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WALTER RODGERS AGE GROUP SWIMMING CHAMPIONSHIPS **FEBRUARY 19-22, 2009**

ASAJ SANCTION #: 020911

VENUE: National Stadium Pool (50M)

DATES & TIMES:

Thursday	February 19, 2009	5:30 PM
Friday	February 20, 2009	5:30 PM
Saturday	February 21, 2009	8:30 AM & 5:30 PM
Sunday	February 22, 2009	9:00 AM

Pool will be opened 1½ (one) hour before starting time.

ELIGIBILITY: All Clubs and Swimmers, in good standing, registered with the ASAJ or other FINA affiliated Federations. Age Group ages for the meet shall be as of midnight December 31, 2008. Masters ages shall be as of December 31, 2009

ENTRY LIMITS:

Number of events per swimmer	- No limit
Number of entries per Club	- No limit
Number of relay teams per Club	- 3 per event

ENTRY FEES: JA\$85.00 (for ASAJ registered swimmers) or US\$2.00 per individual event, or **JA\$95.00 (for ASAJ registered swimmers) or US\$2.50 per individual event if entries submitted after 4:00 PM on Thursday January 31, 2009** JA\$120.00 (for ASAJ registered clubs) or US\$2.50 per relay team, per event.

ACCOMMODATION: The ASAJ has arranged special room and dining rates at the Knutsford Court Hotel just 5 minutes from the pool. Details can be found on our website www.swimjamaica.com If preferred, the ASAJ home accommodation can be arranged.

RULES: FINA Rules and ASAJ Bye-Laws in force at the time of the competition will apply. Except as modified in this summons, FINA Masters Rules will apply to Masters events. See additional Rules and Regulations on next page.

REGISTRATION: The ASAJ register closes at 4:00 p.m. on Thursday January 29, 2009

ENTRY DEADLINE: 4:00 PM on Thursday, February 12, 2009. Entries are to be delivered to the ASAJ Office or the ASAJ Mail Box at the National Stadium Pool. Entries are preferred on diskette using Hy-Tek software. Deliver as indicated above or email to asaj@cwjamaica.com

Note: 1. ENTRY FEES MUST BE PAID BEFORE START OF MEET

NB: If the entry fees are not paid before the start of the competition, a penalty equal to 15% of the entry fees will be added

RULES AND REGULATIONS

1. **ASAJ Clubs are required to provide volunteers to act as timekeepers and perform other functions essential to the smooth running of the competition.** Names of volunteers must be submitted to the ASAJ Office no later than 4 days before the start of the competition. Volunteers **MUST** report to the Meet Director at least **45 minutes** before the start of the session. **Clubs that do not provide the following minimum number of volunteers will not be allowed to participate in the competition;**
 - 1-10 swimmers entered – 1 volunteer per session
 - 11-20 swimmers entered – 4 volunteers per session
 - 21-40 swimmers entered – 5 volunteers per session
 - 41 and Over – 8 volunteers per session
2. Relay cards are in duplicate, the original must be handed in to the Recorder 30 (thirty) minutes before the start of the first event of the session; the copy must be handed to the head lane time keeper at the beginning of the event. Any change must be made at least four (4) events prior to the scheduled event number, after that on presentation of a medical certificate. The swimmers must be named in order of swimming in accordance with FINA rules.

MARSHALLING

1. There will be no Marshalling area for the meet. The next heat must be behind the blocks while the current heat is in progress.
2. The coaches are responsible to get their swimmers to the starting block. It is the responsibility of the swimmer to swim in the correct lane and heat assigned to him. If a swimmer swims in the wrong lane or heat then the swimmer will automatically be disqualified.
3. Once the swimmers are under the starter's orders and he has taken control of the race (after second whistle), no swimmer may then enter the race. If this occurs, the swimmer will be disqualified and not allowed to swim.

ENTRIES AND RESULTS

1. Competitors will only be allowed to swim in their age group.
2. **Deck entries and times trials will be allowed. Swim times will be included in the final results but will not score points. A fee of JA\$150 per event will be charged.**
3. Scratches are allowed at any time.
4. Masters Records will be credited according to the FINA Masters Age Grouping system.

AWARDS AND POINTS

1. Points for each event will be awarded as follows: 9, 7, 6, 5, 4, 3, 2, 1 for 1st to 8th place, respectively. 18, 14, 12, 10, 8, 6, 4, 2 for relays places 1st to 8th (Open events will be scored according to the age groups 11-12, 13-14 & 15 and over).
2. Medals will be awarded to the first three places in all events, including Masters. Ribbons will be awarded for 4th to 8th place in the 12 & Under age groups only.
3. Age Group Team Awards - there will be a Championship trophy for the winning team in the Age Group Division. The second and third place team will also receive a trophy.
4. Individual awards - there will be a trophy for the male and female swimmer with the most individual points for each age group. There will be an achievement trophy for the male and female in the 13 - 14 and 15 & Over age groups. To qualify for the award, the swimmer must accumulate a minimum of 12 points in four (4) events, based on American Time Standards (Top 16 = 5 points, AAAA = 4 points, AAA = 3, AA = 2 and A = 1). This trophy will not be awarded if no notable achievement is recorded.
5. A performance trophy will be awarded to the swimmer with the best swim in each age group (highest FINA Points).
6. Masters events will be scored separately and in 10 year age groups: 25-34, 35-44 etc.
7. **Masters Team Award – there will be a trophy for the winning club in the Masters Division.**

PROGRAMME FOR AGE GROUP CHAMPIONSHIPS 2009

THURSDAY 5:30 PM

1-2	50 M Butterfly	F/M 11-12
3-4	50 M Butterfly	F/M 13-14
5-6	50 M Butterfly	F/M 15 & Over
7	800 M Freestyle	F Open
10	1500 M Freestyle	M Open
11-12	200 M Indiv. Medley	F/M 11-12
13-14	200 M Indiv. Medley	F/M 13-14
15-16	200 M Indiv. Medley	F/M 15 & Over

FRIDAY 5:30 PM

17-18	200 M Backstroke	F/M 11-12
19-20	200 M Backstroke	F/M 13-14
21-22	200 M Backstroke	F/M 15 & Over
23-24	200 M Indiv. Medley	F/M 8 & Under
25-26	200 M Indiv. Medley	F/M 9 - 10
27-28	400 M Indiv. Medley	F/M 11-12
29-30	400 M Indiv. Medley	F/M 13-14
31-32	400 M Indiv. Medley	F/M 15 & Over
33-34	200 M Freestyle	F/M 11-12
35-36	200 M Freestyle	F/M 13-14
37-38	200 M Freestyle	F/M 15 & Over
39-40	50 M Breaststroke	F/M 11-12
41-42	50 M Breaststroke	F/M 13-14
43-44	50 M Breaststroke	F/M 15 & Over

SATURDAY 8:30 AM

45-46	400 M Freestyle	F/M 11-12
47-48	400 M Freestyle	F/M 13-14
49-50	400 M Freestyle	F/M 15 & Over
51-52	50 M Backstroke	F/M 8 & Under
53-54	50 M Backstroke	F/M 9-10
55-56	100 M Backstroke	F/M 11-12
57-58	100 M Backstroke	F/M 13-14
59-60	100 M Backstroke	F/M 15 & Over
61-62	50 M Butterfly	F/M 8 & Under
63-64	200 M Breaststroke	F/M 11-12
65-66	200 M Breaststroke	F/M 13-14
67-68	200 M Breaststroke	F/M 15 & Over
69-70	200 M Free Relay	F/M 8 & Under
71-72	200 M Free Relay	F/M 9-10

SATURDAY 5:30 PM

73-74	100 M Freestyle	F/M 9-10
75-76	100 M Freestyle	F/M 11-12
77-78	100 M Freestyle	F/M 13-14
79-80	100 M Freestyle	F/M 15 & Over
81-82	100 M Freestyle	F/M 8 & Under
83-84	50 M Breaststroke	F/M MASTERS
85-86	50 M Backstroke	F/M 11-12
87-88	50 M Backstroke	F/M 13-14
89-90	50 M Backstroke	F/M 15 & Over
91-92	100 M Butterfly	F/M 11-12
93-94	100 M Butterfly	F/M 13-14
95-96	100 M Butterfly	F/M 15 & Over
97-98	50 M Butterfly	F/M MASTERS
99-100	50 M Butterfly	F/M 9-10
101-102	400 M Free Relay	F/M 11-12
103-104	400 M Free Relay	F/M 13-14
105-106	400 M Free Relay	F/M 15 & Over

SUNDAY 9:00 AM

107-108	200 M Butterfly	F/M 11-12
109-110	200 M Butterfly	F/M 13-14
111-112	200 M Butterfly	F/M 15 & Over
113-114	50 M Freestyle	F/M MASTERS
115-116	50 M Breaststroke	F/M 8 & Under
117-118	50 M Breaststroke	F/M 9-10
119-120	100 M Breaststroke	F/M 11-12
121-122	100 M Breaststroke	F/M 13-14
123-124	100 M Breaststroke	F/M 15 & Over
125-126	50 M Backstroke	F/M MASTERS
127-128	50 M Freestyle	F/M 8 & Under
129-130	50 M Freestyle	F/M 9-10
131-132	50 M Freestyle	F/M 11-12
133-134	50 M Freestyle	F/M 13-14
135-136	50 M Freestyle	F/M 15 & Over
137-138	200 M Med. Relay	F/M 8 & Under
139-140	200 M Med. Relay	F/M 9-10
141-142	400 M Med. Relay	F/M 11-12
143-144	400 M Med. Relay	F/M 13-14
145-146	400 M Med. Relay	F/M 15 & Over