

TOGETHER FOR TRANSFORMATION

21GNP301L- COMMUNITYCONNECTREPORT2024-2025

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BONAFIDE CERTIFICATE

Certified that 21GNP301L Community Connect report titled “TOGETHER FOR TRANSFORMATION: ENGAGING WITH FURIDA IN ACTION” is the bonafide work of “RAJ ARYAN DIXIT(RA2211003010856), ADITYA SINGH(RA2211003010817), SHIVANSH SHARMA(RA2211003010871), ARUSHI SINGH(RA2211003010847)” who carried out the community work under Anjali Foundation. Certified further, that to the best of my knowledge the work reported herein does not form any other report or dissertation on the basis of which a degree or award was conferred on an earlier occasion on this or any other candidate.

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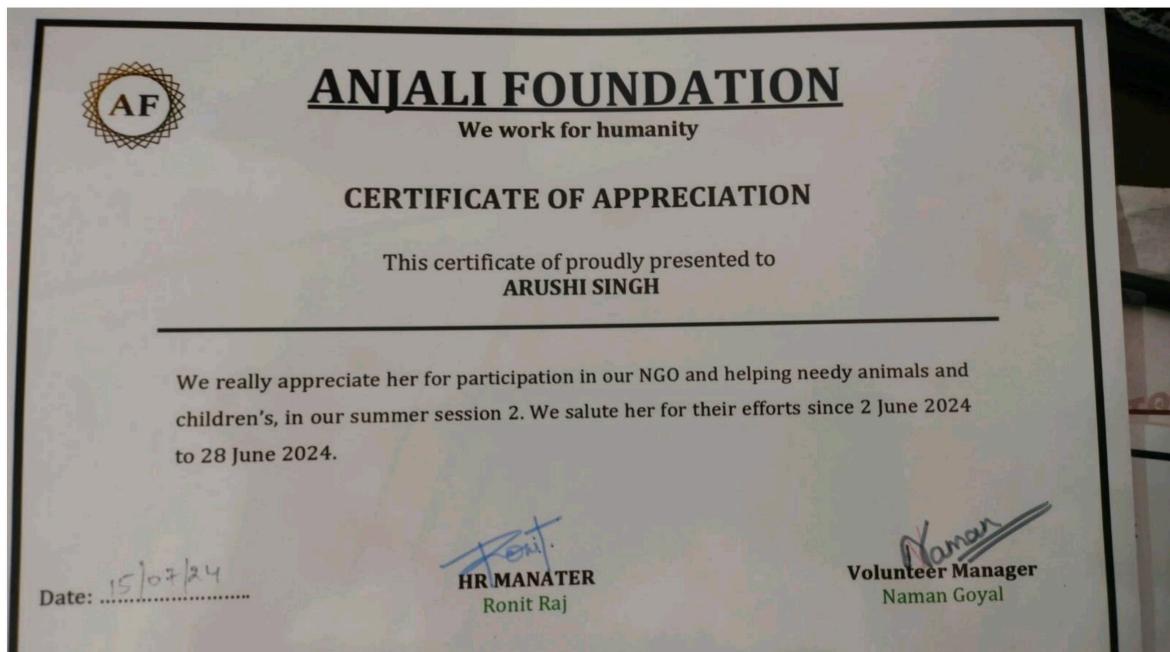
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LOG SHEET

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05/06/24	11:00 AM	2hr	Ayushi Singh Raj Aryan Dixit, Aditya Singh	Raj Aryan Dixit, Aditya Singh 29/06/2024
12/06/24	10:00 AM	3hr	Ayushi Singh Raj Aryan Dixit, Aditya Singh	Raj Aryan Dixit, Aditya Singh 29/06/2024
20/06/24	10:00 AM	3hr	Ayushi Singh Raj Aryan Dixit, Aditya Singh	Raj Aryan Dixit, Aditya Singh 29/06/2024
29/06/24	11:00 AM	3hr	Ayushi Singh Raj Aryan Dixit, Aditya Singh	Raj Aryan Dixit, Aditya Singh 29/06/2024

OBJECTIVES OF THE COMMUNITY CONNECT

The community connect event at "Shri Ram Audyogik Anathalaya" under the Anjali Foundation in Lucknow was a transformative initiative aimed at creating a significant and lasting positive impact on the lives of the children residing there. With a multifaceted approach, the event sought to address the various needs of these children—physical, emotional, educational, and social—thereby contributing to their holistic development. At the heart of the event was the recognition of the children's basic necessities; many of these children come from difficult backgrounds, and meeting their essential needs was a top priority. Volunteers worked tirelessly to provide nutritious meals, ensuring that the children received the nourishment essential for their growth and well-being. Sharing meals became a joyful communal experience, fostering a sense of belonging and care. Additionally, clothing was distributed, including warm jackets, shoes, and everyday wear, which not only provided comfort but also instilled a sense of dignity among the children. Beyond food and clothing, hygiene products and educational supplies were made available to further support the children in their daily lives and educational pursuits. This comprehensive provision aimed to alleviate some of the immediate burdens faced by the children, reinforcing the message that they are valued and cared for within their community. Emotional well-being was another critical aspect of the event, as many of the children have experienced trauma and loss. Volunteers engaged with the children through meaningful interactions, offering companionship, understanding, and trust. Activities were designed to encourage open communication, allowing the children to express their feelings and thoughts freely. This nurturing atmosphere helped to create a safe space where the children could share their experiences, fostering emotional resilience and a sense of security. Furthermore, the event included various educational activities and tutoring sessions aimed at inspiring the children and promoting a love for learning. Workshops were organized that encouraged creativity and critical thinking, making education enjoyable and accessible. These sessions were tailored to meet the children at their individual levels, helping them to set and pursue academic goals while cultivating a sense of achievement and motivation. By instilling a belief in the power of education, the event sought to empower the children to envision a brighter future for themselves. In addition to academic development, social skills were enhanced through group activities and games. These interactive experiences were designed to promote teamwork, communication, and collaboration among the children. By participating in group games, the children learned valuable interpersonal skills, such as conflict resolution and empathy, which are essential for building healthy relationships. The emphasis on social interaction not only boosted their self-esteem but also helped to foster friendships, creating a supportive peer network within the orphanage.

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CHAPTER 1

INTRODUCTION OF THE ORGANIZATION

About the organization:

Sai Seva Samithi Ramagundam is a distinguished non-profit organization rooted in the teachings of Sri Sathya Sai Baba, dedicated to serving humanity with love, compassion, and selflessness. Established in Ramagundam, Haryana, the Samithi has been a beacon of hope and service since its inception, embodying the values of universal brotherhood and spiritual upliftment. The event also played a vital role in raising awareness about the orphanage and the needs of its children. Community engagement was encouraged by inviting local members, organizations, and businesses to participate in the event. This approach aimed to foster a greater understanding of the challenges faced by the children, encouraging ongoing support and involvement from the community. By showcasing the orphanage's needs and the impact of community support, the event aspired to create lasting connections that would benefit the children long after the event concluded. Volunteers shared their experiences and stories, highlighting the importance of compassion and community involvement, and motivating others to contribute in whatever way they could.

Nature of activities of the organization:

Education forms a cornerstone of Sai Seva Samithi Ramagundam mission to empower individuals and foster community development. The Samithi supports educational institutions by providing scholarships, infrastructure development, and educational resources. It aims to ensure that children from all backgrounds have access to quality education, thereby equipping them for a brighter future. In the realm of healthcare, Sai Seva Samithi Ramagundam operates medical clinics and hospitals that provide essential healthcare services to the community. These facilities offer medical consultations, diagnostics, and treatment, ensuring that residents have access to comprehensive healthcare close to home. The Samithi also organizes health camps and awareness programs to promote preventive care and wellness among community members.

Need for choosing the organisation

Sai Seva Samithi Rama Gundam serves as a vital sanctuary for the elderly, committed to enriching their quality of life through a compassionate and holistic approach to care. Operating multiple old age homes and nursing facilities, the organization prioritizes the dignity, safety, and well-being of its residents. These facilities provide not only comfortable living spaces but also comprehensive medical assistance and personalized care plans tailored to the unique needs of each individual. Recognizing the importance of physical and mental health, the Samithi offers a range of engaging recreational activities, including yoga, gardening, arts and crafts, and music therapy, which foster social interaction and stimulate cognitive function among residents.

Emotional support is a cornerstone of the Samithi's mission. Trained counselors are readily available to provide companionship and guidance, helping seniors navigate the emotional challenges that often accompany aging. By fostering an environment of open communication and active listening, residents feel safe to express their thoughts and feelings, creating a culture of empathy and understanding. In addition, spiritual growth is integral to the Samithi's philosophy. Regular devotional gatherings, study circles, and spiritual talks are organized, promoting inner peace and a sense of purpose. These activities encourage residents to reflect on their lives, fostering deeper connections with themselves and their community.

Cultural events and festivals play a significant role in celebrating the rich diversity of the community. These gatherings not only promote unity and inclusivity but also reinforce the bonds between residents, allowing them to share their traditions and experiences. By creating a vibrant community atmosphere, Sai Seva Samithi cultivates a sense of belonging that is essential for emotional well-being.

CHAPTER 2

WEEK-WISE REPORT

WEEK 1:

Hours Spent: 6 hours

Shri Ram Audyogik Anathalaya begins with a strong emphasis on academic enrichment. Children participate in structured study sessions led by qualified teachers and volunteers. These sessions are tailored to meet the individual learning needs of each child, ensuring that they receive personalized academic support. Subjects covered include mathematics, language arts, science, and social studies. Through interactive lessons, educational games, and hands-on activities, children are encouraged to actively participate in their learning journey.



Fig 1



Fig 2



Fig 3

WEEK 2:

Hours Spent: 3 hours

Computer Literacy: Children learn basic computer skills such as typing, internet browsing safety, and introductory software applications. These skills are crucial in today's digital world and empower children to access educational resources and opportunities online. Gardening and Agriculture: Hands-on gardening activities teach children about plant care, sustainable farming practices, and the importance of environmental conservation. The physical exercise sessions were well-received by the residents, particularly those who felt isolated or inactive. The provision of fruits contributed to their nutritional intake, and the timely administration of medications ensured better health management.



Fig 4



Fig 5

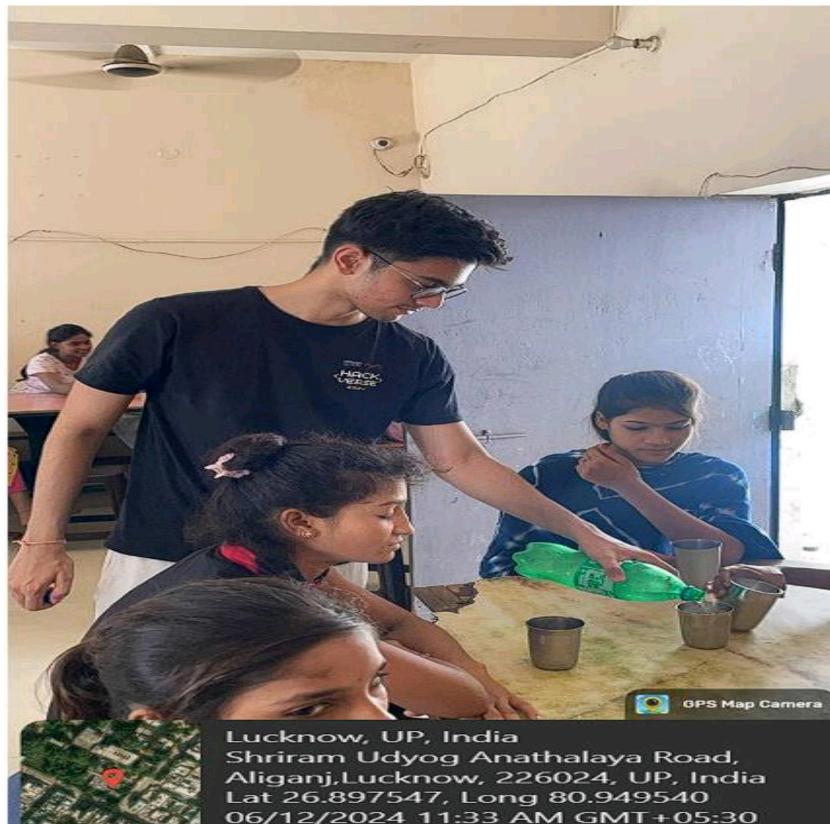


Fig 6

WEEK 3:

Hours Spent: 5 hours

Shri Ram Audyogik Anathalaya is centered around community engagement and fostering a sense of social responsibility among its residents. Children actively participate in various community service projects aimed at giving back to society and making a positive impact. These projects include environmental clean-up drives, volunteering at local shelters, and organizing awareness campaigns on important social issues. Through these activities, children learn the value of empathy, compassion, and civic duty, gaining firsthand experience in contributing to the welfare of their community. The continued provision of fruits contributed to their overall health, and the one-on-one interactions helped strengthen relationships with the residents, making them feel valued and connected.



Fig 7



Fig 8



Fig 9

CHAPTER 3

TANGIBLE LEARNING

Summary:

Tangible learning is a hands-on approach where students learn through direct experience and practical activities. This method significantly enhances teaching and supports students in school. Here's an in-depth look at how tangible learning contributes to education and the benefits it offers to students, the end users.

Additionally, I gained valuable knowledge about the specific health and emotional needs of the elderly population. Understanding the importance of nutrition, we provided various fruits daily, reinforcing the role of diet in maintaining health and well-being. Through regular counseling sessions and emotional support activities, children develop emotional resilience. They learn to manage their emotions, cope with stress, and build self-esteem. This emotional growth is evident in their improved behavior, increased confidence, and ability to form healthy relationships. Creative arts and therapeutic activities provide outlets for self-expression and healing, contributing to their overall mental well-being.

Children acquire practical life skills that are essential for their independence and daily living. Workshops on computer literacy, gardening, cooking, and basic vocational training equip them with knowledge and abilities that can be applied in real-world scenarios. These skills not only enhance their self-sufficiency but also open up future career opportunities, empowering them to lead independent and fulfilling lives. Participation in community service projects and educational field trips instills a strong sense of civic responsibility in the children. They learn the importance of giving back to their community, understanding social issues, and taking action to make a positive impact. This sense of civic duty is reflected in their proactive involvement in community initiatives, environmental conservation efforts, and social awareness campaigns.

Academic Impact: Participating in educational initiatives such as tutoring sessions or workshops allows students to contribute actively to the academic development of their peers or younger students. They gain insights into different learning styles and challenges, reinforcing their own academic knowledge and skills.

Benefits to the End Users:

The primary beneficiaries of our activities at the old age home were the elderly residents themselves. Our presence and the services we provided had several positive impacts on their well-being:

1. **Enhanced Nutritional Intake:** By providing various fruits, we helped improve the nutritional quality of their diets. This not only contributed to their physical health but also encouraged better eating habits among the residents. Many expressed enjoyment in the variety and freshness of the fruits, which often led to increased enthusiasm during meal times.
2. **Improved Medication Management:** Assisting with the timely administration of medications ensured that residents received the care they needed to manage chronic conditions effectively. This contributed to better health outcomes and reduced the risk of complications related to missed doses. The organization of medication schedules fostered a sense of security among residents, knowing that their health was being closely monitored.
3. **Social Interaction and Emotional Support:** Engaging with residents through conversations and personal care activities provided much-needed companionship. Many residents expressed feelings of loneliness, and our interactions helped alleviate some of this isolation. The simple act of listening to their stories and being present made them feel valued and respected, significantly boosting their emotional well-being.
4. **Holistic Care Approach:** Our efforts to collaborate with the staff and healthcare professionals demonstrated the importance of a holistic approach to elderly care. By addressing both physical and emotional needs, we contributed to creating a supportive environment that fosters well-being and dignity for the residents.

CHAPTER 4

STUDENT'S CONTRIBUTION

Team Member 1: Raj Aryan Dixit

Raj Aryan Dixit has distinguished himself as a natural leader and academic mentor among his peers. Known for his exceptional proficiency in mathematics and science, Raj dedicates his time to helping younger students who struggle with these subjects. He organizes small group tutoring sessions where he explains complex concepts with patience and clarity, using practical examples and interactive methods to make learning engaging. Raj's commitment to academic excellence has significantly boosted the academic performance of many students. His dedication to education and his willingness to support his peers have created a collaborative and supportive learning environment within the orphanage. Raj's initiative not only improves individual academic outcomes but also fosters a culture of mutual support and intellectual curiosity.



Fig 9



Fig 10



Fig 11

Team Member 2: Aditya Singh

Aditya Singh is known for his empathetic nature and strong communication skills, making him a key figure in the emotional well-being of his fellow residents. Aditya is actively involved in counseling sessions and group discussions, where he openly shares his own experiences and coping mechanisms, providing a relatable and comforting presence for others. Recognizing the need for peer support, Aditya initiated a peer support group where children can safely express their feelings and discuss personal challenges. His advocacy for mental health and emotional resilience has helped create a nurturing environment at Shri Ram Audyogik Anathalaya, where children feel heard and supported. Aditya's contributions have not only improved the emotional well-being of his peers but also promoted a culture of openness and mutual understanding.



Fig 12

Team Member 3: Shivansh Sharma

Shivansh Sharma is deeply passionate about community service and environmental conservation. As a leader of various community service projects, Shivansh organizes and participates in neighborhood clean-up drives, and volunteers at local shelters, demonstrating his commitment to social responsibility. He has also launched an awareness campaign on recycling and waste management within the orphanage, educating his peers about environmental sustainability. Shivansh's leadership in community service projects has inspired many children to actively participate in making a positive impact on their surroundings. His efforts not only contribute to the betterment of the local community but also instill a sense of civic duty and environmental stewardship in his peers.



Fig 13

Team Member 4: Arushi Singh

Arushi Singh possesses a deep appreciation for cultural heritage and a remarkable talent for performing arts. She has taken on the role of cultural ambassador, organizing cultural exchange activities and events that celebrate diversity and promote cultural understanding. Arushi coordinates dance workshops, traditional music performances, and cultural exhibitions, allowing children to explore and express their cultural identities. Her efforts have enriched the cultural experiences of her peers and fostered a sense of pride and respect for various cultural backgrounds. Arushi's leadership in cultural activities has helped create an inclusive and vibrant community at Shri Ram Udyogik Anathalaya, where children learn to appreciate and celebrate diversity.



Fig 14



Fig15



Fig 16

CHAPTER 5

CONCLUSION

NGOs rely heavily on community support to effectively fulfill their missions, and by actively engaging with local residents, they build trust and solidarity that encourages participation in their initiatives. This collaborative approach ensures that programs address genuine community needs, enhancing their impact and relevance. Community engagement also helps mobilize resources through donations, volunteer efforts, and in-kind contributions, allowing NGOs to strengthen their capacity to provide services to vulnerable populations and foster a sustainable model of support. Furthermore, NGOs advocate for social causes and policy changes that benefit the community, utilizing community engagement as a platform to raise awareness, mobilize public support, and influence decision-makers. This collective voice amplifies advocacy efforts, leading to systemic improvements that better address community concerns. Operating within diverse communities, NGOs promote cultural understanding and inclusivity, ensuring that their programs are culturally sensitive and responsive to local realities, which enhances their effectiveness. Sustainable development depends on community involvement and ownership of initiatives, and by building strong connections, NGOs can establish lasting partnerships that extend beyond immediate projects, ensuring ongoing support and promoting sustainable outcomes for future generations. Engaging with NGOs illustrates how individual actions can create meaningful impact, whether through direct service delivery, advocacy, or community organizing, reinforcing our role as agents of change and advocates for a more just and equitable society.