



2010 NEVILLE ALEXANDER MEMORIAL SWIM MEET
MAY 28 – 30, 2010 – Sanction # 31013

VENUE: National Stadium Pool (50M), Kingston, Jamaica
8 Lane 25 M Warm-up pool
Electronic Timing and Hy-Tek Meet Manager will be used

DATES & TIMES:

Friday	May 28, 2010	5:00 PM
Saturday	May 29, 2010	8:30 AM & 4:00 PM
Sunday	May 30, 2010	9:00 AM

Pool will be open 1½ hours before starting time.

ELIGIBILITY: All Clubs and Swimmers registered with the ASAJ or other FINA affiliated Federations.
Age Group Swimming - Ages for the meet shall be as of midnight Dec 31, 2009.
Masters Swimming - Ages for the meet shall be as of midnight Dec 31, 2010

ACCOMODATION: The ASAJ can arrange special room and dining rates at the Knutsford Court Hotel just 5 minutes from the pool. Details can be found on our website www.swimjamaica.com. If preferred, the ASAJ home accommodation can be arranged.

ENTRIES:

- Number of events per swimmer - Three (3) per session
- Number of entries per Club - No limit (Except Open events)
- Number of relay teams per Club - Two (2) per relay event
- OPEN events will be limited to swimmers 10 years and over. Number of entries per club for open events – Ten (10) per event (12 if at least 2 are 10-12 years old)
- Time Finals for all events

ENTRY FEES:

HY-TEK ENTRIES
J\$150.00 (for ASAJ registered swimmers) or US\$2.00 per individual event.
J\$200.00 (for ASAJ registered Clubs) or US\$3.00 per relay team, per event.

OTHER ENTRIES
J\$175.00 (for ASAJ registered swimmers) or US\$2.25 per individual event.
J\$300.00 (for ASAJ registered Clubs) or US\$3.50 per relay team, per event.

RULES: FINA rules in force at time of competition will apply. Additional Rules and Regulations are attached.

REGISTRATION: The ASAJ register closes at **4:00 PM on Friday May 7, 2010**

ENTRY DEADLINE: 4:00 PM Friday May 14, 2010. Entries are to be delivered to the ASAJ Mail Box at the NATIONAL STADIUM POOL. **Note: Entries will not be accepted without the names of the clubs volunteers (see rule 1.3 on next page)** Entries are preferred on electronic medium using Hy-Tek software. Deliver as indicated above or email to asaj@cwjamaica.com

NB: If the entry fees are not paid before the start of the competition, a penalty equal to 15% of the entry fees will be added

1. RULES AND REGULATIONS

- 1.1. False starts – The FINA starting rules (SW4) will apply.
 - 1.2. Passes will be provided for officials, coaches and competitors.
 - 1.3. **Local clubs** are required to submit, **with their entries**, a list of volunteers to act as Technical Officials and to perform other duties essential to the smooth running of the competition. Volunteers **MUST** report to the volunteer desk at least 60 minutes before the start of the competition for registration and assignment. Clubs are expected to provide the following number of volunteers:

1 – 10 swimmers entered:	One (1) volunteers per session
11 – 20 swimmers entered:	Four (4) volunteers per session
21 – 40 swimmers entered:	Five (5) volunteers per session
41 or more swimmers entered:	Eight (8) volunteers per session
Unattached swimmers:	One (1) volunteer per two (2) sessions

* (total includes other ASAJ meets)
 - 1.4. Relay cards are in duplicate, the original must be handed in to the Recorder 30 (thirty) minutes before the start of the first event of the session; the copy must be handed to the head Lane Time Keeper at the beginning of the event. Any change must be made at least four (4) events prior to the scheduled event number, after that on presentation of a medical certificate. Each team may make a maximum of 2 changes per session. The swimmers must be named in order of swimming in accordance with FINA rules.
2. **DECK ENTRIES AND TIME TRIALS** will be allowed at the discretion of the Referee. Swim times will be included in the final results but will not score points nor be eligible for awards. A fee of JA\$250 per event will be charged. Consideration for deck entries will apply based on the following conditions:
- 2.1. Request is made at the start of the session for which it applies
 - 2.2. Selection is based on a first come basis

3. AWARDS AND POINTS

3.1. Championship Swimming:

- 3.1.1. Championship trophies will be awarded as follows:
 - 3.1.1.1. A team trophy will be awarded to the Club with the highest number of points. Points will be awarded to the top 8 places in each individual event as followed : 9, 7, 6, 5, 4, 3, 2, 1 .
Relays will be scored as follows 18,14,12,10,8,6,4,2.
- 3.1.2. A certificate will be awarded to each swimmer who attains at least 1 (one) AAAA time.
- 3.1.3. A Performance Trophy will be awarded, in each age group, to male and female who has the fastest swim based on the FINA Points system.
- 3.1.4. Medals will be awarded for 1st -3rd places and ribbons to 4th to 8th places in each OPEN, 11-12 and 13 and over events. For other events, ribbons will be awarded for 1st (first) to 8th (eighth) places

4. Masters Swimming:

- 4.1. Masters Event will be scored separately in the following age groupings: 25-34, 35-44, 45-54, 55-64 etc. Points will be awarded for the top 8 places in each age group (9, 7, 6, 5, 4, 3, 2 & 1)
- 4.2. There will be a trophy for the Club that scores the highest number of points
- 4.3. Ribbons will be awarded to the 1st to 3rd places in each Masters Age Group

ORDER OF EVENTS FOR THE 2010 NEVILLE ALEXANDER SWIM MEET

FRIDAY 5.00PM

1	800 M Freestyle	F/M OPEN (see additional rules)
2	1500 M Freestyle	F/M OPEN (see additional rules)
3 – 4	200 M Individual Medley	F/M 10 & Under
5 – 6	50 M Butterfly	11 – 12
7 – 8	50 M Butterfly	OPEN

SATURDAY 8:30 AM

9 - 10	200 M Butterfly	F/M OPEN
11 - 12	50 M Breaststroke	F/M 11 – 12
13 – 14	50 M Breaststroke	F/M OPEN
15 - 16	50 M Backstroke	F/M 8 & Under
17 - 18	50 M Backstroke	F/M 9-10
19 – 20	200 M Freestyle	F/M OPEN
21 - 22	50 M Butterfly	F/M 8 & Under
23 - 24	100 M Backstroke	F/M 11-12
25 - 26	100 M Backstroke	F/M 13 & Over
27 - 28	200 M Individual Medley	F/M OPEN
29 - 30	200 M Med. Relay	F/M 10 & Under
31 - 32	200 M Med. Relay	F/M 11-12
33 - 34	200 M Med. Relay	F/M 13 & Over

SATURDAY 4:00 PM

35 - 36	400 M Individual Medley	F/M OPEN
37 – 38	50 M Backstroke	F/M 11 – 12
39 – 40	50 M Backstroke	F/M OPEN
41 - 42	50 M Backstroke	F/M Masters
43 - 44	100 M Butterfly	F/M 11-12
45 - 46	100 M Butterfly	F/M 13 & Over
47 - 48	50 M Butterfly	F/M 9-10
49 - 50	50 M Butterfly	F/M Masters
51 - 52	200 M Breaststroke	F/M OPEN
53 - 54	100 M Freestyle	F/M 10 & Under
55 - 56	100 M Freestyle	F/M 11-12
57 - 58	100 M Freestyle	F/M 13 & Over

SUNDAY 9:00 AM

59 - 60	400 M Freestyle	F/M OPEN
61 - 62	50 M Breaststroke	F/M Masters
63 - 64	50 M Breaststroke	F/M 8 & Under
65 - 66	50 M Breaststroke	F/M 9-10
67 - 68	100 M Breaststroke	F/M 11-12
69 – 70	100 M Breaststroke	F/M 13 & Over
71 - 72	50 M Freestyle	F/M Masters
73 - 74	200 M Backstroke	F/M OPEN
75 - 76	50 M Freestyle	F/M 8 & Under
77 - 78	50 M Freestyle	F/M 9-10
79 - 80	50 M Freestyle	F/M 11-12
81 - 82	50 M Freestyle	F/M 13 & Over
83 - 84	200 M Free Relay	F/M 10 & Under
85 - 86	200 M Free Relay	F/M 11-12
87 - 88	200 M Free Relay	F/M 13 & Over