



ASAJ DISTANCE DEVELOPMENT SWIM MEET, OCTOBER 2009

ASAJ SANCTION #:

VENUE: UWI (to be confirmed)

DATES & TIMES: Saturday October 10th, 2009 2:30 PM
Pool will be opened 1½ hours before starting time.

ELIGIBILITY: All swimmers affiliated with the ASAJ, a club or a school.
Ages for the meet shall be as of midnight December 31st, 2008

ENTRY LIMITS: Number of events per swimmer - 1
Number of entries per Club/Team - No limit
Events will be swum as Mixed Female and Male

ENTRY FEES: JA\$200 per swimmer
JA\$250 per swimmer if entry is submitted after 4:00 PM on Friday October 9, 2009

RULES: FINA Rules and ASAJ By-Laws in force at time of competition will apply.

ENTRY DEADLINE: 4:00 PM on Friday October 9th, 2009. Late entries will not be seeded or shown in the results and will be considered at the discretion of the Meet Referee and subject to the late entry penalty. Entries are to be delivered to the ASAJ Office or the ASAJ Mail Box at the National Stadium Pool. Entries are preferred on diskette using Hy-Tek software. Deliver as indicated above or email to asaj@cwjamaica.com

Note 1: ENTRY FEES MUST BE PAID BEFORE START OF MEET

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PROGRAMME:

1	400M Freestyle	10 & Under	Mixed
2	100M Freestyle	8 & Under	Mixed
3	800M Freestyle	11and Over	Mixed
4	1500M Freestyle	11 & Over	Mixed