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**PRESS RELEASE**

**JAMAICAN SWIMMERS MINE GOLD AND RECORD ON DAY 1 OF CARIFTA SWIMMING CHAMPIONSHIPS**

On the Opening Day of the CARIFTA Swimming Championships, Jamaica opened its medal count in fine style with 2 Gold, 3 Silver and 2 Bronze. Kendese Nangle set a new Games and National Age Group record in the 13 -14 Girls 50M Backstroke in a time of 32.03 seconds against the previous Games record of 32.06. Dominic Water also set a new National Age Group Record in the 15-17 Boys 1500M Freestyle, when he broke the 30-year record of Andrew Phillips (16.54.90) and claimed gold in a time of 16:42.82.

Other medal winners on the Opening Day were:

Victoria Ho, silver – 13-14 Girls 800M Freestyle in a time of 9:42.48

Breanna Roman, silver – 11-12 Girls 200M Breaststroke in a time of 2:59.37

Ramon Walton, silver – 15-17 Boys 50M Backstroke in a time of 28.77

Dominique Dawson, bronze – 15-17 Girls 100M Butterfly in a time of 1:08.09,

and bronze for the team of Victoria Ho, Raynae Hall, Kendese Nangle and Alexia Royal-Eatmon in the 13-14 Girls 4 x 100M Freestyle Relay.

Thirty (30) events are scheduled for today, Day II with the preliminaries in the morning and the finals set to start at 5:00 p.m.

**END**

Submitted by:

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Hon. Secretary