

# VR Exposure/Imagery Therapy for Veterans

Answer all questions to the best of your ability. Please be as honest as possible. Responses are measured by a "yes" or "no" answer or a 1-5 intensity scale (1=rarely; 2=sometimes; 3=usually; 4=mostly; 5=always).

1. On a scale from 1-5, how often did you experience feelings of distress throughout the first half of the testing?

*Mark only one oval.*

	1	2	3	4	5	
Rarely	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Always

2. On a scale from 1-5, how often did you experience feelings of calmness throughout the second half of the testing?

*Mark only one oval.*

	1	2	3	4	5	
Rarely	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Always

3. Do you feel that switching from the first environment to the second environment caused you to feel calm, or at ease?

*Mark only one oval.*

- ☐ Yes
- ☐ No
- ☐ Maybe

4. Do you feel that the audio components used in both environments helped you to become more immersed within the virtual environment?

*Mark only one oval.*

- ☐ Yes
- ☐ No
- ☐ Maybe

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