

- Q1. Do you also think periods are impure?.**
- Q2. Why is menstruation important?**
- Q3. What does Menstrual equity mean to you?**
- Q4. In what event does menstruation occur?**
- Q5. How often does menstruation occur?**
- Q6. What are common symptoms experienced during menstruation?**
- Q7. What are some ways to manage menstrual pain?**
- Q8. Why is it important to educate society about menstruation?**
- Q9. What are some menstrual hygiene products available?**
- Q10. How can workplaces support menstrual equity?**