**Evaluation Sheet Rapid Upper Limb Asessement Using MediaPipe**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Working Detail** | | | **Working Posture** | | |
|  | | |  | | |
| **Locate Upper Arm Position** | | | **Locate Neck Position** | | |
| Upper Arm Angle | {{shoulder\_angle}} | {{upper\_arm\_score}} | Neck Angle | {{neck\_angle}} | {{neck\_score}} |
| Adjust |  | | Adjust |  | |
| Upper Arm Score | {{total\_upper\_arm\_score}} | | Neck Score | {{total\_neck\_score}} | |
| **Locate Lower Arm Position** | | | **Locate Trunk Position** | | |
| Lower Arm Angle | {{elbow\_angle}} | {{lower\_arm\_score}} | Trunk Angle | {{trunk\_angle}} | {{trunk\_score}} |
| Adjust |  | | Adjust |  | |
| Lower Arm Score | {{total\_lower\_arm\_score}} | | Trunk Score | {{total\_trunk\_score}} | |
| **Locate Wrist Position** | | | **Legs** | {{legs\_position}} | |
| Wrist Angle | {{wrist\_angle}} | {{wrist\_score}} | **Posture Score B** | | |
| Adjust |  | | {{Tabel\_b}} | | |
| Wrist Score | {{total\_wrist\_score}} | | + | | |
| **Wrist Twist** | {{wrist\_twist}} | | **Add Muscle Use Score** | | |
| **Posture Score A** | | | {{add\_muscle\_b}} | | |
| {{Tabel\_a}} | | | + | | |
| + | | | **Add Force/Load Score** | | |
| **Add Muscle Use Score** | | | {{add\_force\_b}} | | |
| {{add\_muscle\_a}} | | | = | | |
| + | | | **Neck, Trunk, Leg Score** | | |
| **Add Force/Load Score** | | | {{final\_tabel\_b}} | | |
| {{add\_force\_a}} | | |
| = | | |
| **Wrist & Arm Score** | | |
| {{final\_tabel\_a}} | | |
| **Final Score** | {{Tabel\_c}} | | {{final\_score}} | | |