

## Discovery Bay, 1 Km/2 Km Open Water Swim Discovery Bay, Jamaica

Event 1 Km & 2 Km Open Water Swim

Venue UWI Marine Lab, Discovery Bay, St Ann

Dates & Times Sat May 9<sup>th</sup> 2009

Check In 8.30-9.00 9.00-9.30- warm up 9.35- start of race

Eligibility All clubs and swimmers, in good standing,

registered with the ASAJ and other FINA affiliated Federations. Age Group ages for the meet shall be as of midnight December 31, 2008. Masters ages shall be as

of December 31, 2009. Swimmers who are not

registered will be required to do a swim test on May 9<sup>th</sup>.

Age Groups 10-12 F/M 1 km

11 & over F/M 2 km

Masters (25-99) F/M 1 km

Awards Will be presented to the top three male and

female finishers in each age group

Entry Fees \$800----- age group swimmers

\$1000 masters swimmers.

Entry Deadline No later than 4.00 p.m on Thursday May 6<sup>th</sup>, 2009

Entries are to be delivered to Jackie Walter at the

National Stadium Pool or emailed to

jcwalt@cwjamaica.com or carlettap@hotmail.com

Date of birth must be included on all entries.

Swimmers/Parents/Guardians will be required to sign an indemnity form on check in. Late entries will be taken

on the morning of the race between 7 - 8am at an additional \$100 per swimmer.

Note

Clubs who have outstanding fees will not be allowed to enter until all outstanding balances are paid in full.

Rules

- 1. All competitors will receive an event package upon "Checking In" which will include the safety rules, course outline and competition swim cap.
- 2. All competitors must wear swim caps issued by the event organizers at the time of "Check In" during warm up and the race. Swimmers who do not wear the required swim cap will not be allowed to compete.
- 3. All competitors will be issued with a athlete identification #, which will marked directly on the arm and thigh of the competitors. Swimmers who do not have their identification # clearly displayed will not be allowed to compete.
- 4. All competitors must comply with safety rules stipulated by event organizers, which will be issued during "Check In".
- 5. Course description will be clearly displayed at the event, and at check —in. It is the responsibility of the competitor to understand the course prior to the beginning of the race.
- 6. Spectators will not be allowed to swim, or enter the water for recreational purposes.
- 7. Swimmers are responsible for getting to the start on time. Swimmers who have not checked in, or are late for the start of the race will not be allowed to compete.
- 8. There will be four rescue stations throughout the course.
- 9. Swimmers who are not accompanied by a coach will be required to pass a swim test prior to the start of the race.
- 10. Only standard competition suits, caps and goggles may be worn during the race. No wet suits, snorkels, fins or floatation devices will be allowed.

Concession

Brunch will be sold after the race. Snacks, fruits, meals and drinks will be on sale throughout the event.

Additional Information

Please contact Jacky Walter – 330-4496