

Wave: 10
May 2019
16 PAGES

from World Community Service Centre - OSFC

VeWa

Waves of Vethathiri

T H E A W A K E N I N G B E G I N S



VeWa Special
A humble dedication



VeWa Awakening YouTube link



VeWa Inquisition
What is the role of anger

VeWa Village
Village Service Project

- Centre for Yoga and Spiritual Education -

Inside the Issue...

Waves : Splashes

- VeWa Note :** Note from the Editor
P: 3-4
- VeWa Science :** The Three Missing Links
P: 5
- VeWa Inquisition :** What is the role of anger among the temperaments?
P: 6
- VeWa Special :** A humble dedication to the labour-force of humanity
P: 7
- VeWa Saplings :** Sky practices are taking deep roots in young minds
P: 8
- VeWa Ambassdors :** SKY Professors visiting abroad from India
P: 9
- VeWa Media :** Media Updates
P: 10
- VeWa Announcement :** Announcement
P: 10
- VeWa Sprouts :** Upcoming Events
P: 11
- VeWa Blossom :** Events and Updates happening across the World
P: 12-14
- VeWa Visuals :** All around the world join together to share through VeWa
P: 15
- VeWa Village :** Village Service Project
P: 15



Dedication to Guru and for his Path

Maharishi is a Millennium Guru. He gave us concepts of the great Siddhas and teachings of spiritual sages with lucidness filled with simplicity and down to earth-practical methods that reaches the masses with ease and spiritually empowers every individual who comes under His wings.

Maharishi is our link which will connect us to the Universal Cosmic force. Since the last few releases VeWa is reigniting this force within you and compelling you to connect to our Divine Guru's energy. A bridge between Self and Divinity is created and the bridge is our Guru, Vethathiri Maharishi. Let us continue this journey, with regular Sadhana /practices as taught by our Guru without expectations and interruptions. The only thing that stops us from doing our Sadhana/practices is "I". Self is the biggest motivator and can be the most frustrating de-motivator. Our Guru's teachings will propel you to create your own spiritual lifestyle and discover the true meaning and purpose of your life.

Most of the aspirants who come to Swamiji, have this common doubt, "I am meditating regularly. When will I achieve my desires and dreams?", " I am meditating since many years now but most of my desires are yet to be fulfilled. So what is the use of continuing meditation". The article, "Sagehood Of Self", will help us to deeply understand our Guru's words and teachings in this regard and also understand the intrinsic meaning of "Meditation without Expectations"

"Look, there is no point in **blindly believing that after I touch you**, you will be saved, or that a chariot from heaven will be waiting for you. Because of the Guru's attainment, the sanctifying **touch becomes a helper** in the blossoming of Knowledge, and being respectful towards having acquired this blessing, **you must yourself become a Sage**, and proceed on the path to elevate your Soul by **applying the techniques of Sadhana given by the Guru**".

~~~Swami Shri Yukteswar Giri~~~



## HEIGHTS OF PURITY – SAGEHOOD OF SELF

There can be a thousand path towards a *Divine Destination*; the paths may vary, but the destination remains the same.

Spiritual teachings and methods may vary according to the different beliefs held by people their inclinations and stages of growth but the *Truth which it declare never changes*.

The 18<sup>th</sup> century renowned sage Swami Shri Yukteswar Giri, advocated that it is the bounden duty of spiritual aspirants to take *conscious personal efforts* towards realization of the Ultimate Truth.

The 21<sup>st</sup> century humble Yogi who lived among us, Vethathiri Maharishi reinforced the same morals that the extent to which our life gets transformed will *depend on the receptivity* with which we learn the teachings of the master and the conviction with which *we apply those learnings* in our day-to-day life.

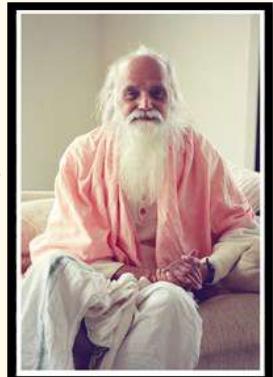
Maharishi's life itself was an epitomizing example for what He spiritually imparted. He fought the test of time and circumstances with confidence and regimentally followed the unfading principles He learnt from His Gurus.



The heavy leaning on a master is a kind of second-hand experience, a living and copying of someone else's life, *an imitation and not a realization*.

Swamiji emphasized that the Guru's benevolence and grace helps an aspirant to swim through the rough waters with sturdy stubborn rowing, yet the *rowing must be done* only with the individual's *personal efforts*. A student wishing for Swamiji's blessing before examination will get His blessings, but Swamiji reiterates that it is the efforts of the student alone which yields them the corresponding results, and my blessings are only to support the efforts.

Swamiji constantly says that the *support which the master gives* is intended to bring the disciples to the point where they can help themselves by *becoming aware of their own subconscious resources*. The *true master* is the one who shows the way to the *recognition of the individual's innermost self*. With the passage of time, the disciple should be led towards more and more self-sufficiency, if he is to realize the ultimate goal of life one day.



# VeWa Note

MAY 2019

WAVE - 10

The first work of the sage is to *plough the field of the pupil's mind*, to make it fit to receive the fresh seeds. It is up to the *individual to grasp* the principles and spring to prosperity. A teacher, master, preacher, or spiritual guide is to be looked upon with reverence, respect and affinity, but *the true benefit will accrue only when the disciple grounds to the reality of life with his or her own efforts.*

A legend who lived, followed the everlasting values through His personal efforts was our Guru Shri Vethathiri Maharishi. He was an earnest disciple of His three Gurus namely, Shri Balakrishnan, Shri Vaithiya Boopathi Krishna Rao and Shri Paranjothi Mahan. He imbibed many timeless values from them, yet He was always firm to isolate inward from the external world and *turn to the indwelling Divine alone*. He honoured His masters by understanding the truth of SELF and was regular in spiritual practice without any expectations and interruptions.

A majority of us are blessed to find a Guru in our life, but it rests entirely on the individual's shrewdness to imbibe the ancient eternal ethics to redefine his or her narrowed life. The path shown by Swamiji to elevate ourselves is clear with the practices of Meditation, Introspection, Sublimation and Perfection.

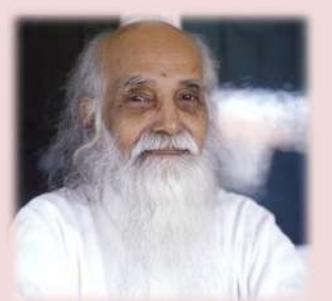
An ardent disciple once came to meet Swamiji, surrendered to him and told, "Swamiji I want to attain the purpose of my life. If I leave everything and stay with you, I am confident of achieving it".

Swamiji welcomed him with open arms, and with His charismatic Divine smile lovingly looked at the disciple and said, "*Being with me, staying with me, holding my hand, or serving me will give you a feeling of comfort, help you to practice the spiritual teachings and give you a blanket of Divine protection, but that alone is not enough to achieve your purpose of life. The more you imbibe the teachings and follow the practices, the more the Nature will create opportunities to see a permanent transformation in your Life.*"

On the first day of initiation by the Master, the day concludes with the Guru/Master blessing the aspirant, "*On this auspicious day your Kundalini Energy is awakened, by unswervingly practicing the teachings and applying it in every walk of life, you will achieve health, peace, success and wisdom*". *This bliss will not just be limited to you, but will also spread to the people around you.*

The importance of self-disciplined practice was always insisted by Maharishi. He said that we are the creators of

our own Destiny. So in order to shape that, efforts should be made by each one of us. In a gathering of the volunteers serving others and spreading Swamiji's message, Swamiji



**"You are your own sage"**

**"Your teachings will make you a Guru"**

said – *"I am very happy to see so many people serving the society selflessly. This is the need of the hour, and will make this world a better place. But, my humble request to all of you is, serve your body and soul first. Keep good health, meditate to keep your vibrations pure and spread them across, and regularly introspect so that you are constantly focussed within. If the practices are embedded in you, you don't have to talk, your practices and your life will be an example in itself. That will be one of the purest and greatest service which you can offer to the world"*

Swami Shri Yukteshwari Giri said, "*You are your own sage*", Vethathiri Maharishi said, "*Your teachings will make you a Guru*". He elevated every individual to the height of a Guru. He articulated that you don't have to proclaim yourself to be a Guru, but the people around you will consider you so, and this is possible only when you diligently practice. The practices will elevate your soul and not your skill in talking or to give a great speech.

*Let us bow to the Great Gurus our centuries have seen and honour them by elevating our soul to the heights of purity.*

**Be blessed by the divine...**

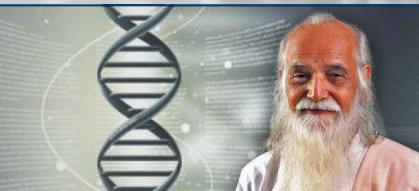




# VeWa Science

## THE THREE MISSING LINKS

*Maharishi and Medical Science*



### Links to Permanent Peace, Joy and Happiness

Look at this picture, what is the kid is doing ? With the blessings of Maharishi let us embark on a journey and discover the important connections which will link us with permanent happiness, joy and peace.



The picture was almost nearing its completion. The 3 years old kid explored all the possible combination in a **jigsaw puzzle** and was curious to solve the visual riddle in front of it. Moments later, when the child was *unable to find the missing pieces* to complete the picture, it drew the whole family's attention with its *loud frustrated cry*.

immoral sexual passion, vanity and vengeance. Under the sway of these emotions man lives in forgetful state and brings in misery and pain in his own life and the lives of others.

**Link 2:** Swamiji emphasizes that , when man is unaware of the presence of the life-force and its physical transformation into **pressure, sound, light, taste and smell**, he remains unconscious of the reasons for the resultant pain, pleasure, peace or ecstasy. Under the force of needs, habits and circumstances, man repeatedly commits the same errors. This is common to the whole human race and has persisted through generations, which is the cause for the entire world being subjected to a wide spectrum of suffering, despite the fact that we are now in an advance scientific era.

**Link 3:** Swamiji clearly explains, finally, that when man is oblivious to the **Cause and Effect** system by which all his actions

#### Link 1 - Acceptance

The acceptance of the existence of the Universal Being, the Almighty



#### Link 2 - Understanding

The understanding of the presence, functions and results of the life-force



#### Link 3 – Cause and Effect

The knowledge of the Law of Imprints and reflections of all the actions of Man (The Law of Cause and Effect or Karmic law)

For centuries, the pitfalls, agony and suffering from various avenues that plagued humankind drew the attention of the whole world. Humans have tried to solve the mysteries surrounding life with searching-intellect and aspiring-emotions, but when the search touched the shades of ambiguities, *man got frustrated with the inability of finding the most fundamental answer that He is part of Nature and potentially a Descent of the Divine*.

From time immemorial, great seers have appeared on Earth and have revealed the secrets of Nature and life to mankind. As a result of their spiritual service, cultural values of humans have progressed and gradually improved.

Vethathiri Maharishi gives simple and clear explanations on the missing philosophy, shreds away the ambiguities and gives complete clarity of the missing links, being thoughtful of which will make life filled with meaning and purpose.

He states that there are still three missing links or principles , between the realization of what has been revealed and the conclusive findings of science. They are:-

**Link 1:** He says, when man is ignorant of the first principle (existence of the Almighty) he develops ego. **Ego** in turn generates the six temperamental moods of greed, anger, miserliness,

and thoughts are imprinted in his physical body, brain cells, seed cells and life-force particles, then reflected repeatedly by the autonomous nervous system and Universal wave system (Cosmic Consciousness), he becomes conditioned by his wrong reasoning and so repeats pain giving actions.

As a result, *man pursues only pleasure and commits many sinful deeds*. This kind of ignorance leads to misunderstanding of life that results in the disturbance of peace within self, family, society and among nations.

Swamiji affirms that the awareness of the three missing links and teaching repeatedly to people, the **Realization of Truth, Soul and Consciousness** will become very clear and widespread. The host of misconceptions about the true nature of life will disappear in the light of intellectual clarity, wisdom and practical experiences.

The picture can be perfect and complete only when the earth revolves with the peaceful thought-force of its inhabitants.

*Let us deepen our understanding with the light of Maharishi's philosophy and lead a peaceful and meaningful life.*





# VeWa Inquisition



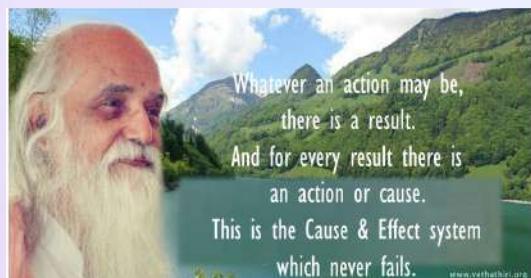
**S**wamiji was once questioned from the audience during His spiritual discourse.

"What is the role of anger among the temperaments? Is it possible for us to remain without losing our temper against a murderer, a thief, or a rapist?" (From the book Human Excellence Part 1, Page 93-95)

With HIS usual wisdom-filled and clarity giving speech, Swamiji answered as below:

*"Even an ant dragging a grain of rice swirls in anger when the grain is taken away from it. Disappointed desire turns into anger, accompanied with a burning need to do away with the hindrances. Anger is an emotional state which harms the physical and mental wellbeing of individuals."*

Anger takes the second place among the temperaments that rule human minds. Though overcoming anger is important for all, it is absolutely essential for those practising meditation for the purpose of achieving progress in spirituality. *The subtle and calm states of mind attained through the practice of meditation would be wasted and nullified when people become angry.* The Mind goes into an emotional state because of the increase in its frequencies, resulting in an aggravated state of conversion of life-force, harming the natural rhythm of the physical body.



We have to be compassionate and calm because as per the principles of Cause and Effect, the imprints born of our evil deeds have

to be wiped off through pain and misery. Nature brings two individuals together, where the deeds of one produces pain that eradicates some of the imprints in the other. *My pain may not be on account of the action of the other, but merely an opportunity provided by Nature to help me get rid of some of my imprints for which the time is ripe.* The other individual is just an instrument and *should not be blamed* at all.

Nature uses the seemingly **harder path as a tool** for the cleansing process, so that the lesson learnt through it will be longstanding and will enforce awareness in future. All desires seek expressions in time. A desire lurking in an individual's mind will find an opportunity to turn into action with time. The desire to be an instrument of pain was already there, and in the absence of steps for eradicating it, found expression through corresponding actions. In the process, his desire is

fulfilled, and our imprint also cleansed, which was why Nature brought the two of us together. When this fact is realized,



*Every action of man starts from the thought force and every experience ends in the Mind*

blessing the wrongdoer whole heartedly becomes easy.

Hundreds of imprints may lie dormant in us, just as a tree which lies latent in every seed. A seed planted in the ground, sprouts and grows into a tree yielding fruits and flowers over a period of years. No seed becomes a tree the moment it is planted in the ground. In the same way, the imprints which lie concealed in the individual have to manifest and get eradicated in time. The person whose actions were the cause for the removal of an imprint was merely an instrument and has to be blessed.

Before considering the question whether it is alright for us to lose our temper with a rapist, murderer or a thief, let us take a look at our own selves and the ill deeds we may have performed which others are unaware of. When we take those into account, we will realize that *we have no moral right to stand in judgement over a person who committed the crime. It is important we realize the gravity of the situation in all its fullness, analysing the root cause and avoid giving vent to anger, even against these people. Of course, due punishment can be meted out to the wrong doer but it should be only to correct the person."*

Swamiji clarifies that when **desires are moralised**, we can achieve **contentment in life**. In the same way **Anger** has to be eradicated totally and **replaced by tolerance**, a virtue born only when anger is neutralized. Tolerance is important to progress in introspection and achieving perfection. *Anger has no place in human culture* which has always advocated repaying evil with kindness and compassion.

Swamiji asserts that, an individual is a Gnani (Enlightened person), who is not touched by anger. Anger is the stumbling block in the path of spirituality and *Divinity will reside only when anger is absent*.

Concluding, the moral from this for us is, *to progress in Spirituality or to have peace in Family or be successful at Office, one should try to neutralize anger by identifying one's own mistakes and try to get over them by constant awareness and to be patient and tolerant and handling others. Regular meditation and constant introspection with the help of techniques given by Guru will make us a Fulfilled Human Being.*

Nobody can make us ANGRY.  
We decide to use ANGER as a response.



A Vethathirum Insight to efficiently manage Anger

*Anger harms you long before it hurts the other person and Anger has to be pre-empted. You must train yourself not to get angry at all.*



# VeWa Special

## WITHOUT LABOUR NOTHING PROSPERS

*A humble dedication to the labour-force of humanity*

The feeling of being independent always makes an individual self-sufficient, but can anyone be self-sufficient in terms of providing for every single need of life?

Unlike other living beings, *man enjoys the natural resources* after giving them *artificial shapes* and *artistic beauty*. Therefore, all the necessities of life have to come only from labour, skill and intellectual efforts of so many individuals. Further all members of the society cannot work and get the necessities and needs of life. A high proportion of the society will be youngsters below the age for producing things, the aged and the ill, and only the remaining *part of the population* can devote their labour and skill for the production of necessary commodities and services to meet the requirements of all.

**Money is a token of Labour**



Swamiji says that individual and society are interdependent. Due to *inefficiency* and *carelessness* on the part of the society towards the individual's welfare, *individuals are losing peace and harmony in life*. By *inefficiency* and *neglect of individuals* towards society, *societal values are weakened*. Each individual should be infused with such education in proper age to understand and respect the valuable relationship between himself and the society and sincerely accept the duty of mutual services to one another.

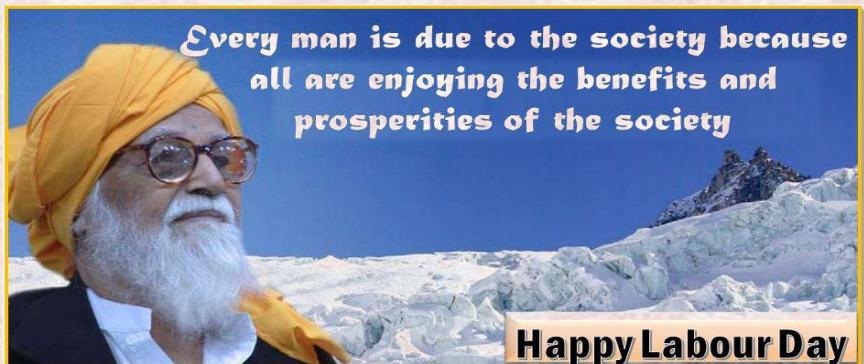


Every individual is always IN-DEPENDENCE with the society and also nature. This realization will induce the dawn of wisdom that he or she is potentially a part of the society and will actively influence the pattern of its operations with their every single action.

Maharishi's Tamil poem "Oru pidi unavil ulaga ottrumai kandu, uzhalpinaal bathil ulaguku thanthidu" (ஒரு பிடி உணவில் உலக ஒற்றுமையை கண்டிடு, உழைப்பால் பதில் உலகிற்கு தந்திடு), which translates as, "a morsel of food will show the weaving of universal brotherhood, through your labour pay it back to the world", poetically clarifies that *each individual is duty-bound towards society*. The sense of duty consciousness will instil feeling of oneness, universal brotherhood, compassion and adds meaning to life.

Swamiji explicitly tells us, *Man is always in Independence and interdependence with nature and society. Let us try to realise this noble truth, bless, salute and honour the labour-force of humanity which is providing all the essentials of our life and deepen the bond of brotherhood.*

**Every man is due to the society because all are enjoying the benefits and prosperities of the society**



**Happy Labour Day**





# VeWa Saplings

Here are two prospering incidences which shows how Sky practices are taking deep roots in young minds and helping them sculpt their lives with awareness (Continuation of [VeWa-March](#))

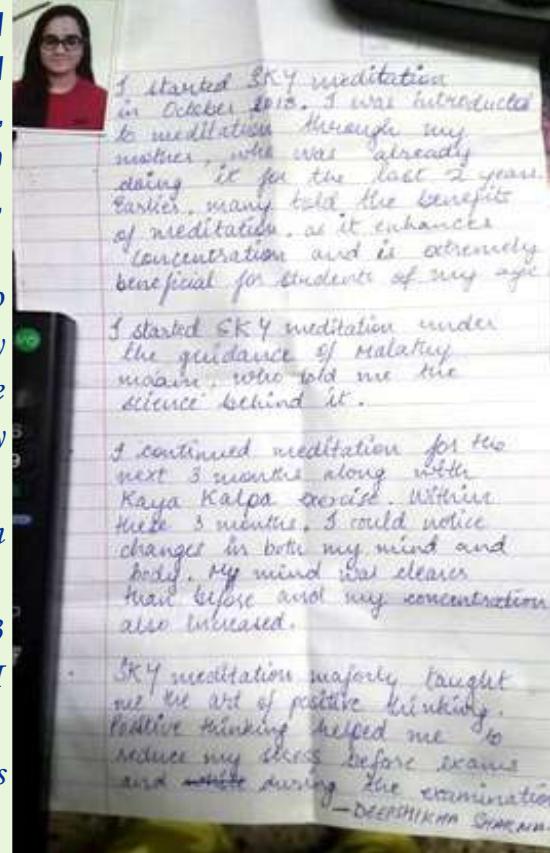
Deepshika Sharma, was studying in 12th standard (grade) and had cleared the final examinations with flying colors with a soaring 92%. She is originally from Punjab and is currently settled in Gurgaon, Delhi NCR, India. Meditation and Kayakalpa, empowered her to take up the examinations with confidence, showed the path to success and has transformed every part of her life. A VeWa Sapling Transformation, she expresses her experience in her own words:

*"I started Sky meditation in October 2018. I was introduced to meditation through my mother who was already a part of the Sky system for the last 2 years. Earlier, many had told me about the benefits of mediation, that it enhances concentration and is extremely beneficial for students of my age.*

*I started SKY Mediation under the guidance of SKY teacher in Gurgaon, who told me the science behind it.*

*I sincerely and systematically practiced mediation for the next 3 months along with Kayakalpa exercise. Within these 3 months, I could notice changes in both my mind and body.*

*My mind is clearer than ever before and my concentration has increased to great extent".*



**"SKY mediation majorly taught me the art of positive thinking. Positive thinking helped me to reduce my stress before the exams and during the examination".**



**Nikhil Sai - 4 years old, Delhi, India**

*Nikhil Sai's mother is an Assistant professor in SKY Yoga. As a child, Nikhil was with his mother while attending classes and also in the field of Swamiji's Grace through the members and students.*

*The teachings of Swamiji are so deep rooted in Nikhil that he does not leave the house without covering each of us with Divine Protection. Even if his mother forgets to say the Divine Protection, Nikhil ensures that he says it for the whole family.*

*His mother had once told him to say "Vazhga Valamudan" (Be blessed by the Divine), while watering the plants. As soon as his mother said that, Nikhil, with a curious concentrated voice, addressing the plants, loudly said, "Vazhga Valamudan, Maharishi Thatha (Grand dad) make the plant grow faster & taller".*

*His mother was stunned by his words, because she had not discussed about blessings or its benefits earlier with him. But he had picked those from the universal magnetism and through Swamiji's Grace.*





# VeWa Ambassdors



## SKY Professors visiting abroad from India



### USA

| Visiting Sr. Prof/ Prof. | Trust/Zone | Visiting Country | Date From   | Date To     |
|--------------------------|------------|------------------|-------------|-------------|
| M. Chockalingam          | K.K Nagar  | USA              | 08-Jan-2019 | 01-Jul-2019 |
| A. Vetrivelu             | Chennai    | USA              | 12-Feb-2019 | 07-Aug-2019 |
| Mythili Deenadhayalan    | Velachery  | USA              | 13-Mar-2019 | 07-Sep-2019 |

### Middle East & Other Countries

| Visiting Sr. Prof/ Prof. | Trust/Zone | Visiting Country     | Date From   | Date To     |
|--------------------------|------------|----------------------|-------------|-------------|
| G. Nagarajan             | Chennai    | Malasiya             | 18-Apr-2019 | 17-May-2019 |
| K. Perumal               | Aliyar     | Malasiya & Singapore | 26-Apr-2019 | 21-May-2019 |
| Uzavan Thangavelu        | Namakkal   | Malaysia & Singapore | 02-May-2019 | 21-May-2019 |

\*Please contact local SKY centre or country WCSC coordinator or email at [wcsc.fc@vethathiri.edu.in](mailto:wcsc.fc@vethathiri.edu.in) for information on courses / programs





## VeWa Media - OSFC Online / Live

Thailand SKY Center, organized a Voice Call with Sr. Professor Balachandran and Sr. Professor Jayanthi. The discussion was about "Success through Peace", and the participants had an interactive session with the Professors.

If you want to organize Live discussions with OSFC Directorate team either through **SKYPE, HANGOUT, WHATSAPP OR any other Media platform**, please write to us @ [wcsc.vewa@vethathiri.ac.in](mailto:wcsc.vewa@vethathiri.ac.in) or WhatsApp us @ +91 9487061370



# Announcements

**PERTUBUHAN PENGANUT VETHATHIRI SKY MANAVALAKALAI MALAYSIA**  
C-8-3, JALAN DATARAN SENTRAL 3, DATARAN SENTRAL 70200 SEREMBAN NEGERI SEMBILAN

**VISION DIPLOMA COURSE**  
YOGA FOR HUMAN EXCELLENCE



**Physical Body, Life force & Mind**  
உடல், உயிர், மனம்

**Mental Prosperity and Human Excellence**  
மனவளமும் மனித மாண்பும்

**Sublimation and Social Welfare**  
குண்நலப்பேறும் சமுதாய நலனும்

**Science of Divinity and Realization of Self**  
இறைஞரானமும் முழுமைப்பேறும்



**YOGA PRACTICES I,II**  
யோகப்பயிற்சிகள் I,II



**ONE YEAR COURSE**  
MAY 2019 – MAY 2020

**COURSE FEES :RM 800.00**  
❖ DEPOSIT RM100.00  
PROFESSORS FROM INDIA

**CLASS TIME**  
07-05-2019 – 08-05-2019  
6.30PM-8.30PM

**P.C.P CLASS 5 DAYS IN ALIYAR,INDIA**

**H/P : 018-987 3401, 012-324 2993, 012-695 3401**



# VeWa Sprouts

(Upcoming Events)

## BAHRAIN

**Jun 7** – Silence

**Jun 21 & 28** – Introspection II (Tamil)

\* **Jun 14** – Kayakalpa (English)

**Regular Session:**

**1<sup>st</sup> Friday of the month** - Silence

**Fridays** – Meditation & Exercise session in Tamil & English

**Saturdays** – Meditation session

**Mondays** – Thuriyattheetham meditation followed by thought provoking discussion

**Wednesdays** – Special session exclusively for SKY Masters

## DUBAI

- **May 3 & 10** – Introspection I (Tamil)
- **May 3 & 10** – Introspection II (Tamil)
- **May 3 & 10** – Introspection II (English)

**Fridays** – Exercises, Meditation and Food for Thought

## QATAR

- **May 3** – starting 5<sup>th</sup> batch VISION YHE English (Doha)
- **May 10** – starting 5<sup>th</sup> batch VISION YYE (Doha)
- **May** – starting 4<sup>th</sup> batch VISION YHE Tamil (Doha)
- **May** – starting 4<sup>th</sup> batch VISION YHE English (Al Khor)
- **May** – starting 4<sup>th</sup> batch VISION YYE Tamil (Al Khor)

## DELHI/NCR, INDIA

- May 4 & 5** – Foundation Course (English)
- May 18 & 19** – YYE (English)
- Jun 1 & 2** – Brahma Ghanam (Tamil)
- Jun 22 & 23** – Introspection 3 (English)

- \* **May 11 & 12** – Silence
- \* **May 25 & 26** – Foundation Course (Tamil)
- \* **Jun 8 & 9** – Foundation Course (English)
- \* **Jun 29 & 30** – SKY Master Course (English)

## KARNATAKA, INDIA

### VISION Certificate Course (Brahmagnana and Arulnithiar Course) at Aliyar

**1<sup>st</sup> Batch:** 11.07.19 - 14.07.19

**2<sup>nd</sup> Batch:** 15.07.19 - 18.07.19

**3<sup>rd</sup> Batch:** 25.07.19 - 28.07.19

SMART – Master Refresher Course for all level SKY Professors at Aliyar (29 Sep - 02 Oct)

SMART – Selection of New Masters (APT) at Aliyar (29 Sep - 02 Oct)





# VeWa Blossom



Bahrain



Velvi Day at Sky Kuwait Fahaheel



Qatar



Dubai



ALQASIMIA Center - SHARJAH



MUHAINSNAH Center - Children Session

## SINGAPORE



Maharishi Samadhi Day



Special program - Sr Prof. Kasirajan from India



Maharishi Velvi Day

## SINGAPORE



## MALAYSIA CENTER



2 day morning yoga and meditation at SRJK (TAMIL) Ladang Semenyih conduct by Babu (1)



2 day morning yoga and meditation at SRJK (TAMIL) Ladang Semenyih conduct by Babu (2)

## MALAYSIA - SERAMBON





# VeWa Blossom

## UNITED KINGDOM



Asylum centre - Kayakalpa Session



Harrow Center - Kayakalpa Yoga Session

## USA - CHICAGO CENTER



## USA - FREMONT CENTER



Masters Course

## INDIA - DELHI



Munirka Center



Dwarka Center



BrahmaGnanam Course

Yoga for Youth Empowerment



Foundation Course



Protsahan, Gejha Village, Noida



Gurgaon Center

2019-4-7 20:06





# VeWa Blossom

## INDIA - KARNATAKA

WCSC Karnataka Zone Visit to Bangalore Chandapura SKY Trust



Foundation and Introspection Courses conducted

## INDIA - FROM OSFC BASE - ASHRAM AT ALIYAR



Coimbatore Agricultural University Students



Session on Mind Relief for Aliyar Campus Employees





# VeWa Visuals - YouTube



**SUBSCRIBE**  
TO OUR CHANNEL

**VeWa Visuals - YouTube**

For Hindi and English, please Subscribe

**SUBSCRIBE  
NOW**



VeWa Sapling - Sapling of a Simplified Kundalini &

**VeWa for Kundalini and Kayakalpa Yoga was launched to spread the Waves of Vethathiri across the world. We started with English and Hindi videos, but aim to make it a multilingual language channel.**

**Personal experiences, teaching experiences, interesting incidents with Swamiji, thoughtful discussions on powerful topics, simple methods to transform life and practical life solutions are highlights of the channel.**

**People from all around the world join together to share through VeWa.**



Write to us if you want to share your thoughts and experiences - [wcsc.yewa@yethathiri.ac.in](mailto:wcsc.yewa@yethathiri.ac.in)

+91 9025887490



## **156<sup>th</sup> Village - Aragalur, Salem, India**



**Vethathiri Village Service Project (VSP)** - Please adopt a village transforming their life with success, happiness and peace.

[https://www.youtube.com/watch?v=7w8UnNQ3C\\_Y](https://www.youtube.com/watch?v=7w8UnNQ3C_Y)



**ASHRAM**  
**Temple of Consciousness, Aliyar, Coimbatore, South India**  
**+91 4253 288 733**  
**wcsc.osfc@vethathiri.ac.in**

VeWa - The Newsletter officially bridging global WCSC through the binding force of Shri Vethathiri Maharishi

**WCSC - OSFC**

*[www.vethathiri.edu.in](http://www.vethathiri.edu.in)*

