



ASAJ MIDDLE DISTANCE DEVELOPMENT MEET
FEBRUARY 4, 2005

ASAJ SANCTION #: 40509

VENUE: National Stadium Pool (50M)

DATE & TIME: Friday February 4, 2005 – 5.00 PM

Pool will be opened for warm-up 1½ hours before starting time.

ELIGIBILITY: Ages for the meet shall be as of midnight December 31, 2004.

ENTRY LIMITS: **Individual Entries** – Maximum one (1) event for 10 & under swimmers and two (2) events for 11 & over swimmers.

ENTRY FEES: JA\$150.00 per swimmer, to be paid at gate on entry.
SPECTATORS - \$100

RULES: FINA Rules and ASAJ Bye-Laws in force at the time of the competition will apply.

ENTRY DEADLINE: Entries will be taken at the National stadium Pool between 2.00 – 3.30pm on Friday February 4th. Pre - entries may be done on Hy-Tek and e-mailed to asaj@cwjamaica.com by Thursday February 3rd, 2005. All swimmers must do a positive check in by 4.30pm, or they will be scratched from the event.

FOOD AND DRINK WILL BE ON SALE

ORDER OF EVENTS

1-2	200M BUTTERFLY	11 & OVER
3-4	200M FREESTYLE	10 & UNDER
5-6	200M FREESTYLE	11 & OVER
7-8	200M BREASTSTROKE	11 & OVER
9-10	200M INDIVIDUAL MEDLEY	10 & UNDER
11-12	200M BACKSTROKE	11 & OVER
13-14	200M INDIVIDUAL MEDLEY	11 & OVER