



**2016 MILO PREP/PRIMARY SCHOOLS SWIMMING**  
**CHAMPIONSHIPS. JUNE 3 - 4, 2016**  
**ASAJ SANCTION # 31608**

**VENUE:** National Aquatic Centre, Independence Park, Kingston 6 (50M Pool)

**DATES & TIMES:** Friday June 3, 2016 - 8:30 a.m. and 1:30 p.m.  
(Preliminaries/Heats)  
Saturday June 4, 2016 - 9:00 a.m. (Finals)

The Pool will be open for warm-up 1½ hours before the starting time for each session

**OPENING CEREMONY:** Friday June 3, 2016 at 8:15 am.

**ELIGIBILITY:** All Preparatory and Primary Schools are invited to attend.  
**Ages for the competition shall be as of midnight on August 31, 2015.**

**ENTRY LIMITS:** Number of events per swimmer:- Five (5) including relays and open events.  
Number of Individual entries per school: - three (3) per event  
(see note below).  
Number of Relay entries per school: - two (2) per Relay event.

♦ **Entry limit in the 50 metre freestyle is five (5) swimmers**  
All 7 & over 50 m and 100 m Individual and 200 m Relay events will have one (1) final except for the 50 m Free which will have 2 finals an 'A' – Top 8 and 'B' – for places 9 to 16.

**N.B.** All 6 & U events will be swum as Timed Finals on Saturday

♦ **Events 1 – 4 200 m Individual Medley 10 & under and 11 – 12 will be swum as Timed Finals on Saturday.**  
♦ Events with 8 or less entrants will be swum as timed finals on Saturday

**ENTRY FEES:** J\$200.00 per swimmer.  
J\$350.00 per relay entry

Entry fees are to be paid before the start of the competition. If not, a penalty equal to 15% of the entry fees will be added.

**RULES:** FINA rules and ASAJ By-Laws in force at time of competition will apply. For additional rules and regulations see next page.

**PROGRAMME:** All events (except 1 to 4 and all 6 & Under events) will be swum as heats and finals. The eight (8) fastest swimmers/relay teams in the preliminary heats will swim in the final on Saturday. Swimmers 7 & over will have 2 finals of top 16 for the 50m Free events.

**ENTRY DEADLINE: 4:00 p.m. – Friday May 20, 2016. ENTRIES WILL ONLY BE ACCEPTED VIA HYTEK SOFTWARE. MANUAL ENTRIES WILL NOT BE ACCEPTED.**

Entries are to be e-mailed to [aquaticsja@gmail.com](mailto:aquaticsja@gmail.com) . The entry list (sorted by swimmer) from Hytek Team Manager **MUST** be delivered to the ASAJ OFFICE at the NATIONAL AQUATIC CENTRE, Independence Park, duly signed by the Principal of the School, and stamped. A paper copy of the entries may be delivered to the ASAJ office at the NATIONAL AQUATIC CENTRE, or faxed to 920-6219 or emailed to [aquaticsja@gmail.com](mailto:aquaticsja@gmail.com). Schools submitting entries sent by fax **MUST** call telephone number 920-6229/30 to confirm the number of pages received and that the pages are legible

**TECHNICAL MEETING: There will be no technical meeting All changes to Hy-Tek entries submitted **MUST** be reviewed and ALL corrections done electronically via email correspondence.**

**NOTE:**

1. ENTRY TIMES MUST BE STATED FOR EACH ENTRY FOR EACH EVENT
2. RELAY ENTRIES MUST BE INCLUDED IN THE ENTRIES WITH ENTRY TIME
3. CORRECT DATE OF BIRTH OF EACH COMPETITOR MUST BE INCLUDED
4. ENTRY FEES SHOULD BE PAID BY THE ENTRY DEADLINE – NB: ENTRY FEES PAID AFTER THE START OF COMPETITION WILL INCUR A 15% LATE PAYMENT PENALTY.
5. RESULTS WILL BE POSTED ON - [www.swimjamaica.com](http://www.swimjamaica.com)

**RULES AND REGULATIONS**

1. Arm Bands will be provided for Meet Officials, School Volunteers and Swim Coaches
2. SCHOOL VOLUNTEERS: - Each school entering less than twenty (20) swimmers must provide a minimum of two (2) volunteers e.g. timekeepers per session. Schools entering twenty (20) or more swimmers must provide at least three (3). PLEASE NOTE:
  - THE NAMES OF THE REQUIRED SCHOOL TECHNICAL OFFICIALS AND VOLUNTEERS MUST BE SUBMITTED WITH THE ENTRIES (SCHOOL PASSES WILL NOT BE ISSUED UNTIL THE NAMES ARE SUBMITTED TO THE ASAJ OFFICE).
  - SCHOOL VOLUNTEERS MUST REPORT TO THE OFFICIALS' COORDINATOR AT LEAST SIXTY (60) MINUTES BEFORE THE START OF EACH SESSION.
  - SCHOOLS THAT DO NOT PROVIDE THE REQUIRED NUMBER OF OFFICIALS WILL NOT BE ALLOWED TO PARTICIPATE IN THE PARTICULAR SESSION.
3. The FINA Starting rule SW4.4 will apply - Any swimmer starting before the starting signal has been given, shall be disqualified.

**MARSHALLING:**

1. There will be no Marshalling area for the preliminary heats. The next heat must be behind the blocks while the current heat is in progress. Coaches are responsible to get their swimmers to the starting block. It is the responsibility of the swimmer to swim in the correct lane and heat assigned to him/her. If a swimmer swims in the wrong lane or heat then the swimmer will automatically be disqualified.
2. Marshalling will be provided for the **FINALS ONLY - the first (1<sup>st</sup>) and second (2<sup>nd</sup>) alternates must be in the marshalling area, along with the finalists, at least three (3) events prior to their event.**

## ENTRIES AND RESULTS:

1. Competitors will only be allowed to swim in their respective Age Group
2. All swimmers entered must be registered with their School.
3. Scratches and name spelling corrections and checking of the original entry **MUST** be done via email no later than, May 27, 2016.
4. **Deck entries and times trials will not be allowed.**
5. Scratches are allowed at any time.
6. Relay cards must be handed in to the Recorder thirty (30) minutes before the start of the first event of the session. The swimmers must be named in order of swimming in accordance with FINA rules. Any change must be made at least four (4) events prior to the scheduled event number, after that, on presentation of a medical certificate. Relay teams who qualify for the finals may substitute swimmers.

## AWARDS AND POINTS

1. Points will be awarded for the top eight (8) places in each individual event as follows:  
9, 7, 6, 5, 4, 3, 2, 1.
2. For all relay events, points will be awarded to the top eight (8) places: 18 14, 12, 10, 8, 6, 4, 2.
3. For 50 m freestyle events 7 & Over, points will be awarded to the top 16 places: 18, 16, 15, 14, 13, 12, 11, 10, 9, 7, 6, 5, 4, 3, 2, 1.
4. Medals will be awarded to the first, second and third place swimmers in each timed final event and in the Championship Finals only. Swimmers who finish fourth to eighth in the finals of the **Individual** events only will be awarded ribbons.
5. Trophies will be awarded as follows:
  - ☐ The Milo Shield will be awarded to the overall winning school (combined points).
  - ☐ Trophies will be awarded to the second and third place schools (combined points).
  - ☐ Trophies will be awarded to the Preparatory School that wins the female and the male Division.
  - ☐ A Trophy will be awarded to the Top Primary School.
  - ☐ A Male and Female High Point Trophy will be awarded to the individual that scores the most points in each age group.
  - A Spirit Award will be given to the school deemed to have exhibited the best team spirit (Cheering, sportsmanship etc.)

## ORDER OF EVENTS

### FRIDAY JUNE 3 SESSION 1 8:30 A.M.

<u>Event #</u>	<u>Event</u>			<u>Age</u>
7-8	50M Backstroke	H	F/M	7-8
9-10	50M Backstroke	H	F/M	9-10
11-12	50M Backstroke	H	F/M	11-12
15-16	50M Freestyle	H	F/M	7-8
17-18	50M Freestyle	H	F/M	9-10
19-20	50M Freestyle	H	F/M	11-12
23-24	200M Freestyle Relay	H	F/M	11-12
25-26	200M Freestyle Relay	H	F/M	9-10
27-28	200M Freestyle Relay	H	F/M	7-8

### FRIDAY JUNE 3, 2015 SESSION 2 1:30 P.M.

<u>Event #</u>	<u>Event</u>			<u>Age</u>
31 - 32	50M Breaststroke	H	F/M	7-8
33 -	50M Breaststroke	H	F/M	9-10
35 - 36	50M Breaststroke	H	F/M	11-12
37 - 38	50M Butterfly	H	F/M	7-8
39 - 40	50M Butterfly	H	F/M	9-10
41 - 42	50M Butterfly	H	F/M	11-12
43 - 44	100M Freestyle	H	F/M	10 & Under
45 - 46	100M Freestyle	H	F/M	11-12
47 - 48	200M Medley Relay	H	F/M	8 & Under
49 - 50	200M Medley Relay	H	F/M	9-10
51 - 52	200M Medley Relay	H	F/M	11 - 12

### SATURDAY JUNE 4, 2016 SESSION 3 9:00 A.M.

<u>Event #</u>	<u>Event</u>			<u>Age</u>
1 - 2	200M Ind Medley	TF	F/M	10 & Under
3 - 4	200M Ind Medley	TF	F/M	11 - 12
5 - 6	50M Backstroke	TF	F/M	6 & Under
7 - 8	50M Backstroke	F	F/M	7 - 8
9 - 10	50M Backstroke	F	F/M	9 - 10
11 - 12	50M Backstroke	F	F/M	11 - 12
13 - 14	50M Freestyle	TF	F/M	6 & Under
15 - 16	50M Freestyle	F	F/M	7 - 8
17 - 18	50M Freestyle	F	F/M	9 - 10
19 - 20	50M Freestyle	F	F/M	11-12
21 - 22	50M Breaststroke	TF	F/M	6 & Under
23 - 24	200M Freestyle Relay	F	F/M	11-12
25 - 26	200M Freestyle Relay	F	F/M	9-10
27 - 28	200M Freestyle Relay	F	F/M	7-8
29 - 30	200M Freestyle Relay	TF	F/M	6 & Under
31 - 32	50M Breaststroke	F	F/M	7-8
33 - 34	50M Breaststroke	F	F/M	9-10
35 - 36	50M Breaststroke	F	F/M	11-12
37 - 38	50M Butterfly	F	F/M	7-8
39 - 40	50M Butterfly	F	F/M	9-10
41 - 42	50M Butterfly	F	F/M	11-12
43 - 44	100M Freestyle	F	F/M	10 & Under
45 - 46	100M Freestyle	F	F/M	11-12
47 - 48	200M Medley Relay	F	F/M	8 & Under
49 - 50	200M Medley Relay	F	F/M	9-10
51 - 52	200M Medley Relay	F	F/M	11-12