

President:
Vice President:
Treasurer:
Secretary:

'Y' SPEEDOS SWIM CLUB

21, Hope Road,
Kingston 10,
Jamaica
Tel:
Fax: 1 876 631 0240
Email: shaunjus@yahoo.com
mauwill13@gmail.com

'Y' SPEEDOS SWIM CLUB KARL DALHOUSE INTERNATIONAL INVITATIONAL MEMORIAL SWIM MEET FEBRUARY 12-14, 2010 (OVERSEAS SUMMONS)

SANCTION #

VENUE: UNIVERSITY OF THE WEST INDIES POOL, MONA, KINGSTON 6, JAMAICA

FACILITY: SIX LANE (6), 50m POOL; HY-TEK WINDOWS MEET MANAGEMENT; WARM
DOWN 50M SINGLE LANE.
Pool opens 1½ hours before start of a session.

DATES: FRIDAY, 12TH FEBRUARY – SUNDAY 14TH FEBRUARY 2010

TIMES: SESSION 1 – FRIDAY, FEBRUARY 12, 2010 Warm up 3.30 pm. Meet starts 5.00 pm.
SESSION 2 – SATURDAY, FEBRUARY 13, 2010 Warm up 7.00 am. Meet starts 8.30 am
SESSION 3 – SATURDAY, FEBRUARY 13, 2010 Warm up 2.30 pm. Meet starts 4.00 pm
SESSION 4 - SUNDAY, FEBRUARY 14, 2010 Warm up 7.30 am. Meet starts 9.00 am

ENTRY LIMITS: NUMBER OF EVENTS PER SWIMMER NO LIMIT
NUMBER OF ENTRIES PER EVENT PER CLUB NO LIMIT
NUMBER OF RELAY TEAMS PER CLUB 2 PER EVENT (excepting host team)

ALL EVENTS ARE TIMED FINALS

ENTRY FEES: US \$ 30 per swimmer.
US \$ 5 per relay team
US \$ 5 surcharge per swimmer
Entry fees paid in cash.
Entry fees must be paid in full before the meet.

ELIGIBILITY: ALL CLUBS AND SWIMMERS IN GOOD STANDING WITH THEIR ASSOCIATION
AND CLUB.
**OVERSEAS TEAMS MUST HAVE A SANCTION LETTER FROM THEIR
ASSOCIATION/FEDERATION.**

ENTRY DEADLINE: **4.00 p.m. FRIDAY JANUARY 29, 2010**
Hy-tek diskettes or Emailed entries to be received by 4.00pm **Friday, January 29, 2010**
Email address: mauwill13@gmail.com
shaunjus@yahoo.com

Faxed copies to **1 876 631 0240** by 4.00pm Friday, January 29, 2010

LATE ENTRIES WILL NOT BE ACCEPTED

ENTRY FORMS: Seed times must be stated for each individual entrant on the entry form. If no seed
time then the entry will be as NT.
Relay entries must be indicated on each form with seed times.

RULES: FINA RULES and ASAJ Bye-Laws in force at the time of competition will apply unless
otherwise stated.

Age for competition as on the first day of the meet i.e. FEBRUARY 12, 2010
Competitors will only be allowed to swim in their age group i.e. Age Group 8 & Under,
9-10, 11-12, 13 –14, 15 –24, 13 –24.

Masters must be 25 years and over at December 31, 2010

No deck entries will be accepted

There will be no marshalling area for the meet. The next heat must be behind the blocks while the current heat is in progress.

Coaches are responsible to get their swimmers to the starting block.

Any swimmer swimming in the wrong heat and/or lane will be disqualified.

Once the starter has taken control of the race no swimmer may then enter the race.

Relay card are in duplicate, the original must be handed to the Recorder 30 (thirty) minutes **BEFORE** the beginning of the session. The duplicate copy must be handed to the chief lane judge or head lane timekeeper prior to the start of the race. Swimmers must be named in the order of swimming on the card. Any change may be made up to **FOUR** (4) events prior to the scheduled event number, after that on presentation of a medical certificate.

SCORING: Individual Events: 9,7,6,5,4,3,2,1. Relays: 18, 14, 12, 10, 8, 6, 4, 2.
Points will be awarded to the first two finishers in each club.
Masters competitors will score points in their age group bands i.e.25-34, 35-44, 45-54, 55-64, 65 -74.

AWARDS: Medals will be awarded to the first three (3) places in each event; ribbons from 4th –8th places in Individual events.
Medals will be awarded to the first three places regardless of the clubs the swimmers represent.
The Karl Dalhouse Trophy Age Group Trophy will be awarded to the overall winning club.
The Karl Dalhouse Masters Trophy will be awarded to the overall winning Masters Team

ACCOMMODATION:

GATE ENTRY FEES: Adults: Ja\$200 session.
Children: Ja\$100 per session.
Season Tickets: Ja\$700 (available before the meet and at the gate)

(ALL FEES ARE SUBJECT TO CHANGE)

PROGRAMMES: \$300 each (includes heat sheets for the four sessions)

CONCESSIONS: Snacks, fruit, meals and drinks on sale throughout the meet.

For any additional information please contact Brian James: Tel: 876 929 4279 (h) 876 352 4138 ©
Fax: 876 631 0240

Email: shaunjus@yahoo.com

Brian James,
Meet Director,
K.D. 2010

January 13, 2010