

# **ISLAND AQUATICS INVITATIONAL 2005**

## **SYNCHRONIZED SWIMMING COMPETITION INVITATION**

- Sanction Number:** 20503
- VENUE:** National Stadium Pool / YMCA Pool -Kingston, Jamaica
- DATES & TIMES:** February. 19 – 20, 2005
- Eligibility** Beginners/Novice [swimmers who have not previously entered an international competition] and Advanced. Ages to be determined per FINA SSAG 2.1. See events for Beginners/Novice age groups. All clubs and swimmers must be registered with the ASAJ or other FINA affiliate.
- Events:**
- |                                 |                  |
|---------------------------------|------------------|
| <b>Beginner/Novice Category</b> |                  |
| 12 & under                      | Solo, Duet, Team |
| 13-15 years                     | Solo, Duet, Team |
| 16 & over                       | Solo, Duet, Team |
| <b>Advanced Category</b>        |                  |
| 12 & under                      | Solo, Duet, Team |
| 13-15 years                     | Solo, Duet, Team |
| 16 & 18 years                   | Solo, Duet, Team |
- Entry Fees:** J\$200.00/US\$3.00 per Solo or Duet; J\$300/US\$6.00 per Team.
- Entry Limits:** Two Solos, Two Duets and One Team per category per age group.
- Entry Deadline:** Friday February, 4, 2005. Entries are to be sent to Katherine Lim Sang 6 Ruthven Road, Kgn.10.Kingston, Jamaica W.I. (876) 926-7998 Kathylin1@hotmail.com
- Rules:** Unless otherwise specified. FINA rules in force at time of competition will apply. Figure groups: SSAG 3.2 (advanced) (see attached listing of beginners' figures and routine time limits). Advanced - Routine Time Limits: SSAG 6
- Technical Meeting:** **Friday, 18, 2005, 6:30 pm-location: Sport Development Foundation, 31 Phoenix Ave. Kgn.10. Draws for order of appearance and figure groups for Advanced shall be conducted at this time. The Judging panels will be announced.**
- Awards:** Points will be awarded to the top eight places in each event solo event 9,7,6,5,4,3,2,1. Points will be doubled for Duets and teams. Medals will be awarded for first, second and third place finishes in solos, duets and teams events.
- Housing:** A limited number of swimmers/officials will be housed on a first come first serve basis. Please contact Coach Katherine Lim Sang for details. Hotel rates are available on request.

## **Programme**

(Tentative - To be confirmed after receipt of entries)

<b><u>DATES</u></b>	<b><u>Events</u></b>	<b><u>Time</u></b>	<b><u>Venue</u></b>
<b>Figures</b>			
<b>Pool opens for warm-up at 7:00 am</b>			
<b><u>Sat. Feb.19, 2005</u></b>	Figures 12 & under (Beginners) Figures 12 & Under (Advanced) Figures 13-15 yrs. (Beginners) Figures 13-15 yrs (Advanced) Figures 16 & over (Beginners) Figures 16 – 18years (Advanced)	8:00am	Stadium
<b>ROUTINES</b>			
<b>Pool opens for Warm-up at 1:00 pm</b>			
<b><u>Sat. Feb. 19, 2005</u></b>	Solos- all categories	2:30pm	National Stadium
	Duets – Beginners	6:30pm	
	Duets – Advanced	8: 00 pm	National Stadium
<b>Pool Opens for Warm -up at 8:00 am</b>			
<b><u>Sun. Feb.20. 2005</u></b>	Beginners all age groups      Teams	10:00 am	National Stadium
	Advanced all age groups      Teams		

*[practice times will be assigned at technical meeting ]*

# **ISLAND AQUATICS INVITATIONAL 2005**

## **Beginners/Novice Figures Lists for 2005**

**(All Figures for Beginners /Novice are compulsory, hence no draw for figures will be done for this category)**

### **12 & under**

(1) Ballet Leg Single	(101)
(2) Dolphin	(201)
(3) Somersault Back Tuck	(310)
(4) Somersault Backpike	(303)

### **13- 15yrs**

Ballet Leg Single	(101)
Blossom	(302)
Somersault Front Pike	(320)
Somersault Back Tuck	(310)

### **16 & over**

Ballet Leg, Single (right or left)	(101)
Walkover, Front	(360)
Kip	(311)
Eiffel Tower	(125)

## **Time Limits for Beginners/Novice Routines**

<i><b>Age group</b></i>	<i><b>Solos</b></i>	<i><b>Duets</b></i>	<i><b>Team</b></i>
12 & under	1:00	1:15	1:30 mins.
13 – 15	1:15	1:30	1:45 mins
16 & over	1:30	1:45	2:00 mins