



**AGE GROUP GOLD LAS LIC SWIM MEET**  
DECEMBER 15-17, 2006

<b>ASAJ SANCTION #</b>	<b>20622</b>
<b>VENUE:</b>	National Stadium Pool (50M)
<b>DATES &amp; TIMES:</b>	Friday                December 15, 2006        5:30 PM Saturday            December 16, 2006        8:30 AM & 4:30 PM Sunday              December 17, 2006        9:00 AM
	Pool will be opened 1½ hours before starting time.
<b>ELIGIBILITY:</b>	All Clubs and Swimmers, in good standing, registered with the ASAJ or other FINA affiliated Federations. Ages for the meet shall be as of midnight December 31, 2005
<b>ENTRY LIMITS:</b>	Number of entries per Club – See notes below Number of entries per Club in 11 and Over events - 10 per event but at least 2 11-12 swimmers must be included Number of relay teams per Club - 2 per event Number of entries per Club in the 9-10 100 M and 200 M IM events – 4 per event The 200 M Freestyle, Breaststroke, Butterfly and Backstroke and 400 M freestyle are open to 10 year old swimmers for exhibition only (will be shown in the results).
<b>ENTRY FEES:</b>	JA\$70.00 (for ASAJ registered swimmers) or US\$2.00 per individual event, or <b>JA\$80.00 (for ASAJ registered swimmers) or US\$2.50 per individual event if entries submitted after 4:00 PM on Friday December 1, 2006</b> JA\$100.00 (for ASAJ registered clubs) or US\$2.50 per relay team, per event.
<b>RULES:</b>	FINA Rules and ASAJ By-Laws in force at time of competition will apply. See attached form for Additional Rules and Regulations.
<b>PROGRAMME:</b>	See attached.
<b>REGISTRATION:</b>	The ASAJ register closes at 4:00 p.m. on <b>Friday November 24, 2006</b>
<b>ENTRY DEADLINE:</b>	4:00 PM on Friday, December 1, 2006. Entries are to be delivered to the ASAJ Office or the ASAJ Mail Box at the National Stadium Pool. Entries are preferred on diskette using Hy-Tek software. Deliver as indicated above or email to <a href="mailto:asaj@cwjamaica.com">asaj@cwjamaica.com</a>

**Note: 1. ENTRY FEES MUST BE PAID BEFORE START OF MEET**

**NB: If the entry fees are not paid before the start of the competition, a penalty equal to 15% of the entry fees will be added.**

## ADDITIONAL RULES

1. P.A. System is to run the meet - primary mike will be for the starter and announcer.
2. **ASAJ clubs are required to provide volunteers to act as timekeepers and perform other functions essential to the smooth running of the competition.** Names of volunteers must be submitted to the ASAJ Office no later than 4 days before the start of the competition. Volunteers **MUST** report to the Meet Director at least **45 minutes** before the start of the session. **Clubs that do not provide the following minimum number of volunteers will not be allowed to participate in the competition;**
  - ❖ 1-10 swimmers entered – 1 volunteer per session
  - ❖ 11-20 swimmers entered – 4 volunteers per session
  - ❖ 21-40 swimmers entered – 5 volunteers per session
  - ❖ 41 and Over – 8 volunteers per session

## MARSHALLING

1. There will be no Marshalling area for the meet. The next heat must be behind the blocks while the current heat is in progress.
2. The coaches are responsible to get their swimmers to the starting block. It is the responsibility of the swimmer to swim in the correct lane and heat assigned to him. If a swimmer swims in the wrong lane or heat then the swimmer will automatically be disqualified.
3. Once the swimmers are under the starter's orders and he has taken control of the race (after second whistle), no swimmer may then enter the race. If this occurs, the swimmer will be disqualified and not allowed to swim.

## ENTRIES AND RESULTS

1. Competitors will only be allowed to swim in their age group.
2. Scratches are allowed at any time.
3. **Deck entries and times trials will be allowed. Swim times will be included in the final results but will not score points. A fee of JA\$150 per event will be charged.**
4. The 11 and Over events will be scored according to the following age groups: 11-12, 13 and Over.
5. All 11-12 and 13 and Over relays events will be combined and swum together but scored separately.
6. Original Relay cards must be handed in to the Recorder 30 (thirty) minutes before the start of the first event of the session. Duplicate copy must be handed to the chief lane judge prior to the start of the race. Any change must be made at least four (4) events prior to the scheduled event number, after that on presentation of a medical certificate. The swimmers must be named in order of swimming in accordance with FINA rules.

## AWARDS AND POINTS

1. Points will be awarded to the eight fastest swimmers in each event:  
9,7,6,5,4,3,2,1 – Individual Events; 18,14,12,10,8,6,4,2, - Relay Events.
2. Ribbons will be awarded to the eight fastest swimmers each event
3. A Trophy will be awarded to the 1<sup>st</sup> place Club; 2<sup>nd</sup> and 3<sup>rd</sup> place Clubs will be awarded trophies ranked according to points.
4. A performance trophy will be awarded to the male and female swimmer in each age group who attains the highest number of FINA Points in a single event.
5. A performance trophy will be awarded to any swimmer who attains a T16 time.
6. Masters events will be scored in the following age groups; 25-34, 35-44, 45-54, 55-64 etc.
7. A Trophy will be awarded to the Masters Club with the most points.

## ORDER OF EVENTS - AGE GROUP GOLD LAS LIC 2006

<b>FRIDAY 5:30 PM</b>	1-2	50 M Freestyle	F/M 11 and Over
	3-4	50 M Freestyle	F/M 9-10
	5-6	100 M Backstroke	F/M 11 and Over
	7-8	100 M Backstroke	F/M 9-10
	9	800 M Freestyle	F 11 and Over
	10	1500 M Freestyle	M 11 and Over
<b>SATURDAY 8:30 AM</b>	11-12	200 M Butterfly	F/M 11 and Over
	13-14	50 M Breaststroke	F/M 8 & Under
	15-16	100 M Breaststroke	F/M 9-10
	17-18	100 M Breaststroke	F/M 11 and Over
	19-20	200 M Free Relay	F/M 8 & Under
	21-22	50 M Backstroke	F/M 9-10
	23-24	50 M Backstroke	F/M 11 and Over
	25-26	200 M Freestyle	F/M 11 and Over
	27-28	200 M Free Relay	F/M 9-10
	29-30	200 M Free Relay	F/M 11-12
	31-32	200 M Free Relay	F/M 13 and Over
<b>SATURDAY 4:30 PM</b>	33-34	400 M Freestyle	F/M 11 and Over
	35-36	50 M Breaststroke	F/M 9-10
	37-38	50 M Breaststroke	F/M 11 and Over
	39-40	50 M Breaststroke	F/M Masters
	41-42	100 M Butterfly	F/M 9-10
	43-44	100M Butterfly	F/M 11 and Over
	45-46	50 M Butterfly	F/M Masters
	47-48	200 M IM	10 and Under
	49-50	200 M IM	F/M 11 and Over
	51-52	200 M Med. Relay	F/M 9-10
<b>SUNDAY 9:00 AM</b>	53-54	400 M IM	F/M 11 and Over
	55-56	50 M Freestyle	F/M Masters
	57-58	50 M Backstroke	F/M 8 and Under
	59-60	100 M Freestyle	F/M 9-10
	61-62	100 M Freestyle	F/M 11 and Over
	63-64	50 M Backstroke	F/M Masters
	65-66	50 M Butterfly	F/M 8 & Under
	67-68	200 M Breaststroke	F/M 11 and Over
	69-70	50 M Butterfly	F/M 9-10
	71-72	50 M Butterfly	F/M 11 and Over
	73-74	50 M Freestyle	F/M 8 and Under
	75-76	200 M Backstroke	F/M 11 and Over
	77-78	200 M Med. Relay	F/M 8 & Under
	79-80	200 M Med. Relay	F/M 11-12
	81-82	200 M Med. Relay	F/M 13 and Over