



WALTER LOWI SPRINT SWIM MEET– 2005

ASAJ SANCTION #	20520
VENUE:	National Stadium Pool
DATES & TIMES:	Saturday November 12, 2005 8:30 AM – Session 1 4:30 PM - Session 2 Pool will be open 1½ hrs before session start time
ELIGIBILITY:	All Clubs and Swimmers, in good standing, registered with the ASAJ or other FINA affiliated Federations. Ages for the meet shall be as of midnight December 31, 2004
ENTRY LIMITS:	Number of events per swimmer: 11 & Over – 5 events 10 & Under – 4 events
ENTRY FEES:	JA\$60.00 (for ASAJ registered swimmers) or US\$2.00 per individual event).
RULES:	FINA Rules and ASAJ Bye-Laws in force at the time of the competition will apply. Except as modified in this summons, FINA Masters Rules will apply to Masters events. See additional Rules and Regulations on next page.
PROGRAMME:	See attached.
REGISTRATION:	The ASAJ register closes at 4:00 p.m. on Friday October 21, 2005
ENTRY DEADLINE:	4:00 PM on Friday, October 28, 2005. Entries are to be delivered to the ASAJ Office or the ASAJ Mail Box at the National Stadium Pool. Entries are preferred on diskette using Hy-Tek software. Deliver as indicated above or email to asaj@cwjamaica.com or knangle@jpsco.com .
Note:	
1. ENTRY FEES MUST BE PAID BEFORE START OF MEET	
2. ENTRY TIMES MUST BE INCLUDED ON THE ENTRY FORM	

RULES AND REGULATIONS

1. P.A. System is to run the meet - primary mike will be for the starter and announcer.
2. **ASAJ Clubs are required to provide volunteers to act as timekeepers and perform other functions essential to the smooth running of the competition.** Names of volunteers must be submitted to the ASAJ Office no later than 4 days before the start of the competition. Volunteers **MUST** report to the Meet Director at least **45 minutes** before the start of the session. **Clubs that do not provide the following minimum number of volunteers will not be allowed to participate in the competition;**
 - ❖ 1-10 swimmers entered – 1 volunteer per session
 - ❖ 11-20 swimmers entered – 4 volunteers per session
 - ❖ 21-40 swimmers entered – 5 volunteers per session
 - ❖ 41 and Over – 8 volunteers per session

MARSHALLING

1. There will be no Marshalling area for the meet. The next heat must be behind the blocks while the current heat is in progress.
2. The coaches are responsible to get their swimmers to the starting block. It is the responsibility of the swimmer to swim in the correct lane and heat assigned to him. If a swimmer swims in the wrong lane or heat then the swimmer will automatically be disqualified.
3. Once the swimmers are under the starter's orders and he has taken control of the race (after second whistle) no swimmer may then enter the race. If this occurs the swimmer will be disqualified and not allowed to swim.

ENTRIES AND RESULTS

1. Competitors will only be allowed to swim in their age group.
2. Scratches are allowed at any time.
3. Masters Records will be records according to the FINA Masters age groupings.

AWARDS AND POINTS

1. Points for each event will be awarded as follows: 9,7,6,5,4,3,2,1 for places first to eighth respectively.
2. A performance trophy will be awarded to the male and female swimmer in each age group who has the best performance swim (based on FINA points).
3. Masters Swimmers will be scored in the following age groups: 25-34, 35-44, 45-54 etc.
4. Team trophies will be awarded to the 1st, 2nd and 3rd place Clubs.
5. Ribbons will be awarded to the first eight places in each event.

END

**PROGRAMME OF EVENTS FOR WALTER LOWI SPRINT MEET
NOVEMBER 12, 2005**

SESSION 1: 8.30 AM

1-2	50 M	BUTTERFLY	F/M	11-12
3-4	50 M	BUTTERFLY	F/M	13-14
5-6	50 M	BUTTERFLY	F/M	15 & OVER
7-8	50 M	BUTTERFLY	F/M	8 & Under
9-10	50 M	BUTTERFLY	F/M	9-10
11-12	100 M	BACKSTROKE	F/M	11-12
13-14	100 M	BACKSTROKE	F/M	13-14
15-16	100 M	BACKSTROKE	F/M	15 & OVER
17-18	50 M	BACKSTROKE	F/M	8 & UNDER
19-20	50 M	BACKSTROKE	F/M	9-10
21-22	50 M	BREASTSTROKE	F/M	11-12
23-24	50 M	BREASTSTROKE	F/M	13-14
25-26	50 M	BREASTSTROKE	F/M	15 & OVER
27-28	100 M	FREESTYLE	F/M	11-12
29-30	100 M	FREESTYLE	F/M	13-14
31-32	100 M	FREESTYLE	F/M	15 & OVER

SESSION 2: 4.30 PM

33-34	50 M	BREASTSTROKE	F/M	MASTERS
35-36	100 M	BUTTERFLY	F/M	11-12
37-38	100 M	BUTTERFLY	F/M	13-14
39-40	100 M	BUTTERFLY	F/M	15 & OVER
41-42	100 M	FREESTYLE	F/M	10 & UNDER
43-44	50 M	BACKSTROKE	F/M	MASTERS
45-46	50 M	BACKSTROKE	F/M	11-12
47-48	50 M	BACKSTROKE	F/M	13-14
49-50	50 M	BACKSTROKE	F/M	15 & OVER
51-52	50 M	FREESTYLE	F/M	MASTERS
53-54	50 M	BREASTSTROKE	F/M	8 & UNDER
55-56	50 M	BREASTSTROKE	F/M	9-10
57-58	100 M	BREASTSTROKE	F/M	11-12
59-60	100 M	BREASTSTROKE	F/M	13-14
61-62	100 M	BREASTSTROKE	F/M	15 & OVER
63-64	50 M	BUTTERFLY	F/M	MASTERS
65-66	50 M	FREESTYLE	F/M	8 & Under
67-68	50 M	FREESTYLE	F/M	9-10
69-70	50 M	FREESTYLE	F/M	11-12
71-72	50 M	FREESTYLE	F/M	13-14
73-74	50 M	FREESTYLE	F/M	15 & OVER