



8th Island Aquatics Synchronised Swimming Jamaica Competition
Saturday, April 16, 2016 - Kingston, Jamaica, W.I.

Island Aquatics Synchro Club invites eligible swimmers to participate in the **8th Island Aquatics Synchronised Swimming Jamaica Competition** to take place Saturday, April 16, 2016 in Kingston, Jamaica. The competition is being held under the sanction of the Amateur Swimming Association of Jamaica (ASAJ) and will be held in association with the **Tornadoes Invitational Swim Meet**.

DATE OF COMPETITION: Saturday, April 16, 2016

VENUE: Diving well, National Aquatic Centre, Independence Park, Kingston, Jamaica.
Alternative Venues: Kingston YMCA, Immaculate Conception High School pool.

HOSTED BY: ISLAND AQUATICS SYNCHRO CLUB (www.islandaquaticssynchro.com)

MEET MANAGER: Olga Novokshchenova Lee

ASAJ SANCTION #: 21606

RULES: Unless otherwise specified, FINA and ASAJ Bylaws and Regulations in force at time of competition: <http://www.fina.org> and <http://www.swimjamaica.com/mainpage.htm>. Please note: swimmers from the Jamaican Federation must be registered with the ASAJ by **March 24th, 2016**.

Also note:

- Athletes doing routines **must** compete in figures.
- Athletes may compete in figures only.
- All routines will be judged as free routines.
- Novice, Intermediate and Age Group competition will be held in the categories: 12 & under, 13-15 and 16-18.
- An athlete may compete in an older age group for the duet and team competition as long as at least one of the swimmers is in the relevant age group. Such an athlete will do the figures for their own age group.
- Age Group competitors may not swim in a younger age group.
- Any swimmer who is listed as an alternate for duet or team shall pay the relevant entry fee.
- Coaches are not allowed on deck while the competition is in progress. There will be a designated coaching area.
- Video and still cameras are not allowed on deck during the competition.
- The venues are open air pools so teams are welcome to bring their own tents for shade.

ELIGIBILITY: Novice, Intermediate and Age Group swimmers who are registered members of a FINA Federation or a school team.



Novice, Intermediate and Age Group Competition: Dates of birth: 12 & under (2004 or later); 13-15 (2001 – 2003); 16-18 (1998 – 2000).

DELEGATIONS: There is no limit to the number of athletes. However, a maximum of three (3) coaches and one (1) team leader is allowed per club.

JUDGES: Each participating club should send a minimum of one (1) qualified Judge at their own expense with the exception of Host Country whose Federation will provide judges.

PRACTICE / TRAINING JUDGES: Practice judging will be allowed.

EVENTS:

Novice, Intermediate and Age Group: free routine and figures competitions (solo, duet, team)

All events will be finals.

Novice, Intermediate and Age Group Figures: May be pre-selected prior to the competition by mutual agreement.

FIGURES (pre-selected):

Novice: Ballet Leg, Barracuda, Back Pike Somersault, Walkover Front.

12& under: Compulsory and Group 1 - Oceania and Surface Prawn

13-15: Compulsory and Group 3 - Albatross ½ Twist and Side Fishtail Split.

16-18: Compulsory and Group 3- Ibis Continuous Spin and Jupiter

MEET ENTRY FEES:

Ja \$800 per competitor per figure and routine entry

TENTATIVE SCHEDULE: To be confirmed

Saturday, April 16:

12:00 Figures warm up and Judges meeting

1:00 Figures competition

Break until 2:30

2:30 Routines warm up

3:30 Routines competition

AWARDS: Medals will be awarded for 1st through 3rd places in each event: Figures, Solo, Duet, Trio (Masters) and Team. Ribbons will be awarded for places 4 to 8 for each category

Points will be awarded as follows:

Place: Solo/Figures: 1st **9**, 2nd **7**, 3rd **6**, 4th **5**, 5th **4**, 6th **3**, 7th **2**, 8th **1**

Points will be doubled for duet and team routines.

TECHNICAL MEETING: The order of appearance will be drawn prior to the competition (date to be confirmed).



FINAL ENTRY DEADLINE: Friday, April 8, 2016

CANCELLATION POLICY: None

VENUE INFORMATION: National Aquatic Centre Pool: 25 M X 25 M; Diving Well (5 M depth) (routines and figures).

SOUND EQUIPMENT: Each delegation is asked to present at the team leaders meeting (2) Compact Disks per routine labelled with Competitor Name, Club, Age Category, Routine/Event. Each CD should have music for only one routine. Alternatively a thumb drive with the music clearly labelled as above for each routine may be presented. Audio files may be emailed to the meet manager.

FOR INFORMATION CONTACT:

Island Aquatics Synchro Club:

Email: islandaquaticssynchro@gmail.com

Amateur Swimming Association of Jamaica (ASAJ):

Carol Cuffley: c/o ASAJ, Independence Park, Kingston 10, Jamaica, W.I.

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