP FOR ADOLESCENTS**

**Dr. MYLSWAMY ANNADURAI,**  
Vice President,  
Tamil Nadu State Council for Science and Technology

MAY 30  
2019

Laurels for Team Achievement Chandrayaan-1, International Academy of Astronautics, 2013  
Padma Shri, 2016, one of the highest civilian awards in India  
He has written four books in Tamil name, "Kalyanukku Nilai", "Siragal virikku Manguyaan", "Valarum Ariviyal" and "Ariviyal Kalariyam".  
The Book "Kalyanukku Nilai" has won S. P. Adithanar Literary award for the year 2013.  
The major contributions including two of the major missions of ISRO namely [Chandrayaan-1] and [Mangalyaan].

Arumugam R. Kuttalam +91 9442130679 TEMPLE OF CONSCIOUSNESS ARUTHERARKOIL ALIYAR - MADURAI vethathiri@vethathiri.ac.in

**STUDENTS CAMP FOR ADOLESCENTS**

**PHYSIOLOGICAL ACTIVITIES**

**DAILY 06.30PM TO 07.30PM 2019**

**SKY PROFESSOR Dr. M. V. RABINDRANATH**  
Director - R&D

TEMPLE OF CONSCIOUSNESS, ALIYAR

**STUDENT CAMP FOR ADOLESCENTS**

Inter & Intra-Personal Conflicts

**Dr. C. VELLAISAMY**  
Consultant Psychiatrist

**VENUE** Temple of Consciousness, Aligarh

**APRIL 28 MAY 17**

**STUDENTS CAMP FOR ADOLESCENTS**

**ECOLOGICAL ACTIVITIES**

**DAILY 06.30AM TO 07.30AM 2019**

**SKY PROFESSOR Dr. S. LETCHOUMANANE**  
Director - R&D Project

TEMPLE OF CONSCIOUSNESS, ALIYAR

## MALAYSIA SERAMBAN SKY CENTER 2nd ANNIVERSARY

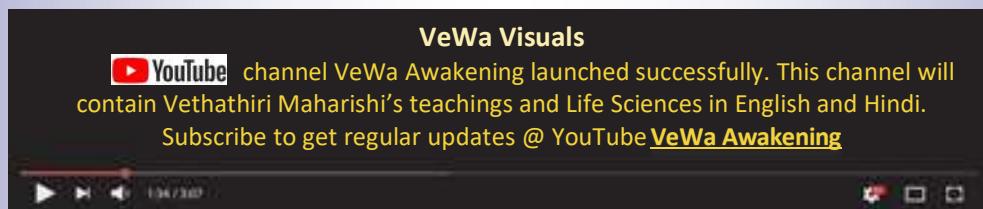
We are glad to announce that Pertubuhan Penganut Vethathiri Sky Centre, Malaysia, is celebrating the 2nd anniversary of their Centre. Participatory sessions, meetings and various activities are planned from 3rd to 5th May 2019.

Under the motivating leadership of Mr. Arumugam and the great efforts of Professor Venkatachalapathy, the Centre has been doing great service for the past 2 years. More than 500 people have joined the SKY system so far and 37 of them have become Proficient SKY Masters. The centre runs classes 6 days a week which is a unique and dedicated effort for a Centre established abroad. The centre has also started conducting classes in 10 schools in Malaysia and plans to expand its activities to large group of children.

Maharishi had visited Malaysia earlier and many of our members continued their support in building a strong foundation. Now Seramban Centre is coming up with innovative ideas to reach and serve the masses.

### VeWa Visuals

YouTube channel VeWa Awakening launched successfully. This channel will contain Vethathiri Maharishi's teachings and Life Sciences in English and Hindi. Subscribe to get regular updates @ YouTube [VeWa Awakening](https://www.youtube.com/channel/UCtXzgjwvBfCmQHdXGKUOOGw)





# VeWa Visuals - YouTube

**VeWa Visuals—YouTube**  
(For Hindi and English, please Subscribe)



## **VeWa Sapling - Sapling of a Simplified Kundalini &**

The screenshot shows the YouTube channel page for 'VeWa Kundalini and Kayakalpa Yoga'. The channel has 97 subscribers. The banner features a portrait of a sage and the text 'Waves of Vethathiri THE AWAKENING BEGINS Center for Yoga and Spiritual Education'. Below the banner are several video thumbnail previews:

- How does Kundalini Yoga affect Generations?** 4:27
- WHAT HAPPENS WHEN KUNDALINI IS ACCIDENTALLY AWAKENED?** 4:59
- Can I find peace through Kundalini Yoga?** 4:12
- KUNDALINI YOGA FOR HEALTH** 4:04
- SECRET TO HAPPINESS** 3:57

Other visible channel content includes 'KUNDALINI YOGA CLASSES IN DELHI' (3:58), 'Be attractive through Sound Health - Simplified Kundalini', 'Bring Magic in your Life through Blessings - आशीर्वाद', and 'Desire a Success'.

**VeWa for Kundalini and Kayakalpa Yoga was launched to spread the Waves of Vethathiri across the world. We started with English and Hindi videos, but aim to make it a multilingual language channel.**

**Personal experiences, teaching experiences, interesting incidents with Swamiji, thoughtful discussions on powerful topics, simple methods to transform life and practical life solutions are highlights of the channel.**

**People from all around the world join together to share through VeWa.**



**Write to us if you want to share your thoughts and experiences - [wcsc.vewa@vethathiri.ac.in](mailto:wcsc.vewa@vethathiri.ac.in)**



+91 9025887490



**Vethathiri Village Service Project (VSP)** - Please adopt a village transforming their life with success, happiness and peace.

[https://www.youtube.com/watch?v=Zw8UnNQ3C\\_Y](https://www.youtube.com/watch?v=Zw8UnNQ3C_Y)





***Wherever I am, let it be at whatever distance from you,  
My life is already linked with your life, my super consciousness  
will elevate you in wisdom and  
My lovely blessings will result in harmony in your life through  
sub consciousness.***



**Temple of Consciousness, Aliyar, Coimbatore, South India  
+91 4253 288 733 / [wcsc.osfc@vethathiri.ac.in](mailto:wcsc.osfc@vethathiri.ac.in), [wcsc.vewa@vethathiri.ac.in](mailto:wcsc.vewa@vethathiri.ac.in)**

**Editorial: Directorate of Other States and Foreign Countries (OSFC)**

