



**NESTLE ICE CREAM PREP/PRIMARY SCHOOLS SWIMMING CHAMPIONSHIP– 2008**  
**ASAJ SANCTION #: 30812**

**VENUE:** National Stadium Pool (50M)

**DATES & TIMES:** Friday June 13, 2008 8:30 AM and 1:30 PM (Preliminary heats)  
Saturday June 14, 2008 9:00 AM (Finals)

Pool will be open for warm-up 1½ hrs. before the session starting time.

**OPENING CEREMONY:** Friday June 13, 2008 8:15 AM

**ELIGIBILITY:** All Prep and Primary Schools are invited to attend.  
Ages for the competition shall be as of midnight on August 31, 2007.

**ENTRY LIMITS:** Number of events per swimmer - five (5) including relays and open events.  
Number of entries per school (individual) - three (3) per event (see note below).  
Number of entries per school (relays) - two (2) per relay event.

- ◆ **Entry limit in the 50 metre freestyle is five (5)**
- ◆ **All 50 and 100 M Individual and 200 M Relay events will have preliminary heats with one (1) final**
- ◆ **All 200 M Individual events will be swum as timed finals**

**ENTRY FEES:** J\$130.00/swimmer. J\$60/relay entry  
**FEES MUST ACCOMPANY ENTRIES**  
**DATE OF BIRTH OF EACH SWIMMER MUST BE PLACED ON ENTRY FORM**

**RULES:** FINA rules and ASAJ By-Laws in force at time of competition will apply. Additional Rules and Regulations see attached.

**PROGRAMME:** All events will be swum as heats and finals. The eight fastest swimmers/relay teams in the preliminary heats will swim in the final on Saturday. See attached programme.

**ENTRY DEADLINE:** 4:00 PM, Thursday May 29<sup>th</sup>, 2008. Entries are to be delivered to the ASAJ office at the NATIONAL STADIUM POOL, faxed to 920-6129 or e-mailed to [asaj@swimjamaica.com](mailto:asaj@swimjamaica.com). Entries may be made using Hy-Tek software. Schools submitting entries sent by fax or email **MUST** call telephone number 920-6230 or 920-6229 to confirm pages received and that the pages are legible.

**TECHNICAL MEETING:** Thursday June 5<sup>th</sup>, 2008 at 6:30 PM in the Training Room of the Room 1, Sports Development Foundation, 31 Phoenix Avenue, Kingston 10.

**RESULTS WILL BE POSTED ON THE ASAJ WEBSITE – [www.swimjamaica.com](http://www.swimjamaica.com)**

## RULES AND REGULATIONS

1. Passes will be provided for officials, coaches and competitors.
2. Each swimmer is required to present the pass at the entrance gate for the meet. Swimmers who fail to present their pass will have to pay the prescribed entry fee.
3. Schools will be required to provide the following number of volunteers for each session:
  - Less than 10 swimmers: one (1) volunteer
  - 10 – 20 swimmers: two (2) volunteers
  - 21 – 30 swimmers: three (3) volunteers
  - Over 31 swimmers: four (4) volunteers

Volunteers must be presented to the Meet Director no later than 60 minutes before the start of the session. Schools that do not provide the required number of volunteers will not be allowed to swim in that session.

4. FINA Starting rule SW4.4 will apply - Any swimmer starting before the starting signal has been given, shall be disqualified. If the starting signal sounds before the disqualification is declared, the race shall continue and the swimmer or swimmers shall be disqualified upon completion of the race. If the disqualification is declared before the starting signal, the signal shall not be given, but the remaining swimmers shall be called back and start again

## MARSHALLING

1. There will be no Marshalling area for the preliminary heats. The next heat must be behind the blocks while the current heat is in progress. Coaches are responsible to get their swimmers to the starting block. It is the responsibility of the swimmer to swim in the correct lane and heat assigned to him. If a swimmer swims in the wrong lane or heat then the swimmer will automatically be disqualified.
2. Marshalling will be provided for the **FINALS ONLY** – the 1<sup>st</sup> and 2<sup>nd</sup> alternates must be in the marshalling area at least three events prior to their event.

## ENTRIES AND RESULTS

1. Competitors will only be allowed to swim in their age group.
2. All swimmers entered must be registered with their School.
3. Scratches and name spelling corrections and checking of the original entry are to be done at the Technical Meeting. Any rule or technicality requiring clarification will be explained at the Technical Meeting.
4. **Deck entries and times trials will be allowed at the discretion of the Referee. Swim times will be included in the final results but will not score points. A fee of JA\$150 per event will be charged.**
5. Scratches are allowed at any time.
6. Relay cards must be handed in to the Recorder 30 (thirty) minutes before the start of the first event of the session. The swimmers must be named in order of swimming in accordance with FINA rules. Any change must be made at least four (4) events prior to the scheduled event number, after that on presentation of a medical certificate. Relay teams who qualify for the finals may substitute swimmers.

## AWARDS AND POINTS

1. Points for each event will be awarded as follows: 9,7,6,5,4,3,2,1 for places first to eighth respectively for individual events. For relays, the points will be doubled.
2. Schools will only be able to score points for three (3) swimmers who finish within places 1 – 8 in the finals.
3. Medals will be awarded to the 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place swimmers in each event. Swimmers who finish 4<sup>th</sup> to 8<sup>th</sup> in the finals of the **individual** events will be awarded ribbons.
4. Trophies will be awarded as follows:
  - ❖ The Nestle Ice Cream Shield will be awarded to the overall winning school (combined points).
  - ❖ Trophies will be awarded to the second and third place schools (combined points).
  - ❖ A trophy will be awarded to the Prep School that wins the female and/or male division.
  - ❖ A trophy will be awarded to the first, second and third place Primary schools.
  - ❖ An award will be given to the school deemed to have the best team spirit (cheering, sportsmanship etc.)

# PROGRAMME FOR NESTLE ICE CREAM SCHOOLS SWIMMING CHAMPIONSHIPS - 2008

## PREP AND PRIMARY SCHOOLS

### FRIDAY 8:30 AM PRELIMINARY HEATS

EVENT NO.	EVENT	F - Female M - Male	Age Group
1/2	200 M IND. MEDLEY	F/M	10 & Under
3/4	200 M IND. MEDLEY	F/M	11 - 12
5/6	50 M BACKSTROKE	F/M	6 & Under
7/8	50 M BACKSTROKE	F/M	7 - 8
9/10	50 M BACKSTROKE	F/M	9 - 10
11/12	50 M BACKSTROKE	F/M	11 - 12
13/14	50 M FREESTYLE	F/M	6 & Under
15/16	50 M BUTTERFLY	F/M	7 - 8
17/18	50 M BUTTERFLY	F/M	9 - 10
31/32	50 M BREAST	F/M	6 & Under
19/20	50 M BUTTERFLY	F/M	11 - 12
45/46	4X50 M FREE RELAY	F/M	6 & Under
21/22	4X50 M MED. RELAY	F/M	8 & Under
23/24	4X50 M MED. RELAY	F/M	9 - 10
25/26	4X50 M MED. RELAY	F/M	11 - 12

### FRIDAY 1:30 PM PRELIMINARY HEATS

EVENT NO.	EVENT	F - Female M - Male	Age Group
27/28	100 M FREESTYLE	F/M	10 & Under
29/30	100 M FREESTYLE	F/M	11 - 12
33/34	50 M BREAST	F/M	7 - 8
35/36	50 M BREAST	F/M	9 - 10
37/38	50 M BREAST	F/M	11 - 12
39/40	50 M FREESTYLE	F/M	7 - 8
41/42	50 M FREESTYLE	F/M	9 - 10
43/44	50 M FREESTYLE	F/M	11 - 12
47/48	4X50 M FREE RELAY	F/M	7 - 8
49/50	4X50 M FREE RELAY	F/M	9 - 10
51/52	4X50 M FREE RELAY	F/M	11 - 12

### SATURDAY 9:00 AM FINALS

EVENT NO.	EVENT	F - Female M - Male	Age Group
5/6	50 M BACKSTROKE	F/M	6 & Under
7/8	50 M BACKSTROKE	F/M	7 - 8
9/10	50 M BACKSTROKE	F/M	9 - 10
11/12	50 M BACKSTROKE	F/M	11 - 12
13/14	50 M FREESTYLE	F/M	6 & Under
15/16	50 M BUTTERFLY	F/M	7 - 8
17/18	50 M BUTTERFLY	F/M	9 - 10
19/20	50 M BUTTERFLY	F/M	11 - 12
21/22	4X50 M MED. RELAY	F/M	8 & Under
23/24	4X50 M MED. RELAY	F/M	9 - 10
25/26	4X50 M MED. RELAY	F/M	11 - 12
27/28	100 M FREESTYLE	F/M	10 & Under
29/30	100 M FREESTYLE	F/M	11 - 12
31/32	50 M BREAST	F/M	6 & Under
33/34	50 M BREAST	F/M	7 - 8
35/36	50 M BREAST	F/M	9 - 10
37/38	50 M BREAST	F/M	11 - 12
39/40	50 M FREESTYLE	F/M	7 - 8
41/42	50 M FREESTYLE	F/M	9 - 10
43/44	50 M FREESTYLE	F/M	11 - 12
45/46	4X50 M FREE RELAY	F/M	6 & Under
47/48	4X50 M FREE RELAY	F/M	7 - 8
49/50	4X50 M FREE RELAY	F/M	9 - 10
51/52	4X50 M FREE RELAY	F/M	11 - 12