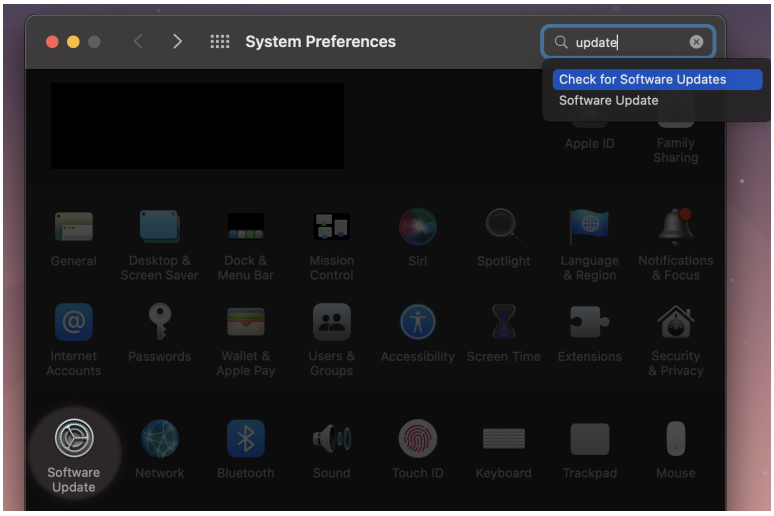
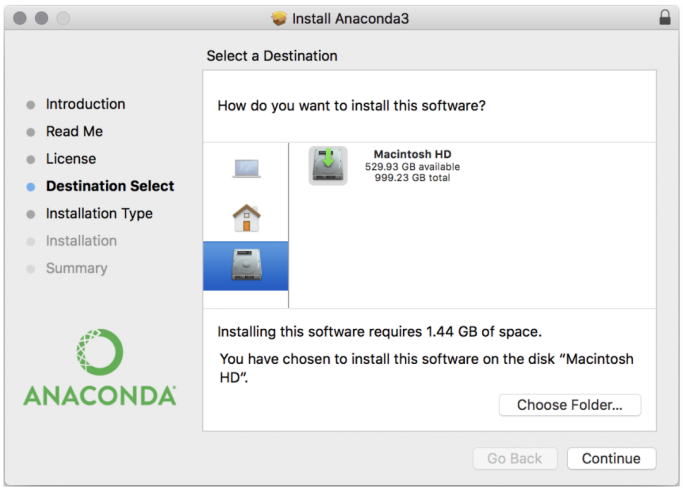
The Anaconda version of Python 3.7 is the standard version of Python that is used on Cornell's campus. Note that this version of Python only works for MacOS Sierra (10.12) or higher (you can check your MacOS version and update it accordingly in the Settings app:



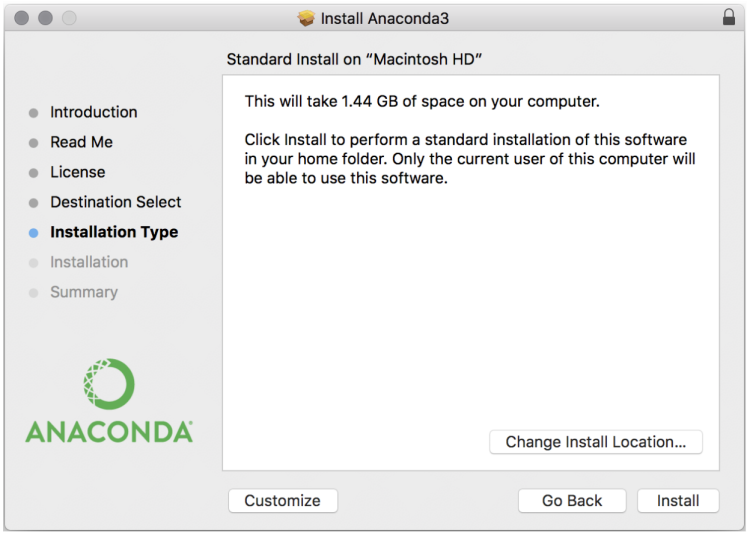
After verifying you are on a valid MacOS version, follow this link to download Anaconda 3.7 for MacOS, a desktop application from which you can launch Jupyter Notebook. Clicking this link will download the installation app for Anaconda; double click it to launch the installer and follow the steps.

1. Click through the Introduction, Read Me, and License sections.

2. In "Destination Select," choose "*Install on a specific disk…*". This is the option with the image of a hard drive underneath the option with the image of a house (the "*Install for me only*" option). Choose where to install Anaconda with the Choose Folder button, and select your Applications folder. After doing so, click the continue button.



3. Click the Install button in the bottom right corner to install the Anaconda application.



Python has now been installed. You can check to ensure proper installation by opening the Terminal app and typing "python" and hit the return key. The terminal will then show '>>>' (three greater than signs), meaning you have successfully entered the Python Interactive Shell.

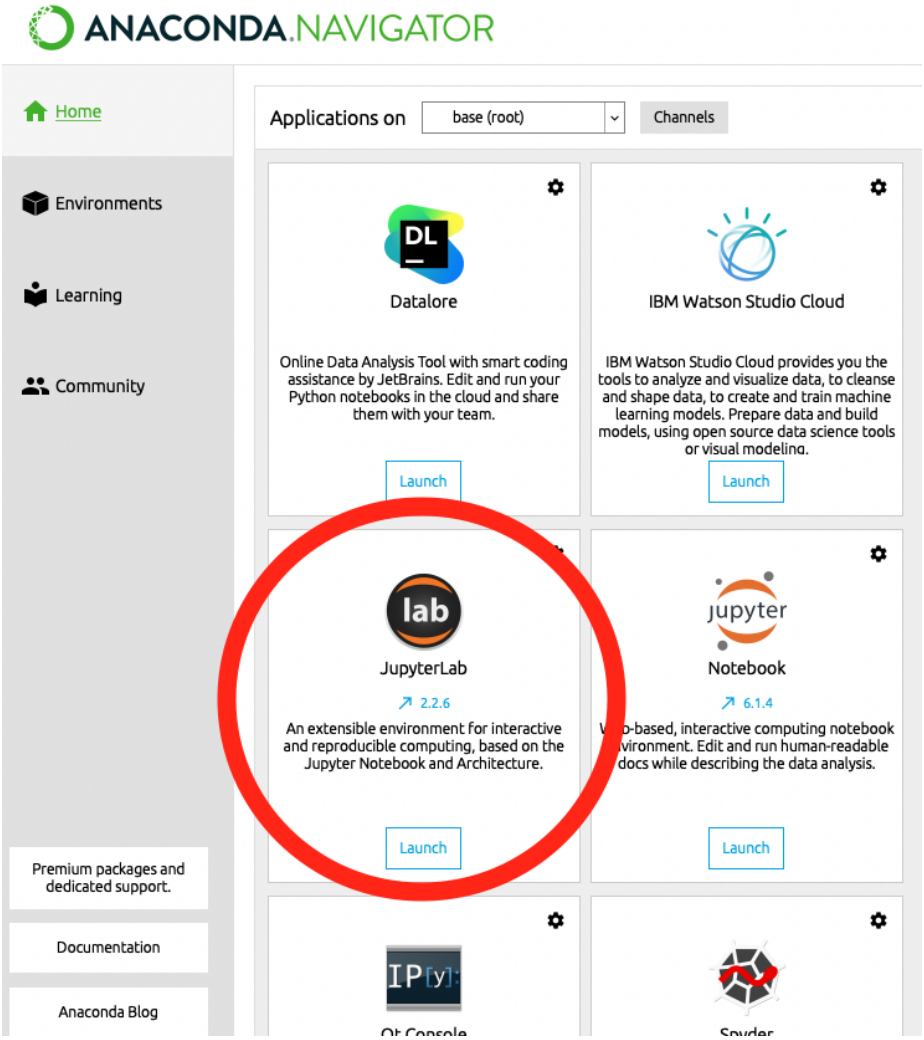
- If this does not appear, reload the terminal and copy/paste the following:

```
ls {/opt,/Applications,~,/Users/Shared/RelocatedItems/Security}/anaconda3/bin/python 2>/dev/null; echo "..."
```

- If the only output in the terminal is "...", try rebooting and reinstalling Anaconda.

In the line immediately underneath where you typed "python" and hit return, check which version of Python is output. This is how you can check which version of Python you are running, and for most Cornell courses it is recommended to use iterations of Python 3.7.

Move the Anaconda Navigator application to your Applications folder, and open it. Once it loads, click the Launch button underneath JupyterLab.



In the new window that opens in your browser, select the folder to create a new Jupyter Notebook file (.ipynb) or open an existing file. Your new file should look like this: