

AMATEUR SWIMMING ASSOCIATION OF JAMAICA

PRESS RELEASE

"AB" SHORT COURSE SWIM MEET

The Amateur Swimming Association of Jamaica will open this season's competitions with the staging of the **"AB" Short Course Swim Meet** held from Friday, October 21st to Sunday, October 23, 2005 at the National Stadium Pool. The Meet has attracted approximately 350 swimmers from 9 Clubs –Y-Speedos, Blue Seals, Electric Eels, Dolphins, Flying Fish, Marlins, Montego Bay unattached. Headed by defending champions Tornadoes Swim Club.

The Meet will be used as a local qualifier for swimmers preparing for the 2006 CARIFTA Swimming Championship to be held in Barbados. The sessions will commence as follows:

Friday - Evening session	6.00pm
Saturday – Morning Session	8:30 a.m.
Saturday – Afternoon Session	4:30 p.m.
Sunday	9:00 a.m.

For further information, please contact Swimming National Technical Director, Jacky Walter at 330-4496.

*Submitted by: Faith Palmer, 332-6319
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