



## 2009 ASAJ OPEN WATER CLASSIC July 19, 2009

- VENUE:** Lyssons Beach, St. Thomas, Jamaica  
Manual timing will be used
- DATES & TIMES:** Sunday July 19, 2009 10:00 AM  
  
Marshalling begins at 9:00AM
- ELIGIBILITY:** All Clubs and Swimmers registered with the ASAJ or other FINA affiliated Federations. Swimmers from other organizations are eligible subject to ASAJ approval.  
**Age Group Swimming** - Ages for the meet shall be as of midnight July 18, 2009.  
**Masters Swimming** - Ages for the meet shall be as of midnight July 18, 2009
- ACCOMODATION:** The ASAJ will seek to arranged special room and dining rates at local hotels if overseas entries are received. Details will be posted on our website [www.swimjamaica.com](http://www.swimjamaica.com). If preferred, home accommodation can be arranged by the ASAJ.
- ENTRY FEES:** **EARLY ENTRIES**  
J\$500.00 (for ASAJ registered swimmers) or US\$7.00 per swimmer.  
J\$750.00 (for non-ASAJ registered swimmers) or US\$10.00 per swimmer  
  
**LATE ENTRIES**  
J\$750.00 (for all swimmers) or US\$10 00 per swimmer.
- RULES:** FINA rules appropriate for open water events in force at time of competition will apply. Additional Rules and Regulations see below.
- REGISTRATION:** The ASAJ register closes at **4:00 PM on Friday June 26, 2009**
- ENTRY DEADLINE:** 4:30 PM Friday July 3, 2009. Entries are to be delivered to the ASAJ Mail Box at the NATIONAL STADIUM POOL. Entries are preferred on diskette using Hy-Tek software. Deliver as indicated above or email to [asaj@cwjamaica.com](mailto:asaj@cwjamaica.com)
- NB: Entry fees are payable at the time of submission of entries**

## 1. RULES AND REGULATIONS

- 1.1. Roll call of entrants will be taken at 9:00am – absent swimmers will be declared “late non-starters” and scratched
- 1.2. Swimmers will be assembled in staggered format at their respective starting lines beginning at 9:50am
- 1.3. The race will begin at 10:00am
- 1.4. The course will be clearly demarcated by ropes and buoys (diagram to be provided)
- 1.5. The events will be contested over two distances:
  - a) 1K event open to all entrants
  - b) 2K event open to all swimmers 13 years or older on November 2, 2008
- 1.6. Competition will take place in the 11-12, 13-14 and 15 & over age groups
- 1.7. **All events will start and end at clearly marked points on the beach.**
- 1.8. The referee shall signal to swimmers, by raised flag and short blasts on the whistle, that the start is imminent and, when satisfied, indicate by pointing the flag at the starter that the competition may commence.
- 1.9. The starter shall be stationed in such a position as to be clearly visible to all competitors and on signal of the referee, the starter will raise a distinctive flag into the vertical position and simultaneously bring the flag down, and activate an audible signal.
- 1.10. At the start, swimmers will run into the water and swim to the right of the course marker or as otherwise indicated by the referee
- 1.11. Obstructing, interfering with or making intentional contact with another swimmer shall if the referee so decide, be deemed to be “**unsporting impedance**” and lead to disqualification.
- 1.12. Rescue boats shall be strategically located along the course to assist swimmers who are believed to be in difficulty or who signal for assistance. Their staff will include trained lifeguards.
- 1.13. With the exception of (1.12) above, swimmers shall not receive support from any fixed or floating object and shall not touch or be touched by any safety craft or crew therein
- 1.14. Swimmers shall not be disqualified for standing during of the race, **but walking/running is not allowed**, except for two parts of the race:
  - a) from the starting line to the first marker buoy; and
  - b) from the last marker buoy to the finish line.
- 1.15. All swimmers shall have their competition number clearly displayed on their swim caps which will be mandatory in this competition
- 1.16. No swimmers shall be permitted to use or wear any device that may be an unfair aid to their speed, endurance or buoyancy. Goggles, caps, nose clips and ear plugs may be used. No snorkels or fins are allowed.
- 1.17. Swimmers shall be allowed to use grease or other such substances as long as these are not, in the opinion of the referee, excessive.
- 1.18. The pacing of a swimmer by a non-competitor entering the water is not permitted and shall result in disqualification of the swimmer
- 1.19. In case of difficulty in the water the swimmer should extend hands in an upward position, signaling that help is required
- 1.20. At 10:45am (ie 45mins after the start) any swimmer still in the water shall be picked up by the rescue boats, unless otherwise decided by the referee
- 1.21. The referee shall have full control and authority over all officials and shall adjudicate on all protests related to the conduct of the race, including final placing, if necessary. The referee's decisions shall be final.

1.22 Payment of entry fee and participation in the race shall be deemed to signify agreement with and acceptance of these rules.

## **2. AWARDS AND POINTS**

### **2.1. Championship Swimming:**

2.1.1. Trophies will be awarded as follows:

2.1.1.1. A team trophy will be awarded to the Club or Organization with the highest number of points. Points will be awarded to the top 8 places in each age group to males and females as follows : 9, 7, 6, 5, 4, 3, 2, 1

2.1.2. A Performance Trophy will be awarded, in each age group, to the male and female who finishes first in each age group for each distance.

2.1.3. Medals will be awarded for 2<sup>nd</sup> -3<sup>rd</sup> places to males and females in each age group for each distance.

2.1.4. Medals will be handed out during the fun day which follows the race.

### **3. Masters Swimming:**

3.1. Masters will compete in the 15 and over age group