



President: Bryan Morris
Vice President: Annette Francis Barnett
Treasurer: Kareen Davis
21, Hope Road,
Kingston10,
Jamaica.
Tel: 1876 926 8081
Fax: 1 876 929 9387
Email: yspeedos@gmail.com

**‘Y’ SPEEDOS SWIM CLUB KARL DALHOUSE
INTERNATIONAL MEMORIAL SWIM MEET
January 29th, 30th and 31st 2016**

ASAJ SANCTION #: 21603

VENUE: NATIONAL STADIUM POOL, INDEPENDENCE PARK,
KINGSTON, JAMAICA

FACILITY: EIGHT (8) LANE 50m Competition Pool
EIGHT (8) LANE 25M Warm Down Pool
ELECTRONIC TIMING WITH EIGHT PLACE
SCORE BOARD: HY-TEK MEET MANAGEMENT

DATES: FRIDAY 29TH, Saturday, 30TH & SUNDAY 31st JANUARY
TIMES: (Pool opens 1½ hours before start of a session.):
SESSION 1 – FRIDAY, JANUARY 29th, 2016 Warm up 3:30pm Meet Starts 4:30pm
SESSION 2 - SATURDAY, JANUARY 30th, 2016 Warm up 7:00 am. Meet starts 8:30 am
SESSION 3 - SATURDAY, JANUARY 30th, 2016 Warm up 2:30 pm. Meet starts 3:30pm
SESSION 4 - SUNDAY, JANUARY 31st, 2016 Warm up 7:30 am. Meet starts 9:00am

ENTRY LIMITS: NUMBER OF EVENTS PER SWIMMER: NO LIMIT
NUMBER OF ENTRIES PER EVENT PER CLUB: NO LIMIT
save and except there shall be a limit of 4 entries per event in each of the following events:

- 10 & Under 200m Freestyle M/F and 200m IM M/F
- 11-12 All 200m and above Events M/F
- 13-24 All 200m and above Events M/F

RELAYS: All Relays will be mixed gender within the respective Age Groups
Two (2) females and Two (2) males
The order of the participants is dictated by the respective Coaches
Number of relays per club: 2 PER EVENT (excepting host team)

ALL EVENTS ARE TIMED FINALS

ENTRY FEES: JA \$250.00 per swimmer per event
JA \$350.00 per team per relay
JA \$200.00 surcharge per swimmer
Please make cheques payable to: ‘Y’ Speedos Swim Club.

Entry fees must be paid in full before the meet.
Manual entries will attract a JA\$500.00 Administrative fee.

- ELIGIBILITY:** ALL CLUBS AND SWIMMERS MUST BE IN GOOD STANDING WITH THEIR ASSOCIATION AND CLUB.
- ASAJ REGISTRATION:** **JAMAICAN SWIMMERS MUST BE REGISTERED BEFORE 4.00pm JANUARY 8th 2015.**
OVERSEAS TEAMS MUST HAVE A SANCTION LETTER FROM THEIR ASSOCIATION/FEDERATION.
- ENTRY DEADLINE:** **4.00 p.m. FRIDAY, JANUARY 15th, 2016**
Entries are to be delivered to the 'Y' Speedos Swim Club Box in the ASAJ Office at the National Aquatic Centre, Independence Park, Kingston 6.
Hy-tek flash drives or DVDs or Emailed entries to be received by 4.00pm Friday, January 15th 2016.
Email address: shaunjus@yahoo.com or annfran_afran@yahoo.com
Fax copies to: (876)929-8327 by 4:00pm Friday, January 15th 2016

LATE ENTRIES WILL NOT BE ACCEPTED

- ENTRY FORMS:** Seed times must be stated for each individual entrant. If no seed time then the entry will be classified as NT.
Relay entries must be indicated with seed times.
Entry times for the 800m and 1500m Freestyle must be accompanied with proof meet and date of the times achieved.

- RULES:** FINA RULES and ASAJ Bye-Laws in force at the time of competition will apply unless otherwise stated. Ages for competition will be as on the first day of the Meet, i.e. Friday, January 29th, 2016.
Competitors will only be allowed to swim in their Age Group i.e. Age Group: 8 & Under, 9-10, 11-12, 13 –14, 15 –24, 13 –24.
Masters must be 25 years and over at December 31, 2015.

No deck entries will be accepted

- MARSHALLING:** There will be no marshalling area for the meet. The next heat must be behind the blocks while the current heat is in progress.
Coaches are responsible to get their swimmers to the starting block.
Any swimmer swimming in the wrong heat and/or lane will be disqualified.
Once the starter has taken control of the race no swimmer may then enter the race.

- RELAYS:** Relay cards are in duplicate. The original must be handed to the Recorder thirty (30) minutes BEFORE the beginning of the session. The duplicate copy must be handed to the chief lane judge or head lane timekeeper prior to the start of the race. Swimmers must be named in the order of swimming on the card. Any change may be made up to FOUR (4) events prior to the scheduled event number, after that on presentation of a medical certificate.

- SCORING:** Individual Events: 9,7,6,5,4,3,2,1. Relays: 18, 14, 12, 10, 8, 6, 4, 2.
Points will be awarded to the first two finishers in each club.
Unattached swimmers will not score any points.
Masters competitors will score points in their age group bands i.e.25-34, 35-44, 45-54, 55-64, and 65-74.

- AWARDS:** The Karl Dalhouse Age Group Trophy will be awarded to the overall winning club.

The Karl Dalhouse Masters Trophy will be awarded to the overall winning Masters Team
The Matthew Hylton Trophy will be awarded to the winner of Event #10- Boys 13-24 - 200m Breaststroke

- OFFICIALS: Referees and Starters on the FINA Swimming Lists no. 15 & 16 will work each session.
- GATE ENTRY FEES: Children: JA\$100.00 per session
Adults: Friday \$300 Saturday - Sunday \$400/session
Season Tickets: JA\$1000
- PROGRAMMES: Will be sold at the gate.
- CONCESSIONS: Snacks, fruit, meals and drinks on sale throughout the meet.
- ADDITIONAL RULES: Local Clubs are required to submit, a list of volunteers to act as Technical Officials and to perform other duties essential to the smooth running of the competition. Clubs must submit the names of volunteers to the ASAJ office at leaser 4 days before the start of the competition.
- Volunteers MUST report to the volunteer desk at least 60 minutes before the start of the competition for registration and assignment. Clubs are expected to provide the following number of volunteers (non-compliant clubs will be excluded from participation):
- 1-10 swimmers entered: one (1) volunteer per session
 - 11-20 swimmers entered: Four (4) volunteers per session
 - 21-40 swimmers entered: Five (5) volunteers per session
 - 41 or more swimmers entered: Eight (8) volunteers per session
 - Unattached swimmers: One (1) volunteer for one (1) session

For any additional information please contact:

Brian James
Tel: 876 929 4279 (h) 876 352 4138 ©
Fax: 876 929 9387
Email:
shaunjus@yahoo.com

Brian James,
Meet Director,
K.D. 2016
October 13, 2015

Karl Dalhouse 2016

Order of Events

Event #	Age Group	Gender	Distance/Stroke	Event #	Age Group	Gender	Distance/Stroke
Session 1 Friday, January 29, 2016 4:30pm				Session 3 (cont'd) Saturday, January 30, 2016			
1	Open	Girls	800m Freestyle	41	8&under	Girls	50m Freestyle
2	Open	Boys	1500m Freestyle	42	8&under	Boys	50m Freestyle
3	8&under	Girls	50m Butterfly	43	9--10	Girls	50m Freestyle
4	8&under	Boys	50m Butterfly	44	9--10	Boys	50m Freestyle
5	9--10	Girls	50m Butterfly	45	25-99	Girls	50m Freestyle
6	9--10	Boys	50m Butterfly	46	25-99	Boys	50m Freestyle
				47	11--12	Girls	200m Freestyle
Session 2 Saturday, January 30, 2016 8:30am				48	11--12	Boys	200m Freestyle
7	11--12	Girls	200m Breaststroke	49	13-24	Girls	200m Freestyle
8	11--12	Boys	200m Breaststroke	50	13-24	Boys	200m Freestyle
9	13-24	Girls	200m Breaststroke				
10	13-24	Boys	200m Breaststroke				
11	11--12	Girls	100m Freestyle				
12	11--12	Boys	100m Freestyle				
13	13-24	Girls	100m Freestyle				
14	13-24	Boys	100m Freestyle				
15	10&under	Girls	200m Individual Medley				
16	10&under	Boys	200m Individual Medley				
17	11--12	Girls	200m Individual Medley				
18	11--12	Boys	200m Individual Medley				
19	13-24	Girls	200m Individual Medley				
20	13-24	Boys	200m Individual Medley				
21	8&under	Mixed	200m Freestyle Relay				
22	9--10	Mixed	200m Freestyle Relay				
23	11--12	Mixed	200m Freestyle Relay				
24	13-24	Mixed	200m Freestyle Relay				
Session 3 Saturday, January 30, 2016 3:30pm				Session 4 Sunday, January 31, 2016 9:00am			
25	11--12	Girls	400m Freestyle	51	11--12	Girls	200m Backstroke
26	11--12	Boys	400m Freestyle	52	11--12	Boys	200m Backstroke
27	13-24	Girls	400m Freestyle	53	13-24	Girls	200m Backstroke
28	13-24	Boys	400m Freestyle	54	13-24	Boys	200m Backstroke
29	11--12	Girls	100m Backstroke	55	8&under	Girls	50m Breaststroke
30	11--12	Boys	100m Backstroke	56	8&under	Boys	50m Breaststroke
31	13-24	Girls	100m Backstroke	57	9--10	Girls	50m Breaststroke
32	13-24	Boys	100m Backstroke	58	9--10	Boys	50m Breaststroke
33	8&under	Girls	50m Backstroke	59	11--12	Girls	100m Butterfly
34	8&under	Boys	50m Backstroke	60	11--12	Boys	100m Butterfly
35	9--10	Girls	50m Backstroke	61	13-24	Girls	100m Butterfly
36	9--10	Boys	50m Backstroke	62	13-24	Boys	100m Butterfly
37	11--12	Girls	200m Butterfly	63	25-99	Girls	50m Butterfly
38	11--12	Boys	200m Butterfly	64	25-99	Boys	50m Butterfly
39	13-24	Girls	200m Butterfly	65	11--12	Girls	100m Breaststroke
40	13-24	Boys	200m Butterfly	66	11--12	Boys	100m Breaststroke
				67	13-24	Girls	100m Breaststroke
				68	13-24	Boys	100m Breaststroke
				69	10&under	Girls	100m Freestyle
				70	10&under	Boys	100m Freestyle
				71	11--12	Girls	50m Freestyle
				72	11--12	Boys	50m Freestyle
				73	13-24	Girls	50m Freestyle
				74	13-24	Boys	50m Freestyle
				75	25-99	Girls	50m Freestyle
				76	25-99	Boys	50m Freestyle
				77	8&under	Mixed	200m Medley Relay
				78	9--10	Mixed	200m Medley Relay
				79	11--12	Mixed	200m Medley Relay
				80	13-24	Mixed	200m Medley Relay