



Mohammed Saad Khan

Physical Education Teacher & Coach

17+ Years of Experience

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Location: Muscat, Oman



Work Experience

- **PE Coach, Muscat (Oman)** [Nov 2018 - Present]
 - Beaconhouse School - [Feb 2020 – Present]
 - Khalili Recreation & Health Centre - [Jan 2020 – Jan2022]
 - A'soud Global School - [Jan 2020 - Mar 2020]
 - Al Falaj Aitken Spence Hotels - [Feb 2019 - May 2019]
 - Private Lessons with VIP Clientele - [Feb 2019 - Present]
- **Petroleum Development of Oman (PDO, Muscat)** [Jun 2013 - Nov 2018]
 - Managed multiple PE classes at Ras-al-Hamra Recreation Centre.
 - Daily Activities (Morning & Evening):
 - a) Morning batch: Ladies Tennis sessions.
 - b) Evening batch: Kids, Families & Executives.
 - c) Mixed batch (All age groups): 170+ students.
 - Weekly Activities:
 - a) Tot's Tennis - U10 (Twice a week): 4-6 Students/Session
 - b) Ladies Morning (Twice a week): 12-15 Ladies/Week
 - c) Tennercise [Cardio Tennis] (Once a week): 6-8 Adults/Week
 - d) Junior Camp (Once a week): 15+ Students/week
 - Annual Activities:
 - a) Annual Multi-Sports Summer Camp: ~ 50 Kids/Camp.
 - b) Annual Multi-Sports Easter Week Camp: ~ 50 Kids/Camp.
 - Encouraging members & Families to get involved in Tennis activities.
 - Maintaining lesson schedules & their attendance records.
- **Delhi Public School, Bhopal** [Jun 2011 - May 2013]
 - Coached 500+ students yearly, built & travelled with the school team.
 - Assisted & supplemented various PE activities throughout the school.
- **Founder of "Achievers Tennis Classes"** [Feb 2012 - May 2013]
 - Private coaching classes for School, State & National level players.
 - Trained all types of students, from Beginner to Competitive.
 - Venues: Arera Club & IPC College, Bhopal.
- **Sports Authority of India (SAI)** [2010]
 - Organised Summer Tennis Coaching Camp, Bangalore.
- **Commonwealth Games, Tennis Result Assistant** [2010]
 - Prepared match statistics & data for coaches and players, Delhi
- **Delhi Public School (CBSE Board), Bhopal** [Apr 2009 - Jun 2010]
 - Designed & developed Tennis Lessons for PE classes for all ages
 - Inspired students to opt for Tennis as a Sport, resulting in a huge success.
- **The Sanskaar Valley School (ICSE Board)** [Jun 2007 - Mar 2008]
 - Initiated & developed Tennis in the school from 0 to 200+ students.
 - 1st Successful Inter-Class Tennis tournament, organised & executed.



Qualifications

- **Padel Coaches Registry (PCR)**
Dubai, UAE - 2022
- Padel Coach Level II Certification
- **Professional Tennis Registry (PTR)**
Phuket, Thailand - 2018
- Junior Development Certification Workshop.
- 10&Under Workshop.
- **CPR, AED & First Aid**
- Health & Safety Institute, Muscat 2018
- American Heart Association, Muscat 2016
- **Professional Tennis Registry (PTR)**
Dubai - 2012
- 10&Under Workshop.
- Cardio Tennis Workshop.
- **Bachelors, Physical Ed.,** 2011-12
- Bhopal School of Social Science, BU Bhopal.
- **PG Diploma in Sports Coaching,** 2010-11
- Sports Authority of India, Bangalore
- Netaji Subhas Institute of Sports (NIS)
- **ITF & AITA,** India - June 2010
- Play & Stay (10&U ITF program)
- AITA L 2, equivalent to ITF Level 1
- **Bachelors of Commerce** - 2005-08
- Bhopal School of Social Science, BU Bhopal.



Coaching Achievements

- Students participated in RAHRC Junior Tournaments, Open & School Leave Tournaments, secured "**Winner**" and "**Runner Up**" Positions from 2015 to date in Oman & Abroad.
- "**2nd Runner Up**" Team of National Inter-DPS Society Tennis Tournament (U14) Gandhinagar, Gujarat 2012
- "**Gold Medalist Team**", Inter-School Bhopal Tournament. 4 players selected for Inter-State Tournament of School Games Federation of India (SGFI), 2012
- "**Overall Champion**", Inter-School Tennis Championship by The Mayo School 2011



Personal Achievements

- All India Inter-University Tennis Tournament - 2006,07,08
- “**Sports Achiever**” Award of BSSS College, Bhopal 2007-08
- BHEL Trophy Tennis Tournament, secured **3rd Rank**, Bhopal 2003-04
- M.P State Tennis Tournaments (Main Draw Player) 2002, 03, 04
- Open National of AITA Tennis Championship Bangalore 2003
- DSCL Open National Tennis Tournament, New Delhi 2002
- “**Winner**”, 48th School State Tennis Tournament, Indore 2002-03
- “**HINDUSTAN TIMES Pace Scholars**” Award 2002
- “**Gold**” Inter-School Taekwondo Championship 2002
- “**Bronze**” 16th M.P State Taekwondo Championship 2002
- “Silver” Invitation Taekwondo Club Tournament 2001
- “**Runner Up**”, School State Tennis Tournament, Gwalior 2001



Professional Summary

- **Accredited PE Coach** with 17.6 years of extensive coaching experience.
- Proficient in **Jonas Software** for billing & court bookings.
- Training individuals with specific skill sets, involving knowledge of **Biomechanics** and **Sports Physiology**.
- Involved in designing **Holistic training programs** for tennis players at **all levels** of the sport.
- Exemplary skills in managing **multiple client schedules** and cordial relations with members & potential leads.
- Strove hard to create a **welcoming atmosphere** for all members (both recreational & serious players) to **grow & progress** on the court.



About Me

- **Goal-oriented**, efficient and resourceful professional.
- Excellent **communication, coaching** & team building skills.
- Great passion, enthusiasm & respect for all sports and outdoor activities (**Physical Education, Padel & Tennis**).
- Outstanding **problem analysis & problem-solving** abilities
- Receptive with a broad approach to **innovation & feedback**.
- Specialist in working with students of various ages/genders/socio-cultural backgrounds.
- Organised and **dedicated** towards work in all scenarios.



Developments

- **Safety at Work** workshop
PDO, Muscat Oman
- **Physical Ed & Health workshop**
DPS Society, New Delhi - 2012
- **Adolescence Education Programme**
CBSE Board, Delhi - 2012
- **Physical Conditioner Training Programme** in SAI, during NIS Diploma, July 2010 to March 2011
- **Tennis Officiating Course** by SAI, Bangalore - December 2010



Contact Me

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References

- References available upon request. Please get in touch if required.