

TORNADOES SWIM CLUB
INVITATIONAL SWIM MEET 2006
MARCH 24 & 25, 2006
Kingston Jamaica

ASAJ SANCTION #: 20603

VENUE: National Stadium Pool (50M)

DATES & TIMES: Friday March 24, 2006 - 5:00 PM
Saturday March 25, 2006 - 8:30 AM
Saturday March 25, 2006 - 4:30 PM

Pool will be opened 1½ (one and a half) hours before starting time.

ELIGIBILITY: All Clubs and Swimmers, in good standing, registered with the ASAJ or other FINA affiliated Federations. Age Group ages for the meet shall be as of midnight December 31, 2005. Masters ages shall be as of December 31, 2006.

ENTRY LIMITS: **Individual Entries** – Maximum three (3) events per session.
Club Entries –

- No limit for 100m and 50m events (except 10 & under freestyle events.)
- Maximum three (3) entries for
 - All events 200m and up
 - 10 & under 100m Freestyle events.
- Number of relay teams per Club - 2 per event

ENTRY FEES: JA\$70.00 (for ASAJ registered swimmers) or US\$2.00 per individual event.
JA\$100.00 (for ASAJ registered clubs) or US\$2.50 per relay team, per event.

RULES: FINA Rules and ASAJ Bye-Laws in force at the time of the competition will apply. Except as modified in this summons. FINA Masters Rules will apply to Masters Events. See additional Rules and Regulations on next page.

PROGRAMME: Schedule of events attached.

REGISTRATION: The ASAJ register closes at 4:00 p.m. on March 3rd, 2006.

ENTRY DEADLINE: No later than 4:00 PM on Friday March 10th, 2006.
Entries are to be delivered to 6 Stanton Terr, Kingston 6 or emailed to jcwalt@cwjamaica.com. Entries are preferred on diskette using Hy-Tek software.

Note:

1. ENTRY FEES MUST BE PAID BEFORE START OF MEET
2. ENTRY TIMES AND DATE OF BIRTH MUST BE INCLUDED ON THE ENTRY FORM

RULES AND REGULATIONS

1. FINA Warm Up Guidelines will be used.
2. Relay cards must be completed in duplicate, the original must be handed in to the Recorder 30 (thirty) minutes before the start of the first event of the session; the copy must be handed to the head lane time keeper at the beginning of the event. Any change must be made at least four (4) events prior to the scheduled event number, after that on presentation of a medical certificate. The swimmers must be named in order of swimming in accordance with FINA rules.

MARSHALLING

3. There will be no Marshalling Area for the meet. The next heat must be behind the blocks while the current heat is in progress.
4. The coaches are responsible for getting their swimmers to the starting block on time. It is the responsibility of the swimmer to swim in the correct lane and heat assigned to him/her. If a swimmer swims in the wrong lane or heat, the swimmer will automatically be disqualified.
5. Once the swimmers are under the starter's orders and he has taken control of the race (after second whistle), no swimmer may enter the race. If this occurs, the swimmer will be disqualified and not allowed to swim.

ENTRIES AND RESULTS

6. Competitors will only be allowed to swim in their age group.
7. **Deck entries will be accommodated, provided you are entered in the meet. Swim times will be included in the final results but will not score points. A fee of JA\$150 per event will be charged.**
8. Scratches are allowed at any time.

POINTS

9. Individual Events: 9,7,6,5,4,3,2,1. Relays: 18,14,12,10,8,6,4,2
10. Masters Events will score as Individual Events

Points will only be awarded to the first two finishers in each club until 8 place-points are awarded.

AWARDS:

11. Medals will be awarded to the first three (3) places in all events;
12. Ribbons will be awarded from 4th –8th places in 10 & Under Individual events only.
13. Medals will be awarded to first three places in each age group of the masters events (25-34), (35-44) & (45 & over)
14. **A Trophy will be awarded to the overall winning club.**

GATE ENTRY FEES: Adults: Ja\$200 per session.
Children: Ja\$100 per session.
Season Tickets: Ja\$500 (available before the meet and at the gate)

HEAT SHEETS: Parking: Ja\$100 per session
Will be sold on the day of the event

CONCESSIONS: Snacks, fruit, meals and drinks on sale throughout the meet.

ANY ADDITIONAL INFORMATION: Jacky Walter 330-4496 or Wendy Lee 881-5334

ORDER OF EVENTS

Friday March 24, 2006 – 5.00pm

1/2	400m Freestyle	11 – 12
3/4	400m Freestyle	13 & Over
5/6	50m Breaststroke	8 & Under
7/8	50m Breaststroke	9 – 10
9/10	100m Breaststroke	11 – 12
11/12	100m Breaststroke	13 & Over
13/14	50m Butterfly	Masters
15/16	200m Backstroke	11-12
17/18	200m Backstroke	13 & Over
19/20	200m Indiv. Medley	10 & Under
21/22	100m Freestyle	11-12
23/24	100m Freestyle	13 & Over
25/26	50m Breaststroke	Masters
27/28	200m Medley Relay	8 & Under
29/30	200m Medley Relay	9 – 10
31/32	200m Medley Relay	11 – 12
33/34	200m Medley Relay	13 & Over

Saturday March 25,2006 – 8.30am

35/36	200m Butterfly	11 & Over
37/38	50m Butterfly	8 & Under
39/40	50m Butterfly	9 – 10
41/42	100m Backstroke	11 – 12
43/44	100m Backstroke	13 & Over
45/46	200m Freestyle	11 – 12
47/48	200m Freestyle	13 & Over
49/50	100m Freestyle	10 & Under
51/52	200m Breaststroke	11 – 12
53/54	200m Breaststroke	13 & Over
55/56	50m Backstroke	8 & Under
57/58	50m Backstroke	9 – 10
59/60	400m Indiv. Med	11 & Over

Saturday March 25 ,2006 – 4.30pm

61/62	200m Indiv. Med	11 – 12
63/64	200m Indiv. Med	13 & Over
65/66	50m Backstroke	Masters
67/68	100m Butterfly	11 – 12
69/70	100m Butterfly	13 & Over
71/72	50m Freestyle	8 & Under
73/74	50m Freestyle	9 – 10
75/76	50m Freestyle	Masters
77/78	50m Freestyle	11 – 12
79/80	50m Freestyle	13 & Over
81/82	200m Free Relay	8 & Under
83/84	200m Free Relay	9 – 10
85/86	200m Free Relay	11 – 12
87/88	200m Free Relay	13 & Over