



ADTECH INTER SCHOOL SYNCHRONIZED SWIMMING CLASSIC

- VENUE:** National Stadium Pool – Kingston Jamaica
- DATES:** April 22 & 23 , 2005
- Eligibility:** All Primary, Secondary, Tertiary Level school swimmers who are registered with their respective schools. All schools registered with the ASAJ. No limitation on age group as competitions is a Tier Level competition.
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|--------|----------------|
| Tier 1 | Star 1-3 |
| Tier 2 | Stars 4-6 |
| Tier 3 | Stars 7-8 |
| Tier 4 | Stars 9-10 |
| Tier 5 | Superstars 1-2 |
| Tier 6 | Superstars 3-4 |
| Tier 7 | Superstars 5-7 |
- Events:**
- | | |
|--------|---|
| Tier 1 | Solo, Duet, Team |
| Tier 2 | Solo, Duet, Team |
| Tier 3 | Solo, Duet, Teametc. up to Tier 7 |
- Entry Fees:** J\$200.00 per swimmer.
- Entry Limits:** Three (3) Solos, Three (3) Duets and Two (2) Team per category per tier level.
- Entry Deadline:** April 8, 2005. Entries are to be delivered to ASAJ office, National Stadium Swimming Pool, Kingston Jamaica.
- Rules:** The competition will have two (2) primary components: a Figures competition and a Routines competition. Combined results (50% / 50% weighting) will determine overall scores. Unless otherwise specified, FINA rules in force at time of competition will apply. Figure groups: see attached listing of tier level figures from Synchro Canada Star Programme as on attached sheet.



Technical Meeting: Thursday, April 21, 2005, 6:30pm-location: Stadium Conference Room, National Stadium Pool. Draws for order of appearance in Figures and Routines shall be conducted at this time. The Judging panels will be announced. Any questions or clarification will be done at this time. Scratches and entries re-checked.

RULES AND REGULATIONS

- 1 Passes will be provided for officials, coaches and competitors.
- 2 Each swimmer is required to present the pass at the entrance gate for the meet. Swimmers who fail to present their pass will have to pay the prescribed entry fee. Misuse of pass will result in confiscation of the pass and the appropriate disciplinary action taken against the offender and the respective school.
3. Schools are required to provide volunteers to act as runners and perform other functions essential to the smooth running of the competition. Volunteers **MUST** report to the Meet Director at least **60 minutes** before the start of the session. **Schools that do not provide the following number of volunteers will not be allowed to participate in the competition;**
4. **All music for routines competition must be submitted to person in charge of music at least one and a half hours(1 1/2) before start of competition. Music must be either on tape or CD, clearly labeled with competitors name, team, number and order of appearance.**
 - 1-10 swimmers entered - 1 **volunteer** per session
 - 11 & more swimmers entered - 3 volunteers per session

MARSHALLING

1. There will be no Marshalling area for the meet; the next event must be in holding area while the current event is in progress.
2. The coaches are responsible to get their, swimmers to the holding area. It is the responsibility of the swimmer to swim in the correct event.

ENTRIES AND RESULTS

1. Ages for the competition shall be as of midnight on Dec.31. 2005
2. Competitors will only be allowed to swim in their tier level.
3. Competitors entered in a lower skill group than their skill level will be barred from swimming for points and awards in their correct group in the entire competition.
4. All swimmers entered must be registered with their School.
5. Scratches and name spelling corrections and checking of the original entry are to be done at the Technical Meeting. Any rule or technicality requiring clarification will be explained at the Technical Meeting.
6. If a swimmer does not appear on the final programme after the Technical meeting and was not scratched at the Technical Meeting, then correction must be made to the order of appearance.
7. Scratches are allowed at any time.

AWARDS AND POINTS

1. Points for each event will be awarded as follows: 9,7,6,5,4,3,2,1 for places first to eighth respectively for individual events. For duets and teams the points will be doubled.



2. Trophies will be awarded as follows:
- There will be a trophy for the overall winning school in the High Schools.
 - There will be a trophy for the overall winning school in the Prep Schools
 - There will be a trophy for the overall winning school in the Tertiary Institutions

Programme: (Tentative – To be confirmed after receipt of entries)

FIGURES COMPEITION

Pool opens for Warm-up at 7:30am Friday April 22, 2005

Figures Competition Start time 9:00am – 11:00am – Tier 1, 2 &3 - Diving Pool

Scheduled practice Time in Competition pool 11:30 am to 2:30pm

Warm up 2:00pm

Figures Competition Start Time 3:00 – 5:00pm – Tier 4 – 7 – Diving Pool

Scheduled practice time in Competition pool 5:30 – 7:30pm

ROUTINES

Pool opens for warm up 7:30am Saturday April 23, 2005

Routines Competition start time: Solos – 9am (Deep End of 50m Pool)

Duets – 1:30pm “ “ “

Team – 4:00pm “ “ “

Events:

Solos for each tier level

Duets for each tier level

Teams for each tier level

[Practice times for Friday will be assigned at technical meeting]

Time Limits for Routines

Tier	SOLO	DUET	TEAM
1	1:00	1:30	2:00
2	1:30	2:00	2:30
3	2:00	2:30	3:00
4	2:30	3:00	3:30
5	3:00	3:30	4:00
6	3:00	3:30	4:00
7	3:00	3:30	4:00



FIGURES FOR INTER SCHOOL SYNCHRO COMPETITION

TIER 1	STARS 1 – 3	TUB SOMMERSAULT BACK TUCK SAILBOAT FLOWERPOT
TIER 2	STARS 4 – 6	BALLET LEG SINGLE BLOSSOM SOMMERSAULT FRONT PIKE SOMMERSAULT BACK PIKE
TIER 3	STARS 7 – 8	KIP SOMERSUB WALKOVER FRONT ARIANA
TIER 4	STARS 9 – 10	BARRACUDA SUBALINA EIFFEL TOWER PORPOISE
TIER 5	SUPER STARS 1 – 2	STRAIGHT LEG SWORDFISH CATALINA REVERSE SIDE FISHTAIL SPLIT ALBATROSS
TIER 6	SUPER STARS 3 – 4	ALBATROSS SPIN 180 CATALINA BARRACUDA TWIRL KIP SPLIT
TIER 7	SUPER STARS 5 – 7	BARRACUDA SPIN UP 360 MINERVA CATALINA SPIN UP 180 / PORPOISE SPIN 180/ ARIANA

Time Limits for Routines

Tier	SOLO	DUET	TEAM
1	1:00	1:30	2:00
2	1:30	2:00	2:30
3	2:00	2:30	3:00
4	2:30	3:00	3:30
5	3:00	3:30	4:00
6	3:00	3:30	4:00
7	3:00	3:30	4:00