2006 SWIM-A-THON, FUN DAY AND MINI TRIATHLON

TARGET: RAISE $1,000,000 AND TO HAVE LOTS OF FUN

PRIZES

Date: February, 11, 2006

WHATS HAPPENING AND WHEN:

1. Swim-A-Thon: first lap 9:00 AM – last lap starts at 11:30 AM
2. Beach Water Polo: 10:00 AM - 12:30 PM
3. Mini Triathlon: Three age groups 10 and under, 11-14, 15 and over
   a. 11 and over Triathlon starts at 7:30 AM
   b. 10 and under Triathlon starts at 10:00 AM
   c. Beach Water Polo 10:00 AM – 12:30 PM
3. Other pool games (bring spare clothes and sneakers)

ENTRY FEE

- **Swim-A-Thon and fun day: FREE (with entry form)**
- **Fun Day only: $200**
- **Mini-Triathlon and fun day: $300**
- **Volunteers and spectators: FREE**

**Contact person:
Carol Cuffley (ASAJ office)**

SWIM-A-THON PRIZES
1st place (money raised): Tickets for 2 on Air Jamaica to any Caribbean or North American destination
2nd place (money raised): Family weekend at Rondel Village – Negril (meals not included)
3rd place (money raised): JA$10,000
Movie tickets
Many other Swim-A-Thon prizes

TRIATHLON
25% of the total triathlon entry fees shared among the three category winners

SWIM-A-THON SPONSORS

AIR JAMAICA
www.airjamaica.com

**RONDEL VILLAGE
NEGRIL, JAMAICA
www.rondelvillage.com**

Pick up Swim-A-Thon forms at the ASAJ Office—National Stadium Pool

National Stadium Pool
Independence Park
Kingston

Phone: 920-6230
Fax: 920-6129
E-mail: asaj@cwjamaica.com

Triathlon participants will be required to sign a waive

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SEE BACK OF THIS FLYER FOR MORE INFORMATION

The Annual ASAJ Swim-A-Thon is held to raise money for Jamaica's Aquatic programmes as well as providing a means for our CARIFTA Swimming Championship Team Members to source the funding needed to travel to Barbados in April. While doing that we are all going to have fun and have the opportunity to compete in a mini triathlon.