



**WALTER ROGERS NATIONAL AGE GROUP SWIMMING
CHAMPIONSHIPS
FEBRUARY 9th & 11-14, 2016**

ASAJ SANCTION #: 21601

VENUE: National Stadium Pool 8 Lane 50 M (with 25 M warm up pool)
Colorado Electronic Timing System (CTS6): pads with back-up buttons

DATES & TIMES:

Tuesday February 9, 2016	5:30 p.m.
Thursday February 11, 2016	8:30 a.m. & 5:30 p.m.
Friday February 12, 2016	8:30 a.m. & 5:30 p.m.
Saturday February 13, 2016	8:30 a.m. & 4:00 p.m.
Sunday February 14, 2016	8:30 a.m. & 4:00 p.m.

The Pool will be opened one and a half (1½) hours before starting time.

ELIGIBILITY: All Clubs and Swimmers, in good standing, registered with the ASAJ or other FINA affiliated Federations.
Age Group ages for the meet shall be as of midnight **December 31, 2015**.
Masters ages shall be as of **December 31, 2016**

ENTRY LIMITS: Number of events per swimmer - No limit
Number of entries per Club - No limit
Number of Relay teams per Club - 3 per event

ENTRY FEES: HY-TEK ENTRIES:

J\$200.00 (For ASAJ Registered Swimmers) or US\$2.50 per Individual Event
J\$30.00 (For ASAJ Registered Clubs) or US\$3.50 per Relay Team, per Event

OTHER ENTRIES NON-HYTEK:

J\$250.00 (For ASAJ Registered Swimmers) or US\$3.00 per Individual Event
J\$300.00 (For ASAJ Registered Clubs) or US\$3.50 per Relay Team, per Event

ACCOMODATION: The ASAJ has arranged special room and dining rates at the Knutsford Court Hotel just ten (10) minutes from the pool. (The hotel's website is: www.knutsfordcourt.com;) If preferred; the ASAJ can arrange home accommodation.

RULES: FINA Rules and ASAJ By-Laws in force at the time of the competition will apply. Except as modified in this Summons, FINA Masters Rules will apply to Masters Events. See additional Rules and Regulations on the next page.

Referees and Starters on the FINA Swimming Lists No. 17 & 18 will work each Session.

REGISTRATION: The ASAJ Register closes at 4:00 p.m. on Tuesday January 19, 2016

ENTRY DEADLINE: 4:00 PM on Tuesday, January 26, 2016. Entries are to be delivered to the ASAJ Office or the ASAJ Mail Box at the National Aquatic Centre, Independence Park, Kingston 6. Entries are preferred using Hy-Tek software. Deliver as indicated above or email to: aquaticsja@gmail.com

Note: 1 ENTRY FEES MUST BE PAID BEFORE START OF MEET.

NB: If the entry fees are not paid before the start of the competition, a penalty equal to 15% of the entry fees will be added.

RULES AND REGULATIONS

1. **Local clubs** are required to submit, **with their entries**, a list of volunteers to act as Technical Officials and to perform other duties essential to the smooth running of the competition. Clubs must submit the names of volunteers to the ASAJ Office at least four (4) days before the start of the competition. Volunteers **MUST** report to the volunteer desk at least sixty (60) minutes before the start of the competition for registration and assignment. Clubs are expected to provide the following number of volunteers (non-compliant Clubs will be excluded from participation):

- | | |
|--------------------------------|---------------------------------------|
| • 1 - 10 swimmers entered: | One (1) volunteer per Session |
| • 11 - 20 swimmers entered: | Four (4) volunteers per Session |
| • 21 - 40 swimmers entered: | Five (5) volunteers per Session |
| • 41 or more swimmers entered: | Eight (8) volunteers per Session |
| • Unattached swimmers: | One (1) volunteer for one (1) Session |

2. Relay cards are in duplicate, the original must be handed in to the Recorder thirty (30) minutes before the start of the first event of the Session; the copy must be handed to the Head Lane Time Keeper at the beginning of the event.

Any change must be made no later than four (4) events prior to the scheduled event number after that, only on the presentation of a valid Medical Certificate. The swimmers must be named in order of swimming in accordance with FINA rules.

2. There will be positive check in forty five (45) minutes before start of the Session for all events 400m and above.

4. Participating Clubs are responsible for providing a Counter for the 800 metre and 1500 metre events

MARSHALLING:

1. There will be a Marshalling Area for the finals. There will be no Marshalling Area for the Preliminaries. The next heat must be behind the blocks while the current heat is in progress.

2. The coaches are responsible to get their swimmers to the starting block. It is the responsibility of the swimmer to swim in the correct lane and heat assigned to him/her. If a swimmer swims in the wrong lane or heat then the swimmer will automatically be disqualified.

3. Once the swimmers are under the Starter's orders and he/she has taken control of the race (after second whistle), no swimmer may then enter the race. If this occurs, the swimmer will be disqualified and not allowed to swim in the particular event..

ENTRIES AND RESULTS:

1. Competitors will only be allowed to swim in their respective Age Groups.
2. At the discretion of the Meet Referee, **Deck Entries for the Preliminaries, Time Finals and Time Trials will be allowed. Swim times will be included in the final results but will not score points. A fee of JA\$400.00 or US\$4.50 per event will be charged.**
3. During the Preliminary events, scratches are allowed at any time.
4. For the finals, Scratches must be presented thirty (30) minutes prior to the start of finals. Failure to comply will result in the following penalty: A fine of JA\$500.00 or US\$5.50 is to be paid immediately upon reporting the scratch. The team will be denied future participation in the Championships if the fine is not paid. Any claim of illness must be supported by Medical verification.
5. The eight (8) fastest swimmers in the Preliminaries will qualify for the Finals. The 9th and 10th fastest swimmer in each Preliminary event will be designated as alternates for the Finals.
6. The seeding for the Preliminary events will be in accordance with FINA Rule SW3.
7. Any event containing eight (8) or less entries will automatically be swum as a Final.
8. Masters Records will be credited according to the FINA Masters Age Grouping system

AWARDS AND POINTS:

1. Points for each event will be awarded as follows:
 - i. 9, 7, 6, 5, 4, 3, 2, 1 for first (1st) to eighth (8th) place.
 - ii. 18, 14, 12, 10, 8, 6, 4, 2 being awarded to Relays for first (1st) to eighth (8th) place
 - iii. Open events will be scored according to the Age Groups 11-12, 13-14 & 15 and over.
2. Medals will be awarded to the first three places in all events, including Masters. Ribbons will be awarded for fourth (4th) to eighth (8th) place in the 12 & under Age Groups only.
3. Age Group Team Awards - There will be a Championship Trophy for the winning team in the Age Group Division. The second and third place team will also receive a trophy.
4. Individual Awards - There will be a Trophy for the male and female swimmer with the most individual points for each Age Group. There will be an Achievement Trophy for the male and female in the 13-14 and 15 & over Age Groups. To qualify for the award, the swimmer must accumulate a minimum of 12 points in four (4) events, based on American Time Standards (AAAA = 4 points, AAA = 3, AA = 2 and A = 1). This trophy will not be awarded if no notable achievement is recorded.
5. A Performance Trophy will be awarded to the swimmer with the best swim 100 metres and above in each of the 11-12, 13-14, and 15 & Over Age Groups (highest FINA Points). For the 8 & Under and 9-10 Age Group, the Achievement Trophy will be awarded for the best swim at any distance. (highest FINA Points)
6. Masters events will be scored separately and in 10 year Age Groups: 25-34, 35-44 etc.
7. Masters Team Award –There will be a Trophy for the winning club in the Masters Division.

PROGRAMME FOR 2016 AGE GROUP CHAMPIONSHIPS

TUESDAY, FEBRUARY 9th

5:30 p.m.

Event 1	F 800 M Freestyle	Open
Event 2	M 1500 M Freestyle	Open

THURSDAY, FEBRUARY 11th

8:30 a.m.

Event 3/4	F/M 200 M Breaststroke	11-12 Prelims
Event 5/6	F/M 200 M Breaststroke	13-14 Prelims
Event 7/8	F/M 200 M Breaststroke	15 & O Prelims
Event 11 / 12	F/M 50 M Backstroke	11-12 Prelims
Event 13 / 14	F/M 50 M Backstroke	13-14 Prelims
Event 15 / 16	F/M 50 M Backstroke	15-17 Prelims
Event 19 / 20	F/M 100 M Butterfly	11-12 Prelims
Event 21 / 22	F/M 100 M Butterfly	13-14 Prelims
Event 23 / 24	F/M 100 M Butterfly	15-17 Prelims

THURSDAY, FEBRUARY 11th

5:30 p.m.

Event 3 / 4	F / M 200 M Breaststroke	11-12 Finals
Event 5 / 6	F / M 200 M Breaststroke	13 – 14 Finals
Event 7 / 8	F / M 200 M Breaststroke	15 & Over Finals
Event 9 / 10	F / M 50 M Backstroke	8 & Under Timed Finals
Event 11/ 12	F / M 50 M Backstroke	11 – 12 Finals
Event 13 /14	F / M 50 M Backstroke	13 – 14 Finals
Event 15 / 16	F / M 50 M Backstroke	15& Over Finals
Event 17 / 18	F / M 50 M Backstroke	9 – 10 Timed Finals
Event 19 / 20	F / M 100 M Butterfly	11-12 Finals
Event 21 / 22	F / M 100 M Butterfly	13 – 14 Finals
Event 23 / 24	F / M 100 M Butterfly	15 & Over Finals
Event 25 / 26	F / M 4 x 100 M Freestyle Relay	11 – 12 Timed Finals
Event 27 / 28	F / M 4 x 100 M Freestyle Relay	13 – 14 Timed Finals
Event 29 / 30	F / M 4 x 100 M Freestyle Relay	15 & Over Timed Finals

FRIDAY, FEBRUARY 12th

Event 31 / 32 F / M 200 M Freestyle
 Event 33 / 34 F / M 200 M Freestyle
 Event 35 / 36 F / M 200 M Freestyle
 Event 41 / 42 F / M 50 M Butterfly
 Event 43 / 44 F / M 50 M Butterfly
 Event 45 / 46 F / M 50 M Butterfly
 Event 51 / 52 F / M 100 M Backstroke
 Event 53 / 54 F / M 100 M Backstroke
 Event 55 / 56 F / M 100 M Backstroke
 Event 57 / 58 F / M 400 M IM
 Event 59 / 60 F / M 400 M IM
 Event 61 / 62 F / M 400 M IM

8:30 a.m.

11 – 12 Prelims
 13 – 14 Prelims
 15 & Over
 11 – 12 Prelims
 13 – 14 Prelims
 15 & Over
 11 – 12 Prelims
 13 – 14 Prelims
 15 & Over
 11 – 12 Timed Finals
 13 – 14 Timed Finals
 15 & Over Timed Finals

FRIDAY, FEBRUARY 12th

Event 31 / 32 F / M 200 M Freestyle
 Event 33 / 34 F / M 200 M Freestyle
 Event 35 / 36 F / M 200 M Freestyle
 Event 37 / 38 F / M 50 M Butterfly
 Event 39 / 40 F / M 50 M Butterfly
 Event 41 / 42 F / M 50 M Butterfly
 Event 43 / 44 F / M 50 M Butterfly
 Event 45 / 46 F / M 50 M Butterfly
 Event 47 / 48 F / M 200 IM
 Event 49 / 50 F / M 200 IM
 Event 51 / 52 F / M 100 M Backstroke
 Event 53 / 54 F / M 100 M Backstroke
 Event 55 / 56 F / M 100 M Backstroke
 Event 63 / 64 F / M 4 X 100 M Medley relay
 Event 65 / 66 F / M 4 X 100 M Medley relay
 Event 67 / 68 F / M 4 X 100 M Medley relay

5:30 p.m.

11 – 12 Finals
 13 – 14 Finals
 15 & Over Finals
 8 & Under Timed Finals
 9 – 10 Timed Finals
 11 – 12 Finals
 13 – 14 Finals
 15 & Over Finals
 8 & Under Timed Finals
 9 – 10 Timed Finals
 11 – 12 Finals
 13 – 14 Finals
 15 & Over Finals
 11 – 12 Timed Finals
 13 – 14 Timed Finals
 15 & Over Timed Finals

SATURDAY FEBRUARY 13th

Event 69 / 70 F / M 200 I.M.
 Event 71 / 72 F / M 200 I.M.
 Event 73 / 74 F / M 200 I.M.
 Event 77 / 78 F / M 50 Breast
 Event 79 / 80 F / M 50 Breast
 Event 81 / 82 F / M 50 Breast
 Event 85 / 86 F / M 100 Free
 Event 87 / 88 F / M 100 Free
 Event 89 / 90 F / M 100 Free
 Event 95 / 96 F / M 200 Fly
 Event 97 / 98 F / M 200 Fly
 Event 99 / 100 F / M 200 Fly

8:30 a.m.

11-12 Prelims
 13-14 Prelims
 15 & over Prelims
 11-12 Prelims
 13-14 Prelims
 15 & over Prelims
 11-12 Prelims
 13-14 Prelims
 15 & over Prelims
 11-12 Prelims
 13-14 Prelims
 15 & over Prelims

SATURDAY FEBRUARY 27th

Event 69 / 70 F / M 200 I.M.
 Event 71/ 72 F/ M 200 I.M.
 Event 73/ 74 F/M 200 I.M.
 Event 75/ 76 F/ M 50 Breast
 Event 77/78 F/ M 50 Breast
 Event 79/80 F/ M 50 Breast
 Event 81/82 F/ M 50 Breast
 Event 83/84 F/ M 50 Breast
 Event 85/86 F/ M 100 Free
 Event 87/88 F/ M 100 Free
 Event 89/90 F/ M 100 Free
 Event 91/92 F/ M 100 Free
 Event 93/94 F/ M 100 Free
 Event 95/96 F/ M 200 Fly
 Event 97/98 F/ M 200 Fly
 Event 99/100 F/ M 200 Fly
 Event 101/102 F/ M 4 x200 Free
 Event 103/104 F/ M 4 x200 Free

4:00 pm

11-12 Final
 13-14 Final
 15 & over Final
 8 under Time Final
 11-12 Final
 13-14 Final
 15 & over Final
 9- 10 Time Final
 11-12 Final
 13-14 Final
 15 & over Final
 13-14 Time Final
 15 & over Time Final

SUNDAY, FEBRUARY 14th

Event 105/106 F/ M 400 Free
 Event 107/108 F/ M 400 Free
 Event 109/110 F/ M 400 Free
 Event 115/116 F/ M 50 Free
 Event 117/ 118 F/ M 50 Free
 Event 119/ 120 F/ M 50 Free
 Event 123/ 124 F/ M 100 Breast
 Event 125/ 126 F/ M 100 Breast
 Event 127/ 128 F/ M 100 Breast
 Event 131/ 132 F/ M 200 Back
 Event 133/ 134 F/ M 200 Back
 Event 135/ 136 F/ M 200 Back

8:30 a.m.

11-12 Time Final
 13-14 Time Final
 15 & over Time Final
 11-12 Prelims
 13-14 Prelims
 15 & over Prelims
 11-12 Prelims
 13-14 Prelims
 15 & over Prelims
 11-12 Prelims
 13-14 Prelims
 15 & over Prelims

SUNDAY, FEBRUARY 14th

Event 111/112 F/ M 200 Free
 Event 113/114 F/ M 200 Free
 Event 115/116 F/ M 50 Free
 Event 117/118 F/ M 50 Free
 Event 119/ 120 F/ M 50 Free
 Event 121/ 122 F/ M 50 Free
 Event 123/ 124 F/ M 100 Breast
 Event 125/ 126 F/ M 100 Breast
 Event 127/ 128 F/ M 100 Breast
 Event 129/ 130 F/ M 50 Free
 Event 131/ 132 F/ M 200 Back
 Event 133/ 134 F/ M 200 Back
 Event 135/ 136 F/ M 200 Back
 Event 137/ 138 F/ M 200 Free Relay
 Event 139/ 140 F/ M 200 Free Relay
 Event 141/ 142 F/ M 200 Free Relay
 Event 143/ 144 F/ M 200 Free Relay
 Event 145/ 146 F/ M 200 Free Relay
 Event 147/ 148 F/ M 200 Free Relay

4:00 p.m.

8 under Time Final
 9-10 Time Final
 11-12 Finals
 13-14 Finals
 15 & over Finals
 8 & Under Time Final
 11 – 12 Finals
 13 - 14 Finals
 15 & over Finals
 9 – 10 Time Final
 11-12 Final
 13-14 Final
 15 & over Final
 8 under Time Final
 9-10 Time Final
 11-12 Time Final
 13 -14 Time Final
 13 -14 Time Final
 15 & over Time Final