



OPEN WATER SWIMMING CHAMPIONSHIPS CORNWALL BEACH, MONTEGO BAY

SUNDAY MARCH 16 2014

START TIME 9:00 AM

MARSHALLING BEGINS AT 8:30 AM

DISTANCES – 500 M, 1 KM & 3 KM

\$700 FOR NON REGISTERD SWIMMERS

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REGISTER AT THE ASAJ OFFICE or with ROSIE LOGAN

(BLUE MARLINS SWIM CLUB) IN MONTEGO BAY

Entry Fee Covers Entrance to Cornwall Beach

Special Supporter Entrance Fee: \$400