Supplement: Autopolyploid establishment through polygenic adaptation

Arthur Zwaenepoel

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S1 Supplementary Figures

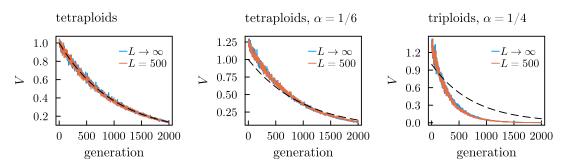


Figure S1: Validation of the autotetraploid and triploid infinitesimal model by a comparison against the discrete locus model with L=500 additive loci, showing the average phenotypic variance in each generation averaged over 10 replicate simulations for both models. We assume the initial phenotypic variance to be one for all simulations, and all replicates are initialized randomly in accordance with this initial phenotypic variance. Allelic effects for the discrete locus model are sampled from a Gaussian with mean 0 and variance 1/2L.

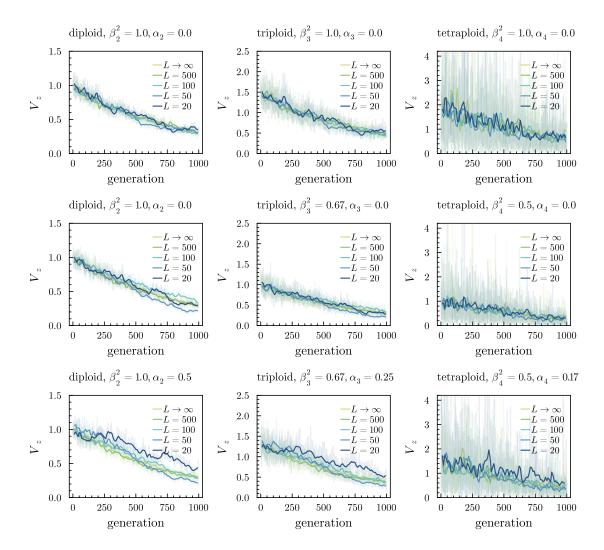


Figure S2: Comparison of the mixed-ploidy infinitesimal model with the L-locus model, for L=500,100,50 and 20. The decline in the genetic variance V_z within each cytotype due to drift is shown. The transparent lines show the complete simulation, whereas the solid line shows the same data but smoothed in overlapping windows of 20 generations. We assume N=500, u=v=0.08 and no selection. In the top row where $\beta_k^2=1, \alpha_k=0$, the equilibrium variance in the absence of inbreeding in triploids is 2/3 that of diploids, and in tetraploids it is twice that in diploids. In the middle row, $\beta_3^2=2/3$ and $\beta_4^2=1/2$, so that the equilibrium variance in the absence of inbreeding is equal across cytotypes. In the bottom row, $\alpha_2=\alpha_3=1/2$ and $\alpha_4=1/6$, causing an immediate increase in the genetic variance in higher cytotypes, but also accelerated inbreeding.

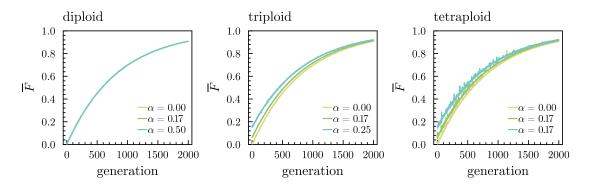


Figure S3: Average inbreeding coefficient \bar{F} in each cytotype in a mixed-ploidy population for different values of α (we assume $\alpha_k = \alpha$, where α_k is the probability that a diploid gamete produced by a k-ploid cytotype contains two copies of the same parental gene at a random locus). We assume N = 500, u = v = 0.08 and no selection.

S2 Supplementary Information

S2.1 Deterministic mixed-ploidy model

Let g_k be the frequency of k-ploid gametes in the gamete pool, and let us consider only haploid and diploid gametes, so that $g_2 = 1 - g_1$. Diploids produce unreduced gametes with probability u and reduced ones with probability 1 - u, triploids produce haploid and triploid gametes both with probability v, and tetraploids produce reduced diploid gametes with probability (1-u) (we assume they produce, just like diploids, a proportion u of unreduced gametes, but these are assumed not to lead to viable offspring and are ignored). We get after one generation of random mating

$$g_1' = \frac{(1-u)g_1^2 + 2vg_1g_2}{g_1^2 + 4vg_1g_2 + (1-u)g_2^2}.$$

We see that $g_1 = 0$ is always an equilibrium (no haploid gametes, tetraploids take over). Two more fixed points are obtained at

$$\tilde{g_1}, \tilde{g_1}' = \frac{3 - 3u - 6v \pm \sqrt{(u + 2v - 1)(5u + 2v - 1)}}{2(2 - u - 4v)} \tag{1}$$

Of which the larger one, when it exists, corresponds to a stable equilibrium, and the smaller one to an unstable equilibrium. As there are no viability differences, the equilibrium cytotype frequencies can be readily obtained from these through the relations

$$\pi_2 = \tilde{g_1}^2 \qquad \qquad \pi_3 = 2\tilde{g_1}\tilde{g_2} \qquad \qquad \pi_4 = \tilde{g_2}^2 \qquad (2)$$

Assuming v = O(u), we have to second order in u

$$\pi_2 = 1 - 2u - 4uv - u^2 + O(u^3)$$

$$\pi_3 = 2u + 4uv + O(u^3)$$

$$\pi_4 = u^2 + O(u^3)$$
(3)

At the critical point where the stable equilibrium disappears, we have that $\Delta g_1 = \frac{d\Delta g_1}{dg_1} = 0$ (fig. S4, middle). We find that, in the region of parameter space that is biologically relevant (roughly u < 0.1, v < 0.1, say), the critical unreduced gamete formation rate u_c beyond which tetraploids take over can be expressed as a linear function of triploid fertility (2v):

$$u_c = \frac{1}{5}(1 - 2v)$$

(fig. S4, right). This shows that, for plausible parameter values, we can safely assume that an initially diploid population will evolve to a mixed-ploidy equilibrium. A similar model was first analyzed in Felber and Bever [1997].

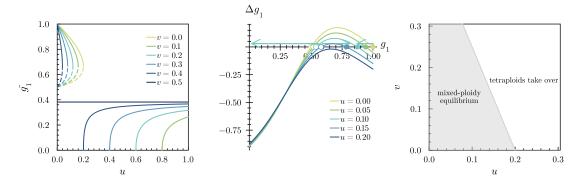


Figure S4: Deterministic mixed-ploidy equilibrium. The left plot shows the stable (solid lines) and unstable (dashed lines) equilibria for the proportion of haploid gametes in the gamete pool g_1 as a function of u for different values of v. The middle plot shows the relationship between $\Delta g_1 = g_1' - g_1$ and g_1 . The zeros of this graph are the fixed points of the dynamical system and are indicated by the hollow (unstable equilibrium) and solid (stable equilibrium) dots. The rightmost plot shows the region of parameter space where a stable mixed-ploidy equilibrium exist.

S2.2 Stochastic mixed-ploidy model

For finite N, the basic mixed-ploidy model defines a Markov chain on the state space $[0..N] \times [0..N]$.

$$p_{ij,kl} = \Pr\{N_2(t+1) = k, N_3(t+1) = l | N_2(t) = i, N_3(t) = j\}$$

$$= \frac{N!}{k! l! (N-k-l)!} p_2^k p_3^l (1 - p_2 - p_3)^{N-k-l}$$
(4)

where

$$p_2 = \left(\frac{i(1-u) + jv}{N(1-u) + (i+j)u + j(2v-1)}\right)^2 \tag{5}$$

$$p_3 = \left(\frac{2(i(1-u)+jv)(N(1-u)+i(2u-1)+j(u+v-1))}{N(1-u)+(i+j)u+j(2v-1)}\right)^2$$
(6)

Associating a unique index with each pair (i,j) with $0 \le i,j \le N$, we can define a transition probability matrix P of dimensions $(N+1)^2 \times (N+1)^2$ for this Markov chain.

For nonzero u and v, the only absorbing state is the one where $N_2 = N_3 = 0$, i.e. the tetraploid cytotype fixes. All other states are transient, and hence tetraploid fixation occurs with probability one. The expected time until fixation may however be extremely long. Using standard theory for absorbing Markov chains, we can numerically compute the expected time until fixation $\mathbb{E}[T_{\text{fix}}]$ from the transition probability matrix. Calculations for the case where u = v = 0.05 (which are large parameter values conducive for tetraploid fixation) are shown in table 1. Clearly, tetraploid establishment by drift alone requires very small population sizes to occur at an appreciable rate. A similar model without triploids has been analyzed by Rausch and Morgan [2005].

Table 1: Expected number of generations until fixation of the tetraploid cytotype for different population sizes, assuming u = v = 0.05 and an initially diploid population.

\overline{N}	10	20	30	40	50
$\mathbb{E}[T_{\mathrm{fix}}]$	5.4×10^{3}	6.4×10^{5}	7.9×10^{7}	9.8×10^{9}	1.2×10^{12}

S2.3 Expected time to diploid ancestry

Consider a gene sampled from a tetraploid individual in a mixed-ploidy population at equilibrium and not subjected to selection. Let T_4 denote the number of generations in the past until such a gene is found in a diploid ancestor, and let T_3 denote a similar random variable for a randomly sampled gene from a triploid in the same population. Assuming the different cytotypes are at their deterministic equilibrium frequencies π_2 , π_3 and π_4 (see sec. S2.1, eq. 2), we have the recursive relations

$$\mathbb{E}[T_4] = \frac{1}{Z_2} \Big(\pi_2 u + (1 + \mathbb{E}[T_3]) \pi_3 v + (1 + \mathbb{E}[T_4]) \pi_4 (1 - u) \Big)$$

$$\mathbb{E}[T_3] = \frac{1}{3Z_1} \Big(\pi_2 (1 - u) + (1 + \mathbb{E}[T_3]) \pi_3 v \Big)$$

$$+ \frac{2}{3Z_2} \Big(\pi_2 u + (1 + \mathbb{E}[T_3]) \pi_3 v + (1 + \mathbb{E}[T_4]) \pi_4 (1 - u) \Big)$$
(7)

where

$$Z_1 = \pi_2(1 - u) + \pi_3 v$$

$$Z_2 = \pi_2 u + \pi_3 v + \pi_4 (1 - u)$$

(these expressions are straightforwardly modified when more general u_{ij} are assumed, see e.g. sec. S2.4, eq. 8). The system in eq. 7 can be solved to yield expressions for $\mathbb{E}[T_4]$ and $\mathbb{E}[T_3]$, which are however rather unwieldy. Again assuming v = O(u), we obtain to first order in u

$$\mathbb{E}[T_4] = 1 + u + 2v + O(u^2)$$
$$\mathbb{E}[T_3] = 1 + \frac{2}{3}(u + 2v) + O(u^2)$$

Numerical examples are shown in (fig. S5). Clearly, for plausible parameter values, $\mathbb{E}[T]$ will be very close to 1. For instance, for u = 0.05 and v = 0.05 (which are already rather large values for these parameters), we would have $\mathbb{E}[T_3] \approx 1.13$ and $\mathbb{E}[T_4] \approx 1.19$.

S2.4 Effective population size of a mixed-ploidy deme

We use the approach outlined in [Rousset, 2004] (pp. 153, 157) to determine the effective size of a randomly mating mixed-ploidy population. Denote by $\nu_k(t)$ the probability that the ancestral lineage of a given gene in the present is found in a individual of ploidy level

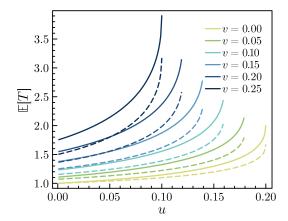


Figure S5: Expected time to diploid ancestry. The solid lines show $\mathbb{E}[T_4]$, i.e. the expected time since being inherited from a diploid ancestor for a random gene in a tetraploid individual at equilibrium, for different values of v (half the triploid fertility). The dashed lines show $\mathbb{E}[T_3]$, i.e. the same quantity for a gene sampled from a triploid. Note that $\mathbb{E}[T]$ blows up whenever u and v exceed their critical value for tetraploid establishment.

k t generations in the past, and let $\nu(t) = (\nu_2(t) \ \nu_3(t) \ \nu_4(t))$ be the corresponding row vector. Assuming the population is at cytotype equilibrium (eq. 2), we have

$$\nu(t+1) = \nu(t)P$$

$$= \nu(t) \begin{pmatrix} \frac{u_{21}}{Z_1} \pi_2 & \frac{u_{31}}{Z_1} \pi_3 & 0\\ \left(\frac{u_{21}}{3Z_1} + \frac{2u_{22}}{3Z_2}\right) \pi_2 & \left(\frac{u_{31}}{3Z_1} + \frac{2u_{32}}{3Z_2}\right) \pi_3 & \frac{2u_{42}}{3Z_2} \pi_4\\ \frac{u_{22}}{Z_2} \pi_2 & \frac{u_{32}}{Z_2} \pi_3 & \frac{u_{42}}{Z_2} \pi_4 \end{pmatrix}$$
(8)

where we assume, as usual, that tetraploids do not produce haploid gametes $(u_{41} = 0)$, and where

$$Z_1 = u_{21}\pi_2 + u_{31}\pi_3$$
$$Z_2 = u_{22}\pi_2 + u_{32}\pi_3 + u_{42}\pi_4$$

At stationarity, $\lim_{t\to\infty} \nu(t) = \nu$, and we have $\nu = \nu P$. Hence, the probability that the ancestral lineage of a given gene in the present is found in an individual of ploidy level k in an indefinite past is given by ν_k , where ν is the left eigenvector of P associated with the unit eigenvalue. The effective size of a mixed-ploidy population of size N can then be obtained as

$$N_e = N \left(\sum_k \frac{\nu_k^2}{\pi_k} \right)^{-1}$$

After plugging in π in accordance with eq. 2 and solving the eigenvalue problem, this yields an unwieldy expression in the u_{ij} . For our usual parameterization where u_{21} =

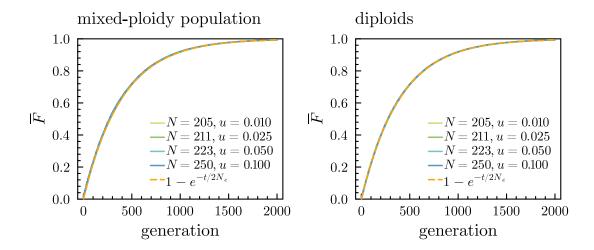


Figure S6: The evolution of \bar{F} in the mixed-ploidy population and in the diploid subpopulation are shown for different values of u and associated values of N, keeping $N_e = (1-2u)N$ constant at 200. We assume u=v. All lines coincide almost completely and are indistinguishable from $1-e^{-t/2N_e}$. Results are shown for $\alpha_k=1/6$. As α_k decreases to 0, \bar{F} in the mixed-ploidy population becomes completely indistinguishable from \bar{F} in the diploid subpopulation.

 $u_{42} = 1 - u$, $u_{22} = u$ and $u_{31} = u_{32} = v$, and v = O(u), we can find that

$$\begin{pmatrix} \nu_2 \\ \nu_3 \\ \nu_4 \end{pmatrix} = \begin{pmatrix} 1 - 2uv + O(u^3) \\ 2uv + O(u^3) \\ O(u^3) \end{pmatrix}$$

and

$$\frac{N_e}{N} = 1 - 2u + O(u^2)$$

which yields an excellent fit in simulations for plausible parameter values (fig. S6). When v = 0 and $u < u_c$ (see sec. S2.1), $N_e = \pi_2 N$, as in that case (i.e. when triploids are infertile) there can be no gene flow from tetraploids to diploids. Since we assume the cytotype composition to be constant, and polyploids are continually formed from diploids, no gene in a triploid or tetraploid will have any descendants in the distant future in this case, so that the effective size is just the diploid fraction of the population.

S2.5 Inbreeding in the mixed-ploidy model

S2.5.1 Effect of inbreeding on segregation variance in autotetraploids

In polyploids, the inbreeding coefficient F_i does not suffice to describe the state of homozygosity in individual i. In tetraploids, for instance, we have five distinct homozygosity states, which we can symbolically represent as abcd, aabc, aabb, aaab and aaaa (in general, the number of homozygosity states grows according to the partition function

(1, 2, 3, 5, 7, 11, 15, 22, ...)). Representing the probability of being in these five increasingly homozygous states as $\delta_1, ..., \delta_5$, we find that the gametic segregation variance is reduced by a factor

$$\phi = \delta_1 + \left(1 - \frac{1}{6}\right)\delta_2 + \left(1 - \frac{1}{3}\right)\delta_3 + \left(1 - \frac{1}{2}\right)\delta_4$$

which is precisely $1 - F_i$, as in diploids (see also Moody et al. [1993]). This shows that we do not need to track the array of homozygosity coefficients in order to compute the segregation variance in a tetraploid family, but only require the inbreeding coefficients of the parents. This is a consequence of the fact that, in tetraploids, gametes are diploid. Similar considerations apply to triploids if we only model haploid and diploid gametes. For higher gametic ploidy levels, one would need to track higher order identity coefficients in polyploids, which is intractable in general [Barton et al., 2023].

S2.5.2 Recursions for inbreeding coefficients in the mixed-ploidy model

Denoting the parents of individual i by k and l, the recursion for the inbreeding coefficients in an autotetraploid population is

$$F_i = \frac{1}{6}(F_k^* + F_l^* + 4\Phi_{kl}) \tag{9}$$

where $F_k^* = \alpha_4 + (1-\alpha_4)F_k$. The recursion follows from considering three cases: either (1) the two genes sampled in individual i both came from the gamete contributed by parent k, which happens with probability 1/6, in which case they are IBD with probability F_k^* ; or (2) as in (1) but from parent l; or (3) with probability 2/3 the two genes came from different gametes, in which case they are IBD with probability Φ_{kl} (the coancestry coefficient for individuals k and l).

There is little difficulty in extending the recursions for diploids [Barton et al., 2017] and autotetraploids (eq. (9)) to the mixed-ploidy case. Denoting the parents of individual i by k and l, the recursion for the inbreeding coefficients in the mixed-ploidy case becomes

$$F_{i} = \Phi_{kl} \qquad \text{if } c_{i} = 2$$

$$F_{i} = \frac{1}{3} (F_{k}^{*} + 2\Phi_{kl}) \qquad \text{if } c_{i} = 3, g_{k} = 2, g_{l} = 1$$

$$F_{i} = \frac{1}{3} (F_{l}^{*} + 2\Phi_{kl}) \qquad \text{if } c_{i} = 3, g_{k} = 1, g_{l} = 2$$

$$F_{i} = \frac{1}{6} (F_{k}^{*} + F_{l}^{*} + 4\Phi_{kl}) \qquad \text{if } c_{i} = 4 \qquad (10)$$

where $F_k^* = \alpha_{c_k} + (1 - \alpha_{c_k})F_k$, as in the autotetraploid model. The recursion for the coancestry coefficients in is given by

$$\Phi_{ii} = \frac{1}{c_i} \left(1 + (c_i - 1)F_i \right)$$

$$\Phi_{ij} = \sum_{k} \sum_{l} P_{ik} P_{jl} \Phi_{kl} \qquad i \neq j$$

$$(11)$$

where the sums are over individuals in the parental population, and where $P_{ik} \in \{0, \frac{1}{3}, \frac{1}{2}, \frac{2}{3}, 1\}$ is the probability that a gene copy in i is derived from parent k.

S2.6 Mixed-ploidy infinitesimal model

S2.6.1 Discrete locus model and variance scaling

Consider an L-locus additive model, with two alleles (0 and 1) at each locus. For a k-ploid individual, let $X_{i,j}$ be the allele at homolog j of locus i. We assume the trait value is determined by

$$z = \sum_{i=1}^{L} \sum_{j=1}^{k} a_{i,k} X_{i,j}$$
 (12)

Where $a_{i,k}$ is the allelic effect of the 1 allele at locus i in k-ploids. The genetic variance at HWLE in k-ploids $(\tilde{V}_{z,k})$ will then be

$$\tilde{V}_{z,k} = k \sum_{i=1}^{\infty} a_{i,k}^2 p_i q_i = k V_{x,k}$$
(13)

where we refer to $V_{x,k}$ as the variance associated with a haploid genome in k-ploids at HWLE. Note that we also have $\tilde{V}_{z,2} = 2V_{x,k} = 2V$, where V is the segregation variance in the diploid population.

We now assume $a_{i,k} = \beta_k a_{i,2}$, i.e. allelic effects in k-ploids are as in diploids, but scaled by a factor β_k . This implies that

$$\frac{\tilde{V}_{z,k}}{\tilde{V}_{z,2}} = \frac{kV_{x,k}}{2V_{x,2}} = \frac{k}{2}\beta_k^2 \tag{14}$$

and hence also that $V_{x,k} = \beta_k^2 V_{x,2} = \beta_k^2 V$. These relations will also hold in the infinitesimal limit. Below, we derive the segregation variance expressions for the different meiotic processes in the mixed-ploidy models in terms of the $V_{x,k}$. Using the relationships outlined here, we will then be able to express all the required variances in terms of V.

Note that under the above assumptions, not only the variance is rescaled, but also the expected value of offspring within a family. Specifically, for a k-ploid offspring of parental pair i and j, where the gamete coming from i is g_i -ploid and the other gamete g_j -ploid, we have

$$\mathbb{E}[Z_{ij}] = \beta_k \left(\frac{g_i}{c_i} \frac{z_i}{\beta_{c_i}} + \frac{g_j}{c_j} \frac{z_j}{\beta_{c_j}} \right)$$
 (15)

where c_i is the ploidy level of individual i. Here we rescale the parental trait values to the diploid scale by dividing by β_{c_i} , sum the expected rescaled gametic values, and rescale to the offspring ploidy level.

S2.6.2 Segregation variance

Consider a single locus in a population of k-ploids, and let X_1, \ldots, X_k denote a random genotype at this locus, where X_i is the additive genetic value of the allele on homolog i. The variance in gametic values Y produced by some meiotic process can be decomposed as

$$\operatorname{Var}[Y] = \underbrace{\mathbb{E}\left[\operatorname{Var}[Y|X_1,\dots,X_k]\right]}_{\text{segregation variance}} + \underbrace{\operatorname{Var}\left[\mathbb{E}[Y|X_1,\dots,X_k]\right]}_{\text{population variation}}$$
(16)

We use this relationship to derive the segregation variance for a given meiotic process.

As an example, consider ordinary diploid meiosis at a single locus, where a diploid produces a haploid gamete. Y is a random haploid gamete sampled from the population, and $Var[Y] = Var[X] = v_x$, where X is a randomly sampled gene from the population and v_x is the variance in additive genetic values at the locus. We have

$$\operatorname{Var}[\mathbb{E}[Y|X_1, X_2]] = \operatorname{Var}\left[\frac{X_1 + X_2}{2}\right] = \frac{v_x}{2}$$

Using eq. (16), we can then find the segregation variance

$$\mathbb{E}[\text{Var}[Y|X_1, X_2]] = v_x - \frac{v_x}{2} = \frac{v_x}{2}$$

Summing over L independent loci, we find the gametic segregation variance in diploids (which is halve the zygotic segregation variance V, by definition) as

$$V_{S(2,1)} = \frac{V}{2} = \sum_{i=1}^{L} \frac{v_{x,i}}{2} = \frac{V_{x,2}}{2}$$

and hence $V = V_{x,2}$, where $V_{x,2}$ is as defined in section S2.6.1. This will hold in the infinitsimal limit, where L becomes very large and v_x smaller and smaller.

Below, we derive the segregation variance associated with haploid and diploid gamete production in the three cytotypes of the mixed-ploidy population. We use eq. (16) to do this, and express the segregation variance for a k-ploid individual producing an l-ploid $V_{S(k,l)}$ in terms of the variance $V_{x,k}$ associated with a haploid genome in a (hypothetical) k-ploid reference population at HWLE. Using the scaling assumptions above, i.e. $V_{x,k} = \beta_k^2 V$, we can then express all segregation variances in terms of the diploid segregation variance in the reference population V.

Meiosis in autotetraploids. When an autotetraploid forms quadrivalents during prophase I, a form of 'internal inbreeding' may occur as a result of the phenomenon called double reduction (see e.g. Lynch and Walsh [1998] p. 57). Double reduction happens when, as a result of recombination, replicated gene copies on sister chromatids move to the same pole during anaphase I, as illustrated in fig. S7. In the example shown in fig. S7, one of the four generated gametes is AA, which would not occur in the ordinary bivalent meiosis, because in that case, paired chromosomes (involved in crossovers) are separated during anaphase I. The frequency of double reduction at a locus

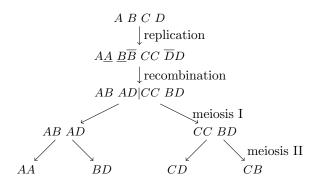


Figure S7: Schematic illustration of a meiotic division in an autotetraploid leading to double reduction at a locus with genotype ABCD. Two recombination events are assumed to occur at the locus (denoted by the bars).

in the presence of multivalent formation is hence determined by the frequency at which that locus is involved in a cross-over (which depends on the distance to the centromere), and has an upper bound at 1/6 [Stift et al., 2008].

When double reduction occurs, an ABCD genotype would generate 10 distinct gametes, as opposed to 6 in when chromosomes form bivalents. As a result, the segregation variance is increased by double reduction. For a random genotype $X_1X_2X_3X_4$, we can find the gametic segregation variance contributed by a locus when double reduction happens as

$$\mathbb{E}[\text{Var}[Y|X_1, X_2, X_3, X_4]] = \text{Var}[Y] - \text{Var}[\mathbb{E}[Y|X_1, X_2, X_3, X_4]]$$

$$= \text{Var}[2X] - \text{Var}\left[\frac{1}{4}(2X_1 + 2X_2 + 2X_3 + 2X_4)\right]$$

$$= 4v_x - \frac{1}{4}4v_x = 3v_x$$

where X denotes the additive effect of a random allele at the locus drawn from the reference population and $v_x = \text{Var}[X]$. In the absence of double reduction we have

$$\mathbb{E}[\text{Var}[Y|X_1, X_2, X_3, X_4]] = 2\text{Var}[X] - \text{Var}\left[\frac{1}{6} \sum_{i=1}^{3} \sum_{j=i+1}^{4} (X_i + X_j)\right] = v_x$$

Assuming that the probability of double reduction at any locus is α_4 , and summing over independent loci, we find that the gametic segregation variance in the presence of double reduction should be

$$V_{S(4,2)} = (1 - \alpha_4)V_{x,4} + 3\alpha_4 V_{x,4} = V_{x,4}(1 + 2\alpha_4). \tag{17}$$

where, again, $V_{x,4}$ is as defined in section S2.6.1.

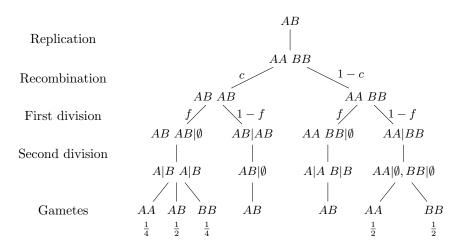


Figure S8: Schematic representation of the different pathways for unreduced gamete formation in diploids and their different outcomes.

Unreduced gamete formation in diploids. The mechanisms of unreduced gamete formation do not necessarily lead to a faithful transmission of the complete diploid genome. Unreduced gametes are formed in two ways, depending on the meiotic abberation that leads to their origin: (1) first division restitution (FDR) of (2) second division restitution (SDR) [Bretagnolle et al., 1995, De Storme and Geelen, 2013]. Consider a locus in a diploid with two distinct genes A and a. Assume recombination happens with probability c and that conditional on unreduced gamete formation, formation is due to FDR with probability f while it is due to SDR with probability f. The different unreduced gametes that are formed are represented schematically in fig. S8. Writing the genotype at a locus in the diploid parent as X_1X_2 , with allelic effects X_1 and X_2 , the genotypic value of an unreduced gamete at this locus will be

$$Y = \begin{cases} 2X_1 & \text{w.pr. } \alpha_2/2\\ 2X_2 & \text{w.pr. } \alpha_2/2\\ X_1 + X_2 & \text{w.pr. } 1 - \alpha_2 \end{cases}$$

where $\alpha_2 = 1 - f - c + \frac{3}{2}cf$ is the probability that two copies of the same gene end up in a diploid gamete produced by a diploid individual (see the diagram in fig. S8). Conditional on the latter event, we get

$$\mathbb{E}[\operatorname{Var}[Y|X_1, X_2]] = \operatorname{Var}[Y] - \operatorname{Var}[\mathbb{E}[Y|X_1, X_2]]$$
$$= \operatorname{Var}[2X] - \operatorname{Var}\left[\frac{1}{2}(2X_1 + 2X_2)\right]$$
$$= 2v_x$$

Conditioning on the complementary event, all gametes have genetic value $Y = X_1 + X_2$, so that the segregation variance is 0. Summing across independent loci, we have $V_{S(2,2)} = X_1 + X_2$

 $2\alpha_2 V_{x,2}$.

Meiosis in triploids. Triploids, when viable, may be important for the dynamics of mixed-ploidy populations due to the formation of a so-called triploid bridge. The formation of triploids presents no immediate issues, we simply need to track the segregation variance contributions from both donor gametes, and relate these to $V_{0,3}$. Sexual reproduction in triploids is however more complicated. There are no known mechanisms to coordinate the assortment of chromosomes in for instance a haploid and diploid gamete, and meiosis, if it happens, usually results in aneuploid gametes [Ramsey and Schemske, 1998].

Experimental results indicate that, at least in yeast, triploids usually form trivalents and undergo recombination, after which each trivalent is randomly assorted in the daughter cells, some receiving one, others two copies of a given chromosome [Charles et al., 2010]. In the absence of gametic nonreduction, the probability of obtaining euploid gametes (two diploid and two haploid gametes) from such a process is $(1/2)^n$, where n is the number of chromosomes. If the number of chromosomes is small this is not negligible, for instance in $Arabidopsis\ thaliana$ we would have $(1/2)^5 \approx 0.03$, which is of the same order as the unreduced gamete formation rate. Unreduced (triploid) gametes may also be produced and important for the dynamics of mixed-ploidy populations [Ramsey and Schemske, 1998]. However, they generate additional difficulty, since in order to compute the contributed variance under inbreeding, we would need an additional identity coefficient recording the probability that three genes are IBD at a locus. We will hence ignore the possibility of unreduced gamete production in triploids. We note that, on the supposition that diploid gametes are produced by random assortment of chromosomes in a haploid and diploid gametes, $\alpha_3 \leq 1/4$.

When a triploid produces a haploid gamete, we get as segregation variance at a single locus

$$\mathbb{E}[\text{Var}[Y|X_1, X_2, X_3]] = \text{Var}[Y] - \text{Var}[\mathbb{E}[Y|X_1, X_2, X_3]]$$
$$= v_x - \text{Var}\left[\frac{1}{3}(X_1 + X_2 + X_3)\right]$$
$$= v_x - \frac{1}{9}3v_x = \frac{2}{3}v_x$$

Summing over many loci, we have $V_{S(3,1)} = \frac{2}{3}V_{x,3}$. When a triploid produces a diploid gamete, we assume there is, as in diploids and tetraploids, a probability α_3 that the same gene copy ends up twice in the gamete. Conditional on this happening, we have

$$\mathbb{E}[\text{Var}[Y|X_1, X_2, X_3]] = \text{Var}[Y] - \text{Var}[\mathbb{E}[Y|X_1, X_2, X_3]]$$

$$= \text{Var}[2X] - \text{Var}\left[\frac{1}{3}(2X_1 + 2X_2 + 2X_3)\right]$$

$$= 4V_x - \frac{4}{9}3V_x = \frac{8}{3}V_x$$

Conditional on this *not* happening,

$$\mathbb{E}[\operatorname{Var}[Y|X_1, X_2, X_3]] = \operatorname{Var}[Y] - \operatorname{Var}[\mathbb{E}[Y|X_1, X_2, X_3]]$$

$$= 2V_x - \operatorname{Var}\left[\frac{1}{3}\left((X_1 + X_2) + (X_1 + X_3) + (X_2 + X_3)\right)\right]$$

$$= 2V_x - \frac{4}{9}3V_x = \frac{2}{3}V_x$$

Putting this together and summing over many loci, the segregation variance for a diploid gamete from a triploid individual would be

$$V_{S(3,2)} = \frac{8}{3}V_{x,3}\alpha_3 + \frac{2}{3}V_{x,3}(1-\alpha_3) = \frac{2}{3}V_{x,3}(1+3\alpha_3)$$

The different expressions for the gametic segregation variance in the mixed-ploidy model, adjusted for inbreeding, are summarized in table 2 in the main text.

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