



## ‘AB’ LONG COURSE SWIM CLASSIC 2006

<b>ASAJ SANCTION #</b>	<b>20617</b>
<b>VENUE:</b>	National Stadium Pool (50M Pool)
<b>DATES &amp; TIMES:</b>	Friday                      October 27, 2006                      6:00 PM Saturday                      October 28, 2006                      8:30 AM & 4:30 PM Sunday                      October 29, 2006                      9:00 AM
	Pool will be opened 1½ (one) hour before starting time.
<b>ELIGIBILITY:</b>	All Clubs and Swimmers, in good standing, registered with the ASAJ or other FINA affiliated Federations. Ages for the meet shall be as of midnight December 31, 2005
<b>ENTRY LIMITS:</b>	Number of events per swimmer                      - No limit Number of entries per Club                      - No limit except open events Number of entries per Club in Open events                      - 10 per event (see note below) <b>(NB: at least two must be in the 11-12 age group)</b> Number of relay teams per Club                      - 2 per event
<b>ENTRY FEES:</b>	JA\$70 (for ASAJ registered swimmers) or US\$2.00 per individual event, or <b>JA\$80 (for ASAJ registered swimmers) or US\$2.50 per individual event if entries submitted after 4:00 PM on October 13, 2006</b> JA\$100.00 (for ASAJ registered clubs) or US\$2.50 per relay team, per event.
<b>RULES:</b>	FINA Rules and ASAJ By-Laws in force at time of competition will apply. See attached form for Additional Rules and Regulations.
<b>PROGRAMME:</b>	See attached.
<b>REGISTRATION:</b>	The ASAJ register closes at 4:00 p.m. on Friday October 6, 2006
<b>ENTRY DEADLINE:</b>	4:00 PM on Friday, October13, 2006. Entries are to be delivered to the ASAJ Office or the ASAJ Mail Box at the National Stadium Pool. Entries are preferred on diskette using Hy-Tek software. Deliver as indicated above or email to <a href="mailto:asaj@cwjamaica.com">asaj@cwjamaica.com</a>

Note: 1. ENTRY FEES MUST BE PAID BEFORE START OF MEET

Note: 2. **IF THE ENTRY FEES ARE NOT PAID BEFORE THE START OF THE COMPETITION, A PENALTY EQUAL TO 15% OF THE ENTRY FEES WILL BE ADDED**

## ADDITIONAL RULES

1. There will be no Marshalling area for the meet. The next heat must be behind the blocks while the current heat is in progress.
2. **ASAJ Clubs are required to provide volunteers to act as timekeepers and perform other functions essential to the smooth running of the competition.** Names of volunteers must be submitted to the ASAJ Office no later than 4 days before the start of the competition. Volunteers **MUST** report to the Meet Director at least **45 minutes** before the start of the session. **Clubs that do not provide the following minimum number of volunteers will not be allowed to participate in the competition;**
  - ❖ 1-10 swimmers entered – 1 volunteer per session
  - ❖ 11-20 swimmers entered – 4 volunteers per session
  - ❖ 21-40 swimmers entered – 5 volunteers per session
  - ❖ 41 and Over – 8 volunteers per session
3. Once the swimmers are under the starter's orders and he has taken control of the race (after second whistle), no swimmer may then enter the race. If this occurs, the swimmer will be disqualified and not allowed to swim.
4. **NB: For the 800 Freestyle (Friday), teams are required to provide one time keeper and a turn judge/lap counter for each swimmer entered.**

## ENTRIES AND RESULTS

1. Competitors will only be allowed to swim in their age group.
2. **Only swimmers 11 years and older may swim in OPEN events.**
3. No additions or substitutions will be allowed on the day of the meet or after the Technical Meeting.
4. Scratches are allowed at any time.
5. The Original page of the Relay card must be handed in to the Recorder 30 (thirty) minutes **before** the start of the first event of the session. The Duplicate copy must be handed to the chief lane judge prior to the start of the race. Any change must be made at least four (4) events prior to the scheduled event number, after that on presentation of a medical certificate. The swimmers must be named in order of swimming in accordance with FINA rules.
6. Masters events will be scored according to the following age groups: 25-34, 35-44, 45-54, 55-64 etc.

## AWARDS AND POINTS

1. Age Group Events - Achievement trophies will be awarded as follows:
  - Team trophies will be awarded to the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place Clubs ranked according to points based on the 2005 Time Standards as follows:
 

Top16	AAAA	AAA	AA	A	BB	B
12	10	6	4	3	3	1

 (No points will be awarded for relays)
  - There will be the Achievement Trophies to the male and female swimmers with the highest 'A' points in the following age groups: 8 & Under, 9-10, 11-12, 13-14, 15-17 and 18-21.
  - A Performance Trophy will be awarded to the swimmer with the best performance swim in each age group (based on FINA points).

Ribbons will be awarded for 1<sup>ST</sup> (first) to 8<sup>th</sup> (eighth) place in each event.

2. Masters Events – A Trophy will be awarded to the Masters Club with the most points. Ribbons will be awarded the top three swimmers in each age group in each event.

**PROGRAMME FOR 'AB' SHORT COURSE SWIM CLASSIC 2006****FRIDAY 5:30PM**

1-2	800 M Freestyle	F/M OPEN (see additional rules)
3-4	200 M Breaststroke	F/M OPEN

**SATURDAY 8:30 AM**

5-6	200 M Butterfly	F/M OPEN
7-8	50 M Breaststroke	F/M Masters
9-10	50 M Backstroke	F/M 8 & Under
11-12	50 M Backstroke	F/M 9-10
13-14	50 M Freestyle	F/M Masters
15-16	100 M Backstroke	F/M 11-12
17-18	100 M Backstroke	F/M 13 & Over
19-20	200 M Freestyle	F/M OPEN
21-22	200 M Free Relay	F/M 8 & Under
23-24	200 M Free Relay	F/M 9-10
25-26	200 M IM	F/M OPEN

**SATURDAY 4:30 PM**

27-28	400 M Freestyle	F/M OPEN
29-30	50 M Butterfly	F/M Masters
31-32	100 M Indiv. Medley	F/M 8 & Under
33-34	50 M Butterfly	F/M 9-10
35-36	100 M Butterfly	F/M 11-12
37-38	100 M Butterfly	F/M 13 & Over
39-40	50 M Butterfly	F/M Masters
41-42	100 M Freestyle	F/M 8 & Under
43-44	100 M Freestyle	F/M 9-10
45-46	100 M Freestyle	F/M 11-12
47-48	100 M Freestyle	F/M 13 & Over
49-50	50 M Butterfly	F/M 8 & Under
51-52	200 M Indiv. Medley	F/M 9-10
53-54	200 M Free Relay	F/M 11-12
55-56	200 M Free Relay	F/M 13 & Over

**SUNDAY 9:00 AM**

57-58	400 M IM	F/M OPEN
59-60	50 M Breaststroke	F/M 8 & Under
61-62	50 M Breaststroke	F/M 9-10
63-64	100 M Breaststroke	F/M 11-12
65-66	100 M Breaststroke	F/M 13 & Over
67-68	200 M Backstroke	F/M OPEN
69-70	50 M Freestyle	F/M 8 & Under
71-72	50 M Freestyle	F/M 9-10
73-74	50 M Freestyle	F/M 11-12
75-76	50 M Freestyle	F/M 13 & Over
77-78	200 M Med. Relay	F/M 8 & Under
79-80	200 M Med. Relay	F/M 9-10
81-82	200 M Med. Relay	F/M 11-12
83-84	200 M Med. Relay	F/M 13 & Over