

Freshman Retreat - October 27-29th

SCHEDULE FOR DEPARTURE on Friday, October 27th

1. Luggage will be stored on the 2nd-floor balcony **when you get to school on Friday 10/27**
2. Do **NOT** bring snacks for the weekend; you are not allowed to eat in the dorms or on the bus to/from Esopus. There will be plenty of food at meals and snack times.
3. After school, you will leave your bags/books/iPads in your locker – we will let you back in the building to get what you need when we return to school. We suggest leaving your cell phone at school, as you will not be able to use it in Esopus.
4. Please be quick about packing up and getting to the bus with your luggage, as we want to get on the road as quickly as possible. There will be afternoon traffic!



WHAT TO BRING (CHECKLIST)

- ✓ 2 twin sheets and a pillowcase **OR** a sleeping bag and pillowcase (The retreat house provides pillows and blankets.)
- ✓ Towel (Flip Flops for the shower are suggested)
- ✓ Toiletries – Toothbrush, Toothpaste, Soap, Shampoo, etc.
- ✓ Sneakers, casual clothing, sweatpants/sweatshirts
 - o **Don't bring it if you're unsure if it's appropriate.**
 - o Chaperones have the final determination on dress code violations, and students may be asked to change or be given something to wear if they do not follow dress code rules.
 - o The Retreat House is an old building; there is heat everywhere except in the gym, but it is expected to be a cold weekend, so layers are encouraged.
- ✓ Prescribed medication - **Please let us know ahead of time if there is medication you need to take at a specific time daily!**
- ✓ Optional - Esopus Shirts will be sold for \$25 for those interested – cash or card.

DO NOT OVERPACK – Bring essentials ONLY. There is limited space on the bus for luggage, so yours should be small to medium-sized.

CELL PHONES/BEHAVIOR

ALL SCHOOL RULES APPLY ON THIS RETREAT. Any students found violating handbook policies (cell phones, dress code violations, disrespect, etc.) will be referred to the Dean of Discipline upon return from the retreat.

We highly suggest leaving cell phones at school. They cannot be used during the retreat. In case of an emergency or updates, we will update parents/guardians via the Remind app. If you bring a cell phone to Esopus, we will need to collect it. We assume no responsibility for possible damage.

SCHEDULE FOR SUNDAY October 29th (Returning to Molloy)

We leave Esopus on Sunday 10/29 at 11 AM and should be back at Molloy by approximately 2:00 PM. We will send a message to parents/guardians from the bus with updated arrival times as we get closer to Molloy.

Please arrange ahead of time for pick-up on Sunday. All students must be picked up by a parent/guardian from Molloy. We ask that students inform an adult before leaving.

Students will be permitted back into the school when we arrive to collect their bags/books/iPad from their lockers.

Remind App/Emergencies

We will provide a daily update of arrivals, activities, and departure from Esopus. We will use the Remind app to send these reminders to parents. The instructions for joining are on the last page of this packet.

In case of an emergency, the phone number at Esopus is (845) 384-6620 or text/call Ms. Wilson (914)837-0199

For any questions, please email

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