17TH AQUATIC CENTRE INTERNATIONAL 2008

SPONSORED BY THE BARBADOS OLYMPIC ASSOCIATION & POWERED BY POWERADE

---INFORMATION SHEET----

ATTENTION: CLUB PRESIDENTS, COACHES, TEAM MANAGERS

DATE: April 9, 2008

WELCOME TO THE 17TH ANNUAL AQUATIC CENTRE INTERNATIONAL It is a pleasure once again to host this event and to have you visit with us. We look forward to keen and exciting competition.

The meet has been arranged in 3 sessions:

FRIDAY – MAY 30TH: Warm up starts at 3:30 PM and concludes at 4:45 PM. The opening ceremony starts at 5:00 PM with a parade of participating teams. Teams are asked to assemble before 5:00 PM in the car park to begin the parade through the gate closest to the learn to swim pool. Teams will assemble on the far side of the pool facing the seating area immediately in front of the electronic clock display board. The competition starts at 5:20 PM.

SATURDAY, MAY 31ST: Warm up starts at 7:30 AM and concludes at 8:45 AM

SUNDAY, MAY 27: Warm up starts at 7:00 AM and concludes at 8:15 AM.

Warm up may continue in the 25 M pool.

LANE ALLOCATION:

PLEASE NOTE THAT THE WARM UP ROUTINE WILL BE AN OPEN LANE FORMAT. PACE LAPS WILL TAKE PLACE IN THE INNER LANES WITH SPRINTING IN LANES 1 & 8 BEGINNING 30 MINUTES BEFORE THE CLOSE OF WARM UP EACH DAY. SPRINTING WILL START FROM THE NORTHEND OF THE POOL (END CLOSES TO THE 25 M POOL). The MC will announce when sprinting should begin.

As a result of the large number of swimmers using the pool no flippers or zoomers will be allowed during the warm up on account of the high risk of injury these aids pose to other swimmers

Coaches your cooperation is solicited in ensuring that the 25 M pool is used ONLY as a warm up/down area and not a play area by the junior swimmers. This will take some effort on your part, but we believe that it will enhance the proper use of the pool.

ENTRY TO THE COMPETITION AREA: All swimmers and Coaches are required to enter the pool area through the main gate. Arm bands will be issued to Coaches assigned to the teams. Clubs are asked to identify their coaches. Two non-paying coaches are allowed per team. All other persons are required to make the door entry contribution.

CLERK OF COURSE:

SWIMMERS ARE ASKED TO REPORT TO THE CLERK OF COURSE/ SWIMMERS' WAITING AREA 4 HEATS BEFORE THEIR RACE. DUE TO THE 'OVER THE HEAD START PROCEDURE' HEATS WILL BE IN QUICK SUCCESSION. SWIMMERS NOT CHECKED IN WITH THE CLERK OF COURSE WILL NOT BE ALLOWED TO PARTICIPATE IN THE RACE. TIME CARDS WILL BE USED.

STARTS

STARTS WILL BE OVER THE TOP IN ALL RACES WITH THE EXCEPTION OF THE 50 M RACES, BACKSTROKE AND THE INDIVIDUAL MEDLEY EVENTS. SWIMMERS THEREFORE MUST BE ON TIME AT THE STARTING BLOCKS. Due to this meet procedure all participants must know their event and heat number. Names of the competitors for the next heat will be announced during the heat which is in the water.

RELAYS:

All relay entries must be handed in to the meet referee before the start of each day's session. All entries must indicate the names of the relay participants and the order in which they will swim. All participants must be registered swimmers in the meet.

RESULTS:

The Coach from each team will receive one copy of the session's results each day. A full set of results will be emailed to you provided your address is available or on electronic media provided by you. Additional results will be available at US \$10 or BDS 20.00 per copy from the office.

<u>MEDALS/TROPHIES</u>: Medals and ribbons will be distributed to the Coaches/ Authorised team official at the conclusion of the meet. Trophies will be awarded at the conclusion of the meet.

PROTESTS:

In the event of a protest against any decision taken by the Meet Referee, a protest fee of US \$25.00 or BDS \$50.00 must be presented to the Meet Referee along with the written protest signed by the Coach or authorised official of the Club. The protest will be adjudicated by the appointed Officials of the Barbados Amateur Swimming Association. In the event of a reversal of the original decision the protest fee will be returned.

FALSE STARTS:

No false starts will be allowed as stated in the summons.

RULES OF THE AQUATIC CENTRE:

Swim caps must be worn by <u>ALL</u> competitors. Swim caps will be available at the Aquatic Centre for swimmers without caps. All swimmers must shower before entering the pool. No food is allowed on the deck or in the competition area. All food must be consumed in the stadium. Failure to comply with these rules may result in the swimmer being disqualified from the competition or the offender being asked to leave the Aquatic Centre. Coaches, parents and team officials your assistance and cooperation would be greatly appreciated as our health protection department requires that certain regulations be enforced.

WE LOOK FORWARD TO AN ENJOYABLE AND COMPETITIVE 17^{TH} AQUATIC CENTRE INTERNATIONAL INVITATIONAL.

THE 17TH ANNUAL







<u>A FINA ACCREDITED</u> <u>OLYMPIC "A" & "B" QUALIFIER</u> FOR THE BEIJING 2008 OLYMPICS

SPONSORED BY THE BARBADOS OLYMPIC ASSOCIATION





THE BARBADOS AMATEUR SWIMMING ASSOCIATION

17th ANNUAL AQUATIC CENTRE INTERNATIONAL INVITATIONAL SWIMMING CHAMPIONHSHIP

GARFIELD SOBERS SPORTS COMPLEX AQUATIC CENTRE WILDEY, ST MICHAEL TEL # 246-429-7946; FAX: 246-436-2272

The Barbados Amateur Swimming Association extends a cordial invitation to you to participate in the 17th Aquatic Centre International to be held in Barbados at the Aquatic Centre, Wildey, from <u>Friday</u>, <u>May 30th to Sunday</u>, June 1st, 2008.

1..POOL SPECIFICATIONS: 8 LANE 50 M POOL WITH 25 M WARM DOWN POOL.

2..SCHEDULE:

Saturday, May 24th Technical Meeting 4:00 PM (Aquatic Centre)

Thursday, May 29th: ARRIVAL OF TEAMS

Friday, May 30th Opening Ceremony at 5:00 PM

--- Parade of teams

Friday, May 30th Session 1: 5:20 PM Saturday, May 31st Session 2: 9:00 AM Sunday, June 1st Session 3: 8:30 AM

Sunday, June 1st Closing Ceremony-Presentation of Awards

3...COMPETITION RULES:

The competition will be conducted in accordance with FINA Rules 2005-2009 in force at the start of the competition.

Fina rule SW 4.4 shall be applied.

The start will be 'over the top' in the freestyle, breaststroke and butterfly events.

3.1.. AGE GROUPS:

- Individual events & relays - 8 & UNDER, 9 – 10, 11-12, 13-14, 15 & OVER

The Swimmer's age on December 31st, 2007 will determine the age group in which he/she is eligible to participate.

In the open events the minimum age is 11 years old.

3.2...REGISTRATION & ENTRIES:

Each Club must submit a letter of sanction to the Meet Director from its Federation indicating that participating swimmers and clubs are in good financial standing. Competitors must be registered swimmers with the Federation of the Country sanctioning their participation.

Entries may be made on the accompanying ENTRY FORMS in EXCEL FORMAT or in Hytek and sent via email to: basa@caribsurf.com. All entries must be returned to the Barbados Amateur Swimming Association by Friday, May 16 the deadline date. Entry form and summons will also be posted on the BASA website.

The following rules shall apply to all entries:

- 1.. There is no limit to the number of swimmers which a Club can enter in an individual event. However only the two highest placed swimmers in a particular Club will score team points.
- 2.. Each Club may enter multiple teams per relay event but only 2 relay teams per club will score team points. Each Club will designate the scoring relay teams as teams A & B. Team C & over will not be eligible for team points.
- 3.. There shall be no restrictions on the number of events in which an individual competitor may participate.
- 4. Heats will be announced and swimmers missing their respective heat will not be allowed to take part in that event.
- 5.. There will be no heats or preliminaries. All events are timed finals.
- 6... The pool will be open 90 minutes before each session for warm-up.
- 7...The warm up routine will be an open lane format with sprinting taking place in lanes 1 & 8 starting from the north end of the pool (end closest to the 25 M pool) 30 minutes before the end of the warm up period.

 Pace laps will take place in the inner lanes.
- 8... Swimmers competing in relay events must be registered in the meet.
- 9... Ad hoc deck entries will not be accepted.
- 10.. Swimmers must report to the waiting area at least 4 heats before the event in which the swimmer has been entered. If the swimmer is not in the waiting area by the designated time a decision may be taken that the swimmer has scratched the event.
- 11. All scratches after the Technical Meeting on Saturday, May 24th will be charged the penalty fee of US\$4.00 or Bds \$8.00.

Exhibition Swims:

All requests for exhibition swims must be submitted along with the main entries by the deadline date of Friday, May 16, 2008. Such requests must be clearly marked 'exhibition' and submitted at the end of the main entries within the age group and on the same entry form. Exibition swims will only be allowed for swimmers entered in the meet.

Time Trials:

All requests for time trials must be submitted each day before the start of the day's session on the prescribed form indicating the following: Name of Swimmer, Sex, Age, Club affiliation, event and the approximate time the time trial is required to take place. Swimmers requesting time trials not entered in the meet must pay US 10.00 (Bds 20.00) for each event requested.

3.3...Entry fees:

Entry fees are as follows:

- (a) US\$10.00 per swimmer up to 5 events.
- (b) US\$ 2.00 for each additional event
- (c) There is no entry limit
- (d) US \$ 5.00 per each relay team
- (e) US \$4.00(Bds \$8.00) per scratch and/or failure to swim an event in which entered, after the Technical Meeting, Saturday, May 24th, 2008.

The penalty must be paid before the swimmer is eligible to swim in other events in this meet or in subsequent BASA organised meets. Each Club is required to submit to the BASA Office the name of their scratch fee coordinator, i.e the person from whom the scratch fee will be collected on behalf of the Club in the event of a scratch. During the meet scratches will be announced and the Coordinator is required to settle the penalty fee before the end of the particular event.

Entry fees must accompany entries. Participating Clubs from overseas are required to pay entry fees on arrival. Team entry reports will be emailed or faxed to the respective Clubs by Tuesday, May 20th in the case of overseas clubs and placed in Club boxes in the case of local clubs. All participating clubs are asked to indicate any discrepancies in the team listing by Thursday, May 22nd, 2008. If no acknowledgement of errors is received by this date the Association will assume that the entry report was correct. The psyche sheet will be posted on the website www.swimbarbados.com by Friday, May 23rd 2008. Participating Clubs from overseas are asked to submit their scratches via email or fax by Monday, May 26, 2008.

4 ... AWARDS:

- 4.1 Medals will be awarded to the first three (3) swimmers in each event. Ribbons will be awarded from 4th to 8th place in each event to the junior swimmers: 8 & under & 9-10.
- 4.2 The team scoring the highest overall points shall be the winning team and shall have its name inscribed on the Aquatic Centre International Trophy. A replica of this trophy will be given to the team to take home.
- 4.3 Trophies will be awarded to the second and third placed teams. Team points will be accumulated in each age group and relay events.
- 4.4 Additionally a trophy will be awarded to the highest placed team within the OECS grouping.
- 4.5 Team trophies will be presented following the last event and ribbons and medals will be given to the team delegates.
- 4.6 Trophies will be awarded in each age group category to the top two swimmers with the highest aggregate of points using the team aggregation system. Relay points will not be taken into consideration in this category of award.

SCORING:

Scoring shall be as follows:

First Place 9 points Second Place -7 points Third Place -6 points Fourth Place -5 points Fifth Place -4 points Sixth Place -3 points Seventh Place-2 points Eighth Place -1 point

Please note: Double points for relays.

5...TECHNICAL OFFICIALS:

The Barbados Amateur Swimming Association in conjunction with the affiliated Swim Clubs in Barbados will provide the Officials for the competition. Overseas clubs are invited to submit the names of any qualified persons willing to serve as Timekeepers / Judges during the meet.

All meet officials are required to check in with the Meet Referee and Chief Timer one hour before the start of the competition.

Refreshment will be served to Meet Officials during the Competition.

6..TECHNICAL MEETING:

A Technical meeting will be held at the Aquatic Centre, Wildey, St Michael on Saturday, May 24th, 2008 at 4:00 PM to consider the following:

- 1) Scratches will be accepted without penalty at this meeting. All scratches must be submitted on the prescribed form, signed by the Head Coach or authorised Club Official.
- 2) Psyche sheets will be posted on the website by Friday May 23rd. Participating clubs from overseas are asked to submit their scratches/corrections by Monday, May 26th, 2008 via email or fax.

A short briefing meeting will take place on the pool deck for all coaches and team officials prior to the start of the Opening Ceremony on Friday May 30th, 2008.

7...JURY OF APPEAL:

The Jury of Appeal, comprising three disinterested persons, to adjudicate all appeals against a Referee's rejection of a protest will be formed out of the Association's Technical and Main Council Committees. All protests to the Referee's decision must be submitted to the Referee in writing within 30 minutes after the event, signed by an authorised Club Official and accompanied by US \$25.00. If the protest is upheld the fee will be returned to the Club Official.

8...REFRESHMENT:

Food and drink will be available on the premises, throughout the meet.

9...CONTRIBUTIONS TO SWIMMING:

Daily Session wrist band -BDS\$10.00 or US\$5.00 (Adults 11 yrs & over) Children: 10 years and under (daily wristband) – Bds \$ 4.00. US \$2.00 Heat Sheet daily -BDS\$4.00 or US\$2.00 Results(Full)-BDS\$20.00 or US\$10.00 Souvenir Barbados wrist bands: BDS\$2.00 or US\$1.00

10...ACCOMMODATION

1)Sea Foam Haciendas

246-435-7380 Fax:246-435-7384

Email: seafoam@caribsurf.com

3) Coconut Court Hotel 246-427-1655/427-1656 Fax: 246-429-8198

Email: ccourt@sunbeach.net
Website: www.coconut-court.com

2) Dover Beach Hotel 246-428-8076 fax: 246-428-2122

email:resdover@caribsurf.com website:www.doverbeach.com

4) Rostrevor Apt Hotel 246-428-9298

Fax:246-428-7705

(5) PomMarine Hotel

Tel: 246-228-5389; Fax: 246-228-0907 Email: pommarine@sunbeach.net

6) Plum Tree Club-Rockley Golf Course 246-435-7606;246-435-9345

Fax: 246-435-8282; Toll free: 1-866-978-5007: email: plumtree@rockley.com.bb

Website: www.rockley.com.bb

6) Worthing Court Hotel 246-435-7910/427-0785 Fax: 246-435-7374

Email: info@worthingcourt.com

11.. TRANSPORTATION:

Boyce's Transport Johsons' Tours B'Dos Ltd

Tel: 246-425-1103; 246-426-5181; Fax 246-429-3528

Fax: 246-424-1455

Website: www.boycestours.com

CLUBS OR NATIONAL FEDERATIONS REQUIRING ASSISTANCE WITH ACCOMMODATION OR TRANSPORTATION PLEASE CONTACT THE BASA OFFICE AT TEL #246-429-7946, FAX: 246-436-2272 A OR VIA EMAIL AT basa@caribsurf.com

Information on the Aquatic Centre International maybe found on The BASA website www.swimbarbados.com

(Please see below for the order of events for the 17th Aquatic Centre International)

17th Annual Aquatic Centre International Invitational Swimming Championship Barbados, May 30 – June 1st, 2008

Order of Events

Warm up: 3:30 – 4:45pm				
Event No.	Sessio	n 1	Friday, May 30 th , 5:20 PM	
1 & 2	Open	400 Free		
3 & 4	8 & Under	50 M Back		
5 & 6	9 - 10	50 M Back		
7 & 8	11 - 12	50 M Back		
9 & 10	13 - 14	50 M Back		
11 & 12	15 & Over	50 M Back		
13 & 14	8 & Under	200 M I.M		
15 & 16	9 - 10	200 M I.M		
17 & 18	11 - 12	200 M I.M		
19 & 20	13 - 14	200 M I.M		
21 & 22	15 & Over	200 M I.M		
23 & 24	Open	200 M Fly		
25 & 26	8 & Under	4x50 M Medley	Relay	
27 & 28	9 - 10	4x50 M Medley	Relay	
29 & 30	11 - 12	4x100 M Medley	y Relay	
31 & 32	13 - 14	4x100 M Medle	y Relay	
33 & 34	15 – Over	4x100 M Medle	y Relay	

Warm up: 7.30 - 8.45am

warm up: 7:30) — 0:45am		
Event No.	Sessi	on 2	Saturday, May 31st, 9:00 AM
35 & 36	Open	400 M I.M	
37 & 38	8 & Under	100 M Free	
39 & 40	9 – 10	100 M Free	
41 & 42	11 - 12	100 M Free	
43 & 44	13 - 14	100 M Free	
45 & 46	15 & Over	100 M Free	
47 & 48	8 & Under	50 M Breast	
49 & 50	9 - 10	50 M Breast	
51 & 52	11 - 12	50 M Breast	
53 & 54	13 – 14	50 M Breast	
55 & 56	15 & Over	50 M Breast	
57 & 58	8 & Under	200 M Free	
59 & 60	9 - 10	200 M Free	
61 & 62	11 - 12	200 M Free	
63 & 64 65 & 66	13 - 14 15 - Over	200 M Free 200 M Free	
03 & 00	30 MINUTES BRI		

67 % 60	11 12	100 M Back	
67 & 68	11 - 12	100 M Dack	
69 & 70	13 - 14	100 M Back	
71 & 72	15 & Over	100 M Back	
73 & 74	Open	200 M Breas	st
75 & 76	11 - 12	100 M Fly	
77 & 78	13 - 14	100 M Fly	
79 & 80	15 & Over	100 M Fly	
81 & 82	8 - Under	4x100 M Fr	ee Relay
83 & 84	9 - 10	4x100 M	Free Relay
85 & 86	11 - 12	4x100 M	Free Relay
87 & 88	13 - 14	4x100 M	Free Relay
89 & 90	15 & Over	4x100 M	Free Relay

Warm up: 7:00 – 8:15 AM

Event No.	Session 3			Sunday, June 1st, 8:30am
91	Open	800	M	Free
92	Open	1500	M	Free
93 & 94	8 – Under	50	M	Fly
95 & 96	9 - 10	50	M	Fly
97 & 98	11 - 12	50	M	Fly
99 & 100	13 - 14	50	M	Fly
101 & 102	15 & Over	50	M	Fly

20 MINUTES BREAK

103 & 104	Open 200 M Back
105 & 106	8 & Under 50 M Free
107 & 108	9-10 50 M Free
109 & 110	11 - 12 50 M Free
111 & 112	13 - 14 50 M Free
113 & 114	15 & Over 50 M Free
115 & 116	11 - 12 100 M Breast
117 & 118	13-14 100 M Breast
119 & 120	15 & Over 100 M Breast
121 & 122	8 & Under 4x50 M Free Relay
123 & 124	9-10 4x50 M Free Relay
125 & 126	11 - 12 4x50 M Free Relay
127 & 128	13-14 4x50 M Free Relay
129 & 130	15 & Over 4x50 M Free Relay

12...PRESENTATION OF AWARDS