

## 6to16 Lesson Plan

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### My Success Plan

Use the form below to identify a long-term goal and the short-term goals you need to reach along the way.

#### Set Your Long-Term Goal

1. What is your long-term goal? *TIP: Choose something you want to accomplish at least a year in the future.*

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2. Explain why this goal is important to you.

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3. Is it a personal, professional, or academic goal? *Remember: Some goals can be more than one, or even all three!*

☐ Personal

☐ Professional

☐ Academic

4. Set a date for achieving this long-term goal. \_\_\_\_\_

5. How will you know when you have accomplished this goal?

*Example: Receive a letter of acceptance from your reach school.*

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#### Set Your Short-Term Goal(s)

6. What is a short-term goal(s) that will help you reach your long-term goal?

a. \_\_\_\_\_

b. \_\_\_\_\_

c. \_\_\_\_\_

d. \_\_\_\_\_

#### Support System

7. Who can help you achieve these goals? (Parents, Mentors, Teachers, Coaches, Friends)

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### Break Down Each Short-Term Goal

**Short-term Goal A:** \_\_\_\_\_

Explain how this short-term goal will help you meet your long-term goal.

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Set a date for achieving this short-term goal. \_\_\_\_\_

Identify any action steps you need to take to meet this short-term goal.

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

How will you know when you have accomplished short-term goal A?

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**Short-term Goal B:** \_\_\_\_\_

Explain how this short-term goal will help you meet your long-term goal.

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Set a date for achieving this short-term goal. \_\_\_\_\_

Identify any action steps you need to take to meet this short-term goal.

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

How will you know when you have accomplished short-term goal B?

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## 6to16 Lesson Plan

**Short-term Goal C:** \_\_\_\_\_

Explain how this short-term goal will help you meet your long-term goal.

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Set a date for achieving this short-term goal. \_\_\_\_\_

Identify any action steps you need to take to meet this short-term goal.

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

How will you know when you have accomplished short-term goal C?

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**Short-term Goal D:** \_\_\_\_\_

Explain how this short-term goal will help you meet your long-term goal.

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Set a date for achieving this short-term goal. \_\_\_\_\_

Identify any action steps you need to take to meet this short-term goal.

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

How will you know when you have accomplished short-term goal D?

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