



AMATEUR SWIMMING ASSOCIATION OF JAMAICA

MEMORANDUM

TO: All Swim Coaches.

FROM: Mrs. Jacqueline Walter - National Technical Director,
Swimming

SUBJECT: 2009 FINA Development Coaches Course, Kingston,
Jamaica

DATE: September 2, 2009

The International Swimming Federation (FINA) has approved the organization of a Swimming Coaches Clinic in Jamaica as part of the FINA Development Programme for calendar year 2009. This Clinic will be held in Kingston from Wednesday, October 28, 2009 to Sunday, November 1, 2009 and will be conducted by Mr. Guy Edson an ASCA Certified Coach from the United States of America (USA).

The venue for the Clinic has not yet been confirmed; however the dates and times have been established and we hereby use this medium to formally advise you of the Clinic and to invite the participation of all Swim Coaches throughout Jamaica and the wider Caribbean.

The Sessions will be as detailed below: -

Wednesday, October 28, 2009 - 8:00 a.m. to 11:00 a.m. and 5:30 p.m. to 9:00 p.m.

Thursday, October 29, 2009 - 8:00 a.m. to 11:00 a.m. and 5:30 p.m. to 9:00 p.m.

Friday, October 30, 2009 - 8:00 a.m. to 3:00 p.m.

Saturday, October 31, 2009 - 8:00 a.m. to 3:00 p.m.

Sunday, November 1, 2009 - 9:00 a.m. to 12:00 noon

The cost for Registration to attend this Course will be one thousand five hundred Dollars (J\$1,500.00) per Coach and we would appreciate receiving confirmation of

your intention to participate in this Clinic as this will assist Guy Edson in finalizing his preparations and will also enable us to finalize our own plans for hosting this event.

The topics to be covered include: -

- Technique for all four (4) Strokes and Turns
- Planning a year round programme for your swimmers
- The Development of an Age Group Swimmer through to the Senior Level

This Clinic will indeed be an excellent opportunity for all Swim Coaches to upgrade their skills, learn new techniques in swimming and share ideas for the development of swimming in the Caribbean, so we encourage you to give this venture your wholehearted support as we work together to improve the sport of swimming.

Further details concerning the venue and other pertinent information will be circulated shortly and will also be available on our website at www.swimjamaica.com.

Sincerely,

Jacqueline Walter
National Technical Director