Alia Atkinson completes breaststroke double in Hong Kong



Alia Atkinson continues to carry the Jamaican flag high, this as she completed the breaststroke sprint double in winning the 50 metre breaststroke in Hong Kong on Saturday.

Atkinson, the silver medallist in the 2015 Kazan World Championships, showed her class by demolishing the field in the final.

Atkinson stopped the clock in 30.90 for the win more than a body length ahead of Chinese swimmer Xiaoyu Lu in 31.72 and Hong Kong's Cheyenne Cheung, who stopped the clock at 33.11.

In the 200-metre breaststroke Atkinson clocked 2:31.78 for third, behind Russian Vitalina Simonova 2:28.36 and Austrian Lisa Zaiser 2:30.36

In her last final for the day, Atkinson just missed breaking her national record of 26.65 when she clocked 26.67 for third in the 50-metre butterfly behind Dane Jeanette Ottesen, who copped the gold medal in a time of 25.82 and the Australian Holly Barratt who finished in second place in 26.53.

Atkinson earlier clocked 59.11 for the 100metre freestyle - finishing in 13th place.

After 11 races in just over two gruelling days, an unrested Atkinson leaves Hong Kong with two gold medals, two bronze medals and USD\$4000 prize money.

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