<u>CARIFTA SWIMMING CHAMPIONSHIPS 2012 – Nassau, Bahamas</u> Day 1 Results

Jamaica ended day 1 with eight medals – two gold, five silver and one bronze. The first gold medal was won by Angara Sinclair (11-12 girls), finishing the 50m backstroke event in 32.26 which bettered the old CARIFTA meet record of 32.27. She returned later to join Annastazia Chin, Tiara Myrie and Annabella Lyn to win the 11-12 girls 400m freestyle relay in 4:20.64, smashing the old national age group record of 4:23.20.

Kendese Nangle (15-17 girls) and Timothy Wynter (15-17 boys) set new national age group records in winning silver medals in the 50m backstroke events. Kendese finished the race in 30.85 (also new national senior record), bettering her old mark of 30.92. Timothy's time of 26.99 was just off his personal best time of 26.96 but enough to snatch the old record of 27.98.

Other silver medal performances came from Gabrielle Hopkins (2:54.90) in the 13-14 girls 200m breaststroke, Breanna Roman (2:44.36) in the 15-17 girls 200m breaststroke and Annastazia Chin (33.59) in the 11-12 girls 50m backstroke. The bronze medal was won by the 15-17 girls (Britanny Kenny, Breanna Roman, Danielle Boothe, Kendese Nangle) in the 400m freestyle relay touching at 4:04.11 which set a new national age group record. The old record of 4:04.58 had won gold at last year's games.

Other swimmers in individual finals were Justine Lopez in 11-12 girls 200m breaststroke (3:07.72 4th), Leanne McMaster in 13-14 girls 200m breaststroke (3:02.03 6th), Kevaughn Campbell in 13-14 boys 200m breaststroke (2:41.29 5th), Tiara Myrie in 11-12 girls 100m butterfly (1:13.28 6th), Ivana Chang in 13-14 girls 100m butterfly (1:09.47 6th) and Kendese Nangle in 15-17 girls 100m butterfly (1:07.14 5th)