

Learn**English** Teens

Vocabulary: Daily routine

Do these exercises to help you learn words to talk about what you do every day.

1. Check your vocabulary: picture matching

Write the correct verb phrase in the box below the picture.

go to bed	do homework	get up	have breakfast	have lunch	have dinner
brush your teeth	wake up	have a shower	go to work	go home	go to school



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1	You do this after a long day and just before you fall asleep.	a.	have dinner
2	You do this when your alarm clock goes off in the morning.	b.	go to school
3	You do this in the morning because it is the most important meal of the day.	C.	have a shower
4	You do this at the dinner table with your family.	d.	go to bed
5	You do this to make your body and hair clean.	e.	go home
6	You do this after you wake up.	f.	wake up
7	You do this so you can meet your friends and learn new things.	g.	have breakfast
8	You do this to learn after school.	h.	brush your teeth
9	Your dentist will be pleased if you do this twice a day.	i.	get up
10	You do this in the afternoon when your classes at school have finished.	j.	do homework

Match the vocabulary with the correct definition and write a-j next to the numbers 1-10.

3. Check your vocabulary: gap fill

Write the best word to complete the sentences.

1.	i usualiy	_ up at 6.00 a.m. when my alarm clock goes off.	
2.	I lunch i	n the school canteen at 1 p.m.	
3.	In my family we usually	dinner at about 6 p.m.	
4.	My school finishes at 3 p.m	. and then I home by bus.	
5.	On the weekends, I	to bed later than on weekdays.	
6.	My alarm clock goes off at 8	3 a.m. on Sunday but I don't	up until 8.30 a.m.
7.	I always	my teeth before I go to bed.	
8.	On weekdays, I	to school with my friends at 9.00 a.m.	

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4. Check your vocabulary: reordering

Write a number (1–9) to put these actions in the order of a normal day.

 have breakfast
 get up
 wake up
 have lunch
 go home
 go to school
 go to bed
 do homework
 have dinner

Discussion

What time do you wake up on school days?

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