



ASAJ INTER SCHOOL **TECHNICAL ROUTINES AND FIGURES** **SYNCHRONIZED SWIMMING** **COMPETITION**

- VENUE:** National Stadium Pool – Kingston Jamaica
- DATES:** March 10 -11, 2006
- Eligibility:** All Primary, Secondary, Tertiary Level school swimmers who are registered with their respective schools. No limitation on age group as competitions is a Tier Level competition. Tier levels are now determined according to “Synchro Canada Competitive Tiers & Star Program Requirements” Booklet.
- Events:**
- | | |
|--------|---|
| Tier 1 | Solo, Duet, Team |
| Tier 2 | Solo, Duet, Team |
| Tier 3 | Solo, Duet, Teametc. up to Tier 7 |
- Entry Fees:** J\$200.00 per swimmer.
- Entry Limits:** Two (2) Solos, Two (2) Duets and Two (2) Team per category per tier level.
- Entry Deadline:** March 6, 2006. Entries are to be delivered to ASAJ office, National Stadium Swimming Pool, Kingston Jamaica.
- Rules:** The competition will have **two (2)** primary components: a ***Figures competition*** and a ***Technical Routines competition***. Combined results (50% / 50% weighting) will determine overall scores. Unless otherwise specified, FINA rules in force at time of competition will apply. See attached listing for tier level **Time Limits**. **Technical Elements MUST be performed in the order listed.** Figures will be the two compulsory and the two of Optional Group 2 .
- Technical Meeting:** Thursday, March 9, 2006, 6:00pm-location: Stadium Pool Conference Room. Draws for order of appearance in Figures

and Routines shall be conducted at this time. The Judging panels will be announced. Any questions or clarification will be done at this time. Scratches and entries re-checked.

Programme

(Tentative – To be confirmed after receipt of entries)

FIGURES COMPETITION

Pool opens for Warm-up at 2:00 pm Friday March 10, 2006

Figures Competition Start time 4:00pm - Diving Pool

TECHNICAL ROUTINES

Pool opens for warm up 7:30am Saturday March 11, 2006

Routines Competition start time 9am - Deep End of 50m Pool

Events:

Solos for each tier level

Duets for each tier level

Teams for each tier level

[Practice times for Saturday morning will be assigned at technical meeting]

RULES AND REGULATIONS

- 1 Passes will be provided for officials, coaches and competitors.
- 2 Each swimmer is required to present the pass at the entrance gate for the meet. Swimmers who fail to present their pass will have to pay the prescribed entry fee. Misuse of pass will result in confiscation of the pass and the appropriate disciplinary action taken against the offender and the respective school.
3. Schools are required to provide volunteers to act as runners and perform other functions essential to the smooth running of the competition. Volunteers **MUST** report to the Meet Director at least **60 minutes** before the start of the session. **Schools that do not provide the following number of volunteers will not be allowed to participate in the competition;**
4. **All music for routines competition must be submitted to person in charge of music at least one and a half hours (1 1/2) before start of competition. Music must be on CD, clearly labeled with competitors name, team, number and order of appearance.**
 - 1-10 swimmers entered - 2 **volunteers** per session
 - 11 & more swimmers entered - 4 volunteers per session

MARSHALLING

1. There will be no Marshalling area for the meet; the next event must be in the holding area while the current event is in progress.

2. The coaches are responsible to get their swimmers to the holding area at least one event before their swim. It is the responsibility of the swimmer to swim in the correct event.

ENTRIES AND RESULTS

1. Ages for the competition shall be as of midnight on Dec.31. 2006
2. Competitors will only be allowed to swim in their tier level.
3. Competitors entered in a lower skill group than their skill level will be barred from swimming for points and awards in their correct group in the entire competition.
4. All swimmers entered must be registered with their School.
5. Scratches and name spelling corrections and checking of the original entry are to be done at the Technical Meeting. Any rule or technicality requiring clarification will be explained at the Technical Meeting.
6. If a swimmer does not appear on the final programme after the Technical meeting and was not scratched at the Technical Meeting, then correction must be made to the order of appearance.
7. Scratches are allowed at any time.

AWARDS AND POINTS

Top two swimmers from each school will score in Figures and Top one from Tech.Routines . Points will be awarded to the top eight places in the Figures event (9,7,6,5,4,3,2,1) & Routines event (12, 9, 6, 5, 4, 3, 2, 1) respectively. Points will be doubled for Duets and Teams. Medals will be awarded for first, second, and third place finishes in solos, duets and teams events.

Trophies will be awarded as follows:

- There will be a trophy for the overall winning school in the High Schools.
- There will be a trophy for the overall winning school in the Prep Schools
- There will be a trophy for the overall winning school in the Tertiary Institutions

Time Limits for Technical Routines

TIER	SOLO	DUET	TEAM
TIER 1-3	1:00	1:30	2:00
TIER 4-5	1:30	1:50	2:20
TIER 6-7 (Tier 7 Junior figures & Senior routine elements)	2:00	2:20	2:50

ASAJ

SYNCHRONIZED SWIMMING COMPETITION

ENTRY FORM

Coach : _____

[illegible]

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Name: _____

Telephone / e-mail : _____