



CHRISTMAS OPEN SWIMMING CHAMPIONSHIPS DECEMBER 20 - 22, 2008

ASAJ SANCTION #

VENUE: National Stadium Pool (50M)

DATES & TIMES:

Saturday	December 20, 2008	9:00 AM & 4:00 PM
Sunday	December 21, 2008	9:00 AM & 4:00 PM
Monday	December 22, 2008	9:00 AM & 5:00 PM

Pool will be opened 1½ hours before starting time.

ELIGIBILITY: All Clubs and Swimmers, in good standing, registered with the ASAJ or other FINA affiliated Federations.
Ages for the meet shall be as of midnight December 31, 2007
Minimum age for OPEN Events – 10 years old

MEET FORMAT: 50, 100 and 200 M Individual Events - Preliminary Heats with A & B Final
400, 800 and 1,500 M Events - Timed Finals (fastest heat swum with the finals)
Relays - Timed Finals (fastest heat swum with the finals)

ENTRY LIMITS:

Number of entries per Club	- No limit
Number of entries per Club in Open events	- No limit
Number of relay teams per Club	- 2 per event

ENTRY FEES: JA\$80.00 (for ASAJ registered swimmers) or US\$1.50 per individual event, or **JA\$100.00 (for ASAJ registered swimmers) or US\$2.00 per individual event if entries submitted after 4:00 PM on Friday, December 5, 2008**
JA\$150.00 (for ASAJ registered clubs) or US\$2.50 per relay team, per event.

RULES: FINA Rules and ASAJ By-Laws in force at time of competition will apply. See attached form for Additional Rules and Regulations.

PROGRAMME: See attached.

REGISTRATION: The ASAJ register closes at 4:00 p.m. on **Friday, November 28, 2008**

ENTRY DEADLINE: **4:00 PM on Friday, December 5, 2008.** Entries are to be delivered to the ASAJ Office or the ASAJ Mail Box at the National Stadium Pool. Entries are preferred on diskette using Hy-Tek software. Deliver as indicated above or email to asaj@cwjamaica.com

Note: 1. ENTRY FEES MUST BE PAID BEFORE START OF MEET

NB: If the entry fees are not paid before the start of the competition, a penalty equal to 15% of the entry fees will be added.

ADDITIONAL RULES

1. P.A. System is to run the meet - Primary mike will be for the Starter and Announcer.
2. **ASAJ clubs are required to provide volunteers to act as timekeepers and perform other functions essential to the smooth running of the competition.** Names of volunteers must be submitted to the ASAJ Office no later than four (4) days before the start of the competition. Volunteers **MUST** report to the Meet Director at least **45 minutes** before the start of the session. **Clubs that do not provide the following minimum number of volunteers will not be allowed to participate in the competition;**
 - ❖ 1-10 swimmers entered – 1 volunteer per session
 - ❖ 11-20 swimmers entered – 4 volunteers per session
 - ❖ 21-40 swimmers entered – 5 volunteers per session
 - ❖ 41 swimmers and over – 8 volunteers per session

MARSHALLING

1. There will be no Marshalling area for the preliminary heats. The next heat must be behind the blocks while the current heat is in progress.
2. Marshaling will be used for the finals. Swimmers should report to the Clerk of Course at least three (3) races before the start of their event.
3. Once the swimmers are under the Starter's orders and he/she has taken control of the race (after second whistle), no swimmer may then enter the race. If this occurs, the swimmer will be disqualified and not allowed to swim.

ENTRIES AND RESULTS

1. Competitors will only be allowed to swim in their age group.
2. Scratches are allowed at any time.
3. **Deck entries and times trials will be allowed. Swim times will be included in the final results but will not score points. A fee of JA\$200.00 per event will be charged.**
4. Original Relay cards must be handed in to the Recorder 30 (thirty) minutes before the start of the first event of the session. Duplicate copy must be handed to the chief lane judge prior to the start of the race. Any change must be made at least four (4) events prior to the scheduled event number, after that on presentation of a medical certificate. The swimmers must be named in order of swimming in accordance with FINA rules.

AWARDS AND POINTS

1. Points will be awarded to the A & B Finalists as follows:
20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1 (INDIVIDUAL EVENTS)
40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2 (RELAYS)
2. MEDALS will be awarded to the three fastest swimmers each A Final
3. A Trophy will be awarded to the 1st place Club; 2nd and 3rd place Clubs will be awarded trophies ranked according to points.
4. A performance trophy will be awarded to the male and female swimmer in the OPEN category and 10-12 age group category who attains the highest FINA Points ranking in a single event.
5. A performance trophy will be awarded to any swimmer who attains at least one USS T16 time.

ORDER OF EVENTS - 2008 CHRISTMAS OPEN SWIMMING CHAMPIONSHIPS

SATURDAY: PRELIMINARIES START AT 9:00 AM – FINALS START AT 4:00 PM

1	800 M Freestyle	F/M OPEN
2	1500 M Freestyle	F/M OPEN
3-4	100 M Breaststroke	F/M 10-12
5-6	100 M Breaststroke	F/M OPEN
7-8	50 M Butterfly	F/M 10-12
9-10	50 M Butterfly	F/M OPEN
11-12	200 M Backstroke	F/M 10-12
13-14	200 M Backstroke	F/M OPEN
15-16	100 M Freestyle	F/M 10-12
17-18	100 M Freestyle	F/M OPEN
19-20	200 M I.M.	F/M 10-12
21-22	200 M I.M.	F/M OPEN
23-24	200 M Free Relay	F/M OPEN

SUNDAY: PRELIMINARIES START AT 9:00 AM – FINALS START AT 4:00 PM

25-26	400 M I.M.	F/M OPEN
27-28	50 M Breaststroke	F/M 10-12
29-30	50 M Breaststroke	F/M OPEN
31-32	100 M Butterfly	F/M 10-12
33-34	100 M Butterfly	F/M OPEN
35-36	200 M Freestyle	F/M 10-12
37-38	200 M Freestyle	F/M OPEN
39-40	100 M Backstroke	F/M 10-12
41-42	100 M Backstroke	F/M OPEN
43-44	400 M Free Relay	F/M OPEN

MONDAY: PRELIMINARIES START AT 9:00 AM – FINALS START AT 5:00 PM

45-46	400 M Freestyle	F/M OPEN
47-48	200 M Breaststroke	F/M 10-12
49-50	200 M Breaststroke	F/M OPEN
51-52	50 M Backstroke	F/M 10-12
53-54	50 M Backstroke	F/M OPEN
55-56	200 M Butterfly	F/M 10-12
57-58	200 M Butterfly	F/M OPEN
59-60	50 M Freestyle	F/M 10-12
61-62	50 M Freestyle	F/M OPEN
63-64	400 M Med. Relay	F/M OPEN