

Name	Heart Rate from Algorithm (BPM)	Heart Rate from 'Instant Heart Rate App' (BPM)	Absolute Error	%Error
Aryan	71	77	6	8.45%
Arhan	88	94	6	6.81%
Tushar	89	92	3	3.37%
Maithily	76	98	22	28%
Aditi	83	104	21	25%

Mean Absolute Error: 14.32%