

TORNADOES SWIM CLUB DISTANCE DEVELOPMENT MEET
JANUARY 22, 2005

ASAJ SANCTION #: 40502

VENUE: National Stadium Pool (50M)

DATE & TIME: Saturday January 22, 2005 – 2.00 PM

Pool will be opened for warm-up 1½ hours before starting time.

ELIGIBILITY: All Clubs and Swimmers, in good standing, registered with the ASAJ or other FINA affiliated Federations. Age Group ages for the meet shall be as of midnight December 31, 2004.

ENTRY LIMITS: **Individual Entries** – Maximum one (1) event for 12 & under, and two (2) events for 13 & over swimmers.

ENTRY FEES: JA\$100.00 per swimmer, to be paid at gate on entry.

RULES: FINA Rules and ASAJ Bye-Laws in force at the time of the competition will apply.

ENTRY DEADLINE: Entries will be taken at the National stadium Pool between 11 – 12.30pm on Saturday January 22nd. Pre-entries may be done on Hy-Tek and e-mailed to jcwalt@cwjamaica.com by Friday January 21st, 2005. All swimmers must do a positive check in by the following times, or they will be scratched from the event. Events 1 -4 -1.15pm Events 5 – 8 – 2.00pm Events 9 – 10 – 2.30pm

SPECTATORS' ENTRY FEE: JA\$100.00

ORDER OF EVENTS:

EVENTS 1-2 400M FREESTYLE 11 & OVER

EVENTS 3-4 200M FREESTYLE 8 & UNDER

EVENTS 5-6 400M INDIVIDUAL MEDLEY 11 & OVER

EVENTS 7-8 400M FREESTYLE 9-10

EVENTS 9-10 800/1500M FREESTYLE 11 & OVER

Food and Drink will be on Sale