



12 RUSSELL HEIGHTS
KINGSTON 8
JAMAICA W.I.
TELEPHONE MESSAGES: (876) 925-7525
FAX: (876) 978-3378
email: jcwalt@cwjamaica.com

***Invitational Swim Meet 2009
July 10 – 12, 2009
Kingston Jamaica***

ASAJ Sanction #:	Sanction outstanding, pending verification of pool length
Venue	UWI – Pool – 50M
Dates & Times	<p>Fri July 10, 2009 1.00 p.m (all swimmers) All events in Session 1 will require positive check in by 12.00 noon. Swimmers not signed in by 12.00 noon will be scratched from the session.</p> <p>Sat July 11, 2009 8.30 a.m (10 & Under only) Sat July 11, 2009 2.00 pm (11 & over & masters only) Sun July 12, 2009 9.00 am (all swimmers)</p>
Eligibility	All clubs and swimmers, in good standing, registered with the ASAJ and other FINA affiliated Federations. Age Group ages for the meet shall be as of midnight December 31, 2008. Masters ages shall be as of December 31, 2009.
Entry Limit	<p>Individual Entries – Maximum three (3) events per session plus relays</p> <p>Each club can have unlimited entries in all events except;</p> <p>10 & under events 200 meters and over (4 entries per club)</p> <p>11 & over events 400 meters and over (4 entries per club)</p> <p>Relays- 2 entries per club per event</p>
Entry Fees	<p>J\$85.00 (for ASAJ registered swimmer) or US\$2.00 per individual event.</p> <p>J\$100 (for ASAJ registered Clubs) or US\$ 2.50 per relay team per event.</p>
Rules	FINA Rules and ASAJ Bye-Laws in force at the time of the competition will apply, and FINA Masters Rules will apply to Masters events except as modified in this summons.

Programme	See schedule of events on pg 4 of this summons.
Registration	The ASAJ register closes at 4.00 p.m on Friday June 19, 2009
Entry Deadline	No later than 4.00 p.m on Friday June 26,2009 Entries are to be delivered to the ASAJ office at the National Stadium Pool or emailed to jcwalt@cwjamaica.com or carlettap@hotmail.com using Hy-tek software . There will be a surcharge of J\$200 for manual entries per club. Entry times and date of births must be included on all entries
Note (1)	Entry fees must be paid by Friday July 10, 2009 Clubs who have outstanding fees will not be allowed to enter until all outstanding balances are paid in full.
Note (2)	Club Tents may be put on the pool side closest to the road between 9 – 11am on Friday July 10, 2009.

Rules and Regulations

1. FINA Warm up guidelines will be used
 2. Relay cards must be completed in duplicate, the original must be handed in to the recorder thirty (30) minutes before the start of the first event of the session; the copy must be handed to the head lane time keeper at the beginning of the event. Any change must be made at least four (4) events prior to the scheduled event number, after that on presentation of a medical certificate. The swimmers must be named in order of swimming in accordance with FINA rules.
- Marshalling.
3. There will be no marshalling area for the meet. The next heat must be behind the blocks while the current heat is in progress.
 4. The coaches are responsible for getting their swimmers to the starting block on time. It is the responsibility of the swimmer to swim in the correct lane and heat assigned to him/her. If a swimmer swims in the wrong lane or heat, the swimmer will automatically be disqualified.
 5. Once the swimmers are under the starter's orders and he has taken control of the race (after the second whistle), no swimmer may enter the race. If this occurs, the swimmer will be disqualified and not allowed to swim.
 6. All clubs must indicate on the master entry form (pg 6) the names of their coaches. Only named coaches and swimmers will be allowed on deck.

Entries and Results

7. Competitors will only be allowed to swim in their age group.
8. Deck entries will be accommodated, provided the swimmer is entered in the meet. Swim times will be included in the final results but they will not score points. A fee of J\$200 per event will be charged.
9. Scratches are allowed at any time.

Points

10. Points will be awarded to club swimmers only. Unattached swimmers will receive their awards but will not score any points. Points will be awarded as follows

Individual events:

- 9 points to the highest club finishers
- 7 points to the second highest club finisher
- 6,5,4,3,2,1 to the 3rd - 8th place club finishers

Relay points

18, 14,12,10,8,6,4,2 to top eight club teams

11. Masters events will score as Individual events in their age groups (25-34) (35-44) (45 & over)
12. Medals will be awarded to the first three (3) places in all events excluding masters.
13. Ribbons will be awarded from 4th-8th places in the 10 & under Individual events only.
14. A trophy will be awarded to the overall winning club.

Gate entry fees

Adults	J\$200 per session
Season pass	J\$500.00
Children	\$100 per session

Programmes

Will be sold at the entry gate.

Concession

Snack, fruits, meals and drinks will be on sale throughout the meet.

Additional Information

Jackie Walter 876-330-4496 (Head Coach)

ORDER OF EVENTS

Friday July 10, 2009 1:00 pm (all swimmers)

Timed Finals

Events 1 & 3 as well as 2 & 4 will be swum together but scored by age group.

1- 2	F/M	400m Individual medley	11-12
3-4	F/M	400m Individual medley	13 & over
5-6	F/M	400m Freestyle	10 & under
7	F	800m Freestyle	Open
10	M	1500m freestyle	Open

Saturday July 11, 2009. 8: 30 am (10 & under swimmers only)

Timed Finals

11-12	F/M	200m Individual Medley	10 & under
13-14	F/M	50m Backstroke	8 & under
15-16	F/M	50m Backstroke	9-10
17-18	F/M	100m Backstroke	10 & under
19-20	F/M	50m Butterfly	8 & under
21-22	F/M	50m butterfly	9-10
23-24	F/M	100m butterfly	10 & under
25-26	F/M	200m freestyle relay	8 & under
27-28	F/M	200m freestyle relay	9-10

Saturday July 11,2009. 2.00 pm (11 & over, and masters swimmers only)

Timed Finals

Events 55 & 57 as well as 56 & 58 will be swum together but scored by age group

29-30	F/M	400m Freestyle relay	Open
31-32	F/M	200m Individual Medley	11-12
33-34	F/M	200m Individual Medley	13 & Over
35-36	F/M	100m Freestyle	11-12
37-38	F/M	100m Freestyle	13 & Over
39-40	F/M	50m Freestyle	Masters
41-42	F/M	200m Backstroke	11-12
43-44	F/M	200m Backstroke	13 & Over
45-46	F/M	100m Butterfly	11-12
47-48	F/M	100m Butterfly	13 & Over
49-50	F/M	200m Breaststroke	11-12
51-52	F/M	200m Breaststroke	13 & Over
53-54	F/M	50 m Breaststroke	Masters
55-56	F/M	400m Freestyle	11-12
57-58	F/M	400m Freestyle	13 & Over
59-60	F/M	200m Freestyle relay	11-12
61-62	F/M	200m Freestyle relay	13 & Over

ORDER OF EVENTS

Sunday July 12, 2009. 9.00 am (All Swimmers)

63-64	F/M	200m Freestyle	10 & Under
65-66	F/M	200m Freestyle	11-12
67-68	F/M	200m Freestyle	13 & Over
69-70	F/M	50 m Breaststroke	8 & Under
71-72	F/M	50m Breaststroke	9-10
73-74	F/M	100m Breaststroke	10 & Under
75-76	F/M	100m Breaststroke	11-12
77-78	F/M	100m Breaststroke	13 & Over
79-80	F/M	50m Butterfly	Masters
80-81	F/M	100m Backstroke	11-12
82-83	F/M	100m Backstroke	13 & Over
84-85	F/M	100m Freestyle	10 & Under
86-87	F/M	200m Butterfly	11-12
88-89	F/M	200m Butterfly	13 & Over
90-91	F/M	50m Freestyle	8 & Under
92-93	F/M	50m Freestyle	9-10
94-95	F/M	50m Freestyle	11-12
96-97	F/M	50m Freestyle	13 & Over
98-99	F/M	50m Backstroke	Masters
100-101	F/M	200m Medley Relay	8 & Under
102-103	F/M	200m Medley Relay	9-10
104-105	F/M	200m Medley Relay	11-12
106-107	F/M	200m Medley Relay	13 & Over
		Novelty Relay	No points
		Masters Relay	No points

**MASTER ENTRY
FORM**

TEAM NAME : _____

CALL LETTERS: _____

ADDRESS: _____

Preferred Contact # : _____

Email: _____

HEAD COACH: _____

Name of coaches attending the meet:

(Only coaches, officials and swimmers will be allowed on pool deck, for the duration of the meet) Entries must be received no later than 4.00 p.m on Friday April 4, 2008. Entries may be delivered to the ASAJ office at the National Stadium Pool, or emailed using Hy-Tek software to jcwalt@cwjamaica.com or carlettap@hotmail.com

Financial recap

ASAJ Registered Swimmers \$80 per event \$ _____

Swimmers registered with other
FINA affiliated Federations U\$2.00 per event \$ _____

Relays for ASAJ Registered Clubs \$100 per relay \$ _____

Relays for Clubs Registered with
Other FINA affiliated Federations U\$2.50 per event \$ _____