# Meraj Alam

Dedicated and detail-oriented pharmacy professional with hands-on experience in clinical and industrial settings. Pursuing a B. Pharm to enhance expertise in medication management, regulatory compliance, and pharmaceutical production. Adept at optimizing processes, ensuring quality assurance, and collaborating with healthcare professionals to improve patient care. Strong analytical and problem-solving skills with a commitment to safety and industry best practices. Seeking an opportunity to apply my knowledge and skills in a dynamic pharmaceutical environment, contributing to innovation, efficiency, and healthcare excellence.





MS Word

MS Excel

MS PowerPoint

Clinical Knowledge

Medication Management

Regulatory Compliance

Quality Assurance

Pharmaceutical Production

Process Optimization

Patient Counseling

Data Analysis

Inventory Management

Problem Solving

**Professional Communication** 

Team Collaboration



## **VOLUNTEER EXPERIENCE**

## Industrial Internship

Chalice Vital Chem Pvt. Ltd., Nalagarh, Baddi, Himachal Pradesh

06/2024 - 07/2024

Tasks/Achievements

- Gained practical exposure to pharmaceutical industry operations, regulatory standards, and workplace culture, ensuring smooth workflows, compliance with GMP guidelines, and operational efficiency in a fast-paced production setting.
- Assisted in manufacturing, packaging, and quality control processes, actively contributing to product integrity, safety compliance, and adherence to standard operating procedures.
- Took ownership of assigned tasks, ensuring accuracy in processes, maintaining detailed documentation, and minimizing errors to support transparency and efficiency in pharmaceutical production.
- Collaborated with cross-functional teams, followed strict safety protocols, and executed tasks with precision, contributing to quality assurance, process optimization, and continuous improvement in pharmaceutical operations.



#### A Review of Multi-Component Herbal Suspension for Diabetes Management

This project analyzes the effectiveness of multi-herbal suspensions in regulating blood sugar levels. It explores the mechanisms of action and the synergistic effects of different herbs. The review aims to enhance understanding of how herbal combinations improve glycemic control and patient outcomes.

#### Formulation and Evaluation of Polyherbal Suspension for Diabetes Management

This study focuses on developing a stable polyherbal suspension for diabetes treatment. It evaluates its pharmacological effects, glucose metabolism impact, and interactions with conventional diabetes medications. The research aims to assess its safety and potential for future clinical trials.



### **B. Pharm - Pursuing**

Dev Bhoomi Uttarakhand University, School of Pharmacy & Research

2021 - 2025

### **Higher Secondary**

Raja Ram Sah Collage, Raxaul, BSEB Patna

2021 60%

#### **Matriculation**

U.H.S High School, Nakardei, BSEB Patna

2019 60%



Attended a National webinar on Pharmacogenomics by Department of Pharmacy & IQAC, DBUU

(Apr 15, 2023).

Successfully completed the "Entrepreneurship Awareness Program" conducted by NIESBUD (MSDE India)

(May 14, 2024).

Attended an International Conference called "PC ISIT'25" by School of Pharmacy and Research, DBUU (Jan 18, 2025).

Participated in an NCB Campaign called "Say Yes to Life, No to Drugs" (Apr 30, 2024).

# A PERSONAL DETAILS

Father's Name: Rajaque Miyan

Nationality: Indian

Date of Birth: 05/08/2003

Gender: Male



English

Bhojpuri



Hindi