



THE SUMMER AGE GROUP SPRINT CHALLENGE – 2005

- ASAJ SANCTION NO:** 20517
- VENUE:** National Stadium Pool (50M)
- DATES & TIMES:** Saturday July 15, 2005 5:30 PM
Saturday July 16, 2005 9:00 AM & 4:30 PM
- Pool will be opened 1½ hours before starting time.
- ELIGIBILITY:** All Clubs and Swimmers, in good standing registered with the ASAJ or other FINA affiliated Federations.
- Ages for the meet shall be as of midnight July 15, 2005**
- ENTRY:** Individual events will be timed finals.
Relay events will be timed finals.
Number of relay teams per Club - 3 per event
Number of entries per club for 400 events is two (2)
Number of entries per club for 200 events is three (3)
Number of entries per club for 10 under 100 Free is (4)
- ENTRY FEES:** JA\$70.00 (for ASAJ registered swimmers) or US\$2.00 per individual event.
JA\$100.00 (for ASAJ registered clubs) or US\$4.00 per relay team, per event.
- RULES:** FINA Rules in force at time of competition will apply. See attached form for Additional Rules and Regulations.
- ORDER OF EVENTS:** See attached.
- REGISTRATION:** The ASAJ register closes at 4:00 p.m. on Friday June 24, 2005.
- ENTRY DEADLINE:** 4:00 PM on Friday July 1, 2005. Entries are to be delivered to the ASAJ Office or the ASAJ Mail Box at the National Stadium Pool. Entries are preferred on diskette using Hy-Tek software. Deliver as indicated above or email to asaj@cwjamaica.com or knangle@jpsco.com.

- Note:**
- 1. ENTRY FEES MUST BE PAID WHEN SUBMITTING ENTRIES**
 - 2. ENTRY TIMES MUST BE INCLUDED ON THE ENTRY FORM**



RULES AND REGULATIONS

1. False starts – The FINA one start rule (SW4.1a) will apply.
2. Passes will be provided for officials, club coaches, independent coaches entering swimmers and competitors.
3. Each Club will be requested to provide a minimum of 5 (five) officials per session. Refreshments for officials will be the responsibility of the ASAJ Clubs. Sessions will be assigned prior to the meet.
4. If a swimmer is not at the blocks when the Referee blows the long whistle, the swimmer will be scratched and not allowed to compete in that event.
5. Relay cards must be handed in to the Recorder 30 (thirty) minutes before the start of the first event of the session. Any change must be made at least four (4) events prior to the scheduled event number, after that on presentation of a medical certificate.

MARSHALLING

1. There will be no Marshalling for events. The next heat must be behind the blocks while the current heat is in progress and swimmers will not be called from the stands.
2. It will be the responsibility of the swimmer to swim in the correct heat and lane. Swimmers who swim in an incorrect heat and/or lane will be disqualified.
3. A swimmer will not be penalized due to injury or illness as determined by the Meet Referee.
4. Once the swimmers in a race are under the starter's orders and he has taken control of the race (after second whistle), no swimmer may then enter the race. If this occurs, the swimmer will be disqualified and not allowed to swim.

AWARDS AND POINTS

1. Points for each event will be awarded as follows: 9,7,6,5,4,3,2,1 for 1st to 8th place, respectively for individual events. There will be no points awarded for relays. Trophies will also be awarded for the male and female swimmer with the most individual points in the 8 & Under and 9-10 age groups.
2. Ribbons will be awarded for 1st to 8th place in Individual events.
3. An Achievement Trophy will be awarded to the male and female swimmer with the highest 'A' points total in the 11-12, 13-14 and 15 & Over age groups. Points will be awarded as follows: AAAA (10), AAA (6), AA (4), A (3)



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ORDER OF EVENTS

Session # 1: Friday Evening Starting at 5:30 PM

F	1/2	400M Free	F/M 11& Over
F	3/4	400M Free	F/M 11& Over
F	5/6	50M Breast	F/M 8 & Under
F	7/8	50M Breast	F/M 9-10
F	9/10	50M Breast	F/M Masters
F	11/12	100M Breast	F/M 11-12
F	13/14	100M Breast	F/M 13 & Over
F	15/16	200M Backstroke	F/M 11& Over
F	17/18	200IM	F/M 10 & Under
F	19/20	100M Free	F/M 11-12
F	21/22	100M Free	F/M 13 & Over
F	23/24	200M Medley Relay	F/M 8 & Under
F	25/26	200M Medley Relay	F/M 9-10
F	27/28	200M Medley Relay	F/M 11-12
F	29/30	200M Medley Relay	F/M 13 & Over

Session # 2: SATURDAY Morning Starting at 9:00 AM

F	31/32	200M Butterfly	F/M 11& Over
F	33/34	50M Butterfly	F/M 8 & Under
F	35/36	50M Butterfly	F/M 9-10
F	37/38	50M Fly	F/M Masters
F	39/40	100M Backstroke	F/M 11-12
F	41/42	100M Backstroke	F/M 13 & Over
F	43/44	200M Free	F/M 11-12
F	45/46	200M Free	F/M 13 & Over
F	47/48	100M Free	F/M 9-10
F	49/50	100M Free	F/M 8 & Under
F	51/52	200M Breast	F/M 11-12
F	53/54	200M Breast	F/M 13 & Over
F	55/56	50M Backstroke	F/M 8 & Under
F	57/58	50M Backstroke	F/M 9-10

Session # 3: SATURDAY Evening Starting at 4:00 PM

F	59/60	400 IM	F/M 11& Over
F	61/62	200 IM	F/M 11-12
F	63/64	200 IM	F/M 13 & Over
F	65/66	50M Backstroke	F/M Masters
F	67/68	100M Butterfly	F/M 11-12
F	69/70	100M Butterfly	F/M 13 & Over
F	71/72	50M Free	F/M 8 & Under
F	73/74	50M Free	F/M 9-10
F	75/76	50M Free	F/M Masters
F	77/78	50M Free	F/M 11-12
F	79/80	50M Free	F/M 13 & Over
F	81/82	200M Freestyle Relay	F/M 8 & Under
F	83/84	200M Freestyle Relay	F/M 9-10
F	85/86	200M Freestyle Relay	F/M 11-12
F	87/88	200M Freestyle Relay	F/M 13 & Over