

## **PRESS RELEASE**

### **CARIFTA DAY 3 RESULTS – SWIMMING**

On the penultimate day of competition Jamaica ended with 1 Gold, 3 Silver and 4 Bronze medals. Breanna Roman inspired by her golden swim the previous day, swam a time of 1:03.05 to capture gold in the 11-12 Girls 100M Freestyle event ahead of the French Antilles (1:03.40).

Victoria Ho added two (2) more Silver to her count when she placed second in the 13-14 Girls 200 Individual Medley (2:36.24) and the 50M Breaststroke (36.81). Ramon Walton won silver in the 15-17 Boys 200M Butterfly in a time of 2:18.21.

Octivia Gray claimed her first individual medal at the Games when she clocked 36.97 seconds to place third in the 11-12 Girls 50M Breaststroke. Loriann McMaster also placed third in the 13-14 Girls equivalent in a time of 36.71 seconds. The other bronze came in the 4 x 200M Freestyle Relays with the 13-14 Girls setting a new National Age Group Record in a time of 9:22.13 and the 15-17 Boys finishing the event in a time of 8:20.96 seconds.

Jamaica will enter the final day of competition with 9 Gold, 9 Silver and 8 Bronze and will seek to improve on its 2007 medal tally of 11 Gold 19 Silver and 17 Bronze.

END

Submitted by: Faith Palmer – 332-6319  
Hon. Secretary