

## ASAJ INTERNATIONAL COMPETITION QUALIFYING TIMES (2000-2004)

MEN	FREESTYLE						BACK			BREAST			BUTTERFLY			IND. MEDLEY	
	50 M	100 M	200 M	400 M	800 M	1500 M	50 M	100 M	200 M	50 M	100 M	200 M	50 M	100 M	200 M	200 M	400 M
CARIFTA 11-12	31.69	1:08.59	2:29.69	5:17.09				1:19.69	2:53.99		1:29.59	3:12.79		1:18.49	2:54.59	2:50.19	
CISC 11-12	30.29	1:05.69	2:23.19	5:03.29				1:15.79	2:46.49		1:25.39	3:04.49		1:14.49	2:46.99	2:42.39	
CCCAN 11-12	28.89	1:02.69	2:16.69	4:49.49				1:11.89	2:38.89		1:12.19	2:56.09		1:10.39	2:39.39	2:34.49	
CARIFTA 13-14	29.39	1:03.89	2:18.99	4:52.89		19:23.79		1:12.39	2:35.39		1:20.09	2:54.79		1:09.59	2:34.79	2:37.69	5:32.29
CISC 13-14	28.09	1:01.09	2:12.89	4:40.19		18:33.19		1:09.29	2:28.59		1:16.59	2:47.29		1:06.59	2:28.09	2:30.89	5:17.89
CCCAN 13-14	26.79	58.29	2:06.89	4:27.39		17:42.59		1:06.09	2:21.89		1:13.09	2:39.59		1:03.59	2:21.39	2:23.99	5:03.39
CARIFTA 15-17	28.09	1:01.39	2:13.39	4:41.09		18:34.49		1:08.99	2:28.49		1:17.19	2:46.99		1:06.19	2:25.89	2:30.69	5:16.19
CISC 15-17	26.89	58.79	2:07.59	4:28.89		17:46.09		1:05.99	2:21.99		1:13.89	2:39.69		1:03.29	2:19.49	2:24.09	5:02.49
CCCAN 15-17	25.69	56.09	2:01.79	4:16.69		16:57.59		1:02.99	2:15.59		1:10.49	2:32.59		1:00.49	2:13.59	2:17.59	4:50.29
CISC 18-21	26.29	57.49	2:04.99	4:24.39		17:25.69		1:04.79	2:18.89		1:11.89	2:36.19		1:01.69	2:17.09	2:21.39	4:58.39
CCCAN 18 & OVER	25.69	56.09	2:01.79	4:16.69		16:57.59		1:02.99	2:15.59		1:10.49	2:32.59		1:00.49	2:13.59	2:17.59	4:50.29
CAC GAMES	24.20	53.50	1:58.00	4:08.00		16:45.00		1:00.00	2:13.00		1:08.00	2:28.00		57.50	2:12.00	2:15.00	4:50.00
PAN AM GAMES	24.20	53.50	1:58.00	4:08.00	9:00.0	16:45.00	Note 1	1:00.00	2:13.00	Note 1	1:08.00	2:28.00	Note 1	57.50	2:12.00	2:15.00	4:50.00
COMMONWEALTH GAMES	23.92	52.82	1:56.54	4:05.80		16:22.57	27.77	59.21	2:09.61	30.36	1:06.51	2:24.46	25.79	56.67	2:08.28	2:11.84	4:41.59
WORLD CHAMPS LC	23.64	52.14	1:55.08	4:03.61		16:00.15		58.41	2:06.21		1:05.02	2:20.91		56.16	2:04.56	2:08.67	4:33.18
OLYMPIC "B" CUT	23.64	52.14	1:55.08	4:03.61		16:00.15		58.41	2:06.21		1:05.02	2:20.91		56.16	2:04.56	2:08.67	4:33.18
OLYMPIC "A" CUT	22.51	49.66	1:49.60	3:52.01		15:14.43		55.63	2:00.20		1:01.92	2:14.20		53.49	1:58.63	2:02.54	4:20.17

Note 1: PAN AM Games - for the 50 M Back, Breast and Fly events, swimmers shall qualify according to the standard for the 100 M event of the same stroke (ASUA requirement).

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WOMEN	FREESTYLE						BACK		BREAST		BUTTERFLY		IND. MEDLEY				
	50 M	100 M	200 M	400 M	800 M	1500 M	100 M	200 M	100 M	200 M	100 M	200 M	200 M	400 M			
CARIFTA 11-12	32.39	1:11.09	2:33.09	5:18.49			1:22.29	3:01.69	1:29.69	3:22.89	1:20.09	2:59.99	2:52.69				
CISC 11-12	30.99	1:07.99	2:26.39	5:04.69			1:18.19	2:53.79	1:25.59	3:14.09	1:16.09	2:52.19	2:45.19				
CCCAN 11-12	29.69	1:04.89	2:19.79	4:50.79			1:14.19	2:45.89	1:21.59	3:05.29	1:12.09	2:44.39	2:37.69				
CARIFTA 13-14	31.49	1:08.39	2:26.19	5:03.49	10:20.99		1:17.09	2:45.09	1:25.39	3:03.99	1:14.39	2:42.49	2:45.19	5:48.09			
CISC 13-14	30.19	1:05.39	2:19.89	4:50.29	9:53.99		1:13.79	2:37.89	1:21.69	2:55.99	1:11.19	2:35.39	2:37.99	5:32.99			
CCCAN 13-14	28.79	1:02.49	2:13.49	4:37.09	9:26.99		1:10.39	2:30.99	1:17.99	2:47.99	1:07.89	2:28.39	2:30.89	5:18.29			
CARIFTA 15-17	30.99	1:07.19	2:23.19	4:59.79	10:15.19		1:15.39	2:40.59	1:24.09	3:00.59	1:13.09	2:37.79	2:41.09	5:42.69			
CISC 15-17	29.69	1:04.29	2:16.99	4:46.79	9:48.39		1:12.19	2:33.59	1:20.49	2:52.79	1:09.89	2:30.99	2:34.09	5:27.79			
CCCAN 15-17	28.29	1:01.29	2:13.79	4:38.56	9:32.64		1:10.39	2:30.04	1:18.99	2:49.74	1:07.89	2:26.49	2:29.84	5:21.24			
CISC 18-21	29.49	1:03.39	2:16.79	4:43.59	9:43.59		1:11.89	2:33.49	1:21.19	2:54.79	1:09.09	2:28.89	2:35.59	5:27.29			
CCCAN 18 & OVER	28.29	1:01.29	2:13.79	4:38.56	9:32.64		1:10.39	2:30.04	1:18.99	2:49.74	1:07.89	2:26.49	2:29.84	5:21.24			
CAC GAMES	28.00	1:01.00	2:10.79	4:33.79	9:21.69		1:08.89	2:26.59	1:16.79	2:46.69	1:06.69	2:24.09	2:27.09	5:15.19			
PAN AM GAMES	28.00	1:01.00	2:10.79	4:33.79	9:21.69	18:30.00	Note 1	1:08.89	2:26.59	Note 1	1:16.79	2:46.69	Note 1	1:06.69	2:24.09	2:27.09	5:15.19
COMMONWEALTH GAMES	27.46	59.68	2:09.35	4:32.09	9:20.40		32.06	1:07.77	2:25.13	35.46	1:16.67	2:42.81	29.33	1:05.25	2:22.88	2:27.02	5:12.87
WORLD CHAMPS LC	26.92	58.36	2:06.07	4:24.18	9:02.79			1:05.54	2:20.26		1:13.34	2:35.62		1:02.65	2:17.76	2:22.03	5:00.74
OLYMPIC "B" CUT	26.92	58.36	2:06.07	4:24.18	9:02.79			1:05.54	2:20.26		1:13.34	2:35.62		1:02.65	2:17.76	2:22.03	5:00.74
OLYMPIC "A" CUT	25.64	55.58	2:00.07	4:11.60	8:36.94			1:02.42	2:13.58		1:09.85	2:28.21		59.67	2:11.20	2:15.27	4:46.42

Note 1: PAN AM Games - for the 50 M Back, Breast and Fly events, swimmers shall qualify according to the standard for the 100 M event of the same stroke (ASUA requirement).