



AUTO MAINTENANCE DEVELOPMENT SWIM MEET, MARCH 11, 2006

ASAJ SANCTION #: 40609

VENUE: National Stadium Pool (25 M)

DATES & TIMES: Saturday, March 11, 2006 4:30 PM
Pool will be opened 1½ hours before starting time.



ELIGIBILITY: All Club, School and Unattached swimmers in good standing with the ASAJ
Ages for the meet shall be as of midnight March 11, 2006

ENTRY LIMITS: Number of events per swimmer - 2
Number of entries per Club - No limit
ENTRIES WILL BE LIMITED TO THE FIRST 250 SWIMMERS ("first come first serve" - based on time entries are received by the ASAJ)

ENTRY FEES: JA\$200 per swimmer

RULES: FINA Rules and ASAJ By-Laws in force at time of competition will apply.

ENTRY DEADLINE: 4:00 PM on Friday, March 10, 2006. Entries are to be delivered to the ASAJ Office or the ASAJ Mail Box at the National Stadium Pool. Entries are preferred on diskette using Hy-Tek software. Deliver as indicated above or email to asaj@cwjamaica.com

Note 1: ENTRY FEES MUST BE PAID BEFORE START OF MEET

Note 2: ENTRY TIMES MUST BE INCLUDED ON THE ENTRY FORM

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PROGRAMME:

1-2	50 M Backstroke	11and Over
3-4	25 M Backstroke	8 and Under
5-6	25 M Backstroke	9-10
7-8	50 M Backstroke	10 and Under
9-10	50 M Freestyle	11and Over
11-12	25 M Freestyle	8 and Under
FUN STUFF		
13-14	25 M Freestyle	9-10
15-16	50 M Freestyle	10 and Under
17-18	50 M Breaststroke	11and Over
19-20	25 M Breaststroke	8 and Under
21-22	25 M Breaststroke	9-10
23-24	50 M Breaststroke	10 and Under
25-26	50 M Butterfly	11 and Over