**Myth Buster Reels for NGO Promotion**

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| Event Day | Daily or Weekly |
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| Event  Description | Daily reels featuring interesting facts about menstruation to educate and raise awareness. Each reel will highlight a different aspect or myth related to menstruation. |
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| Content Type | Reel |
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| Call to Action | Learn, Share |
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| Engagement Idea | Ask followers to share their own experiences with #MenstruationFacts |
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| Requirements | High-quality visuals, Fact research |
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| Key Metrics | Increase in follower engagement, Shares, Comments |