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COMPLAN PREP/PRIMARY SCHOOLS SWIM MEET 2007

- ASAJ SANCTION #: **30720**
- VENUE: National Stadium Pool (50M)
- DATES & TIMES: Saturday, December 1, 2007 8:20 AM & 1:30 PM
Pool will be open 1½ hrs. before starting time.
- ELIGIBILITY: All Prep, Primary and All Age School swimmers 12 years and younger (entry forms must be signed by the school Principal).
- AGE UP DATE: Ages for the competition shall be as of midnight on August 31, 2007.
- ENTRY LIMITS: **ENTRIES WILL BE LIMITED TO THE FIRST 600 SWIMMERS ON A "FIRST COME FIRST SERVE" BASIS**
Number of events per swimmer - four (4) including relays.
Number of entries per school (individual) - three (3) per event (see note below).
Number of entries per school (relays) - two (2) per relay event.
- ♦ **Entry limit in the 50 metre freestyle is five (5) per event.**
 - ♦ **All Events will be swum as timed finals.**
- ENTRY FEES: **J\$150 per swimmer.**
J\$150 per relay entry.
NB: SCHOOLS WITH A SCRATCH RATE OF MORE THAN 5% (SWIMMER EVENTS ENTERED) WILL BE REQUIRED TO PAY A SCRATCH FEE OF J\$1,500. IF THE FEE IS NOT PAID WITHIN 14 DAYS AFTER THE COMPETITION, THE FEE WILL BE DOUBLED.
- RULES: FINA rules in force at time of competition will apply. Additional Rules and Regulations see attached form.
- PROGRAMME: All events will be swum as timed finals. See attached programme.
- ENTRY DEADLINE: 4:00 PM Friday November 16th, 2007. Entries are to be delivered to the ASAJ office at the NATIONAL STADIUM POOL or asaj@cwjamaica.com Entries are preferred using Hy-Tek software.
- TECHNICAL MEETING: Thursday, November 22nd, 2007 at 6:30 PM in the Conference Room of the Sports Development Foundation, 31 Phoenix Avenue, Kingston 10.

NOTE

1. **ENTRY TIMES MUST BE STATED FOR EACH ENTRY FOR EACH EVENT**
2. **RELAY ENTRIES MUST BE INDICATED ON ENTRY FORM WITH ENTRY TIME**
3. **AGE OF EACH COMPETITOR MUST BE PLACED ON ENTRY FORM**
4. **ENTRY FEES MUST ACCOMPANY ENTRY FORM**

NB: IF THE ENTRY FEES ARE NOT PAID BEFORE THE START OF COMPETITION, A PENALTY EQUAL TO 15% OF THE ENTRY FEES WILL BE ADDED.

RULES AND REGULATIONS

1. Passes will be provided for officials, coaches and competitors.
2. Each swimmer is required to present the pass at the entrance gate for the meet. Swimmers who fail to present their pass will have to pay the prescribed entry fee. Misuse of pass will result in confiscation of the pass and the appropriate disciplinary action taken against the offender and the respective school.
3. The FINA false start rules will apply
4. **Schools are required to provide volunteers to act as timekeepers and perform other functions essential to the smooth running of the competition.** Volunteers **MUST** report to the Meet Director at least **60 minutes** before the start of the session. **Schools that do not provide the following number of volunteers will not be allowed to participate in the competition;**
 - ❖ 1-10 swimmers entered – 1 volunteer per session
 - ❖ 11-20 swimmers entered – 2 volunteers per session
 - ❖ 21 & more swimmers entered – 3 volunteers per session

NB: TEAM ID'S WILL NOT BE GIVEN TO THE SCHOOLS UNTIL THE NAME OF THEIR VOLUNTEERS HAVE BEEN SUBMITTED TO THE ASAJ OFFICE

MARSHALLING

1. There will be no Marshalling area for the meet. The next heat must be behind the blocks while the current heat is in progress.
2. The coaches are responsible to get their swimmers to the starting block. It is the responsibility of the swimmer to swim in the correct lane and heat assigned to him. If a swimmer swims in the wrong lane or heat then the swimmer will automatically be disqualified.
3. No swimmer may enter the race after the Referee has blown the "long" whistle. If this occurs the swimmer will be disqualified and not allowed to swim.

ENTRIES AND RESULTS

1. No late entries will be accepted unless in very extreme circumstances.
2. Competitors will only be allowed to swim in their age group.
3. All swimmers entered must be registered with their School. Swimmers competing in relays only must be entered on the entry form or noted as "relay only" when using Hy-Tek entries.
4. Scratches and name spelling corrections and checking of the original entry are to be done at the Technical Meeting. No late entries will be accepted whether the swimmer's name was on the entry form or not. Any rule or technicality requiring clarification will be explained at the Technical Meeting.
5. If a swimmer does not appear on the final programme after the Technical meeting and was not scratched at the Technical Meeting, then correction must be made to the heat sheet.
6. It is the School's responsibility to have a representative attend the Technical Meeting and to ensure that their team's original entry is checked in conjunction with the heat sheet at the Technical Meeting and to make all corrections if any. If the School does not have a representative at the meeting, they will forfeit their opportunity to have their original entry omissions, if any, corrected.
7. No additions or substitutions will be allowed on day of meet or after the Technical Meeting.
8. Scratches are allowed at any time.
9. Relay cards must be handed in to the Recorder 30 (thirty) minutes before the start of the first event of the session. Any change must be made at least four (4) events prior to the scheduled event number, after that on presentation of a medical certificate. The swimmers must be named in order of swimming in accordance with FINA rules.

AWARDS AND POINTS

- 1) Medals will be awarded to the fastest three (3) swimmers in each event;
- 2) Ribbons will be awarded to the swimmers finishing in 5th to 8th place in each individual event;
- 3) Points for each event will be awarded as follows: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1 for places first to eighth respectively for individual events. For relays the points will be; 18, 14, 12, 10, 8, 6, 4, 2 for places 1st to 8th only;
- 4) The following trophies will be awarded:
 - a) THE COMPLAN SHIELD – To the Champion School (Combined High Points)
 - b) 2nd and 3rd place schools;
 - c) Top female team and the top male team;
 - d) Top Primary school.
 - e) The Complan Energy Trophy – to the school with the best team spirit and sportsmanship

PROGRAMME FOR COMPLAN PREP/PRIMARY SCHOOLS SWIM MEET – 2007

SESSION 1 – FIRST EVENT STARTS AT 8:30 AM

EVENT NO.	EVENT	F - Female M - Male	Age Group
1/2	200 M IND. MEDLEY	F/M	10 - 12
3/4	50 M BACKSTROKE	F/M	6 & Under
5/6	50 M BACKSTROKE	F/M	7 - 8
7/8	50 M BACKSTROKE	F/M	9 - 10
9/10	50 M BACKSTROKE	F/M	11 - 12
11/12	50 M FREESTYLE	F/M	6 & Under
13/14	50 M BUTTERFLY	F/M	7 - 8
15/16	50 M BUTTERFLY	F/M	9 - 10
17/18	50 M BUTTERFLY	F/M	11 - 12
19/20	50 M BREAST	F/M	6 & Under
21/22	4X50 M FREE RELAY	F/M	7 - 8
23/24	4X50 M FREE RELAY	F/M	9 - 10
25/26	4X50 M FREE RELAY	F/M	11 - 12
27/28	4X50 M FREE RELAY	F/M	6 & Under

SESSION 2 – FIRST EVENT STARTS AT 1:30 PM

EVENT NO.	EVENT	F - Female M - Male	Age Group
29/30	100 M FREESTYLE	F/M	10 - 12
31/32	50 M BREAST	F/M	7 - 8
33/34	50 M BREAST	F/M	9 - 10
35/36	50 M BREAST	F/M	11 - 12
37/38	50 M FREESTYLE	F/M	7 - 8
39/40	50 M FREESTYLE	F/M	9 - 10
41/42	50 M FREESTYLE	F/M	11 - 12
43/44	4X50 M MED. RELAY	F/M	7 - 8
45/46	4X50 M MED. RELAY	F/M	9 - 10
47/48	4X50 M MED. RELAY	F/M	11 - 12