Model Parameter	Value
Mass of Leg, m_l	0.175 kg
Mass of Actuator, m_a	$1.003~\mathrm{kg}$
Spring Constant, $\alpha_{nominal}$	$5760~\mathrm{N/m}$
Natural Frequency, ω_n	$\sqrt{\frac{\alpha}{m_l + m_a}}$
Damping Ratio, $\zeta_{nominal}$	$1e-2 \frac{N}{m/s}$
Gravity, g	9.81 m/s^2
Actuator Stroke, $(x_a)_{\text{max}}$	$0.008 \; \mathrm{m}$
Max. Actuator Velocity, $(\dot{x}_a)_{\max}$	$1.0 \mathrm{m/s}$
Max. Actuator Acceleration, $(\ddot{x}_a)_{\text{max}}$	10.0 m/s^2