

JAMAICA NATIONAL SWIM SQUAD COMMITMENT DOCUMENT

Congratulations on your selection to the **Jamaica National Swim Squad**. Your selection recognizes your swimming and academic achievements and demonstrates the determination of the ASAJ to provide you, within its financial constraints, with every opportunity to fulfill your dreams and swimming potential.

How will being a member of the National Squad benefit you? Firstly, being selected is recognition of your excellent performances in the last six months – you should be proud of the effort you have put into training and the results. Well done! Secondly, for those of you training in Jamaica, it gives you an opportunity to train regularly with the nation's best – we hope that this will motivate you to train harder. Lastly, all Squad members are eligible to be a part of the clinics, camps and other activities planned – the schedule, of course, will to a great extent depend on available funding. The National Squad is what you make it – if everyone of you put in the required effort, you will be stunned at the positive results.

The ASAJ's National Team Programme (www.swimjamaica.com) has two components, a National Squad and a National Team selected for competition. Your selection to the National Squad does not guarantee selection to National Teams for Competition. National team selection is open to all ASAJ registered swimmers and will be based on the criteria determined by Council for the meet in question.

The programme recognizes the importance of your coach in the development process. As the National Squad will not train every day, you, your coach and parents are therefore required to ensure that the goals of the program are met by committing to the minimum levels of training laid out in the *ASAJ Age Group Development Model* (www.swimjamaica.com). Twice each year (February and August) your coach will be asked to advise the ASAJ, in writing, that you have demonstrated your commitment by meeting the training requirements. Honesty is essential and breaches of trust (by swimmer and/or coach) will result in suspension from the National Squad while the ASAJ Disciplinary Board reviews the case.

Parents/Guardians have a significant role in the development of the swimmer. They are to ensure that every opportunity is provided for the swimmer's development. The parent/coach/swimmer relationship must be professionally managed by all. The ASAJ believes that competition at the highest level and excellent academic standards can be achieved if carefully managed. Parents, coaches and swimmers who are concerned about their swimmers' academic results should discuss their concerns with the National Team Head Coach.

The National Squad will be reviewed in February and August each year. Your continued participation will depend upon your performances in the pool and ability to achieve the minimum training and academic requirements as well as the selection criteria.

Happy swimming!

John Eyre, President

Jacqueline Walter, National Coach

NATIONAL SQUAD COMMITMENT FORM

SWIMMER'S COMMITMENT:

I _____ will commit to being a member of the **Jamaica National Junior Swim Squad** and make every effort to fulfill all the stated criteria.

NAME: _____ SIGN: _____ DATE: _____

COACH'S COMMITMENT:

I _____ hereby give my commitment to ensure that _____ is afforded every opportunity to receive training as stipulated in the *National Age Group Training Model*. I will make every effort to complete the summary reports by the first Tuesday after the Spring Age Group Championships (see ASAJ Calendar www.swimjamaica.com) , and the third Tuesday in August each year.

NAME: _____ SIGN: _____ DATE: _____

PARENTS/GUARDIANS COMMITMENT:

I _____ hereby agree to provide the necessary support for _____ to achieve his/her goals and to fulfill the requirements to be a member of the **Jamaica National Junior Swim Squad**.

NAME: _____ SIGN: _____ DATE: _____

When you have completed this form, send it to the ASAJ Office:

1. By hand: or,
2. By Facsimile: (876) 754-7752 or,
3. By Mail: ASAJ
P.O. Box 15
Kingston 10
Jamaica