AMATEUR SWIMMING ASSOCIATION OF JAMAICA

Individual Meet Results

09FGLongCourseJO-072309-PST 23-Jul-09 to 26-Jul-09 LC Meters

Location: Plantation - Sunrise

Time	F/P/S	Event		Place	Points	Improv
DANIA BANI	KS (15) F (C9)					
NS	P # 21A	Female 15-16 50 BREAST	PST-FG			
NS	F # 85A	Female 15-16 200 BREAST	PST-FG			
NS	F # 93A	Female 15-16 50 FREE	PST-FG			
NS	P # 131A	A Female 15-16 100 FREE	PST-FG			
NS	P # 139A	A Female 15-16 100 BREAST	PST-FG			
VICTORIA H	O (16) F (CT)					
37.21L	F # 21A	Female 15-16 50 BREAST	LLL-FG	7	2	1.07
37.56L	P # 21A	Female 15-16 50 BREAST	LLL-FG	5		1.42
2:10.34L	F # 29A	Female 15-16 200 FREE	LLL-FG	4	5	-0.93
2:11.70L	P # 29A	Female 15-16 200 FREE	LLL-FG	2		0.43
5:26.04L	F # 45A	Female 15-16 400 IM	LLL-FG	8	1	0.20
28.74L	F # 93A	Female 15-16 50 FREE	LLL-FG	10		0.10
4:40.31L	F # 97A	Female 15-16 400 FREE	LLL-FG	4	5	1.97
2:34.34L	P # 123A	A Female 15-16 200 IM	LLL-FG	4		0.02
2:34.45L	F # 123A	A Female 15-16 200 IM	LLL-FG	4	5	0.13
1:01.51L	F # 131A	A Female 15-16 100 FREE	LLL-FG	8	1	-0.07
1:01.56L	P # 131A	A Female 15-16 100 FREE	LLL-FG	8		-0.02
DOMINIC WA	ALTER (16) M	(C9)				
9:07.67L	F # 2B	Male 15-16 800 FREE	UN-28-FG	7	2	8.27
2:08.05L	P # 30A	Male 15-16 200 FREE	UN-28-FG	19		4.04
5:06.72L	F # 46A	Male 15-16 400 IM	UN-28-FG	9		9.10
4:20.17L	F # 98A	Male 15-16 400 FREE	UN-28-FG	5	4	4.81
2:20.08L	F # 112A	A Male 15-16 200 FLY	UN-28-FG	3	6	6.91
2:21.41L	P # 112A	A Male 15-16 200 FLY	UN-28-FG	9		8.24
RAMON WAI	LTON (17) M	(C9)				
2:16.72L	F # 16B	Male 17-19 200 BACK	SAS-FG	5	4	-0.92
2:19.58L	P # 16B	Male 17-19 200 BACK	SAS-FG	6		1.94
27.58L	P # 38B	Male 17-19 50 FLY	SAS-FG	9		-0.09
27.98L	F # 64	200 Medley Relay Lead Off	SAS-FG			-0.72
1:00.23L	F # 72B	Male 17-19 100 FLY	SAS-FG	7	2	-0.25
28.73L	F # 80B	Male 17-19 50 BACK	SAS-FG	1	9	0.03
25.29L	F #106	200 Free Relay Lead Off	SAS-FG			-0.85
1:01.35L	F #120I	B Male 17-19 100 BACK	SAS-FG	2	7	-0.98
1:02.15L	P # 120I	B Male 17-19 100 BACK	SAS-FG	2		-0.18
55.29L	P # 132I	3 Male 17-19 100 FREE	SAS-FG	12		-2.64