

TORNADOES SWIM CLUB INVITATIONAL SWIM MEET 2005
MARCH 19 – 20, 2004

ASAJ SANCTION #: 20514

VENUE: National Stadium Pool (50M)

DATES & TIMES: Friday March 18, 2005 - 5:00 PM
Saturday March 19, 2005 - 8:30 AM
Saturday March 19, 2005 - 4:30 PM

Pool will be opened 1½ (one) hour before starting time.

ELIGIBILITY: All Clubs and Swimmers, in good standing, registered with the ASAJ or other FINA affiliated Federations. Age Group ages for the meet shall be as of midnight December 31, 2004.
Masters ages shall be as of December 31, 2005.

ENTRY LIMITS: **Individual Entries** – Maximum three (3) events per session.
Club Entries – No limit for 100m and 50m events except 10 & under freestyle event. Maximum three (3) entries for events 200m and up & 10 & under 100m Freestyle event.
Number of relay teams per Club - 2 per event

ENTRY FEES: JA\$70.00 (for ASAJ registered swimmers) or US\$2.00 per individual event.
JA\$100.00 (for ASAJ registered clubs) or US\$2.50 per relay team, per event.

RULES: FINA Rules and ASAJ Bye-Laws in force at the time of the competition will apply. Except as modified in this summons, FINA Masters Rules will apply to Masters Events. See additional Rules and Regulations on next page.

PROGRAMME: See attached.

REGISTRATION: The ASAJ register closes at 4:00 p.m. on Friday February 25th, 2005.

ENTRY DEADLINE: 4:00 PM on Friday March 4th, 2004. Entries are to be delivered to 6 Stanton Terr, Kingston 6. Entries are preferred on diskette using Hy-Tek software. Deliver as indicated above or email to jcwalt@cwjamaica.com

Note: 1. **ENTRY FEES MUST BE PAID BEFORE START OF MEET**
2. **ENTRY TIMES AND DATE OF BIRTH MUST BE INCLUDED ON THE ENTRY FORM**

RULES AND REGULATIONS

1. FINA Warm Up Guidelines will be used- see attached.
2. Relay cards are in duplicate, the original must be handed in to the Recorder 30 (thirty) minutes before the start of the first event of the session; the copy must be handed to the head lane time keeper at the beginning of the event. Any change must be made at least four (4) events prior to the scheduled event number, after that on presentation of a medical certificate. The swimmers must be named in order of swimming in accordance with FINA rules.

MARSHALLING

3. There will be no Marshalling area for the meet. The next heat must be behind the blocks while the current heat is in progress.
4. The coaches are responsible to get their swimmers to the starting block. It is the responsibility of the swimmer to swim in the correct lane and heat assigned to him. If a swimmer swims in the wrong lane or heat then the swimmer will automatically be disqualified.
5. Once the swimmers are under the starter's orders and he has taken control of the race (after second whistle), no swimmer may then enter the race. If this occurs, the swimmer will be disqualified and not allowed to swim.

ENTRIES AND RESULTS

6. Competitors will only be allowed to swim in their age group.
7. **Deck entries will be accommodated. Swim times will be included in the final results but will not score points. A fee of JA\$150 per event will be charged.**
8. Scratches are allowed at any time.

AWARDS AND POINTS

9. Individual Events: 9,7,6,5,4,3,2,1. Relays: 18,14,12,10,8,6,4,2.
Masters Events will score as Individual Events
Points will be awarded to the first two finishers in each club.
10. **AWARDS:** Medals will be awarded to the first three (3) places in all events; ribbons from 4th –8th places in 10 & Under Individual events.
Masters Events: Medals will be awarded to first three places in each age group (25-34), (35-44) & (45 & over)

A Trophy will be awarded to the overall winning club.

GATE ENTRY FEES:

Adults:	Ja\$200 per session.
Children:	Ja\$100 per session.
Season Tickets:	Ja\$500 (available before the meet and at the gate)
Parking:	Ja\$100 per session

HEAT SHEETS: \$50.00 each

CONCESSIONS: Snacks, fruit, meals and drinks on sale throughout the meet.

ACCOMMODATION

The Knutsford Court Hotel and Courtleigh Hotel and Suites are the Official Hotels for Jamaican Swimming. Special rates are available by indicating that you are participating in a swimming competition sanctioned by the Amateur Swimming Association of Jamaica (ASAJ) when you contact their reservations system. Log on to the ASAJ's website www.swimjamaica.com for rates and additional information.

AIR TRANSPORTATION

Air Jamaica is the Official Carrier for Jamaican Swimming. Special group rates may be available, depending on your team size. Please contact the Amateur Swimming Association of Jamaica (ASAJ) by emailing asaj@cwjamaica.com for more information.

Any additional information Call Jacky Walter (876) 330-4496