# **Angela Marie Hessenius**

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#### **EDUCATION**

**University of San Diego** 

San Diego, CA

B.A., Interdisciplinary Humanities Major, Environmental Studies Minor

May 2017

Honors Program, GPA: 3.99

Dean's List, First Honors

Keck Fellowship Student Research Scholar, USD

May 2015-August 2015

Researched methods of engaging students and altering attitudes and behaviors relating to sustainability

Developed plans for implementing water conservation initiatives at USD

#### School for Field Studies (SFS), Study Abroad

Cambodia and Vietnam

River Ecosystems and Environmental Ethics

February 2016-May 2016

Completed research project that investigated environmental education in two villages on the Tonle Sap Lake

Recipient of SFS Distinguished Researcher Award, 2016

#### LEADERSHIP AND VOLUNTEER EXPERIENCE

What's Your 20? Co-founder

San Diego, CA, August 2015—Present

Launched campaign aimed to educate and encourage students to reduce water consumption by 20%

Spoke publicly at campus events, used social media and posted flyers to promote water conservation behaviors

**Outdoor Adventures** Guide

San Diego, CA, September 2013 – Present

Led students on outdoor trips including overnight backpacking, canoeing, and camping trips

Monitored physical safety through risk management and facilitated group development and relationship building

**Campus Connections** *President* 

San Diego, CA, September 2013 – May 2015

Led weekly general body meetings and executive committee meetings

Supervised event planning to promote health, safety, and wellbeing on campus through campaigns educating students

**Project CLEAR** Volunteer

Sherman, CT, September 2009 – June 2012

Collected and analyzed ecological data on Candlewood Lake to be utilized by professional scientists

### WORK EXPERIENCE

#### **Kroc Institute for Peace and Justice (IPJ)** *Intern*

San Diego, CA September 2016—December 2016

- Assissted development of IPJ's strategic international peacebuilding projects in Nepal and Cambodia
- Researched current events in these countries wrote weekly news briefs published on the IPJ's blog

**Outdoor Adventures—USD** Pre-Orientation Coordinator

San Diego, CA May 2015 – August 2016

- Developed trip itinerary, created menu, packed food and equipment, and guided Pre-Orientation trips
- Aided Pre-O participants in their college transition by fostering new friendships and delivering advice based on students' hopes and fear for their experience at USD

Trip Coordinator

September 2015—Present

- Planned and oversaw preparation of trips, enabling trip guides to lead smooth and organized trips
- Corresponded with participants, created pre-trip presentations, and organized trip resources

Purposeful Networks InnerView Intern

San Diego, CA, September 2015—December 2015

- Created one of the first profiles on InnerView, a holistic platform to showcase college students' leadership and involvement
- Directed fellow student leaders at USD in building their own profiles to grow the network.

**Outdoor Nation** Outdoor Ambassador

San Diego, CA September 2015—December 2015

- Engaged over 100 individuals in outdoor recreation through three outdoor outings and one campus convening.
- Created video documenting experience of participants on outing to Yosemite National Park.

**Dining and Auxiliary Services—USD** Concessions

San Diego, CA, March 2014 – May 2015

- Operated cash register at food stand during athletic events.
- Served meals, snacks, and drinks to lines of up to 20 customers in fast-paced environment.
- Excellent customer service, friendliness, and professionalism improved spectator experience.

## **SKILLS AND CERTIFICATIONS**

- Wilderness Advanced First Aid (WAFA) and CPR/First Aid certified
- Leave No Trace Trainer
- **BACCHUS Peer Health Educator**
- Microsoft Office, Microsoft Excel, Microsoft PowerPoint, SalesForce, iMovie