President: Vice President: Treasurer: Secretary:

'Y' SPEEDOS SWIM CLUB

21, Hope Road, Kingston 10, Jamaica. Tel: 1876 927 7735

Fax: 1 876 929 9387 Email: shaunjus@yahoo.com Mauwill13@gmail.com

'Y' SPEEDOS SWIM CLUB KARL DALHOUSE INTERNATIONAL INVITATIONAL MEMORIAL SWIM MEET FEBRUARY 12-14, 2010

SANCTION#

VFNUF: UNIVERSITY OF THE WEST INDIES POOL, MONA, KINGSTON 6, JAMAICA

FACILITY: SIX LANE (6), 50m POOL; HY-TEK WINDOWS MEET MANAGEMENT; WARM

DOWN SINGLE LANE.

Pool opens 1½ hours before start of a session.

FRIDAY, 12^h February – SUNDAY 14th FEBRUARY 2010 DATES:

TIMES: SESSION 1 - FRIDAY, FEBRUARY 12, 2010 Warm up 3.30 pm. Meet starts 5.00 pm.

> SESSION 2 - SATURDAY, FEBRUARY 13, 2010 Warm up 7.00 am. Meet starts 8.30 am SESSION 3 - SATURDAY, FEBRUARY 13, 2010 Warm up 2.30 pm. Meet starts 4.00 pm SESSION 4 - SUNDAY, FEBRUARY 14, 2010 Warm up 7.30 am. Meet starts 9.00 am

ENTRY LIMITS: NUMBER OF EVENTS PER SWIMMER **NO LIMIT NO LIMIT**

NUMBER OF ENTRIES PER EVENT PER CLUB

NUMBER OF RELAY TEAMS PER CLUB 2 PER EVENT (excepting host

ALL EVENTS ARE TIMED FINALS

ENTRY FEES: Ja \$100 per swimmer per event

Ja \$250 per team per relay Ja \$50 surcharge per swimmer

Please make cheques payable to 'Y' Speedos Swim Club.

Entry fees must be paid in full before the meet.

Manual entries \$250 administrative fee.

ELIGIBILITY: ALL CLUBS AND SWIMMERS IN GOOD STANDING WITH THEIR ASSOCIATION

AND CLUB.

JAMAICAN SWIMMERS MUST BE REGISTERED BEFORE 4.00pm JANUARY 22

2010.

OVERSEAS TEAMS MUST HAVE A SANCTION LETTER FROM THEIR

ASSOCIATION/FEDERATION.

4.00 p.m. FRIDAY JANUARY 29TH, 2010 **ENTRY DEADLINE:**

Entries are to be delivered to the 'Y' Speedos Swim Club Box in the ASAJ Office at

the National Stadium Pool.

Hy-tek diskettes or Emailed entries to be received by 4.00pm Friday, January 29,

Email address: mauwill13@gmail.com

shaunjus@yahoo.com

Faxed copies to 876 631 0240 by 4.00pm Friday, January 29, 2010

LATE ENTRIES WILL NOT BE ACCEPTED

ENTRY FORMS: Seed times must be stated for each individual entrant on the entry form. If no seed

time then the entry will be as NT.

Relay entries must be indicated on each form with seed times.

FINA RULES and ASAJ Bye-Laws in force at the time of competition will apply unless RULES:

otherwise stated.

Age for competition as on the first day of the meet i.e. FEBRUARY 12, 2010 Competitors will only be allowed to swim in their age group i.e. Age Group 8 & Under, 9-10, 11-12, 13 –14, 15 –24, 13 –24.

Masters must be 25 years and over at December 31, 2010

No deck entries will be accepted

There will be no marshalling area for the meet. The next heat must be behind the blocks while the current heat is in progress.

Coaches are responsible to get their swimmers to the starting block.

Any swimmer swimming in the wrong heat and/or lane will be disqualified.

Once the starter has taken control of the race no swimmer may then enter the race.

Relay cards are in duplicate. The original must be handed to the Recorder 30 (thirty) minutes **BEFORE** the beginning of the session. The duplicate copy must be handed to the chief lane judge or head lane timekeeper prior to the start of the race. Swimmers must be named in the order of swimming on the card. Any change may be made up to **FOUR** (4) events prior to the scheduled event number, after that on presentation of a medical certificate.

SCORING: Individual Events: 9,7,6,5,4,3,2,1. Relays: 18, 14, 12, 10, 8, 6, 4, 2.

Points will be awarded to the first two finishers in each club.

Masters competitors will score points in their age group bands i.e.25-34, 35-44, 45-54,

55-64, and 65-74.

AWARDS: Medals will be awarded to the first three (3) places in each event; ribbons from 4th –8th

place in Individual events.

Medals will be awarded to the first three places regardless of the clubs the swimmers

represent.

The Karl Dalhouse Trophy Age Group Trophy will be awarded to the overall winning

club.

The Karl Dalhouse Masters Trophy will be awarded to the overall winning Masters

Team

ACCOMMODATION:

GATE ENTRY FEES: Adults: JA\$200 session.

Children: JA\$100 per session.

Season Tickets: JA\$700 (available before the meet and at the gate)

(ALL FEES ARE SUBJECT TO CHANGE)

PROGRAMMES: \$300 each (includes heat sheets for the four sessions)

CONCESSIONS: Snacks, fruit, meals and drinks on sale throughout the meet.

For any additional information please contact Brian James: Tel: 876 929 4279 (h) 876 352 4138 ©

Fax: 876 929 9387

Email: shaunjus@yahoo.com

Brian James, Meet Director, K.D. 2010

January 13, 2010.