



1st ASAJ PRE-MASTERS & MASTERS SWIM MEET, 6th JUNE 2009

ASAJ SANCTION #:

VENUE: BOURNEMOUTH BATHS SWIMMING POOL (25 M)

DATES & TIMES: Saturday 6th JUNE 2009 3:00 PM

Pool will be opened 1½ hours before starting time.

ELIGIBILITY:

All MASTERS SWIMMERS AND ORGANIZATIONS in good standing with the ASAJ. Ages for the meet shall be as of midnight DECEMBER 31, 2009.

As this is a Development Meet, swimmers do not have to be registered with the ASAJ to enter the competition. Unregistered swimmers will be entered as Exhibition Only and will not qualify for ASAJ/Jamaica National Masters Records. Those who wish to register with ASAJ may do so on the day of the meet. For registering please bring along a photocopy of Birth certificate or copy of passport and JA\$500 annual registration fee.

AGE GROUPS:

PRE MASTERS 18-24 & MASTERS 25-34, 35-44, 45 & OVER
ALL SWIMMERS WILL COMPETE TOGETHER BUT SCORE SEPARATELY.

ENTRY LIMITS:

ENTRIES WILL BE LIMITED TO THE FIRST 250 SWIMMERS ("first come first serve" - based on time entries are received by the ASAJ). Swimmers may choose to swim 25 m or 50 meter events. 400 m events are mixed. If less than 3 entries are received per event, the stroke/distance will be swam as a mixed event. If there are less than 3 mixed entrants per stroke/distance, the events will be scratched.

ENTRY FEES:

JA\$800 per swimmer. Deck entries welcome.

RULES:

FINA Rules and ASAJ By-Laws in force at time of competition will apply. ALL EVENTS ARE TIMED FINALS.

ENTRY DEADLINE:

4:00 PM on Wednesday, June 3rd, 2009. Entries are to be delivered to the ASAJ Office or the ASAJ Mail Box at the National Stadium Pool. Entries are preferred on diskette using Hy-Tek software. Deliver as indicated above or email to asaj@cwjamaica.com

REGISTRATION FORMS:

Please request at the office or email sofianicole@gmail.com

Note 1: ENTRY FEES MUST BE PAID BEFORE START OF MEET

NB: If the entry fees are not paid before the start of the competition, a penalty equal to 15% of the entry fees will be added

ASAJ PRE-MASTERS & MASTERS DEVELOPMENT SWIM MEET

PROGRAMME:

1-2	100 M IM	F/M
3-4	50 M Backstroke	F/M
5-6	25 M Breaststroke	F/M
7-8	50 M Breaststroke	F/M
9	400 M Freestyle	Mixed
11-12	50 M Butterfly	F/M
13-14	25 M Freestyle	F/M
15-16	50 M Freestyle	F/M
17-18	200 IM	F/M