

Trio leads Jamaica's charge for medals on day one.

Jamaica's best hopes for individual medals on day one of the 25th edition of the CARIFTA Games being held in Kingston Jamaica lay with Kendese Nangle (15-17 girls), Timothy Wynter (13-14 boys) and Kevaughn Campbell (11-12 boys).

Nangle started off her campaign to be nation's best all times backstroker with a new PR and age group and senior national record of 30.94. She will be the third fastest seed of a trio that went under the old record of Bermuda's Rebecca Sharpe 31.10. She will be heading into the final trying to topple Trinidad's Kimberlee John Williams (30.53). William beat Nangle last year and took her CARIFTA record when they were both in the 13-14 age group. Added to tonight's fireworks will be St Lucia's Siona Huxley (30.57) a Youth Olympic qualifier who posted 29.98 at a meet in Trinidad last year.

Nangle also posted the third best time in the 100 metre butterfly posting 1:08.71 behind Williams yet again 1:07.89 and her teammate Kadeja Phillips 1:08.30.

Timothy Wynter underlined the potential he shown since his breakout year at CISC 2008 when he cracked a blistering 28.33 .The time is a new personal best and Jamaican age group record beating the 29.94 set by Brad Hamilton at CISC 2008 in Jamaica. It also is not far off the CARIFTA record held by Trinidad and Tobago's Christian Homer of 27.99. He is the overwhelming favourite to win the event being over a second faster than his rivals in the preliminaries .This is Wynter's first year in the age group so the record should fall if not tonight next year.

He is the third seed in the 100 metre butterfly in a new personal record of 1:01.60 not far off the Jamaican record of 1:00.82 held by Brad Hamilton set at the CARIFTA Games six years ago. He will be hard pressed to win against the likes of the star of last year's Games Trinidad and Tobago's Dylan Carter who posted 59.84 .Carter will be tracking the record of two time Olympian and recent NCAA 200 butterfly champion Cayman Island's Shaune Fraser set at 58.78 in Kingston in 2003.

Kevaughn Campbell swimming in his last year of the 11-12 age group swam a swift 2:45.04 to lead all qualifiers in the 200metre breaststroke.This time is a new personal by over eight seconds as well as edging closer to the national record of 2:42.75. The age group record is held by the late Adi Atkinson a many time CARIFTA Games champion and national representative Adi was also the brother to this year's women's NCAA 200 breaststroke champion Jamaica and Texas A and M's Alia Atkinson.

Contributed by
Anthony Morrison-Vincent

Jamaica senior long records

http://www.swimjamaica.com/Records_Qual%20times/Records%20files/SNR-L%20December%202009.pdf

Jamaica age group records

http://www.swimjamaica.com/Records_Qual%20times/Records%20files/NAGR-L%20December%202009.pdf

CARIFTA 2009 results

<http://www.swimjamaica.com/MeetResults2009/CARIFTA%202009%20Results.htm>

CARIFTA 2010

http://www.swimjamaica.com/CARIFTA_2010/LiveResults/index.htm