



AGE GROUP GOLD LAS LIC 2005

ASAJ SANCTION #

20524

VENUE:

National Stadium Pool (50M)

DATES & TIMES:

Friday	December 9, 2005	5:00 PM
Saturday	December 10, 2005	8:30 AM & 5:00 PM
Sunday	December 11, 2005	9:00 AM

Pool will be opened 1½ hours before starting time.

ELIGIBILITY:

All Clubs and Swimmers, in good standing, registered with the ASAJ or other FINA affiliated Federations.

Ages for the meet shall be as of midnight December 31, 2004

ENTRY LIMITS:

Number of entries per Club	- No limit except open events
Number of entries per Club in Open events	- 7 per event
Number of relay teams per Club	- 2 per event

ENTRY FEES:

JA\$60.00 (for ASAJ registered swimmers) or US\$2.00 per individual event.
JA\$100.00 (for ASAJ registered clubs) or US\$2.50 per relay team, per event.

RULES:

FINA Rules and ASAJ By-Laws in force at time of competition will apply. See attached form for Additional Rules and Regulations.

PROGRAMME:

See attached.

REGISTRATION:

The ASAJ register closes at 4:00 p.m. on **Friday November 18, 2005**

ENTRY DEADLINE:

4:00 PM on Friday, November 25, 2005. Entries are to be delivered to the ASAJ Office or the ASAJ Mail Box at the National Stadium Pool. Entries are preferred on diskette using Hy-Tek software. Deliver as indicated above or email to asaj@cwjamaica.com copy knangle@jpsco.com

Note: 1. **ENTRY FEES MUST BE PAID BEFORE START OF MEET**
2. **ENTRY TIMES MUST BE INCLUDED ON THE ENTRY FORM**

ADDITIONAL RULES

1. P.A. System is to run the meet - primary mike will be for the starter and announcer.
2. **ASAJ clubs are required to provide volunteers to act as timekeepers and perform other functions essential to the smooth running of the competition.** Names of volunteers must be submitted to the ASAJ Office no later than 4 days before the start of the competition. Volunteers **MUST** report to the Meet Director at least **45 minutes** before the start of the session. **Clubs that do not provide the following minimum number of volunteers will not be allowed to participate in the competition;**
 - ❖ 1-10 swimmers entered – 1 volunteer per session
 - ❖ 11-20 swimmers entered – 4 volunteers per session
 - ❖ 21-40 swimmers entered – 5 volunteers per session
 - ❖ 41 and Over – 8 volunteers per session

MARSHALLING

1. There will be no Marshalling area for the meet. The next heat must be behind the blocks while the current heat is in progress.
2. The coaches are responsible to get their swimmers to the starting block. It is the responsibility of the swimmer to swim in the correct lane and heat assigned to him. If a swimmer swims in the wrong lane or heat then the swimmer will automatically be disqualified.
3. Once the swimmers are under the starter's orders and he has taken control of the race (after second whistle), no swimmer may then enter the race. If this occurs, the swimmer will be disqualified and not allowed to swim.

ENTRIES AND RESULTS

1. Competitors will only be allowed to swim in their age group.
2. Scratches are allowed at any time.
3. Deck entries and times trials will be allowed. Swim times will be included in the final results but will not score points. A fee of JA\$150 per event will be charged.
4. All 200 and 400 M events are "open" to swimmers 9 and over; however the 9-10 and 11-12 age group results will be scored separately.
5. Original Relay cards must be handed in to the Recorder 30 (thirty) minutes before the start of the first event of the session. Duplicate copy must be handed to the chief lane judge prior to the start of the race. Any change must be made at least four (4) events prior to the scheduled event number, after that on presentation of a medical certificate. The swimmers must be named in order of swimming in accordance with FINA rules.

AWARDS AND POINTS

1. Points will be awarded to the eight fastest swimmers in each event:
9,7,6,5,4,3,2,1 – Individual Events; 18,14,12,10,8,6,4,2, - Relay Events.
2. Ribbons will be awarded to the eight fastest swimmers each event
3. A Trophy will be awarded to the 1st place Club; 2nd and 3rd place Clubs will be awarded trophies ranked according to points.
4. A performance trophy will be awarded to the male and female swimmer in each age group who attains the highest number of FINA Points in a single event.
5. A performance trophy will be awarded to any swimmer who attains a T16 time.
6. Masters events will be scored in the following age groups; 25-34, 35-44, 45-54, 55-64 etc.
7. A Trophy will be awarded to the Masters Club with the most points.

ORDER OF EVENTS - AGE GROUP GOLD LAS LIC 2005

FRIDAY 5:00 PM	1-2	50 M Freestyle	F/M Open
	3-4	50 M Freestyle	F/M 11-12
	5-6	50 M Freestyle	F/M 9-10
	7-8	100 M Backstroke	F/M Open
	9-10	100 M Backstroke	F/M 11-12
	11-12	100 M Backstroke	F/M 9-10
	13	800 M Freestyle	F 11 and Over
	14	1500 M Freestyle	M 11 and Over
SATURDAY 8:30 AM	15-16	200 M Butterfly	F/M Open
	17-18	50 M Breaststroke	F/M 8 & Under
	19-20	100 M Breaststroke	F/M 9-10
	21-22	100 M Breaststroke	F/M 11-12
	23-24	100 M Breaststroke	F/M Open
	25-26	100 M Freestyle	F/M 8 & Under
	27-28	50 M Backstroke	F/M 9-10
	29-30	50 M Backstroke	F/M 11-12
	31-32	50 M Backstroke	F/M Open
	33-34	200 M Freestyle	F/M Open
	35-36	200 M Free Relay	F/M 8 & Under
	37-38	200 M Free Relay	F/M 9-10
	39-40	200 M Free Relay	F/M 11-12
	41-42	200 M Free Relay	F/M Open
SATURDAY 4:30 PM	43-44	400 M Freestyle	F/M Open
	45-46	50 M Breaststroke	F/M 9-10
	47-48	50 M Breaststroke	F/M 11-12
	49-50	50 M Breaststroke	F/M Open
	51-52	50 M Breaststroke	F/M Masters
	53-54	100 M Butterfly	F/M 9-10
	55-56	100 M Butterfly	F/M 11-12
	57-58	100M Butterfly	F/M Open
	59-60	50 M Butterfly	F/M Masters
	61-62	200 M IM	10 and Under
	63-64	200 M IM	Open
	65	200 M Med. Relay	Masters (mixed)
	67-68	200 M Med. Relay	F/M 9-10
	69-70	200 M Med. Relay	F/M 11-12
SUNDAY 9:00 AM	71-72	400 M IM	F/M Open
	73-74	50 M Freestyle	F/M Masters
	75-76	50 M Backstroke	F/M 8 and Under
	77-78	100 M Freestyle	F/M 9-10
	79-80	100 M Freestyle	F/M 11-12
	81-82	100 M Freestyle	F/M Open
	83-84	50 M Backstroke	F/M Masters
	85-86	50 M Butterfly	F/M 8 & Under
	87-88	200 M Breaststroke	F/M Open
	89-90	50 M Butterfly	F/M 9-10
	91-92	50 M Butterfly	F/M 11-12
	93-94	50 M Butterfly	F/M Open
	95-96	50 M Freestyle	F/M 8 and Under
	97-98	200 M Backstroke	F/M Open
	99-100	200 M Med. Relay	F/M 8 & Under
	101-102	200 M Med. Relay	F/M Open