## **BLONDELL IS NUMBER ONE**

## Caryle Blondell



Tim Binning/TheSwimPictures.com

On Friday November 1 in Chapel Hill North Carolina the University of Louisville's Caryle Blondell powered his way to the top the 100 yard freestyle rankings.

Swimming in a two day meet against the University of North Carolina the powerfully built Blondell cracked 21.19 (24.36 Long Course Metres) for his first 50 yards. This was just .01 of a second ahead of his Brazilian teammate Joao De Lucca. De Lucca has had the edge over his teammate since the start of the season but the man from San Fernando Hill would not be denied as he took the win in 43.85 (50.23LCM). That time has Blondell as the fastest man over the 100 yards freestyle so far in the season and a NCAA Division 1 B standard. Joao booked his spot as runner up to Caryle in the race and the nation with his clocking of 43.91(50.30 LCM) also under the B standard of 44.29.

Blondell earlier notched a win in the 200 yard freestyle relay. Leading off in **20.00** (**22.99LCM**) he was under the under the B standard for the 50 yard freestyle of **20 .19** (**23.21LCM**). The Cardinals A team took the win easily touching in a total time of 1:20.67 to UNC "s A team 1:21.93.

| In his final event of the day the Trinidad and Tobago sprinter anchored the Cardinals B to fourth in the                 |
|--|
| 400 yard medley relay in 3:18.95. Caryle had the fastest freestyle leg of the field clocking <b>43.70</b> ( <b>50.06</b> |
| LCM).  |
|  |
|  |
|  |
|  |
|  |
|  |
| Day 1 results  |
| http://www.goheels.com/ViewContent.dbml?SPSID=667876&SPID=12970&DB_LANG=C&SITE=UN  |
| C&DB_OEM_ID=3350&CONTENT_ID=826248   |
|  |
|  |
| Contributed by   |
| Anthony Morrison-Vincent   |
|  |
|  |
|  |

## **BLONDELL'S GOOD FORM CONTINUES**

## Caryle Blondell



http://www.gocards.com

On day 2 of University of Louisville meet against the University of North Carolina Caryle Blondell continued to feature on the podium and prove why he is among the best sprinters in the NCAA.

He gave the Cardinals A team an unassailable lead in the 400 yard freestyle when he clocked **44.32** (**50.77 Long Course Metres).** That leg was the fastest opening split of the field He gave his team an advantage of more than one a second. The A team would go on to win 2:58.62 with UNC B second in 2:59.31.

In the 200 yard medley he again had the fastest freestyle anchor split with his time of **19.65 (22.59LCM)** to help close the gap on eventual winners UNC B 1:29.14 to 1:29.29.

His only non podium finish was unexpectedly in the 50 yard freestyle where he clocked **22.96** (**26.39 LCM**).

His current form augurs well for the Trinidad and Tobago team to challenge for the medals in the 400 freestyle relay at the upcoming CAC and Commonwealth Games

| Complete | Meet | results |
|----------|------|---------|
|----------|------|---------|

http://www.goheels.com/ViewContent.dbml?DB\_OEM\_ID=3350&CONTENT\_ID=826446

Contributed by

Anthony Morrison-Vincent