



## CHRISTMAS OPEN SWIMMING CHAMPIONSHIPS

DECEMBER 20 - 21, 2009

**ASAJ SANCTION #**

**VENUE:** UWI Pool

**DATES & TIMES:** Sunday December 20, 2009 9:00 AM & 2:30 PM  
Monday December 21, 2009 3:00 PM

Pool will be opened 1½ hours before starting time.

**ELIGIBILITY:** All Clubs and Swimmers, in good standing, registered with the ASAJ or other FINA affiliated Federations.  
Ages for the meet shall be as of midnight December 31, 2008  
Minimum age for OPEN Events – 10 years old

**MEET FORMAT:** All events will be swum as Timed Finals

**ENTRY LIMITS:** Number of entries per Club - No limit  
Number of entries per Club in Open events - No limit  
Number of relay teams per Club - 2 per event

**ENTRY FEES:** JA\$100.00 (for ASAJ registered swimmers) or US\$1.50 per individual event.  
JA\$150.00 (for ASAJ registered clubs) or US\$2.50 per relay team, per event.

**RULES:** FINA Rules and ASAJ By-Laws in force at time of competition will apply. See attached form for Additional Rules and Regulations.

**PROGRAMME:** See attached.

**REGISTRATION:** The ASAJ register closes at 4:00 p.m. on **Friday, November 27, 2009**

**ENTRY DEADLINE:** **4:00 PM on Monday, December 14, 2009.** Entries are to be delivered to the ASAJ Office or the ASAJ Mail Box at the National Stadium Pool. Entries are preferred on diskette using Hy-Tek software. Deliver as indicated above or email to [asaj@cwjamaica.com](mailto:asaj@cwjamaica.com)

**Note:** 1. **ENTRY FEES MUST BE PAID BEFORE START OF MEET**

**NB:** If the entry fees are not paid before the start of the competition, a penalty equal to 15% of the entry fees will be added.

## **ADDITIONAL RULES**

1. P.A. System is to run the meet - Primary mike will be for the Starter and Announcer.
2. **Local clubs and unattached swimmers are required to provide volunteers to work as judges and officials in order to ensure the smooth running of the competition. The number of judges/officials required per session is as follows:**

1 unattached swimmer entered	– 1 volunteer for minimum of 1 session
1 - 3 club swimmers entered	– 1 volunteer
4 - 6 club swimmers entered	– 2 volunteers
7 - 10 club swimmers entered	– 3 volunteers
11 - 20 club swimmers entered	– 5 volunteers
over 20 club swimmers entered	– 8 volunteers

Entries are not complete without the submission of the names of the volunteers to the Swim Judges Committee.

These are to be delivered by email to [swimjudges@gmail.com](mailto:swimjudges@gmail.com) by December 14. Clubs and unattached swimmers who fail to name volunteers will not be permitted to compete. The assignment rosters will be returned by email and the clubs are to circulate them before the meet. A register will be marked 30 minutes before the start of each session.

Volunteers who fail to show up must be replaced by the club/swimmer or that club/swimmer will not be permitted to compete in the session.

## **MARSHALLING**

1. There will be no Marshalling area for the preliminary heats. The next heat must be behind the blocks while the current heat is in progress.
2. Marshaling will be used for the finals. Swimmers should report to the Clerk of Course at least three (3) races before the start of their event.
3. Once the swimmers are under the Starter's orders and he/she has taken control of the race (after second whistle), no swimmer may then enter the race. If this occurs, the swimmer will be disqualified and not allowed to swim.

## **ENTRIES AND RESULTS**

1. Competitors will only be allowed to swim in their age group.
2. Scratches are allowed at any time.
3. **Deck entries and times trials will be allowed. Swim times will be included in the final results but will not score points. A fee of JA\$200.00 per event will be charged.**
4. Original Relay cards must be handed in to the Recorder 30 (thirty) minutes before the start of the first event of the session. Duplicate copy must be handed to the chief lane judge prior to the start of the race. Any change must be made at least four (4) events prior to the scheduled event number, after that on presentation of a medical certificate. The swimmers must be named in order of swimming in accordance with FINA rules.

## **AWARDS AND POINTS**

1. Points will be awarded to the top 8 finalists as follows:

Individual events - 9, 7, 6, 5, 4, 3, 2, 1

Relays - 18, 14, 12, 10, 8, 6, 4, 2

# **ORDER OF EVENTS - 2009 CHRISTMAS OPEN SWIMMING CHAMPIONSHIPS**

## **SUNDAY DECEMBER 20, START AT 9:00 AM**

1	800 M Freestyle	F/M OPEN
2	1500 M Freestyle	F/M OPEN
3-4	100 M Breaststroke	F/M 10-12
5-6	100 M Breaststroke	F/M OPEN
7-8	50 M Butterfly	F/M 10-12
9-10	50 M Butterfly	F/M OPEN
11-12	200 M Backstroke	F/M 10-12
13-14	200 M Backstroke	F/M OPEN
15-16	100 M Freestyle	F/M 10-12
17-18	100 M Freestyle	F/M OPEN
19-20	200 M I.M.	F/M 10-12
21-22	200 M I.M.	F/M OPEN
23-24	200 M Free Relay	F/M OPEN

## **SUNDAY DECEMBER 20, START AT 2:30 PM**

25-26	400 M I.M.	F/M OPEN
27-28	50 M Breaststroke	F/M 10-12
29-30	50 M Breaststroke	F/M OPEN
31-32	100 M Butterfly	F/M 10-12
33-34	100 M Butterfly	F/M OPEN
35-36	200 M Freestyle	F/M 10-12
37-38	200 M Freestyle	F/M OPEN
39-40	100 M Backstroke	F/M 10-12
41-42	100 M Backstroke	F/M OPEN
43-44	400 M Free Relay	F/M OPEN

## **MONDAY DECEMBER 21, START AT 3:00 PM**

45-46	400 M Freestyle	F/M OPEN
47-48	200 M Breaststroke	F/M 10-12
49-50	200 M Breaststroke	F/M OPEN
51-52	50 M Backstroke	F/M 10-12
53-54	50 M Backstroke	F/M OPEN
55-56	200 M Butterfly	F/M 10-12
57-58	200 M Butterfly	F/M OPEN
59-60	50 M Freestyle	F/M 10-12
61-62	50 M Freestyle	F/M OPEN
63-64	400 M Med. Relay	F/M OPEN